

Girls 60 Meter Dash Bantam

| Name | Year Team | Finals | H# |
|------------------------|----------------|--------|----|
| Finals | | | |
| 1 Black, Raeden | LondonWestnTFC | 9.04 | 2 |
| 2 Lealess, Erika | LondonWestnTFC | 9.20 | 3 |
| 3 Iannelli, Alissa | LondonWestnTFC | 9.26 | 1 |
| 4 Griffith-Jones, Anne | LondonWestnTFC | 9.32 | 2 |
| 5 Couch, Destinee | WindsorLTFC | 9.40 | 3 |
| 6 Meidlein, Emma | LondonWestnTFC | 9.42 | 3 |
| 7 Nono, Cassandra | WindsorLTFC | 9.45 | 1 |
| 8 Atkinson, Reagan | LondonWestnTFC | 9.54 | 2 |
| 8 Rands, Carylie | SaugeenTFC | 9.54 | 2 |
| 10 Klages, Reese | LondonWestnTFC | 9.57 | 2 |
| 11 Kelly, Perri | LondonWestnTFC | 9.73 | 1 |
| 12 McKie, Sarah | LondonWestnTFC | 9.88 | 3 |
| 13 Cooper, Gabrielle | LondonWestnTFC | 10.13 | 1 |
| 14 Low, Natalie | LondonWestnTFC | 10.22 | 1 |
| 15 Gute, Gracie | LaurelCreekTFC | 10.39 | 1 |
| 16 Chalmers, Haley | LondonWestnTFC | 10.56 | 3 |
| 17 Turnbull, Madelynne | Unattached | 11.03 | 1 |

Girls 200 Meter Dash Bantam

| Name | Year Team | Finals | H# |
|------------------------|----------------|--------|----|
| 1 Lealess, Erika | LondonWestnTFC | 30.64 | 1 |
| 2 Black, Raeden | LondonWestnTFC | 31.18 | 4 |
| 3 Iannelli, Alissa | LondonWestnTFC | 31.57 | 1 |
| 4 Griffith-Jones, Anne | LondonWestnTFC | 32.09 | 4 |
| 5 Nono, Cassandra | WindsorLTFC | 32.17 | 3 |
| 6 Couch, Destinee | WindsorLTFC | 32.52 | 1 |
| 7 Rands, Carylie | SaugeenTFC | 33.22 | 3 |
| 8 Atkinson, Reagan | LondonWestnTFC | 33.41 | 2 |
| 9 Kelly, Perri | LondonWestnTFC | 33.91 | 4 |
| 10 Klages, Reese | LondonWestnTFC | 34.04 | 2 |
| 11 McKie, Sarah | LondonWestnTFC | 34.71 | 3 |
| 12 Cooper, Gabrielle | LondonWestnTFC | 36.07 | 2 |
| 13 Johnson, Claire | LondonWestnTFC | 36.24 | 2 |
| 14 Gute, Gracie | LaurelCreekTFC | 37.75 | 1 |
| 15 Dwyer, Grace | LondonWestnTFC | 37.78 | 4 |
| 16 Turnbull, Madelynne | Unattached | 38.73 | 3 |

Girls 800 Meter Run Bantam

| Name | Year Team | Finals |
|------------------------|----------------|---------|
| 1 Rands, Claire | SaugeenTFC | 2:40.88 |
| 2 Griffith-Jones, Anne | LondonWestnTFC | 2:58.67 |
| 3 Philippon, Sarah | Unattached | 3:02.23 |

Girls 60 Meter Hurdles Bantam

| Name | Year Team | Finals |
|-------------------|----------------|--------|
| 1 Klages, Reese | LondonWestnTFC | 12.48 |
| 2 Chalmers, Haley | LondonWestnTFC | 12.83 |

| | | | |
|---|-----------------|----------------|-------|
| 3 | Caponcini, Ella | LondonWestnTFC | 13.72 |
| 4 | Dwyer, Grace | LondonWestnTFC | 16.10 |

Girls High Jump Bantam

| Name | Year | Team | Finals |
|------|-----------------|----------------|--------|
| 1 | Caponcini, Ella | LondonWestnTFC | 1.25m |
| 2 | Black, Raeden | LondonWestnTFC | J1.25m |
| 3 | Lealess, Erika | LondonWestnTFC | 1.05m |
| 4 | Chalmers, Haley | LondonWestnTFC | 1.00m |
| -- | Dwyer, Grace | LondonWestnTFC | NH |

Girls Long Jump Bantam

| Name | Year | Team | Finals |
|------|-------------------|----------------|--------|
| 1 | Mills, Allison | LondonWestnTFC | 4.02m |
| 2 | Lealess, Erika | LondonWestnTFC | 3.76m |
| 3 | Klages, Reese | LondonWestnTFC | 3.68m |
| 4 | Nono, Cassandra | WindsorLTFC | 3.64m |
| 5 | Iannelli, Alissa | LondonWestnTFC | 3.54m |
| 5 | Atkinson, Reagan | LondonWestnTFC | 3.54m |
| 7 | McKie, Sarah | LondonWestnTFC | 3.45m |
| 8 | Rands, Carylie | SaugeenTFC | 3.34m |
| 9 | Couch, Destinee | WindsorLTFC | 3.22m |
| 10 | Low, Natalie | LondonWestnTFC | 3.01m |
| 11 | Cooper, Gabrielle | LondonWestnTFC | 2.74m |
| -- | Johnson, Claire | LondonWestnTFC | FOUL |

Girls Shot Put Bantam

| Name | Year | Team | Finals |
|------|--------------------------|----------------|--------|
| 1 | Van Stuyvenberg, Michell | SaugeenTFC | 6.86m |
| 2 | Nono, Cassandra | WindsorLTFC | 6.51m |
| 3 | Low, Natalie | LondonWestnTFC | 4.82m |

Girls 60 Meter Dash Midget

| Name | Year | Team | Finals | H# |
|------|-------------------|----------------|--------|----|
| 1 | Idowu, Adebola | LondonWestnTFC | 8.13 | 1 |
| 2 | Gilhula, Ashlynn | LaurelCreekTFC | 8.14 | 1 |
| 3 | Hancock, Julia | LaurelCreekTFC | 8.57 | 2 |
| 4 | Vellinga, Kyra | StThomasLTFC | 8.63 | 1 |
| 5 | Manderson, Grace | LaurelCreekTFC | 8.73 | 2 |
| 5 | Desousa, Tayah | StThomasLTFC | 8.73 | 1 |
| 7 | Francis, Lily | StThomasLTFC | 8.82 | 1 |
| 8 | Gute, Cassidy | LaurelCreekTFC | 8.84 | 2 |
| 9 | Nash, Kendall | StThomasLTFC | 8.92 | 2 |
| 10 | Judge, Amber | LondonWestnTFC | 8.96 | 2 |
| 11 | Brezina, Jessyka | LaurelCreekTFC | 8.97 | 3 |
| 12 | Toffolo, Makayla | LaurelCreekTFC | 9.06 | 3 |
| 13 | McKillop, Hannah | LondonWestnTFC | 9.07 | 1 |
| 14 | Camilleri, Claire | LaurelCreekTFC | 9.14 | 3 |
| 15 | Beckett, Daniela | LondonWestnTFC | 9.22 | 1 |
| 16 | Pontes, Ainsley | LondonWestnTFC | 9.26 | 2 |
| 17 | Landmark, Erika | LondonWestnTFC | 9.43 | 3 |
| 18 | Busaba, Anna | LondonWestnTFC | 9.55 | 3 |

Girls 200 Meter Dash Midget

| Name | Year | Team | Finals | H# |
|----------------------------|------|----------------|--------|----|
| 1 Idowu, Adebola | | LondonWestnTFC | 27.87 | 1 |
| 2 Vellinga, Kyra | | StThomasLTFC | 28.08 | 1 |
| 3 Stowe, Ella | | Brantford TC | 28.28 | 1 |
| 4 Gilhula, Ashlynn | | LaurelCreekTFC | 28.72 | 1 |
| 5 Manderson, Grace | | LaurelCreekTFC | 29.29 | 2 |
| 6 Luna, Jady | | LondonWestnTFC | 29.31 | 6 |
| 7 Judge, Amber | | LondonWestnTFC | 29.46 | 6 |
| 8 Brezina, Jessyka | | LaurelCreekTFC | 29.64 | 3 |
| 9 Hancock, Julia | | LaurelCreekTFC | 29.66 | 3 |
| 10 Gute, Cassidy | | LaurelCreekTFC | 29.86 | 4 |
| 11 Nash, Kendall | | StThomasLTFC | 30.02 | 4 |
| 12 Bandaranayake, Chanithi | | LaurelCreekTFC | 30.14 | 4 |
| 13 Hastings, Avery | | LaurelCreekTFC | 30.33 | 5 |
| 14 McKillop, Hannah | | LondonWestnTFC | 30.36 | 2 |
| 15 Christensen, Rebecca | | LondonWestnTFC | 30.77 | 6 |
| 16 Camilleri, Claire | | LaurelCreekTFC | 31.07 | 3 |
| 17 Toffolo, Makayla | | LaurelCreekTFC | 31.10 | 5 |
| 18 Beckett, Daniela | | LondonWestnTFC | 31.38 | 3 |
| 19 Landmark, Erika | | LondonWestnTFC | 31.45 | 6 |
| 20 Pontes, Ainsley | | LondonWestnTFC | 32.50 | 5 |
| 21 Busaba, Anna | | LondonWestnTFC | 33.14 | 5 |

