

Event 1 Women Senior 60 Meter Dash Varsity

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 16 Advance: Top 1 Each Heat plus Next 12 Best Times  
 Arena: # 7.43 04/12/2010 M. Griffiths, Ryerson University  
 Meet: % 7.60 22/11/2016 J. Spear Chief-Morris, Team Purple  
 R - Standard: & 8.20  
 V - Standard: @ 8.10

Name	Year	School	Prelims	H#
Preliminaries				
1 O'Donell, Amy		PURPL	@ 7.93Q	2
2 Stricelj, Caroline		WHITE	@ 8.00Q	3
3 Smith, Sydney		PURPL	& 8.13Q	4
4 Doyle, Paige		PURPL	& 8.18Q	1
5 Langille, Courtney		WHITE	@ 8.04q	3
6 Magoffin, Katy		PURPL	& 8.11q	2
7 Castello, Daniella		PURPL	8.21q	1
7 Gregg, Gabrielle		WHITE	8.21q	4
9 Struminski-Bodden, Anton		WHITE	8.22q	3
10 Sluys, Emily		WHITE	8.23q	2
10 King, Allie		WHITE	8.23q	1
12 Kowalchuk, Shaylyn		EXCEL ATHLETIKA	8.26q	4
13 Robinson, Lena		WHITE	8.30q	2
14 Zohorsky, Katie		PURPL	8.33q	1
15 Reid, Amanda		WHITE	8.35q	2
16 Millard, Claire		PURPL	8.38q	2
17 Wight, Arnica		PURPL	8.43	1
18 Sheppard, Junise		WHITE	8.50	1
19 Khounborinh, Victoria		PURPL	8.54	2
20 Mohan, Jushvina		WHITE	8.60	4
21 France, Sarah		PURPL	8.69	3
22 Maslak, Annie		PURPL	8.98	3
23 Dane, Riley		PURPL	9.13	4
24 Wilson-Walker, Madie		WHITE	9.99	3

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 Arena: # 7.43 04/12/2010 M. Griffiths, Ryerson University  
 Meet: % 7.60 22/11/2016 J. Spear Chief-Morris, Team Purple  
 R - Standard: & 8.20  
 V - Standard: @ 8.10

Name	Year	School	Finals	H#
Finals				
1 O'Donell, Amy		PURPL	7.93@	2
2 Stricelj, Caroline		WHITE	8.01@	2
3 Langille, Courtney		WHITE	8.03@	2
4 Magoffin, Katy		PURPL	8.13&	2
5 Struminski-Bodden, Anton		WHITE	8.14&	1
6 Smith, Sydney		PURPL	8.20&	2
6 Castello, Daniella		PURPL	8.20&	2
8 Doyle, Paige		PURPL	8.21	2
9 Kowalchuk, Shaylyn		EXCEL ATHLETIKA	8.23	1
10 Sluys, Emily		WHITE	8.33	1
11 Gregg, Gabrielle		WHITE	8.35	2
12 Zohorsky, Katie		PURPL	8.38	1
13 Robinson, Lena		WHITE	8.40	1
14 Reid, Amanda		WHITE	8.43	1
14 Millard, Claire		PURPL	8.43	1
16 King, Allie		WHITE	8.60	1
Preliminaries				
17 Wight, Arnica		PURPL		
18 Sheppard, Junise		WHITE		
19 Khounborinh, Victoria		PURPL		
20 Mohan, Jushvina		WHITE		

21 France, Sarah PURPL  
 22 Maslak, Annie PURPL  
 23 Dane, Riley PURPL  
 24 Wilson-Walker, Madie WHITE

Event 2 Men Senior 60 Meter Dash Varsity

=====  
 16 Advance: Top 1 Each Heat plus Next 13 Best Times  
 Arena: # 6.76 21/01/1982 D. Williams, York University  
 Meet: % 6.84 21/11/2006 J. Kerr, Team White

