

37th Annual Can Am Track Classic
Dennis Fairall Fieldhouse, U of Windsor
Results

Event 1 Women 60 Meter Dash University

Meet: 7.39 * 2012

Miana Griffiths, Ryerson

USports: 7.56 !

Name	Team	Prelims	H#
Preliminaries			
1 Aiyanna Stiverne	Unattached	7.58 Q	6
2 Shyvonne Roxborough	Guelph Gryphons	7.66 Q	4
3 Jellisa Westney	Supreme Athletics	7.70 Q	2
4 Kelsey Balkwell	University of Windsor	7.72 Q	5
5 Tegan Sauer	University of Waterloo	7.75 Q	1
6 Vanessa Gray	Guelph Gryphons	7.94 Q	7
7 Zaria Armstrong	Guelph Gryphons	7.96 Q	3
8 Sian Smart	University of Toronto TC	7.77 q	6
9 Caroline Ehrhardt	London Western Tfc	7.81 q	4
10 Monique Simon-Tucker	York Lions	7.82 q	2
11 Hailey Hitchings	Guelph Gryphons	7.89 q	5
12 Kendra Leger	Guelph Gryphons	7.92 q	1
13 Amy O'Donnell	Western Mustangs	7.94 q	4
14 Rachael Wolfs	University of Windsor	7.96 q	6
15 Marvelous Agbonwaneten	York Lions	7.97 q	1
16 Diana Boa	York Lions	7.99 q	6
17 Georgia Campbell	York Lions	8.00 q	2
18 Emma Nero	Guelph Gryphons	8.02 q	7
19 Marissa Dubois	Guelph Gryphons	8.02 q	3
20 Emily Sluys	Western Mustangs	8.09 q	6
21 Danielle Knight	York Lions	8.09 q	4
22 Phoebe Wolfe	University of Waterloo	8.11	7
23 Kelly Hodgins	University of Windsor	8.15	1
24 Anne Gauthier	Toronto Varsity Blues	8.17	5
25 Kristy Hodgins	University of Windsor	8.20	3
26 Daniella Castello	Western Mustangs	8.25	5
27 Phoebe Simmons	Toronto Varsity Blues	8.25	3
28 Laura Amoi	Toronto Varsity Blues	8.28	1
29 Victoria Young	University of Waterloo	8.28	4
30 Georgia Lam	Toronto Varsity Blues	8.30	7
31 Natalie Coughlin	University of Windsor	8.30	3
32 Justine Archer	University of Waterloo	8.31	6
33 Anna Wojtis	Brock Badgers	8.32	5
34 Mylene Tu	University of Waterloo	8.39	7
35 Gabrielle Gregg	Western Mustangs	8.43	2
36 Kelsi Darmon	University of Waterloo	8.43	6
37 Jennifer Drane	Western Mustangs	8.48	3
38 Katie Zohorsky	Western Mustangs	8.52	1
39 Claire Millard	Western Mustangs	8.53	7



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Preliminaries ... (Event 1 Women 60 Meter Dash University)

Name	Team	Prelims	H#
40 Kaitlynn Meier-Ross	University of Waterloo	8.55	2
41 Adriana Beukeboom	Brock Badgers	8.59	4
42 Sarah France	Western Mustangs	8.69	1
43 Olivia McLean	Brock Badgers	8.71	4
44 Katie Falla	McMaster Marauders	8.80	5
45 Annie Maslak	Western Mustangs	8.93	5
46 Monica Binotto	Brock Badgers	9.20	2
47 Madison Wilson-Walker	Western Mustangs	9.76	7

Event 1 Women 60 Meter Dash University

Meet: 7.39 * 2012 Miana Griffiths, Ryerson

USports: 7.56 !

Name	Team	Semis	H#
Semi-Finals			
1 Aiyanna Stiverne	Unattached	! 7.53 Q	1
2 Shyvonne Roxborough	Guelph Gryphons	! 7.54 Q	3
3 Kelsey Balkwell	University of Windsor	7.59 Q	2
4 Sian Smart	University of Toronto TC	7.64 Q	3
5 Jellisa Westney	Supreme Athletics	7.66 Q	2
6 Kendra Leger	Guelph Gryphons	7.74 Q	1
7 Tegan Sauer	University of Waterloo	7.65 q	3
8 Monique Simon-Tucker	York Lions	7.77	2
9 Caroline Ehrhardt	London Western Tfc	7.80	2
10 Zaria Armstrong	Guelph Gryphons	7.80	1
11 Vanessa Gray	Guelph Gryphons	7.81	1
12 Amy O'Donnell	Western Mustangs	7.82	1
13 Hailey Hitchings	Guelph Gryphons	7.92	3
14 Marvelous Agbonwaneten	York Lions	7.95	2
15 Rachael Wolfs	University of Windsor	7.97	3
16 Marissa Dubois	Guelph Gryphons	8.01	1
17 Emma Nero	Guelph Gryphons	8.07	1
18 Danielle Knight	York Lions	8.08	2
19 Georgia Campbell	York Lions	8.16	3
20 Diana Boa	York Lions	8.23	2

Event 1 Women 60 Meter Dash University

Meet: 7.39 * 2012 Miana Griffiths, Ryerson

USports: 7.56 !

Name	Team	Finals
Finals		
1 Shyvonne Roxborough	Guelph Gryphons	7.47 !
2 Jellisa Westney	Supreme Athletics	7.53 !
3 Aiyanna Stiverne	Unattached	7.61



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Finals ... (Event 1 Women 60 Meter Dash University)

Name	Team	Finals
4 Tegan Sauer	University of Waterloo	7.62
5 Sian Smart	University of Toronto TC	7.67
6 Kendra Leger	Guelph Gryphons	7.71

Event 2 Men 60 Meter Dash University

Meet: 6.68 * 1983 Desai Williams, York

USports: 6.87 !

Name	Team	Prelims	H#
Preliminaries			
1 Gavin Smellie	Flying Angels Academy	! 6.75 Q	1
2 Andre Ford-Azonwanna	Strive Athletics Club	! 6.78 Q	2
3 Dontae Richards-Kwok	Unattached Ontario	! 6.86 Q	3
4 Alex Lau	Toronto Varsity Blues	6.95 Q	4
5 Sesan Akerewusi	University of Windsor	7.01 Q	8
6 Jaiden Brown	University of Windsor	7.04 Q	6
7 Matthew Chan	Western Mustangs	7.06 Q	5
8 Tyler Hopkins	University of Windsor	7.08 Q	7
9 Tyler Bellaire	Border City	7.03 q	8
10 Xavier Joseph	York Lions	7.03 q	1
11 Kyle Sinden	Guelph Gryphons	7.05 q	4
12 Demari Grant	York Lions	7.06 q	2
13 Kurdell Reason	Guelph Gryphons	7.08 q	3
14 Quinn Charles	York Lions	7.08 q	6
15 Matt Creelman	Guelph Gryphons	7.08 q	6
16 Jayden Kelly	Guelph Gryphons	7.09 q	7
17 Kofi Kwarko-Fosu	Waterloo Track Club	7.14 q	7
18 Kayden Johnson	York Lions	7.16 q	4
19 Taylor Stewart	London Western Tfc	7.17 q	4
20 Adam Nalywaiko	Western Mustangs	7.17 q	5
21 Irwin Bramao	University of Windsor	7.18 q	1
22 Jason Richards	Guelph Gryphons	7.22	8
23 Mathew McKeegan	University of Windsor	7.24	2
24 Brandon Shokour	York Lions	7.25	5
25 Owen Hebb	Guelph Gryphons	7.26	1
26 Jonathan Balogun	Western Mustangs	7.27	7
26 Kwaku Bonsu	Brock Badgers	7.27	6
28 Jacob Gareau	McMaster Marauders	7.29	8
29 Rashid Archer	University of Windsor	7.30	3
30 Mark Emode	Guelph Gryphons	7.31	7
31 Akeil Zarudny	Toronto Varsity Blues	7.32	2
32 Joerg Ahne	University of Waterloo	7.32	6
33 Nicholas Mills	York Lions	7.33	5
34 Anthony Kwan	Toronto Varsity Blues	7.34	7



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Preliminaries ... (Event 2 Men 60 Meter Dash University)

Name	Team	Prelims	H#
35 Sodiq Ibrahim	York Lions	7.34	6
36 Jay Weng	University of Waterloo	7.36	8
37 Justin Rempillo	University of Windsor	7.38	1
38 Juba Aliu	University of Windsor	7.39	5
39 Justin To	University of Waterloo	7.39	5
40 Michael Puhalla	Usatf-Mi	7.41	3
41 Justus Cesar	University of Windsor	7.43	7
42 Ben Gadsby	Brock Badgers	7.52	4
43 Hok Lee	Brock Badgers	7.53	1
44 Adam Farmer	Western Mustangs	7.63	4
45 Jackson Cheung	Guelph Gryphons	7.65	3
46 Paul Bisnauth	Brock Badgers	7.66	1
47 Ryan Dooley	Western Mustangs	7.69	2
48 Edrick Macdon	Brock Badgers	7.86	8
--- Marcus Penalozza	University of Windsor	FS	6
--- Emmanuel Harawa	Brock Badgers	DQ	8
--- Joseph Bell	Western Mustangs	DQ	4

Event 2 Men 60 Meter Dash University

Meet: 6.68 * 1983

Desai Williams, York

USports: 6.87 !