Girls 800 Meter Run Midget

| Name | Year | Team | Finals |
|------------------|------|-----------------|---------|
| 1 Bryce, Emily | | SaugeenTFC | 2:29.04 |
| 2 Morariu, Ana | | SaugeenTFC | 2:35.01 |
| 3 Gilhuly, Emily | | LondonLegionTFC | 2:41.10 |

Girls 1500 Meter Run Midget

| Name | Year | Team | Finals |
|------------------|------|-----------------|---------|
| 1 Hankins, Alex | | NithRiverRunnrs | 5:16.03 |
| 2 Beer, Ally | | Brantford TC | 5:26.06 |
| 3 Gilhuly, Emily | | LondonLegionTFC | 5:39.93 |

Girls 60 Meter Hurdles Midget

| Name | Year | Team | Finals |
|----------------------|------|----------------|--------|
| 1 Desousa, Tayah | | StThomasLTFC | 10.03 |
| 2 Francis, Lily | | StThomasLTFC | 10.09 |
| 3 Luna, Jady | | LondonWestnTFC | 10.52 |
| 4 Hastings, Avery | | LaurelCreekTFC | 11.27 |
| 5 McKillop, Hannah | | LondonWestnTFC | 11.71 |
| 6 Dejonge, Mackenzie | | LondonWestnTFC | 12.38 |
| 7 Costa, Sophia | | WindsorLTFC | 13.15 |

Girls High Jump Midget

| Name | Year | Team | Finals |
|----------------------|------|-----------------|--------|
| 1 Gilhuly, Emily | | LondonLegionTFC | 1.44m |
| 2 Geis, Naomi | | SaugeenTFC | 1.38m |
| 3 Dejonge, Mackenzie | | LondonWestnTFC | 1.30m |
| 4 Francis, Lily | | StThomasLTFC | 1.30m |

Girls Long Jump Midget

| Name | Year | Team | Finals |
|------|------|------|--------|
|------|------|------|--------|

| Name | Year | Team | Finals |
|----------------------|------|----------------|--------|
| 1 Desousa, Tayah | | StThomasLTFC | 4.72m |
| 2 Francis, Lily | | StThomasLTFC | 4.63m |
| 3 Allen, Mya | | Brantford TC | 4.45m |
| 4 Stowe, Ella | | Brantford TC | 4.44m |
| 5 Luna, Jadyne | | LondonWestnTFC | 4.30m |
| 6 Judge, Amber | | LondonWestnTFC | 4.27m |
| 7 Dejonge, Mackenzie | | LondonWestnTFC | 4.14m |
| 8 Siemens, Emily | | Brantford TC | 3.98m |
| 9 Geis, Naomi | | SaugeenTFC | 3.62m |

Girls Shot Put Midget

| Name | Year | Team | Finals |
|------------------|------|-------------|--------|
| 1 Martin, Harley | | SaugeenTFC | 9.68m |
| 2 Costa, Sophia | | WindsorLTFC | 6.87m |

Girls 60 Meter Dash Youth

| Name | Year | Team | Finals | H# |
|---------------------|------|----------------|--------|----|
| 1 Small, Sabrena | | LondonWestnTFC | 8.12 | 1 |
| 2 Pickard, Georgina | | Brantford TC | 8.21 | 1 |
| 3 Lam, Sydney | | LondonWestnTFC | 8.32 | 1 |
| 4 Mitchell, Leandra | | Brantford TC | 8.45 | 1 |
| 5 Pranger, Taylor | | LondonWestnTFC | 8.54 | 1 |
| 6 Klosa, Elizabeth | | LaurelCreekTFC | 8.67 | 2 |
| 7 McColl, Melanie | | LondonWestnTFC | 8.69 | 2 |
| 8 Allen, Kaitlyn | | LondonWestnTFC | 8.76 | 1 |
| 9 Roberts, Breanna | | LondonWestnTFC | 8.79 | 1 |
| 10 Sashegyi, Isabel | | LondonWestnTFC | 8.94 | 1 |
| 11 Catania, Sarah | | LondonWestnTFC | 8.95 | 2 |
| 12 Quinn, Maddie | | LaurelCreekTFC | 9.08 | 2 |
| 13 Cordell, Natalie | | LondonWestnTFC | 9.29 | 2 |

Girls 200 Meter Dash Youth

| Name | Year | Team | Finals | H# |
|-----------------------|------|----------------|--------|----|
| 1 Pickard, Georgina | | Brantford TC | 26.49 | 1 |
| 2 Small, Sabrena | | LondonWestnTFC | 26.54 | 1 |
| 3 Lam, Sydney | | LondonWestnTFC | 27.67 | 4 |
| 4 Mitchell, Leandra | | Brantford TC | 27.95 | 2 |
| 5 LoStracco, Tiana | | SpeedRiverTFC | 28.01 | 4 |
| 6 Klosa, Elizabeth | | LaurelCreekTFC | 28.44 | 3 |
| 7 Suchoplas, Mariya | | Unattached | 29.01 | 2 |
| 8 Pranger, Taylor | | LondonWestnTFC | 29.16 | 3 |
| 9 Campbell, Mackenzie | | Brantford TC | 29.43 | 2 |
| 10 McColl, Melanie | | LondonWestnTFC | 29.83 | 4 |
| 11 Catania, Sarah | | LondonWestnTFC | 29.92 | 4 |
| 12 Allen, Kaitlyn | | LondonWestnTFC | 30.02 | 1 |
| 13 Roberts, Breanna | | LondonWestnTFC | 30.31 | 2 |
| 14 Quinn, Maddie | | LaurelCreekTFC | 30.66 | 3 |

Girls 800 Meter Run Youth

| Name | Year | Team | Finals |
|--------------------|------|----------------|---------|
| 1 LoStracco, Tiana | | SpeedRiverTFC | 2:24.31 |
| 2 Sladek, Clarissa | | LondonWestnTFC | 2:28.76 |
| 3 Vannooten, Pearl | | Brantford TC | 2:29.60 |

| | | | |
|---|------------------------|-----------------|---------|
| 4 | Scobbie, Jenevieve | SpeedRiverTFC | 2:40.34 |
| 5 | English, Hannah | SpeedRiverTFC | 2:45.40 |
| 6 | Goodall, Hayley | NithRiverRunnrs | 2:47.52 |
| 7 | Stempski Kelly, Clover | SpeedRiverTFC | 2:51.52 |

Girls 1500 Meter Run Youth

| Name | Year Team | Finals |
|----------------------|----------------|---------|
| 1 Young, Emma | LondonWestnTFC | 5:01.47 |
| 2 Jez, Brooke | SaugeenTFC | 5:08.18 |
| 3 Quanz, Samara | SaugeenTFC | 5:10.30 |
| 4 Scobbie, Jenevieve | SpeedRiverTFC | 5:29.45 |

Girls 60 Meter Hurdles Youth

| Name | Year Team | Finals |
|---------------------|----------------|--------|
| 1 Suchoplas, Mariya | Unattached | 9.99 |
| 2 Hendriksen, Emma | LondonWestnTFC | 10.09 |

Girls High Jump Youth

| Name | Year Team | Finals |
|---------------------|----------------|--------|
| 1 Lemieux, Emma | FirstAttemptJA | 1.60m |
| 2 Suchoplas, Mariya | Unattached | 1.50m |
| 3 De Zwart, Rachael | LondonWestnTFC | 1.30m |
| 4 Machado, Allison | LondonWestnTFC | 1.20m |

Girls Pole Vault Youth

| Name | Year Team | Finals |
|-------------------|----------------|--------|
| 1 Grigore, Monica | LondonWestnTFC | 3.10m |
| 2 Langhorn, Megan | LondonWestnTFC | 2.80m |
| 3 Black, Colette | LondonWestnTFC | 2.60m |

Girls Long Jump Youth

| Name | Year Team | Finals |
|-----------------------|----------------|--------|
| 1 Hendriksen, Emma | LondonWestnTFC | 4.73m |
| 2 Campbell, Mackenzie | Brantford TC | 4.51m |
| 3 Suchoplas, Mariya | Unattached | 4.49m |
| 4 Cox, Miranda | LondonWestnTFC | 4.46m |
| 5 Sonneveld, Korinne | WindsorLTFC | 4.30m |
| 6 Kitching, Leah | LondonWestnTFC | 3.92m |

