

OMA Indoor Championships - 2017-02-26
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 1 W29&U 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
Finals						
1 Kim McCrory	W28 Unattached -	9:14.00	8.82	8.83 78.46%	3	7
2 Claudia Pedrero	W28 Unattached -	8.80	8.85	8.86 78.19%	3	5

Event 1 W30 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Latasha Caesar	W33 The Gazelles	8.35	8.42	8.43 82.19%	3	7

Event 1 W35 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Sheree Mullings	W35 Jamaica Masters	8.61	8.64	8.55 81.02%	3	7
2 Anna De Maio	W39 UTTC	8.90	8.73	8.64 80.18%	3	5
3 Monique Shah	W36 Jamaica Masters	9.67	9.61	9.51 72.84%	3	4

Event 1 W40 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Violeta Garfunkel	W43 UTTC	8.70	8.83	8.43 82.22%	2	7
2 Debbie King	W41 Jamaica Masters	8.90	9.15	8.73 79.34%	2	5

Event 1 W45 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Debbie Zinman	W47 Unattached -	8.71	8.90	8.18 84.61%	2	7
2 Agnieszka Kuczalska	W49 Jamaica Masters	9.17	9.31	8.56 80.88%	2	5
3 Sonia Santarossa	W45 UTTC	10.09	9.91	9.11 75.98%	2	4

Event 1 W50 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Theresa Rozario	W52 Nemean Lions	9.87	9.6h	8.49 81.56%	7	

Event 1 W60 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Karla Del Grande	W63 Nemean Lions	8.89	8.5h	6.92100.12%	7	
2 Wendy Alexis	W61 Ottawa Lions	8.80	8.6h	7.00 98.95%	5	
3 Linda Tauvette	W61 Ottawa Lions	9.90	9.8h	7.97 86.84%	4	



OMA Indoor Championships - 2017-02-26
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Event 1 M30 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Mark Tiburcio	M31 Unattached -	7.74	7.77	7.78 82.24%	9	7
2 Steven Blau	M33 UTTC	9.00	8.58	8.59 74.48%	9	5
3 Milton Ashmeade	M31 Jamaica Masters	7.80	8.79	8.80 72.70%	9	4

Event 1 M35 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Michael James	M36 Brampton Eli	7.09	7.12	7.02 91.01%	8	7
2 Dree Ryan	M38 Jamaica Masters	6.98	7.20	7.10 90.00%	8	5
3 Dave Kervin	M39 Unattached -	7.75	7.87	7.76 82.34%	8	4
4 Chris Wrobel	M35 Unattached -	8:25.00	8.16	8.05 79.41%	8	3
5 Richard Duhaney	M38 UTTC	8.00	8.24	8.13 78.64%	8	2

Event 1 M40 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Nigel John	M44 Jamaica Masters	7.10	7.34	7.03 91.01%	7	7

Event 1 M45 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 O'Brian Gibbons	M46 University of Wi	7.68	8.04	7.46 85.70%	7	7
2 Kevin Farr	M46 University of Wi	8.16	8.26	7.67 83.41%	7	5
3 Pho Lam	M45 Jamaica Masters	8.13	8.39	7.79 82.12%	7	4

Event 1 M50 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Christopher Warburton	M51 The Gazelles	7.35	7.66	6.89 92.82%	6	7
2 Christian Lemassif	M50 UTTC	7.62	7.68	6.91 92.58%	6	5
3 Marco De Chellis	M52 Unattached -	8.80	8.71	7.83 81.63%	6	4
4 John Wong	M50 Unattached	11.00	8.74	7.86 81.35%	6	3

Event 1 M55 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Robert Nasato	M56 Jamaica Masters	7.95	8.02	6.98 91.65%	5	7
2 Les Neufeld	M56 Unattached -	8.20	8.08	7.03 90.97%	5	5
3 Grantley Blenman	M59 The Gazelles	8.50	8.18	7.12 89.85%	5	4
4 John Varone	M58 Jamaica Masters	8.35	8.67	7.54 84.78%	5	3
5 Muraleetharan Arulpiraga	M57 Unattached -	9.00	9.87	8.59 74.47%	5	2



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Event 1 M60 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Kerry Smith	M63 Jamaica Masters	8.35	7.89	6.64 96.32%	5	7
2 Andrew Graham	M62 Unattached -		9.66	8.12 78.67%	5	5

Event 1 M65 60 Meter Dash 9:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Robert Beyea	M69 Jamaica Masters	9.40	9.73	7.89 81.09%	4	7
2 Gerd Hauck	M68 UTTC	9.00	9.98	8.09 79.06%	4	5

Event 2 W55 3000 Meter Race Walk 9:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Nicky Slovitt	W56 Ontario Race	23:29.32	21:47.10	18:28.69 62.69%	7	

Event 2 W60 3000 Meter Race Walk 9:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Kris Kozell	W64 Ontario Race	17:45.00	17:34.84	14:10.10 81.76%	7	
2 Anne De Thy	W63 Ontario Race	18:55.14	18:36.50	14:59.79 77.24%	5	

