

2016 Athletics Ontario Cross Country Championships**Results****Event 1 Girls 2000 Meter Run Bantam**

Name	Year	Team	Finals	Points
Finals				
1	517	Ylipahkala, Abby	03 Newmarket Husk	7:46.00 10
2	152	Coutts, Sophie	03 Central Toronto	J7:46.00 8
3	713	Turcotte, Macy	03 Timmins Porc	7:47.00 6
4	710	Bartolomucci, Jord	03 Timmins Porc	7:52.00 5
5	494	Ludolph, Rhiannon	04 Newmarket Husk	7:53.00 4
6	737	Smuk, Rianna	05 Toronto Oly	7:54.00 3
7	185	Rivard, Lexy	04 Central Toronto	7:55.00 2
8	243	Jackson, Ella	04 Durham Dragons	7:57.00 1
9	105	Rodrigues, Sierra	04 310 Running	8:03.00
10	438	Abbott, Hailey	04 Meaford Coyotes	8:05.00
11	592	Fletcher, Lyndsay	04 North Bay Legion	8:10.00
12	256	Stapleton, Leah	04 Durham Dragons	8:11.00
13	487	Guerrico, Sophie	03 Newmarket Husk	8:13.00
14	992	Nickel, Alexandra	04 Unattached Ontario	8:15.00
15	793	Sanderson-Kirby, K	04 Toronto West	8:16.00
16	638	Keeler, Jadyn	03 South Simcoe	8:17.00
17	702	Knelsen, Halle	03 St Thomas Legion	8:18.00
18	145	Botha, Kathleen	03 Central Toronto	J8:18.00
19	477	Ash, Caroline	04 Newmarket Husk	J8:18.00
20	444	Tichbourne, Kara	05 Meaford Coyotes	8:20.00
21	712	Rochon, Daniella	03 Timmins Porc	8:21.00
22	704	Salierno, Bianca	04 Tailwind Track Club	J8:21.00
23	246	Lawrence-Bauer, Ha	03 Durham Dragons	8:22.00
24	368	Bonk, Skyler	05 London Legion	8:23.00
25	236	Black, Maya	03 Durham Dragons	8:24.00
26	151	Coutts, Chloe	03 Central Toronto	J8:24.00
27	441	Karn, Olivia	03 Meaford Coyotes	8:26.00
28	182	Pribaz, Caleigh	04 Central Toronto	8:27.00
29	792	Ringler, Jocelyn	06 Toronto West	J8:27.00
30	440	Calder, Madison	04 Meaford Coyotes	8:28.00
31	258	Turner, Catherine	04 Durham Dragons	J8:28.00
32	783	Fraser, Hannah	03 Toronto West	8:29.00
33	102	Bisante, Sabrina	03 310 Running	J8:29.00
34	703	Devereux, Molly	03 Tailwind Track Club	8:32.00
35	492	Kroi, Emily	03 Newmarket Husk	8:33.00
36	371	Marcil, Jalen	03 London Legion	8:35.00
37	796	Teron, Clare	05 Toronto West	8:36.00
38	178	Migliore, Isabella	03 Central Toronto	8:37.00
39	124	Pavlovska, Fiona	03 Boardwalk RC	8:39.00
40	564	Goveia, Isabella	04 Niagara Olympic	8:40.00
41	863	Britton, Nicole	03 U Toronto TC	J8:40.00
42	245	Kramer, Catie	04 Durham Dragons	8:41.00
43	439	Boyce, Grace	05 Meaford Coyotes	8:42.00
44	635	Doupe, Evelyn	03 South Simcoe	J8:42.00
45	483	Dirosa, Miranda	04 Newmarket Husk	8:43.00
46	595	Seguin, Anna	03 North Bay Legion	J8:43.00
47	388	Aitken-Guignard, A	03 London Runner	8:45.00
48	711	Rickard, Morgan	05 Timmins Porc	8:46.00



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49	164 Halminen, Sophie	03 Central Toronto	8:47.00
50	880 Iczkovitz, Zoe	04 U Toronto TC	8:48.00
51	189 Snow, Valerie	05 Central Toronto	J8:48.00
52	597 Wall, Jenna	04 North Bay Legion	8:49.00
53	785 Graham, Caitlin	05 Toronto West	J8:49.00
54	784 Fraser, Hayley	05 Toronto West	8:50.00
55	786 Lau, Sophie	05 Toronto West	8:51.00
56	153 Craig, Samantha	04 Central Toronto	J8:51.00
57	476 Andrews, Abigale	03 Newmarket Husk	8:53.00
58	891 McLachlan, Grace	04 U Toronto TC	8:54.00
59	872 Gipson, Molly	04 U Toronto TC	8:55.00
60	104 Jelaca, Katie	05 310 Running	J8:55.00
61	878 Hatcher, Anna	03 U Toronto TC	8:56.00
62	179 Navarrete, Antje	05 Central Toronto	8:57.00
63	389 Aitken-Guignard, C	05 London Runner	J8:57.00
64	101 Barber, Paige	05 310 Running	8:58.00
65	156 Donnelly, Rachel	03 Central Toronto	9:01.00
66	154 De Verteuil, Sophi	04 Central Toronto	9:02.00
67	899 Woodside, Kate	03 U Toronto TC	J9:02.00
68	890 McIntosh, Abigail	03 U Toronto TC	J9:02.00
69	486 Graves, Brittyn	04 Newmarket Husk	J9:02.00
70	195 Vujcic, Anastasia	03 Central Toronto	9:04.00
71	514 Trudeau, Victoria	04 Newmarket Husk	9:08.00
72	782 Daly, Grace	05 Toronto West	9:09.00
73	506 Prieur, Nia	05 Newmarket Husk	9:10.00
74	226 Smith, Abigail	04 Central Toronto	9:12.00
75	390 Hunter, Nicole	03 London Runner	9:17.00
76	882 Kerr, Frankie	04 U Toronto TC	9:18.00
77	886 Ledic, Victoria	04 U Toronto TC	9:21.00
78	641 Maltby, Olivia	03 South Simcoe	9:22.00
79	862 Boutin, Marie	03 U Toronto TC	9:27.00
80	637 Hendriks, Claire	03 South Simcoe	J9:27.00
81	591 Durocher, Gwyneth	03 North Bay Legion	9:32.00
82	594 Michaud, Ayden	03 North Bay Legion	J9:32.00
83	192 Track, Samantha	05 Central Toronto	9:38.00
84	718 Acton, Marley	03 Toronto Oly	9:42.00
85	896 Wang, Jennifer	03 U Toronto TC	9:46.00
86	734 Pedisic, Gabriella	04 Toronto Oly	9:47.00
87	898 Webster, Siobhan	03 U Toronto TC	10:00.00

Event 2 Boys 2000 Meter Run Bantam

Name	Year Team	Finals	Points
1	931 Mistry, Ethan	03 U Toronto TC	7:01.00 10
2	809 Mironov, Roman	03 Toronto West	7:03.00 8
3	278 Jennings, Cole	03 Durham Dragons	7:07.00 6
4	923 Ilerbaig, Pau	03 U Toronto TC	7:09.00 5
5	842 Davies, Max	03 Unattached Ontario	7:11.00 4
6	201 De Castro, Myles	03 Central Toronto	7:20.00 3
7	374 Aarts, Ethan	03 London Legion	7:21.00 2