Girls Shot Put Youth

| Name | Year Team | Finals |
|--------------------------|----------------|--------|
| 1 Martin, Billie | SaugeenTFC | 11.49m |
| 2 McCurdy, Megan | LondonWestnTFC | 11.17m |
| 3 Osezua, Omonye | ProjectAthTF | 10.96m |
| 4 Van Stuyvenberg, Hanna | SaugeenTFC | 10.76m |
| 5 Laryeu, Chanelle | Unattached | 10.64m |
| 6 Muraleetharan, Madura | UnitdTamilSC | 9.94m |
| 7 Campbell, Mackenzie | Brantford TC | 8.81m |
| 8 Quinn, Hacha | ProjectAthTF | 8.73m |
| 9 Veroude, Amanda | LondonWestnTFC | 8.02m |

Girls Weight Throw Youth

| Name | Year Team | Finals |
|--------------------------|----------------|--------|
| 1 Windle, Alexa | Brantford TC | 15.76m |
| 2 Wilson, Mackenzie | UnivWindsorAC | 14.64m |
| 3 Martin, Billie | SaugeenTFC | 13.68m |
| 4 Osezua, Omony | ProjectAthTF | 13.35m |
| 5 Van Stuyvenberg, Hanna | SaugeenTFC | 12.54m |
| 6 Imola, Sophia | Brantford TC | 11.79m |
| 7 Muraleetharan, Madura | UnitdTamilSC | 11.39m |
| 8 Veroude, Amanda | LondonWestnTFC | 10.00m |

Girls 800 Meter Run Junior

| Name | Year Team | Finals |
|-------------------------|-----------------|---------|
| 1 Vanderheyden, Mikenna | LondonLegionTFC | 2:27.27 |
| 2 Routenburg, Leah | SaugeenTFC | 2:56.95 |

Girls 800 Meter Run Senior

| Name | Year Team | Finals |
|--------------------|---------------|---------|
| 1 Negrazis, Lauren | Gr.UxbridgeRR | 2:46.08 |

Women 60 Meter Dash Junior

| Name | Year Team | Finals |
|-----------------------|----------------|--------|
| 1 Vanhoucke, Julia | StThomasLTFC | 8.28 |
| 2 Knox, Chloe | LondonWestnTFC | 8.48 |
| 3 Kent, Cassidy | LondonWestnTFC | 8.56 |
| 4 Kukuruzovic, Simona | WindsorLTFC | 8.73 |
| 5 McColl, Melissa | LondonWestnTFC | 9.04 |

Women 200 Meter Dash Junior

| Name | Year Team | Finals |
|--------------------|----------------|--------|
| 1 Vanhoucke, Julia | StThomasLTFC | 27.10 |
| 2 Wright, Arnica | Western Univ. | 28.37 |
| 3 Kent, Cassidy | LondonWestnTFC | 28.73 |

Women 60 Meter Hurdles Junior

| Name | Year Team | Finals |
|--------------------|--------------|--------|
| 1 Vanhoucke, Julia | StThomasLTFC | 10.45 |
| 2 Olla, Yazmin | WindsorLTFC | 11.45 |

Women High Jump Junior

| Name | Year Team | Finals |
|-------------------------|-----------------|--------|
| 1 Vanderheyden, Mikenna | LondonLegionTFC | 1.40m |
| 2 Kukuruzovic, Simona | WindsorLTFC | 1.30m |
| -- Olla, Yazmin | WindsorLTFC | NH |

Women Pole Vault Junior

| Name | Year Team | Finals |
|------|-----------|--------|
|------|-----------|--------|

| | | | |
|---|----------------|----------------|-------|
| 1 | Rizzo, Christy | LondonWestnTFC | 3.40m |
| 2 | Walker, Olivia | LondonWestnTFC | 2.95m |
| 3 | Kralik, Ema | WindsorLTFC | 2.80m |

Women Long Jump Junior

| Name | Year Team | Finals |
|----------------------|----------------|--------|
| 1 Knox, Chloe | LondonWestnTFC | 5.27m |
| 2 Prins, Carolyn | WindsorLTFC | 5.13m |
| 3 Eckert, Jamie | LondonWestnTFC | 5.09m |
| -- Biersteker, Kayla | Brantford TC | FOUL |

Women Triple Jump Junior

| Name | Year Team | Finals |
|----------------------|----------------|--------|
| 1 Prins, Carolyn | WindsorLTFC | 10.80m |
| 2 Cox, Miranda | LondonWestnTFC | 10.58m |
| 3 Lemieux, Emma | FirstAttemptJA | 10.53m |
| 4 Eckert, Jamie | LondonWestnTFC | 10.45m |
| 5 Biersteker, Kayla | Brantford TC | 10.42m |
| 6 Stowe, Ella | Brantford TC | 10.04m |
| 7 Allen, Mya | Brantford TC | 9.87m |
| 8 Sonneveld, Korinne | WindsorLTFC | 9.84m |
| 9 Siemens, Emily | Brantford TC | 9.39m |
| 10 Kitching, Leah | LondonWestnTFC | 9.23m |
| 11 Knox, Holly | LondonWestnTFC | 9.21m |
| -- Cordell, Natalie | LondonWestnTFC | FOUL |

Women Shot Put Junior

| Name | Year Team | Finals |
|--------------------|----------------|--------|
| 1 Blimbaum, Taya | ProjectAthTF | 9.07m |
| 2 Gubbels, Natasha | LondonWestnTFC | 8.74m |
| 3 Campbell, Rachel | LondonWestnTFC | 8.73m |
| 4 Knox, Chloe | LondonWestnTFC | 6.61m |

Women Weight Throw Junior

| Name | Year Team | Finals |
|--------------------|----------------|--------|
| 1 Campbell, Rachel | LondonWestnTFC | 15.10m |
| 2 Gubbels, Natasha | LondonWestnTFC | 13.04m |
| 3 Cherevka, Kailee | Brantford TC | 12.92m |
| 4 Blimbaum, Taya | ProjectAthTF | 10.86m |

Women Shot Put Senior

| Name | Year Team | Finals |
|-----------------|------------|--------|
| 1 Hoxar, Brooke | Unattached | 13.37m |

Women 60 Meter Dash Alumni

| Name | Year Team | Finals |
|-----------------|---------------|--------|
| 1 Barbon, Jen | Unattached | 8.39 |
| 2 Muma, Rachael | Western Univ. | 8.41 |

Women 60 Meter Dash University

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Arena: * 7.43 04/12/2010 M. Griffiths, Ryerson Univ.

Meet: ! 7.58 17/01/1986 O. Smalls, Michigan State

USpStdFLAT: % 7.56

| Name | Year | Team | Prelims | H# |
|---------------------------|------|----------------|---------|----|
| ===== | | | | |
| Preliminaries | | | | |
| 1 Sauer, Tegan | | Univ. Waterloo | 7.68Q | 2 |
| 2 Ehrhardt, Caroline | | LondonWestnTFC | 7.75Q | 1 |
| 3 O'Donnell, Amy | | Western Univ. | 7.92q | 2 |
| 4 Castello, Daniella | | Western Univ. | 8.00q | 2 |
| 5 Lance, Naomi | | UnattOnt. | 8.01q | 1 |
| 6 Struminski, Antonina | | Western Univ. | 8.04q | 1 |
| 7 Wolfe, Phoebe | | Univ. Waterloo | 8.15q | 1 |
| 8 Archer, Justine | | Univ. Waterloo | 8.23q | 2 |
| 9 Tu, Mylene | | Univ. Waterloo | 8.38 | 1 |
| 10 Wright, Arnica | | Western Univ. | 8.41 | 1 |
| 11 Dalcourt, Alessa | | Univ. Waterloo | 8.44 | 2 |
| 12 Blayney-Hoffer, Ashley | | Univ. Waterloo | 8.45 | 2 |
| 13 Meier-Ross, Kaitlynn | | Univ. Waterloo | 8.48 | 2 |
| 14 Wilson-Walker, Madison | | Western Univ. | 9.78 | 1 |

Women 60 Meter Dash University

Arena: * 7.43 04/12/2010 M. Griffiths, Ryerson Univ.