Event 2 M50 3000 Meter Race Walk 9:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Jianping Xu	M51 Harbour Track	15:00.00	14:31.95	12:41.65 82.90%	7	

Event 2 M65 3000 Meter Race Walk 9:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Stanley Guttman	M65 Ontario Race	19:30.00	19:37.67	14:52.09 70.78%	7	

Event 3 M45 1609 Meter Steeplechase 10:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Michael Mandel	M47 UTTC	7:00.00	6:49.09		7	

Event 4 W30 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Joan Chung	W33 UTTC	5:10.00	5:17.01	5:17.02 73.33%	7	



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Event 4 W35 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Mary Unsworth	W39 Muskoka Algo	4:48.00	4:53.91	4:50.15	80.12%	7

Event 4 W40 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Michelle Clarke	W42 Longboat Roa	5:05.00	5:03.81	4:47.32	80.91%	7

Event 4 W50 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Anke Graenert	W50 Newmarket HU	5:59.00	6:14.30	5:22.91	71.99%	7

Event 4 W55 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
-- Joy Kramarich	W56 UTTC	5:40.00	DNF			

Event 4 W60 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Clara Northcott	W62 UTTC	6:21.00	6:22.50	4:56.79	78.33%	7

Event 4 M30 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading	H#	Points	Alternate
1 Steven Blau	M33 UTTC	5:20.00	4:57.22	4:57.23	69.31%	4	7

Event 4 M35 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading	H#	Points	Alternate
1 Thomas Bok	M36 UTTC	4:50.00	4:58.74	4:56.15	69.56%	4	7

Event 4 M40 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading	H#	Points	Alternate
1 Bill Wells	M42 UTTC	4:25.00	4:28.53	4:15.62	80.59%	4	7

Event 4 M45 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading	H#	Points	Alternate
1 Pat Menzies	M46 Unattached -	4:35.00	4:39.94	4:15.45	80.64%	4	7
2 Gary G Cassel	M49 Jamaica Masters	5:00.00	5:00.57	4:34.28	75.11%	4	5



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Event 4 M50 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Paul Osland	M53 UTTC		4:34.40	3:59.58 85.98%	3	7
2 Simon Rayner	M52 UTTC	4:35.00	4:59.51	4:21.51 78.78%	3	5
3 Robert Blair	M53 Newmarket HU	5:12.00	5:16.07	4:35.97 74.65%	3	4

Event 4 M55 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Steven Blostein	M55 Physi-Kult Kingston	4:51.00	4:59.91	4:10.04 82.39%	3	7
2 Mark Duff	M55 Boardwalk RC	5:12.00	5:20.50	4:27.21 77.10%	3	5

Event 4 M60 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
-- Brent Hall	M60 Unattached	6:40.00	DNF		2	

Event 4 M65 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 John Helliker	M65 UTTC	5:10.00	5:10.31	3:53.64 88.17%	2	7

Event 4 M75 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Chris Mackie	M76 Unattached -	5:57.00	5:56.57	3:53.77 88.12%	2	7
2 Vern Christensen	M76 UTTC	6:45.00	6:53.05	4:30.80 76.07%	2	5
3 Jack Geddes	M79 Unattached -	7:30.00	7:00.46	4:35.66 74.73%	2	4
4 Robert Moore	M76 Toronto Olym	7:00.00	7:09.41	4:41.53 73.17%	2	3

Event 4 M80 1500 Meter Run 10:30am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Steffen Kampe	M80 Unattached -	10:10.10	9:44.88	5:46.25 59.49%	2	7

Event 5 W55 400 Meter Dash 11:00am

Name	Age Team	Seed	Finals	Age-Grading Points	Alternate
1 Joy Kramarich	W56 UTTC	1:20.00	1:26.46	70.62 67.41%	7

Event 5 W60 400 Meter Dash 11:00am

Name	Age Team	Seed	Finals	Age-Grading Points	Alternate
1 Karla Del Grande	W63 Nemean Lions	68.00	69.28	53.45 89.06%	7
2 Clara Northcott	W62 UTTC	1:22.00	1:25.28	65.80 72.35%	5



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Event 5 M30 400 Meter Dash 11:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Steven Blau	M33 UTTC	62.00	63.83	63.84 67.65%	7	7

Event 5 M40 400 Meter Dash 11:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Otis Morgan	M41 Jamaica Masters	52.95	54.77	51.24 84.28%	7	7
2 Nigel John	M44 Jamaica Masters	52.10	54.90	51.36 84.08%	7	5

