

2019 OMA Winter Mini Meet #3 - 2019-02-17
Toronto Track and Field Centre
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 1 Mixed 60 Meter Dash

Name	Age Team	Prelims	Age-Grading	H#
Preliminaries				
1 Helman, Alex	M25 Centro Scuola	7.11q	7.12 89.87%	10
2 James, Michael	M38 Unattached Ontario	7.16q	7.06 90.50%	10
3 Brown, Mellard	M34 Unattached Ontario	7.23q	7.24 88.38%	10
4 Cho, Howard	M28 Unattached Ontario	7.26q	7.27 88.02%	10
5 Giddings, Daniel	M17 The Gazelles	7.30q	7.31 87.53%	10
6 Hurst Jr, David	M15 Mississauga Oly.	7.50q	7.51 85.20%	10
7 Aamer, Eesa	M16 Mississauga T.F.C.	7.54q	7.55 84.75%	8
8 Khan, Ahmed	M18 Game Speed Int.	7.57q	7.58 84.41%	9
9 Achot, Gorham	M15 Flying Angels	7.60q	7.61 84.08%	9
10 Edwards, Jaden	M15 The Gazelles	7.62q	7.63 83.86%	9 7.613
11 Lau, Manly	M30 Univ. Toronto TC	7.62q	7.63 83.86%	9 7.618
12 Ali, Sean	M15 Centro Scuola	7.65q	7.66 83.53%	10
13 Holloway, Liam	M16 Flying Angels	7.66q	7.67 83.42%	9 7.657
14 Clark, Stanley	M18 Thorold Elite	7.66q	7.67 83.42%	9 7.659
15 Ibatuan, Alden	M17 Flying Angels	7.67q	7.68 83.31%	8
16 Lindsay, Shakem	M15 The Gazelles	7.77q	7.78 82.24%	8 7.763
17 Phillips, Shamar	M15 The Gazelles	7.77q	7.78 82.24%	7 7.766
18 Sammut, Quinten	M14 The Gazelles	7.78q	7.79 82.13%	8
19 Cabral, Noah	M15 Mississauga T.F.C.	7.86q	7.87 81.30%	8
20 Foubert, Jason	M49 Unattached Ontario	7.89q	7.32 87.33%	8
21 Lindsay, Shakur	M15 The Gazelles	7.90q	7.91 80.89%	7
22 Chang, Spencer	M14 Flying Angels	7.95q	7.96 80.38%	9
23 Williams, Jordanne	W28 Unattached Ontario	7.96q	7.97 86.93%	7
24 Reid, Hailey	W14 Monte Cristo	8.06q	8.07 85.86%	6
25 Beechey, Matt	M48 Jamcan Int.	8.09q	7.51 85.17%	7
26 Francis, Mckayla	W14 Flying Angels	8.12q	8.13 85.22%	6
27 Uppal, Shaurya	M32 Unattached Ontario	8.18q	8.19 78.12%	6
28 Ashmeade, Milton	M33 Jamcan Int.	8.22q	8.23 77.74%	7
29 Lee Foon, Mike	M58 Jamcan Int.	8.26q	7.19 88.98%	8 8.252
30 Parker, Reilly	M14 Thorold Elite	8.26q	8.27 77.36%	7 8.260
31 Di Biase, Karina	W16 Centro Scuola	8.27q	8.28 83.68%	7
32 Williams, Tihana	W17 Flying Angels	8.30q	8.31 83.37%	6
33 Eniojukan, Sunday	M43 The Gazelles	8.31q	7.96 80.39%	5
34 Alalibo, Victor	M19 Flying Angels	8.41q	8.42 75.98%	9
35 Campbell, Jada	W15 Flying Angels	8.43q	8.44 82.09%	5 8.421
36 Little, Carter	M13 Monte Cristo	8.43q	8.44 75.80%	5 8.425
37 Nyarkoh, Priscilla	W15 The Gazelles	8.53q	8.54 81.13%	5
38 Ball, Eric	M41 The Gazelles	8.56q	8.20 78.04%	4
39 Phillips, Natalie	W33 Univ. Toronto TC	8.58q	8.59 80.65%	6 8.574
40 McCrory, Kim	W30 Univ. Toronto TC	8.58q	8.59 80.65%	4 8.578
41 Garfunkel, Violeta	W45 Univ. Toronto TC	8.60q	7.90 87.56%	4 8.598
42 McGrath, Carli	W14 Mississauga T.F.C.	8.60q	8.61 80.47%	4 8.600
43 Zinman, Debbie	W49 Univ. Toronto TC	8.79q	8.08 85.67%	4 8.787
44 Gagne, Wayne	M64 Muskoka Algon.	8.79q	7.39 86.46%	3 8.788
45 Alford, Kristy	W20 Unattached Ontario	8.84q	8.85 78.28%	4 8.834
46 Morais, Talia	W14 Flying Angels	8.84q	8.85 78.28%	6 8.840
47 Hehar, Manmohan	M68 Unattached Ontario	8.86q	7.18 89.05%	3 8.851
48 Lam, Pho	M47 Unattached Ontario	8.86q	8.22 77.77%	5 8.852

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49 Proudfoot, Marc	M49 Unattached Ontario	8.86q	8.22	77.77%	7	8.860
50 Fong-Hollohan, Lauren	W16 Univ. Toronto TC	9.01q	9.02	76.80%	1	
51 Lech, Ryszard	M70 Jamcan Int.	9.02q	7.02	91.13%	3	
52 Sutherland, Heather	W14 Monte Cristo	9.03q	9.04	76.63%	3	9.022
53 De Chellis, Marco	M53 Unattached Ontario	9.03q	8.12	78.74%	2	9.024
54 Thompson, Marsha	W47 Jamcan Int.	9.07q	8.34	83.02%	2	
55 Roblin, Blair	M60 Unattached Ontario	9.08q	7.64	83.70%	5	9.072
56 Morley, Robert	M71 Unattached Ontario	9.08q	7.06	90.53%	3	9.073
57 Eshetu, Galila	W15 Flying Angels	9.10q	9.11	76.04%	5	
58 Amorim, Eva	W13 Monte Cristo	9.13q	9.14	75.79%	3	
59 Urch, Bruce	M64 Throwers Club	9.20q	7.74	82.61%	2	
60 Visser Stumbo, Zoe	W13 Monte Cristo	9.25q	9.26	74.81%	2	9.246
61 Williams, Raquel	W14 Mississauga T.F.C.	9.25q	9.26	74.81%	2	9.249
62 Stinson, Finn	M12 Univ. Toronto TC	9.31q	9.32	68.64%	2	
63 Pedrero, Andrea	W27 Univ. Toronto TC	9.46q	9.47	73.15%	3	
64 Morris, Mike	M78 Unattached Ontario	9.70q	7.18	89.07%	2	
65 Belen Brown, Zoë	W16 Univ. Toronto TC	9.94q	9.95	69.62%	1	
66 Baldamus, Steve	M58 Unattached Ontario	10.22q	8.89	71.92%	2	
67 Melvin, Wendy	W58 Unattached Ontario	11.10q	9.42	73.51%	1	
68 Rossos, Kim	W50 Unattached Ontario	11.37q	10.05	68.87%	1	
69 Hannon, Sue	W62 Unattached Ontario	11.54q	9.39	73.74%	1	
70 Powers-Luketic, Courtney	W13 Univ. Toronto TC	11.56q	11.57	59.86%	1	
71 Brown, Joanne	W61 Unattached Ontario	11.57q	9.41	73.55%	1	
72 Cassidy, Bob	M80 Unattached Ontario	13.05q	9.08	70.34%	1	