Meet: ! 7.58 17/01/1986 O. Smalls, Michigan State

USpStdFLAT: % 7.56

| Name | Year | Team | Finals |
|------------------------|------|----------------|--------|
| ===== | | | |
| Finals | | | |
| 1 Sauer, Tegan | | Univ. Waterloo | 7.68 |
| 2 Ehrhardt, Caroline | | LondonWestnTFC | 7.73 |
| 3 Lance, Naomi | | UnattOnt. | 7.98 |
| 4 Castello, Daniella | | Western Univ. | 8.05 |
| 5 Wolfe, Phoebe | | Univ. Waterloo | 8.06 |
| 6 Struminski, Antonina | | Western Univ. | 8.09 |
| 7 Archer, Justine | | Univ. Waterloo | 8.22 |

Women 300 Meter Dash 3 Turn Stagg University

Arena: * 39.14 03/02/1979 L. Hatz, Washington DC TC

Meet: ! 39.94 17/01/1986 O. Smalls, Michigan State

USpStdFLAT: % 39.23

| Name | Year | Team | Finals | H# |
|---------------------------|------|----------------|--------|----|
| ===== | | | | |
| 1 Stricelj, Caroline | | Western Univ. | 39.75! | 1 |
| 2 Smith, Sydney | | Western Univ. | 40.67 | 1 |
| 3 Langille, Courtney | | Western Univ. | 41.09 | 1 |
| 4 Oulds, Ally | | Western Univ. | 41.77 | 2 |
| 5 Beaudry, Megan | | Western Univ. | 41.91 | 2 |
| 6 Burnett, Chante | | Western Univ. | 42.76 | 3 |
| 7 Meier-Ross, Kaitlynn | | Univ. Waterloo | 43.04 | 3 |
| 8 Wolfe, Phoebe | | Univ. Waterloo | 44.40 | 4 |
| 9 Darmon, Kelsi | | Univ. Waterloo | 45.10 | 2 |
| 10 Tu, Mylene | | Univ. Waterloo | 45.65 | 3 |
| 11 Wilson-Walker, Madison | | Western Univ. | 52.09 | 4 |

Women 600 Meter Dash University

Arena: * 1:30.54 08/01/1983 M. Killingbeck, York Univ.

Meet: ! 1:31.20 18/01/1985 E. Braithwaite, Univ. Toronto

USpStdFLAT: % 1:30.86

| Name | Year | Team | Finals | H# |
|------|------|------|--------|----|
|------|------|------|--------|----|

| | | | | |
|---|--------------------|----------------|---------|---|
| 1 | Current, Kate | Western Univ. | 1:34.45 | 1 |
| 2 | Topp, Natalie | Western Univ. | 1:35.23 | 1 |
| 3 | Bronzovich, Rachel | Univ. Waterloo | 1:35.62 | 1 |
| 4 | Scagnetto, Olivia | Univ. Waterloo | 1:39.23 | 2 |
| 5 | Hewitt, Mikayla | Western Univ. | 1:40.46 | 1 |
| 6 | Li, Lauren | Univ. Waterloo | 1:46.48 | 2 |

Women 1000 Meter Run University

| Arena: * 2:46.11 15/02/2002 K. Vermuelen, UWO | | | | | |
|--|------|----------------------|-----------------|---------|---|
| Meet: ! 2:50.30 17/01/1986 C. Whiteside, Western Univ. | | | | | |
| USpStdFLAT: % 2:47.30 | | | | | |
| Name | Year | Team | Finals | H# | |
| 1 | | Nowak, Emily | McMasterUniv. | 2:58.58 | 1 |
| 2 | | Pattison, Sydney | WilfridLaurUniv | 2:59.60 | 1 |
| 3 | | Greenough, Madison | Univ. Waterloo | 3:00.17 | 1 |
| 4 | | White, Jessica | Western Univ. | 3:01.95 | 1 |
| 5 | | Rothenbroker, Meghan | McMasterUniv. | 3:09.27 | 1 |
| 6 | | Martin, Jessica | WilfridLaurUniv | 3:09.73 | 2 |
| 7 | | Nolan, Madeleine | Univ. Waterloo | 3:10.11 | 2 |
| 8 | | Gascho, Jenna | WilfridLaurUniv | 3:11.89 | 2 |
| 9 | | Segato, Emma | WilfridLaurUniv | 3:13.43 | 2 |
| 10 | | Marsh, Sabrina | Univ. Waterloo | 3:17.57 | 2 |

Women 1500 Meter Run University

| Arena: * 4:24.70 03/12/1982 J. Purola, Western Univ. | | | | |
|--|------|---------------------|-----------------|---------|
| Meet: ! 4:26.70 20/01/1984 J. Purola, Western Univ. | | | | |
| USpStdFLAT: % 4:26.40 | | | | |
| Name | Year | Team | Finals | |
| 1 | | Boucher, Bettina | WilfridLaurUniv | 4:46.27 |
| 2 | | Ryall, Stephanie | Univ. Waterloo | 4:49.13 |
| 3 | | Laurie, Lizzy | WilfridLaurUniv | 4:49.77 |
| 4 | | Randall, Alyssa | Univ. Waterloo | 4:50.70 |
| 5 | | Lampard, Caroline | Western Univ. | 4:51.08 |
| 6 | | Vanderkuur, Anjoli | Western Univ. | 4:59.24 |
| 7 | | Dick, Hayley | Western Univ. | 5:06.21 |
| 8 | | Black, Megan | McMasterUniv. | 5:06.68 |
| 9 | | Sippel, Allison | McMasterUniv. | 5:11.26 |
| 10 | | Segato, Emma | WilfridLaurUniv | 5:11.85 |
| 11 | | Gascho, Jenna | WilfridLaurUniv | 5:21.91 |
| 12 | | Wildfong, Stephanie | WilfridLaurUniv | 5:22.66 |
| 13 | | Teasell, Elizabeth | Western Univ. | 5:30.81 |
| 14 | | Davis, Emma | WilfridLaurUniv | 5:33.95 |
| 15 | | Mead, Ellen | WilfridLaurUniv | 5:45.72 |

Women 3000 Meter Run University

| Arena: * 9:09.24 02/12/1989 L. Bussieres, Quebec | | | | |
|--|------|---------------------|-----------------|----------|
| Meet: ! 9:33.00 20/01/1984 A. Pewe, Michigan State | | | | |
| USpStdFLAT: % 9:29.22 | | | | |
| Name | Year | Team | Finals | |
| 1 | | Boucher, Bettina | WilfridLaurUniv | 10:09.57 |
| 2 | | Bouck, Victoria | LondonWestnTFC | 10:16.03 |
| 3 | | Stone, Hilary | Western Univ. | 10:26.08 |
| 4 | | Foran, Gabrielle | Harbour Trac | 10:38.61 |
| 5 | | Gravina, Maxine | Harbour Trac | 10:43.57 |
| 6 | | Cranmer-Byng, Sarah | WilfridLaurUniv | 10:52.17 |
| 7 | | Fleming, Claire | WilfridLaurUniv | 11:28.81 |

Women 60 Meter Hurdles University

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Arena: * 8.20 30/11/1997 K. Anderson, Phoenix TC

Meet: ! 8.53 21/01/2012 M-E. Dugas, Corsaire-Chaparel

USpStdFLAT: % 8.51

| Name | Year | Team | Prelims | H# |
|-------------------------|------|----------------|---------|----|
| Preliminaries | | | | |
| 1 Kowalchuk, Shaylyn | | Excel Athlet | 8.95Q | 2 |
| 2 Zohorsky, Katie | | Western Univ. | 9.39Q | 1 |
| 3 McCann, Heather | | Western Univ. | 9.30q | 2 |
| 4 Millard, Claire | | Western Univ. | 9.31q | 2 |
| 5 Beaudry, Katie | | Western Univ. | 9.45q | 1 |
| 6 McKechnie, Hailey | | Western Univ. | 9.53q | 1 |
| 7 Blayne-Hoffer, Ashley | | Univ. Waterloo | 9.54q | 1 |
| 8 Gregg, Gabrielle | | Western Univ. | 9.67q | 1 |
| 9 Dalcourt, Alessa | | Univ. Waterloo | 9.79 | 2 |
| 10 Rampton, Madeline | | Western Univ. | 9.81 | 2 |
| 11 Thomas, Rowan | | Western Univ. | 9.99 | 1 |
| 12 Horner, Ayasha | | Western Univ. | 10.77 | 1 |

Women 60 Meter Hurdles University

Arena: * 8.20 30/11/1997 K. Anderson, Phoenix TC

Meet: ! 8.53 21/01/2012 M-E. Dugas, Corsaire-Chaparel

USpStdFLAT: % 8.51

| Name | Year | Team | Finals |
|-------------------------|------|----------------|--------|
| Finals | | | |
| 1 Kowalchuk, Shaylyn | | Excel Athlet | 9.10 |
| 2 Zohorsky, Katie | | Western Univ. | 9.28 |
| 3 Millard, Claire | | Western Univ. | 9.29 |
| 4 McKechnie, Hailey | | Western Univ. | 9.45 |
| 5 Blayne-Hoffer, Ashley | | Univ. Waterloo | 9.84 |
| 6 Gregg, Gabrielle | | Western Univ. | 9.96 |

Women 4x200 Meter Relay 3 Turn Staggs University

Arena: * 1:41.34 16/01/1993 , Windsor Lancers

Meet: ! 1:41.34 16/01/1993 , Windsor Lancers

USpStdFLAT: % 1:40.30

| Team | Finals |
|-------------------------|---------|
| 1 Western Mustangs 'A' | 1:41.72 |
| 2 Waterloo Warriors 'A' | 1:45.45 |
| 3 Western Mustangs 'B' | 1:48.66 |
| 4 Waterloo Warriors 'B' | 1:49.01 |

