

Bytown Walkers Club de marche

“Speedy Sunday” Race Walk Results

Sunday, November 24, 2019

The Dome, Louis Riel High School, Ottawa, ON

(All athletes are Bytown Walkers, or Bytown-adjacent)

1000m

Unjudged

			<u>(500m)</u>	<u>1000m</u>
1	Sandy Archibald	(59)	(3:03)	6:14
2	Lynn Jeffrey	(62)	(3:12)	6:23
3	Debra Denault	(64)	(3:15)	6:29
4	Anne MacDonald	(61)	(3:15)	6:31
5	Linda Minnelli	(55)	(3:33)	7:14
6	Peter Minnelli	(52)	(3:39)	7:31
7	Ellie Kanigsberg	(52)	(3:44)	7:34
8	Sharon Chisholm	(70)	(4:07)	8:17
9	Pierre St-Onge	(43)	(4:09)	8:29

400m

(restricted to athletes with illuminated shoes)

1	Wesley Rawlinson	<i>(almost seven and a half)</i>	5:00-ish (PB)
1	Arlo Rawlinson	<i>(four and three-quarters)</i>	5:00-ish (PB)

1500m

Athletics Ontario Sanctioned

(WA Judging except where marked “csj”: Common Sense Judging)

Judges: Laura Houston (Chief), Dave Archibald, Roger Burrows, Joanne Gage

			<u>(1000m)</u>	<u>1500m</u>
1	Sandy Archibald	(59)	(6:27)	9:37
2	Lynn Jeffrey	(62)	(6:38)	9:51
3	Anne MacDonald	(61)	(7:00)	10:27
4	Debra Denault	(64)	(7:06)	10:30
5	Linda Minnelli	(55)	(7:34)	11:15
6	Peter Minnelli	csj (52)	(8:09)	12:11
7	Sharon Chisholm	(70)	(8:33)	12:39
8	Pierre St-Onge	csj (43)	(8:48)	13:06
	Ellie Kanigsberg	(52)	(---)	dnf