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8	107 Jelaca, Justin	03 310 Running	7:25.00	1
9	446 Pentland, Ethan	03 Meaford Coyotes	7:26.00	
10	971 Kukhta, Teagan	03 Windsor Legion	7:28.00	
11	705 Abrahams, Dawson	03 Tailwind Track Club	J7:28.00	
12	908 Chapple, Devin	03 U Toronto TC	7:29.00	
13	212 Hopkins, Noah	03 Central Toronto	7:30.00	
14	106 Cromack, Sean	03 310 Running	J7:30.00	
15	918 Garibay, Sebastian	04 U Toronto TC	7:32.00	
16	684 Tremain, Tennessee	03 Speed River	7:33.00	
17	709 Woehl, Adam	03 Tailwind Track Club	7:34.00	
18	903 Barida, Christian	04 U Toronto TC	7:35.00	
19	942 Warren, Alex	03 U Toronto TC	7:39.00	
20	602 Scott, Ethen	03 North Bay Legion	7:42.00	
21	380 Peters, Owen	03 London Legion	7:44.00	
22	928 McRae, Johnny	03 U Toronto TC	J7:44.00	
23	708 Lockyer, Owen	03 Tailwind Track Club	7:45.00	
24	556 Shams, Ansar	04 Newmarket Husk	7:46.00	
25	574 Campbell, Eric	03 Niagara Olympic	7:47.00	
26	807 Megas, Alexander	03 Toronto West	7:48.00	
27	205 Ellis, Micaiah	04 Central Toronto	J7:48.00	
28	667 Bennett, Sam	03 Speed River	J7:48.00	
29	320 Cowling, Will	04 Greater Uxbridge	7:49.00	
30	762 Marinkovich, Alex	04 Toronto Oly	7:50.00	
31	200 Aspden, Ryan	04 Central Toronto	7:52.00	
32	128 Temple, Dominic	03 Boardwalk RC	7:53.00	
33	126 Mills, Charlie	05 Boardwalk RC	J7:53.00	
34	800 Daly, Harry	03 Toronto West	J7:53.00	
35	806 Macleod, Jack	03 Toronto West	7:55.00	
36	396 McAllister, Heath	04 London Runner	7:56.00	
37	557 Smith, Lucas	04 Newmarket Husk	7:57.00	
38	584 Siemens, Isaak	03 Niagara Olympic	J7:57.00	
39	778 Zupansic, Nicola	03 Toronto Oly	7:58.00	
40	746 Brown, Callum	03 Toronto Oly	J7:58.00	
41	206 Evans, Dylan	03 Central Toronto	8:00.00	
42	234 MacCulloch, Jamie	03 Disassociated	8:02.00	
43	268 Bridger, Aiden	03 Durham Dragons	J8:02.00	
44	208 Gibson, Liam	05 Central Toronto	J8:02.00	
45	706 Hambly, Coe	03 Tailwind Track Club	8:07.00	
46	755 Galloway, Cameron	05 Toronto Oly	8:10.00	
47	758 Hanson, Sasha	04 Toronto Oly	8:11.00	
48	604 Stemp, Charles	04 North Bay Legion	J8:11.00	
49	811 Ringler, Kinnon	05 Toronto West	8:12.00	
50	905 Boland, James	04 U Toronto TC	8:13.00	
51	932 Myers, Andrew	04 U Toronto TC	8:16.00	
52	805 Li, Avery	03 Toronto West	8:18.00	
53	218 Pralat, Adam	04 Central Toronto	8:19.00	
54	777 Wright, Kai	05 Toronto Oly	8:20.00	
55	906 Bush, Kenyon	03 U Toronto TC	J8:20.00	
56	707 Lockyer, Caleb	03 Tailwind Track Club	8:24.00	
57	523 Craney, Ethan	04 Newmarket Husk	8:33.00	
58	213 Kalita, Jack	05 Central Toronto	8:40.00	



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59	606	Travers, Michael	04 North Bay Legion	J8:40.00
60	542	Kirchmair, Aiden	03 Newmarket Husk	8:42.00
61	222	Rands, Mazen	05 Central Toronto	8:44.00
62	585	Thompson, Aidan	05 Niagara Olympic	8:45.00
63	554	Raso, Connor	05 Newmarket Husk	8:47.00
64	760	Lutterman, Samuel	04 Toronto Oly	8:50.00
65	933	Nagy, Nikolas	03 U Toronto TC	9:42.00

Event 3 Girls 3000 Meter Run Midget

Name	Year	Team	Finals	Points	
1	196	Weir, Alexandra	01 Central Toronto	10:33.00	10
2	502	Ormond, Cameron	01 Newmarket Husk	10:39.00	8
3	147	Cattell, Remy	01 Central Toronto	J10:39.00	6
4	656	Lostracco, Tiana	01 Speed River	10:54.00	5
5	186	Robertson, Ireland	01 Central Toronto	11:00.00	4
6	171	Lam-Colling, Jardi	02 Central Toronto	11:02.00	3
7	155	Denomme, Kate	01 Central Toronto	11:04.00	2
8	163	Graham, Emma	02 Central Toronto	11:06.00	1
9	478	Boston, Eliza Jane	02 Newmarket Husk	11:08.00	
10	369	Bouck, Victoria	01 London Legion	J11:08.00	
11	868	Ford, Samantha	01 U Toronto TC	11:12.00	
12	951	Larue, Nicole	01 Windsor Legion	11:15.00	
13	168	Hopkins, Parker	01 Central Toronto	J11:15.00	
14	889	Maddocks, Beatrix	01 U Toronto TC	11:16.00	
15	165	Hart, Lauren	02 Central Toronto	11:17.00	
16	957	Sabourin, Payton	01 Windsor Legion	11:18.00	
17	789	Perry, Robyn	02 Toronto West	11:19.00	
18	144	Ballantyne, Annie	02 Central Toronto	11:20.00	
19	237	Brar, Jasmina	01 Durham Dragons	11:23.00	
20	947	Coutinho, Megan	01 Windsor Legion	11:24.00	
21	988	Morrison, Tegan	02 Laurel Creek	J11:24.00	
22	621	Newlove, Katie	02 Ottawa Lions T.F.C.	11:25.00	
23	691	Poulter, Dakota	02 SS Athletics	J11:25.00	
24	173	Lexovsky, Zoe	01 Central Toronto	11:28.00	
25	293	Raymond, Isabel	02 Etobicoke Track	J11:28.00	
26	343	Stieh, Amy	01 Lakehead Running	11:35.00	
27	832	Drake, Elizabeth	01 Unattached Ontario	11:42.00	
28	505	Phillips, Cassidy	01 Newmarket Husk	J11:42.00	
29	865	Ceddia, Joana	01 U Toronto TC	11:43.00	
30	447	Guga, Sandra	01 Mississauga	J11:43.00	
31	516	Whitla, Jenica	02 Newmarket Husk	11:45.00	
32	790	Peters, Laura	02 Toronto West	11:46.00	
33	248	MacDonald, Amberle	02 Durham Dragons	11:48.00	
34	114	MacDonald, Sam	01 Blue Devils	J11:48.00	
35	954	Patten, Amber	01 Windsor Legion	11:50.00	
36	158	Dwyer, Jenni	01 Central Toronto	J11:50.00	
37	188	Snow, Rebecca	02 Central Toronto	J11:50.00	
38	952	Maguire, Ashley	02 Windsor Legion	J11:50.00	
39	161	Goddard, Tamara	02 Central Toronto	11:51.00	



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....Event 3 Girls 3000 Meter Run Midget