Women 4x400 Meter Relay 2 Turn Staggs University

Arena: * 3:53.39 23/01/2010 , Western Mustangs

Meet: ! 3:53.39 23/01/2010 , Western Mustangs

USpStdFLAT: % 3:49.91

| Team | Finals |
|-------------------------|---------|
| 1 Western Mustangs 'A' | 4:00.15 |
| 2 Waterloo Warriors 'A' | 4:05.52 |
| 3 Waterloo Warriors 'B' | 4:21.12 |

Women High Jump University

Arena: * 1.83m 1978 J. White, Etobicoke TC
 Meet: ! 1.77m 15/01/1994 B. Bryan, Western Univ.
 USpStdFLAT: % 1.71m

| Name | Year | Team | Finals |
|--------------------|------|---------------|--------|
| 1 MacKenzie, Devyn | | Western Univ. | 1.70m |
| 2 Laurie, Shaelyn | | Western Univ. | 1.65m |
| 3 Grala, Emilia | | Western Univ. | 1.60m |
| 4 Beaudry, Katie | | Western Univ. | J1.60m |
| 5 Thomas, Rowan | | Western Univ. | 1.50m |
| 6 McCann, Heather | | Western Univ. | 1.45m |

Women Pole Vault University

Arena: * 4.06m 16/01/2016 R. Bone, Western Univ.
 Meet: ! 4.05m 17/01/2015 R. Bone, Western Univ.
 USpStdFLAT: % 3.85m

| Name | Year | Team | Finals |
|-----------------------|------|---------------|--------|
| 1 Wolfs, Rachael | | Univ. Windsor | 3.85m% |
| 2 Reid, Amanda | | Western Univ. | 3.40m |
| 2 Magoffin, Katy | | Western Univ. | 3.40m |
| 4 Stoyanovich, Ashley | | Western Univ. | 3.25m |

Women Long Jump University

Arena: * 6.09m 23/01/2010 J. Cotten, Western Univ.
 Meet: ! 6.09m 23/01/2010 J. Cotten, Western Univ.
 USpStdFLAT: % 5.90m

| Name | Year | Team | Finals |
|-----------------------|------|----------------|--------|
| 1 Drane, Jennifer | | Western Univ. | 5.26m |
| 2 France, Sarah | | Western Univ. | 5.03m |
| 3 Rampton, Madeline | | Western Univ. | 4.95m |
| 4 Sluys, Emily | | Western Univ. | 4.93m |
| 5 Horner, Ayasha | | Western Univ. | 4.92m |
| 6 Stachowich, Cassidy | | Univ. Waterloo | 4.80m |
| 7 Holland, Rachel | | Western Univ. | 4.79m |

Women Triple Jump University

Arena: * 12.58m 14/01/1994 K. Dinsmore, Univ. Windsor
 Meet: ! 12.81m 17/01/2015 C. Ehrhardt, Western Univ.
 USpStdFLAT: % 11.88m

| Name | Year | Team | Finals |
|-------------------|------|---------------|--------|
| 1 Dane, Riley | | Western Univ. | 11.28m |
| 2 Drane, Jennifer | | Western Univ. | 10.75m |
| 3 Maslak, Annie | | Western Univ. | 10.42m |
| 4 Sluys, Emily | | Western Univ. | 10.39m |
| 5 France, Sarah | | Western Univ. | 10.11m |

Women Shot Put University

Arena: * 15.53m 20/01/1984 V. Fisher, Michigan State
 Meet: ! 17.71m 11/01/2003 L. Tunks, London-Western TC
 USpStdFLAT: % 13.63m

| Name | Year | Team | Finals |
|----------------------|------|---------------|--------|
| 1 Shepard, Stephanie | | Western Univ. | 12.86m |
| 2 Amofah, Ashley | | Western Univ. | 12.59m |
| 3 Good, Emily | | Western Univ. | 12.48m |
| 4 Timmons, Ainslie | | Western Univ. | 11.62m |

| | | | |
|----|-------------------|---------------|-------|
| 5 | Beaudry, Katie | Western Univ. | 9.79m |
| 6 | Rampton, Madeline | Western Univ. | 9.38m |
| 7 | McCann, Heather | Western Univ. | 9.27m |
| 8 | Mustapha, Raba | Univ. Windsor | 8.77m |
| 9 | Grala, Emilia | Western Univ. | 8.55m |
| 10 | Horner, Ayasha | Western Univ. | 8.30m |
| 11 | Thomas, Rowan | Western Univ. | 7.80m |

Women Weight Throw University

=====
 Arena: * 17.84m 22/01/2011 C. Appiah, York Univ.
 Meet: ! 17.84m 22/01/2011 C. Appiah, York Univ.
 USpStdFLAT: % 16.81m

| Name | Year | Team | Finals |
|------|--------------------|---------------|--------|
| 1 | Diebold, Hannah | Western Univ. | 15.30m |
| 2 | Shepard, Stephanie | Western Univ. | 14.74m |
| 3 | Amofah, Ashley | Western Univ. | 13.78m |
| 4 | Mustapha, Raba | Univ. Windsor | 13.65m |
| 5 | Timmons, Ainslie | Western Univ. | 13.64m |
| 6 | Jantzi, Brindley | Western Univ. | 13.55m |
| 7 | Good, Emily | Western Univ. | 12.26m |
| 8 | Smith, Hunter | Western Univ. | 10.60m |

Boys 60 Meter Dash Bantam

| Name | Year | Team | Finals |
|------|-----------------------|----------------|--------|
| 1 | Trott-McDermott, Jack | LondonWestnTFC | 9.40 |
| 2 | King, Own | StThomasLTFC | 9.56 |
| 3 | Oprenchock, Dylen | StThomasLTFC | 10.02 |
| 4 | Gibson, Connor | LondonWestnTFC | 10.69 |

Boys 200 Meter Dash Bantam

| Name | Year | Team | Finals |
|------|-----------------------|----------------|--------|
| 1 | Trott-McDermott, Jack | LondonWestnTFC | 32.51 |
| 2 | Oprenchock, Dylen | StThomasLTFC | 33.15 |
| 3 | King, Own | StThomasLTFC | 33.67 |
| 4 | Gibson, Connor | LondonWestnTFC | 37.62 |

Boys 800 Meter Run Bantam

| Name | Year | Team | Finals |
|------|-------------------|----------------|---------|
| 1 | Collins, Lincoln | LondonWestnTFC | 2:42.17 |
| 2 | Collins, Preston | LondonWestnTFC | 2:59.19 |
| 3 | Oprenchock, Dylen | StThomasLTFC | 3:00.08 |

Boys 1500 Meter Run Bantam

| Name | Year | Team | Finals |
|------|--------------------|----------------|---------|
| 1 | Van Acker, Maximus | LondonWestnTFC | 6:33.92 |

Boys 60 Meter Hurdles Bantam

| Name | Year | Team | Finals |
|------|-----------------------|----------------|--------|
| 1 | Trott-McDermott, Jack | LondonWestnTFC | 12.20 |
| 2 | Van Acker, Maximus | LondonWestnTFC | 13.53 |

Boys High Jump Bantam

| Name | Year Team | Finals |
|---------------|----------------|--------|
| 1 Caley, Reid | LondonWestnTFC | 1.15m |

Boys Long Jump Bantam

| Name | Year Team | Finals |
|----------------------|----------------|--------|
| 1 Collins, Preston | LondonWestnTFC | 3.54m |
| 2 Collins, Lincoln | LondonWestnTFC | 3.30m |
| 3 Van Acker, Maximus | LondonWestnTFC | 3.15m |
| 4 Caley, Reid | LondonWestnTFC | 3.09m |
| 5 Gibson, Connor | LondonWestnTFC | 2.89m |

Boys 60 Meter Dash Midget

| Name | Year Team | Finals |
|--------------------|----------------|--------|
| 1 Caughy, Ryan | SaugeenTFC | 7.72 |
| 2 Angerilli, Adam | SpeedRiverTFC | 7.73 |
| 3 Nembhard, Andre | Brantford TC | 7.81 |
| 4 Abey, Ryan | LondonWestnTFC | 7.85 |
| 5 Belanger, Dylen | StThomasLTFC | 8.14 |
| 6 Cleaves, Spencer | Brantford TC | 8.23 |
| 7 MacLean, Connor | LondonWestnTFC | 8.77 |

Boys 200 Meter Dash Midget

| Name | Year Team | Finals | H# |
|--------------------|----------------|--------|----|
| 1 Angerilli, Adam | SpeedRiverTFC | 25.24 | 1 |
| 2 Abey, Ryan | LondonWestnTFC | 25.34 | 2 |
| 3 Caughy, Ryan | SaugeenTFC | 25.64 | 1 |
| 4 Belanger, Dylen | StThomasLTFC | 26.88 | 1 |
| 5 Waldmann, Noah | SaugeenTFC | 27.41 | 2 |
| 6 Cleaves, Spencer | Brantford TC | 28.47 | 2 |
| 7 MacLean, Connor | LondonWestnTFC | 28.66 | 2 |

