

## ONTARIO OUTDOOR RECORDS - MEN

As on December 31, 2016

ht = hand timing  
 p = pending ratification (number codes explained below)  
 U20 = under 20 years of age at time of record-breaking performance  
 and not turning 20 at any time during that year

### Explanation of Number Codes for Pending Records:

|      |  |
|------|--|
| p    | Ratifiable at next AO Board meeting  |
| p(2) | Copy of birth certificate required   |
| p(3) | Officials' verification form required (heights accurately measured, implements checked?) |
| p(4) | Nationality/residence at time of performance needs to be verified                        |
| p(5) | Performance information incomplete   |
| p(6) | Verification of results required   |
| p(7) | More information on specifications required  |
| p(8) | Record application form required   |

For lists of discontinued events and lists of performances unratified for administrative reasons see Appendices following men's records.  
 In the relay events, athletes whose names are in **bold** lettering are provided to provide proof of age.  
 For further information on this list please contact Randolph Fajardo <randolphfajardo@athleticsontario.ca>

**Note: As of January 1, 2010, an athlete must have been a registered member of Athletics Ontario on the date the performance was achieved in order to be eligible for a record.**

|             |             |              |                           |   |                  |             |            |
|-------------|-------------|--------------|---------------------------|---|------------------|-------------|------------|
| <b>80m</b>  | Bantam-U14  | 9.44 (-0.1)  | Sanjade HYLTON (00)       | Flying Angels                           | Toronto          | 2013 07 27  |            |
|             | Bantam-U13  | 10.16 (+1.1) | Tyreak STANLEY (99)       | Flying Angels                           | Toronto          | 2011 07 23  |            |
| <b>100m</b> | Open/Senior | 9.84 (+0.7)  | Donovan BAILEY (67)       | Canada (Athletiques Int'l 2)            | Atlanta, GA      | 1996 07 27  |            |
|             | Espoir-U24  | 9.92 (-0.5)  | Andre De GRASSE (94)      | Canada (The Speed Academy)              | Beijing, CHN     | 2015 08 23  |            |
|             | Junior-U20  | 10.25 (+1.2) | Andre De GRASSE (94)      | The Speed Academy                       | Windsor          | 2013 06 29  |            |
|             |             | 10.1h (+0.7) | Desai WILLIAMS (59)       | Uxbridge Optimists                      | Montreal         | 1978 07 08  |            |
|             | Junior-U19  | 10.1h (+1.0) | Dave TOMLIN (76)          | Canada (Kitchener-Waterloo)             | Santiago, CHI    | 1995 09 01  |            |
|             |             | 10.26 (+0.7) | Justyn WARNER (87)        | Canada (Etobicoke Gladstone)            | Windsor          | 2005 07 30  |            |
|             | Youth-U18   | 10.46 (+0.7) | Aaron BROWN (92)          | Canada (Phoenix Athletics)              | Sudtirol, ITA    | 2009 07 08  |            |
|             |             | 10.4h (+0.0) | Anthony SHARPE (61)       | Scarborough Optimists                   | Scarborough      | 1977 07 08  |            |
|             | Youth-U17   | 10.4h (+0.7) | Anthony SHARPE (61)       | Scarborough Optimists                   | Montreal         | 1978 07 08  |            |
|             |             | 10.53 (-1.2) | Andre FORD-AZONWANNA (95) | "JCM-Toronto" (G-Force)                 | Sudbury          | 2011 06 03  |            |
|             |             | 10.4h (+0.0) | Anthony SHARPE (61)       | Scarborough Optimists                   | Montreal         | 1977 07 08  |            |
|             |             | Midget-U16   | 10.71 (+1.2)              | Andre FORD-AZONWANNA (95)               | G-Force TC       | Toronto     | 2010 07 20 |
|             | Midget-U15  | 10.95 (+1.4) | Randy BROOKES (77)        | Gladstone Athletic Club                 | North York       | 1991 07 21  |            |
|             | Bantam-U14  | 11.43 (0.0)  | Marlon LAIDLAW-ALLEN (93) | Phoenix Athletics                       | Windsor          | 2006 07 29  |            |
|             | Bantam-U13  | 12.16 (+1.0) | Christian HILL (99)       | RCL Disgrt E (310 Running)              | Oshawa           | 2012 07 07  |            |
|             | <b>150m</b> | Bantam-U14   | 17.23 (+2.0)              | Sanjade HYLTON (00)                     | Flying Angels    | Toronto     | 2013 07 28 |
| Bantam-U13  |             | 19.32 (-1.4) | Tyreak STANLEY (99)       | Flying Angels                           | Toronto          | 2011 07 24  |            |
| <b>200m</b> | Open        | 19.80 (+2.0) | Rasheed DYER              | Jamaica                                 | Toronto          | 2015 07 24  |            |
|             | Senior      | 19.88 (+0.3) | Andre De GRASSE (94)      | Canada (The Speed Academy)              | Toronto          | 2015 07 24  |            |
|             | Espoir-U24  | 19.88 (+0.3) | Andre De GRASSE (94)      | Canada (The Speed Academy)              | Toronto          | 2015 07 24  |            |
|             | Junior-U20  | 20.65 (+0.2) | Atlee MAHORN (65)         | Canada (Scarborough Optimists)          | Colorado Springs | 1983 07 18  |            |
|             |             | 20.65 (+1.8) | Eric FREMPONG-MANSO (75)  | Etobicoke Huskies-Striders              | Ottawa           | 1994 07 03  |            |
|             | Junior-U19  | 20.65 (+0.2) | Atlee MAHORN (65)         | Canada (Scarborough Optimists)          | Colorado Springs | 1983 07 18  |            |
|             | Youth-U18   | 21.21 (-0.5) | Andre FORD-AZONWANNA (95) | Canada (G-Force)                        | Lille, FRA       | 2011 07 09  |            |
|             | Youth-U17   | 21.21 (-0.5) | Andre FORD-AZONWANNA (95) | Canada (G-Force)                        | Lille, FRA       | 2011 07 09  |            |
|             | Midget-U16  | 21.66 (+1.8) | Andre FORD-AZONWANNA (95) | G-Force TC                              | Toronto          | 2010 06 22  |            |
|             | Midget-U15  | 22.70 (-0.4) | Chris ROBINSON (76)       | Kitchener-Waterloo                      | North York       | 1990 07 29  |            |
|             | Bantam-U14  | 23.14 (+1.5) | Marlon LAIDLAW-ALLEN (93) | Phoenix                                 | Toronto          | 2006 07 11  |            |
|             | Bantam-U13  | 24.42 (-1.4) | Christian HILL (00)       | 310 Running                             | Toronto          | 2012 07 25  |            |
|             | <b>300m</b> | Midget-U16   | 35.51                     | Nathan FRIGINETTE (99)                  | Flying Angels    | Windsor     | 2014 08 02 |
|             |             | Midget-U15   | 36.12                     | Christian HILL (00)                     | 310 Running      | Langley, BC | 2014 08 16 |
| <b>400m</b> | Open        | 44.56        | Luguelin SANTOS           | Dominican Republic                      | Toronto          | 2015 07 23  |            |
|             | Senior      | 45.08        | Shane NIEMI (78)          | Canada (Univ. of Toronto TC)            | Manchester, GBR  | 2002 07 27  |            |
|             | Espoir-U24  | 45.47        | Daundre BARNABY (90)      | Mississippi State Univ. (Brampton TFC)  | Greensboro, NC   | 2013 05 23  |            |
|             | Junior-U20  | 45.89        | Brandon McBRIDE (94)      | Canada                                  | Medellin, COL    | 2013 08 23  |            |
|             | Junior-U19  | 46.25        | Brandon McBRIDE (94)      | Windsor Legion                          | Winnipeg         | 2012 07 28  |            |
|             | Youth-U18   | 46.83        | Brandon McBRIDE (94)      | RCL Team Ontario (Windsor Legion)       | Ottawa           | 2011 08 06  |            |
|             | Youth-U17   | 48.38        | Nathan FRIGINETTE (99)    | Canada (Flying Angels)                  | Calif, COL       | 2015 07 15  |            |
|             | Midget-U16  | 49.77        | Nathan FRIGINETTE (99)    | Scarborough St. Paul II (Flying Angels) | Mississauga      | 2014 06 06  |            |
|             | Midget-U15  | 51.24        | Michael WILLIAMS (78)     | Ontario Legion (Brampton TFC)           | Calgary          | 1992 08 15  |            |
|             | Bantam-U14  | 54.98        | Andrew CACKETTE (92)      | RCL District F (Oshawa Legion)          | St.Catharines    | 2005 07 15  |            |