40	172	Lam-Colling, Sayan	02	Central Toronto	11:53.00
41	117	Terralheiro, Hana	01	Blue Devils	11:56.00
42	736	Roussel, Olivia	01	Toronto Oly	11:57.00
43	247	Lucas, Katherine	01	Durham Dragons	J11:57.00
44	194	Vandekas, Mia	02	Central Toronto	11:58.00
45	249	Mackay, Holly	01	Durham Dragons	11:59.00
45	181	Petersen, Sarah	01	Central Toronto	11:59.00
47	794	Shouldice, Hannah	01	Toronto West	12:00.00
48	157	Doorenspleet, Zoe	02	Central Toronto	J12:00.00
49	835	Scobbie, Jenevieve	01	Unattached Ontario	12:04.00
50	507	Raso, Megan	01	Newmarket Husk	12:05.00
51	791	Rasowski, Patricia	01	Toronto West	J12:05.00
52	653	Godlewski, Agatha	01	Speed River	12:07.00
53	119	Wilson, Grace	02	Blue Devils	12:09.00
54	143	Anderson, Sarah	01	Central Toronto	12:10.00
55	496	McBride, Dana	01	Newmarket Husk	12:12.00
56	874	Gordon, Sophie	01	U Toronto TC	12:15.00
57	894	Tullio, Christine	01	U Toronto TC	12:16.00
58	443	Lee, Matalyn	02	Meaford Coyotes	J12:16.00
59	260	Turner, Rachel	02	Durham Dragons	12:17.00
60	489	Hornick, Amanda	02	Newmarket Husk	12:19.00
61	135	Barnes, Charlotte	01	Burlington Track	12:21.00
62	187	Rudin, Hannah	02	Central Toronto	12:25.00
63	490	Hurlington, Quayse	02	Newmarket Husk	J12:25.00
64	982	Bullock, Madelyn	01	Woodstock Legion	12:26.00
65	289	Dalton, Elizabeth	02	Etobicoke Track	12:27.00
66	726	Harriman, Sophia	01	Toronto Oly	J12:27.00
67	103	Cadieux, Olivia	01	310 Running	12:28.00
68	198	White, Sarah	02	Central Toronto	J12:28.00
69	650	Embree, Taylor	01	Speed River	12:29.00
70	442	Knight, Hannah	02	Meaford Coyotes	12:30.00
71	660	Pattynama, Ashleig	01	Speed River	J12:30.00
72	885	Kulchyski, Devon	02	U Toronto TC	12:32.00
73	351	Sweeney, Paige	01	Laurel Creek	J12:32.00
74	100	Barber, Charlotte	02	310 Running	J12:32.00
75	112	Braybrook, Abi	01	Blue Devils	12:33.00
76	867	Escallon, Sara	02	U Toronto TC	12:35.00
77	118	Torrance, Megan	01	Blue Devils	12:36.00
78	146	Brown, Kylie	01	Central Toronto	12:43.00
79	657	Morris, Noelle	01	Speed River	12:44.00
80	956	Pugh, Chloe	01	Windsor Legion	12:47.00
81	568	Huff, Taylor	01	Niagara Olympic	J12:47.00
82	688	Jiang, Cynthia	02	SS Athletics	12:49.00
83	565	Hale, Lexi	01	Niagara Olympic	12:50.00
84	661	Stempski Kelly, Cl	01	Speed River	12:52.00
85	570	Noonan, Madalyn	01	Niagara Olympic	13:00.00
86	257	Sykes, Vanessa	02	Durham Dragons	13:02.00
87	788	McPhail, Gretchen	01	Toronto West	J13:02.00
88	148	Chow, Samantha	02	Central Toronto	13:07.00
89	497	McLean, Emily	02	Newmarket Husk	13:08.00
90	370	Hansen, Alison	01	London Legion	13:11.00



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91	949 Hannagan, Alaina	02 Windsor Legion	13:15.00
92	955 Pavelich, Lauren	01 Windsor Legion	13:17.00
93	721 Favot, Francesca	02 Toronto Oly	13:20.00
94	866 Deacon, Ella	02 U Toronto TC	13:23.00
95	448 Wang, Austine	01 Mississauga	13:27.00
96	692 Sheldon, Heather	01 SS Athletics	13:29.00
97	876 Hanna, Rosy	01 U Toronto TC	13:30.00
98	642 Needs, Macy	02 South Simcoe	J13:30.00
99	510 Rock, Emily	01 Newmarket Husk	J13:30.00
100	869 Fox, Madeline	02 U Toronto TC	13:33.00
101	861 Boutin, Julia	02 U Toronto TC	13:38.00
102	138 Mitchell, Amy	01 Burlington Track	13:39.00
103	620 Ferguson, Lia	02 Ottawa Lions T.F.C.	13:50.00
104	738 Stefanovich-Thomso	02 Toronto Oly	14:07.00
105	562 Delima, Jaden	02 Niagara Olympic	14:10.00
106	593 Green, Erilyn	02 North Bay Legion	14:18.00

Event 4 Boys 4000 Meter Run Midget

Name	Year	Team	Finals	Points	
1	550	Mota, Nicholas	01 Newmarket Husk	13:54.00	10
2	962	Canty, Chase	01 Windsor Legion	14:10.00	8
3	555	Sandras, Alex	01 Newmarket Husk	14:16.00	6
4	965	Costa, Noah	01 Windsor Legion	J14:16.00	5
5	539	Jean, Aidan	01 Newmarket Husk	14:18.00	4
6	411	Burke, Evan	01 London Western	14:20.00	3
7	916	Fox, Benjamin	01 U Toronto TC	14:27.00	2
8	224	Rivard, Liam	01 Central Toronto	14:29.00	1
9	917	Gage, Henry	01 U Toronto TC	14:30.00	
10	379	Koyanagi, Kyle	01 London Legion	14:31.00	
11	972	Kwasnicki, Seth	02 Windsor Legion	14:32.00	
12	766	Nowbotsing, Rohan	01 Toronto Oly	14:35.00	
13	840	Cator, Korbett	01 Unattached Ontario	14:39.00	
14	215	Lampard, Mathew	02 Central Toronto	14:41.00	
15	520	Boston, Joshua Tho	02 Newmarket Husk	14:44.00	
16	458	Kodric, Sean	01 Mississauga T.F.C.	14:47.00	
17	911	Duff, Joel	01 U Toronto TC	14:49.00	
18	221	Pribaz, Connor	02 Central Toronto	14:50.00	
19	534	Goguen, Dakota	02 Newmarket Husk	J14:50.00	
20	456	Domodossola, David	01 Mississauga T.F.C.	14:51.00	
21	624	Goslett, Aidan	01 Pheonix Athletic	14:58.00	
22	607	Wallingford, Keon	01 North Bay Legion	J14:58.00	
23	223	Richardson, Mark	01 Central Toronto	15:00.00	
24	814	Rosen, Daniel	01 Toronto West	15:04.00	
25	378	Hill, Eric	01 London Legion	15:05.00	
26	975	Matos, Matthew	02 Windsor Legion	15:06.00	
27	263	Adams, Brandon	01 Durham Dragons	J15:06.00	
28	139	Adams, Declan	01 Burlington Track	15:10.00	
29	207	Garcia Mendez, Dar	02 Central Toronto	15:11.00	
30	274	Dean, Patrick	02 Durham Dragons	15:13.00	