Event 1 Mixed 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#
Finals				
1 Helman, Alex	M25 Centro Scuola	7.04	7.05 90.77%	9
2 James, Michael	M38 Unattached Ontario	7.15	7.05 90.63%	9
3 Cho, Howard	M28 Unattached Ontario	7.24	7.25 88.26%	9
4 Giddings, Daniel	M17 The Gazelles	7.33	7.34 87.18%	9
5 Hurst Jr, David	M15 Mississauga Oly.	7.51	7.52 85.09%	9
6 Aamer, Eesa	M16 Mississauga T.F.C.	7.55	7.56 84.64%	9
7 Edwards, Jaden	M15 The Gazelles	7.60	7.61 84.08%	8
8 Achot, Gorham	M15 Flying Angels	7.62	7.63 83.86%	8
9 Lau, Manly	M30 Univ. Toronto TC	7.63	7.64 83.75%	8
10 Khan, Ahmed	M18 Game Speed Int.	7.65	7.66 83.53%	9
11 Clark, Stanley	M18 Thorold Elite	7.67	7.68 83.31%	8
12 Ali, Sean	M15 Centro Scuola	7.71	7.72 82.88%	8
13 Phillips, Shamar	M15 The Gazelles	7.77	7.78 82.24%	7 7.768
14 Ibatuan, Alden	M17 Flying Angels	7.77	7.78 82.24%	8 7.769
15 Cabral, Noah	M15 Mississauga T.F.C.	7.84	7.85 81.51%	7
16 Chang, Spencer	M14 Flying Angels	7.85	7.86 81.40%	7 7.841
17 Lindsay, Shakur	M15 The Gazelles	7.85	7.86 81.40%	7 7.844
18 Sammut, Quinten	M14 The Gazelles	7.85	7.86 81.40%	7 7.847
19 Lindsay, Shakem	M15 The Gazelles	7.91	7.92 80.78%	8
20 Holloway, Liam	M16 Flying Angels	7.93	7.94 80.58%	8
21 Foubert, Jason	M49 Unattached Ontario	7.96	7.39 86.56%	7

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22 Williams, Jordanne	W28 Unattached Ontario	7.98	7.99	86.72%	7
23 Lee Foon, Mike	M58 Jamcan Int.	8.06	7.01	91.19%	6
24 Reid, Hailey	W14 Monte Cristo	8.09	8.10	85.54%	7
25 Uppal, Shaurya	M32 Unattached Ontario	8.10	8.11	78.89%	6 8.095
26 Francis, Mckayla	W14 Flying Angels	8.10	8.11	85.43%	6 8.096
27 Beechey, Matt	M48 Jamcan Int.	8.11	7.53	84.96%	6
28 Ashmeade, Milton	M33 Jamcan Int.	8.12	8.13	78.69%	6
29 Di Biase, Karina	W16 Centro Scuola	8.21	8.22	84.29%	6 8.207
30 Eniojukan, Sunday	M43 The Gazelles	8.21	7.86	81.36%	5 8.209
31 Williams, Tihana	W17 Flying Angels	8.30	8.31	83.37%	6
32 Campbell, Jada	W15 Flying Angels	8.31	8.32	83.27%	5
33 Little, Carter	M13 Monte Cristo	8.44	8.45	75.71%	5
34 Phillips, Natalie	W33 Univ. Toronto TC	8.57	8.58	80.75%	5
35 Nyarkoh, Priscilla	W15 The Gazelles	8.59	8.60	80.56%	5
36 McCrory, Kim	W30 Univ. Toronto TC	8.61	8.62	80.37%	5
37 Garfunkel, Violeta	W45 Univ. Toronto TC	8.63	7.93	87.25%	4
38 Ball, Eric	M41 The Gazelles	8.69	8.32	76.87%	5
39 Morais, Talia	W14 Flying Angels	8.79	8.80	78.73%	4
40 McGrath, Carli	W14 Mississauga T.F.C.	8.85	8.86	78.19%	4 8.841
41 Alford, Kristy	W20 Unattached Ontario	8.85	8.86	78.19%	4 8.849
42 Fong-Hollohan, Lauren	W16 Univ. Toronto TC	8.95	8.96	77.32%	3
43 Zinman, Debbie	W49 Univ. Toronto TC	8.98	8.25	83.85%	4
44 Morley, Robert	M71 Unattached Ontario	9.00	7.00	91.33%	3
45 Lech, Ryszard	M70 Jamcan Int.	9.01	7.01	91.23%	3 9.003
46 De Chellis, Marco	M53 Unattached Ontario	9.01	8.10	78.91%	3 9.008
47 Roblin, Blair	M60 Unattached Ontario	9.01	7.58	84.35%	3 9.010
48 Eshetu, Galila	W15 Flying Angels	9.02	9.03	76.72%	3 9.011
49 Hehar, Manmohan	M68 Unattached Ontario	9.02	7.31	87.47%	4 9.019
50 Sutherland, Heather	W14 Monte Cristo	9.06	9.07	76.38%	3
51 Amorim, Eva	W13 Monte Cristo	9.09	9.10	76.13%	2
52 Thompson, Marsha	W47 Jamcan Int.	9.13	8.39	82.48%	3
53 Visser Stumbo, Zoe	W13 Monte Cristo	9.22	9.23	75.05%	2
54 Williams, Raquel	W14 Mississauga T.F.C.	9.29	9.30	74.49%	2
55 Urch, Bruce	M64 Throwers Club	9.33	7.85	81.46%	2
56 Pedrero, Andrea	W27 Univ. Toronto TC	9.40	9.41	73.62%	2
57 Morris, Mike	M78 Unattached Ontario	9.74	7.21	88.71%	2
58 Baldamus, Steve	M58 Unattached Ontario	10.26	8.93	71.64%	1
59 Brown, Joanne	W61 Unattached Ontario	11.51	9.36	73.94%	1 11.505
60 Hannon, Sue	W62 Unattached Ontario	11.51	9.36	73.94%	1 11.509
61 Cassidy, Bob	M80 Unattached Ontario	13.06	9.09	70.29%	1

Event 2 Mixed 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#
1 Moustafa, Ibrahim	M23 Extreme Velocity	23.71	23.72 81.48%	16
2 Hurst Jr, David	M15 Mississauga Oly.	23.79	23.80 81.21%	16
3 Giddings, Daniel	M17 The Gazelles	24.18	24.19 79.90%	16
4 Ahot, Gorham	M15 Flying Angels	24.64	24.65 78.41%	14
5 Edwards, Jaden	M15 The Gazelles	24.75	24.76 78.06%	12
6 Lau, Manly	M30 Univ. Toronto TC	24.83	24.84 77.81%	13