|             |             | 54.2h        | Mike JONES (66)           | South Windsor K of C                    | Tillsonburg      | 1979 06 02  |            |
|             | Bantam-U13  | 56.36        | Christian HILL (00)       | 310 Running                             | Guelph           | 2012 06 02  |            |
|             | <b>800m</b> | Open         | 1:44.93                   | Gary REED                               | British Columbia | Windsor     | 2007 07 15 |
| Senior      |             | 1:45.04      | Andrew ELLERTON (83)      | Track North                             | Vancouver        | 2011 07 01  |            |
| Espoir-U24  |             | 1:45.35      | Brandon McBRIDE (94)      | Mississippi State Univ.(Windsor Legion) | Walnut, CA       | 2014 04 19  |            |
| Junior-U20  |             | 1:46.07      | Brandon McBRIDE (94)      | Canada (Windsor Legion)                 | Barcelona, ESP   | 2012 07 15  |            |
| Junior-U19  |             | 1:46.07      | Brandon McBRIDE (94)      | Canada (Windsor Legion)                 | Barcelona, ESP   | 2012 07 15  |            |
| Youth-U18   |             | 1:48.3h      | Kevin SULLIVAN (74)       | Brantford TFC                           | Kitchener        | 1991 06 15  |            |
|             |             | 1:48.41      | Brandon McBRIDE (94)      | RCL Team Ontario (Windsor Legion)       | Ottawa           | 2011 08 07  |            |
| Youth-U17   |             | 1:49.0h      | Kevin SULLIVAN (74)       | Brantford TFC                           | London           | 1990 06 30  |            |
| Midget-U16  |             | 1:50.78      | Slalhedin HUSSEIN (84)    | Phoenix                                 | Burnaby, BC      | 1999 07 04  |            |
| Midget-U15  |             | 1:53.03      | Kevin SULLIVAN (74)       | Brantford TFC                           | North York       | 1988 07 16  |            |

|                 |             |             |                           |   |                  |            |
|-----------------|-------------|-------------|---------------------------|---|------------------|------------|
|                 | Bantam-U14  | 2:04.03     | Kevin SULLIVAN (74)       | Brantford TFC                             | North York       | 1987 07 25 |
|                 | Bantam-U13  | 2:15.17     | Mathieu PLAMONDON (99)    | Timmins-Porcupine                         | Toronto          | 2011 07 23 |
| <b>1000m</b>    | Open/Senior | 2:16.52     | Nathan BRANNEN (82)       | Phoenix Athletics                         | Linz, AUT        | 2012 08 20 |
|                 | Espoir-U24  | 2:19.76     | Kevin SULLIVAN (74)       | Canada (Univ. of Toronto TC)              | Victoria, BC     | 1994 08 19 |
|                 | Junior-U20  | 2:24.8h     | Kevin WALLER (64)         |   | Montreal         | 1982 06 12 |
|                 | Junior-U19  | 2:24.8h     | Kevin WALLER (64)         |   | Montreal         | 1982 06 12 |
| <b>1200m</b>    | Midget-U16  | 3:07.43     | Alexander FREEMANTLE (95) | Ontario (Newmarket Huskies)               | Ottawa           | 2010 08 06 |
|                 | Midget-U15  | 3:15.71     | Mathieu PLAMONDON (99)    | (Timmins-Porcupine)                       | Langley, BC      | 2013 08 09 |
|                 | Bantam-U14  | 3:22.55     | Mathieu PLAMONDON (99)    | RCL Distict K ( )                         | Oshawa           | 2012 07 06 |
|                 | Bantam-U13  | 3:40.22     | James OLSON-KEATING (02)  | Newmarket Huskies                         | Windsor          | 2014 08 02 |
| <b>1500m</b>    | Open/Senior | 3:31.71     | Kevin SULLIVAN (74)       | (Windsor Legion)                          | Rome, ITA        | 2000 06 30 |
|                 | Espoir-U24  | 3:35.19     | Kevin SULLIVAN (74)       | Border City TC                            | Stuttgart, GER   | 1997 07 13 |
|                 | Junior-U20  | 3:38.92     | Adam PALAMAR (94)         | Ottawa Lions                              | Burnaby, BC      | 2013 07 01 |
|                 | Junior-U19  | 3:39.11     | Kevin SULLIVAN (74)       | Canada (Brantford TFC)                    | Seoul, KOR       | 1992 09 20 |
|                 | Youth-U18   | 3:45.87     | Rob DENAULT (93)          | Newmarket Huskies                         | London, ON       | 2010 06 25 |
|                 | Youth-U17   | 3:51.86     | Alexander FREEMANTLE (95) | Newmarket Huskies                         | London, ON       | 2011 06 18 |
|                 | Midget-U16  | 3:54.1h     | Kevin SULLIVAN (74)       | Brantford TFC                             | Tillsonburg      | 1988 07 23 |
|                 | Midget-U15  | 3:54.1h     | Kevin SULLIVAN (74)       | Brantford TFC                             | Tillsonburg      | 1988 07 23 |
|                 | Bantam-U14  | 4:13.40     | Kevin SULLIVAN (74)       | (Brantford TFC)                           | Burlington       | 1987 07 10 |
|                 | Bantam-U13  | 4:34.1h     | Gareth MILLAR (86)        | Bramalea Bullets (Grand River R.)         | Oshawa           | 1998 06 20 |
|                 | <b>Mile</b> | Open/Senior | 3:50.26                   | Kevin SULLIVAN (74)                       | (Windsor Legion) | Oslo, NOR  |
| Espoir-U24      |             | 3:52.25     | Kevin SULLIVAN (74)       | Border City TC                            | Zurich, SUI      | 1995 08 16 |
| Junior-U20      |             | 3:57.48     | Mike WOODS (86)           | Ottawa Lions TFC                          | Windsor          | 2005 07 28 |
| Junior-U19      |             | Unclaimed   |                           |   |                  |            |
| <b>2000m</b>    | Open/Senior | 4:59.56     | Nathan BRANNEN (82)       | Phoenix                                   | Toronto          | 2013 07 09 |
|                 | Espoir-U24  | 5:05.10     | Paul CRAIG (53)           |   | London, GBR      | 1974 07 20 |
|                 | Midget-U16  | 5:40.12     | Ben FLANAGAN (95)         | RCL Ontario (Tri City TC)                 | Ottawa           | 2010 08 07 |
|                 | Midget-U15  | 5:49.63     | Mathieu PLAMONDON (99)    | (Timmins-Porcupine)                       | Langley, BC      | 2013 08 10 |
|                 | Bantam-U14  | 5:52.55     | Mathieu PLAMONDON (99)    | RCL District K (Timmins-Porcupine TFC)    | Oshawa           | 2012 07 07 |
|                 | Bantam-U13  | 6:31.38     | Joshua Thomas BOSTON (02) | Newmarket Huskies                         | Windsor          | 2014 08 03 |
| <b>3000m</b>    | Open/Senior | 7:41.61     | Kevin SULLIVAN (74)       | Unattached                                | Stockholm, SWE   | 2008 07 22 |
|                 | Espoir-U24  | 7:49.64     | Ross PROUDFOOT(92)        | Speed River                               | Dublin, IRE      | 2015 07 24 |
|                 | Junior-U20  | 7:58.04     | Mike WOODS (86)           | Ottawa Lions TFC                          | Ottawa           | 2005 06 29 |
|                 | Junior-U19  | 8:10.55     | Greg ANDERSEN (68)        | Parkside H.S. (Hamilton O.C.)             | Ottawa           | 1986 06 07 |
|                 |             | 8:10.5h     | Kurt BENNINGER (85)       | Saugeen T.F.C.                            | Halifax, NS      | 2003 06 29 |
|                 | Youth-U18   | 8:16.37     | Mike WOODS (86)           | Canada (Ottawa Lions)                     | Sherbrooke, QU   | 2003 07 12 |
|                 | Youth-U17   | 8:25.99     | Eamonn KICHUK (94)        | Phoenix A.A.                              | Ottawa           | 2010 08 07 |
|                 | Midget-U16  | 8:43.15     | Eamonn KICHUK (94)        | Phoenix A.A.                              | Sherbrooke, QU   | 2009 08 09 |
|                 | Midget-U15  | 9:10.14     | Kyle MILKS (90)           | RCL District G (Brockville Legion)        | Ottawa           | 2004 07 21 |
|                 | Bantam-U14  | 9:43.8h     | Trent SAYERS (91)         | RCL District _ (Oshawa Legion)            | Belleville       | 2004 06 12 |
|                 | Bantam-U13  | 10:11.8     | Geoffrey DYKE (74)        |   | North York       | 1986 06 08 |
| <b>5000m</b>    | Open/Senior | 13:18.88    | Mohammed AHMED (91)       | Canada (Niagara Olympic Club)             | Glasgow, GBR     | 2014 07 27 |
|                 | Espoir-U24  | 13:18.88    | Mohammed AHMED (91)       | Canada (Niagara Olympic Club)             | Glasgow, GBR     | 2014 07 27 |