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31	799 Barber, Stephen	01 Toronto West	15:14.00
32	541 Jones, William	01 Newmarket Husk	J15:14.00
33	776 Watt, Jesse	01 Toronto Oly	J15:14.00
34	829 Henderson, David	01 U Windsor AC	15:16.00
35	122 Rowe, Tristin	01 Blue Devils	15:19.00
36	774 Walker, Ferguson	02 Toronto Oly	15:28.00
37	264 Balk, Josh	02 Durham Dragons	15:32.00
38	922 Hickey, Emmett	02 U Toronto TC	15:33.00
39	202 Denys, Cameron	02 Central Toronto	15:35.00
40	935 O'Rourke, Liam	01 U Toronto TC	15:39.00
41	394 Easton, Liam	02 London Runner	15:42.00
42	285 Wierzbicki, Jack	02 Durham Dragons	15:44.00
43	978 Orozpe-Lopez, Artu	01 Windsor Legion	15:47.00
44	633 Bootsma, Liam	01 Quinte Legion	15:49.00
45	601 Russo, Connor	01 North Bay Legion	J15:49.00
46	276 Eastmond, Nathan	02 Durham Dragons	15:50.00
47	453 Bartlett-Kisby, Ev	01 Mississauga T.F.C.	15:55.00
48	356 Huras, Adam	02 Laurel Creek	15:58.00
49	282 Trowbridge, Braydo	02 Durham Dragons	15:59.00
50	750 Djondric-Powell, J	02 Toronto Oly	16:02.00
51	980 Rowles, Tyler	02 Windsor Legion	16:03.00
52	577 Fernandez, Ivan	01 Niagara Olympic	16:10.00
53	445 Book, Spencer	02 Meaford Coyotes	16:13.00
54	960 Brown, Michael	01 Windsor Legion	J16:13.00
55	751 Dzieciol, Aaron	02 Toronto Oly	16:19.00
56	907 Carter Duran, Toma	02 U Toronto TC	J16:19.00
57	627 Wilson, Rocharn	01 Pheonix Athletic	16:23.00
58	817 Vokins, Joe	02 Toronto West	16:24.00
59	666 Bennett, Ethan	01 Speed River	J16:24.00
60	132 Mastervick, Gavin	01 Brantford T.F.C.	16:28.00
61	970 Hreno, Zachary	02 Windsor Legion	16:34.00
62	457 Fowler, Davis	01 Mississauga T.F.C.	16:40.00
63	753 Emo, Jack	02 Toronto Oly	16:41.00
64	802 Henao, Daniel	01 Toronto West	16:42.00
65	599 Henschel, Daelin	01 North Bay Legion	16:45.00
66	300 Mariyanayagam, Jae	01 Etobicoke Track	16:46.00
67	583 Lupton, Chase	01 Niagara Olympic	16:49.00
68	925 Liu, Charles	02 U Toronto TC	16:53.00
69	646 Doiron, Riley	01 South Simcoe	17:00.00
70	284 Wells, Jacob	02 Durham Dragons	17:01.00
71	581 Lavoie, Noah	02 Niagara Olympic	17:05.00
72	744 Austin-Day, Aidan	02 Toronto Oly	17:10.00
73	647 Hillson, Thomas	01 South Simcoe	17:21.00
74	699 Simmons, Christian	02 SS Athletics	17:28.00
75	701 Sundal, Ajaypal	02 SS Athletics	17:33.00
76	816 Smart-Reed, Daniel	02 Toronto West	17:43.00
77	463 Zernov, Oren	02 Mississauga T.F.C.	17:45.00
78	915 Fenaux, Raphael	02 U Toronto TC	17:56.00
79	649 Payne, Robert	01 South Simcoe	18:06.00
80	697 Langlois, Tayne	02 SS Athletics	18:10.00
81	910 Cornblum, Maxwell	02 U Toronto TC	18:11.00



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82	904 Barida, Michael	02 U Toronto TC	18:17.00
83	129 Walker, Aaron	02 Boardwalk RC	18:36.00
84	698 Serroul, Nicolas	02 SS Athletics	18:40.00
85	395 Logan, Alex	02 London Runner	18:48.00
86	828 Drouillard, Owen	02 U Windsor AC	20:21.00
87	266 Blazanin, Andrew	02 Durham Dragons	21:13.00
--	578 Free, Derian	01 Niagara Olympic	DQ

Event 5 Girls 4000 Meter Run Youth

Name	Year	Team	Finals	Points	
1	887	MacDonald, Martha	99 U Toronto TC	15:14.00	10
2	651	Ghazarian, Sevanne	99 Speed River	15:25.00	8
3	162	Gold, Aleksa	00 Central Toronto	15:40.00	6
4	895	Walker, Haley	00 U Toronto TC	15:46.00	5
5	858	Raftis, Kylee	99 Central Toronto	15:48.00	4
6	449	Kellar, Jessica	00 Mississauga T.F.C.	15:52.00	3
7	315	Tuck, Lilly	01 Greater Uxbridge	15:55.00	2
8	255	Saliba, Solstice	00 Durham Dragons	15:58.00	1
9	191	Thompson, Miranda	99 Central Toronto	16:00.00	
10	197	White, Aly	00 Central Toronto	16:01.00	
11	950	Hannagan, Maya	00 Windsor Legion	16:03.00	
12	944	Burnham, Madison	99 Windsor Legion	16:06.00	
13	897	Watson, Jade	99 U Toronto TC	16:08.00	
14	948	Forbes, Caroline	00 Windsor Legion	16:09.00	
15	959	Walker, Chloe	00 Windsor Legion	16:10.00	
16	373	Parkinson, Laura	99 London Legion	16:13.00	
17	404	Tait, Martina	99 London Western	16:14.00	
18	658	Parsons, Stephanie	99 Speed River	16:16.00	
19	150	Cohen, Emily	99 Central Toronto	16:17.00	
20	401	Burke, Zoe	00 London Western	16:22.00	
21	238	Briggs, Renelle	00 Durham Dragons	16:26.00	
22	130	Verschoor, Natalie	99 Brantford T.F.C.	16:27.00	
23	795	Smart-Reed, Madeli	00 Toronto West	16:30.00	
24	241	Fleming, Gillian	99 Durham Dragons	16:32.00	
25	787	Lucki, Mikaela	99 Toronto West	16:35.00	
26	479	Boston, Emily-Rose	00 Newmarket Husk	16:36.00	
27	250	Mackay, Kansas	00 Durham Dragons	16:38.00	
28	307	Goodjohn, Hannah	01 Greater Uxbridge	16:40.00	
29	875	Grier, Sydney	99 U Toronto TC	16:41.00	
30	730	Kobe, Paige	99 Toronto Oly	16:42.00	
31	261	Turner, Sarah	00 Durham Dragons	16:44.00	
32	946	Copat, Lynnsey	00 Windsor Legion	16:48.00	
33	723	Gendron, Pascale	00 Toronto Oly	16:49.00	
34	242	Frazer, Hannah	00 Durham Dragons	16:55.00	
35	512	Schouten, Alison	00 Newmarket Husk	17:01.00	
36	451	O'Hara, Evelyn	99 Mississauga T.F.C.	17:03.00	
37	511	Sartor, Nicole	99 Newmarket Husk	17:06.00	
38	893	Rodrigues, Ava	99 U Toronto TC	17:08.00	
39	253	Rodrigues, Shania	99 Durham Dragons	17:13.00	



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....Event 5 Girls 4000 Meter Run Youth