Event 5 M45 400 Meter Dash 11:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Mirco Graenert	M48 Newmarket HU	55.00	56.09	50.79 85.02%	6	7
2 Richard Reid	M48 Jamaica Masters	54.94	56.49	51.15 84.42%	6	5
3 Kevin Farr	M46 University of Wi	57.74	57.82	52.36 82.48%	6	4
4 Lenroy Munro	M46 Unattached -	55.00	59.57	53.94 80.06%	6	3
5 Louis Byrne	M45 Toronto Olym	60.90	62.16	56.28 76.72%	5	2
6 Matthew Dechellis	M48 Unattached -	62.00	62.46	56.56 76.35%	5	1
7 Pat McLean	M46 Newmarket HU	63.00	64.72	58.60 73.69%	5	

Event 5 M50 400 Meter Dash 11:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Serge Faucher	M52 Unattached -	55.00	55.54	48.62 88.82%	4	7
2 Marco De Chellis	M52 Unattached -	77.00	74.18	64.94 66.50%	4	5

Event 5 M55 400 Meter Dash 11:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Andrew Bass	M55 Jamaica Masters	61.50	60.91	51.50 83.86%	4	7
2 Steve Gorman	M56 Unattached	65.00	64.44	54.48 79.27%	4	5

Event 5 M60 400 Meter Dash 11:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Wayne Gagne	M62 Invictus Ath	67.00	66.01	53.83 80.23%	3	7
2 Steven Millward	M61 Niagara Olym	65.00	66.18	53.97 80.02%	3	5
3 Andrew Graham	M62 Unattached -		1:25.77	69.94 61.75%	3	4

Event 5 M65 400 Meter Dash 11:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Norman Creen	M65 UTTC	71.00	74.47	58.36 73.99%	2	7
2 Duncan Greenshields	M68 UTTC	1:20.00	1:20.96	63.45 68.06%	2	5



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Event 5 M75 400 Meter Dash 11:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Chris Mackie	M76 Unattached -	1:21.00	78.84	55.07 78.42%	2	7

Event 5 M80 400 Meter Dash 11:00am

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Steffen Kampe	M80 Unattached -	2:22.22	2:00.97	76.98 56.10%	2	7

Event 7 W40 60 Meter Hurdles 1:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Nicole Luke	W44 Jamaica Masters	10.88	10.96	9.93 77.46%	7	

Event 7 M45 60 Meter Hurdles 1:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Ovidiu Negoita	M45 Jamaica Masters	10.05	11.06	10.06 72.60%	7	

Event 7 M60 60 Meter Hurdles 1:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Ward Hazen	M62 Unattached -	10.00	9.79	8.14 89.68%	7	

Event 8 W30 3000 Meter Run 1:15pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Joan Chung	W33 UTTC	11:38.00	11:17.42	11:17.43 74.02%	7	

Event 8 W60 3000 Meter Run 1:15pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Lynn Kobayashi	W61 UTTC	12:59.50	13:15.79	9:52.07 84.69%	7	

Event 8 M35 3000 Meter Run 1:15pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Thomas Bok	M36 UTTC	10:15.00	11:16.12	11:16.13 65.08%	3	7

Event 8 M40 3000 Meter Run 1:15pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Jay Brecher	M43 UTTC	9:45.00	9:46.82	9:26.40 77.68%	3	7
2 Dave Tepper	M41 Newmarket HU	10:00.00	9:56.47	9:35.72 76.43%	3	5



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...Event 8 M40 3000 Meter Run 1:15pm

3 Ben Kong	M41 Jamaica Masters	15:00.00	16:14.22	15:40.32	46.79%	3	4
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Event 8 M45 3000 Meter Run 1:15pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Pedro Lopez-Bravo	M46 Newmarket HU	10:30.00	10:05.58	9:23.44 78.09%	3	7
2 Dave Corlett	M49 Boardwalk RC	10:07.00	10:09.25	9:26.85 77.62%	3	5
3 Steve Boston	M46 Newmarket HU	10:48.00	10:45.80	10:00.86 73.23%	3	4
4 Michael Mandel	M47 UTTC	12:00.00	12:34.75	11:42.22 62.66%	3	3

Event 8 M50 3000 Meter Run 1:15pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Simon Rayner	M52 UTTC	9:40.00	10:10.43	9:06.71 80.48%	2	7
2 Daniel Fiorini	M54 Newmarket HU	10:15.00	10:14.76	9:10.58 79.92%	2	5
3 Michael Sherar	M53 UTTC	10:00.00	10:45.84	9:38.42 76.07%	2	4
4 Jianping Xu	M51 Harbour Track	12:00.00	11:15.75	10:05.21 72.70%	2	3

Event 8 M55 3000 Meter Run 1:15pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Chris Deighan	M56 Newmarket HU	9:52.00	9:48.13	8:26.27 86.91%	2	7
2 Bill Cunliffe	M57 Durham Dragons A	10:45.00	10:36.96	9:08.30 80.25%	2	5
3 Steve Burns	M58 Boardwalk RC	11:15.00	11:19.92	9:45.28 75.18%	2	4

Event 8 M60 3000 Meter Run 1:15pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 John MacMillan	M60 Longboat Roa	11:15.00	11:35.14	9:34.19 76.63%	2	7