|                 | Junior-U20  | 13:43.8h    | Bruce KIDD (43)           | East York T.C.                            | Compton, CA      | 1962 06 02 |
|                 | Junior-U19  | 13:51.6h    | John CASTELLANO (66)      | Etobicoke Huskies-Striders                | Scarborough      | 1983 07 19 |
| <b>5km r</b>    | Open        |             |                           |   |                  |            |
|                 | Senior      | 13:41       | Brendan MATTHIAS (69)     | University of Toronto T.C.                | Carlsbad, CA     | 1992 06    |
|                 | Espoir-U24  | 13:41       | Brendan MATTHIAS (69)     | University of Toronto T.C.                | Carlsbad, CA     | 1992 06    |
| <b>10,000m</b>  | Open/Senior | 27:34.64    | Mohammed AHMED (91)       | Univ. of Wisconsin (Niagara Olympic Club) | Stanford, CA     | 2012 04 29 |
|                 | Espoir-U24  | 27:34.64    | Mohammed AHMED (91)       | Univ. of Wisconsin (Niagara O.C.)         | Stanford, CA     | 2012 04 29 |
|                 | Junior-U20  | 28:57.44    | Mohammed AHMED (91)       | Univ. of Wisconsin (Niagara Olympic)      | Eugene, OR       | 2010 06 10 |
|                 | Junior-U19  | 30:03.53    | Mohammed AHMED (91)       | Canada (Niagara Olympic Club)             | Bydgoszcz, POL   | 2008 07 09 |
| <b>10km r</b>   | Open        | 28:18       | Peter BUTLER              |   | St. Catharines   | 1983 05 22 |
|                 | Senior      | 28:30       | Paul LOCKHART (58)        |   | St. Catharines   | 1983 05 22 |
|                 | Espoir-U24  |             |                           |   |                  |            |
| <b>15km r</b>   | Open/Senior | Unclaimed   |                           |   |                  |            |
| <b>20000m</b>   | Open/Senior | Unclaimed   |                           |   |                  |            |
| <b>20km r</b>   | Open/Senior | Unclaimed   |                           |   |                  |            |
|                 | Espoir-U24  | Unclaimed   |                           |   |                  |            |
| <b>Half Mar</b> | Open        | Unclaimed   |                           |   |                  |            |
|                 | Senior      | 1:02:30     | Peter MAHER (60)          |   | Toronto          | 1990 10 14 |
|                 | Espoir-U24  | Unclaimed   |                           |   |                  |            |
| <b>25000m</b>   | Open/Senior | Unclaimed   |                           |   |                  |            |
| <b>25km r</b>   | Open/Senior | Unclaimed   |                           |   |                  |            |
| <b>30000m</b>   | Open/Senior | Unclaimed   |                           |   |                  |            |
| <b>30km r</b>   | Open/Senior | Unclaimed   |                           |   |                  |            |
| <b>Marathon</b> | Open        | 2:07:05     | Deressa CHIMSA            | Ethiopia                                  | Toronto          | 2013 10 20 |
|                 | Senior      | 2:10:09     | Jerome DRAYTON (45)       | Canada (Toronto Olympic Club)             | Fukuoka, JAP     | 1975 12 07 |

|                   |             |              |                       |                                      |                   |   |
|-------------------|-------------|--------------|-----------------------|--------------------------------------|-------------------|---|
|                   | Espoir-U24  | 2:17:13      | Brian MAXWELL (53)    |                                      | Seaside, OR       | 1976 02 28  |
| <b>100km r</b>    | Open/Senior | Unclaimed    |                       |                                      |                   |   |
| <b>Road Relay</b> | Open/Senior | Unclaimed    |                       |                                      |                   |   |
| <b>1 Hour</b>     | Open/Senior | 19,203m      | Brian ARMSTRONG (49)  | Toronto Olympic Club                 | Toronto           | 1973 07 15  |
| <b>80mH*</b>      | Bantam-U14  | 12.36 (-2.1) | Tyrell MAIRS (99)     | London Legion Track Alliance         | St. Catharines    | 2012 08 05  |
|                   | Bantam-U13  | 13.83 (+0.4) | Colin HUNGERFORD (02) | Almaguin TC                          | Windsor           | 2014 08 03  |
|                   |             |              |                       |                                      |                   | <i>* new specifications - 12m to 1st hurdle</i>                       |
| <b>100mH</b>      | Midget-U16  | 13.49 (+1.0) | Matthew LOPARCO (94)  | Centro Scuola TFC                    | Timmins           | 2009 07 26  |
|                   | Midget-U15  | 13.97 (+0.1) | Mitch O'DONNELL (94)  | Laurel Creek                         | Toronto           | 2008 08 03  |
| <b>110mH</b>      | Open        | 13.07 (+0.8) | David OLIVER          | United States                        | Toronto           | 2015 07 24  |
|                   | Senior      | 13.11 (+1.4) | Mark McKOY (61)       | (North York Top Form TFC)            | Bad Homburg, GER  | 1992 05 24  |
|                   | Espoir-U24  | 13.27 (+1.5) | Mark McKOY (61)       | (York University Optimists)          | Walnut, CA        | 1984 07 25  |
|                   | Junior-U20  | 13.72 (+1.6) | Gregory MacNEIL (92)  | London Legion                        | London, ON        | 2009 06 13  |
|                   | Junior-U19  | 13.72 (+1.6) | Gregory MacNEIL (92)  | London Legion Track Alliance         | London, ON        | 2009 06 13  |
|                   | Youth-U18   | 13.43 (+1.6) | Gregory MacNEIL (92)  | Mother Teresa HS (London Legion)     | Toronto           | 2009 06 05  |
|                   | Youth-U17   | 13.84 (+1.8) | Joseph DANIELS (98)   | Supreme Athletics                    | Toronto           | 2014 07 22  |
| <b>200mH</b>      | Midget-U16  | 24.27 (+1.5) | Davis EDWARD (97)     | RCL Ontario (London Legion Alliance) | Charlottetown, PE | 2012 08 18  |
|                   | Midget-U15  | 26.78 (-0.5) | Mitch O'DONNELL (94)  | Laurel Creek                         | Toronto           | 2008 08 02  |
|                   | Bantam-U14  | 28.20 (-0.7) | Tyrell MAIRS (99)     | London Legion Track & Field Alliance | St. Catharines    | 2012 08 04  |
|                   | Bantam-U13  | 30.23 (+1.8) | Colin HUNGERFORD (02) | Almaguin TC                          | Windsor           | 2014 08 02  |
| <b>300mH</b>      | Youth-U18   | 37.84        | J. HOLLINGSWORTH (79) | Parkside CI (St. Thomas Legion)      | Kitchener         | 1996 06 08  |
|                   | Youth-U17   | 37.86        | Gregory MacNEIL (92)  | London Legion Track Alliance         | Toronto           | 2008 08 02  |
|                   | Midget-U16  | 40.19        | Radcliffe DALEY (76)  | University of Toronto T.C.           | North York        | 1991 07 20  |
|                   | Midget-U15  | 44.38        | Aaron STEMLER (95)    | RCL District C (Laurel Creek)        | Hamilton          | 2009 07 11  |
| <b>400mH</b>      | Open        | 48.51        | Jeffrey GIBSON        | Bahamas                              | Toronto           | 2015 07 23  |
|                   | Senior      | 49.18        | Mark JACKSON (69)     | Canada (Phoenix TC)                  | Barcelona, ESP    | 1992 08 03  |
|                   | Espoir-U24  | 49.18        | Mark JACKSON (69)     | Canada (Phoenix TC)                  | Barcelona, ESP    | 1992 08 03  |
|                   | Junior-U20  | 50.92        | Nick STEWART (79)     | University of Montana (Phoenix)      | Bozeman, MT       | 1997 05 03  |
|                   | Junior-U19  | 50.92        | Nick STEWART (79)     | University of Montana (Phoenix)      | Bozeman, MT       | 1997 05 03  |
|                   | Youth-U18*  | 52.52        | Codi PAULI (98)       | Canada (London Legion Alliance)      | Calif, COL        | 2015 07 16  |
|                   | Youth-U17*  | 52.99        | Davis EDWARD (97)     | London Legion Track Alliance         | Toronto           | 2013 06 16  |
|                   |             |              |                       |                                      |                   | <i>* 84cm</i>   |
| <b>1500mSC*</b>   | Midget-U16  | 4:19.06      | Ben FLANAGAN (95)     | RCL Ontario (Tri City TC)            | Ottawa            | 2010 08 08  |
|                   | Midget-U15  | 4:47.52      | Derek SEGUIN (00)     | Timmins-Porcupine TFC                | Langley, BC       | 2014 08 17  |
