

## University of Ottawa Winter National Invitational - 1/17/2020 to 1/18/2020

## Ottawa Lions Timing Team

## Dome @ Louis Riel

## Results

## Women 60 Meter Dash Open

Dome (Open): 7.44 D 2/13/2010 Toyin Olupona

Dome (u20): 7.50 ! 2/16/2013 Deondra Green

Meet Record: 7.44 M 2/13/2010 Toyin Olupona

USport AutoQ: 7.55 U

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1	Maxwell, Nyoka	97 C.A.N.I.	7.70q
2	Vieux, Kayla	01 C.A.N.I.	7.76q
3	Telford, Alexandra	96 Ottawa Lions	7.91q
4	Leo, Harmine Christina	92 Montréal Carabin	7.94q
5	Lu Langley, Vanessa	02 Ottawa Lions	7.97q
6	Robert, Christina	01 Laurentian	8.03q
7	Baulu, Élodie	96 Montréal Carabin	8.04q
8	Lund, Pernille	93 Ottawa Lions	8.06q
9	Procyk, Paulina	02 Ottawa Lions	8.08q
10	Bositampen, Jessica	99 Perfmix-Racing	8.15q
11	Girard, Megan	02 Rive-Sud	8.17q
12	Amoi, Laura	96 C.A.N.I.	8.18q
13	Ejaife, Naomi	02 C.A.N.I.	8.20
14	Haridas, Rinila	00 Ottawa Gee-Gees	8.23
15	Dundon, Meghan	01 Ottawa Gee-Gees	8.24
16	Merjavec, Hannah	99 Laurentian	8.28
17	Bratus, Ainslie	03 Kingston	8.38
18	Macmillan, Lindsey	98 Carleton Ravens	8.47
19	Lapolice, Stephanie	99 Ottawa Gee-Gees	8.54
20	McCutcheon, Marissa	03 Ottawa Lions	8.56
21	Parris, Ieasha	96 C.A.N.I.	8.69
22	Trudeau-Meisner, Mikayla	99 Ottawa Gee-Gees	8.70
23	Pessonneaux, Amelie	01 Sherbrooke Vert-	8.72
24	Dobson-Takoff, Emma	01 Ottawa Gee-Gees	8.73
25	Leullier, Valérie	91 Gatineau	8.76
26	Dupuis, Natacha	79 Ottawa Lions	8.77
27	Dubuc Gaudreau, Gabrielle	94 Saint-Laurent	8.79
28	Dowling, Jenny	04 Kingston	8.79
29	Ostertag, Coralie	02 Ottawa Lions	8.86
30	Alexis, Wendy	55 Ottawa Lions	8.95
31	Cinicolo, Melissa	98 Ottawa Gee-Gees	8.99
32	Lachance, Renee	74 Sherbrooke	9.04
33	Gillan, Sarah	04 Kingston	9.06
34	Carr, Makyla	03 Ottawa Lions	9.09
35	Kemper, Julianne	99 Carleton Ravens	9.11
36	Horley, Olivia	04 Unattached	9.14
37	Brennan, Kelly	97 Ottawa Lions	9.23
38	McGannon, Alexa	01 Carleton Ravens	9.28
39	Robichaud, Janelle	00 Laurentian	9.34
40	Freitas, Kayla Luisa	02 Unattached	9.43
41	Rosenbloom, Simaya	01 Ottawa Gee-Gees	9.85

## Women 60 Meter Dash Open

Dome (Open): 7.44 D 2/13/2010 Toyin Olupona

Dome (u20): 7.50 ! 2/16/2013 Deondra Green

Meet Record: 7.44 M 2/13/2010 Toyin Olupona

USport AutoQ: 7.55 U

Name	Yr	Team	Finals
<b>Finals</b>			
1	Vieux, Kayla	01 C.A.N.I.	7.72
2	Maxwell, Nyoka	97 C.A.N.I.	7.74
3	Telford, Alexandra	96 Ottawa Lions	7.86
4	Leo, Harmine Christina	92 Montréal Carabin	7.88
5	Baulu, Élodie	96 Montréal Carabin	7.92
6	Lu Langley, Vanessa	02 Ottawa Lions	7.93
7	Procyk, Paulina	02 Ottawa Lions	7.98
8	Lund, Pernille	93 Ottawa Lions	7.99
9	Robert, Christina	01 Laurentian	8.03
10	Bositampen, Jessica	99 Perfmix-Racing	8.13
11	Girard, Megan	02 Rive-Sud	8.14

## Women 300 Meter Dash Open

## High Performance

Dome (Open): 37.49 D 9/26/2010 Amonn Nelson

Dome (u20): 39.13 ! 2/17/2018 Sharelle Samuel

Meet Record: 37.90 M 2/7/2009 Esther Akinsulie

USport AutoQ: 38.69 U

Name	Yr	Team	Finals
<b>Finals</b>			
1	Telford, Alexandra	96 Ottawa Lions	40.10
2	Leclerc, Claudie	96 Sherbrooke Vert-	40.67
3	Ollier, Mary	95 Ottawa Lions	41.38
4	Ogunremi, Doyinsola	02 Ottawa Lions	41.39
5	Carrier, Rose-Émilie	95 Laval	42.08
6	Walton, Shannon	94 National Capital	42.86

## Women 300 Meter Dash Open

Dome (Open): 37.49 D 9/26/2010 Amonn Nelson

Dome (u20): 39.13 ! 2/17/2018 Sharelle Samuel

Meet Record: 37.90 M 2/7/2009 Esther Akinsulie

USport AutoQ: 38.69 U

Name	Yr	Team	Finals
<b>Finals</b>			
1	Maxwell, Nyoka	97 C.A.N.I.	39.02
2	Jackson, Audrey	98 Montréal Carabin	39.25
3	Ogunremi, Doyinsola	02 Ottawa Lions	41.24
4	Baker, Roshanna	97 C.A.N.I.	41.82
5	Carrier, Rose-Émilie	95 Laval	41.88
6	Procyk, Paulina	02 Ottawa Lions	42.68
7	Mayer, Natasha	97 Laurentian	42.70
8	Girard, Megan	02 Rive-Sud	43.19
9	Dundon, Meghan	01 Ottawa Gee-Gees	43.41
10	Dubé, Élisabeth	95 Montréal Carabin	43.47
11	Vallière, Cloé	97 Montréal Carabin	44.04
12	Parris, Ieasha	96 C.A.N.I.	44.28
13	Ejaife, Naomi	02 C.A.N.I.	44.35

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## Finals ... (Women 300 Meter Dash Open)