Name	Team	Semis	H#
Semi-Finals			
1 Andre Ford-Azonwanna	Strive Athletics Club	! 6.72 Q	2
2 Gavin Smellie	Flying Angels Academy	! 6.72 Q	3
3 Dontae Richards-Kwok	Unattached Ontario	! 6.86 Q	1
4 Tyler Bellaire	Border City	6.91 Q	1
5 Sesan Akerewusi	University of Windsor	6.98 Q	2
6 Demari Grant	York Lions	6.98 Q	3
7 Xavier Joseph	York Lions	6.97 q	1
8 Alex Lau	Toronto Varsity Blues	6.98	1
9 Matthew Chan	Western Mustangs	7.00	3
10 Kofi Kwarko-Fosu	Waterloo Track Club	7.02	2
11 Jaiden Brown	University of Windsor	7.03	3
12 Jayden Kelly	Guelph Gryphons	7.03	1
13 Kyle Sinden	Guelph Gryphons	7.04	2
14 Kurdell Reason	Guelph Gryphons	7.04	3
15 Quinn Charles	York Lions	7.07	2
16 Tyler Hopkins	University of Windsor	7.08	2
17 Adam Nalywaiko	Western Mustangs	7.13	2
18 Kayden Johnson	York Lions	7.13	3
--- Irwin Bramao	University of Windsor	DQ	1



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Event 2 Men 60 Meter Dash University

Meet: 6.68 * 1983 Desai Williams, York
 USports: 6.87 !

Name	Team	Finals
Finals		
1 Andre Ford-Azonwanna	Strive Athletics Club	6.71 !
2 Gavin Smellie	Flying Angels Academy	6.78 !
3 Dontae Richards-Kwok	Unattached Ontario	6.83 !
4 Demari Grant	York Lions	6.94
5 Sesan Akerewusi	University of Windsor	6.98
6 Xavier Joseph	York Lions	7.57

Event 3 Women 300 Meter Dash University

Meet: 38.62 * 1994 Beverly Grant/Alicia Brown, /Toronto
 USports: 38.68 !

Name	Team	Finals	H#
Finals			
1 Kelsey Balkwell	University of Windsor	37.99 *	11
2 Aiyanna Stiverne	Unattached	38.40 *	11
3 Christy Ihunaegbo	York Lions	39.18	10
4 Morgan Byng	Guelph Gryphons	39.53	10
5 Tessa Hamilton	Guelph Gryphons	39.73	10
6 Katrina Innanen	Toronto Varsity Blues	39.73	11
7 Jenna Smith	Guelph Gryphons	39.95	11
8 Lindsay Brandys	Toronto Varsity Blues	39.96	9
9 Zoe Sherar	Guelph Gryphons	40.17	9
10 Lauren D'Agnolo	Guelph Gryphons	40.19	10
11 Alexia Lamothe	University of Windsor	40.74	8
12 Simone Da Silva	York Lions	41.03	4
13 Courtney Dwyer	York Lions	41.09	9
14 Nicole Smith	Guelph Gryphons	41.13	8
15 Tiana Sinnatamby	Guelph Gryphons	41.16	7
16 Ally Oulds	Western Mustangs	41.23	7
17 Mikeisha Bobb	York Lions	41.33	5
18 Marvelous Agbonwaneten	York Lions	41.49	6
19 Megan Beaudry	Western Mustangs	41.71	6
20 Kelly Hodgins	University of Windsor	41.74	8
21 Jasmine Hurst	University of Windsor	41.80	7
22 Emma Floris	University of Windsor	41.81	6
23 Kristy Hodgins	University of Windsor	42.08	7
24 Zakiya Tavernier	York Lions	42.17	4
25 Bella Efremenko	Toronto Varsity Blues	42.19	6
26 Nicolette Witherspoon	York Lions	42.49	5
27 Chante Burnett	Western Mustangs	42.56	6



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Finals ... (Event 3 Women 300 Meter Dash University)

Name	Team	Finals	H#
28 Michelle Corallo	Toronto Varsity Blues	42.93	2
29 Kaitlynn Meier-Ross	University of Waterloo	42.96	4
30 Stephanie Shaw	University of Windsor	43.02	7
31 Kylie Stiel	University of Windsor	43.02	5
32 Reilly Jones	Toronto Varsity Blues	43.24	5
33 Hailey McKechnie	Western Mustangs	43.93	3
34 Mylene Tu	University of Waterloo	44.22	3
35 Victoria Giroux	University of Windsor	44.37	3
36 Justine Archer	University of Waterloo	44.64	4
37 Amanda Black	Toronto Varsity Blues	45.81	2
38 Phoebe Wolfe	University of Waterloo	45.93	4
39 Katie Falla	McMaster Marauders	46.81	3
40 Marissa Dakin-Lachance	Brock Badgers	49.15	1
41 Monica Binotto	Brock Badgers	51.51	2
42 Madison Wilson-Walker	Western Mustangs	51.83	1

Event 4 Men 300 Meter Dash UniversityMeet: **33.89 * 1993**

Anthony Price

USports: **33.82 !**

Name	Team	Finals	H#
Finals			
1 Graeme Thompson	Guelph Gryphons	34.90	11
2 Jack Berkshire	Toronto Varsity Blues	35.18	11
3 Alexander Augimeri	Toronto Varsity Blues	35.19	11
4 Jaiden Brown	University of Windsor	35.42	10
5 Chris Kramer	University of Windsor	35.75	11
6 Joshua Lorentz	University of Waterloo	35.78	10
7 James Muharrem	Guelph Gryphons	35.80	7
8 Charles Sutton	Toronto Varsity Blues	35.81	9
9 Cade Wykes	Toronto Varsity Blues	35.88	8
10 Jordan Mabbott	Western Mustangs	35.91	1
11 Nathan Egert	Guelph Gryphons	35.94	10
12 Xavier Jehovah	York Lions	36.00	8
13 Davis Edward	Guelph Gryphons	36.04	9
14 Levar Russell	York Lions	36.17	7
15 Owen Babcock	University of Waterloo	36.29	7
16 Mark Hutchinson	York Lions	36.36	5
17 Tanner Sleep	University of Windsor	36.37	7
18 Greg Cherniak	Western Mustangs	36.39	6
19 Mathew McKeegan	University of Windsor	36.41	8
20 Zeon Bass	York Lions	36.43	5
21 Jalen Pidlubny	York Lions	36.72	5
22 Bedi Ndinsil	Guelph Gryphons	36.76	8



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Finals ... (Event 4 Men 300 Meter Dash University)

Name	Team	Finals	H#
23 Brendan Forde	Western Mustangs	36.83	5
24 Emmanuel Harawa	Brock Badgers	36.96	4
25 Daniele Orsini	York Lions	37.24	6
26 Devin Leblanc	Western Mustangs	37.49	9
27 Justus Cesar	University of Windsor	37.69	3
28 Akil Julien	University of Toronto TC	37.71	6
29 Sheldon Bernard	Toronto Varsity Blues	37.86	4
30 Kingboy Douglas Jr	York Lions	37.88	2
31 John Riley	University of Windsor	37.90	3
32 Justin To	University of Waterloo	38.08	2
33 Christian Conlon	University of Windsor	38.09	4
34 Rashid Archer	University of Windsor	38.29	3
35 Gabriel Rahming	York Lions	38.43	4
36 Paul Bisnauth	Brock Badgers	38.59	2
37 Jacob Gareau	McMaster Marauders	38.60	3
38 Jay Weng	University of Waterloo	38.62	3
39 Curtis Hollness	University of Windsor	39.11	1
40 Tristan Vermolen	Brock Badgers	39.43	1
41 Juba Aliu	University of Windsor	39.57	2
42 Tyrell Mairs-Onwumere	York Lions	40.03	2
--- Marcus Penalzoa	University of Windsor	DNF	10
--- Tohma Van Bergen	York Lions	DQ	5

Event 5 Women 600 Meter Run University

Meet: 1:30.58 * 1985 Molly Killingbeck, York

USports: 1:29.76 !