Event 8 M70 3000 Meter Run 1:15pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Bert De Vries	M70 Longboat Roa	15:00.00	14:21.62	10:45.10 68.21%	7	

Event 8 M75 3000 Meter Run 1:15pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Vern Christensen	M76 UTTC	14:30.00	14:36.09	10:12.04 71.89%	7	
2 Jack Geddes	M79 Unattached -	15:00.00	14:55.41	10:25.54 70.34%	5	
3 Robert Moore	M76 Toronto Olym	15:00.00	14:55.63	10:25.69 70.32%	4	



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Event 8 M80 3000 Meter Run 1:15pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Steffen Kampe	M80 Unattached -	22:22.22	20:13.63	12:50.30	57.12%	7

Event 9 W29&U 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading	H#	Points	Alternate
1 Kim McCrory	W28 Unattached -	29:11.00	28.24	28.25	75.57%	4	7
2 Claudia Pedrero	W28 Unattached -	29.50	29.22	29.23	73.03%	4	5

Event 9 W30 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading	H#	Points	Alternate
1 Julia Carew	W31 UTTC	33.00	28.19	28.20	75.70%	4	7
2 Latasha Caesar	W33 The Gazelles	29.50	28.77	28.78	74.17%	4	5

Event 9 W35 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading	H#	Points	Alternate
1 Sheree Mullings	W35 Jamaica Masters	28.74	29.01	28.15	75.84%	3	7
2 Anna De Maio	W39 UTTC	28.90	29.04	28.18	75.76%	3	5
3 Monique Shah	W36 Jamaica Masters	33.43	34.00	32.99	64.71%	3	4

Event 9 W40 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading	H#	Points	Alternate
1 Violeta Garfunkel	W43 UTTC	28.48	28.75	26.86	79.44%	2	7

Event 9 W45 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading	H#	Points	Alternate
1 Sonia Santarossa	W45 UTTC	36:47.00	35.35	31.76	67.21%	2	7

Event 9 W60 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Karla Del Grande	W63 Nemean Lions	29.48	29.44	23.27	91.75%	7
2 Wendy Alexis	W61 Ottawa Lions	29.50	30.02	23.73	89.97%	5
3 Linda Tauvette	W61 Ottawa Lions	34.00	34.59	27.34	78.09%	4

Event 9 M30 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading	H#	Points	Alternate
1 Milton Ashmeade	M31 Jamaica Masters	24.89	30.97	30.98	62.38%	13	5
-- Greg Hetherington	M33 Jamaica Masters	25.00	DQ			13	7



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Event 9 M35 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Dree Ryan	M38 Jamaica Masters	22.80	23.58	23.20 83.29% 12	7	
2 Dave Kervin	M39 Unattached -	25.15	25.66	25.25 76.54% 12	5	
3 Richard Duhaney	M38 UTTC	25.00	26.78	26.35 73.34% 12	4	
4 Clayton Latham	M36 Brampton Eli	22.99	26.84	26.41 73.17% 12	3	

Event 9 M40 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Nigel John	M44 Jamaica Masters	23.00	23.87	22.77 84.88% 11	7	
2 Otis Morgan	M41 Jamaica Masters	22.40	24.40	23.27 83.03% 11	5	

Event 9 M45 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Richard Reid	M48 Jamaica Masters	24.74	25.63	23.67 81.62% 10	7	
2 Kevin Farr	M46 University of Wi	26.06	26.44	24.42 79.12% 10	5	
3 Dave Corlett	M49 Boardwalk RC	32.07	32.06	29.61 65.25% 10	4	

Event 9 M50 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Christian Lemassif	M50 UTTC	24.39	24.59	21.97 87.96% 9	7	
2 David Turkstra	M51 Jamaica Masters	25.80	26.19	23.40 82.59% 9	5	

Event 9 M55 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Andrew Bass	M55 Jamaica Masters	27.00	27.33	23.60 81.89% 8	7	
2 Robert Nasato	M56 Jamaica Masters	27.50	27.46	23.71 81.50% 8	5	
3 Les Neufeld	M56 Unattached -	28.25	27.47	23.72 81.47% 8	4	
4 Grantley Blenman	M59 The Gazelles	30.50	27.99	24.17 79.96% 8	3	
5 Steve Gorman	M56 Unattached	29.00	29.60	25.56 75.61% 8	2	

Event 9 M60 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Kerry Smith	M63 Jamaica Masters	26.35	26.35	21.96 88.01% 7	7	
2 Wayne Gagne	M62 Invictus Ath	28.90	29.04	24.20 79.86% 7	5	

Event 9 M65 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Robert Beyea	M69 Jamaica Masters	32.50	34.94	27.98 69.06% 6	7	
2 Duncan Greenshields	M68 UTTC	36.00	35.88	28.73 67.25% 6	5	



OMA Indoor Championships - 2017-02-26
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

....Event 9 M65 200 Meter Dash 2:00pm

-- Bill Pontius M66 United State 31.00 DQ 6

Event 9 M70 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 John Powell	M72 EtobicokeTC	46.00	47.43	36.25 53.30%	5	7