40	493 Kromberg, Sarah	99 Newmarket Husk	17:14.00
41	115 Nolan, Sarah	00 Blue Devils	17:16.00
42	313 Russell, Hannah	00 Greater Uxbridge	17:18.00
43	310 Lewis, Amanda	01 Greater Uxbridge	17:20.00
44	643 Williams, Camryn	00 South Simcoe	17:21.00
45	291 Fernandes, Johanna	00 Etobicoke Track	17:23.00
46	900 Yi, Jessica	99 U Toronto TC	17:26.00
47	837 Westbrooke, Olivia	00 Unattached Ontario	17:28.00
48	113 Dar, Edna	00 Blue Devils	17:30.00
49	662 Teasell, Elizabeth	99 Speed River	17:34.00
50	563 Goertz, Avery	99 Niagara Olympic	17:37.00
51	142 Amos, Fiona	99 Central Toronto	17:43.00
52	779 Alexeeff, Anastasi	99 Toronto West	17:44.00
53	193 Turner, Anna	00 Central Toronto	17:47.00
54	654 Harnack, Hope	00 Speed River	17:48.00
55	464 Lynch, Kaitlyn	00 Monte Cristo	J17:48.00
56	252 Orr, Kendra	00 Durham Dragons	J17:48.00
57	741 Waller, Georgia	00 Toronto Oly	17:49.00
58	235 Beam, Taylor	00 Durham Dragons	17:50.00
59	820 Wong, Annika	00 Track East	17:52.00
60	629 Lappierre, Brooke	00 Physi-Kult Kingston	17:56.00
61	780 Barber, Emily	99 Toronto West	18:01.00
62	733 Mesburis, Rebecca	00 Toronto Oly	18:02.00
63	240 Crawley, Lauren	99 Durham Dragons	18:04.00
64	262 Vialva, Mya	99 Durham Dragons	18:05.00
65	314 Serrao, Hannah	00 Greater Uxbridge	18:06.00
66	239 Bull, Amanda	99 Durham Dragons	J18:06.00
67	306 Evans, Avery	01 Greater Uxbridge	18:10.00
68	233 MacCulloch, Zoe	00 Disassociated	J18:10.00
69	819 Sheridan, Katherin	00 Track East	18:12.00
70	640 Koski, Megan	00 South Simcoe	18:29.00
71	290 De Monte, Paloma	00 Etobicoke Track	18:33.00
72	391 Osman, Nadine	00 London Runner	18:34.00
73	169 Kassenaar, Hannah	00 Central Toronto	18:36.00
74	325 Mazza, Marlena	99 Hamilton Olympic	18:40.00
75	652 Glaab, Grace	00 Speed River	18:43.00
76	569 McGowan, Kayla	99 Niagara Olympic	18:44.00
77	953 Oulds, Ally	99 Windsor Legion	18:49.00
78	406 Tamming, Nicole	99 London Western	18:57.00
79	571 Norton, Megan	99 Niagara Olympic	18:59.00
80	450 Lashley, Sarah	99 Mississauga T.F.C.	19:10.00
81	407 Tremblay, Emilie	99 London Western	19:16.00
82	295 Silvera, Jasmine	00 Etobicoke Track	19:18.00
83	818 Lipin, Charlotte	00 Track East	19:20.00
84	149 Clegg, Sarah	00 Central Toronto	J19:20.00
85	725 Greene, Sophia	00 Toronto Oly	19:21.00
86	879 Ho-Sang, Solah	99 U Toronto TC	J19:21.00
87	566 Hendriks, Tori	00 Niagara Olympic	J19:21.00
88	690 Nuechterlein, Anna	99 SS Athletics	19:23.00
89	731 Martin, Veronica	99 Toronto Oly	19:25.00
90	945 Chamandy, Meggie	99 Windsor Legion	19:43.00



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....Event 5 Girls 4000 Meter Run Youth

91	687	Gravelle, Allison	00 SS Athletics	19:51.00
92	689	Ling, Talitha	00 SS Athletics	19:53.00
93	664	Wright, Emma	99 Speed River	19:54.00
94	251	Martin, Julia	00 Durham Dragons	19:58.00
95	567	Hesch, Hannah	00 Niagara Olympic	20:15.00
96	694	Tsang, Isabel	00 SS Athletics	20:22.00
97	596	Taylor, Molly	00 North Bay Legion	22:46.00
98	136	Kesicki, Samantha	00 Burlington Track	23:19.00

Event 6 Boys 6000 Meter Run Youth

Name	Year	Team	Finals	Points
1	528	Desouza, Joshua	00 Newmarket Husk	19:00.00 10
2	644	Courtenay, Matthew	99 South Simcoe	19:01.00 8
3	318	Baird, Graham	99 Greater Uxbridge	19:03.00 6
4	283	Turek, Max	99 Durham Dragons	19:06.00 5
5	901	Alexander, Andrew	99 U Toronto TC	19:25.00 4
6	273	Dean, Cameron	00 Durham Dragons	19:29.00 3
7	680	Morris, Eric	00 Speed River	19:32.00 2
8	381	Scheele, Marcel	99 London Legion	19:35.00 1
9	231	Tralli, Nicolas	99 Central Toronto	J19:35.00
10	682	Poloni, David	99 Speed River	19:46.00
11	582	Lee, Campbell	00 Niagara Olympic	19:50.00
12	851	Kemp, Marcus	00 Unattached Ontario	19:52.00
13	673	Frangos, Zachary M	99 Speed River	19:56.00
14	801	Duffy, John	99 Toronto West	19:58.00
15	527	Desouza, Jonathan	00 Newmarket Husk	20:00.00
16	214	Kochals, Cade	00 Central Toronto	20:02.00
17	210	Hoerner, Alex	99 Central Toronto	20:03.00
18	281	Ryan, Alanzo	99 Durham Dragons	20:07.00
19	269	Bridger, Matthew	00 Durham Dragons	20:09.00
20	141	Were, Ryan	99 Burlington Track	20:10.00
21	576	Deba, Brock	00 Niagara Olympic	20:12.00
22	665	Bannon, Nicholas	00 Speed River	20:13.00
23	329	Purnell, Alec	00 Hamilton Olympic	20:15.00
24	963	Chertov, Arseniy	00 Windsor Legion	20:20.00
25	648	Loucks, Ethan	99 South Simcoe	20:21.00
26	670	Cromack, James	99 Speed River	20:22.00
27	530	Fraccaro, Ryan	99 Newmarket Husk	20:25.00
28	775	Warburton, Grant	99 Toronto Oly	20:26.00
29	966	Czubernat, Tadzik	99 Windsor Legion	20:28.00
30	413	Farquharson, Kyle	99 London Western	20:31.00
31	679	Mawhinney, Luke	00 Speed River	20:38.00
32	588	Martineau, Logan	99 Niagara Regional	20:40.00
33	121	Bernard, Jackson	00 Blue Devils	20:41.00
34	317	Anderson, Griffin	01 Greater Uxbridge	20:43.00
35	808	Minbashian, Peter	00 Toronto West	20:45.00
36	232	Wood, Harrison	99 Central Toronto	20:46.00
37	938	Runions, Jacob	99 U Toronto TC	J20:46.00
38	674	Hannam, Cole	99 Speed River	20:48.00