Name	Yr	Team	Finals
14 Klossa, Lizzy	99	Queen's Gael	44.45
15 Naoum, Catherine	97	Montréal Carabin	44.68
16 Rawsthorne, Tegan Brooke	02	Unattached	45.18
17 Bratus, Ainslie	03	Kingston	45.32
18 Wiseberg, Samantha	03	Ottawa Lions	45.34
19 Lapolice, Stephanie	99	Ottawa Gee-Gees	45.48
20 McCutcheon, Marissa	03	Ottawa Lions	45.55
21 Leask, Stephanie	00	Ottawa Gee-Gees	45.63
22 Babinski, Chiara	98	Montréal Carabin	45.85
23 McCormik, Brooklyn	02	Ottawa Gee-Gees	45.87
24 Brennan, Kelly	97	Ottawa Lions	45.95
25 Macmillan, Lindsey	98	Carleton Ravens	46.36
26 Emile-Folly, Florence	04	Unattached	46.41
27 Ostertag, Coralie	02	Ottawa Lions	46.64
28 Dubuc Gaudreau, Gabrielle	94	Saint-Laurent	46.79
29 Boutilier, Shanna	96	Ottawa Lions	46.97
30 Cinicolo, Melissa	98	Ottawa Gee-Gees	48.19
31 Gillan, Sarah	04	Kingston	48.84
32 Tenasco, Jennifer	99	C.A.N.I.	48.86
33 Fuchs, Bailey	03	Kingston	49.20
34 Carr, Makyla	03	Ottawa Lions	49.32
35 Horley, Olivia	04	Unattached	51.10
36 Laube, Djouilly	03	Unattached	52.92

## Women 600 Meter Run Open

Dome (Open): 1:29.38 D 12/20/2014 Karine Belleau-Beliveau

Dome (u20): 1:29.86 ! 2/7/2015 Erinn Stenman-Fahey

Meet Record: 1:29.86 M 2/7/2015 Erinn Stenman-Fahey

USport AutoQ: 1:29.71 U

Name	Yr	Team	Finals
<b>Finals</b>			
1 Smith, Sydney	97	Ottawa Gee-Gees	1:33.83
30.1844 (30.1844)	1:33.8266 (1:03.6422)		
2 Dahms, Marie-Eve	95	Ottawa Gee-Gees	1:34.14
30.3333 (30.3333)	1:34.1399 (1:03.8066)		
3 Paquin, Genevieve	98	Montréal Carabin	1:34.54
30.4399 (30.4399)	1:34.5366 (1:04.0967)		
4 Ollier, Mary	95	Ottawa Lions	1:35.56
30.4233 (30.4233)	1:35.5577 (1:05.1344)		
5 Walton, Shannon	94	National Capital	1:37.81
31.4899 (31.4899)	1:37.8021 (1:06.3122)		
6 Fournel, Lisa	95	Saint-Laurent	1:38.16
30.6855 (30.6855)	1:38.1599 (1:07.4744)		
7 Gagnon, Mariane	00	Saint-Laurent	1:38.28
30.8155 (30.8155)	1:38.2721 (1:07.4566)		
8 Marchand, Marie-Andrée	94	Saint-Laurent	1:39.60
31.4716 (31.4716)	1:39.5960 (1:08.1244)		
9 Gilmour, Audrey	03	Ottawa Lions	1:40.33
32.0749 (32.0749)	1:40.3227 (1:08.2478)		
10 Mayer, Natasha	97	Laurentian	1:41.85
31.1905 (31.1905)	1:41.8460 (1:10.6555)		
11 Leask, Stephanie	00	Ottawa Gee-Gees	1:42.02
32.1060 (32.1060)	1:42.0160 (1:09.9100)		

12 Poirier, Myriam	99	Montréal Carabin	1:42.13
31.9549 (31.9549)	1:42.1272 (1:10.1723)		
13 Boyer-Antoni, Gabrielle	99	Ville-Marie	1:42.83
32.7005 (32.7005)	1:42.8294 (1:10.1289)		
14 Bullock, Madelyn	00	Queen's Gael	1:42.96
31.7749 (31.7749)	1:42.9527 (1:11.1778)		
15 Vidal, Cassie	99	Sherbrooke Vert-	1:44.16
32.0027 (32.0027)	1:44.1594 (1:12.1567)		
16 Howitt, Kimberley	84	Ottawa Lions	1:49.67
35.5055 (35.5055)	1:49.6688 (1:14.1633)		
17 Beaudry, Anouchka	98	Ville-Marie	1:51.74
35.6032 (35.6032)	1:51.7366 (1:16.1334)		
18 McInerney, Erin	02	Ottawa Lions	1:53.86
37.3399 (37.3399)	1:53.8532 (1:16.5133)		
19 Tenasco, Jennifer	99	C.A.N.I.	1:53.95
35.3666 (35.3666)	1:53.9455 (1:18.5789)		
20 Fuchs, Bailey	03	Kingston	1:57.23
36.5166 (36.5166)	1:57.2266 (1:20.7100)		
21 Kajugiro, Corina	92	Ville-Marie	1:58.84
35.0699 (35.0699)	1:58.8321 (1:23.7622)		

## Women 800 Meter Run Open

Dome (Open): 2:01.69 D 3/2/2013 Melissa Bishop

Dome (u20): 2:08.96 ! 3/3/2018 Maeliss Trapeau

Meet Record: 2:05.04 M 1/18/2019 Madeline Kelly

USport AutoQ: 2:06.80 U

Name	Yr	Team	Finals
<b>Finals</b>			
1 Clarke, Madison	95	Ottawa Gee-Gees	2:09.06
1:02.7955 (1:02.7955)	2:09.0545 (1:06.2590)		
2 Smith, Sydney	97	Ottawa Gee-Gees	2:12.88
1:06.7735 (1:06.7735)	2:12.8795 (1:06.1060)		
3 Dahms, Marie-Eve	95	Ottawa Gee-Gees	2:14.28
1:06.7755 (1:06.7755)	2:14.2795 (1:07.5040)		
4 Bernard, Anne-Catherine	88	Physi-Kult	2:15.50
1:07.0565 (1:07.0565)	2:15.4965 (1:08.4400)		
5 Nishimwe, Beatha	98	Ottawa Lions	2:15.82
1:03.4125 (1:03.4125)	2:15.8115 (1:12.3990)		
6 Hicks, Holly	98	Ottawa Gee-Gees	2:18.71
1:08.0549 (1:08.0549)	2:18.7059 (1:10.6510)		
7 Shepherd, Keili	03	Ottawa Gee-Gees	2:19.26
1:07.0825 (1:07.0825)	2:19.2555 (1:12.1730)		
8 Hempstead, Lucy	01	Ottawa Gee-Gees	2:20.09
1:06.9945 (1:06.9945)	2:20.0845 (1:13.0900)		
9 Frazer, Hannah	00	Ottawa Gee-Gees	2:20.88
1:08.7639 (1:08.7639)	2:20.8809 (1:12.1170)		
10 Hansel, Erin	98	Laurentian	2:21.56
1:08.2189 (1:08.2189)	2:21.5539 (1:13.3350)		
11 Chan, Delaney	02	Prairie Inn	2:22.09
1:09.8189 (1:09.8189)	2:22.0869 (1:12.2680)		
12 Pellerin, Skye	02	Ottawa Lions	2:23.27
1:07.6835 (1:07.6835)	2:23.2685 (1:15.5850)		
13 Howitt, Kimberley	84	Ottawa Lions	2:39.45
1:15.5749 (1:15.5749)	2:39.4479 (1:23.8730)		