Event 9 M80 200 Meter Dash 2:00pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Steffen Kampe	M80 Unattached -	71.11	53.49	35.83 53.94%	5	7

Event 10 W30 800 Meter Run 2:30pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Joan Chung	W33 UTTC	2:35.00	2:32.98	2:32.99 74.05%	7	

Event 10 W35 800 Meter Run 2:30pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Mary Unsworth	W39 Muskoka Algo	2:22.00	2:26.59	2:25.88 77.66%	7	
2 Nadia Petryshyn	W36 UTTC	2:38.00	2:35.52	2:34.76 73.20%	5	

Event 10 W40 800 Meter Run 2:30pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Michelle Clarke	W42 Longboat Roa	2:29.00	2:32.65	2:25.59 77.81%	7	

Event 10 W45 800 Meter Run 2:30pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Nancy Catton	W49 Physi-Kult Kingston	2:35.00	2:40.06	2:26.03 77.58%	7	
2 Cathy Vandergeest	W45 Unattached -	3:44.00	3:43.93	3:24.30 55.45%	5	

Event 10 W60 800 Meter Run 2:30pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Clara Northcott	W62 UTTC	3:10.00	3:17.01	2:34.62 73.27%	7	

Event 10 M30 800 Meter Run 2:30pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Steven Blau	M33 UTTC	2:20.00	2:23.22	2:23.23 70.60%	3	7



OMA Indoor Championships - 2017-02-26
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 10 M35 800 Meter Run 2:30pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Ian Aseltine	M35 Unattached -	2:12.00	2:12.70	2:11.60 76.83%	3	7
2 Thomas Bok	M36 UTTC	2:20.00	2:28.17	2:26.95 68.81%	3	5

Event 10 M40 800 Meter Run 2:30pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Bill Wells	M42 UTTC	2:05.00	2:10.49	2:04.75 81.05%	3	7
2 Michal Kapral	M44 UTTC	2:09.00	2:12.76	2:06.92 79.66%	3	5
3 Sheldon Mirco	M40 Unattached -	2:20.00	2:13.67	2:07.79 79.12%	3	4

Event 10 M45 800 Meter Run 2:30pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Mirco Graenert	M48 Newmarket HU	2:08.00	2:11.46	2:00.99 83.58%	3	7
2 Pat Menzies	M46 Unattached -	2:12.00	2:14.59	2:03.87 81.63%	3	5
3 Pat McLean	M46 Newmarket HU	2:30.00	2:37.07	2:24.56 69.95%	3	4

Event 10 M50 800 Meter Run 2:30pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Simon Rayner	M52 UTTC	2:15.00	2:33.69	2:15.97 74.36%	2	7
2 Jianping Xu	M51 Harbour Track	2:40.00	2:35.11	2:17.23 73.68%	2	5
3 John Eccleston	M51 Unattached -	3:00.00	2:46.10	2:26.95 68.81%	2	4

Event 10 M55 800 Meter Run 2:30pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Steve Gorman	M56 Unattached	2:35.00	2:43.10	2:18.48 73.02%	2	7

Event 10 M75 800 Meter Run 2:30pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Chris Mackie	M76 Unattached -	2:57.00	2:56.80	2:02.42 82.60%	2	7

Event 10 M80 800 Meter Run 2:30pm

Name	Age Team	Seed	Finals	Age-Grading H#	Points	Alternate
1 Steffen Kampe	M80 Unattached -	4:44.44	4:38.93	2:55.20 57.71%	2	7

Event 11 M35 4x200 Meter Relay 2:50pm

Team	Seed	Finals	H#	Points	Alternate
1 Jamcan International Athletics 'B'		1:40.95	2	7	



OMA Indoor Championships - 2017-02-26
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

....Event 11 M35 4x200 Meter Relay 2:50pm

1) Dree Ryan 38	2) Richard Reid 48
3) Nigel John 44	4) Otis Morgan 41

Event 11 M40 4x200 Meter Relay 2:50pm

Team	Seed	Finals	H#	Points	Alternate
-- University of Toronto TC 'B'		DQ	2		
1) Bill Wells 42	2) Simon Rayner 52				
3) Michal Kapral 44	4) Jay Brecher 43				

Event 11 M45 4x200 Meter Relay 2:50pm

Team	Seed	Finals	H#	Points	Alternate
1 Jamcan International Athletics 'C'		1:52.98	2	7	
1) David Turkstra 51	2) Shawn Folkes 48				
3) Matt Beechey 46	4) Robert Nasato 56				

Event 11 M65 4x200 Meter Relay 2:50pm

Team	Seed	Finals	Points	Alternate
1 University of Toronto TC 'A'		2:24.24	7	
1) Norman Creen 65	2) Duncan Greenshields 68			
3) Vern Christensen 76	4) Peter Zowkewych 66			