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39	377	Gareau, Eric	99	London Legion	J20:48.00
40	573	Bachelor, Owen	99	Unattached Ontario	20:52.00
41	902	Aubry, Marcel	00	U Toronto TC	20:53.00
42	977	McFarlane, Greg	00	Windsor Legion	20:55.00
43	671	Danayan, Gregory	99	Speed River	20:58.00
44	376	Esler, Brady	99	London Legion	J20:58.00
45	265	Black, Connor	00	Durham Dragons	21:00.00
46	930	Miron, Mitchell	99	U Toronto TC	21:01.00
47	524	Crocket, Liam	99	Newmarket Husk	21:02.00
48	936	Perrier, John	00	U Toronto TC	21:03.00
49	804	Kpiebewieng, Justi	99	Toronto West	21:06.00
50	669	Cousineau, Jason	01	Speed River	J21:06.00
51	803	Kpiebewieng, Austi	99	Toronto West	21:07.00
52	964	Cleland, Kiniw	99	Windsor Legion	21:11.00
53	461	Patrick, Luke	99	Mississauga T.F.C.	21:13.00
54	358	Mowbray, Mitchell	00	Laurel Creek	21:15.00
55	361	Shepherd, Bradley	99	Laurel Creek	J21:15.00
56	855	Richards, Tristan	01	Unattached Ontario	21:16.00
57	672	Dick, Joseph	99	Speed River	21:17.00
58	677	MacGregor, Callum	99	Speed River	21:19.00
59	685	Young, Tyler	00	Speed River	J21:19.00
60	586	Gaitan, Santiago	01	Niagara Regional	21:20.00
61	1000	Carbone, Nicholas	99	Toronto West	J21:20.00
62	270	Brisimitzis, Chris	00	Durham Dragons	21:21.00
63	459	Morrow, Makafui	99	Mississauga T.F.C.	21:22.00
64	623	Cheung, Matthew	00	Pheonix Athletic	21:23.00
65	319	Cauchon, Jonathan	99	Greater Uxbridge	21:24.00
66	976	McBride, Will	99	Windsor Legion	21:25.00
67	337	Wyatt, Sam	00	Huron-Perth Wind	21:29.00
68	854	Mutuchky, Ryan	00	Unattached Ontario	21:30.00
69	645	Cumming, Sam	00	South Simcoe	J21:30.00
70	967	Fiedler, Jan	00	Windsor Legion	J21:30.00
71	634	Hoftyzer, Chris	99	Quinte Legion	21:32.00
72	587	Lapp, Isaac	00	Niagara Regional	21:33.00
73	822	Thebaud, Arthur	00	Track East	21:35.00
74	589	O'Rourke, Daniel	99	Niagara Regional	21:38.00
75	375	Adams, Jack	00	London Legion	J21:38.00
76	360	Sellers, Brandon	99	Laurel Creek	21:40.00
77	979	Rocheleau, Aidan	99	Windsor Legion	J21:40.00
78	415	Horner, Drew	99	London Western	21:42.00
79	297	Costa, Philip	00	Etobicoke Track	21:54.00
80	277	Frotten, Sam	00	Durham Dragons	21:55.00
81	322	Penner, Matthew	01	Greater Uxbridge	21:57.00
82	668	Cherwaiko, Cam	00	Speed River	22:00.00
83	983	El-Galmady, Samer	00	Toronto West	22:01.00
84	968	Forbes, Nicholas	00	Windsor Legion	22:03.00
85	981	Tofflemire, Tyler	00	Windsor Legion	22:04.00
86	961	Burdett, Holden	00	Windsor Legion	J22:04.00
87	460	Murphy, Garrett	99	Mississauga T.F.C.	22:05.00
88	327	Leighninger, Natha	01	Hamilton Olympic	22:08.00
89	336	Berard, Mackenzie	99	Huron-Perth Wind	22:10.00



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....Event 6 Boys 6000 Meter Run Youth

90	345	Warwick, Colin	00	Lakehead Running	22:14.00
91	681	Ogilvie, Liam	00	Speed River	J22:14.00
92	397	Robinson, Stephen	00	London Runner	22:15.00
93	326	Keen, Doug	00	Hamilton Olympic	22:31.00
94	823	Mrozewski, Lucas	01	Track North	22:33.00
95	133	Mota, Sean	00	Brantford T.F.C.	J22:33.00
96	216	Mark, Joe	99	Central Toronto	J22:33.00
97	398	Staffell, Zach	99	London Runner	22:35.00
98	742	Ali, Hassan	99	Toronto Oly	22:39.00
99	810	Perry, Thomas	00	Toronto West	22:40.00
100	626	Mendoza, Mick	00	Pheonix Athletic	22:43.00
101	603	Smith, Bradley	00	North Bay Legion	22:44.00
102	827	Drouillard, Nathan	99	U Windsor AC	22:46.00
103	344	Halverson, Kurtis	00	Lakehead Running	22:47.00
104	934	O'Reilly, Andrew	00	U Toronto TC	22:53.00
105	826	Cull, Nicholas	99	U Windsor AC	23:35.00
106	321	Middleton, Tyler	01	Greater Uxbridge	23:37.00
107	454	Bozzo, Nicholas	00	Mississauga T.F.C.	23:50.00
108	700	Smith, Jake	99	SS Athletics	23:59.00
109	140	Currier, Benjamin	00	Burlington Track	24:12.00
110	825	Socransky, Jacob	01	Track North	24:26.00
111	580	Lavoie, Caleb	00	Niagara Olympic	24:35.00
112	120	Badley, Graeme	00	Blue Devils	24:56.00
113	296	Celejewski, Michae	00	Etobicoke Track	25:57.00

Event 7 Women 5000 Meter Run Junior

Name	Year	Team	Finals	Points		
1	342	Johnston, Hanna	99	Lakehead Running	18:32.00	10
2	349	Laurie, Christine	99	Laurel Creek	18:52.00	8
3	303	Clayworth, Jenna	99	Greater Uxbridge	19:16.00	6
4	347	Davies, Juliette	99	Laurel Creek	19:42.00	5
5	348	Huras, Emily	00	Laurel Creek	19:53.00	4
6	170	Kerr, Emma	00	Central Toronto	20:24.00	3
7	636	Glass, Justine	98	South Simcoe	20:27.00	2
8	331	Kennedy, Madeleine	97	Harbour Track	20:40.00	1
9	350	Morgan, Mackenzie	00	Laurel Creek	20:45.00	
10	498	Mitten, Madison	00	Newmarket Husk	20:49.00	
11	175	Mansour, Kasha	99	Central Toronto	20:53.00	
12	166	Healy, Ava	99	Central Toronto	20:57.00	
13	508	Reid, Catherine	99	Newmarket Husk	21:00.00	
14	821	Wong, Natasha	97	Track East	21:04.00	
15	316	Valleau, Carolyn	99	Greater Uxbridge	21:06.00	
16	199	Wong, Erin	99	Central Toronto	21:09.00	
17	309	Ireland, Laura	99	Greater Uxbridge	21:23.00	
18	312	Porter, Shannon	00	Greater Uxbridge	21:46.00	
19	159	Elliott, Julia	00	Central Toronto	21:50.00	
20	402	Milos, Bailey	98	London Western	22:01.00	
21	324	Hewitt, Mikayla	98	Hamilton Olympic	22:03.00	
22	174	Manserra, Julianna	99	Central Toronto	22:24.00	



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23	346	Bourque, Kennedy	99	Laurel Creek	22:28.00
24	323	Buckridge, Jasmine	98	Hamilton Olympic	22:46.00
25	659	Pattison, Sydney	98	Speed River	23:16.00
26	488	Hajdari, Endi	99	Newmarket Husk	23:33.00
27	693	Smith, Ana	97	SS Athletics	23:49.00
28	499	Montesano, Erica	00	Newmarket Husk	24:10.00

Event 8 Men 8000 Meter Run Junior

Name	Year	Team	Finals	Points
1	625	Kedir, Ibrahim	00 Pheonix Athletic	26:42.00 10
2	280	Martin, Josh	98 Durham Dragons	27:02.00 8
3	912	Egzaw, Simon	97 U Toronto TC	27:18.00 6
4	969	Heikkinen, Brendan	98 Windsor Legion	27:28.00 5
5	452	Alick, Dylan	98 Mississauga T.F.C.	27:47.00 4
6	839	Bruun, Steven	98 Unattached Ontario	27:48.00 3
7	417	Sheeler, Brad	98 London Western	28:06.00 2
8	271	Brown, Andrew	98 Durham Dragons	28:12.00 1
9	134	Tinevez, Noah	97 Brantford T.F.C.	28:15.00
10	678	Main, Caleb	98 Speed River	28:26.00
11	686	Zilles, Josh	97 Speed River	28:36.00
12	747	Cauchi, Mitchell	97 Toronto Oly	28:45.00
13	414	Heyink, Mitchell	98 London Western	28:51.00
14	924	Jude, Jerome	98 U Toronto TC	28:58.00
15	536	Graenert, Maurice	01 Newmarket Husk	28:59.00
16	830	Outridge, Nathan	97 U Windsor AC	29:03.00
17	335	Tyrrell, Ryan	98 South Simcoe	29:20.00
18	559	Vincent, Ryan	01 Newmarket Husk	29:41.00
19	409	Attema, Aidan	97 London Western	29:44.00
20	299	Lopez-Bondi, Grego	98 Etobicoke Track	29:59.00
21	767	Nur, Abdi	98 Toronto Oly	30:16.00
22	535	Graenert, Justin	99 Newmarket Husk	30:29.00
23	217	McKendrick, Duncan	99 Central Toronto	30:40.00
24	228	Sutton, Anthony	99 Central Toronto	30:47.00
25	547	McIntosh, Ryan	01 Newmarket Husk	30:52.00
26	761	Malas, Kevin	98 Toronto Oly	31:08.00
27	203	Elliott, Lucas	98 Central Toronto	31:10.00
28	857	White, Justyn	97 Unattached Ontario	31:23.00
29	551	Naim, Ahad	99 Newmarket Husk	31:42.00
30	227	Smith, Gabriel	00 Central Toronto	32:21.00
31	416	McIlmurray, Hunter	98 London Western	32:51.00
32	598	Henschel, Carter	98 North Bay Legion	32:56.00