R - Standard: & 7.30

V - Standard: @ 7.20

Name	Year School	Prelims	H#
1 Nalywaiko, Adam	WHITE	@ 7.06Q	1
2 Abdullahi, Ramzi	WHITE	@ 7.15Q	3
3 Stewart, Taylor	LONDON WESTERN T	@ 7.16Q	2
4 Chan, Matthew	WHITE	@ 7.11q	1
5 O'Brien, Daniel	PURPL	@ 7.19q	2
6 Ritchie, Tyler	PURPL	7.31q	3
7 Gleason, Daniel	PURPL	7.32q	1
8 Cherniak, Greg	PURPL	7.35q	3
9 Mabbott, Jordan	PURPL	7.37q	3
10 Bell, Joseph	WHITE	7.39q	1
11 Kalwachia, Anosh	UNATTACHED	7.44q	2
12 Fennell, Sam	WHITE	7.45q	2
13 Williams, Jamal	PURPL	7.52q	3
14 Butcher, Locky	PURPL	7.54q	2
15 Evans, Ryan	PURPL	7.55q	1
16 Farmer, Adam	WHITE	7.58q	3
17 Schan, Steven	WHITE	7.59	2
18 Billings, Scott	PURPL	7.64	3
19 Dooley, Ryan	WHITE	7.67	1
20 Spangenberg, Gregory	WHITE	7.72	1

Event 2 Men Senior 60 Meter Dash Varsity

=====  
 Arena: # 6.76 21/01/1982 D. Williams, York University  
 Meet: % 6.84 21/11/2006 J. Kerr, Team White

R - Standard: & 7.30

V - Standard: @ 7.20

Name	Year School	Finals	H#
1 Chan, Matthew	WHITE	7.03@	2
2 Nalywaiko, Adam	WHITE	7.04@	2
3 O'Brien, Daniel	PURPL	7.16@	2
4 Abdullahi, Ramzi	WHITE	7.19@	2
5 Stewart, Taylor	LONDON WESTERN T	7.22&	2
6 Gleason, Daniel	PURPL	7.28&	2
7 Ritchie, Tyler	PURPL	7.33	2
8 Mabbott, Jordan	PURPL	7.36	1
9 Kalwachia, Anosh	UNATTACHED	7.37	1
10 Cherniak, Greg	PURPL	7.39	2
11 Bell, Joseph	WHITE	7.41	1
12 Fennell, Sam	WHITE	7.48	1
13 Butcher, Locky	PURPL	7.52	1
14 Williams, Jamal	PURPL	7.54	1
15 Farmer, Adam	WHITE	7.61	1
16 Evans, Ryan	PURPL	7.64	1
Preliminaries			
17 Schan, Steven	WHITE		
18 Billings, Scott	PURPL		
19 Dooley, Ryan	WHITE		
20 Spangenberg, Gregory	WHITE		

Event 3 Women Senior 3000 Meter Run Varsity

=====  
 Arena: # 9:09.24 02/12/1989 L. Bussieres, Quebec  
 Meet: % 9:42.74 17/11/1982 S. Anschuetz, Team White

R - Standard: & 10:45.00  
V - Standard: @ 10:30.00

Name	Year School	Finals
=====		
Finals		
1 Dick, Hayley	WHITE	10:49.29
2 Vanderkuur, Anjoli	PURPL	10:52.79
3 Kanko, Lauren	WHITE	11:20.15
4 Teasell, Elizabeth	PURPL	11:22.10
5 Jakub, Taryn	PURPL	11:34.33

Event 4 Men Senior 3000 Meter Run Varsity

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Arena: # 8:11.80 02/12/1989 H. Mitro, Toronto Olympic Club  
Meet: % 8:16.99 22/11/2016 J. Sheffar, Team White

R - Standard: & 9:00.00  
V - Standard: @ 8:55.00

Name	Year School	Finals
=====		
1 Carson, Ben	PURPL	8:31.92@
2 Donnelly, Liam	PURPL	8:43.49@
3 Sheeler, Matt	WHITE	8:52.69@
4 Sheeler, Brad	WHITE	8:55.50&
5 Callaghan, Ciaran	PURPL	8:56.26&
6 Danayan, Greg	PURPL	8:57.47&
7 Wood, Carter	PURPL	8:59.21&
8 Broekhuysse, Alex	PURPL	9:01.33
9 Luke, Sean	PURPL	9:02.52
10 Gauthier, Mathieu	WHITE	9:06.46
11 Costello, Brendan	PURPL	9:07.45
12 Brar, Dilan	WHITE	9:10.75
13 De Sousa, Joseph	PURPL	9:13.06
14 Attema, Aiden	WHITE	9:18.93
-- Moodie, Triphon	LONDON WESTERN T	DNF
-- Brar, Rajan	WHITE	DNF