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## Results

## Finals ... (Women 800 Meter Run Open)

Name	Yr	Team	Finals
14 Thompson, Amy		Ottawa Lions	2:44.87
1:16.7769 (1:16.7769)		2:44.8629 (1:28.0860)	

## Women 1000 Meter Run Open

Dome (Open): 2:42.47 D 1/23/2016 Gabriella Stafford

Dome (u20): 2:44.81 ! 12/17/2011 Annie LeBlanc

Meet Record: 2:42.47 M 1/23/2016 Gabriella Stafford

USport AutoQ: 2:45.54 U

Name	Yr	Team	Finals
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## Finals

1 Bouchard-Nguyen, Jade	96	Montréal Carabin	2:46.64
31.8809 (31.8809)	1:39.7187 (1:07.8378)	2:46.6332 (1:06.9145)	
2 Plourde, Simone	00	Saint-Laurent	2:47.70
31.6254 (31.6254)	1:39.0632 (1:07.4378)	2:47.6987 (1:08.6355)	
3 Gardner, Charlotte	94	Unattached	2:52.11
31.4176 (31.4176)	1:39.5676 (1:08.1500)	2:52.1054 (1:12.5378)	
4 Aglot, Murielle	96	Saint-Laurent	2:55.63
32.5832 (32.5832)	1:42.6909 (1:10.1077)	2:55.6298 (1:12.9389)	
5 Lépine, Laurianne	98	Montréal Carabin	2:57.24
33.1909 (33.1909)	1:43.0065 (1:09.8156)	2:57.2343 (1:14.2278)	
6 Hempstead, Lucy	01	Ottawa Gee-Gees	2:57.53
32.9121 (32.9121)	1:43.2321 (1:10.3200)	2:57.5265 (1:14.2944)	
7 Tyman, Elana	03	Ottawa Lions	3:18.86
36.9158 (36.9158)	1:58.7325 (1:21.8167)	3:18.8558 (1:20.1233)	
8 Lea, Abigail	00	Ottawa Gee-Gees	3:21.87
37.3580 (37.3580)	1:59.0313 (1:21.6733)	3:21.8669 (1:22.8356)	
9 Lawson, Maya	03	Ottawa Lions	3:26.06
37.7491 (37.7491)	2:02.5013 (1:24.7522)	3:26.0547 (1:23.5534)	
10 Valentini, Ashley	01	Laurentian	3:26.40
36.9958 (36.9958)	2:01.5658 (1:24.5700)	3:26.3958 (1:24.8300)	
11 Desrochers Laflamme, Camill	96	Uqam Citadin	3:26.64
40.1547 (40.1547)	2:06.5747 (1:26.4200)	3:26.6347 (1:20.0600)	
12 Thompson, Katie	00	Rmc Paladins	3:49.08
41.7369 (41.7369)	2:15.1169 (1:33.3800)	3:49.0780 (1:33.9611)	
13 Miklas, Fiona	98	Rmc Paladins	3:51.65
41.6269 (41.6269)	2:14.9125 (1:33.2856)	3:51.6425 (1:36.7300)	
--- Boyer-Antoni, Gabrielle	99	Ville-Marie	DNF
34.7709 (34.7709)	2:11.5132 (1:36.7423)		

## Women 1500 Meter Run Open

Dome (Open): 4:20.23 D 3/2/2013 Emma Galbraith

Dome (u20): 4:20.23 ! 3/2/2013 Emma Galbraith

Meet Record: 4:20.52 M 1/23/2016 Gabriella Stafford

USport AutoQ: 4:23.39 U

Name	Yr	Team	Finals
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## Finals

1 Clarke, Madison	95	Ottawa Gee-Gees	4:29.94
51.1714 (51.1714)	2:07.4592 (1:16.2878)	3:21.1081 (1:13.6489)	
4:29.9381 (1:08.8300)			
2 Turcotte, Isabelle	94	Laval	4:44.18
55.2692 (55.2692)	2:16.0614 (1:20.7922)	3:32.1759 (1:16.1145)	
4:44.1714 (1:11.9955)			

3 Hicks, Holly	98	Ottawa Gee-Gees	4:45.95
55.3714 (55.3714)	2:16.2748 (1:20.9034)	3:32.8148 (1:16.5400)	
4:45.9459 (1:13.1311)			
4 St-Gelais, Sabrina	91	Saint-Laurent	4:49.43
55.6103 (55.6103)	2:15.6870 (1:20.0767)	3:34.0714 (1:18.3844)	
4:49.4214 (1:15.3500)			
5 Champigny, Gabrielle	96	Saint-Laurent	4:50.69
55.7659 (55.7659)	2:15.8903 (1:20.1244)	3:33.0814 (1:17.1911)	
4:50.6814 (1:17.6000)			
6 Bell, Frédérique	03	Gatineau	4:56.29
55.0226 (55.0226)	2:16.2570 (1:21.2344)	3:38.7459 (1:22.4889)	
4:56.2892 (1:17.5433)			
7 Shepherd, Keili	03	Ottawa Gee-Gees	4:56.97
54.5381 (54.5381)	2:16.1381 (1:21.6000)	3:36.4648 (1:20.3267)	
4:56.9648 (1:20.5000)			
8 Frazer, Hannah	00	Ottawa Gee-Gees	4:57.81
57.2681 (57.2681)	2:20.0770 (1:22.8089)	3:42.1837 (1:22.1067)	
4:57.8059 (1:15.6222)			
9 Raymond, Maude	94	Uqam Citadin	5:04.96
56.3681 (56.3681)	2:20.0526 (1:23.6845)	3:44.7059 (1:24.6533)	
5:04.9592 (1:20.2533)			
10 Sheridan, Katherine	00	Montréal Carabin	5:14.36
57.5759 (57.5759)	2:20.5159 (1:22.9400)	3:46.6037 (1:26.0878)	
5:14.3559 (1:27.7522)			
11 Thackeray, Sarah	00	Laurentian	5:14.94
56.5892 (56.5892)	2:21.3703 (1:24.7811)	3:49.8481 (1:28.4778)	
5:14.9326 (1:25.0845)			
12 Sippel, Meghan	99	Laurentian	5:16.09
56.1114 (56.1114)	2:21.1181 (1:25.0067)	3:50.3803 (1:29.2622)	
5:16.0814 (1:25.7011)			
13 Osborne, Manon	74	Gatineau	5:36.46
58.4259 (58.4259)	2:27.0803 (1:28.6544)	4:03.0237 (1:35.9434)	
5:36.4570 (1:33.4333)			
14 Watkins, Patricia	00	Rmc Paladins	6:13.11
59.8514 (59.8514)	2:43.5292 (1:43.6778)	4:30.1459 (1:46.6167)	
6:13.1037 (1:42.9578)			
--- Brennan, Rebecca	96	Ottawa Gee-Gees	DNF
51.0226 (51.0226)	2:07.2370 (1:16.2144)		