Event 9 Women 6000 Meter Run Senior

Name	Year	Team	Finals	Points
1	873	Gollish, Sasha	81 U Toronto TC	20:26.00 10
2	877	Hannah, Rachel	86 U Toronto TC	20:33.00 8
3	628	Coates, Victoria	91 Physi-Kult Kingston	20:45.00 6



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4	630	MacDougall, Brogan	00	Physi-Kult Kingston	20:51.00	5
5	871	Geneau, Mary Clair	92	U Toronto TC	21:07.00	4
6	482	Desjardins, Laura	88	Newmarket Husk	21:12.00	3
7	728	Jara, Dehininet	84	Toronto Oly	21:16.00	2
8	663	Wismer, Sarah	96	Speed River	21:25.00	1
9	405	Tallman, Emma	91	London Western	21:53.00	
10	403	Pieteron, Rebecca	90	London Western	22:07.00	
11	717	Abera, Yeabsira	96	Toronto Oly	22:34.00	
12	722	Gebremedhin, Senta	87	Toronto Oly	23:16.00	
13	330	Foran, Gabrielle	90	Harbour Track	23:26.00	
14	727	Howard, Liza	88	Toronto Oly	23:40.00	
15	481	Byer, Carrie	78	Newmarket Husk	23:50.00	
16	332	Locco, Lauren	96	Harbour Track	24:15.00	
17	513	Shaw, Jessica	89	Newmarket Husk	25:16.00	
18	484	Fiorini, Nicole	95	Newmarket Husk	25:40.00	
19	716	Abdullahi, Hana	97	Toronto Oly	26:45.00	
20	304	Cotter, Vanessa	98	Greater Uxbridge	27:00.00	
21	475	Affleck, Mary	94	Newmarket Husk	28:02.00	
22	655	Jaworski, Jillian	93	Speed River	28:15.00	

Event 10 Men 10000 Meter Run Senior

Name	Year	Team	Finals	Points		
1	540	Jibril, Sami	89	Newmarket Husk	30:45.00	10
2	771	Tola, Hajin	83	Toronto Oly	31:08.00	8
3	749	Degefa, Berhanu	86	Toronto Oly	31:33.00	6
4	756	Gonfa, Bonsa	90	Toronto Oly	31:44.00	5
5	410	Blackney, Kevin	91	London Western	31:54.00	4
6	743	Asefa, Kindi	91	Toronto Oly	32:03.00	3
7	773	Wagaye, Abreham	87	Toronto Oly	32:09.00	2
8	334	Ráez Villanueva, S	97	Harbour Track	32:48.00	1
9	683	Stiles, Liam	95	Speed River	33:02.00	
10	408	Andrin, Hunter	93	London Western	33:17.00	
11	333	Beardsall, Andrew	94	Harbour Track	33:21.00	
12	400	Whitmill, Rob	81	London Runner	33:58.00	
13	522	Clavijo, Esteban	91	Newmarket Husk	34:00.00	
14	362	Gill, Michael	77	Lions Valley	34:06.00	
15	993	Smith, Kyle	85	Blue Devils	34:12.00	
16	363	Labelle, Eric	91	Lions Valley	34:17.00	
17	545	Macpherson, Eric	93	Newmarket Husk	34:27.00	
18	546	McColl, Andrew	94	Newmarket Husk	34:31.00	
19	412	De Lange, Elliot	93	London Western	34:49.00	
20	533	Ghadghoni, Ali	93	Newmarket Husk	34:57.00	
21	419	Woloshyn, Jake	91	London Western	35:09.00	
22	279	Jones, Zack	94	Durham Dragons	35:18.00	
23	393	Cochrane, Paul	89	London Runner	35:26.00	
24	365	Patterson, Sean	92	Lions Valley	36:15.00	
25	549	McQuaid, Aaron	96	Newmarket Husk	J36:15.00	
26	770	Tetangco, Daniello	96	Toronto Oly	36:22.00	
27	364	Patterson, Chad	92	Lions Valley	J36:22.00	



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28	561	Yuen, Chun Cheung	92 Newmarket Husk	36:45.00
29	764	Mergiya, Abreham	86 Toronto Oly	36:56.00
30	301	Pietrangelo, Chris	90 Etobicoke Track	37:02.00
31	526	Deighan, Luke	95 Newmarket Husk	37:09.00
32	366	Reeve, Matthew	95 Lions Valley	37:48.00
33	543	Logue, Michael	82 Newmarket Husk	39:08.00

Event 11 Women 5000 Meter Run Masters

=====				
Name	Year	Team	Finals	
=====				
1	433	Faraone, Jennifer	74 MB Performance	18:56.00
2	501	Nagy, Sarah	73 Newmarket Husk	19:20.00
3	613	Robins, Donna Mae	76 Ontario Masters	20:20.00
4	434	Robinson, Seanna	75 MB Performance	20:26.00
5	470	Unsworth, Mary	78 Muskoka Algo	20:44.00
6	500	Mota, Elaine	65 Newmarket Husk	20:53.00
7	183	Pribaz, Sue	70 Central Toronto	21:45.00
8	435	Shafir, Leanne	69 MB Performance	21:50.00
9	834	Nicholson, Jennife	74 Unattached Ontario	22:03.00
10	608	Bell, Debbie	65 Ontario Masters	22:05.00
11	467	Jewell, Kirsten	86 Muskoka Algo	22:19.00
12	831	Catton, Nancy	67 Unattached Ontario	22:30.00
13	421	Loch, Christine	62 Longboat RR	22:37.00
14	735	Radivojevic, Marij	77 Toronto Oly	22:51.00
15	619	Ferguson, Jean	64 Ottawa Lions T.F.C.	23:05.00
16	611	Marchese, Elaine	63 Ontario Masters	23:09.00
17	468	Sheppard, Jessica	83 Muskoka Algo	23:16.00
18	720	Bedley, Carol	74 Toronto Oly	23:37.00
19	485	Graenert, Anke	67 Newmarket Husk	23:48.00
20	781	Cameron, Jill	67 Toronto West	23:57.00
21	859	Auger, Nathalie	66 U Toronto TC	24:09.00
22	465	Bennett, Sharon	78 Muskoka Algo	24:12.00
23	884	Kobayashi, Lynn	55 U Toronto TC	24:16.00
24	609	Dehnashi, Zarah	66 Ontario Masters	24:29.00
25	420	Bourque, Lynn	64 Longboat RR	24:42.00
26	123	Kotsopoulos, Joann	70 Boardwalk RC	24:48.00
27	259	Turner, Lynda	68 Durham Dragons	24:54.00
28	892	Northcott, Clara	54 U Toronto TC	25:06.00
29	423	Tobon, Juliana	82 Longboat RR	25:17.00
30	509	Reynoso, Aura	66 Newmarket Husk	25:24.00
31	466	Edson, Nancy	58 Muskoka Algo	25:51.00
32	160	Francis, Anne	61 Central Toronto	25:57.00
33	515	Ward, Wilma	64 Newmarket Husk	26:03.00
34	480	Bourdages, Chantel	80 Newmarket Husk	26:13.00
35	612	Nieuweboer, Nancy	67 Ontario Masters	26:28.00
36	614	Wall, Laura	57 Ontario Masters	26:32.00
37	469	Thomas, Kirstin	75 Muskoka Algo	26:55.00
38	422	Parry, Liza	66 Longboat RR	27:16.00
39	382	Dow, Maureen	59 London Pacers	27:35.00
40	860	Balmer, Dawn	57 U Toronto TC	27:43.00