|                   |             |              |                       |                                      |                   | <i>* new specifications - no waterjump</i>                            |
| <b>2000mSC</b>    | Youth-U18*  | 5:48.27      | Jeremy COUGHLER (95)  | Port Hope H.S. (Durham Athletics)    | Brockville        | 2012 06 07  |
|                   | Youth-U17*  | 6:05.25      | Jeremy COUGHLER (95)  | Durham Athletics                     | Ottawa            | 2011 06 15  |
|                   | Youth-U17** | 5:57.71      | Jeremy COUGHLER (95)  | RCL Team Ontario (Durham Athletics)  | Ottawa            | 2011 08 07  |
|                   |             |              |                       |                                      |                   | <i>* 91cm ** 84cm (both specifications still in effect)</i>           |
| <b>3000mSC</b>    | Open/Senior | 8:11.64      | Matthew HUGHES (89)   | Canada (Unattached)                  | Luzhuniki, RUS    | 2013 08 15  |
|                   | Espoir-U24  | 8:24.87      | Matthew HUGHES (89)   | Louisville (Toronto Olympic)         | Des Moines, IA    | 2011 06 10  |
|                   | Junior-U20  | 8:59.83      | Matthew HUGHES (89)   | Clemson University (Toronto Olympic) | Atlanta, GA       | 2008 05 17  |
|                   | Junior-U19  | 9:06.23      | Brandon ALLEN (95)    | Windsor Legion                       | Windsor           | 2013 06 29  |
| <b>800mW</b>      | Bantam-U14  | 4:54.42      | Martin SEGUIN (93)    | Timmins-Porcupine TFC                | Windsor           | 2006 07 30  |
|                   | Bantam-U13  | 5:13.7h      | Adam BARTOL (90)      | Niagara Regional Athletics           | Ottawa            | 2002 08 03  |
| <b>1500mW</b>     | Youth-U18   | 5:59.3h      | Doug BROWN (62)       | Etobicoke Huskies                    | Oshawa            | 1979 06 30  |
|                   | Youth-U17   | 6:33.9h      | Andrew McNICHOL (65)  | Ont. Legion (Burlington-Halton)      | Hamilton          | 1981 08 19  |
|                   | Midget-U16  | 7:10.45      | Andrew McNICHOL (65)  | Ont. Legion (Burlington Legion)      | Saskatoon         | 1980 08 13  |
|                   | Midget-U15  | 7:47.96      | Samuel MELANCON (92)  | RCL District K (Timmins-Porcupine)   | Timmins           | 2006 07 15  |
| <b>3000mW</b>     | Youth-U18   | 13:36.8h     | Andrew McNICHOL (65)  | Burlington-Halton TC                 | Mississauga       | 1982 06 23  |
| <b>5000mW</b>     | Open        | 20:14.3h     | Tim BERRETT           | Great Britain (Queen's TC)           | Mississauga       | 1990 05 27  |
|                   | Senior      | 20:41.4h     | Arturo HUERTA (64)    | Ontario (Etobicoke Gladstone)        | Toronto           | 2002 07 07  |
|                   | Junior-U20  | 22:25.33     | Jeff CASSIN (71)      | SW Region(Athletics Southwest)       | Kitchener         | 1990 08 18  |
|                   | Youth-U18   |              |                       |                                      |                   | <i>new event - best ratifiable performance to be inaugural record</i> |
|                   | Youth-U17   |              |                       |                                      |                   | <i>new event - best ratifiable performance to be inaugural record</i> |
| <b>10kmW</b>      | Open        | 40:53.6h     | Tim BERRETT           | Great Britain (Queen's TC)           | Mississauga       | 1990 05 27  |
|                   | Senior      | 42:28.8h     | Arturo HUERTA (64)    | Etobicoke Twins                      | North York        | 1997 06 21  |
|                   | Junior-U20  | 46:05.1h     | Jeff CASSIN (71)      | Canada (Athletics Southwest)         | Brockville        | 1990 09 16  |
|                   | Junior-U19  | 46:09.00     | James KILBURN (71)    | Canada (Brockville Leg. Har.)        | St. John, NB      | 1989 07 16  |
|                   | Youth-U18   | 47:10.36     | Doug BROWN (62)       |                                      | Vancouver         | 1979 07 14  |
|                   | Youth-U17   | 48:59.38     | Andrew McNICHOL (65)  | Ontario (Burlington Halton)          | Thunder Bay       | 1981 08 15  |
| <b>10kmW r</b>    | Open/Senior | 40:15        | Arturo HUERTA (64)    | Etobicoke Gladstone                  | Toronto           | 2000 07 07  |
|                   | Junior-U20  | 46:35        | James KILBURN (71)    | Brockville Legion Harriers           | Toronto           | 1988 04 10  |
|                   | Junior-U19  | 46:35        | James KILBURN (71)    | Brockville Legion Harriers           | Toronto           | 1988 04 10  |
|                   | Youth-U18   | 46:35        | James KILBURN (71)    | Brockville Legion Harriers           | Toronto           | 1988 04 10  |
|                   | Youth-U17   | 52:07        | James KILBURN (71)    |                                      | Dearborn, MI      | 1987 09 17  |
| <b>20kmW</b>      | Open        | 1:25:29.8h   | Marcel JOBIN          | Quebec                               | Ottawa            | 1982 07 31  |
|                   | Senior      | 1:31:40.4h   | Arturo HUERTA (64)    | Ontario Racewalkers                  | Brockville        | 1992 09 20  |

|                |               |                  |   |  |                  |            |
|----------------|---------------|------------------|---|--|------------------|------------|
|                | Espoir-U24    | 1:39:26.8h       | Mark HENDERSON (58)   |  | Etobicoke        | 1981 06 07 |
| <b>20kmW r</b> | Open/Senior   | 1:21:03          | Arturo HUERTA (64)  | Etobicoke Gladstone  | Toronto          | 2000 07 20 |
|                | Espoir-U24    | 1:36:06          | Glenn SWEAZEY (54)  |  | Alexandria       | 1976 05 23 |
| <b>30kmW</b>   | Open          | 2:25:33.8        | Dave ROMANSKY   | United States  | Toronto          | 1970 08 23 |
|                | Senior        | 2:33:22.0        | Alex OAKLEY (26)  | Canada (Gladstone Athletic)  | Toronto          | 1970 08 23 |
| <b>30kmW r</b> | Open          | 2:10:49          | Francois LAPOINTE   | Quebec   | Toronto          | 1988 04 10 |
|                | Senior        | 2:15:41          | Arturo HUERTA (64)  | Canada (Etobicoke Gladstone)   | Poza Rica, MEX   | 2000 04 09 |
| <b>50kmW</b>   | Open/Senior   | 4:29:19.4h       | Karl MERSCHENZ (36)   | Gladstone Athletic Club  | Toronto          | 1972 07 16 |
|                | Espoir-U24    | 4:40:14.1h       | Glenn SWEAZEY (54)  |  | Etobicoke        | 1976 08 15 |
| <b>50kmW r</b> | Open          | 3:50:13          | Andres CHOCHO   | Ecuador  | Toronto          | 2015 07 26 |
|                | Senior        | 3:56:02          | Arturo HUERTA (64)  | Canada (Etobicoke Gladstone)   | Poza Rica, MEX   | 2000 04 09 |
|                | Espoir-U24    | 4:36:00          | Glenn SWEAZEY (54)  | Canada   | Malmö, SWE       | 1976 09 18 |
| <b>1 Hr W</b>  | Open/Senior   | 13,527m          | Arturo HUERTA (64)  | Ontario Racewalkers  | Brockville       | 1992 09 20 |
| <b>2 Hr W</b>  | Open/Senior   | 23,163m          | Jaan ROOS (37)  | Burlington Runners   | Toronto          | 1988 09 11 |
| <b>4X100m</b>  | Open/Senior   | 37.92            | CANADA (COMPOSITE)<br>(Gavin Smellie, Aaron Brown, Dontae Richards-Kwok, Justyn Warner)                             |  | Luzhuniki, RUS   | 2013 08 18 |
|                |               | 40.15            | OTTAWA LIONS (CLUB)   |  | Ottawa           | 2011 07 16 |
|                | Espoir-U24    | 39.90            | (Michael Robertson, Oluseyi Smith, Oluwasegun Makinde, Richard Adu(Bobie)<br>NATIONAL JUNIOR TEAM (COMPOSITE)       |  | Lisbon, POR      | 1994 07 24 |
|                | Junior-U20    | 39.90            | (Carlton Chambers, Chris Robinson(Kitchener), Dave Tomlin, Eric Frempong-Manso<br>NATIONAL JUNIOR TEAM (COMPOSITE)  |  | Lisbon, POR      | 1994 07 24 |
|                |               | 40.51            | (Carlton Chambers, Chris Robinson(Kitchener), Dave Tomlin, Eric Frempong-Manso<br>ETOBICOKE HUSKIES-STRIDERS (CLUB) |  | North York       | 1994 06 19 |
|                | Youth-U18     | 41.50            | (Eric Frempong-Manso, Randy Brookes, Kevin Pennycooke, Marlon Dechausay)<br>ETOBICOKE WEST                          |  | North York       | 1992 07 12 |
|                | Midget-U16    | 43.87            | (Randy Brookes, Marlon Dechausay, Kevin Pennycooke, Eric Frempong)<br>ONTARIO 15 & UNDER LEGION TEAM (COMPOSITE)    |  | Ottawa           | 2010 08 06 |