## Women 3000 Meter Run Open

Dome (Open): 9:17.39 D 2/18/2017 Brogan MacDougall

Dome (u20): 9:17.39 ! 2/18/2017 Brogan MacDougall

Meet Record: 9:45.69 M 1/23/2016 Sasha Gollish

USport AutoQ: 9:27.34 U

Name	Yr	Team	Finals
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## Finals

1 MacDougall, Brogan	00	Queen's Gael	9:39.39M
39.0902 (39.0902)	1:56.2724 (1:17.1822)	3:12.3613 (1:16.0889)	
4:28.8302 (1:16.4689)	5:45.5491 (1:16.7189)	7:02.7457 (1:17.1966)	
8:20.8435 (1:18.0978)	9:39.3902 (1:18.5467)		
2 Blair, Kara	98	Queen's Gael	9:43.63M
39.6291 (39.6291)	1:58.4068 (1:18.7777)	3:17.9424 (1:19.5356)	
4:38.1757 (1:20.2333)	5:56.9546 (1:18.7789)	7:13.3391 (1:16.3845)	
8:29.6913 (1:16.3522)	9:43.6302 (1:13.9389)		

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Name	Yr	Team	Finals
3 Brennan, Rebecca	96	Ottawa Gee-Gees	9:57.93
39.6024 (39.6024)	1:58.5991 (1:18.9967)	3:18.2168 (1:19.6177)	
4:38.6024 (1:20.3856)	6:00.5624 (1:21.9600)	7:21.7468 (1:21.1844)	
8:41.3124 (1:19.5656)	9:57.9213 (1:16.6089)		
4 Bouck, Victoria	01	Queen's Gael	10:01.99
40.2635 (40.2635)	2:00.4580 (1:20.1945)	3:20.9724 (1:20.5144)	
4:41.6346 (1:20.6622)	6:02.2191 (1:20.5845)	7:22.1913 (1:19.9722)	
8:42.0746 (1:19.8833)	10:01.9868 (1:19.9122)		
5 Ohrling, Heidi	97	Queen's Gael	10:13.39
39.9935 (39.9935)	2:00.2035 (1:20.2100)	3:20.7080 (1:20.5045)	
4:41.8991 (1:21.1911)	6:03.2291 (1:21.3300)	7:25.8124 (1:22.5833)	
8:50.8157 (1:25.0033)	10:13.3846 (1:22.5689)		
6 Yantha, Laura	00	Queen's Gael	10:15.78
40.4791 (40.4791)	2:00.7724 (1:20.2933)	3:21.2435 (1:20.4711)	
4:42.7924 (1:21.5489)	6:06.2046 (1:23.4122)	7:31.9368 (1:25.7322)	
8:56.4813 (1:24.5445)	10:15.7780 (1:19.2967)		
7 Chan, Delaney	02	Prairie Inn	10:24.38
40.4835 (40.4835)	2:01.0524 (1:20.5689)	3:21.5880 (1:20.5356)	
4:42.4991 (1:20.9111)	6:05.9257 (1:23.4266)	7:32.6757 (1:26.7500)	
9:01.1613 (1:28.4856)	10:24.3713 (1:23.2100)		
8 Newlove, Katie	02	Ottawa Lions	10:30.95
41.6335 (41.6335)	2:04.8424 (1:23.2089)	3:27.9413 (1:23.0989)	
4:52.3402 (1:24.3989)	6:17.9291 (1:25.5889)	7:44.2380 (1:26.3089)	
9:10.8768 (1:26.6388)	10:30.9413 (1:20.0645)		
9 Bachmann, Sofie	97	Switzerland	10:32.29
41.4491 (41.4491)	2:05.2813 (1:23.8322)	3:28.8480 (1:23.5667)	
4:53.2024 (1:24.3544)	6:18.1657 (1:24.9633)	7:44.4957 (1:26.3300)	
9:11.0824 (1:26.5867)	10:32.2835 (1:21.2011)		
10 Greasley, Lyndsay	94	Track North	10:46.15
41.0824 (41.0824)	2:04.5302 (1:23.4478)	3:29.2780 (1:24.7478)	
4:57.2757 (1:27.9977)	6:25.2257 (1:27.9500)	7:52.5613 (1:27.3356)	
9:21.3568 (1:28.7955)	10:46.1435 (1:24.7867)		
11 Norman, Pippa	01	Carleton Ravens	10:52.43
41.4102 (41.4102)	2:04.2002 (1:22.7900)	3:28.3446 (1:24.1444)	
4:53.6124 (1:25.2678)	6:22.3391 (1:28.7267)	7:53.3535 (1:31.0144)	
9:25.3191 (1:31.9656)	10:52.4302 (1:27.1111)		
12 Furno Puglia, Veronica	95	Ville-Marie	11:38.75
42.1624 (42.1624)	2:10.3402 (1:28.1778)	3:43.2046 (1:32.8644)	
5:15.6180 (1:32.4134)	6:51.4935 (1:35.8755)	8:27.4024 (1:35.9089)	
10:04.7068 (1:37.3044)	11:38.7413 (1:34.0345)		
13 Lefebvre, Kelsey	97	Laurentian	11:51.64
42.1735 (42.1735)	2:09.0057 (1:26.8322)	3:41.5413 (1:32.5356)	
5:14.4324 (1:32.8911)	6:51.5457 (1:37.1133)	8:32.8813 (1:41.3356)	
10:15.4913 (1:42.6100)	11:51.6357 (1:36.1444)		
14 Mozzon, Angela	01	Laurentian	12:20.66
41.7502 (41.7502)	2:10.1335 (1:28.3833)	3:47.8191 (1:37.6856)	
5:27.7702 (1:39.9511)	7:10.6224 (1:42.8522)	8:55.5457 (1:44.9233)	
10:41.0924 (1:45.5467)	12:20.6546 (1:39.5622)		

## Women 60 Meter Hurdles Open

<b>Dome (Open):</b>	<b>8.49 D 2/12/2011</b>	<b>Ashlea Maddex</b>
<b>Dome (u20):</b>	<b>8.49 ! 2/12/2011</b>	<b>Ashlea Maddex</b>
<b>Meet Record:</b>	<b>8.49 M 2/12/2011</b>	<b>Ashlea Maddex</b>
<b>USport AutoQ:</b>	<b>8.48 U</b>	