Event 5 Women Senior 1000 Meter Run Varsity

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Arena: # 2:46.11 15/02/2002 K. Vermuelen, UWO  
Meet: % 2:57.04 23/11/1978 J. Dick, Team White

R - Standard: & 3:05.00  
V - Standard: @ 3:02.00

Name	Year School	Finals
=====		
1 Hewitt, Mikayla	PURPL	3:14.95
2 Mansour, Kasha	WHITE	3:20.40

Event 6 Men Senior 1000 Meter Run Varsity

=====

Arena: # 2:26.40 18/01/1987 H. Mitro, University of Waterloo  
Meet: % 2:32.04 23/11/1988 M. Steiner, Team Purple

R - Standard: & 2:37.00  
V - Standard: @ 2:35.00

Name	Year School	Finals
=====		
1 Shepherd, Bradley	PURPL	2:45.21
2 Frielink, Isaiah	PURPL	2:53.92

Event 7 Women Senior 300 Meter Dash Varsity

=====

Arena: # 39.14 03/02/1979 L.Hatz, Wachington DC - TC  
Meet: % 40.54 21/11/1979 G. Plantz, Team Purple

R - Standard: & 44.00  
V - Standard: @ 43.50

Name	Year School	Finals	H#
=====			
1 Oulds, Ally	WHITE	41.51@	1
2 Smith, Sydney	PURPL	41.85@	1
3 Topp, Natalie	PURPL	42.99@	1
4 McKechnie, Hailey	PURPL	45.85	2

5 Wilson-Walker, Madie WHITE 54.55 2

Event 8 Men Senior 300 Meter Dash Varsity

=====  
Arena: # 34.24 04/02/1978 J. Grace, U of Michigan  
Meet: % 35.31 19/11/1997 R. Acheampong, Team Purple  
R - Standard: & 37.30  
V - Standard: @ 36.90

Name	Year School	Finals	H#
1 Petersen, Michael	WHITE	36.66@	1
2 Forde, Brendan	WHITE	37.33	1
3 Campbell, Mac	PURPL	37.52	1
4 Spangenberg, Gregory	WHITE	37.85	2
5 Mehta, Ryley	WHITE	38.09	2
-- Sadek, Aaser	PURPL	DQ	2

Event 9 Women Senior 60 Meter Hurdles Varsity

=====  
8 Advance: Top 1 Each Heat plus Next 6 Best Times  
Arena: # 8.20 30/11/1997 K. Anderson, Phoenix TC  
Meet: % 8.65 24/11/2016 J. Spear Chief-Morris, Team Purple  
R - Standard: & 9.75  
V - Standard: @ 9.50

Name	Year School	Prelims	H#
Preliminaries			
1 Zohorsky, Katie	PURPL	@ 9.36Q	2
2 Gregg, Gabrielle	WHITE	@ 9.48Q	1
3 Millard, Claire	PURPL	@ 9.38q	2
4 Rampton, Madeline	WHITE	@ 9.43q	2
5 Magoffin, Katy	PURPL	9.78q	1
6 McKechnie, Hailey	PURPL	9.79q	2
7 Thomas, Rowan	WHITE	10.30q	1
8 Grala, Emilia	PURPL	10.40q	2
9 McCann, Heather	PURPL	10.51	1
10 Horner, Ayasha	PURPL	10.62	1
11 Drane, Jen	WHITE	10.71	2

Event 9 Women Senior 60 Meter Hurdles Varsity

=====  
Arena: # 8.20 30/11/1997 K. Anderson, Phoenix TC  
Meet: % 8.65 24/11/2016 J. Spear Chief-Morris, Team Purple  
R - Standard: & 9.75  
V - Standard: @ 9.50