|                |               | 44.90            | (Aaron Stemmler, Andre Ford-Azonwanna, Jordan Sherwood, Yazin Joseph)<br>LAUREL CREEK TFC (CLUB)                    |  | Timmins          | 2009 07 25 |
|                |               | 43.84p(2)        | (Michael Keba, Nienkel Pal Jola, Keegan Calder, Mitch O'Donnell)<br>FLYING ANGELS ACADEMY (CLUB)                    |  | Windsor          | 2014 08 02 |
|                |               | 43.84p(2)        | (Jordan Miller, Jaeden Melbourne, Nathan FrigINETTE, Tolu Taiwo)<br>FLYING ANGELS ACADEMY (CLUB)                    |  | Langley, BC      | 2014 08 16 |
|                | Bantam-U14    | 53.5h            | (Jordan Miller, Nathan FrigINETTE, Jaeden Melbourne, Tolu Taiwo)<br>TEAM ONTARIO* - 1975+ (COMPOSITE)               |  | Oak Brook, IL    | 1987 08 02 |
|                |               | 55.94            | LONDON LEGION TRACK ALLIANCE (CLUB)<br>(Brandon Graham, Adam Lo, Ben Hyland, Zachary Gray)                          |  | Windsor          | 2006 07 29 |
|                |               | 52.78p(2)        | FLYING ANGELS (CLUB)<br>(Jadriel Dowlin, Justin Abrokwa, Marc Anthony Thompson, Tyreak Stanley)                     |  | Toronto          | 2011 07 23 |
|                | <b>4X200m</b> | Open             | 1:22.9  | D.C. INTERNATIONALS (USA)<br>(Delano Meriweather, Andre Lancaster, Cliff Wiley, Maurice Peoples) |                  | Etobicoke  |
| Senior         |               | 1:23.6           | POWER TRACK CLUB "A"<br>(Doug Hinds, Lyndon Fong, Glen Bogue, Cole Doty)  |  | Etobicoke        | 1978 06 17 |
| Espoir-U24     |               | 1:23.6           | POWER TRACK CLUB "A"<br>(Doug Hinds, Lyndon Fong, Glen Bogue, Cole Doty)  |  | Etobicoke        | 1978 06 17 |
| Junior-U20     |               | 1:25.1           | UXBRIDGE OPTIMISTS<br>(Dave McKnight, Ed Johnson, Ray Daley, Desai Williams)  |  | Etobicoke        | 1978 06 17 |
| Youth-U18      |               | 1:29.46          | SUPREME ATHLETICS<br>(David Rittenger, Emeka Agada, Nienkel Pajola, Mitch D'Donnell)                                |  | Toronto          | 2010 06 13 |
| Midget-U16     |               | 1:39.58          | BRAMPTON TFC "A"<br>(Dwayne Patrick, Leon Clouden, Deeah Fraser, Franklyn Benjamin)                                 |  | North York       | 1994 06 19 |
|                |               | 1:34.36p(2)      | CENTRO SCUOLA<br>(Anthony Leone, Matthew Loparco, Jonathan Settembri, Thomas Juha)                                  |  | Toronto          | 2008 06 14 |
|                |               | 1:37.81p(2)      | WINDSOR LEGION<br>(Joshua Woghiren, Matthew Pardo, Calvin Mercier, Graeme Fisher)                                   |  | St. Catharines   | 2012 08 05 |
| Bantam-U14     |               | 1:52.62p(2)      | CENTRO SCUOLA<br>(Miles Helman, Alexander Pezzutto, Joshua Borowski, Gaetano DeSiato)                               |  | Toronto          | 2010 06 13 |
| <b>4X400m</b>  |               | Open/Senior      | 3:02.64   | NATIONAL TEAM (COMPOSITE)<br>(Ian Seale, Don Domansky, Leighton Hope, Bryan Saunders)            |                  | Montreal   |
|                |               | 3:01.00p         | BAHAMAS<br>(Latoy Williams, Michael Mathieu, Andretti Bain, Alonzo Russell)   |  | Toronto          | 2015 07 24 |
|                |               | 2:59.60p         | TRINIDAD & TOBAGO<br>(Rennie Quow, Jarrin Solomon, Emanuel Mayers, Machel Cedeno)                                   |  | Toronto          | 2015 07 25 |
|                |               | 3:10.3h          | POWER TRACK CLUB (CLUB)<br>(Dacre Bowen, Paul Richards, Peter Harper, Glen Bogue)                                   |  | Philadelphia, PA | 1979 04 28 |
|                | Espoir-U24    | 3:08.34          | ONTARIO CANADA GAMES TEAM<br>(Rayton Archer, Monte Raymond, Tim Middlekoop, Chris Davis)                            |  | Kamloops, BC     | 1993 08 20 |
|                |               | 3:07.39p(2)      | CANADA (COMPOSITE)<br>(Daniel Harper, Jonathan Reid, Tremaine Harris, Michael Robertson)                            |  | Baton Rouge, LA  | 2011 04 23 |
|                |               | 3:07.45p(2)      | ONTARIO CANADA GAMES TEAM<br>(Saj Alhaddad, Brandon McBride, Tyler Macleod, Devin Biocchi)                          |  | Sherbrooke       | 2013 08 16 |
|                |               | 3:15.0h          | YORK SPARTAN TC (CLUB)<br>(Mike McIntosh, Dave Best, Bill Kennedy, Glen Bogue)                                      |  | Montreal         | 1972 08 20 |
|                |               | 3:14.08p no curb | THE SPEED ACADEMY (CLUB)<br>(Myles Williams, Graeme Thompson, Joshua Cunningham, Shaquan Williams)                  |  | Ste-Therese, QC  | 2013 07 14 |
|                |               | 3:11.93p(2)      | OTTAWA LIONS (CLUB)<br>(Toluwalope Makinde, Denray Jean-Jacques, Devin Biocchi, Wade Embury)                        |  | Ottawa           | 2014 07 20 |

|  |                  |  |   |  |                    |            |
|--|------------------|--|---|--|--------------------|------------|
| Junior-U20   | 3:09.83          | NATIONAL JUNIOR TEAM (COMPOSITE)<br>(Chris Davis, Kevin Sullivan, Bwana Smith, Marlon Dechausay)   | Winnipeg, MB  | 1993 07 17   |                    |            |
|  | 3:15.0h          | YORK SPARTAN TC (CLUB)<br>(Mike McIntosh, Dave Best, Bill Kennedy, Glen Bogue)                     | Montreal  | 1972 08 20   |                    |            |
|  | 3:14.08p no curb | THE SPEED ACADEMY (CLUB)<br>(Myles Williams, Graeme Thompson, Joshua Cunningham, Shaquan Williams) | Ste-Therese, QC   | 2013 07 14   |                    |            |
|  | Youth-U18        | 3:19.32  | ONTARIO LEGION TEAM (COMPOSITE)<br>(Mark Francois, Eric Morrison, Scott Moncur, Dan Brandao)                                    | Sudbury  | 1999 08 14         |            |
|  |                  | 3:17.31p(2)  | RCL TEAM ONTARIO (COMPOSITE)<br>( <b>Junior Solomon</b> , Nienkel Paljola, Wesley Best, Brandon McBride)                        | Ottawa   | 2011 08 07         |            |
|  |                  | 3:20.6h  | ETOBICOKE HUSKIES-STRIDERS (CLUB)<br>(Errol Watson, Corey Burnett, Marc Proudfoot, Mark Jackson)                                | Etobicoke  | 1986 07 06         |            |
|  | Midget-U16       | 3:20.66p(2)  | PHOENIX ATHLETICS (CLUB)<br>(Ackel Mosely, <b>Mohammed Dhaqane</b> , Richard West, Andre Hamilton)                              | Toronto  | 2007 06 17         |            |
|  |                  | 3:17.38p(2) **   | THE SPEED ACADEMY (CLUB)<br>(Joshua Cunningham, <b>Myles Williams</b> , Graeme Thompson, William Russell)                       | St. Catharines   | 2012 08 04         |            |
|  | Bantam-U14       | 3:40.51  | LAUREL CREEK<br>(Keegan Calder, Neinkel Paljola, Scott Buttinger, Mitch O'Donnell)  | Windsor  | 2009 07 04         |            |
|  | Bantam-U14       | Unclaimed  |   |  |                    |            |
| ** William Russell is Bahamian citizen -resident foreigner in Canada |                  |  |   |  |                    |            |
| <b>4X800m</b>  | Open/Senior      | 7:22.83  | PHOENIX<br>(Andrew Heaney, Matt Lincoln, Andrew Maloney, Kyle Smith)  | Toronto  | 2007 06 16         |            |
|  | Espoir-U24       | 7:34.0h  | TRACK WEST<br>(Tom Potter, Gary Crossley, Steve Lincoln, Tom Lobsinger)   | Etobicoke  | 1974 06 14         |            |
|  | Junior-U20       | 7:40.4h  | MISSISSAUGA TFC<br>(Paul Holmes, John Orton, Mike Logan, Mark Gunby)  | North York   | 1981 07 19         |            |
|  | Youth-U18        | 7:47.21  | EXCEL TC<br>(Graham Hood, Andy Burnside, Jason Bunston, Mike Belbeck)   | North York   | 1988 06 19         |            |
|  | Midget-U16       | 8:22.94  | LAUREL CREEK<br>(Aaron Lebold, Nicolash Bedi, Riley Alvarez, Cameron Waind)   | London   | 2011 07 06         |            |
|  | Bantam-U14       | 9:28.1h  | LONDON LEGION TRACK ALLIANCE (CLUB)<br>Ben Hyland, Adam Lo, Joshua Millard, Zachary Gray)                                       | Windsor  | 2006 07 30         |            |
|  | <b>4X1500m</b>   | Open/Senior  | 15:25.38  | SPEED RIVER "A"<br>(Greg Hutchinson, Eric Gillis, Reid Coolsaet, Taylor Milne) | London             | 2006 06 21 |
| Espoir-U24   |                  | Unclaimed  |   |  |                    |            |