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1 Leveille, Maude	95	Sherbrooke Vert-	8.79q
2 Phan, Adriana	01	Rive-Sud	9.22q
3 Lu Langley, Vanessa	02	Ottawa Lions	9.39q
4 Lucien, Nafthalia	96	Ottawa Lions	9.40q
5 Lapolice, Stephanie	99	Ottawa Gee-Gees	9.74q
6 Poirier, Caroline	00	Ottawa Gee-Gees	9.87q
7 Trudeau-Meisner, Mikayla	99	Ottawa Gee-Gees	10.89q
8 Kemper, Julianne	99	Carleton Ravens	11.18q
9 McGannon, Alexa	01	Carleton Ravens	11.33q
10 Vallière, Cloé	97	Montréal Carabin	11.80q

## Women 60 Meter Hurdles Open

<b>Dome (Open):</b>	<b>8.49 D 2/12/2011</b>	<b>Ashlea Maddex</b>
<b>Dome (u20):</b>	<b>8.49 ! 2/12/2011</b>	<b>Ashlea Maddex</b>
<b>Meet Record:</b>	<b>8.49 M 2/12/2011</b>	<b>Ashlea Maddex</b>
<b>USport AutoQ:</b>	<b>8.48 U</b>	

Name	Yr	Team	Finals
<b>Finals</b>			
1 Leveille, Maude	95	Sherbrooke Vert-	8.95
2 Phan, Adriana	01	Rive-Sud	9.04
3 Lu Langley, Vanessa	02	Ottawa Lions	9.50
4 Lucien, Nafthalia	96	Ottawa Lions	9.52
5 Lapolice, Stephanie	99	Ottawa Gee-Gees	9.64
6 Trudeau-Meisner, Mikayla	99	Ottawa Gee-Gees	10.99
7 Kemper, Julianne	99	Carleton Ravens	11.13
8 McGannon, Alexa	01	Carleton Ravens	11.55
9 Vallière, Cloé	97	Montréal Carabin	11.74

## Women 4x200 Meter Relay Open

<b>Dome (Open):</b>	<b>1:40.28 D 2/9/2013</b>	<b>Ottawa Lions</b>
<b>Dome (u20):</b>	<b>1:40.28 ! 2/9/2013</b>	<b>Ottawa Lions</b>
<b>Meet Record:</b>	<b>1:40.28 M 2/9/2013</b>	<b>Ottawa Lions</b>
<b>USport AutoQ:</b>	<b>1:38.89 U</b>	

Team	Relay	Finals
<b>Finals</b>		
1 C.A.N.I. Athletics	A	1:42.74
1) Maxwell, Nyoka 97	2) Vieux, Kayla 01	
3) Baker, Roshanna 97	4) Bitchoka, Barbara 96	
2 Montréal Carabins	A	1:43.47
1) Jackson, Audrey 98	2) Baulu, Élodie 96	
3) Dubé, Élisabeth 95	4) Leo, Harmine Christina 92	
3 Sherbrooke Vert-et-Or	A	1:47.06
1) Leclerc, Claudie 96	2) Leveille, Maude 95	
3) Pessonneaux, Amelie 01	4) Vidal, Cassie 99	

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## Dome @ Louis Riel

## Results

## Finals ... (Women 4x200 Meter Relay Open)

Team	Relay	Finals
4 Ottawa Gee-Gees	A	1:53.75
1) Leask, Stephanie 00	2) Lapolice, Stephanie 99	
3) Wann, Kadiatou 01	4) Dundon, Meghan 01	
5 Laurentian Voyaguers	A	1:53.77
6 Ottawa Lions T.F.C	A	1:55.86
1) Wiseberg, Samantha 03	2) McCutcheon, Marissa 03	
3) Brennan, Kelly 97	4) Ostertag, Coralie 02	
7 Kingston	A	1:57.74
1) Dowling, Jenny 04	2) Gillan, Sarah 04	
3) Bratus, Ainslie 03	4) Fuchs, Bailey 03	
8 Carleton Ravens	A	2:02.93
1) Macmillan, Lindsey 98	2) Kemper, Julianne 99	
3) McGannon, Alexa 01	4) Norman, Pippa 01	
9 Unattached Ontario	A	2:04.45
1) Horley, Olivia 04	2) Rawsthorne, Tegan Brooke 02	
3) Laube, Djouilly 03	4) Emile-Folly, Florence 04	

## Women 4x400 Meter Relay Open

**Dome (Open):** 3:44.53 D 2/12/2011 National Centre - Ottawa Selects  
**Meet Record:** 3:44.53 M 2/12/2011 National Centre - Ottawa Selects  
**USport AutoQ:** 3:47.15 U

Team	Relay	Finals
1 Montréal Carabins	A	4:12.77
1) Rigamonti, Caroline	2) Vallière, Cloé 97	
3) Bouchard-Nguyen, Jade 96	4) Poirier, Myriam 99	
1:04.8145 (1:04.8145)	2:06.6012 (1:01.7867)	3:12.1768 (1:05.5756)
4:12.7690 (1:00.5922)		

## Women High Jump Open

**Dome (Open):** 1.75m D 12/2/2005 Witney Evans  
**Dome (u20):** 1.67m ! 2/23/2008 Ashlea Maddex  
**Meet Record:** 1.70m M 1/20/2018 T-Noocile Jean  
**USport AutoQ:** 1.71m U

Name	Yr	Team	Finals
1 Bitchoka, Barbara	96	C.A.N.I.	1.85mD
2 Durand-Marandi, Annie	00	Montréal Carabin	1.60m
3 Rimouche, Sabrina	97	Montréal Carabin	1.50m

## Women Pole Vault Open

**Dome (Open):** 4.05m D 3/5/2011 Melanie Blouin  
**Dome (u20):** 3.62m ! 1/27/2007 Ariane Beaumont-Courteau  
**Meet Record:** 3.95m M 2/13/2010 Melanie Blouin  
**USport AutoQ:** 3.86m U

Name	Yr	Team	Finals
1 Poirier, Caroline	00	Ottawa Gee-Gees	3.30m
2 Bustillos, Angelica	99	Ottawa Lions	2.90m
3 Blanchet, Emma		Ottawa Lions	2.40m
--- Splinter, Valerie	04	Ottawa Lions	NH
--- Gagne, Annabelle	00	Ottawa Gee-Gees	NH

## Women Long Jump Open

**Dome (Open):** 6.01m D 2/9/2013 Laurence Beaudet  
**Dome (u20):** 5.58m ! 5/19/2010 Devyani Biswal  
**Meet Record:** 6.01m M 2/9/2013 Laurence Beaudet  
**USport AutoQ:** 5.82m U

Name	Yr	Team	Finals
<b>Finals</b>			
1 Wann, Kadiatou	01	Ottawa Gee-Gees	5.25m
2 Haridas, Rinila	00	Ottawa Gee-Gees	5.23m
3 Dundon, Meghan	01	Ottawa Gee-Gees	5.18m
4 Dobson-Takoff, Emma	01	Ottawa Gee-Gees	4.88m
5 Rimouche, Sabrina	97	Montréal Carabin	4.50m
6 Boutilier, Shanna	96	Ottawa Lions	3.70m