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7	Warburton, Christopher	M53	Variety Village	24.96	22.30	86.66%	16
8	Clark, Stanley	M18	Thorold Elite	25.02	25.03	77.22%	15
9	Lindsay, Shakem	M15	The Gazelles	25.50	25.51	75.76%	13
10	Lindsay, Shakur	M15	The Gazelles	25.66	25.67	75.29%	12
11	Chang, Spencer	M14	Flying Angels	25.89	25.90	74.62%	14
12	Phillips, Shamar	M15	The Gazelles	26.06	26.07	74.14%	12
13	Sherar, Michael	M55	Univ. Toronto TC	26.09	22.53	85.78%	13
14	Francis, Mckayla	W14	Flying Angels	26.14	26.15	81.64%	11
15	Reid, Hailey	W14	Monte Cristo	26.46	26.47	80.65%	12
16	Berson, Matan	M29	Unattached Ontario	26.50	26.51	72.91%	12
17	Akinduro, Tolulope	W14	Flying Angels	26.69	26.70	79.96%	10
18	Mondonedo, Karl	M16	Centro Scuola	26.86	26.87	71.93%	10
19	Thomas, Lauren	W12	Niagara Olympic	27.07	27.08	78.83%	9
20	Uppal, Shaurya	M32	Unattached Ontario	27.46	27.47	70.36%	9
21	Eniojukan, Sunday	M43	The Gazelles	27.54	26.27	73.57%	7
22	Antoine-Glen, Trishanna	W14	Flying Angels	27.94	27.95	76.38%	9
23	Lynch, Daneille	W17	Durham Legion	28.00	28.01	76.21%	9
24	Warkentin, Siera	W12	Niagara Olympic	28.02	28.03	76.16%	7
25	Gopaul, Joshua	M18	Unattached Ontario	28.15	28.16	68.63%	14
26	Lovell, Shaneil	W17	Flying Angels	28.16	28.17	75.78%	10
27	Garfunkel, Violeta	W45	Univ. Toronto TC	28.27	25.40	84.05%	7
28	Campbell, Jada	W15	Flying Angels	28.37	28.38	75.22%	8
29	McCrorry, Kim	W30	Univ. Toronto TC	28.39	28.40	75.17%	6
30	Little, Carter	M13	Monte Cristo	28.62	28.63	67.51%	5
31	Ball, Eric	M41	The Gazelles	28.76	27.43	70.45%	7
32	Varone, John	M60	Jamcan Int.	28.80	24.00	80.52%	8
33	Killingbeck, Danielle	W14	Flying Angels	28.84	28.85	73.99%	11
34	Morais, Talia	W14	Flying Angels	29.70	29.71	71.85%	6
35	Amorim, Eva	W13	Monte Cristo	29.76	29.77	71.71%	3
36	Greenhow, Kate	W13	Univ. Toronto TC	29.79	29.80	71.63%	8
37	Hehar, Manmohan	M68	Unattached Ontario	29.95	23.99	80.57%	3
38	Nyarkoh, Priscilla	W15	The Gazelles	29.98	29.99	71.18%	6
39	Alford, Kristy	W20	Unattached Ontario	30.00	30.01	71.13%	5
40	McGrath, Carli	W14	Mississauga T.F.C.	30.02	30.03	71.09%	4
41	Zinman, Debbie	W49	Univ. Toronto TC	30.19	27.12	78.70%	2
42	Sutherland, Heather	W14	Monte Cristo	30.38	30.39	70.24%	4
43	Lohonyai, Adam	M32	Brantford T.F.C.	30.44	30.45	63.47%	4
44	Visser Stumbo, Zoe	W13	Monte Cristo	30.83	30.84	69.22%	2
45	Morley, Robert	M71	Unattached Ontario	30.86	23.59	81.92%	2
46	Powell, Anthony J.	M75	Univ. Toronto TC	30.90	22.30	86.67%	2
47	Urch, Bruce	M64	Throwers Club	31.48	26.23	73.67%	3
48	Williams, Raquel	W14	Mississauga T.F.C.	31.53	31.54	67.68%	1
49	Lech, Ryszard	M70	Jamcan Int.	31.56	24.12	80.10%	1
50	Garcelon, Ava	W12	Univ. Toronto TC	32.05	32.06	66.58%	8
51	Baldamus, Steve	M58	Unattached Ontario	36.92	31.88	60.62%	1
--	Eshetu, Galila	W15	Flying Angels	DQ			10 163.3
--	Sammot, Quinten	M14	The Gazelles	DQ			14 163.3
--	Morrison, Hannah	W14	Niagara Olympic	DQ			5 163.3
--	Ibatuan, Alden	M17	Flying Angels	DQ			15 163.3

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Event 3 Mixed 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#
1 Richards, Matthew 24.385 (24.385)	M17 Flying Angels	52.67	52.68 81.98%	7
2 Deery, Caden 25.005 (25.005)	M15 The Gazelles	53.47	53.48 80.76%	7
3 Di Florio, Alexander 25.379 (25.379)	M17 Centro Scuola	53.51	53.52 80.70%	7
4 King, Ryder 24.984 (24.984)	M14 Etobicoke T.F.C.	54.18	54.19 79.70%	7
5 Colaire, Shaleah 27.497 (27.497)	W17 Durham Legion	58.00	58.01 82.07%	5
6 Nioras, Ahri 27.811 (27.811)	M15 The Gazelles	58.00	58.01 74.45%	6
7 Graenert, Mirco 28.324 (28.324)	M50 Newmarket Huskie	58.60	51.30 84.18%	7
8 Lau, Jensen 28.701 (28.701)	M16 Univ. Toronto TC	58.74	58.75 73.51%	6
9 James, Jenna 28.164 (28.164)	W15 The Gazelles	59.48	59.49 80.03%	6
10 Forrester, Jordan	M14 Flying Angels	59.74	59.75 72.28%	4
11 Berson, Matan 28.141 (28.141)	M29 Unattached Ontario	59.76	59.77 72.26%	6
12 Shakeshaft, Madison	W17 Monte Cristo	1:00.15	1:00.16 79.14%	4
13 Erotocritou, Andriana 28.095 (28.095)	W15 The Gazelles	1:00.93	1:00.94 78.12%	5
14 Farr, Kevin 28.956 (28.956)	M48 Univ. Windsor AC	1:01.07	55.30 78.09%	5
15 Wilson, Michaela	W14 The Gazelles	1:01.54	1:01.55 77.35%	4
16 Meraw, Nathan 27.725 (27.725)	M18 The Gazelles	1:04.11	1:04.12 67.35%	5
17 Gagne, Wayne 31.534 (31.534)	M64 Muskoka Algon.	1:05.30	53.25 81.10%	4
18 Antoine-Glen, Trishanna 31.570 (31.570)	W14 Flying Angels	1:05.33	1:05.34 72.86%	5
19 Sandor, Maria 31.395 (31.395)	W14 The Gazelles	1:06.71	1:06.72 71.35%	3
20 Greenhow, Kate 32.592 (32.592)	W13 Univ. Toronto TC	1:07.19	1:07.20 70.84%	3
21 Millward, Steven 32.296 (32.296)	M63 Niagara Olympic	1:07.26	54.85 78.74%	3
22 Clarke, Avery 32.190 (32.190)	W13 Univ. Toronto TC	1:07.45	1:07.46 70.57%	1
23 Geohagen, Niegel 31.968 (31.968)	M50 Jamcan Int.	1:08.90	1:00.32 71.60%	1
24 Track, Samantha 33.083 (33.083)	W13 Univ. Toronto TC	1:11.58	1:11.59 66.50%	3
25 Garcelon, Ava 34.109 (34.109)	W12 Univ. Toronto TC	1:13.63	1:13.64 64.65%	1