| <b>Sp Med*</b>   | Open             | 3:20.2h  | EAST YORK TC<br>(Robert Patterson, Larry Dunn*, David McClure, Bill Crothers) * = USA   | Toronto  | 1977 07 09         |            |
|  | Senior           | 3:22.8h  | TORONTO TRACK CLUB<br>(Don Young, Bob Jarema, Norm Sinclair, Ergas Leps)  | Hamilton   | 1963 08 16         |            |
|  |                  | 3:22.8h  | SCARBOROUGH OPTIMISTS<br>(Bryan Saunders, Robert Martin, Marvin Nash, Eric Chapman)   | Brantford  | 1975 09 06         |            |
|  | Espoir-U24       | 3:29.19  | HAMILTON OLYMPIC CLUB<br>(Manny Bonilla, Glen Shand, Laurent Shand, Bryan Henry)  | North York   | 1991 06 23         |            |
|  |                  | 3:26.21p(2)  | LAUREL CREEK<br>(Jordan Sherwood, <b>David Mohan</b> , <b>Ildemaro Ponnambalam</b> , Scott Buttinger)                           | North York   | 2013 07 21         |            |
|  | Junior-U20       | 3:29.19  | HAMILTON OLYMPIC CLUB<br>(Manny Bonilla, Glen Shand, Laurent Shand, Bryan Henry)  | North York   | 1991 06 23         |            |
|  |                  | 3:26.21p(2)  | LAUREL CREEK<br>(Jordan Sherwood, <b>David Mohan</b> , <b>Ildemaro Ponnambalam</b> , Scott Buttinger)                           | North York   | 2013 07 21         |            |
|  | Youth-U18        | 3:31.73  | ONTARIO LEGION TEAM (COMPOSITE)<br>(Brad Copper, Ricardo Best, Paul Went, Graham Hood)  | Quebec City  | 1988 08 13         |            |
|  |                  | 3:37.16  | MISSISSAUGA TFC (CLUB)<br>(Ian Butcher, Oneill Whittaker, Cordell Morrison, August Battiston)                                   | St. Catharines   | 2002 06 16         |            |
|  |                  | 3:35.47p(2)  | WINDSOR LEGION (CLUB)<br>( <b>Khalil Parris</b> , <b>Mark Emode</b> , <b>Dylan Papak</b> , <b>Carter Day</b> )                  | St. Catharines   | 2012 08 05         |            |
|  | Midget-U16       | 3:35.30  | ONTARIO LEGION 15&UNDER TEAM (COMPOSITE)<br>(Aaron Stemmler, Jordan Sherwood, Yazin Joseph, Alex Freemantle)                    | Ottawa   | 2010 08 07         |            |
|  |                  | 3:49.64  | LAUREL CREEK (CLUB)<br>(Aaron Lebold, Connor Finnegan, Riley Alvarez, Nicolash Bedi)  | Ottawa   | 2011 08 06         |            |
|  |                  | 3:47.65p(2)  | WINDSOR LEGION (CLUB)<br>( <b>Graeme Fisher</b> , Matthew Pardo, Quinton Cannella, <b>Brendan Wallace</b> )                     | Charlottetown, PE  | 2012 08 18         |            |
|  |                  | 3:43.10p(2)  | RCL TEAM ONTARIO (COMPOSITE)<br>( <b>Khamal Stewart-Baynes</b> , <b>Logan Panek</b> , <b>Vahid Andrews</b> , Mathieu Plamondon) | Langley, BC  | 2014 08 16         |            |
| Bantam-U14   | 4:42.10          | MARKHAM<br>(Kevin Hill, Sean Fox, Rayu Mehta, Corey Lynam)   | North York  | 1997 06 22   |                    |            |
| * 400-200-200-800m   |                  |  |   |  |                    |            |
| <b>Dist Med</b>  | Open/Senior      | 9:23.34^^  | CANADA "BLACK"<br>(Matt Lincoln, Tremaine Harris, Andrew Ellerton, Nate Brannen)  | Philadelphia, PA   | 2012 04 28         |            |
|  | Espoir-U24       | 9:53.5**   | ETOBICOKE HUSKIES<br>(Chris Reid, Will Lincoln, Dave Reid, Paul Steeds)   | North York   | 1980 07 20         |            |
|  | Junior-U20       | 10:08.14^^   | BIRCHMOUNT COLLEGIATE INSTITUTE<br>(Mark Harris, Blake Farley, Slah Hussein, Adil Berkhedele)                                   | Dayton, OH   | 2000 05 05         |            |
| * = Running order: 440-880-1320yd-1mile                              |                  |  |   |  |                    |            |
| ^ = Running order: 1200-800-400-1600m                                |                  |  |   |  |                    |            |
| ^* = Running order: 1200-400-800-1600m                               |                  |  |   |  |                    |            |
| ** = Running order: 400-800-1200-1600m                               |                  |  |   |  |                    |            |
| ^^ = Running order: 800-400-1200-1600m                               |                  |  |   |  |                    |            |
| <b>HJ</b>  | Open/Senior      | 2.40   | Derek DROUIN (90)   | Sarnia Athletics Southwest   | Des Moines, Iowa   | 2014 04 25 |
|  | Espoir-U24       | 2.38   | Derek DROUIN (90)   | Canada (Sarnia Athletics Southwest)  | Luzhunki, RUS      | 2013 08 15 |
|  | Junior-U20       | 2.27   | Derek DROUIN (90)   | Canada (Sarnia Athletics Southwest)  | Port-of-Spain, TRI | 2009 08 02 |

|           |                                      |              |                         |   |                   |               |
|-----------|--------------------------------------|--------------|-------------------------|---|-------------------|---------------|
|           | Junior-U19                           | 2.24         | Mike PONIKVAR (79)      | Canada (Univ. of Toronto T.C.)          | Havana, CUB       | 1997 07 20    |
|           | Youth-U18                            | 2.15         | Brian MARSHALL (65)     | Gloucester S.S.                         | Ottawa            | 1985 05 21    |
|           |                                      | 2.15         | Branden WILHELM (92)    | (London Legion)                         | Kitchener         | 2009 05 29    |
|           |                                      | 2.15         | Branden WILHELM (92)    | London Legion                           | Toronto           | 2009 06 27    |
|           | Youth-U17                            | 2.08         | Branden WILHELM (92)    | Woodstock H.S. (Woodstock Legion)       | London            | 2008 05 24    |
|           | Midget-U16                           | 2.01         | Branden WILHELM (92)    | Ontario RCL Team (Woodstock Legion)     | Oromocto, NB      | 2007 08 12    |
|           | Midget-U15                           | 1.92         | Nicholas CHARRON (78)   | RCL Dist. A (Windsor Legion)            | Brantford         | 1992 07 11    |
|           | Bantam-U14                           | 1.78         | Nicholas CHARRON (78)   | South Windsor K. of C.                  | North York        | 1991 07 21    |
|           | Bantam-U13                           | 1.65         | Gerry MINTA (78)        | University of Toronto TC                | North York        | 1990 07 29    |
| <b>PV</b> | Open/Senior                          | 5.93         | Shawnacy BARBER (94)    | Project Athletics                       | London, GBR       | 2015 07 25    |
|           | Espoir-U24                           | 5.93         | Shawnacy BARBER (94)    | Project Athletics                       | London, GBR       | 2015 07 25    |
|           | Junior-U20                           | 5.71         | Shawnacy BARBER (94)    | University of Akron (Project Athletics) | Austin, TX        | 2013 03 29    |
|           | Junior-U19                           | 5.57         | Shawnacy BARBER (94)    | Project Athletics                       | Humble, TX        | 2012 08 04    |
|           | Youth-U18                            | 4.70         | Todd ZUBYCK (75)        | Ontario Legion Team (Temisk'g)          | Calgary           | 1992 08 15    |
|           | Youth-U17                            | 4.37         | Rob LINDSAY (66)        | Ottawa Kinsmen Harriers                 | Ottawa            | 1982 08 07    |
|           | Midget-U16                           | 3.95         | Richard MIRKIEWICZ (96) | Unattached                              | Toronto           | 2011 07 05    |
|           | Midget-U15                           | 3.80         | Don SPRAGUE (59)        | Elliot Lake TC                          | Oshawa            | 1973 06 30    |
| <b>LJ</b> | Open/Senior                          | 8.19 (+1.9)  | Richard DUNCAN (73)     | ( - )                                   | Houston, TX       | 2000 03 25    |
|           | Espoir-U24                           | 8.16 (+1.9)  | Clayton LATHAM (79)     |   | Jamaica, NY       | 2002 07 30    |
|           | Junior-U20                           | 7.88 NWI     | Richard ROCK (57)       |   | Carbondale, IL    | 1976 04 30    |
|           | Junior-U19                           | 7.53 (+0.4)  | Andre METIVIER (64)     | Canada (Scarborough Optimists)          | Barquisemeto, VEN | 1982 07 30    |
|           | Youth-U18                            | 7.32 (+1.3)  | Seyi SMITH (87)         | Ottawa Lions                            | Edmonton          | 2004 07 24    |