Name	Year School	Finals
Finals		
1 Zohorsky, Katie	PURPL	9.33@
2 Rampton, Madeline	WHITE	9.34@
3 Millard, Claire	PURPL	9.73&
4 Magoffin, Katy	PURPL	9.80
5 Gregg, Gabrielle	WHITE	9.84
6 McKechnie, Hailey	PURPL	9.94
7 Grala, Emilia	PURPL	10.02
8 Thomas, Rowan	WHITE	11.38
Preliminaries		
9 McCann, Heather	PURPL	
10 Horner, Ayasha	PURPL	
11 Drane, Jen	WHITE	

Event 10 Men Senior 60 Meter Hurdles Varsity

=====  
8 Advance: Top 1 Each Heat plus Next 7 Best Times  
Arena: # 7.85 06/01/1985 M. McKoy, York University  
Meet: % 8.14 28/11/1986 J. Glass, Team Purple  
R - Standard: & 9.29  
V - Standard: @ 9.00

Name	Year School	Prelims
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1	Butcher, Locky	PURPL	@ 8.64Q
2	Dooley, Ryan	WHITE	@ 8.93q
3	Spangenberg, Gregory	WHITE	& 9.18q
4	Schan, Steven	WHITE	9.34q
5	Fennell, Sam	WHITE	9.57q

Event 10 Men Senior 60 Meter Hurdles Varsity

=====  
 Arena: # 7.85 06/01/1985 M. McKoy, York University  
 Meet: % 8.14 28/11/1986 J. Glass, Team Purple  
 R - Standard: & 9.29  
 V - Standard: @ 9.00

Name	Year	School	Finals
1	Butcher, Locky	PURPL	8.66@
2	Dooley, Ryan	WHITE	8.85@
3	Spangenberg, Gregory	WHITE	9.32
4	Schan, Steven	WHITE	9.95
5	Fennell, Sam	WHITE	11.40

Event 11 Women Senior 600 Meter Run Varsity

=====  
 Arena: # 1:30.54 08/01/1983 M. Killingbeck, York University  
 Meet: % 1:35.11 20/11/2013 S. Malek, Team Purple  
 R - Standard: & 1:42.00  
 V - Standard: @ 1:41.00

Name	Year	School	Finals	H#
1	Topp, Natalie	PURPL	1:38.51@	1
2	Beaudry, Katie	PURPL	1:40.98@	1
3	McCann, Heather	PURPL	1:43.57	1
4	Hewitt, Mikayla	PURPL	1:43.92	1
5	Rampton, Madeline	WHITE	1:43.94	1
6	Mansour, Kasha	WHITE	1:46.96	2
7	Grala, Emilia	PURPL	1:52.32	2
8	Horner, Ayasha	PURPL	1:53.07	2
9	Thomas, Rowan	WHITE	1:56.89	2
10	Drane, Jen	WHITE	1:59.90	2

Event 12 Men Senior 600 Meter Run Varsity

=====  
 Arena: # 1:19.14 03/12/1988 G. Bartram, Ashland College  
 Meet: % 1:22.02 21/11/1997 R. Acheampong, Team Purple  
 R - Standard: & 1:26.00  
 V - Standard: @ 1:24.50

Name	Year	School	Finals	H#
1	Campbell, Mac	PURPL	1:24.96&	1
2	Mehta, Ryley	WHITE	1:25.72&	1
3	Costello, Brendan	PURPL	1:25.83&	1
4	Ryckman, Matthew	PURPL	1:26.52	1
5	Evans, Ryan	PURPL	1:27.04	1
6	Shepherd, Bradley	PURPL	1:28.76	1
7	Stewart, Taylor	LONDON WESTERN T	1:29.01	2
8	Matan, Adam	WHITE	1:29.77	2
9	Bruhjell, Michael	WHITE	1:30.68	2
10	Fennell, Sam	WHITE	1:31.03	2
11	Farmer, Adam	WHITE	1:38.88	2