Event 12 M40 4x400 Meter Relay 3:00pm

Team	Seed	Finals	Points	Alternate
1 University of Toronto TC 'A'		4:15.87	5	
1) Simon Rayner 52	2) Bill Wells 42			
3) Michal Kapral 44	4) Jay Brecher 43			
-- Jamcan International Athletics 'A'		DQ	7	
1) Andrew Bass 55	2) Richard Reid 48			
3) Nigel John 44	4) Otis Morgan 41			

Event 12 M45 4x400 Meter Relay 3:00pm

Team	Seed	Finals	Points	Alternate
1 Newmarket Huskies Track Club 'A'		4:17.55	7	
1) Steve Boston 46	2) Pat McLean 46			
3) Daniel Fiorini 54	4) Mirco Graenert 48			

Event 13 W45 Weight Throw 8:30am

Name	Age	Team	Seed	Finals	Age-Grading	Points	Alternate
1 Tracey. (willow) McCarth	W49	Unattached -	9.18m	9.94m	12.87m	54.56%	7
2 Colleen Hill	W49	Jamaica Masters	10.10m	4.99m	6.46m	27.39%	5



OMA Indoor Championships - 2017-02-26
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 13 W50 Weight Throw 8:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Petra Ciobanu	W53 Unattached -	12.00m	8.67m	10.24m	43.44%	7

Event 13 M45 Weight Throw 8:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Wesley White	M47 Brockville L	8.40m	9.38m	10.97m	42.42%	7
2 Ovidiu Negoita	M45 Jamaica Masters	8.00m	6.29m	7.35m	28.45%	5

Event 13 M50 Weight Throw 8:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Paul Gautier	M52 New Brunswick		15.32m	16.06m	62.12%	7
2 Manoharan Sethukavalar	M51 Throwers Club	9.50m	11.79m	12.36m	47.81%	5

Event 13 M55 Weight Throw 8:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Ayman Mazhar	M57 UTTC	16.52m	15.48m	17.37m	67.19%	7
2 Peter St. Pierre	M58 Throwers Club	9.20m	9.49m	10.65m	41.19%	5

Event 13 M60 Weight Throw 8:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Bill Pearson	M64 Throwers Club	13.00m	12.91m	13.45m	52.04%	7
2 Harbans Cheema	M62 Unattached -	9.00m	8.54m	8.90m	34.42%	5

Event 13 M65 Weight Throw 8:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Brock Pullen	M67 Throwers Club	11.00m	12.06m	13.45m	52.01%	7
2 Ralph Shapiro	M65 Throwers Club	11.00m	11.26m	12.55m	48.56%	5

Event 13 M70 Weight Throw 8:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 John Kasperski	M73 Throwers Club	6.10m	15.37m	17.53m	67.80%	7
2 Gary McColeman	M74 UTTC	5.97m	6.82m	7.78m	30.08%	5

Event 13 M75 Weight Throw 8:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 David Morris	M78 Throwers Club	10.00m	10.35m	12.71m	49.17%	7
2 Enrico Toscano	M76 Throwers Club		6.50m	7.98m	30.88%	5



OMA Indoor Championships - 2017-02-26
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 14 M50 Pole Vault 10:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Paul White	M50 Unattached -	3.56m	3.40m	4.17m 68.00%	7	

Event 14 M55 Pole Vault 10:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Mark Schaber	M58 Unattached -	3.20m	3.15m	4.15m 67.60%	7	

Event 14 M65 Pole Vault 10:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Stan Seitz	M69 Ottawa Lions	2.60m	2.30m	3.55m 57.93%	7	

Event 15 W30 High Jump 10:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Kristen Matthews	W34 Hamilton Oly	1.55m	1.60m	1.60m 76.56%	7	

Event 15 W40 High Jump 10:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Maresa Cadienhead	W40 Jamaica Masters	1.75m	1.45m	1.60m 76.72%	7	

Event 15 W60 High Jump 10:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Sue Hannon	W60 Unattached -	1.25m	1.25m	1.72m 82.24%	7	
2 Patricia Blacker-Thomson	W60 Unattached -	0.95m	0.95m	1.30m 62.50%	5	

Event 15 M40 High Jump 10:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Zoltan Sara	M41 Unattached -	1.85m	1.86m	1.95m 79.49%	7	

Event 15 M45 High Jump 10:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Shawn Folkes	M48 Jamaica Masters	1.70m	1.60m	1.76m 72.07%	5.33	
1 Ovidiu Negoita	M45 Jamaica Masters	1.70m	1.60m	1.76m 72.07%	5.33	



OMA Indoor Championships - 2017-02-26
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 15 M50 High Jump 10:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Paul White	M50 Unattached -	1.45m	1.50m	1.74m 71.09%	7	
2 Marco De Chellis	M52 Unattached -	1.45m	1.40m	1.62m 66.35%	5	

Event 15 M55 High Jump 10:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 John Varone	M58 Jamaica Masters	1.50m	1.40m	1.71m 70.00%	7	