Name	Team	Finals	H#
Finals			
1 Elizabeth Whelan	University of Toronto TC	1:31.57	4
29.343 (29.343) 59.996 (30.653)	1:31.568 (31.573)		
2 Rachel Jewett	University of Toronto TC	1:34.52	4
29.607 (29.607) 1:00.487 (30.880)	1:34.518 (34.032)		
3 Olivia Romaniw	Guelph Gryphons	1:34.94	4
29.770 (29.770) 1:00.645 (30.875)	1:34.933 (34.289)		
4 Alison Robinson	University of Windsor	1:36.01	4
29.525 (29.525) 1:01.177 (31.653)	1:36.006 (34.829)		
5 Rachel Bronzovich	University of Waterloo	1:37.09	4
29.977 (29.977) 1:01.827 (31.850)	1:37.081 (35.255)		
6 Sydney Pattison	Laurier Golden Hawks	1:39.50	3
31.303 (31.303) 1:39.498 (1:08.195)			
7 Stephanie Shaw	University of Windsor	1:39.93	4
29.403 (29.403) 1:01.547 (32.144)	1:39.923 (38.377)		
8 Kiana Gibson	Guelph Gryphons	1:40.01	3
1:40.003 (1:40.003)			



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Finals ... (Event 5 Women 600 Meter Run University)

Name	Team	Finals	H#
9 Sarah Welch 31.109 (31.109) 1:40.187 (1:09.079)	Guelph Gryphons	1:40.19	3
10 Sarah Kwajafa 1:40.776 (1:40.776)	Toronto Varsity Blues	1:40.78	3
11 Ava Rodrigues 1:42.560 (1:42.560)	Toronto Varsity Blues	1:42.56	3
12 Alex Ratcliffe 1:43.873 (1:43.873)	Brock Badgers	1:43.88	3
13 Meaghan Kelly 32.439 (32.439) 1:09.295 (36.856)	York Lions	1:46.06	2
14 Anna-Kay Green 31.910 (31.910) 1:09.035 (37.125)	York Lions	1:46.10	2
15 Emily Goodwin 31.209 (31.209) 1:08.797 (37.589)	York Lions	1:46.33	2
16 Jessica Martin 32.552 (32.552) 1:09.471 (36.920)	Laurier Golden Hawks	1:48.46	2
17 Tracey Edwards 32.312 (32.312) 1:09.844 (37.532)	York Lions	1:51.03	1
18 Alyssa Point 33.665 (33.665) 1:10.714 (37.050)	Brock Badgers	1:51.34	2
19 Rasheeda Gurley 34.786 (34.786) 1:14.661 (39.875)	York Lions	1:53.22	1
20 Michaela Point 33.759 (33.759) 1:12.611 (38.852)	Brock Badgers	1:55.63	1

Event 6 Men 600 Meter Run University

Meet: 1:19.28 * 1982

Kevin Jones, Northwood Institute

USports: 1:18.66 !

Name	Team	Finals	H#
Finals			
1 Alexander Bimm 26.328 (26.328) 53.351 (27.024)	Toronto Varsity Blues	1:22.00	4
2 Mitchell Paterson 26.084 (26.084) 53.110 (27.027)	University of Windsor	1:22.33	4
3 Levi Fretz 26.512 (26.512) 53.552 (27.040)	Guelph Gryphons	1:22.41	4
4 Simon Quann 26.523 (26.523) 54.106 (27.583)	Guelph Gryphons	1:22.83	4
5 Mateusz Krekora 27.202 (27.202) 55.087 (27.885)	Toronto Varsity Blues	1:24.11	4
6 Taylor Lyman 26.983 (26.983) 54.657 (27.675)	Guelph Gryphons	1:25.03	3
7 Jerome Jude 27.770 (27.770) 56.194 (28.425)	Toronto Varsity Blues	1:25.56	4
8 Matthew Ryckman 27.436 (27.436) 55.697 (28.262)	Western Mustangs	1:25.70	3



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Finals ... (Event 6 Men 600 Meter Run University)

Name	Team	Finals	H#
9 Taj Jones-McCormick 27.892 (27.892) 56.555 (28.663)	Guelph Gryphons	1:25.89	3
10 Austin Grismer 27.934 (27.934) 56.960 (29.027)	University of Waterloo	1:26.38	2
11 Nathan Flach 27.528 (27.528) 56.597 (29.070)	University of Waterloo	1:26.62	2
12 Bart Antczak 28.379 (28.379) 57.449 (29.070)	University of Waterloo	1:27.10	2
13 Ryley Mehta 27.759 (27.759) 57.136 (29.377)	Western Mustangs	1:27.19	3
14 Brock Martin 28.041 (28.041) 58.098 (30.058)	York Lions	1:28.44	3
15 Brandon Sellers 27.852 (27.852) 58.326 (30.475)	University of Windsor	1:28.50	3
16 Scott Chalupiak 28.534 (28.534) 58.071 (29.538)	Guelph Gryphons	1:31.79	2
17 Branden Gallagher 28.529 (28.529) 59.778 (31.250)	Brock Badgers	1:33.29	1
18 Tim Lytle 29.627 (29.627) 1:01.354 (31.728)	Laurier Golden Hawks	1:36.30	1
19 Charles Binks-Collier 29.320 (29.320) 1:02.221 (32.901)	Laurier Golden Hawks	1:37.65	1

Event 7 Women 1000 Meter Run University

Meet: **2:45.07 * 2015** Sasha Gollish, Toronto

USports: **2:45.49 !**

Name	Team	Finals
Finals		
1 Madeleine Kelly 33.723 (33.723) 1:08.193 (34.470)	Toronto Varsity Blues	2:47.79
2:47.789 (32.258)		2:15.532 (33.533)
2 Kate Current 34.096 (34.096) 1:08.512 (34.417)	Western Mustangs	2:50.46
2:50.459 (33.960)		2:16.500 (34.177)
3 Stefanie Smith 34.315 (34.315) 1:08.286 (33.971)	University of Windsor	2:51.71
2:51.709 (35.620)		2:16.090 (34.024)
4 Gillian Ceyhan 34.571 (34.571) 1:09.036 (34.465)	Toronto Varsity Blues	2:53.92
2:53.916 (34.819)		2:19.098 (35.319)
5 Dana Earhart 34.442 (34.442) 1:08.809 (34.367)	Guelph Gryphons	2:55.39
2:55.390 (36.362)		2:19.029 (35.570)
6 Madison Greenough 35.400 (35.400) 1:11.741 (36.341)	University of Waterloo	3:02.10
3:02.094 (36.633)		2:25.461 (36.878)



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Finals ... (Event 7 Women 1000 Meter Run University)

Name	Team	Finals
7 Mikayla Hewitt 35.099 (35.099) 1:11.063 (35.964) 3:06.564 (38.548)	Western Mustangs 1:48.717 (37.654) 2:28.017 (39.300)	3:06.57
8 Rachel Crawley 34.848 (34.848) 1:10.742 (35.895) 3:07.420 (39.575)	University of Windsor 1:48.426 (37.684) 2:27.846 (39.420)	3:07.42
9 Madeleine Nolan 35.711 (35.711) 1:13.119 (37.408) 3:10.323 (38.529)	University of Waterloo 1:52.374 (39.256) 2:31.795 (39.421)	3:10.33
10 Sabrina Marsh 36.137 (36.137) 1:13.311 (37.175) 3:11.332 (39.258)	University of Waterloo 1:52.603 (39.292) 2:32.075 (39.472)	3:11.34
11 Chloe Nolet 36.676 (36.676) 1:14.880 (38.205) 3:31.409 (47.244)	Brock Badgers 1:57.909 (43.029) 2:44.166 (46.258)	3:31.41
12 Lindsay Turai 37.009 (37.009) 1:16.673 (39.665) 3:39.237 (46.335)	Laurier Golden Hawks 2:02.664 (45.991) 2:52.902 (50.239)	3:39.24

Event 8 Men 1000 Meter Run UniversityMeet: **2:25.33 * 2014** Alex Ullman, WindsorUSports: **2:23.01 !**

Name	Team	Finals	H#
Finals			
1 Thomas Land 28.997 (28.997) 58.297 (29.300) 2:26.624 (28.892)	Guelph Gryphons 1:27.951 (29.654) 1:57.733 (29.782)	2:26.63	2
2 Mostafa Elkurdy 29.221 (29.221) 58.523 (29.302) 2:26.855 (28.858)	Guelph Gryphons 1:28.162 (29.640) 1:57.998 (29.837)	2:26.86	2
3 Andrew Leblanc 29.521 (29.521) 58.837 (29.317) 2:26.884 (28.550)	Guelph Gryphons 1:28.450 (29.613) 1:58.334 (29.885)	2:26.89	2
4 Cole Hannam 31.077 (31.077) 1:01.174 (30.097) 2:32.605 (29.945)	University of Windsor 1:31.427 (30.254) 2:02.661 (31.234)	2:32.61	2
5 Ciaran Callaghan 29.935 (29.935) 59.577 (29.642) 2:34.644 (32.429)	Western Mustangs 1:29.935 (30.359) 2:02.215 (32.280)	2:34.65	2
6 Aiden Mallany-Stanley 30.570 (30.570) 1:00.921 (30.351)	Guelph Gryphons 1:31.795 (30.875) 2:03.881 (32.086)	2:34.91	2
7 Jeremy Mol	Brock Badgers	2:37.51	1
8 Mitchell Miron	University of Toronto TC	2:37.93	1
9 Brendan Costello 30.926 (30.926) 1:01.695 (30.770) 2:37.970 (31.761)	Western Mustangs 1:33.385 (31.690) 2:06.209 (32.824)	2:37.97	2
10 Tadzick Czubernat	University of Windsor	2:38.65	1
11 Matt Hickey	McMaster Marauders	2:40.49	1



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Finals ... (Event 8 Men 1000 Meter Run University)

Name	Team	Finals	H#
12 Alex Broekhuysse 31.495 (31.495) 1:02.650 (31.155) 2:42.524 (34.397)	Western Mustangs	2:42.53	2
13 Brendan Heikkinen	University of Windsor	2:50.15	1
14 Harrison Enns	Brock Badgers	2:52.98	1

Event 9 Women 1500 Meter Run University

Meet: 4:17.91 * 2016 Melissa Bishop, Ottawa Lions

USports: 4:23.76 !