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Event 4 Mixed 800 Meter Run

Name	Age Team	Finals	Age-Grading H#
1 Gardiner, Mark 30.114 (30.114)	M41 Unattached Ontario 1:02.252 (32.138)	2:11.61 1:37.427 (35.175)	2:05.82 80.36% 4 2:11.601 (34.174)
2 Graenert, Mirco 31.824 (31.824)	M50 Newmarket Huskie 1:05.166 (33.343)	2:13.98 1:39.591 (34.425)	1:58.54 85.30% 4 2:13.971 (34.380)
3 Bérubé, Julia 32.341 (32.341)	W16 Univ. Toronto TC 1:07.367 (35.027)	2:21.11 1:44.412 (37.045)	2:21.12 80.28% 4 2:21.107 (36.696)
4 Harrison, Maddox 31.125 (31.125)	M14 Thorold Elite 1:06.882 (35.758)	2:24.69 1:45.925 (39.043)	2:24.70 69.88% 4 2:24.684 (38.759)
5 Prekajski, Andrej 32.923 (32.923)	M12 Univ. Toronto TC 1:08.741 (35.818)	2:24.92 1:48.054 (39.314)	2:24.93 69.77% 4 2:24.917 (36.864)
6 McIntosh, Abigail 33.305 (33.305)	W15 Univ. Toronto TC 1:09.498 (36.194)	2:30.27 1:49.647 (40.149)	2:30.28 75.38% 4 2:30.267 (40.620)
7 Cassel, Gary 37.893 (37.893)	M51 Cambridge Harriers 1:15.641 (37.749)	2:31.98 1:53.536 (37.895)	2:14.46 75.20% 3 2:31.978 (38.442)
8 Sakharov, Tanya 38.510 (38.510)	W38 Variety Village 1:16.528 (38.019)	2:33.74 1:55.564 (39.037)	2:32.99 74.05% 3 2:33.740 (38.176)
9 McLean, John (patrick) 41.008 (41.008)	M48 Newmarket Huskie 1:19.360 (38.353)	2:38.25 2:00.423 (41.064)	2:25.64 69.43% 3 2:38.245 (37.823)
10 Macmillan, John 38.385 (38.385)	M62 Longboat R.R. 1:17.476 (39.092)	2:40.42 1:58.623 (41.147)	2:10.47 77.50% 3 2:40.416 (41.794)
11 Forrester, Jordan 29.843 (29.843)	M14 Flying Angels 1:07.797 (37.954)	2:43.15 1:53.356 (45.560)	2:43.16 61.97% 4 2:43.148 (49.793)
12 Geohagen, Niegel 36.486 (36.486)	M50 Jamcan Int. 1:16.411 (39.926)	2:43.58 2:00.500 (44.089)	2:24.72 69.87% 3 2:43.578 (43.078)
13 Federkow, Miya 39.010 (39.010)	W12 Niagara Olympic 1:20.649 (41.639)	2:46.05 2:04.461 (43.813)	2:46.06 68.22% 2 2:46.049 (41.588)
14 Nguyen, Isabelle 37.926 (37.926)	W12 Niagara Olympic 1:18.397 (40.472)	2:48.01 2:04.348 (45.952)	2:48.02 67.42% 2 2:48.009 (43.662)
15 Lohonyai, Adam 42.186 (42.186)	M32 Brantford T.F.C. 1:26.502 (44.317)	2:51.48 2:11.928 (45.427)	2:51.49 58.96% 1 2:51.474 (39.547)
16 Moriarity, Dan 43.237 (43.237)	M50 Unattached Ontario 1:26.629 (43.393)	2:51.79 2:10.360 (43.732)	2:31.99 66.53% 2 2:51.786 (41.426)
17 Walsh, Patrick 42.085 (42.085)	M63 Univ. Toronto TC 1:26.181 (44.097)	2:55.83 2:12.928 (46.747)	2:23.01 70.70% 2 2:55.821 (42.894)
18 Goveia, Talia 41.510 (41.510)	W10 Niagara Olympic 1:25.107 (43.597)	2:57.11 2:10.833 (45.727)	2:57.12 63.96% 2 2:57.110 (46.277)
19 Bednar, Laura 38.599 (38.599)	W12 Niagara Olympic 1:21.453 (42.855)	2:57.49 2:10.548 (49.095)	2:57.50 63.82% 2 2:57.489 (46.942)
20 Bailey-Mason, Gwen 41.970 (41.970)	W52 Univ. Toronto TC 1:26.105 (44.135)	2:59.60 2:12.972 (46.868)	2:36.42 72.42% 2 2:59.600 (46.628)
21 Mackie, Chris 44.224 (44.224)	M78 Unattached Ontario 1:29.943 (45.719)	2:59.90 2:14.579 (44.637)	2:04.57 81.17% 1 2:59.899 (45.321)
22 Bradley, Lisa 42.927 (42.927)	W41 Unattached Ontario 1:27.179 (44.253)	3:00.09 2:15.453 (48.275)	2:51.76 65.96% 2 3:00.088 (44.635)
23 Chee, Wayne 41.671 (41.671)	M64 Univ. Toronto TC 1:26.824 (45.153)	3:03.19 2:14.958 (48.134)	2:28.99 67.86% 1 3:03.186 (48.229)
24 De Vries, Bert 53.014 (53.014)	M72 Longboat R.R. 1:48.019 (55.005)	3:36.75 2:43.158 (55.139)	2:40.83 62.87% 1 3:36.744 (53.587)

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....Event 4 Mixed 800 Meter Run

25 Stoyan, Tom	M68 York Univ. Tfc	3:41.94	2:52.59	58.59%	1
47.368 (47.368)	1:44.304 (56.937)	2:44.628 (1:00.324)	3:41.939 (57.311)		
26 Banks, Donald	M85 Longboat R.R.	4:08.69	2:16.24	74.22%	1
57.204 (57.204)	2:00.658 (1:03.455)	3:06.199 (1:05.542)	4:08.684 (1:02.485)		
-- Catton, Nancy	W51 Physi-Kult Kingston	DNF			3
38.184 (38.184)	1:16.373 (38.189)				
-- Farr, Kevin	M48 Univ. Windsor AC	DNF			4
32.639 (32.639)	1:07.730 (35.091)				
-- Garcelon, Ava	W12 Univ. Toronto TC	DQ			3 163.3
37.983 (37.983)	1:18.147 (40.165)	2:03.565 (45.418)	2:48.089 (44.525)		