Event 15 M65 High Jump 10:30am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Peter Zowkewych	M66 UTTC	1.35m	1.35m	1.87m 76.27%	7	
2 Gerd Hauck	M68 UTTC	1.30m	1.30m	1.80m 73.45%	5	
3 Stan Seitz	M69 Ottawa Lions	1.30m	1.25m	1.73m 70.62%	4	
4 Bill Pontius	M66 United State	1.30m	1.20m	1.66m 67.80%	3	

Event 16 W35 Shot Put 11:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Sheree Mullings	W35 Jamaica Masters	8.00m	8.44m	8.75m 38.66%	7	
2 Kem McLean	W36 Jamaica Masters	8.90m	8.09m	8.38m 37.06%	5	

Event 16 W40 Shot Put 11:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Violeta Garfunkel	W43 UTTC	5.00m	6.62m	7.34m 32.47%	7	

Event 16 W45 Shot Put 11:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Tracey. (willow) McCarth	W49 Unattached -	9.05m	8.96m	10.70m 47.28%	7	
2 Linda Reid	W46 Jamaica Masters	8.70m	6.85m	8.18m 36.15%	5	
3 Sonia Santarossa	W45 UTTC	6.11m	6.74m	8.04m 35.57%	4	
4 Colleen Hill	W49 Jamaica Masters	8.90m	6.09m	7.27m 32.14%	3	

Event 16 W50 Shot Put 11:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Petra Ciobanu	W53 Unattached -	11.25m	10.66m	13.43m 59.39%	7	



OMA Indoor Championships - 2017-02-26
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 16 W60 Shot Put 11:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Patricia Blacker-Thomson	W60 Unattached -	4.94m	5.58m	8.37m 37.03%	7	

Event 16 M40 Shot Put 11:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Bill Wells	M42 UTTC	7.00m	6.45m	7.18m 31.07%	7	
2 Ben Kong	M41 Jamaica Masters	9.00m	4.80m	5.34m 23.12%	5	

Event 16 M45 Shot Put 11:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Ovidiu Negoita	M45 Jamaica Masters	9.00m	9.29m	11.16m 48.31%	7	
2 Wesley White	M47 Brockville L	9.00m	8.70m	10.46m 45.24%	4.50	
2 Matt Beechey	M46 Jamaica Masters	8.00m	8.70m	10.46m 45.24%	4.50	
4 Michael Mandel	M47 UTTC	9.00m	6.55m	7.87m 34.06%	3	

Event 16 M50 Shot Put 11:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Paul Gautier	M52 New Brunswick		13.09m	15.34m 66.35%	7	
2 Manoharan Sethukavalar	M51 Throwers Club	10.50m	10.85m	12.71m 54.99%	5	
3 Dumitru Ciobanu	M52 Unattached -	10.00m	9.60m	11.25m 48.66%	4	
4 Christian Lemassif	M50 UTTC	8.00m	9.29m	10.88m 47.09%	3	

Event 16 M55 Shot Put 11:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Muraleetharan Arulpiraga	M57 Unattached -	9.00m	10.10m	12.83m 55.49%	7	
2 John Varone	M58 Jamaica Masters	9.80m	9.20m	11.68m 50.55%	5	
3 Robert Nasato	M56 Jamaica Masters	8.00m	8.46m	10.74m 46.48%	4	

Event 16 M60 Shot Put 11:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Bill Pearson	M64 Throwers Club	11.54m	11.27m	14.06m 60.85%	7	
2 Ward Hazen	M62 Unattached -	6.00m	10.30m	12.85m 55.62%	5	
3 Harbans Cheema	M62 Unattached -	10.00m	10.16m	12.68m 54.86%	4	

Event 16 M65 Shot Put 11:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Jerzy Wyroba	M67 Unattached -	11.00m	11.18m	15.21m 65.80%	7	
2 Peter Zowkewych	M66 UTTC	10.25m	10.54m	14.34m 62.04%	5	
3 Ralph Shapiro	M65 Throwers Club	9.40m	9.52m	12.95m 56.03%	4	



OMA Indoor Championships - 2017-02-26
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

...Event 16 M65 Shot Put 11:00am

4 Brock Pullen	M67 Throwers Club	9.30m	9.13m	12.42m	53.74%	3
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Event 16 M70 Shot Put 11:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 John Kasperski	M73 Throwers Club	5.10m	11.31m	14.48m	62.66%	7
2 Bruce Mitchell	M73 Brantford T.F.C.	5.00m	8.19m	10.48m	45.37%	5
3 Gary McColeman	M74 UTTC	6.21m	5.98m	7.65m	33.13%	4

Event 16 M75 Shot Put 11:00am

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 David Morris	M78 Throwers Club	8.00m	8.39m	11.74m	50.79%	7
2 Enrico Toscano	M76 Throwers Club		5.91m	8.26m	35.77%	5

Event 17 W30 Long Jump 1:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Kristen Matthews	W34 Hamilton Oly	4.26m	4.11m	4.11m	54.65%	7