Boys 800 Meter Run Midget

| Name | Year Team | Finals |
|----------------------|--------------|---------|
| 1 Fabi, Aaron | Brantford TC | 2:13.52 |
| 2 Waldmann, Noah | SaugeenTFC | 2:33.72 |
| 3 McCandless, Joshua | StThomasLTFC | 2:41.13 |

Boys 1500 Meter Run Midget

| Name | Year Team | Finals |
|----------------------|----------------|---------|
| 1 Young, Ian | LondonWestnTFC | 4:47.36 |
| 2 Belanger, Harrison | StThomasLTFC | 4:49.69 |
| 3 Vanderberg, Andrew | SpeedRiverTFC | 4:58.93 |
| 4 Litman, Mitchell | Brantford TC | 4:59.36 |

Boys 60 Meter Hurdles Midget

| Name | Year Team | Finals |
|-------------------|--------------|--------|
| 1 Belanger, Dylen | StThomasLTFC | 9.51 |

Boys Long Jump Midget

| Name | Year Team | Finals |
|-------------------|--------------|--------|
| 1 Nembhard, Andre | Brantford TC | 5.05m |

Boys 60 Meter Dash Youth

| Name | Year Team | Finals | H# |
|--------------------|----------------|--------|----|
| 1 Lippert, Jackson | LondonWestnTFC | 7.63 | 1 |
| 1 McIntosh, Austin | LondonWestnTFC | 7.63 | 2 |
| 3 Cruz, Ethan | LondonWestnTFC | 7.67 | 2 |
| 4 Smith, Ryan | LondonWestnTFC | 7.78 | 1 |
| 5 Russell, Thomas | LondonWestnTFC | 8.07 | 1 |
| 5 Hossack, Ethan | Brantford TC | 8.07 | 2 |
| 7 Mitchell, Jack | LondonWestnTFC | 8.26 | 2 |

Boys 200 Meter Dash Youth

| Name | Year Team | Finals | H# |
|--------------------|----------------|--------|----|
| 1 McIntosh, Austin | LondonWestnTFC | 24.95 | 2 |
| 2 Smith, Ryan | LondonWestnTFC | 25.81 | 2 |
| 3 Russell, Thomas | LondonWestnTFC | 25.89 | 1 |
| 4 Lippert, Jackson | LondonWestnTFC | 26.17 | 1 |
| 5 Hossack, Ethan | Brantford TC | 26.88 | 2 |
| 6 Mitchell, Jack | LondonWestnTFC | 27.86 | 2 |

Boys 800 Meter Run Youth

| Name | Year Team | Finals |
|-------------------|-----------------|---------|
| 1 Burke, Evan | LondonWestnTFC | 2:01.30 |
| 2 Hill, Eric | LondonWestnTFC | 2:05.25 |
| 3 Khan, Daniel | SaugeenTFC | 2:07.48 |
| 4 Pentland, Ethan | Unattached | 2:07.63 |
| 5 Rand, Rylan | LondonWestnTFC | 2:23.11 |
| -- Cotter, Josh | NithRiverRunnrs | DNF |

Boys 1500 Meter Run Youth

| Name | Year Team | Finals |
|--------------------|----------------|---------|
| 1 Zelek, Joshua | HuronPerthWind | 4:02.27 |
| 2 Koyanagi, Kyle | LondonWestnTFC | 4:02.49 |
| 3 Fitzgerald, Liam | SaugeenTFC | 4:25.66 |
| 4 Lynk, Matthew | LondonWestnTFC | 4:47.38 |
| 5 Gustin, Will | Brantford TC | 4:53.43 |
| 6 Frey, Noah | Brantford TC | 5:23.85 |

Boys 60 Meter Hurdles Youth

| Name | Year Team | Finals |
|------------------|----------------|--------|
| 1 McDonald, Owen | LondonWestnTFC | 10.45 |

Boys High Jump Youth

| Name | Year Team | Finals |
|-------------------|------------|--------|
| 1 Gilstorf, Scott | SaugeenTFC | 1.75m |
| 2 Keeling, Caleb | SaugeenTFC | J1.75m |

-- Cruz, Ethan LondonWestnTFC NH

Boys Pole Vault Youth

| Name | Year | Team | Finals |
|------------------|------|----------------|--------|
| 1 McDonald, Owen | | LondonWestnTFC | 3.31m |

Boys Long Jump Youth

| Name | Year | Team | Finals |
|--------------------|------|----------------|--------|
| 1 Cornwell, Aidan | | LondonWestnTFC | 5.45m |
| 2 McIntosh, Austin | | LondonWestnTFC | 5.07m |
| 3 Smith, Ryan | | LondonWestnTFC | 5.03m |
| 4 Lippert, Jackson | | LondonWestnTFC | 4.97m |
| 5 Keeling, Caleb | | SaugeenTFC | 4.83m |

Boys Shot Put Youth

| Name | Year | Team | Finals |
|----------------------|------|----------------|--------|
| 1 Jacklin, Ryan | | SaugeenTFC | 14.96m |
| 2 Elliott, Jeremy | | SaugeenTFC | 14.40m |
| 3 Panhuis, Christian | | LondonWestnTFC | 13.40m |
| 4 Garrett, Ryan | | LondonWestnTFC | 11.09m |

Boys Weight Throw Youth

| Name | Year | Team | Finals |
|----------------------|------|----------------|--------|
| 1 Elliott, Jeremy | | SaugeenTFC | 18.10m |
| 2 Linington, Josh | | Brantford TC | 16.38m |
| 3 Burr, Toren | | Brantford TC | 15.60m |
| 4 Lewis, Jordan | | ProjectAthTF | 14.22m |
| 5 Garrett, Ryan | | LondonWestnTFC | 13.21m |
| 6 Panhuis, Christian | | LondonWestnTFC | 12.01m |

Boys 800 Meter Run Junior

| Name | Year | Team | Finals |
|------------------|------|----------------|---------|
| 1 Stewart, Will | | LondonWestnTFC | 2:03.24 |
| 2 Zoysa, Trevone | | Brantford TC | 2:06.26 |
| 3 Clarke, Jake | | SaugeenTFC | 2:07.23 |
| 4 Palmer, Jordan | | StThomasLTFC | 2:14.56 |
| 5 Ogilvie, Liam | | SpeedRiverTFC | 2:14.67 |
| 6 Schmidt, Adam | | SpeedRiverTFC | 2:15.68 |

Boys 800 Meter Run Senior

| Name | Year | Team | Finals |
|-----------------|------|-----------|---------|
| 1 Aseltine, Ian | | UnattOnt. | 2:10.40 |

Men 60 Meter Dash Junior

| Name | Year | Team | Finals |
|------------------|------|----------------|--------|
| 1 Murch, Zachary | | SpeedRiverTFC | 7.42 |
| 2 Garrett, Mason | | Brantford TC | 7.48 |
| 3 Clark, Liam | | StThomasLTFC | 7.53 |
| 4 Wiles, Jared | | LondonWestnTFC | 7.73 |

| | | | |
|---|------------------|----------------|------|
| 5 | Cornwell, Aidan | LondonWestnTFC | 7.91 |
| 6 | O'Rourke, Cooper | WindsorLTFC | 8.03 |
| 7 | Hong, Tommy | LondonWestnTFC | 8.08 |

Men 200 Meter Dash Junior

| Name | Year | Team | Finals | H# |
|------|------------------|----------------|--------|----|
| 1 | Garrett, Mason | Brantford TC | 23.65 | 1 |
| 2 | Murch, Zachary | SpeedRiverTFC | 23.78 | 1 |
| 3 | Clark, Liam | StThomasLTFC | 24.22 | 2 |
| 4 | Smyth, Tanner | StThomasLTFC | 24.74 | 1 |
| 5 | Wiles, Jared | LondonWestnTFC | 25.46 | 2 |
| 6 | O'Rourke, Cooper | WindsorLTFC | 26.69 | 2 |

Men 1500 Meter Run Junior

| Name | Year | Team | Finals |
|------|---------------|---------------|---------|
| 1 | Ogilvie, Liam | SpeedRiverTFC | 4:28.70 |
| 2 | Schmidt, Adam | SpeedRiverTFC | 4:41.81 |

Men 60 Meter Hurdles Junior

| Name | Year | Team | Finals |
|------|----------------------|----------------|--------|
| 1 | McLeod, Austin | LondonWestnTFC | 8.95 |
| 2 | Smyth, Tanner | StThomasLTFC | 8.98 |
| 3 | Clark, Liam | StThomasLTFC | 9.01 |
| 4 | Mather, Joshua | LondonWestnTFC | 9.22 |
| 5 | Veroude, Matthew | LondonWestnTFC | 9.45 |
| 6 | Van Der Ploeg, Rienk | LondonWestnTFC | 9.46 |
| 7 | Shaw, James | WindsorLTFC | 9.62 |
| 8 | Hong, Tommy | LondonWestnTFC | 11.19 |

Men High Jump Junior

| Name | Year | Team | Finals |
|------|-----------------|----------------|--------|
| 1 | Doherty, Calum | Unattached | 1.80m |
| 2 | Smyth, Tanner | StThomasLTFC | 1.75m |
| 3 | Campbell, Mason | LondonWestnTFC | J1.75m |
| 4 | Shaw, James | WindsorLTFC | 1.50m |