Event 13 Women Senior 200 Meter Dash Varsity

=====  
 Arena: # 25.35 22/11/2012 B. Thomson, Western University  
 Meet: % 25.35 22/11/2012 B. Thomson, Team Purple  
 R - Standard: & 27.50  
 V - Standard: @ 27.00

Name	Year	School	Finals	H#
1	Smith, Sydney	PURPL	26.31@	1
2	Oulds, Ally	WHITE	26.39@	1

3 O'Donell, Amy	PURPL	26.40@	1
4 Castello, Daniella	PURPL	26.93@	2
5 Struminski-Bodden, Anton	WHITE	27.34&	2
6 Wight, Arnica	PURPL	27.50&	3
7 Khounborinh, Victoria	PURPL	28.25	3
7 Zohorsky, Katie	PURPL	28.25	2
9 Wilson-Walker, Madie	WHITE	32.79	3

Event 14 Men Senior 200 Meter Dash Varsity

=====  
 Arena: # 22.61 23/11/2015 R. Abdullah, Western University  
 Meet: % 22.61 23/11/2015 R. Abdullah, Team White  
 R - Standard: & 23.80  
 V - Standard: @ 23.50

Name	Year School	Finals
1 Cherniak, Greg	PURPL	23.34@
2 Forde, Brendan	WHITE	23.49@
3 Sadek, Aaser	PURPL	24.61

Event 15 Women Senior 1500 Meter Run Varsity

=====  
 Arena: # 4:24.70 03/12/1982 J. Purola, UWO  
 Meet: % 4:34.96 24/11/2016 K. Popadich, Team Purple  
 R - Standard: & 5:00.00  
 V - Standard: @ 4:55.00

Name	Year School	Finals
1 Dick, Hayley	WHITE	5:04.22
2 Teasell, Elizabeth	PURPL	5:05.49
3 Lampard, Caroline	WHITE	5:13.64
4 Kanko, Lauren	WHITE	5:25.64
5 Jakub, Taryn	PURPL	5:27.02

Event 16 Men Senior 1500 Meter Run Varsity

=====  
 Arena: # 3:48.44 05/01/1986 D. Consiglio, University of Arkansas  
 Meet: % 3:56.24 26/11/1993 R. Rushton, Team White  
 R - Standard: & 4:07.00  
 V - Standard: @ 4:05.00

Name	Year School	Finals
1 De Sousa, Joseph	PURPL	4:17.34
2 Gauthier, Mathieu	WHITE	4:18.00

Event 17 Mixed Senior 4x100 Meter Relay Varsity

School	Finals	H#
1 PURPLE TEAM 'A'	48.85	1
2 WHITE TEAM 'B'	49.06	1
3 PURPLE TEAM 'B'	49.72	1
4 PURPLE TEAM 'D'	49.98	2
5 WHITE TEAM 'A'	53.59	1
6 WHITE TEAM 'D'	54.52	2
7 PURPLE TEAM 'E'	54.53	3
8 PURPLE TEAM 'C'	56.52	2
9 WHITE TEAM 'C'	57.80	2
10 WHITE TEAM 'E'	1:07.03	3

Event 19 Mixed Senior 2200 Sprint Medley Varsity

=====  
 Arena: # 6:01.88 24/11/2016 Team White, Western Univ.  
 Meet: % 6:01.88 24/11/2016 Team White, TEAM WHITE

School	Finals
1 PURPLE TEAM 'A'	6:11.39
2 WHITE TEAM 'A'	6:46.19

Event 21 Women Senior Long Jump Varsity

=====  
 Arena: # 6.09m 23/01/2010 J. Cotten, UWO  
 Meet: % 5.75m 21/11/1996 B. Bolton, Team White  
 R - Standard: & 4.90m  
 V - Standard: @ 5.00m