## Women Triple Jump Open

**Dome (Open):** 11.65m D 5/12/2010 Julia Stille  
**Dome (u20):** 11.65m ! 5/12/2010 Julia Stille  
**Meet Record:** 11.41m M 2/11/2012 Valerie Kodo Ella  
**USport AutoQ:** 11.89m U

Name	Yr	Team	Finals
<b>Finals</b>			
1 Amoi, Laura	96	C.A.N.I.	11.74mD
2 Haridas, Rinila	00	Ottawa Gee-Gees	11.29m
3 Pessonneaux, Amelie	01	Sherbrooke Vert-	10.68m
4 Dobson-Takoff, Emma	01	Ottawa Gee-Gees	10.46m
5 Hemstock, Lindsay	96	Carleton Ravens	9.90m

## Women Shot Put Open

**Dome (Open):** 16.76m D 1/23/2016 Brittany Crew  
**Dome (u20):** 13.47m ! 2/18/2017 Grace Tennant  
**Meet Record:** 16.76m M 1/23/2016 Brittany Crew  
**USport AutoQ:** 13.69m U

Name	Yr	Team	Finals
<b>Finals</b>			
1 Ayers, Vanessa	02	Les Vaillant	12.21m
2 Asiamah, Brianna	01	Ottawa Gee-Gees	10.97m
3 Effenberger, Kaitlyn	02	Ottawa Lions	10.41m
4 Agyekum, Maya	98	Montréal Carabin	9.46m
5 Gibbons, Hailey	02	Unattached	9.23m

## Women Weight Throw Open

**Dome (Open):** 21.19m D 12/17/2016 Sultana Frizell  
**Dome (u20):** 14.97m ! 12/15/2007 Annie Larose  
**Meet Record:** 17.36m M 1/23/2016 Brittany Crew  
**USport AutoQ:** 16.82m U

Name	Yr	Team	Finals
<b>Finals</b>			
1 Dubois, Ariane	95	Sherbrooke Vert-	17.12mU
2 Devillers-Matte, Marie-Eve	92	Sherbrooke Vert-	13.12m
3 Gibbons, Hailey	02	Unattached	12.24m
4 Agyekum, Maya	98	Montréal Carabin	9.81m
5 Lacharité-Harbec, Florence	96	Montréal Carabin	9.38m

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## Results

## Men 60 Meter Dash Open

**Dome (Open):** 6.62 D 2/13/2010 Sam Effah  
**Dome (u20):** 6.79 ! 12/20/2008 Aaron Bowman  
**Meet Record:** 6.62 M 2/13/2010 Sam Effah  
**USport AutoQ:** 6.88 U

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1	Bositampen, Rabbi	99 Perfmax-Racing	6.94q
2	Halog, Jonelle	95 C.A.N.I.	7.06q
3	Marmen-Harvey, Jean-Samue	94 C.A Laval	7.06q
4	N'Doye, El Hadj	89 C.A Laval	7.07q
5	Maazami, Youssef-Mehdi	95 Montréal Carabin	7.09q
6	Adeleye, David	02 Ottawa Lions	7.12q
7	Côté, Thomas	96 Montréal Carabin	7.14q
8	Florestal, Kensley	95 Perfmax-Racing	7.15q
9	Carrington, Marcus	97 C.A.N.I.	7.18q
10	Takam, Xavier	97 Ottawa Lions	7.20q
11	Lafreniere, Jeremy	94 Sherbrooke Vert-	7.21q
12	Jamal, Braenen	93 Unattached	7.23q
13	Laporte, Nick	89 Unattached	7.24
14	Mo, Austin	99 Unattached	7.25
15	Ajayi, Femi	97 Ottawa Gee-Gees	7.27
16	Sassi, Philip	96 Saint-Laurent	7.29
17	Hassan, Dani	03 C.A.N.I.	7.30
18	Bernier-Woël, Kairm	94 Perfmax-Racing	7.31
19	Landon, Dillon	02 Ottawa Lions	7.31
20	Renélique, Taylor	99 Montréal Carabin	7.31
21	Manuel, Alex	94 Ottawa Lions	7.32
22	Ajaero, Chukwuemeka	99 Ottawa Gee-Gees	7.32
23	Worlor, Emmanuel	95 C.A.N.I.	7.32
24	Bokongo, Isaac Bosenge	99 Enduromax	7.34
25	Zimmer, Jonah	00 Queen's Gael	7.37
26	Tang, Matthew	97 Ottawa Gee-Gees	7.38
27	Felix, Gio	96 Ottawa Lions	7.43
28	Tiendrebeogo, Otheniel	96 Ottawa Gee-Gees	7.43
28	Lamoureux, Damien	93 Gatineau	7.43
30	Diallo, El Hadji	95 Laval	7.44
31	Newman, Keito	03 Ottawa Lions	7.44
32	Leveille, Maxime	98 Sherbrooke Vert-	7.45
33	Lemonde, Gabriel	96 Sherbrooke Vert-	7.48
34	Noel De Tilly, Alexandre	00 Laurentian	7.49
35	McHale, Shea	01 Ottawa Lions	7.52
36	Tran, Donovan	03 C.A.N.I.	7.52
37	Robinson, Sam	03 Ottawa Lions	7.56
38	Iyamu, Osas	01 Carleton Ravens	7.57
39	Ross, Conor	98 Ottawa Gee-Gees	7.60
40	Chombe, Justin	95 Unattached	7.62
41	Olowu, Anthony	01 Laurentian	7.63
42	Elmor, Omar	98 Unattached	7.65
43	Robinson, Ben	01 Rmc Paladins	7.72
44	Hansen, Luke	02 National Capital	7.72
45	Mohamed Reda, El Azali	97 Ottawa Gee-Gees	7.75
46	Thompson, Jake	00 Unattached	7.77

47	Colquham, Jackson	01 Ottawa Gee-Gees	7.83
48	Carter, Justin	01 Ottawa Gee-Gees	7.84
49	Scatliffe, Joseph	72 National Capital	7.90
50	Davilma, Derick	01 Ottawa Lions	7.91
51	Abili, Onyepunuka Osamende	02 Carleton Ravens	7.91
52	Issa, Mohsen	00 Ottawa Gee-Gees	7.91
53	Ross, Will	04 National Capital	7.96
54	Girouard-Laflamme, Emile	98 École de technol	7.98
55	Esinnah, Ebube	98 Laurentian	8.15
56	Faucher, Serge	64 Ottawa Lions	8.21
57	Pellerin, Robert	70 Quebec	8.23
58	Cunningham, Neil	78 Ottawa Lions	8.26
59	Doric, Connor	95 Rmc Paladins	8.57