Name	Team	Finals	H#
Finals			
1 Bettina Boucher	Laurier Golden Hawks	4:40.00	2
2 Emma Hubbard	Guelph Gryphons	4:41.00	2
3 Sadie-Jane Hickson	Guelph Gryphons	4:42.94	2
4 Erin Mawhinney	McMaster Marauders	4:46.76	2
5 Lizzy Laurie	Laurier Golden Hawks	4:48.77	2
6 Emily Nowak	McMaster Marauders	4:52.01	2
7 Jessica White	Western Mustangs	4:52.94	2
8 Francesca Maltais	Guelph Gryphons	4:53.26	2
9 Hayley Dick	Western Mustangs	5:00.42	1
10 Sarah Wismer	Guelph Gryphons	5:02.48	2
11 Kristine Nilsen	Laurier Golden Hawks	5:03.04	1
12 Christina Sevsek	Guelph Gryphons	5:03.49	2
13 Meghan Rothenbroker	McMaster Marauders	5:05.04	1
14 Sarah Cranmer-Byng	Unattached Ontario	5:05.71	1
15 Anjoli Vanderkuur	Western Mustangs	5:05.81	2
16 Hilary Stone	Western Mustangs	5:06.02	1
17 Jenna Gascho	Laurier Golden Hawks	5:07.45	1
18 Emma Segato	Laurier Golden Hawks	5:10.92	1
19 Chelsea Viselli	University of Windsor	5:12.06	1
20 Elizabeth Teasell	Western Mustangs	5:21.83	1
21 Claire Fleming	Laurier Golden Hawks	5:24.05	1
22 Mya Vialva	University of Windsor	5:32.30	1
23 Vanessa Cotter	University of Windsor	5:32.91	1
24 Emma Davis	Laurier Golden Hawks	5:33.71	1

Event 10 Men 1500 Meter Run University

Meet: 3:50.48 * 2016 Sacha Smart, Toronto

USports: 3:46.90 !

Name	Team	Finals	H#
Finals			
1 Sergio Ruez Villanueva	McMaster Marauders	3:53.49	4
2 Mark Patton	Guelph Gryphons	3:54.02	4
3 Connor Black	Guelph Gryphons	3:54.35	4



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Dennis Fairall Fieldhouse, U of Windsor
Results

Finals ... (Event 10 Men 1500 Meter Run University)

Name	Team	Finals	H#
4 Michael Styba	University Of Toronto Tc	3:55.17	4
5 Noah Defreyne	Toronto Varsity Blues	3:55.63	4
6 Joshua McGillvray	McMaster Marauders	3:57.26	4
7 Braydon Clarke	Guelph Gryphons	3:57.60	4
8 Benjamin Workman	Guelph Gryphons	3:57.91	4
9 Logan Martineau	Guelph Gryphons	3:58.82	3
10 Andrew Nebel	University of Windsor	3:58.83	3
11 Mitchell Ubene	Guelph Gryphons	3:59.14	4
12 Joe Kagumba	University of Windsor	4:00.05	4
13 Akiva Goldberg	University of Waterloo	4:02.47	3
14 Joshua Kellier	Guelph Gryphons	4:02.86	4
15 Andrew Shepherd	Guelph Gryphons	4:03.26	3
16 Brady Graves	Guelph Gryphons	4:03.31	3
17 Eric Macpherson	McMaster Marauders	4:03.48	3
18 Alex Drover	McMaster Marauders	4:03.52	3
19 Noah Tivenez	Guelph Gryphons	4:03.60	3
20 Gregory Danayan	Western Mustangs	4:04.14	3
21 Dan Hilbers	Laurier Golden Hawks	4:04.65	3
22 Joe Sheridan	Laurier Golden Hawks	4:06.63	2
23 Robert Lawand	Toronto Varsity Blues	4:06.64	3
24 Nick Kondrat	McMaster Marauders	4:07.27	4
25 Sam Kinahan	Toronto Varsity Blues	4:07.50	2
26 Josh Zilles	University of Windsor	4:08.02	3
27 Gavin Hughes	Guelph Gryphons	4:08.24	1
28 David Poloni	Guelph Gryphons	4:09.09	3
29 Chris Gowan	University of Toronto TC	4:09.11	2
30 Nicolas Wood	University Of Toronto Tc	4:10.17	2
31 Landon Leone	Toronto Varsity Blues	4:10.31	1
32 Ryan Were	McMaster Marauders	4:10.59	1
33 Matthew McArthur	McMaster Marauders	4:10.87	1
34 Mathieu Gauthier	Western Mustangs	4:11.25	2
35 Evan Ubene	McMaster Marauders	4:11.52	1
36 Joseph De Sousa	Western Mustangs	4:11.59	1
37 Brendan Simone	University of Windsor	4:11.77	2
38 Caelum Wishart	Guelph Gryphons	4:12.51	2
39 Brendan Masters	Laurier Golden Hawks	4:12.77	1
40 Joshua Martin	University of Windsor	4:13.02	2
41 Ali Ghadghoni	York Lions	4:13.13	2
42 Zach Frangos	Toronto Varsity Blues	4:14.06	1
43 Carter Wood	Western Mustangs	4:14.33	2
44 Jacob Rothera	University of Windsor	4:14.85	2
45 Ryan Banks	University of Windsor	4:15.53	1
46 Sam Agnew	York Lions	4:15.72	2



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Finals ... (Event 10 Men 1500 Meter Run University)

Name	Team	Finals	H#
47 Victor Nogues-Salkowski	York Lions	4:15.78	1
48 Joey Hardy	Laurier Golden Hawks	4:20.35	1
49 Zack Savlov	Laurier Golden Hawks	4:20.36	1
50 Emrys Halbertsma	Laurier Golden Hawks	4:43.94	1
--- Tyler Jones	U Windsor Athletic Club	DNF	1
--- Mitch Heynik	University of Windsor	DNF	2

Event 11 Women 3000 Meter Run University

Meet: 9:36.15 * 2015 Heather Petrick, Guelph

USports: 9:24.38 !

Name	Team	Finals
Finals		
1 Alyssa Randall	University of Waterloo	10:25.77
2 Stephanie Ryall	University of Waterloo	10:27.83
3 Hannah Woodhouse	Guelph Gryphons	10:28.30
4 Katherine Marshall	Toronto Varsity Blues	10:38.41
5 Sarah Wismer	Guelph Gryphons	10:43.19
6 Anjoli Vanderkuur	Western Mustangs	10:48.01
7 Christina Sevsek	Guelph Gryphons	10:48.42
8 Hilary Stone	Western Mustangs	10:48.90
9 Hayley Dick	Western Mustangs	10:54.54
10 Elizabeth Teasell	Western Mustangs	12:29.09

Event 12 Men 3000 Meter Run University

Meet: 8:15.19 * 2015 Aaron Hendrikx, Guelph

USports: 8:10.32 !