Event 17 W40 Long Jump 1:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Maresa Cadienhead	W40 Jamaica Masters	5.90m	4.24m	4.70m	62.63%	7
2 Violeta Garfunkel	W43 UTTC	4.14m	3.65m	4.05m	53.91%	5

Event 17 W60 Long Jump 1:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Patricia Blacker-Thomson	W60 Unattached -	2.47m	2.28m	3.28m	43.68%	7

Event 17 M30 Long Jump 1:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Mark Tiburcio	M31 Unattached -	5.00m	4.80m	4.80m	53.63%	7

Event 17 M35 Long Jump 1:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Clayton Latham	M36 Brampton Eli	7.02m	6.36m	6.56m	73.27%	7
2 Chris Wrobel	M35 Unattached -	5.05m	4.55m	4.69m	52.42%	5
3 Richard Duhaney	M38 UTTC	5.00m	4.19m	4.32m	48.27%	4
-- Mike Whiteley	M39 Brampton Eli	6.80m	ND			



OMA Indoor Championships - 2017-02-26
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 17 M40 Long Jump 1:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Nigel John	M44 Jamaica Masters	6.44m	5.86m	6.38m 71.38%	7	

Event 17 M45 Long Jump 1:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Jack Pontes	M45 Jamaica Masters	6.45m	5.31m	6.13m 68.52%	7	
2 Ovidiu Negoita	M45 Jamaica Masters	6.00m	5.23m	6.04m 67.48%	5	
3 Matt Beechey	M46 Jamaica Masters	4.55m	4.18m	4.82m 53.94%	4	

Event 17 M50 Long Jump 1:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Paul White	M50 Unattached -	4.97m	4.72m	5.79m 64.84%	7	
2 Christian Lemassif	M50 UTTC	4.00m	3.93m	4.82m 53.98%	5	

Event 17 M55 Long Jump 1:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Robert Nasato	M56 Jamaica Masters	4.85m	4.74m	6.21m 69.50%	7	
2 Bryan Baldsing	M59 Jamaica Masters	4.20m	3.99m	5.23m 58.50%	5	

Event 17 M60 Long Jump 1:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Ward Hazen	M62 Unattached -	4.50m	4.31m	6.06m 67.77%	7	

Event 17 M65 Long Jump 1:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Peter Zowkewych	M66 UTTC	3.90m	3.55m	5.39m 60.27%	7	
2 Stan Seitz	M69 Ottawa Lions	3.60m	3.23m	4.90m 54.84%	5	
3 Bill Pontius	M66 United State	4.00m	3.17m	4.81m 53.82%	4	

Event 18 W60 Triple Jump 2:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Patricia Blacker-Thomson	W60 Unattached -	4.08m	5.90m	8.29m 53.54%	7	

Event 18 M35 Triple Jump 2:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Chris Wrobel	M35 Unattached -	11.30m	10.04m	10.10m 55.29%	7	



OMA Indoor Championships - 2017-02-26
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 18 M40 Triple Jump 2:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Zoltan Sara	M41 Unattached -	11.00m	11.27m	11.98m 65.52%	7	

Event 18 M45 Triple Jump 2:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Lenroy Munro	M46 Unattached -	12.00m	11.21m	12.63m 69.07%	7	
2 Jack Pontes	M45 Jamaica Masters	11.42m	10.93m	12.31m 67.34%	5	
3 Ovidiu Negoita	M45 Jamaica Masters	11.50m	10.36m	11.67m 63.83%	4	

Event 18 M55 Triple Jump 2:00pm

Name	Age Team	Seed	Finals	Age-Grading	Points	Alternate
1 Mihai Ene	M56 Unattached -	11.40m	10.96m	14.02m 76.70%	7	
2 Bryan Baldsing	M59 Jamaica Masters	8.50m	7.47m	9.55m 52.27%	5	

Combined Team Scores - 17 Events Scored

1) Unattached - Ontario	374	2) University of Toronto TC	366
3) JAMCAN International Athle	356.16	4) THROWERS CLUB	86
5) NEWMARKET HUSKIES TRACK CL	64	6) Ottawa Lions Track and Fi	34
7) Longboat Roadrunners	28	7) Nemean Lions Athletics	28
9) ONTARIO RACEWALKERS ASSOCI	26	9) The Gazelles	26
11) University of Windsor Athl	21	12) Boardwalk RC	18
13) BRAMPTON ELITE TRACK CLUB	17	14) HARBOUR TRACK	15
15) HAMILTON OLYMPIC CLUB	14	15) New Brunswick	14
15) PHYSI-KULT KINGSTON	14	15) Muskoka Algonquin Runners	14
19) Invictus Athletics Club	12	20) BROCKVILLE LEGION TRACK C	11.50
21) Toronto Olympic Club	9	22) United States of America	7
22) Etobicoke Track & Field Cl	7	24) BRANTFORD T.F.C.	5
24) NIAGARA OLYMPIC CLUB	5	24) Durham Dragons Athletics	5