Event 5 Mixed 1 Mile Run

Name	Age Team	Finals	Age-Grading	H#
1 Brecher, Jay	M45 Univ. Toronto TC	4:53.99	4:27.51	83.21% 2
37.083 (37.083)	1:11.868 (34.786)	1:47.168 (35.300)	2:24.747 (37.579)	
3:03.089 (38.343)	3:41.242 (38.153)	4:19.121 (37.880)		
2 Osland, Paul	M55 Unattached Ontario	5:07.57	4:18.21	86.21% 2
37.773 (37.773)	1:12.295 (34.522)	1:47.837 (35.543)	2:26.360 (38.523)	
3:07.738 (41.379)	3:49.456 (41.718)	4:28.932 (39.477)		
3 Cattell, Remy	W17 Univ. Toronto TC	5:10.67	5:10.68	80.99% 2
39.190 (39.190)	1:17.207 (38.018)	1:56.497 (39.290)	2:35.506 (39.009)	
3:15.279 (39.774)	3:55.480 (40.201)	4:33.925 (38.445)	5:10.664 (36.739)	
4 Maurice, Aysia	W14 310 Running	5:14.01	5:14.02	80.12% 2
38.695 (38.695)	1:16.917 (38.222)	1:56.213 (39.297)	2:35.173 (38.960)	
3:15.007 (39.834)	3:55.319 (40.313)	4:36.098 (40.780)		
5 Kooymans, Jerry	M63 Toronto Olympic	5:17.30	4:15.21	87.22% 2
39.622 (39.622)	1:17.480 (37.859)	1:56.702 (39.222)	2:35.719 (39.018)	
3:15.506 (39.787)	3:55.877 (40.372)	4:36.364 (40.487)		
6 Hanks, Robert	M56 Longboat R.R.	5:21.70	4:30.07	82.42% 2
41.887 (41.887)	1:20.432 (38.546)	2:01.128 (40.697)	2:41.375 (40.247)	
3:22.081 (40.707)	4:02.279 (40.199)	4:42.397 (40.119)	5:21.698 (39.301)	
7 Rodrigues, Sierra	W14 310 Running	5:31.68	5:31.69	75.86% 2
38.962 (38.962)	1:18.252 (39.290)	1:59.377 (41.126)	2:41.796 (42.419)	
3:23.112 (41.317)	4:06.924 (43.812)	4:51.535 (44.611)	5:31.677 (40.142)	
8 Clements, Sarah	W17 Univ. Toronto TC	5:38.89	5:38.90	74.24% 2
40.387 (40.387)	1:18.518 (38.132)	1:59.783 (41.265)	2:43.446 (43.663)	
3:28.085 (44.640)	4:13.347 (45.263)	4:58.733 (45.386)	5:38.889 (40.157)	
9 Knoth, Antonia	W17 Univ. Toronto TC	5:44.41	5:44.42	73.05% 2
40.310 (40.310)	1:18.367 (38.058)	1:59.747 (41.380)	2:43.799 (44.052)	
3:29.307 (45.508)	4:15.922 (46.616)	5:02.207 (46.286)	5:44.407 (42.200)	
10 Debono, Allan	M35 Unattached Ontario	6:01.72	5:54.06	62.87% 1
41.845 (41.845)	1:22.885 (41.040)	2:09.457 (46.572)	2:57.468 (48.011)	
3:44.180 (46.712)	4:31.833 (47.653)	5:20.643 (48.811)		
11 Ohler, Makie	W56 Univ. Toronto TC	6:03.87	4:46.77	87.74% 2
44.275 (44.275)	1:27.611 (43.337)	2:12.367 (44.756)	2:58.184 (45.818)	
3:44.419 (46.236)	4:30.874 (46.455)	5:17.373 (46.500)	6:03.861 (46.489)	
12 Madsen, Chris	M51 Univ. Toronto TC	6:08.96	5:22.73	68.97% 1
44.902 (44.902)	1:29.882 (44.980)	2:16.891 (47.010)	3:04.787 (47.897)	
3:53.161 (48.374)	4:41.246 (48.086)	5:27.858 (46.612)		



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....Event 5 Mixed 1 Mile Run

13 Kobe, Trevor	M57 Longboat R.R.	6:15.80	5:15.49	70.56%	1
47.497 (47.497)	1:33.789 (46.292)	2:21.231 (47.442)	3:08.002 (46.771)		
3:54.625 (46.624)	4:42.164 (47.540)	5:29.631 (47.467)			
14 Moriarity, Dan	M50 Unattached Ontario	6:17.68	5:30.36	67.38%	1
46.701 (46.701)	1:33.301 (46.600)	2:21.660 (48.360)	3:10.679 (49.019)		
3:58.678 (48.000)	4:46.314 (47.637)	5:34.057 (47.743)	6:22.408 (48.351)		
15 Greenaway, Bill	M55 Unattached Ontario	6:32.82	5:29.78	67.50%	1
48.597 (48.597)	1:35.013 (46.416)	2:22.196 (47.184)	3:11.443 (49.247)		
4:00.883 (49.440)	4:52.701 (51.819)	5:44.644 (51.944)			
16 Mackie, Chris	M78 Unattached Ontario	6:43.45	4:34.67	81.04%	1
50.948 (50.948)	1:40.674 (49.727)	2:30.105 (49.431)	3:20.304 (50.200)		
4:10.632 (50.328)	5:00.820 (50.189)	5:52.964 (52.145)			
17 Walsh, Patrick	M63 Univ. Toronto TC	6:44.81	5:25.59	68.37%	1
47.756 (47.756)	1:34.511 (46.755)	2:22.908 (48.398)	3:15.919 (53.011)		
4:09.351 (53.432)	5:02.183 (52.833)	5:54.830 (52.647)			
18 Northcott, Clara	W64 Univ. Toronto TC	7:01.20	5:09.42	81.32%	1
51.297 (51.297)	1:41.801 (50.504)	2:33.976 (52.176)	3:28.425 (54.450)		
4:23.094 (54.670)	5:17.972 (54.878)	6:11.512 (53.540)			
19 Lohonyai, Adam	M32 Brantford T.F.C.	7:16.78	7:16.79	50.96%	1
51.994 (51.994)	1:45.294 (53.300)	2:40.257 (54.963)	3:34.845 (54.589)		
4:29.755 (54.910)	5:25.676 (55.921)	6:22.408 (56.732)	7:16.777 (54.370)		

Event 6 Mixed 3000 Meter Run

Name	Age Team	Finals	Age-Grading H#
1 Kolb, Michael	M16 Univ. Toronto TC	9:58.51	9:58.52 73.52% 2
39.231 (39.231)	1:19.884 (40.653)	1:59.640 (39.757)	2:39.010 (39.370)
3:18.321 (39.311)	3:57.101 (38.780)	4:36.546 (39.445)	5:16.407 (39.861)
5:56.318 (39.912)	6:36.737 (40.419)	7:16.922 (40.186)	7:23.720 (6.799)
7:57.529 (33.810)	8:39.354 (41.825)	9:21.748 (42.395)	
2 Rayner, Simon	M54 Univ. Toronto TC	10:01.02	8:58.28 81.74% 2
38.969 (38.969)	1:19.649 (40.680)	1:59.309 (39.660)	2:38.679 (39.370)
3:17.943 (39.264)	3:56.738 (38.795)	4:36.166 (39.429)	5:16.018 (39.852)
5:55.815 (39.798)	6:36.067 (40.252)	7:15.940 (39.874)	7:56.480 (40.540)
8:38.843 (42.363)	9:21.280 (42.438)		
3 Lopez-Bravo, Pedro	M48 Newmarket Huskie	10:08.42	9:26.08 77.73% 2
39.502 (39.502)	1:20.133 (40.631)	1:59.947 (39.814)	2:39.309 (39.363)
3:18.712 (39.403)	3:58.117 (39.405)	4:38.877 (40.760)	5:19.987 (41.110)
6:01.028 (41.041)	6:42.653 (41.626)	8:05.451 (1:22.799)	8:46.859 (41.409)
9:28.506 (41.647)			
4 Beauregard, Ryan	M15 Thorold Elite	10:50.78	10:50.79 67.61% 2
39.166 (39.166)	1:20.642 (41.477)	2:01.725 (41.083)	2:43.618 (41.893)
3:26.631 (43.014)	4:10.378 (43.747)	4:54.012 (43.635)	5:37.746 (43.734)
7:07.156 (1:29.410)	7:55.658 (48.503)	8:39.970 (44.312)	9:27.167 (47.197)
10:13.982 (46.816)			
5 Clarke, Michelle	W44 Longboat R.R.	10:59.66	10:30.18 79.57% 2
40.784 (40.784)	1:23.965 (43.181)	2:07.727 (43.762)	2:50.986 (43.260)
3:34.106 (43.120)	4:17.500 (43.395)	5:01.003 (43.503)	5:44.740 (43.738)
6:28.524 (43.784)	7:58.439 (1:29.916)	8:44.418 (45.979)	9:30.171 (45.754)
10:15.031 (44.860)	10:59.658 (44.628)		