Name	Team	Finals	H#
Finals			
1 Connor Black	Guelph Gryphons	8:22.76	1
2 Mark Patton	Guelph Gryphons	8:26.95	1
3 Benjamin Workman	Guelph Gryphons	8:29.41	1
4 Mitchell Ubene	Guelph Gryphons	8:31.96	1
5 Logan Martineau	Guelph Gryphons	8:36.51	1
6 Brady Graves	Guelph Gryphons	8:39.07	1
7 Robert Lawand	Toronto Varsity Blues	8:41.00	1
8 Andrew Shepherd	Guelph Gryphons	8:44.03	1
9 Gavin Hughes	Guelph Gryphons	8:54.54	2
10 Joshua Kellier	Guelph Gryphons	8:55.09	1
11 David Poloni	Guelph Gryphons	9:02.46	2
12 Mathieu Gauthier	Western Mustangs	9:02.55	2
13 Caelum Wishart	Guelph Gryphons	9:02.58	2
14 Carter Wood	Western Mustangs	9:04.39	2
15 Ricky Nepomuceno	Windsor Legion Tfc	9:05.01	2



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Finals ... (Event 12 Men 3000 Meter Run University)

Name	Team	Finals	H#
16 Joseph De Sousa	Western Mustangs	9:07.23	2
17 Ryan Banks	University of Windsor	9:13.99	2
18 Zach Frangos	Toronto Varsity Blues	9:23.44	2
19 Sam Agnew	York Lions	9:24.38	2
20 Cameron Cira	Toronto Varsity Blues	9:28.61	2
21 Jeremy Mol	Brock Badgers	9:33.19	2
22 Jack Cooper	Guelph Gryphons	9:37.17	2
23 Nicholas Neri	University of Windsor	9:58.56	2

Event 13 Women 60 Meter Hurdles University

Meet: 8.10 * 2016 Nikkita Holder, Flying Angel

USports: 8.51 !

Name	Team	Prelims	H#
Preliminaries			
1 Sarah Hammond	Guelph Gryphons	! 8.50 Q	1
2 Hailey Hitchings	Guelph Gryphons	8.61 Q	2
3 Kendra Leger	Guelph Gryphons	8.69 Q	4
4 Jasmine Hurst	University of Windsor	8.75 Q	3
5 Alexia Lamothe	University of Windsor	8.71 Q	4
6 Shaylyn Kowalchuk	Excel Athletika	8.79 Q	1
7 Emma Nero	Guelph Gryphons	8.81 Q	3
8 Courtney Rivait	University of Windsor	8.83 Q	2
9 Emily Bowerman	Guelph Gryphons	9.01 q	1
10 Claire Millard	Western Mustangs	9.20 q	4
11 Maja Naruszewicz	Guelph Gryphons	9.22 q	3
12 Anna Wojtis	Brock Badgers	9.38 q	2
13 Oonagh Webster	University of Windsor	9.39 q	1
14 Michelle Corallo	Toronto Varsity Blues	9.49 q	2
15 Katie Zohorsky	Western Mustangs	9.50	4
16 Tracey Edwards	York Lions	9.54	3
17 Hailey McKechnie	Western Mustangs	9.56	2
18 Katie Beaudry	Western Mustangs	9.58	1
19 Amanda Black	Toronto Varsity Blues	9.78	4
20 Nia Holmes	University of Windsor	9.87	3
21 Rasheeda Gurley	York Lions	9.96	1
22 Gabrielle Gregg	Western Mustangs	9.97	1
23 Adriana Beukeboom	Brock Badgers	11.11	4
24 Ayasha Horner	Western Mustangs	11.22	3
25 Rowan Thomas	Western Mustangs	12.12	2



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Event 13 Women 60 Meter Hurdles University

Meet: 8.10 * 2016 Nikkita Holder, Flying Angel

USports: 8.51 !

Name	Team	Finals	H#
Finals			
1 Sarah Hammond	Guelph Gryphons	8.46 !	2
2 Kendra Leger	Guelph Gryphons	8.61	2
3 Hailey Hitchings	Guelph Gryphons	8.67	2
4 Emma Nero	Guelph Gryphons	8.69	2
5 Courteney Rivait	University of Windsor	8.80	1
6 Jasmine Hurst	University of Windsor	8.81	2
7 Shaylyn Kowalchuk	Excel Athletika	8.85	2
8 Emily Bowerman	Guelph Gryphons	9.11	1
9 Claire Millard	Western Mustangs	9.26	1
10 Alexia Lamothe	University of Windsor	9.31	2
11 Maja Naruszewicz	Guelph Gryphons	9.42	1
12 Michelle Corallo	Toronto Varsity Blues	9.51	1
13 Anna Wojtis	Brock Badgers	9.58	1
--- Oonagh Webster	University of Windsor	DNF	1

Event 14 Men 60 Meter Hurdles University

Meet: 7.91 * 2015 Greg Macneill, Toronto

USports: 8.23 !

Name	Team	Prelims	H#
Preliminaries			
1 Jackson Cheung	Guelph Gryphons	8.26 Q	1
2 Locky Butcher	Western Mustangs	8.32 Q	2
3 Kayden Johnson	York Lions	8.52 Q	3
4 Anthony Kwan	Toronto Varsity Blues	8.45 Q	1
5 Shawn Beaudoin	Windsor Legion Tfc	8.64 Q	3
6 Ryan Dooley	Western Mustangs	8.84 Q	2
7 Mark Emode	Guelph Gryphons	8.47 Q	1
8 Justice Archer	Guelph Gryphons	8.69 Q	3
9 James Muharrem	Guelph Gryphons	9.00 Q	2
10 Steven Wilkens-Reeves	Toronto Varsity Blues	8.92 q	1
11 Greg Spangenberg	Western Mustangs	9.00 q	2
12 Adam Farmer	Western Mustangs	9.09 q	2
13 Tristan Vermolen	Brock Badgers	9.27 q	1
14 Ryan Evans	Western Mustangs	9.30 q	3
--- Sebastien Smith	Guelph Gryphons	FS	2



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Event 14 Men 60 Meter Hurdles University

Meet: 7.91 * 2015 Greg Macneill, Toronto

USports: 8.23 !

Name	Team	Finals	H#
Finals			
1 Kayden Johnson	York Lions	8.21 !	2
2 Jackson Cheung	Guelph Gryphons	8.27	2
3 Anthony Kwan	Toronto Varsity Blues	8.42	2
4 Locky Butcher	Western Mustangs	8.46	2
5 Justice Archer	Guelph Gryphons	8.61	1
6 James Muharrem	Guelph Gryphons	8.68	1
7 Mark Emode	Guelph Gryphons	8.71	2
8 Steven Wilkens-Reeves	Toronto Varsity Blues	8.82	1
9 Ryan Dooley	Western Mustangs	8.83	2
10 Shawn Beaudoin	Windsor Legion Tfc	8.90	2
11 Greg Spangenberg	Western Mustangs	9.11	1
12 Adam Farmer	Western Mustangs	9.14	1
13 Tristan Vermolen	Brock Badgers	9.21	1
14 Ryan Evans	Western Mustangs	9.30	1

Event 15 Women 4x200 Meter Relay University

Meet: 1:39.98 * 1983 , University of Michigan

USports: 1:38.77 !

Team	Relay	Finals	H#
Finals			
1 University of Windsor	A	1:40.42	3
1) Kelsey Balkwell	2) Courtney Rivait	3) Kelly Hodgins	4) Alexia Lamothe
48.956 (48.956)	1:14.641 (25.685)	1:40.416 (25.775)	
2 Guelph Gryphons	A	1:40.76	3
1) Shyvonne Roxborough	2) Morgan Byng	3) Kendra Leger	4) Nicole Smith
49.766 (49.766)	1:15.056 (25.291)	1:40.756 (25.700)	
3 Guelph Gryphons	B	1:42.32	2
1) Zaria Armstrong	2) Hailey Hitchings	3) Tiana Sinnatamby	4) Sarah Hammond
52.039 (52.039)	1:17.180 (25.141)	1:42.320 (25.140)	
4 Toronto Varsity Blues	A	1:43.41	2
1) Lindsay Brandys	2) Katrina Innanen	3) Phoebe Simmons	4) Georgia Lam
50.208 (50.208)	1:16.851 (26.643)	1:43.404 (26.553)	
5 York Lions	A	1:44.06	1
1) Monique Simon-Tucker	2) Courtney Dwyer	3) Shania Payne	4) Christy Ihunaegbo
51.911 (51.911)	1:18.691 (26.780)		
6 University of Windsor	B	1:45.16	2
1) Jasmine Hurst	2) Emma Floris	3) Kristy Hodgins	4) Kylie Stiel
51.745 (51.745)	1:17.619 (25.875)	1:45.160 (27.541)	
7 Western Mustangs	B	1:47.32	1
1) Daniella Castello	2) Megan Beaudry	3) Antonina Struminski	4) Chante Burnett
53.675 (53.675)	1:20.661 (26.987)		



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Finals ... (Event 15 Women 4x200 Meter Relay University)

Team	Relay	Finals	H#
8 University of Waterloo	A	1:47.61	2
1) Tegan Sauer	2) Phoebe Wolfe	3) Kelsi Darmon	4) Victoria Young
52.612 (52.612)	1:19.177 (26.566)	1:47.610 (28.433)	
9 York Lions	B	1:48.10	1
1) Diana Boa	2) Heniesha Christie	3) Danielle Knight	4) Georgia Campbell
53.988 (53.988)	1:21.128 (27.140)		
10 Western Mustangs	A	1:48.32	3
1) Sydney Smith	2) Courtney Langille	3) Ally Oulds	4) Amy O'Donnell
56.023 (56.023)	1:22.118 (26.096)	1:48.313 (26.195)	