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2016 Athletics Ontario Cross Country Championships**Results****....Event 11 Women 5000 Meter Run Masters**

41	471 Wettlaufer, Tannis	69 Muskoka Algo	27:52.00
42	424 Wells, Nancy	46 Longboat RR	29:21.00
43	990 Prest, Claire	44 Longboat RR	29:43.00
44	836 Watson, Pauline	54 Unattached Ontario	30:29.00
45	610 Guarino, Susan	55 Ontario Masters	30:35.00
46	491 Konyu, Nancy	55 Newmarket Husk	33:08.00

Event 12 Men 5000 Meter Run Masters

Name	Year	Team	Finals
1	853	Mladenovic, Predra	72 Unattached Ontario 17:06.00
2	538	Hackshaw, Derek	69 Newmarket Husk 17:28.00
3	109	Crocker, Nick	85 Black Lungs Toronto 17:34.00
4	558	Tepper, Dave	75 Newmarket Husk 17:50.00
5	745	Bedley, Charles	73 Toronto Oly 17:57.00
6	359	Seeds, Jim	69 Laurel Creek 18:02.00
7	812	Ringler, Warren	76 Toronto West 18:06.00
8	553	Peat, Geoff	63 Newmarket Husk 18:07.00
9	850	Jocelyn, Chris	70 Unattached Ontario 18:14.00
10	110	Lockwood, Andrew	80 Black Lungs Toronto 18:29.00
11	473	Carbonaro, Jeramie	74 Muskoka Algo 18:31.00
12	525	Deighan, Chris	60 Newmarket Husk 18:32.00
13	436	Munro, Alistair	66 MB Performance 18:36.00
14	838	Bain, Ross	80 Unattached Ontario 18:38.00
15	529	Fiorini, Daniel	62 Newmarket Husk 18:42.00
16	385	Jones, Andrew	65 London Pacers 18:45.00
17	856	Sinnige, Mark	69 Muskoka Algo 18:46.00
18	991	Moore, David	68 Unattached Ontario 18:55.00
19	544	Lopez-Bravo, Pedro	70 Newmarket Husk 19:05.00
20	631	Lapierre, Jeffery	72 Physi-Kult Kingston J19:05.00
21	937	Rayner, Simon	64 U Toronto TC 19:09.00
22	939	Sherar, Michael	63 U Toronto TC 19:13.00
23	108	Clarke-Ames, Joel	81 Black Lungs Toronto 19:19.00
24	532	Friel, Vince	62 Newmarket Husk 19:22.00
25	431	Reyes, Gerardo	75 Longboat RR 19:32.00
26	926	MacIsaac, Anthony	64 U Toronto TC 19:33.00
27	521	Boston, Steve	70 Newmarket Husk 19:36.00
28	111	Meijer, John	61 Black Lungs Toronto 19:40.00
29	846	Felix, Paul	74 Unattached Ontario 19:48.00
30	537	Graenert, Mirco	69 Newmarket Husk 20:12.00
31	474	Marra, Tony	68 Muskoka Algo J20:12.00
32	272	Cunliffe, Bill	59 Durham Dragons 20:18.00
33	204	Ellis, John	65 Central Toronto 20:19.00
34	940	Sterling, Mark	65 U Toronto TC 20:23.00
35	387	Orchard, Jeff	65 London Pacers 20:37.00
36	230	Tralli, Frank	68 Central Toronto 20:39.00
37	339	MacDonald, Michael	83 Iron Stride 20:46.00
38	127	Semes, Jimmy	78 Boardwalk RC 20:50.00
39	519	Blair, Robert	64 Newmarket Husk 21:16.00
40	428	Kobe, Trevor	61 Longboat RR 21:19.00



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41	919 Gordon, Peter	60 U Toronto TC	21:28.00
42	622 Ferguson, Michael	64 Ottawa Lions T.F.C.	21:31.00
43	615 Carter, Paul	56 Ontario Masters	21:34.00
44	429 Paraiso, Jean-Emil	73 Longboat RR	21:42.00
45	288 Moloney, Desmond	60 East Toronto	J21:42.00
46	913 Faion, Walter	60 U Toronto TC	21:45.00
47	590 Van Buskirk, Jim	56 Ontario Masters	21:48.00
48	531 Freemantle, James	58 Newmarket Husk	21:58.00
49	131 Hutchinson, Brent	57 Brantford T.F.C.	22:00.00
50	125 Duff, Mark	61 Boardwalk RC	22:02.00
51	437 Woods, William	61 MB Performance	22:05.00
52	600 Michaud, Jason	72 North Bay Legion	22:09.00
53	914 Farr, Anthony	55 U Toronto TC	22:22.00
54	225 Rudin, Seth	70 Central Toronto	22:25.00
55	211 Hopkins, David	68 Central Toronto	22:27.00
56	989 King, Greg	81 Ontario Masters	22:31.00
57	209 Goddard, Eric	52 Central Toronto	22:39.00
58	548 McLean, Pat	70 Newmarket Husk	22:45.00
59	618 Nelson, Gord	56 Ontario Masters	22:47.00
60	617 Holwell, Dermot	54 Ontario Masters	22:53.00
61	605 Stemp, Michael	70 North Bay Legion	22:58.00
62	430 Rawling, Jim	55 Longboat RR	23:01.00
63	427 Ferron, Wayne	67 Longboat RR	23:29.00
64	472 Bennett, Chris	77 Muskoka Algo	23:45.00
65	219 Pralat, Pawel	77 Central Toronto	23:55.00
66	367 Rowan, Darryl	66 Lions Valley	24:18.00
67	714 Boudreau, Marcel	58 Timmins Porc	24:22.00
68	229 Track, Lori	71 Central Toronto	24:34.00
69	927 Mandel, Michael	69 U Toronto TC	25:00.00
70	715 Bourdeau, Daniel	58 Timmins Porc	25:03.00
71	841 Connolly, Hugh	45 Unattached Ontario	25:14.00
72	287 Geraghty, Michael	55 East Toronto	25:23.00
73	575 Collins, Roy	43 Niagara Olympic	25:37.00
74	384 Garlick, Kevin	62 London Pacers	25:43.00
75	432 Teddy, Tony	46 Longboat RR	26:14.00
76	552 Payne, Tim	50 Newmarket Husk	26:15.00
77	759 Lovshin, Brian	69 Toronto Oly	26:30.00
78	383 Edwards, Chuck	45 London Pacers	26:37.00
79	909 Christensen, Vern	40 U Toronto TC	26:43.00
80	941 Taivassalo, Keijo	39 U Toronto TC	26:50.00
81	843 Dechellis, Matthew	68 Unattached Ontario	26:52.00
82	765 Moore, Robert	40 Toronto Oly	26:58.00
83	386 Magni, Eric	46 London Pacers	27:43.00
84	616 De Chellis, Marco	65 Ontario Masters	30:10.00
85	848 Hall, Brent	56 Unattached Ontario	32:46.00
86	340 Kong, Ben	76 Jamacan Inter	34:03.00
87	302 Powell, John	44 Etobicoke Track	40:07.00
88	847 Goodstadt, Michael	40 Unattached Ontario	41:55.00



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