|           | Youth-U17                            | 7.12 (+1.7)  | Seyi SMITH (87)         | Brookfield High School                  | Ottawa            | 2003 05 29    |
|           | Midget-U16                           | 6.75 (+0.4)  | Deion BARKER (95)       | Etobicoke TFC                           | Toronto           | 2010 08 03    |
|           | Midget-U15                           | 6.55 NWI     | Larry FEDOSOFF (47)     |   | Regina            | 1961 08 05    |
|           | Bantam-U14                           | 5.79 (+0.9)  | Jasdon ROBINSON (70)    | RCL Dist. F (Oshawa Legion)             | Sudbury           | 1983 08 06    |
|           | Bantam-U13                           | 4.82 (-1.3)  | Ehis ADADA (91)         | North York TFC                          | Kitchener         | 2003 08 01    |
| <b>TJ</b> | Open                                 | 17.15 (+1.6) | Arius FILET             | France                                  | Ottawa            | 2001 07 23    |
|           | Senior                               | 16.70 (+1.2) | George WRIGHT (63)      | University of Toronto TC                | North York        | 1987 06 27    |
|           | Espoir-U24                           | 16.48 (+1.4) | Richard DUNCAN (73)     | (-)                                     | Houston, TX       | 1995 05 19    |
|           | Junior-U20                           | 15.73 (+0.9) | Kenen SHADD (83)        | Grand River C.I.                        | LaSalle, ON       | 2002 05 31    |
|           | Junior-U19                           | 15.53 (+0.6) | Kenen SHADD (83)        | Grand River C.I. (Kitch.-Waterloo)      | Toronto           | 2001 05 31    |
|           | Youth-U18                            | 15.01 (+0.9) | Glenroy GILBERT (68)    | Ottawa Olympic                          | Ottawa            | 1985 08 04    |
|           | Youth-U17                            | 14.57 (+0.4) | Dwayne HARRIOTT (86)    | Ontario RCL Team (Kitchener-Wat.)       | Sherbrooke        | 2002 08 18    |
|           | Midget-U16                           | 14.05 (+0.1) | Sam DAVIS (74)          | RCL Dist. E (Osh. Durh. Oly.)           | North York        | 1989 07 14    |
|           | Midget-U15                           | 13.62        | Mike MACDOUGALL (56)    | Scarborough Optimists                   | Etobicoke         | 1970 08 02    |
|           | Bantam-U14                           | 11.92 (0.0)  | Asa AMBROSE (91)        | Laurel Creek T.C.                       | LaSalle           | 2004 07 31    |
|           | Bantam-U13                           | 9.78 (+0.9)  | Eric SCHWOOB (90)       | Niagara Regional Athletics              | Ottawa            | 2002 08 03    |
| <b>SP</b> | Open                                 | 21.69        | O' Dayne RICHARDS       | Jamaica                                 | Toronto           | 2015 07 21    |
|           | Senior                               | 20.87        | Brad SNYDER (76)        |   | Atlanta, GA       | 2004 06 08    |
|           | Espoir-U24                           | 20.40        | Brad SNYDER (76)        | University of South Carolina (-)        | Columbia, SC      | 1998 04 18    |
|           | Junior-U20                           | 19.03        | Kyle HELF (86)          | Canada (South Simcoe/Dufferin)          | Grosseto, ITA     | 2004 07 13    |
|           | Junior-U19                           | 19.03        | Kyle HELF (86)          | Canada (South Simcoe/Dufferin)          | Grosseto, ITA     | 2004 07 13    |
|           | Youth-U18                            | 20.79        | Kyle HELF (86)          | Canada (South Simcoe/Dufferin)          | Sherbrooke, QU    | 2003 07 10    |
|           | Youth-U17                            | 19.81        | Joseph MAXWELL (98)     | RCL District H (Unattached)             | Brampton          | 2014 07 11/12 |
|           | Midget-U16                           | 19.7         | Joseph MAXWELL (98)     | RCL District H (Unattached)             | Sudbury           | 2013 07 06    |
|           | Midget-U15                           | 19.24        | Joseph MAXWELL (98)     | RCL Ontario (Unattached)                | Charlottetown, PE | 2012 08 18    |
|           | Bantam-U14                           | 15.46        | Kyle HELF (86)          | South Simcoe/Dufferin TFC               | Kitchener         | 1999 06 13    |
|           | Bantam-U13                           | 10.91 (4kg)  | Kyle HELF (86)          | South Simcoe/Dufferin TFC               | Sarnia            | 1998 08 09    |
|           | <i>* 3kg - new specifications</i>    |              |                         |   |                   |               |
| <b>DT</b> | Open/Senior                          | 67.88        | Jason TUNKS (75)        | ( - )                                   | Abilene, TX       | 1998 05 14    |
|           | Espoir-U24                           | 67.88        | Jason TUNKS (75)        | ( - )                                   | Abilene, TX       | 1998 05 14    |
|           | Junior-U20                           | 60.72        | Jordan YOUNG (93)       | Windsor Legion                          | Boulder, CO       | 2012 06 07    |
|           | Junior-U19                           | 55.76        | Jordan YOUNG (93)       | Windsor Legion                          | London, ON        | 2011 05 14    |
|           | Youth-U18                            | 63.65        | Noah ROLPH (97)         | RCL District A (St. Thomas Legion)      | Brampton          | 2014 07 11/12 |
|           | Youth-U17                            | 55.52        | Jordan YOUNG (93)       | Canada (London-Western TFC)             | Sudtirol, ITA     | 2009 07 08    |
|           | Midget-U16                           | 63.22        | Joseph MAXWELL (98)     | (Unattached)                            | Langley, BC       | 2013 08 10    |
|           | Midget-U15                           | 56.18        | Kyle HELF (86)          | RCL Dist. E (South Simcoe/Duff.)        | New Liskeard      | 2000 07 14    |
|           | Bantam-U14*                          | 47.18        | Callan SALDUTTO (02)    | Niagara Regional Athletics              | St. Catharines    | 2015 07 19    |
|           | Bantam-U13*                          | 38.03        | Callan SALDUTTO (02)    | Niagara Regional Athletics              | Windsor           | 2014 08 02    |
|           | <i>* 0.75kg implement - new mass</i> |              |                         |   |                   |               |
| <b>HT</b> | Open                                 | 79.89        | Szymon ZIOLKOWSKI       | Poland                                  | Ottawa            | 2001 07 20    |
|           | Senior                               | 70.34        | Boris STOIKOS (69)      | Phoenix TC                              | Athens, GA        | 1996 04 19    |
|           | Espoir-U24                           | 68.16        | Jordan YOUNG (93)       | University of Virginia (Unattached)     | Eugene, OR        | 2015 06 10    |
|           | Junior-U20                           | 62.88        | Jordan YOUNG (93)       | Windsor Legion                          | London, ON        | 2011 05 14    |
|           | Junior-U19                           | 62.88        | Jordan YOUNG (93)       | Windsor Legion                          | London, ON        | 2011 05 14    |
|           | Youth-U18                            | 63.65        | Noah ROLPH (97)         | RCL District A (St. Thomas Legion)      | Brampton          | 2014 07 11/12 |
|           | Youth-U17                            | 62.50        | Kevin BOWMAN (93)       | RCL Team Ontario (Saugeen)              | Sherbrooke        | 2009 08 08    |
|           | Midget-U16                           | 59.87        | Kevin BOWMAN (93)       | Saugeen TFC                             | London            | 2008 07 20    |
|           | Midget-U15                           | 50.93        | Austin ARMSTRONG (97)   | Niagara Regional Athletics              | Ottawa            | 2011 08 07    |
| <b>JT</b> | Open/Senior                          | 84.81        | Scott RUSSELL (79)      | Windsor Legion                          | Toronto           | 2011 07 13    |
|           | Espoir-U24                           | 81.66        | Scott RUSSELL (79)      | Canada (Windsor Legion)                 | Edmonton, AB      | 2001 08 10    |