Men Pole Vault Junior

| Name | Year | Team | Finals |
|------|------------------|----------------|--------|
| 1 | Veroude, Matthew | LondonWestnTFC | 3.66m |
| 2 | McLeod, Austin | LondonWestnTFC | 3.51m |
| 3 | Toth, Robert | LondonWestnTFC | 3.31m |
| 4 | Mather, Joshua | LondonWestnTFC | J3.31m |

Men Long Jump Junior

| Name | Year | Team | Finals |
|------|----------------------|----------------|--------|
| 1 | Van Der Ploeg, Rienk | LondonWestnTFC | 5.20m |

Men Shot Put Junior

| Name | Year | Team | Finals |
|------|------|------|--------|
|------|------|------|--------|

| | | | |
|---|----------------------|----------------|--------|
| 1 | Van Der Ploeg, Rienk | LondonWestnTFC | 10.50m |
| 2 | Hong, Tommy | LondonWestnTFC | 6.99m |

Men Weight Throw Junior

| Name | Year Team | Finals | |
|------|-----------------|------------|--------|
| 1 | Martin, Matthew | York Univ. | 12.88m |

Men 60 Meter Dash Senior

| Name | Year Team | Finals | |
|------|----------------|----------------|------|
| 1 | Smith, David | Brantford TC | 8.03 |
| 2 | Salomons, Cody | LondonWestnTFC | 8.72 |

Men 200 Meter Dash Senior

| Name | Year Team | Finals | |
|------|--------------|---------------|-------|
| 1 | Wilson, Liam | SpeedRiverTFC | 24.79 |
| 2 | Smith, David | Brantford TC | 26.09 |

Men 1500 Meter Run Senior

| Name | Year Team | Finals | |
|------|------------|-----------------|---------|
| 1 | Naim, Ahad | NewmarketHuskTC | 4:25.57 |

Men Pole Vault Senior

| Name | Year Team | Finals | |
|------|-----------------|-------------|-------|
| 1 | Savic, Milos | Unattached | 4.91m |
| 2 | Beaudoin, Shawn | WindsorLTFC | 3.81m |

Men Long Jump Senior

| Name | Year Team | Finals | |
|------|----------------|----------------|-------|
| 1 | Salomons, Cody | LondonWestnTFC | 5.45m |

Men Weight Throw Senior

| Name | Year Team | Finals | |
|------|----------------|----------------|--------|
| 1 | Belkwell, Cole | Brantford TC | 14.16m |
| 2 | Bonelli, Luke | LondonWestnTFC | 10.86m |

Men 60 Meter Dash Alumni

| Name | Year Team | Finals | |
|------|-----------------|---------------|------|
| 1 | Granillo, Elias | StThomasLTFC | 7.19 |
| 2 | Wason, Miguel | Unattached | 7.26 |
| 3 | Bell, Riley | StThomasLTFC | 7.45 |
| 4 | Betty, Trevino | Western Univ. | 7.91 |
| 5 | Grainge, Aaron | UnattOnt. | 8.20 |
| 6 | Cattet, Luke | Unattached | 8.46 |

Men 60 Meter Dash University

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Arena: * 6.76 21/01/1982 D. Williams, York Univ./Michigan TC
 Meet: ! 6.79 17/01/2015 A. Bowman, London-Western TC
 USpStdFLAT: % 6.87

| Name | Year | Team | Prelims | H# |
|--------------------|------|----------------|---------|----|
| ===== | | | | |
| Preliminaries | | | | |
| 1 Chan, Matthew | | Western Univ. | 7.03Q | 2 |
| 2 Sinden, Kyle | | Univ. Guelph | 7.08Q | 1 |
| 3 Noble, Hunter | | Western Univ. | 7.18q | 2 |
| 4 Barnes, Cole | | LondonWestnTFC | 7.23q | 1 |
| 5 Miguel, Paulo | | Univ. Waterloo | 7.25q | 2 |
| 6 Alao, Seyi | | Univ. Waterloo | 7.30q | 2 |
| 7 Lorentz, Joshua | | Univ. Waterloo | 7.31q | 1 |
| 8 To, Justin | | Univ. Waterloo | 7.46q | 1 |
| 9 Fennell, Sam | | Western Univ. | J7.46 | 1 |
| -- Nalywaiko, Adam | | Western Univ. | DQ | 1 |

Men 60 Meter Dash University

Arena: * 6.76 21/01/1982 D. Williams, York Univ./Michigan TC
 Meet: ! 6.79 17/01/2015 A. Bowman, London-Western TC
 USpStdFLAT: % 6.87

| Name | Year | Team | Finals |
|-----------------|------|----------------|--------|
| ===== | | | |
| Finals | | | |
| 1 Chan, Matthew | | Western Univ. | 7.01 |
| 2 Noble, Hunter | | Western Univ. | 7.13 |
| 3 Sinden, Kyle | | Univ. Guelph | 7.19 |
| 4 Barnes, Cole | | LondonWestnTFC | 7.26 |
| 5 Miguel, Paulo | | Univ. Waterloo | 7.29 |
| 6 Alao, Seyi | | Univ. Waterloo | 7.31 |
| 7 To, Justin | | Univ. Waterloo | 7.46 |

Men 300 Meter Dash 3 Turn Staggs University

Arena: * 34.24 04/02/1978 J. Grace, Univ. Michigan
 Meet: ! 34.41 24/01/2009 L. Hanna, Univ. Detroit-Mercy
 USpStdFLAT: % 34.39

| Name | Year | Team | Finals | H# |
|-------------------|------|----------------|--------|----|
| ===== | | | | |
| 1 Abdulahi, Ramzi | | Western Univ. | 34.45 | 1 |
| 2 Mabbott, Jordan | | Western Univ. | 35.45 | 2 |
| 3 Nice, Kyle | | Western Univ. | 35.89 | 2 |
| 4 Lorentz, Joshua | | Univ. Waterloo | 36.10 | 1 |
| 5 Babcock, Owen | | Univ. Waterloo | 36.36 | 2 |
| 6 Cherniak, Greg | | Western Univ. | 36.67 | 3 |
| 7 Forde, Brendan | | Western Univ. | 36.86 | 3 |
| 8 Leblanc, Devin | | Western Univ. | 37.03 | 4 |
| 9 Grismer, Austin | | Univ. Waterloo | 38.51 | 4 |

Men 600 Meter Dash University

Arena: * 1:19.14 03/12/1988 G. Bertram, Ashland College
 Meet: ! 1:19.20 18/01/1985 P. Osland, Univ. Toronto
 USpStdFLAT: % 1:19.84

| Name | Year | Team | Finals | H# |
|---------------------|------|----------------|---------|----|
| ===== | | | | |
| 1 Campbell, Mac | | Western Univ. | 1:23.69 | 1 |
| 2 Costello, Brendan | | Western Univ. | 1:24.05 | 1 |
| 3 Ryckman, Matthew | | Western Univ. | 1:24.45 | 1 |
| 4 Mehta, Ryley | | Western Univ. | 1:24.81 | 1 |
| 5 Yaeger, Luke | | McMasterUniv. | 1:24.95 | 1 |
| 6 Goldberg, Akiva | | Univ. Waterloo | 1:25.06 | 2 |

| | | | | |
|----|-------------------|-----------------|---------|---|
| 7 | Flach, Nathan | Univ. Waterloo | 1:25.62 | 2 |
| 8 | Antczak, Bartosz | Univ. Waterloo | 1:26.57 | 2 |
| 9 | Matan, Adam | Western Univ. | 1:28.72 | 3 |
| 10 | Bruhjell, Michael | Western Univ. | 1:29.15 | 3 |
| 11 | Bari, Asad | WilfridLaurUniv | 1:29.50 | 3 |
| 12 | Shepherd, Bradley | Western Univ. | 1:31.66 | 2 |
| 13 | Lytle, Tim | WilfridLaurUniv | 1:35.42 | 3 |

Men 1000 Meter Run University

```
=====
Arena: * 2:26.40 18/01/1987 H. Mitro, Univ. Waterloo
Meet: ! 2:26.40 18/01/1987 H. Mitro, Univ. Waterloo
USpStdFLAT: % 2:24.98
Name Year Team Finals H#
=====
```

| | | | | |
|---|---------------------|-----------------|---------|---|
| 1 | Goldberg, Akiva | Univ. Waterloo | 2:30.90 | 1 |
| 2 | McGillivray, Joshua | McMasterUniv. | 2:31.17 | 1 |
| 3 | Napier, Matthew | McMasterUniv. | 2:31.71 | 1 |
| 4 | Danayan, Gregory | Western Univ. | 2:32.03 | 1 |
| 5 | Were, Ryan | McMasterUniv. | 2:36.25 | 1 |
| 6 | Bedi, Nick | Univ. Waterloo | 2:38.25 | 2 |
| 7 | Bari, Asad | WilfridLaurUniv | 2:52.62 | 2 |
| 8 | Halbertsma, Emrys | WilfridLaurUniv | 2:53.94 | 2 |
| 9 | Jeffrey, Nathan | WilfridLaurUniv | 2:57.71 | 2 |