Name	Year School	Finals
1 King, Allie	WHITE	5.42m@
2 Drane, Jen	WHITE	5.21m@
3 Grala, Emilia	PURPL	5.18m@
4 Doyle, Paige	PURPL	5.16m@
5 Mohan, Jushvina	WHITE	5.08m@
6 Sluys, Emily	WHITE	5.07m@
7 France, Sarah	PURPL	5.00m@
8 Horner, Ayasha	PURPL	4.97m&
9 Thomas, Rowan	WHITE	4.94m&
9 Rampton, Madeline	WHITE	4.94m&
11 Dane, Riley	PURPL	4.72m
12 Sheppard, Junise	WHITE	4.71m
13 Lawrence, Katrina	WHITE	4.64m
14 McCann, Heather	PURPL	4.63m
15 Beaudry, Katie	PURPL	4.44m

Event 22 Men Senior Long Jump Varsity

=====  
 Arena: # 7.45m 14/01/1995 T. Betty, UWO  
 Meet: % 7.15m 24/11/2009 E. Adada, Team Purple  
 R - Standard: & 6.20m  
 V - Standard: @ 6.40m

Name	Year School	Finals
1 Balogun, Jonathan	WHITE	6.69m@
2 O'Brien, Daniel	PURPL	6.41m@
3 Bell, Joseph	WHITE	6.33m&
4 Fennell, Sam	WHITE	6.06m
5 Billings, Scott	PURPL	6.02m
6 Evans, Ryan	PURPL	5.95m
7 Gleason, Daniel	PURPL	5.92m
8 Williams, Jamal	PURPL	5.85m
-- Farmer, Adam	WHITE	FOUL

Event 23 Women Senior Pole Vault Varsity

=====  
 Arena: # 4.06m 16/01/2016 R. Bone, Western University  
 Meet: % 3.87m 23/11/2016 R. Bone, Team Purple  
 R - Standard: & 3.20m  
 V - Standard: @ 3.30m

Name	Year School	Finals
1 Magoffin, Katy	PURPL	3.50m@
2 Stoyanovich, Ashley	PURPL	3.35m@
2 Reid, Amanda	WHITE	3.35m@

Event 24 Men Senior Pole Vault Varsity

=====  
 Arena: # 5.35m 04/12/1993 D. Wood, York University  
 Meet: % 4.50m 23/11/2016 D. Gleason, Team White  
 R - Standard: & 4.10m  
 V - Standard: @ 4.20m

Name	Year School	Finals
1 Gleason, Daniel	PURPL	4.45m@
2 Choja, Brian	WHITE	4.20m@
3 Fennell, Sam	WHITE	3.35m
4 Farmer, Adam	WHITE	J3.35m
-- Christopher, Nick	WHITE	NH
-- Cowan, Eric	PURPL	NH

Event 25 Women Senior High Jump Varsity

=====

Arena: # 1.83m 04/02/1978 J. White, Etobicoke TC  
 Meet: % 1.76m 26/11/1993 B. Bryan, Team White  
 R - Standard: & 1.50m  
 V - Standard: @ 1.55m

Name	Year	School	Finals
1 Laurie, Shaelyn		WHITE	1.67m@
2 Mackenzie, Devyn		PURPL	J1.67m@
3 Grala, Emilia		PURPL	1.62m@
4 Thomas, Rowan		WHITE	1.52m&
5 Rampton, Madeline		WHITE	J1.52m&
6 Horner, Ayasha		PURPL	J1.52m&
7 McCann, Heather		PURPL	1.47m
7 Beaudry, Katie		PURPL	1.47m
9 Drane, Jen		WHITE	1.42m

Event 26 Men Senior High Jump Varsity

Arena: # 2.15m 2/1983 P. Caraballo, University of Toronto  
 Meet: % 2.05m 05/12/2007 A. Witmer, Team Purple  
 R - Standard: & 1.80m  
 V - Standard: @ 1.85m

Name	Year	School	Finals
1 Butcher, Locky		PURPL	1.90m@
2 O'Brien, Daniel		PURPL	1.87m@
3 Cowan, Sam		WHITE	1.82m&
4 Gleason, Daniel		PURPL	1.72m
4 Williams, Jamal		PURPL	1.72m
6 Cowan, Eric		PURPL	1.67m

Event 27 Women Senior Triple Jump Varsity

Arena: # 12.58m 14/01/1994 K. Dinsmore, University of windsor  
 Meet: % 12.02m 25/11/2009 M. Simulik, Team Purple  
 R - Standard: & 10.70m  
 V - Standard: @ 10.90m