|           | Junior-U20                           | 75.46        | Scott RUSSELL (79)      | University of Kansas (-)                | Columbia, MO      | 1998 05 17    |
|           | Junior-U19                           | 71.22        | Trevor SNYDER (82)      | St. Joseph's H.S. ( - )                 | LaSalle           | 2000 06 02    |
|           | Youth-U18                            | 75.99        | Trevor SNYDER (82)      | Canada (Windsor Legion)                 | Bydgoszcz, POL    | 1999 07 16    |
|           | Youth-U17                            | 67.10        | Trent CORNEY (93)       | Brockville Legion                       | Brockville        | 2009 06 10    |
|           | Midget-U16                           | 58.56        | Kevin BOWMAN (93)       | Ontario RCL Team (Saugeen TFC)          | Sherbrooke, QC    | 2008 08 10    |
|           | Midget-U15                           | 51.45        | Kyle HELF (86)          | South Simcoe/Dufferin TFC               | Kitchener         | 2000 07 29    |

|                   |   |                           |                        |                                      |                   |               |
|-------------------|---|---------------------------|------------------------|--------------------------------------|-------------------|---------------|
|                   | Bantam-U14  | 42.23                     | Taylor CORNEY (91)     | Brockville Legion                    | LaSalle           | 2004 08 01    |
|                   | Bantam-U13  | 35.54                     | Mathieu PLAMONDON (99) | Timmins-Porcupine                    | Toronto           | 2011 07 23    |
| <b>Tetrathlon</b> | Bantam-U14  | <i>new specifications</i> |                        |                                      |                   |               |
|                   | Bantam-U13  | <i>new specifications</i> |                        |                                      |                   |               |
|                   | <i>(Tetrathlon: 80m Hurdles, Shot Put, High Jump, 200m)</i>   |                           |                        |                                      |                   |               |
|                   | <i>New IAAF 80mH tables for women</i>   |                           |                        |                                      |                   |               |
|                   | <i>80m hurdles - 12.0m to 1st hurdle</i>  |                           |                        |                                      |                   |               |
| <b>Pentathlon</b> | Midget-U16  | 3004                      | Zack LAKEIT (97)       | RCL Ontario ( )                      | Charlottetown, PE | 2012 08 19    |
|                   |   |                           | 14.62(+1.3)            | 5.96(+1.3)                           | 10.18             | 1.75 3:08.01  |
|                   | <i>(Pentathlon: 100m Hurdles, Long Jump, Shot Put, High Jump, 1000m)</i>                                  |                           |                        |                                      |                   |               |
| <b>Octathlon</b>  | Youth-U18   | 5809                      | J. ADJETEY-NELSON (84) | Canada (Windsor Legion TFC)          | Debrecen, HUN     | 2001 07 12-13 |
|                   |   |                           | 11.46(-1.2)            | 7.09(+0.9)                           | 12.06             | 49.99         |
|                   |   |                           | 14.94(+1.7)            | 1.89                                 | 43.66             | 2:53.35       |
|                   | Youth-U17   | 5238                      | Trent CORNEY (93)      | RCL Team Ontario (Brockville Legion) | Sherbrooke, QC    | 2009 08 08-09 |
|                   |   |                           | 11.54(+0.1)            | 6.26(+3.2)                           | 12.04             | 52.34         |
|                   |   |                           | 16.45(-1.1)            | 1.90                                 | 49.63             | 3:12.07       |
|                   | <i>(Octathlon: 100m, Long Jump, Shot Put, 400m/110m Hurdles, High Jump, Javelin, 1000m)</i>               |                           |                        |                                      |                   |               |
| <b>Decathlon</b>  | Open/Senior   | 8695p                     | Damian WARNER (89)     | Canada (London-Western TFC)          | Beijing, CHN      | 2015 08       |
|                   |   |                           | 10.31(-0.4)            | 7.65(+0.2)                           | 14.44             | 2.04 47.30    |
|                   |   |                           | 13.63(-0.2)            | 44.99                                | 4.80              | 63.50 4:31.51 |
|                   | Esplor-U24  | 8525                      | Michael SMITH (67)     | Canada (Univ. of Toronto TC)         | Auckland, NZL     | 1990 01 28-29 |
|                   |   |                           | 10.85(+1.9)            | 7.52(+2.7)                           | 14.62             | 2.05 47.77    |
|                   |   |                           | 14.34(+1.9)            | 47.56                                | 4.70              | 64.18 4:24.06 |
|                   | Junior-U20  | 7179                      | Pierce LEPAGE (96)     | Unnattached                          | St. Catharines    | 2015 07 17-18 |
|                   |   |                           | 11.11(-0.7)            | 6.79(+2.2)                           | 13.30             | 1.97 49.76    |
|                   |   |                           | 15.12(-1.8)            | 42.12                                | 4.40              | 45.03 5:10.20 |
|                   | Junior-U19  | 6658                      | Branden WILHELM (92)   | London Legion Track Alliance         | Toronto           | 2010 06 12-13 |
|                   |   |                           | 11.21(+2.9)            | 7.08(+1.2)                           | 10.88             | 2.22 49.97    |
|                   |   |                           | 15.23(-0.9)            | 30.35                                | 3.00              | 40.44 5:02.41 |
|                   | <i>Junior Men: 110mH (99cm); 6.0kg Shot; 1.75kg Discus</i>  |                           |                        |                                      |                   |               |
|                   | Youth-U18   | 6489+                     | J. HOLLINGSWORTH (79)  | St. Thomas Legion                    | North York        | 1996 06 22-23 |
|                   |   |                           | 11.13(+1.3)            | 6.56(+2.9)                           | 13.16             | 1.71 50.82    |
|                   |   |                           | 14.83(+0.0)            | 33.96                                | 2.90              | 50.04 4:52.21 |
|                   |   | 6214++ p(2)               | Jeffrey CLAYTON (98)   | University of Toronto TC             | Windsor           | 2015 06 12-13 |
|                   |   |                           | 11.36(+3.5)            | 6.13(-3.3)                           | 11.24             | 1.84 51.50    |
|                   |   |                           | 14.91(-1.2)            | 31.31                                | 3.00              | 45.49 4:49.84 |
|                   | Youth-U17   | 5347+                     | Liam MCNABB (82)       | Elite Athletics                      | Ottawa            | 1998 06 27-28 |
|                   |   |                           | 11.90(+2.8)            | 6.05(+2.8)                           | 11.58             | 1.75 54.11    |
|                   |   |                           | 15.53(+1.5)            | 22.48                                | 2.80              | 28.48 4:55.72 |
|                   |   | 4753++ (p(2,6))           | Austin MCLEOD (99)     | London-Western TFC                   | Ste-Therese, QC   | 2015 08 07-08 |
|                   |   |                           | 11.94(+1.4)            | 6.06(+0.0)                           | 10.44             | 1.70 55.15    |
|                   |   |                           | 19.27(+1.7)            | 23.88                                | 2.40              | 35.03 5:11.91 |
|                   | <i>Youth Boys: +110mH (91cm); 5.45kg Shot; 1.61kg Discus or ++110mH(91cm); 5.00kg Shot; 1.50kg Discus</i> |                           |                        |                                      |                   |               |