## Men 60 Meter Dash Open

**Dome (Open):** 6.62 D 2/13/2010 Sam Effah  
**Dome (u20):** 6.79 ! 12/20/2008 Aaron Bowman  
**Meet Record:** 6.62 M 2/13/2010 Sam Effah  
**USport AutoQ:** 6.88 U

Name	Yr	Team	Finals
<b>Finals</b>			
1	Bositampen, Rabbi	99 Perfmax-Racing	6.87
2	Maazami, Youssef-Mehdi	95 Montréal Carabin	6.99
3	N'Doye, El Hadj	89 C.A Laval	6.99
4	Marmen-Harvey, Jean-Samue	94 C.A Laval	7.05
5	Halog, Jonelle	95 C.A.N.I.	7.05
6	Côté, Thomas	96 Montréal Carabin	7.09
7	Adeleye, David	02 Ottawa Lions	7.10
8	Carrington, Marcus	97 C.A.N.I.	7.13
9	Jamal, Braenen	93 Unattached	7.15
10	Lafreniere, Jeremy	94 Sherbrooke Vert-	7.16
11	Florestal, Kensley	95 Perfmax-Racing	7.17

## Men 300 Meter Dash Open

**Dome (Open):** 33.21 D 1/17/2009 Michael Robertson  
**Dome (u20):** 33.94 ! 1/19/2008 Michael Robertson  
**Meet Record:** 33.47 M 2/7/2015 Oluwasegun Makinde  
**USport AutoQ:** 33.66 U

Name	Yr	Team	Finals
<b>Finals</b>			
1	Muteba, Lionel	90 C.A.N.I.	34.44
2	Khelifa, Azer	97 Montréal Carabin	34.62
3	Sprague, Kyle	00 Ottawa Gee-Gees	35.30
4	Lebel, Henri	00 Laval	35.59
5	Ippet, Nicolas	96 Montréal Carabin	35.69
6	Jamal, Braenen	93 Unattached	35.71
7	Robinson, Sam	03 Ottawa Lions	36.01
8	Newman, Keito	03 Ottawa Lions	36.21
9	Bernier-Woël, Kairm	94 Perfmax-Racing	36.42
10	Johnson, Tyrece	00 Ottawa Gee-Gees	36.43
11	Sassi, Philip	96 Saint-Laurent	36.51
12	Fortier, Jeremy	02 Ottawa Lions	36.54
13	Ajayi, Femi	97 Ottawa Gee-Gees	36.57
14	Adeleye, David	02 Ottawa Lions	36.57
15	McHale, Shea	01 Ottawa Lions	36.59

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## Ottawa Lions Timing Team

## Dome @ Louis Riel

## Results

## Finals ... (Men 300 Meter Dash Open)

Name	Yr	Team	Finals
16	Bellemare, Félix	99 Montréal Carabin	36.79
17	Larivière, Xavier	02 Saint-Laurent	36.82
18	Leger, Zacharie	01 Ottawa Gee-Gees	36.88
19	Ennaciri, Youssef	96 Laval	36.91
20	Joseph, Emmanuel	00 Unattached	37.04
21	Lemonde, Gabriel	96 Sherbrooke Vert-	37.25
22	Medouni, Alexandre	00 Montréal Carabin	37.26
23	Bassole, Yves	99 C.A.N.I.	37.30
24	Vukovic, Luka	98 Ottawa Gee-Gees	37.30
25	Manuel, Alex	94 Ottawa Lions	37.35
26	Cote, Sebastien	00 C.A.N.I.	37.61
27	Ross, Conor	98 Ottawa Gee-Gees	37.66
28	Chau, Philip	96 Saint-Laurent	37.69
29	Morassut, Laim	01 Queen's Gael	37.95
30	Dunning, Alex	98 C.A.N.I.	37.96
31	Pinnock, Michael	00 Carleton Ravens	38.05
32	Noel De Tilly, Alexandre	00 Laurentian	38.19
33	Samson, Gabriel	99 Montréal Carabin	38.20
34	Sanvi, Yanis	99 Montréal Carabin	38.30
35	Tran, Phu Thanh	98 Montréal Carabin	38.40
36	Mo, Austin	99 Unattached	38.45
37	Elmor, Omar	98 Unattached	38.52
38	Williamson, Ryland	00 Unattached	38.56
39	Sendybyl, Ethan	04 National Capital	38.58
40	Mohamed Reda, El Azali	97 Ottawa Gee-Gees	38.61
41	Tran, Donovan	03 C.A.N.I.	38.73
42	Girouard-Laflamme, Emile	98 École de technol	39.10
43	Hassan, Dani	03 C.A.N.I.	39.32
44	Davilma, Derick	01 Ottawa Lions	39.58
45	Chombe, Justin	95 Unattached	39.68
46	Ross, Will	04 National Capital	39.75
47	El Sahli, Ali	97 Laurentian	40.00
48	Georges, Max Delroy	02 C.A.N.I.	40.29
49	Brohman, Charlie	98 Carleton Ravens	40.32
50	Deans, Matthew	90 Ottawa Gee-Gees	40.78
51	Faucher, Serge	64 Ottawa Lions	40.84
52	Abili, Onyepunuka Osamende	02 Carleton Ravens	40.98
53	Cunningham, Neil	78 Ottawa Lions	41.77
54	Scatliffe, Joseph	72 National Capital	42.17
55	Venkatesh, Vyan	01 Carleton Ravens	42.53
56	Touri, Karim	00 Ottawa Gee-Gees	43.23
57	Doric, Connor	95 Rmc Paladins	43.58
---	Tang, Matthew	97 Ottawa Gee-Gees	DQ

## Men 300 Meter Dash Open

## High Performance

**Dome (Open):** 33.21 D 1/17/2009 Michael Robertson  
**Dome (u20):** 33.94 ! 1/19/2008 Michael Robertson  
**Meet Record:** 33.47 M 2/7/2015 Oluwasegun Makinde  
**USport AutoQ:** 33.66 U

Name	Yr	Team	Finals
1	N'Doye, El Hadj	89 C.A Laval	35.23

2	Lafreniere, Jeremy	94 Sherbrooke Vert-	35.64
3	Bowness, Zachary	02 Brockville	35.85
4	Lyness, Quinn	00 Ottawa Gee-Gees	36.23