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....Event 6 Mixed 3000 Meter Run

6 Ohler, Makie	W56 Univ. Toronto TC	11:39.13	9:18.19	89.83%	2
44.178 (44.178)	1:30.257 (46.079)	2:18.008 (47.751)	3:06.339 (48.332)		
3:54.351 (48.012)	4:41.748 (47.398)	5:28.885 (47.137)	6:16.418 (47.534)		
7:03.138 (46.720)	7:50.125 (46.988)	8:37.548 (47.424)	9:24.293 (46.745)		
10:10.188 (45.895)	10:55.304 (45.117)				
7 Kobe, Trevor	M57 Longboat R.R.	11:48.17	10:09.60	72.18%	1
45.764 (45.764)	1:30.852 (45.089)	2:16.533 (45.681)	3:03.272 (46.740)		
3:50.319 (47.047)	4:37.578 (47.260)	6:13.052 (1:35.475)	7:01.020 (47.969)		
7:48.775 (47.755)	8:37.411 (48.637)	9:25.703 (48.292)	10:14.236 (48.533)		
11:02.628 (48.392)					
8 Weber, Maria	W39 Longboat R.R.	11:48.18	11:38.34	71.80%	2
46.088 (46.088)	1:34.333 (48.246)	2:21.494 (47.161)	3:09.433 (47.940)		
3:57.901 (48.469)	4:44.708 (46.807)	5:32.245 (47.538)	6:19.508 (47.263)		
7:07.495 (47.988)	7:56.208 (48.714)	8:42.552 (46.344)	9:30.062 (47.510)		
10:16.670 (46.609)	11:04.399 (47.730)				
9 Stone, Susan	W58 Longboat R.R.	12:11.57	9:44.09	85.85%	2
45.820 (45.820)	1:33.981 (48.161)	2:22.994 (49.013)	3:12.451 (49.458)		
4:01.637 (49.186)	4:50.841 (49.205)	5:39.522 (48.681)	6:28.188 (48.667)		
7:16.944 (48.756)	8:06.462 (49.519)	8:55.855 (49.393)	9:45.044 (49.190)		
10:34.151 (49.108)	11:23.877 (49.726)				
10 Greenaway, Bill	M55 Unattached Ontario	12:49.25	11:02.18	66.45%	1
46.488 (46.488)	1:31.848 (45.360)	2:19.592 (47.745)	3:09.549 (49.958)		
3:59.497 (49.948)	4:51.219 (51.723)	5:44.860 (53.641)	6:38.322 (53.462)		
7:31.957 (53.635)	8:26.377 (54.420)	9:19.847 (53.470)	10:14.573 (54.727)		
11:10.049 (55.476)	12:03.452 (53.404)				
11 Northcott, Clara	W64 Univ. Toronto TC	13:26.33	9:59.91	83.58%	1
51.028 (51.028)	1:43.284 (52.257)	2:36.981 (53.698)	3:30.518 (53.537)		
4:25.397 (54.880)	5:20.064 (54.668)	6:15.250 (55.187)	7:10.538 (55.288)		
8:05.652 (55.115)	9:01.073 (55.421)	9:55.897 (54.824)	10:50.750 (54.854)		
11:43.854 (53.104)	12:36.843 (52.990)				
12 Chee, Wayne	M64 Univ. Toronto TC	13:41.03	11:18.18	64.88%	1
51.361 (51.361)	1:43.618 (52.257)	2:36.910 (53.293)	4:25.240 (1:48.330)		
5:19.893 (54.653)	6:15.119 (55.227)	7:10.379 (55.260)	8:05.522 (55.144)		
9:00.905 (55.383)	9:55.801 (54.897)	10:50.544 (54.743)	11:46.764 (56.220)		
12:44.849 (58.086)					
13 Payne, Tim	M68 Newmarket Huskie	14:17.70	11:17.42	64.95%	1
52.929 (52.929)	1:47.829 (54.901)	2:44.364 (56.535)	3:40.939 (56.576)		
4:37.941 (57.002)	5:35.214 (57.273)	6:32.679 (57.466)	7:30.579 (57.900)		
8:29.003 (58.424)	9:27.984 (58.981)	10:26.733 (58.750)	11:25.351 (58.619)		
12:24.379 (59.029)	13:21.459 (57.080)				
14 Urch, Bruce	M64 Throwers Club	15:08.52	12:30.44	58.63%	1
55.313 (55.313)	1:55.169 (59.857)	2:57.419 (1:02.250)	3:59.368 (1:01.950)		
5:02.147 (1:02.780)	6:04.492 (1:02.346)	8:07.391 (2:02.900)	9:08.571 (1:01.180)		
10:09.426 (1:00.855)	11:10.529 (1:01.103)	12:11.191 (1:00.663)	13:12.401 (1:01.210)		
14:13.882 (1:01.481)					
15 Geddes, Jack	M81 Unattached Ontario	16:35.22	10:31.67	69.66%	1
1:00.261 (1:00.261)	2:03.469 (1:03.208)	3:09.423 (1:05.955)	4:17.149 (1:07.726)		
5:25.285 (1:08.137)	6:33.648 (1:08.363)	7:42.897 (1:09.250)	8:52.436 (1:09.539)		
10:01.232 (1:08.797)	11:09.023 (1:07.791)	12:17.060 (1:08.038)	13:25.318 (1:08.258)		
14:33.056 (1:07.739)	15:36.987 (1:03.931)				

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....Event 6 Mixed 3000 Meter Run

-- Banks, Donald M85 Longboat R.R. DNF 1
 1:07.029 (1:07.029) 3:30.565 (2:23.537) 4:45.699 (1:15.134)

Event 7 Mixed 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading
1 Lynch, Daneille	W17 Durham Legion	9.66	9.67 79.61%
2 Hayhoe, Kelsey	W15 Peak Velocity	12.49	12.50 61.57%
3 Urch, Bruce	M64 Throwers Club	12.83	10.67 68.43%