Event 16 Men 4x200 Meter Relay UniversityMeet: **1:28.48 * 1983**, Northwood InstituteUSports: **1:27.54 !**

Team	Relay	Finals	H#
Finals			
1 University of Windsor	A	1:29.63	3
1) Tyler Hopkins	2) Chris Kramer	3) Jaiden Brown	4) Mathew McKeegan
45.139 (45.139)	1:07.091 (21.952)	1:29.629 (22.539)	
2 Guelph Gryphons	A	1:29.99	3
1) Graeme Thompson	2) Jayden Kelly	3) Davis Edward	4) Nathan Egert
45.372 (45.372)	1:07.721 (22.350)	1:29.984 (22.263)	
3 Toronto Varsity Blues	A	1:30.58	3
1) Jack Berkshire	2) Alex Lau	3) Alexander Augimeri	4) Charles Sutton
45.425 (45.425)	1:08.050 (22.626)	1:30.574 (22.524)	
4 University of Waterloo	A	1:31.66	2
1) Joshua Lorentz	2) Joerg Ahne	3) Owen Babcock	4) Jay Weng
45.144 (45.144)	1:08.012 (22.869)	1:31.660 (23.649)	
5 Guelph Gryphons	B	1:31.80	2
1) Sebastien Smith	2) Kurdell Reason	3) Bedi Ndinsil	4) James Muharrem
45.652 (45.652)	1:09.077 (23.426)	1:31.798 (22.721)	
6 York Lions	A	1:32.16	1
1) Jalen Pidlubny	2) Demari Grant	3) Brandon Shokour	4) Tohma Van Bergen
45.764 (45.764)	1:08.384 (22.620)	1:32.158 (23.774)	
7 York Lions	B	1:33.32	1
1) Zeon Bass	2) Quinn Charles	3) Xavier Joseph	4) Gabriel Rahming
45.758 (45.758)	1:09.259 (23.501)	1:33.318 (24.060)	
8 University of Windsor	C	1:33.88	1
1) Justus Cesar	2) Rashid Archer	3) John Riley	4) Christian Conlon
46.484 (46.484)	1:09.969 (23.486)	1:33.874 (23.905)	
9 Toronto Varsity Blues	B	1:35.17	2
1) Cade Wykes	2) Zaid Malik	3) Sheldon Bernard	4) Akeil Zarudny
46.175 (46.175)	1:10.273 (24.099)	1:35.169 (24.897)	
10 Brock Badgers	A	1:35.57	1
1) Ben Gadsby	2) Emmanuel Harawa	3) Paul Bisnauth	4) Kwaku Bonsu
48.081 (48.081)	1:12.206 (24.125)	1:35.567 (23.361)	



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Finals ... (Event 16 Men 4x200 Meter Relay University)

Team	Relay	Finals	H#
11 University of Windsor	B	1:35.71	2
1) Marcus Penaloza	2) Sesan Akerewusi	3) Irwin Bramao	4) Tanner Sleep
44.779 (44.779)	1:07.999 (23.220)	1:35.701 (27.702)	
--- Western Mustangs	A	DQ	3
1) Adam Nalywaiko	2) Matthew Chan	3) Greg Cherniak	4) Kyle Nice
50.498 (50.498)	1:14.423 (23.925)	1:37.008 (22.586)	

Event 17 Women 4x400 Meter Relay University

Meet: 3:44.85 * 2016

Windsor Select, Windsor Select

N Sassine, N Montcalm, H Kurpe, M Bishop

USports: 3:46.90 !

Team	Relay	Finals	H#
Finals			
1 Toronto Varsity Blues	A	3:50.58	2
1) Bella Efremenko	2) Madeleine Kelly	3) Jazz Shukla	4) Katrina Innanen
59.934 (59.934)	1:57.278 (57.344)	2:54.627 (57.350)	3:50.572 (55.946)
2 Guelph Gryphons	A	3:51.79	2
1) Tiana Sinnatamby	2) Zoe Sherar	3) Tessa Hamilton	4) Jenna Smith
59.925 (59.925)	1:57.604 (57.680)	2:54.799 (57.196)	3:51.782 (56.983)
3 University of Toronto TC	A	3:56.06	2
1) Rachel Jewett			
1:01.516 (1:01.516)	1:59.629 (58.113)	2:56.644 (57.016)	3:56.052 (59.409)
4 Western Mustangs	A	4:02.56	2
1) Megan Beaudry	2) Katie Beaudry	3) Kate Current	4) Ally Oulds
1:01.854 (1:01.854)	2:01.904 (1:00.050)	3:02.516 (1:00.612)	4:02.552 (1:00.037)
5 University of Waterloo	A	4:07.84	2
1) Rachel Bronzovich	2) Kaitlynn Meier-Ross	3) Madison Greenough	4) Mylene Tu
1:00.584 (1:00.584)	2:01.529 (1:00.946)	3:03.719 (1:02.190)	4:07.834 (1:04.115)
6 University of Windsor	A	4:08.68	2
1) Kelly Hodgins	2) Kristy Hodgins	3) Victoria Giroux	4) Nia Holmes
1:00.686 (1:00.686)	2:00.442 (59.757)	3:05.152 (1:04.710)	4:08.679 (1:03.528)
7 York Lions	A	4:10.97	1
1) Nicolette Witherspoon	2) Heniesha Christie	3) Simone Da Silva	4) Meaghan Kelly
1:01.390 (1:01.390)	2:04.621 (1:03.231)	3:06.652 (1:02.031)	4:10.963 (1:04.311)
8 Laurier Golden Hawks	A	4:25.02	1
1) Jessica Martin	2) Lizzy Laurie	3) Emma Segato	4) Sydney Pattison
1:06.526 (1:06.526)	2:13.375 (1:06.849)	3:22.130 (1:08.756)	4:25.016 (1:02.886)
9 Laurier Golden Hawks	B	4:48.56	1
1) Jenna Gascho	2) Claire Fleming	3) Emma Davis	4) Lindsay Turai
1:13.607 (1:13.607)	2:24.423 (1:10.817)	3:38.408 (1:13.986)	4:48.554 (1:10.146)
--- Toronto Varsity Blues	B	DNF	1
1) Michelle Corallo	2) Sarah Kwajafa	3) Ava Rodrigues	4) Lindsay Brandys



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Event 18 Men 4x400 Meter Relay UniversityMeet: **3:19.60 * 1982**, Northwood InstituteUSports: **3:17.21 !**

Team	Relay	Finals	H#
Finals			
1 Toronto Varsity Blues	A	3:22.70	2
1) Alexander Augimeri	2) Alexander Bimm	3) Charles Sutton	4) Jack Berkshire
50.520 (50.520)	1:41.910 (51.390)	2:32.844 (50.934)	3:22.697 (49.854)
2 York Lions	A	3:23.92	1
1) Xavier Jehovah	2) Levar Russell	3) Daniele Orsini	4) Mark Hutchinson
51.184 (51.184)	1:41.459 (50.275)	2:32.912 (51.453)	3:23.919 (51.008)
3 Western Mustangs	A	3:27.30	2
1) Jordan Mabbott	2) Brendan Forde	3) Greg Cherniak	4) Devin Leblanc
50.252 (50.252)	1:42.665 (52.414)	2:34.960 (52.295)	3:27.300 (52.340)
4 University of Waterloo	A	3:28.17	1
1) Joshua Lorentz	2) Owen Babcock	3) Austin Grismer	4) Nathan Flach
51.119 (51.119)	1:41.636 (50.518)	2:34.651 (53.015)	3:28.169 (53.519)
5 University of Toronto TC	A	3:29.33	2
1) Mitchell Miron			
53.281 (53.281)	1:44.900 (51.620)	2:37.401 (52.501)	3:29.326 (51.926)
6 Guelph Gryphons	A	3:30.02	2
1) Taylor Lyman	2) Bedi Ndinsil	3) Levi Fretz	4) Simon Quann
53.401 (53.401)	1:45.584 (52.183)	2:37.568 (51.985)	3:30.017 (52.450)
7 University of Windsor	A	3:33.76	2
1) Christian Conlon	2) Mitchell Paterson	3) John Riley	4) Cole Hannam
55.226 (55.226)	1:47.339 (52.113)	2:41.427 (54.089)	3:33.756 (52.330)
8 University of Toronto TC	B	3:37.57	2
1) Akil Julien			
54.857 (54.857)	1:46.796 (51.940)	2:42.662 (55.866)	3:37.561 (54.900)
9 Western Mustangs	B	3:42.25	1
1) Ryan Evans	2) Adam Farmer	3) Ryley Mehta	4) Matthew Ryckman
55.521 (55.521)	1:55.236 (59.716)	2:48.839 (53.603)	3:42.243 (53.404)
10 Laurier Golden Hawks	A	3:53.55	1
1) Zack Savlov	2) Joe Sheridan	3) Brendan Masters	4) Dan Hilbers
59.685 (59.685)	1:56.146 (56.461)	2:55.756 (59.610)	3:53.548 (57.792)
11 Laurier Golden Hawks	B	4:02.27	1
1) Joey Hardy	2) Tim Lytle	3) Charles Binks-Collier	4) Emrys Halbertsma
59.787 (59.787)	1:59.300 (59.513)	3:04.993 (1:05.694)	4:02.266 (57.273)