Men 1500 Meter Run University

```
=====
Arena: * 3:47.55 21/01/2017 J. Sheffar, Western Univ.
Meet: ! 3:47.55 21/01/2017 J. Sheffar, Western Univ
USpStdFLAT: % 3:49.84
Name Year Team Finals H#
=====
```

| | | | | |
|----|-------------------|-----------------|---------|---|
| 1 | Sheffar, Jack | Western Univ. | 3:50.46 | 1 |
| 2 | Andrin, Hunter | LondonWestnTFC | 4:00.06 | 1 |
| 3 | Macpherson, Eric | McMasterUniv. | 4:01.01 | 1 |
| 4 | Kondrat, Nick | McMasterUniv. | 4:01.82 | 1 |
| 5 | Deane, Patrick | McMasterUniv. | 4:03.42 | 1 |
| 6 | Brar, Dilan | Western Univ. | 4:04.59 | 1 |
| 7 | Alick, Dylan | McMasterUniv. | 4:04.66 | 2 |
| 8 | Favero, Jonathan | McMasterUniv. | 4:06.68 | 1 |
| 9 | Gauthier, Mathieu | Western Univ. | 4:07.20 | 2 |
| 10 | Drover, Alex | McMasterUniv. | 4:07.35 | 1 |
| 11 | Tyrell, Ryan | McMasterUniv. | 4:08.77 | 2 |
| 12 | De Jong, Aaron | McMasterUniv. | 4:09.89 | 2 |
| 13 | Lai, Jeremie | McMasterUniv. | 4:11.26 | 2 |
| 14 | Tyrell, Justyn | McMasterUniv. | 4:11.56 | 2 |
| 15 | Luke, Sean | Western Univ. | 4:11.92 | 2 |
| 16 | Wood, Carter | Western Univ. | 4:12.48 | 1 |
| 17 | Cornwall, Taylor | McMasterUniv. | 4:14.05 | 2 |
| 18 | Broekhuysse, Alex | Western Univ. | 4:14.65 | 1 |
| 19 | McArthur, Matthew | McMasterUniv. | 4:15.90 | 2 |
| 20 | Charanduk, Mike | WilfridLaurUniv | 4:20.24 | 2 |
| 21 | Fernandes, Isaiah | Western Univ. | 4:21.44 | 2 |
| 22 | Sheeler, Matt | Western Univ. | 4:22.87 | 1 |
| 23 | Sheeler, Brad | Western Univ. | 4:24.54 | 2 |
| -- | Moodie, Triphon | TorontoWA | DNF | 1 |

Men 3000 Meter Run University

```
=====
Arena: * 8:11.80 02/12/1989 H. Mitro, Toronto OC
Meet: ! 8:19.01 16/01/2016 C. Darlington, McMaster Univ.
USpStdFLAT: % 8:16.02
Name Year Team Finals
```

| | | | |
|----|--------------------|-----------------|---------|
| 1 | Balestrini, Chris | Unattached | 8:30.16 |
| 2 | Parrot-Migas, Phil | UnattOnt. | 8:42.83 |
| 3 | Moodie, Triphon | TorontoWA | 8:50.64 |
| 4 | O'Donnell, Ian | Univ. Waterloo | 8:55.73 |
| 5 | Masters, Brendan | WilfridLaurUniv | 9:13.19 |
| 6 | Hardy, Joey | WilfridLaurUniv | 9:23.32 |
| -- | Ubene, Evan | McMasterUniv. | DNF |

Men 60 Meter Hurdles University

Top 8 Advance by Time

Arena: * 7.85 06/01/1985 M. McKoy, York Univ.
 Meet: ! 7.68 17/01/2015 D. Warner, London-Western TC

USpStdFLAT: % 8.23

| Name | Year Team | Prelims |
|---------------|-------------------|---------------------|
| Preliminaries | | |
| 1 | Butcher, Locky | Western Univ. 8.60q |
| 2 | Dooley, Ryan | Western Univ. 8.70q |
| 3 | Beaudoin, Shawn | WindsorLTFC 8.84q |
| 4 | Spangenberg, Greg | Western Univ. 9.01q |
| 5 | Croley, Keagan | Western Univ. 9.09q |
| 6 | Schan, Steven | Western Univ. 9.20q |
| 7 | Farmer, Adam | Western Univ. 9.28q |

Men 60 Meter Hurdles University

Arena: * 7.85 06/01/1985 M. McKoy, York Univ.
 Meet: ! 7.68 17/01/2015 D. Warner, London-Western TC

USpStdFLAT: % 8.23

| Name | Year Team | Finals |
|--------|-------------------|--------------------|
| Finals | | |
| 1 | Butcher, Locky | Western Univ. 8.40 |
| 2 | Dooley, Ryan | Western Univ. 8.66 |
| 3 | Schan, Steven | Western Univ. 9.18 |
| 4 | Farmer, Adam | Western Univ. 9.20 |
| 5 | Spangenberg, Greg | Western Univ. 9.22 |

Men 4x200 Meter Relay 3 Turn Stagg University

Arena: * 1:28.84 18/01/1992 , Windsor Lancers
 Meet: ! 1:28.84 18/01/1992 , Windsor Lancers

USpStdFLAT: % 1:29.11

| Team | Finals |
|------|-------------------------------|
| 1 | Western Mustangs 'A' 1:29.41 |
| 2 | Western Mustangs 'B' 1:32.44 |
| 3 | Waterloo Warriors 'A' 1:32.90 |

Men 4x400 Meter Relay 2 Turn Stagg University

Arena: * 3:18.90 18/01/1985 , Western Mustangs
 Meet: ! 3:18.90 18/01/1985 , Western Mustangs

USpStdFLAT: % 3:20.36

| Team | Finals | H# |
|------|--------------------------|-----------|
| 1 | Western Mustangs 'A' | 3:25.88 1 |
| 2 | Waterloo Warriors 'A' | 3:26.86 1 |
| 3 | Laurier Golden Hawks 'A' | 3:51.91 1 |
| -- | Western Mustangs 'B' | DNF 2 |

Men High Jump University

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=====
Arena: * 2.15m 1996 P. Carabello, Univ. Detroit-Mercy
Meet: ! 2.14m 21/01/1985 T. Patulski, Central Michigan Univ.
USpStdFLAT: % 2.06m
Name Year Team Finals
=====
1 Butcher, Locky Western Univ. 1.95m
2 Kambamba, Bleska Western Univ. J1.95m
3 Nightingale, David Univ. Waterloo J1.95m
4 Davidson, Solomon Univ. Waterloo 1.90m
5 Virk, Dilveer Univ. Waterloo 1.85m
6 Cowan, Sam Western Univ. 1.80m
7 Farmer, Adam Western Univ. 1.70m
8 Fennell, Sam Western Univ. 1.60m

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Men Pole Vault University

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=====
Arena: * 5.35m 04/12/1993 D. Wood, York Univ.
Meet: ! 4.81m 19/01/2013 M. Diston, Western Univ.
USpStdFLAT: % 4.81m
Name Year Team Finals
=====
1 Gleason, Daniel Western Univ. 4.81m!
2 Choja, Brian Western Univ. 4.51m
3 Cowan, Eric Western Univ. 4.26m
4 Christopher, Nick Western Univ. 4.11m

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Men Long Jump University

```

=====
Arena: * 7.45m 14/01/1995 T. Betty, Western Univ.
Meet: ! 7.57m 19/01/2013 T. Stewart, London-Western TC
USpStdFLAT: % 7.14m
Name Year Team Finals
=====
1 Balogun, Jonathan Western Univ. 7.08m
2 Ahne, Joerg Univ. Waterloo 7.05m
3 Evans, Ryan Western Univ. 6.01m
4 Williams, Jamal Western Univ. 6.00m
5 Fennell, Sam Western Univ. 5.92m
6 Bell, Joseph Western Univ. 5.83m
7 Farmer, Adam Western Univ. 5.62m

```

Men Triple Jump University

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=====
Arena: * 15.42m 04/12/1976 D. Trowell, Tennessee Tech.
Meet: ! 14.88m 14/01/1995 S. Norris
USpStdFLAT: % 14.64m
Name Year Team Finals
=====
1 Billings, Scott Western Univ. 13.84m
2 Kang, Richard Univ. Waterloo 13.11m
3 Weinstein, Josh Western Univ. 12.75m

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Men Shot Put University

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=====
Arena: * 18.06m 21/01/2012 T. Hendry, Univ. Guelph
Meet: ! 18.06m 21/01/2012 T. Hendry, Univ. Guelph
USpStdFLAT: % 16.36m
Name Year Team Finals
=====
1 Cameron, Stuart Western Univ. 15.12m
2 Fabi, Fred Western Univ. 11.90m

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