Event 8 Mixed 1600 Meter Steeplechase

Name	Age Team	Finals	Age-Grading
1 Geohagen, Niegel	M50 Jamcan Int.	7:11.48	

Event 9 Mixed 1500 Meter Race Walk

Name	Age Team	Finals	Age-Grading
1 Kozell, Kris	W66 Ontario R.W.	8:28.72	6:30.80 86.23%
32.493 (32.493)	1:37.723 (1:05.230)	2:45.632 (1:07.910)	3:54.080 (1:08.448)
5:03.166 (1:09.087)	6:11.648 (1:08.482)	7:20.327 (1:08.680)	
2 Smetana, Blanka	W44 Toronto R.W.	8:30.47	8:11.33 68.59%
34.297 (34.297)	1:39.391 (1:05.095)	2:47.238 (1:07.847)	3:57.420 (1:10.182)
5:05.991 (1:08.572)	6:14.665 (1:08.674)	7:24.075 (1:09.410)	
3 Cashman, Kitty	W58 Toronto R.W.	8:54.70	7:34.50 74.15%
32.762 (32.762)	1:38.195 (1:05.433)	2:46.462 (1:08.268)	3:57.010 (1:10.548)
5:09.700 (1:12.691)	6:24.722 (1:15.022)	8:54.699 (2:29.977)	
4 Lee, Faith	W59 Ontario R.W.	9:30.94	8:05.30 69.44%
36.035 (36.035)	1:51.094 (1:15.060)	3:09.604 (1:18.510)	4:29.214 (1:19.610)
5:48.107 (1:18.893)	7:05.174 (1:17.068)	8:19.864 (1:14.690)	
5 Slovitt, Nicky	W58 Ontario R.W.	9:47.38	8:19.28 67.50%
38.050 (38.050)	1:53.954 (1:15.904)	3:14.508 (1:20.554)	4:34.243 (1:19.736)
5:53.147 (1:18.904)	7:12.412 (1:19.266)	8:31.335 (1:18.923)	

Event 10 Mixed High Jump

Name	Age Team	Finals	Age-Grading
1 McCarroll, Joshua	M18 Flying Angels	1.80m	1.80m 73.47%
1.75 1.80 1.85			
XO XO XXX			
2 Drub, Precious	W14 Centro Scuola	1.51m	1.51m 72.25%
1.35 1.40 1.45 1.48 1.51 1.54			
O O O O XO XXX			
3 Williamson, Jumeila	W14 Centro Scuola	1.45m	1.45m 69.38%
1.35 1.40 1.45 1.48			
O O O XXX			

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....Event 10 Mixed High Jump

4 Stinson, Finn	M12 Univ. Toronto TC	1.40m	1.40m	57.14%
1.20 1.25 1.28 1.30 1.35 1.40 1.45				
O O P O O XO XXX				
5 Hannon, Sue	W62 Unattached Ontario	1.28m	1.76m	84.21%
1.20 1.25 1.28 1.30				
O O O X				
6 Fong-Hollohan, Lauren	W16 Univ. Toronto TC	1.25m	1.25m	59.81%
1.20 1.25 1.28 1.30				
O O P XXX				

Event 11 Mixed Pole Vault

Name	Age Team	Finals	Age-Grading
1 Anger, Aidan	M19 Elite Pole Vault	4.50m	4.50m 73.29%
4.23 4.50 4.62			
O XO XXX			
2 Woods, Bennett	M16 Georgian Jumps	3.88m	3.88m 63.19%
3.50 3.60 3.67 3.74 3.81 3.88 3.95			
O O P O P XXO XXX			
3 Fiedler, Erika	W27 Elite Pole Vault	3.81m	3.81m 73.98%
3.81 3.88 3.95			
O P XXX			
4 Knoll, Liam	M16 Georgian Jumps	3.60m	3.60m 58.63%
3.40 3.50 3.60 3.67			
XXO O XO XXX			
5 Ritchie, Caroline	W20 York Lions	3.40m	3.40m 66.02%
3.25 3.40 3.50			
XO XO XXX			
6 Fetic, Maya	W17 Bolton Pole Vault	J3.40m	3.40m 66.02%
3.10 3.25 3.40 3.50			
XO XO XO XXX			
7 Hodson, Justine	W16 Bolton Pole Vault	3.10m	3.10m 60.19%
2.80 2.95 3.10 3.25			
O XXO XO XXX			
8 Hayhoe, Breanna	W17 Bolton Pole Vault	2.95m	2.95m 57.28%
2.20 2.35 2.50 2.65 2.80 2.95 3.10			
O O O O XO XO XXX			
9 Metcalf, Cassidy	W17 Bolton Pole Vault	2.80m	2.80m 54.37%
2.35 2.50 2.65 2.80 2.95			
O O O XO XXX			
10 King, Lauren	W18 Bolton Pole Vault	J2.80m	2.80m 54.37%
2.35 2.50 2.65 2.80 2.95			
O O O XXO XXX			
11 Hayhoe, Kelsey	W15 Peak Velocity	2.65m	2.65m 51.46%
2.20 2.35 2.50 2.65 2.80			
O O XO O XXX			
12 Denes, Kayla	W19 Peak Velocity	2.50m	2.50m 48.54%
2.35 2.50 2.65			
XO O XXX			

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....Event 11 Mixed Pole Vault

-- Lesurf, Jennifer W24 York Lions NH
 3.25
 XXX

Event 12 Mixed Long Jump

Name	Age Team	Finals	Age-Grading
1 McCarroll, Joshua	M18 Flying Angels	6.52m	6.52m 72.85%
FOUL FOUL FOUL 6.25m 6.52m 6.40m			
2 Dommasch, Noah	M16 Thorold Elite	6.05m	6.05m 67.60%
5.87m 5.93m 6.05m 5.93m 5.68m 5.51m			
3 Paine, Nicole	W16 Extreme Velocity	5.28m	5.28m 70.21%
5.07m 5.04m 4.89m FOUL 5.28m FOUL			
4 Julien, Reanna	W17 Extreme Velocity	4.91m	4.91m 65.29%
FOUL 4.89m 4.91m FOUL FOUL 4.71m			
5 Pedrero, Claudia	W30 Univ. Toronto TC	4.76m	4.76m 63.30%
4.58m 4.61m 4.38m 4.55m 4.76m 4.66m			
6 Fong-Hollohan, Lauren	W16 Univ. Toronto TC	3.98m	3.98m 52.93%
3.93m 3.95m 3.98m 3.86m 3.84m 3.91m			
7 Belen Brown, Zoë	W16 Univ. Toronto TC	3.74m	3.74m 49.73%
FOUL 3.18m 3.59m 3.62m 3.74m 3.68m			
-- Holloway, Liam	M16 Flying Angels	FOUL	
FOUL FOUL FOUL FOUL FOUL FOUL			

Event 13 Mixed Long Jump 3 Jump Only

Name	Age Team	Finals	Age-Grading
1 Fox, Matthew	M15 The Gazelles	6.07m	6.07m 67.82%
5.71m 5.81m 6.07m			
2 Casanova, Nathan	M14 Flying Angels	5.15m	5.15m 57.54%
5.15m 5.15m 5.04m			
3 Akinduro, Tolulope	W14 Flying Angels	5.07m	5.07m 67.42%
5.07m 4.93m 4.73m			
4 Baker, Sumaya	W14 Extreme Velocity	4.59m	4.59m 61.04%
4.16m 4.59m FOUL			
5 Stinson, Finn	M12 Univ. Toronto TC	3.92m	3.92m 43.80%
3.92m 3.79m 3.69m			
6 Powers-Luketic, Courtney	W13 Univ. Toronto TC	3.44m	3.44m 45.74%
3.39m 3.44m 3.00m			
-- Parker, Reilly	M14 Thorold Elite	FOUL	
FOUL FOUL FOUL			