Event 19 Women 4x800 Meter Relay UniversityMeet: **8:50.52 * 2015** University of Toronto, Toronto

R Jewett, M Kelly, G Ceyhan, G Stafford

USports: **8:57.49 !**

Team	Relay	Finals
Finals		
1 Toronto Varsity Blues	A	9:01.20
1) Sarah Kwajafa	2) Gillian Ceyhan	3) Jazz Shukla
2:22.896 (2:22.896)	4:39.022 (2:16.126)	6:52.543 (2:13.521)
		9:01.192 (2:08.650)
		4) Madeleine Kelly



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Finals ... (Event 19 Women 4x800 Meter Relay University)

Team	Relay	Finals
2 Guelph Gryphons	A	9:07.10
1) Sadie-Jane Hickson	2) Dana Earhart	3) Emma Hubbard
4) Olivia Romaniw		
2:16.046 (2:16.046)	4:34.886 (2:18.840)	6:52.862 (2:17.976)
9:07.095 (2:14.233)		
3 University of Windsor	A	9:15.89
1) Rachel Crawley	2) Stephanie Shaw	3) Stefanie Smith
4) Alison Robinson		
2:25.576 (2:25.576)	4:45.835 (2:20.259)	6:58.629 (2:12.795)
9:15.886 (2:17.258)		
4 Western Mustangs	A	9:22.21
1) Kate Current	2) Natalie Topp	3) Mikayla Hewitt
4) Jessica White		
2:15.194 (2:15.194)	4:34.375 (2:19.181)	6:58.424 (2:24.050)
9:22.201 (2:23.778)		
5 University of Windsor	B	10:44.11
1) Fiona Rocheleau	2) Chelsea Viselli	3) Vanessa Cotter
4) Mya Vialva		
2:35.246 (2:35.246)	5:14.916 (2:39.670)	8:01.982 (2:47.067)
10:44.109 (2:42.128)		
--- Guelph Gryphons	B	DNF
1) Kiana Gibson	2) Francesca Maltais	3) Sarah Welch
4) Sarah Wismer		
2:23.640 (2:23.640)	4:49.205 (2:25.565)	7:11.411 (2:22.207)

Event 20 Men 4x800 Meter Relay University

Meet: 7:35.42 * 2015

University of Windsor, Windsor

P Lamarra, T McArthur, C Bellemore, A Ullman

USports: 7:34.56 !

Team	Relay	Finals	H#
Finals			
1 Guelph Gryphons	A	7:41.06	2
1) Mostafa Elkurdy	2) Braydon Clarke	3) Andrew Leblanc	4) Thomas Land
1:55.774 (1:55.774)	3:53.703 (1:57.930)	5:48.072 (1:54.370)	7:41.052 (1:52.980)
2 Toronto Varsity Blues	A	7:51.16	2
1) Jerome Jude	2) Noah Defreyne	3) Alexander Bimm	
1:59.494 (1:59.494)	3:55.878 (1:56.385)	5:50.877 (1:55.000)	7:51.160 (2:00.283)
3 University of Windsor	A	7:53.53	2
1) Shawn Master	2) Joe Kagumba	3) Nick MacMackin	4) Mitchell Paterson
1:57.892 (1:57.892)	3:55.488 (1:57.597)	5:53.454 (1:57.967)	7:53.528 (2:00.074)
4 Guelph Gryphons	B	8:00.32	2
1) Taylor Lyman	2) Levi Fretz	3) Aiden Mallany-Stanley	4) Simon Quann
1:59.826 (1:59.826)	4:00.493 (2:00.667)	6:01.801 (2:01.309)	8:00.317 (1:58.517)
5 Western Mustangs	A	8:00.36	2
1) Brendan Costello	2) Alex Broekhuysse	3) Gregory Danayan	4) Michael Peterson
1:59.592 (1:59.592)	4:03.933 (2:04.341)	6:04.011 (2:00.079)	8:00.359 (1:56.349)
6 University of Windsor	B	8:10.50	2
1) Nicholas D'Alessandro	2) Mitch Heynik	3) Andrew Nebel	4) Josh Zilles
2:01.818 (2:01.818)	4:06.620 (2:04.802)	6:07.171 (2:00.551)	8:10.495 (2:03.325)
7 University Of Toronto Tc	A	8:12.37	1
2:02.242 (2:02.242)	4:06.994 (2:04.752)	6:07.769 (2:00.775)	8:12.369 (2:04.600)
8 University of Windsor	C	8:15.35	1
1) Brandon Sellers	2) Brendan Simone	3) Tadzik Czubernat	4) Cole Hannam
2:05.872 (2:05.872)	4:12.477 (2:06.605)	6:17.870 (2:05.393)	8:15.350 (1:57.480)



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Finals ... (Event 20 Men 4x800 Meter Relay University)

Team	Relay	Finals	H#
9 York Lions	A	8:23.34	1
1) Ali Ghadghoni	2) Brock Martin	3) Victor Nogues-Salkowski	4) Sam Agnew
2:03.895 (2:03.895)	4:06.171 (2:02.277)	6:09.773 (2:03.602)	8:23.338 (2:13.565)
--- University of Windsor	D	DNF	1
1) Joshua Martin	2) Mitch Cauchi	3) Brendan Heikkinen	4) Jacob Rothera
2:08.941 (2:08.941)	4:15.944 (2:07.003)		
--- Western Mustangs	B	DNF	2
1) Mac Campbell	2) Ryley Mehta	3) Matthew Ryckman	4) Ciaran Callaghan
1:59.757 (1:59.757)	4:04.996 (2:05.239)	6:07.158 (2:02.162)	
--- Guelph Gryphons	C	DNF	1
1) Taj Jones-McCormick	2) Noah Tivenez	3) Scott Chalupiak	4) Connor Black
2:05.150 (2:05.150)	4:06.983 (2:01.834)	6:19.535 (2:12.552)	

Event 21 Women High Jump University

Meet: 1.80m * 2003 Kristen Matthews, McMaster

USports: 1.71m !

Name	Team	Finals
Finals		
1 Maja Naruszewicz	Guelph Gryphons	1.71m !
2 Devyn MacKenzie	Western Mustangs	1.69m
3 Emily Branderhorst	Toronto Varsity Blues	1.69m
4 Arabella Alton	Guelph Gryphons	1.66m
5 Emilia Grala	Western Mustangs	1.66m
6 Shaelyn Laurie	Western Mustangs	1.63m
6 Gabby Marton	Guelph Gryphons	1.63m
8 Katie Beaudry	Western Mustangs	1.58m
9 Hannah Rolfe	Toronto Varsity Blues	1.58m
10 Madeline Rampton	Western Mustangs	1.58m
11 Kayla Greenberg	Toronto Varsity Blues	1.53m
12 Oonagh Webster	University of Windsor	1.53m
12 Jade Peters	Guelph Gryphons	1.53m
14 Laura Acton	University of Windsor	1.48m
15 Rowan Thomas	Western Mustangs	1.48m
15 Heather McCann	Western Mustangs	1.48m
15 Ayasha Horner	Western Mustangs	1.48m
18 Emily Brooks	Brock Badgers	1.48m
18 Olivia Grimshaw	University of Windsor	1.48m
20 Victoria Young	University of Waterloo	1.43m
--- Emily Loebach	University of Windsor	NH



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Event 22 Men High Jump University

Meet: 2.16m * 2014

Branden Wilhelm, Windsor

USports: 2.06m !

Name	Team	Finals
Finals		
1 Sean Cate	Guelph Gryphons	2.15m !
2 Mitchell Torres	Guelph Gryphons	2.01m
3 Justice Archer	Guelph Gryphons	1.93m
4 David Nightingale	University of Waterloo	1.93m
5 Locky Butcher	Western Mustangs	1.93m
6 Trevor Way	University of Windsor	1.88m
7 Sam Villa	University of Windsor	1.83m
8 Ismael Macdon	Brock Badgers	1.83m
9 Sam Cowan	Western Mustangs	1.78m
10 Ryan Evans	Western Mustangs	1.73m
--- Solomon Davidson	University of Waterloo	NH

Event 23 Women Pole Vault University

Meet: 4.13m * 2015

Robin Bone, Western

USports: 3.85m !