Name	Year	School	Finals
1 Dane, Riley		PURPL	10.82m&
2 Sluys, Emily		WHITE	10.72m&
3 Mohan, Jushvina		WHITE	10.66m
4 Maslak, Annie		PURPL	10.43m
5 France, Sarah		PURPL	10.13m
6 Doyle, Paige		PURPL	10.07m
7 Lawrence, Katrina		WHITE	9.99m

Event 28 Men Senior Triple Jump Varsity

Arena: # 15.42m 04/12/1976 D. Trowell, Tennessee Tech.  
 Meet: % 14.73m 20/11/1997 G. Stoddard, Team White  
 R - Standard: & 13.00m  
 V - Standard: @ 13.20m

Name	Year	School	Finals
1 Weinstein, Josh		WHITE	13.23m@
2 O'Brien, Daniel		PURPL	12.99m
3 Bell, Joseph		WHITE	11.74m
4 Cowan, Eric		PURPL	11.28m

Event 29 Women Senior Shot Put Varsity

Arena: # 15.53m 20/01/1984 V. Fisher, Michigan State  
 Meet: % 14.00m 23/11/2016 B. Hoxar-Moore, Team White  
 R - Standard: & 11.00m  
 V - Standard: @ 11.50m

Name	Year	School	Finals
1 Good, Emily		WHITE	13.14m@
2 Amofah, Ashley		PURPL	12.75m@



3	Shepard, Stephanie	WHITE	12.52m@
4	Timmons, Ainslie	WHITE	11.22m&
5	Jantzi, Brindley	WHITE	10.00m
6	Grala, Emilia	PURPL	8.91m
7	Beaudry, Katie	PURPL	8.82m
8	Smith, Hunter	PURPL	8.79m
9	McCann, Heather	PURPL	8.59m
10	Rampton, Madeline	WHITE	8.50m
11	Mackenzie, Devyn	PURPL	8.04m
12	Thomas, Rowan	WHITE	7.93m
13	Diebold, Hannah	PURPL	7.83m
14	Horner, Ayasha	PURPL	7.09m
15	Drane, Jen	WHITE	6.52m

Event 30 Men Senior Shot Put Varsity

=====  
 Arena: # 18.06m 21/01/2012 T. Hendry, University of Guelph  
 Meet: % 15.20m 23/11/2011 A. Kopacz, Team White

R - Standard: & 12.50m

V - Standard: @ 12.75m

Name	Year	School	Finals
1	Stewart, Taylor	LONDON WESTERN T	14.82m@
2	Cameron, Stuart	PURPL	14.49m@
3	Fennell, Sam	WHITE	11.05m
4	Fabi, Fred	WHITE	10.89m
5	Evans, Ryan	PURPL	10.45m

Event 31 Women Senior Weight Throw Varsity

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 Arena: # 17.84m 22/01/2011 C. Appiah, York University  
 Meet: % 15.94m 18/11/2014 A. Schimanski, LWTC

R - Standard: & 11.00m

V - Standard: @ 11.50m

Name	Year	School	Finals
1	Diebold, Hannah	PURPL	14.07m@
2	Timmons, Ainslie	WHITE	14.04m@
3	Shepard, Stephanie	WHITE	13.73m@
4	Jantzi, Brindley	WHITE	13.13m@
5	Amofah, Ashley	PURPL	12.56m@
6	Smith, Hunter	PURPL	11.07m&

Event 32 Men Senior Weight Throw Varsity

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 Arena: # 19.69m 21/01/2012 D. Novia, York University  
 Meet: % 16.20m 23/11/2016 M. Bujnowski, LWTC

R - Standard: & 13.00m

V - Standard: @ 13.50m

Name	Year	School	Finals
1	Cameron, Stuart	PURPL	13.46m&
2	Fabi, Fred	WHITE	9.39m

Event 33 Men Senior Shot Put Junior Men 6

Name	Year	School	Finals
1	Farmer, Adam	WHITE	10.40m