Event 14 Mixed Shot Put

Name	Age Team	Finals	Age-Grading
1 Alty, Emily	W16 The Gazelles	10.26m	10.26m 45.34%
10.13m 10.11m 10.26m 10.01m 8.07m FOUL			



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....Event 14 Mixed Shot Put

2	Dabrowa, Jerzy	M60	Unattached Ontario	9.79m	12.21m	52.86%
	8.98m 9.38m FOUL	9.79m 9.39m 9.64m				
3	Wyroba, Jerzy	M69	Unattached Ontario	9.77m	13.29m	57.50%
	9.77m 9.30m 9.58m	8.84m 9.31m FOUL				
4	Varone, John	M60	Jamcan Int.	9.74m	12.15m	52.59%
	9.60m 9.74m FOUL	9.44m FOUL 8.69m				
5	Dommasch, Noah	M16	Thorold Elite	9.66m	9.66m	41.78%
	FOUL 9.31m 9.57m	9.66m 8.98m FOUL				
6	Pearson, William	M66	Throwers Club	9.54m	12.98m	56.15%
	9.54m FOUL 9.25m	9.51m 9.07m 9.09m				
7	Garner, Doreen	W64	Throwers Club	9.34m	14.02m	61.98%
	9.34m 9.13m 9.00m	FOUL 9.25m FOUL				
8	Brown, Mellard	M34	Unattached Ontario	9.22m	9.22m	39.88%
	FOUL 9.22m 8.62m	FOUL FOUL FOUL				
9	Easton, Leah	W53	Throwers Club	8.83m	11.13m	49.19%
	8.25m 8.51m 8.83m	8.62m 8.36m 8.31m				
10	Morris, David	M80	Throwers Club	8.18m	12.31m	53.26%
	7.74m 7.95m 8.18m	8.12m 8.10m 8.11m				
11	Black, Korina	W17	Etobicoke T.F.C.	8.06m	8.06m	35.62%
	8.06m 6.91m 7.39m	7.72m 7.77m 7.89m				
12	Clark, Kyle	M40	Unattached Ontario	7.65m	8.51m	36.85%
	7.58m 7.40m 7.37m	7.65m 7.37m 7.42m				
13	Negri, Emma	W10	Unattached Ontario	6.96m	6.96m	30.76%
	6.63m 6.46m 6.23m	6.90m 6.71m 6.96m				
14	Baldamus, Steve	M58	Unattached Ontario	6.84m	8.69m	37.58%
	6.26m FOUL 6.84m	FOUL 6.48m FOUL				

Event 15 Mixed Weight Throw

Name	Age Team	Finals	Age-Grading
1 Alty, Emily	W16 The Gazelles	12.61m	12.61m 53.43%
	FOUL FOUL FOUL 11.37m	12.01m 12.61m	
2 Pearson, William	M66 Throwers Club	11.56m	12.89m 49.85%
	11.38m 10.85m 11.56m	FOUL 11.44m 10.84m	
3 Morris, David	M80 Throwers Club	10.46m	13.64m 52.75%
	8.37m 9.27m FOUL	9.61m 10.46m FOUL	
4 Garner, Doreen	W64 Throwers Club	10.08m	12.20m 51.72%
	8.92m 10.08m FOUL	9.61m FOUL 9.98m	
5 Dabrowa, Jerzy	M60 Unattached Ontario	9.40m	9.79m 37.89%
	FOUL 9.40m FOUL	FOUL FOUL 8.86m	
6 Green, Lucille	W70 Throwers Club	7.06m	10.35m 43.88%
	6.58m 6.69m 7.06m	6.33m 6.10m 7.04m	
7 Clark, Kyle	M40 Unattached Ontario	7.00m	7.62m 29.50%
	6.45m 6.94m 6.93m	7.00m FOUL 5.79m	
8 Easton, Leah	W53 Throwers Club	6.54m	7.73m 32.77%
	6.23m 6.08m 6.01m	6.45m 6.48m 6.54m	

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Event 16 Men Indoor Pentathlon

Name	Age Team	Finals
1 Cilevitz, Ralph	M64 Jamcan Int.	2021
2 Nunno, Luigi	M60 Unattached Ontario	1950
3 Beechey, Matt	M48 Jamcan Int.	1650

Event 16 Indoor Pentathlon: #1 Men 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Cilevitz, Ralph	M64 Jamcan Int.	12.2h	10.15 71.97% 513
2 Nunno, Luigi	M60 Unattached Ontario	12.8h	10.64 68.59% 427
-- Beechey, Matt	M48 Jamcan Int.	DNF	

Event 16 Indoor Pentathlon: #2 Men Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Beechey, Matt 3.93m 4.24m FOUL	M48 Jamcan Int.	4.24m	4.89m 54.71% 361
2 Cilevitz, Ralph 3.86m 3.71m 4.01m	M64 Jamcan Int.	4.01m	5.64m 63.05% 510
3 Nunno, Luigi 3.61m 3.55m 3.43m	M60 Unattached Ontario	3.61m	5.08m 56.76% 398

Event 16 Indoor Pentathlon: #3 Men Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Beechey, Matt 7.66m 8.27m 8.49m	M48 Jamcan Int.	8.49m	10.20m 44.15% 498
2 Cilevitz, Ralph 7.67m 7.58m 7.90m	M64 Jamcan Int.	7.90m	9.86m 42.66% 477
3 Nunno, Luigi 7.55m 7.51m 7.40m	M60 Unattached Ontario	7.55m	9.42m 40.77% 451

Event 16 Indoor Pentathlon: #4 Men High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Beechey, Matt 1.30 1.40 1.45 O XXO XXX	M48 Jamcan Int.	1.40m	1.54m 63.06% 419
2 Nunno, Luigi 1.20 1.25 O XXX	M60 Unattached Ontario	1.20m	1.56m 63.83% 434
2 Cilevitz, Ralph 1.00 1.15 1.20 1.25 O O O XXX	M64 Jamcan Int.	1.20m	1.56m 63.83% 434

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Event 16 Indoor Pentathlon: #5 Men 1000 Meter Dash Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Beechey, Matt	M48 Jamcan Int.	3:53.65	3:33.70 61.07% 372
43.514 (43.514)	1:29.905 (46.392)	2:19.005 (49.100)	3:09.478 (50.473)
2 Nunno, Luigi	M60 Unattached Ontario	4:52.42	3:53.01 56.01% 240
55.070 (55.070)	1:55.009 (59.940)	2:54.820 (59.811)	3:54.460 (59.640)
3 Cilevitz, Ralph	M64 Jamcan Int.	5:30.75	4:23.55 49.52% 87
56.186 (56.186)	2:09.491 (1:13.305)	3:19.550 (1:10.060)	4:30.604 (1:11.055)

Event 17 Mixed 4x800 Meter Relay

Team	Finals
1 Canada 'A'	11:39.01
41.913 (41.913)	1:26.274 (44.361)
3:58.011 (39.651)	4:38.634 (40.623)
6:45.318 (42.176)	7:31.663 (46.345)
9:42.809 (37.158)	10:20.976 (38.167)
	2:20.262 (53.989)
	5:21.137 (42.503)
	8:19.475 (47.812)
	10:59.598 (38.623)
	3:18.360 (58.099)
	6:03.143 (42.007)
	9:05.652 (46.178)