Name	Team	Finals
Finals		
1 Alysha Newman	Bolton Pole Vault	4.35m *
2 Rachael Wolfs	University of Windsor	4.05m !
3 Erika Fiedler	Speed River Track & Field Club	3.95m !
4 Brittany Salmon	Toronto Varsity Blues	3.75m
5 Tessa Hamilton	Guelph Gryphons	3.65m
6 Amanda Reid	Western Mustangs	3.40m
7 Caroline Ritchie	York Lions	3.40m
8 Emily Newton	Guelph Gryphons	3.10m
9 Emily Loebach	University of Windsor	3.10m
10 Naomi Henry	York Lions	2.80m

Event 24 Men Pole Vault University

Meet: 5.61m * 2008

Russ Buller, Unattached

USports: 4.81m !

Name	Team	Finals
Finals		
1 Daniel Gleason	Western Mustangs	5.01m !
1 Samuel Adams	York Lions	5.01m !
3 Milos Savic	U Windsor Athletic Club	4.91m !
4 Graham Pitfield	Guelph Gryphons	4.81m !
5 Ross Ben	University of Windsor	4.66m
6 Jason Clare	York Lions	4.51m



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Finals ... (Event 24 Men Pole Vault University)

Name	Team	Finals
7 Eric Cowan	Western Mustangs	4.36m
8 Brian Choja	Western Mustangs	4.36m
9 Nick Christopher	Western Mustangs	4.21m
10 Linus Shaw	Toronto Varsity Blues	3.51m
11 Adam Farmer	Western Mustangs	3.31m
11 Ryan Evans	Western Mustangs	3.31m
--- Alex Lau	Toronto Varsity Blues	NH
--- Thomas Weigl	Guelph Gryphons	NH

Event 25 Women Long Jump 2 Flights University

Meet: 6.36m * 2007 Tabia Charles, Power Athletics

USports: 5.90m !

Name	Team	Finals
Finals		
1 Holly Pitters	York Lions	5.73m 2
2 Erin Young	Guelph Gryphons	5.33m 2
3 Jennifer Drane	Western Mustangs	5.32m 2
4 Taryn Lamorie	University of Windsor	5.30m 2
5 Marissa Dubois	Guelph Gryphons	5.22m 2
6 Jordan Bates	Guelph Gryphons	5.16m 2
7 Emily Sluys	Western Mustangs	5.09m 2
8 Stella Isaac	York Lions	5.02m 2
9 Oonagh Webster	University of Windsor	5.02m 2
10 Natalie Coughlin	University of Windsor	4.99m 2
11 Kayla Greenberg	Toronto Varsity Blues	4.98m 1
12 Cheyanne Labadie	University of Windsor	4.90m 1
13 Rachael Holland	Western Mustangs	4.88m 2
14 Cassidy Stachowich	University of Waterloo	4.86m 2
15 Amanda Black	Toronto Varsity Blues	4.77m 2
16 Sharon Ocheje	University of Windsor	4.77m 1
17 Rowan Thomas	Western Mustangs	4.74m 1
18 Riley Dane	Western Mustangs	4.73m 1
19 Ayasha Horner	Western Mustangs	4.71m 1
20 Sarah France	Western Mustangs	4.71m 1
21 Bailey Francis	York Lions	4.68m 1
22 Heather McCann	Western Mustangs	4.65m 1
23 Madeline Rampton	Western Mustangs	4.55m 1
24 Phoebe Wolfe	University of Waterloo	4.13m 1
--- Annie Maslak	Western Mustangs	ND 1



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Event 26 Men Long Jump 2 Flights University

Meet: 7.60m * 2012 Taylor Stewart, London Western

USports: 7.14m !

Name	Team	Finals	
Finals			
1 Jonathan Balogun	Western Mustangs	7.34m !	2
2 Joerg Ahne	University of Waterloo	7.06m	2
3 Nicholas Fyffe	York Lions	6.84m	2
4 Owen Hebb	Guelph Gryphons	6.82m	2
5 Mark Emode	Guelph Gryphons	6.78m	2
6 Sebastien Smith	Guelph Gryphons	6.76m	2
6 Gerrard Wallace	Guelph Gryphons	6.66m	2
8 Justin Rempillo	University of Windsor	6.58m	1
9 Placide Ilunga	York Lions	6.48m	1
10 Elijah Ampratwum	Guelph Gryphons	6.48m	2
11 Destin Gardner	University of Windsor	6.47m	2
12 Justice Archer	Guelph Gryphons	6.41m	2
13 Nicholas Mills	York Lions	6.33m	1
14 Irwin Bramao	University of Windsor	6.26m	1
15 Kwaku Bonsu	Brock Badgers	6.25m	2
16 Alex Needs	University of Windsor	6.15m	1
17 Scott Billings	Western Mustangs	5.96m	1
18 Jonathan Halpenny	Unattached Ontario	5.91m	1
19 Josh Weinstein	Western Mustangs	5.76m	1
20 Joseph Bell	Western Mustangs	5.59m	1
21 Edrick Macdon	Brock Badgers	4.95m	1
--- Graham Pitfield	Guelph Gryphons	ND	1

Event 27 Women Triple Jump University

Meet: 12.87m * 2012 Patricia Sylvester, Project Athletic

USports: 11.88m !

Name	Team	Finals	
Finals			
1 Caroline Ehrhardt	London Western Tfc	12.95m *	
2 Laura Amoi	Toronto Varsity Blues	11.79m	
3 Jordan Bates	Guelph Gryphons	11.74m	
4 Bailey Francis	York Lions	11.17m	
5 Riley Dane	Western Mustangs	10.98m	
6 Jade Peters	Guelph Gryphons	10.60m	
7 Rachael Holland	Western Mustangs	10.43m	
8 Sharon Ocheje	University of Windsor	10.36m	
9 Annie Maslak	Western Mustangs	10.08m	



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Event 28 Men Triple Jump University

Meet: 15.20m * 2001

Chris Martin, Toronto

USports: 14.64m !

Name	Team	Finals
Finals		
1 Nicholas Fyffe	York Lions	14.51m
2 Scott Billings	Western Mustangs	13.61m
3 Josh Weinstein	Western Mustangs	13.07m
4 Alex Needs	University of Windsor	12.34m

Event 29 Women Shot Put University

Meet: 15.73m * 1984

Vivian Fisher, Michigan State

USports: 13.63m !

Name	Team	Finals
Finals		
1 Beth Kester	University of Windsor	12.86m
2 Leanna Garcia	University of Windsor	12.49m
3 Ainslie Timmons	Western Mustangs	11.84m
4 Tracey Edwards	York Lions	10.34m
5 Raban Mustapha	University of Windsor	9.69m
6 Stephanie Sarellas	Guelph Gryphons	9.45m
7 Maja Naruszewicz	Guelph Gryphons	9.10m
8 Amanda Black	Toronto Varsity Blues	8.89m
9 Oonagh Webster	University of Windsor	8.41m
10 Rasheeda Gurley	York Lions	8.22m
11 Emily Bowerman	Guelph Gryphons	7.68m

Event 30 Men Shot Put University

Meet: 17.68m * 2013

Tim Hendry, GUELPH

USports: 16.36m !

Name	Team	Finals
Finals		
1 Thomas Nedow	Guelph Gryphons	15.68m
2 Mark Bujnowski	Guelph Gryphons	15.32m
3 Stuart Cameron	Western Mustangs	15.14m
4 Taylor Stewart	London Western Tfc	15.00m
5 Brett Boersma	University of Windsor	14.72m
6 Spencer Vanderlaan	University of Windsor	14.26m
7 Ezana Debalkew	Toronto Varsity Blues	13.77m
8 Matthew Bartoletta	Guelph Gryphons	13.60m
9 Andrius Balsas	Guelph Gryphons	12.38m
10 Mark Emode	Guelph Gryphons	12.36m
11 Fred Fabi	Western Mustangs	10.64m



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Event 31 Women Weight Throw University

Meet: 18.12m * 2016 Brittany Crew, York

USports: 16.81m !

Name	Team	Finals
Finals		
1 Leanna Garcia	University of Windsor	14.36m
2 Raban Mustapha	University of Windsor	13.15m
3 Ainslie Timmons	Western Mustangs	12.85m
4 Brindley Jantzi	Western Mustangs	12.62m
5 Stephanie Sarellas	Guelph Gryphons	12.25m
6 Beth Kester	University of Windsor	11.75m

Event 32 Men Weight Throw University

Meet: 19.45m * 2013 Daniel Novia, York

USports: 17.95m !

Name	Team	Finals
Finals		
1 Ezana Debalke	Toronto Varsity Blues	15.14m
2 Mark Bujnowski	Guelph Gryphons	14.98m
3 Thomas Nedow	Guelph Gryphons	14.35m
4 Stuart Cameron	Western Mustangs	14.12m
5 Jonathan Raspanti	York Lions	14.12m
6 Drew Erskine	York Lions	13.99m
7 Anthony Atkinson	University of Windsor	12.84m
8 Andrius Balsas	Guelph Gryphons	12.14m
9 Matthew Bartoletta	Guelph Gryphons	11.43m
10 Luke Bonelli	University of Windsor	10.99m