## Men 600 Meter Run Open

**Dome (Open):** 1:17.32 D 2/17/2019 Mohand Zine-Khelaf

**Dome (u20):** 1:18.45 ! 12/13/2008 Michael Robertson

**Meet Record:** 1:17.45 M 1/20/2018 Sebastian Saville

**USport AutoQ:** 1:18.67 U

Name	Yr	Team	Finals
<b>Finals</b>			
1	Khelaf, Mohand Zine	98 Saint-Laurent	1:17.71
	25.0852 (25.0852)	1:17.7041 (52.6189)	
2	Saville, Sabastian	94 Laval	1:18.69
	25.4696 (25.4696)	1:18.6830 (53.2134)	
3	Evans, Stephen	96 Ottawa Lions	1:18.82
	26.0295 (26.0295)	1:18.8184 (52.7889)	
4	Desmeules, Olivier	00 C.A Laval	1:19.02
	24.7063 (24.7063)	1:19.0185 (54.3122)	
5	Duguay, Vincent	91 C.A Laval	1:19.33
	25.2696 (25.2696)	1:19.3274 (54.0578)	
6	Gendreau-Fillion, David	94 Laval	1:19.76
	26.4584 (26.4584)	1:19.7528 (53.2944)	
7	Mama-Yari, Zakary	98 Montréal Carabin	1:20.35
	26.2495 (26.2495)	1:20.3495 (54.1000)	
8	Lyness, Quinn	00 Ottawa Gee-Gees	1:20.79
	26.0308 (26.0308)	1:20.7908 (54.7600)	
9	Payette, William	98 Montréal Carabin	1:21.44
	26.6050 (26.6050)	1:21.4350 (54.8300)	
10	Didier, Benoit	93 C.A Laval	1:21.84
	25.8017 (25.8017)	1:21.8395 (56.0378)	
11	Graenert, Justin	99 Laurentian	1:22.39
	25.9041 (25.9041)	1:22.3908 (56.4867)	
12	Cavé, Pradel	01 Lavironde	1:23.16
	26.3168 (26.3168)	1:23.1524 (56.8356)	
13	Pedersen, Liam	99 Laurentian	1:23.55
	26.9268 (26.9268)	1:23.5424 (56.6156)	
14	Cote, Sebastien	00 C.A.N.I.	1:24.95
	26.5901 (26.5901)	1:24.9435 (58.3534)	
15	Lepine, Jeremie	00 Saint-Laurent	1:25.12
	27.1362 (27.1362)	1:25.1139 (57.9777)	
16	Danouj, Oussama	96 Saint-Laurent	1:25.64
	26.8179 (26.8179)	1:25.6379 (58.8200)	
17	Chouinard-Laliberte, Simon	95 Saint-Laurent	1:25.80
	26.6968 (26.6968)	1:25.7935 (59.0967)	
18	Moses, Isaiah	93 Unattached	1:26.38
	27.0779 (27.0779)	1:26.3746 (59.2967)	
19	Leger, Zacharie	01 Ottawa Gee-Gees	1:26.73
20	Singh, Ranjit	99 Ottawa Lions	1:28.32
21	Vukovic, Luka	98 Ottawa Gee-Gees	1:28.59
	27.6235 (27.6235)	1:28.5846 (1:00.9611)	
22	Jury, Kevin	98 Unattached	1:28.63
23	Dupont, Pierre-Antoine	89 Saint-Laurent	1:30.15
	27.8490 (27.8490)	1:30.1446 (1:02.2956)	
24	Georges, Max Delroy	02 C.A.N.I.	1:31.52

## University of Ottawa Winter National Invitational - 1/17/2020 to 1/18/2020

## Ottawa Lions Timing Team

## Dome @ Louis Riel

## Results

## Finals ... (Men 600 Meter Run Open)

Name	Yr	Team	Finals
25 Villeneuve, Julien	96	Uqam Citadin	1:31.97
26 Mimeault, Matthew	98	Ville-Marie	1:35.13
27 Touri, Karim	00	Ottawa Gee-Gees	1:38.81

## Men 800 Meter Run Open

**Dome (Open): 1:50.45 D 1/18/2019 Stephen Evans**  
**Dome (u20): 1:53.88 ! 3/5/2011 Yves Sikubwabo**  
**Meet Record: 1:50.45 M 1/18/2019 Stephen Evans**  
**USport AutoQ: 1:50.45 U**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Gendreau-Fillion, David	94	Laval	1:50.19D
54.4751 (54.4751)	1:50.1891 (55.7140)		
2 Evans, Stephen	96	Ottawa Lions	1:50.64
53.8431 (53.8431)	1:50.6311 (56.7880)		
3 Didier, Benoit	93	C.A Laval	1:53.66
54.9851 (54.9851)	1:53.6571 (58.6720)		
4 Cavé, Pradel	01	Lavironde	1:57.84
56.8411 (56.8411)	1:57.8391 (1:00.9980)		
5 Bertrand, Xavier	96	Laval	1:57.89
55.1531 (55.1531)	1:57.8841 (1:02.7310)		
6 Popejoy, Dylan	03	Brockville	1:59.27
59.2776 (59.2776)	1:59.2656 (59.9880)		
7 Gareau, Eric	99	Laurentian	1:59.56
59.0396 (59.0396)	1:59.5526 (1:00.5130)		
8 Moricz, Vincent	97	Ottawa Lions	2:00.16
58.7596 (58.7596)	2:00.1586 (1:01.3990)		
9 Mitchell, Robert	98	Ottawa Gee-Gees	2:00.40
58.1566 (58.1566)	2:00.3936 (1:02.2370)		
10 Maxwell, Alexander	95	Ottawa Lions	2:02.45
59.2536 (59.2536)	2:02.4506 (1:03.1970)		
11 Deacon, John	02	Prairie Inn	2:05.11
1:01.8855 (1:01.8855)	2:05.1045 (1:03.2190)		
12 Sendybyl, Ethan	04	National Capital	2:05.75
1:00.5115 (1:00.5115)	2:05.7435 (1:05.2320)		
13 Taylor, Andrew	03	Ottawa Lions	2:06.87
1:00.4175 (1:00.4175)	2:06.8645 (1:06.4470)		
14 Singh, Ranjit	99	Ottawa Lions	2:13.49
1:03.9255 (1:03.9255)	2:13.4875 (1:09.5620)		
15 Kulkarni, Rohan	96	Ottawa Lions	2:17.74
1:06.5985 (1:06.5985)	2:17.7395 (1:11.1410)		
16 Smart, Lionel	00	Ottawa Lions	2:25.41
1:09.5855 (1:09.5855)	2:25.4105 (1:15.8250)		
--- Saville, Sebastian	94	Laval	DNF
56.1281 (56.1281)			
--- (Pace) Venne, Jeremie	96	Ottawa Lions	DNF
53.5571 (53.5571)			

## Men 1000 Meter Run Open

**Dome (Open): 2:25.48 D 2/9/2013 Mathieu Raymond**  
**Dome (u20): 2:27.90 ! 2/12/2011 Yves Sikubwabo**  
**Meet Record: 2:25.48 M 2/9/2013 Mathieu Raymond**  
**USport AutoQ: 2:24.11 U**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Robertson, Kevin	98	Montréal Carabin	2:24.62D
29.4572 (29.4572)	1:26.9527 (57.4955)	2:24.6116 (57.6589)	
2 Gareau, Eric	99	Laurentian	2:31.10
29.6361 (29.6361)	1:29.4561 (59.8200)	2:31.0916 (1:01.6355)	
3 Hani, Abderaouf	98	Montréal Carabin	2:32.16
30.0249 (30.0249)	1:30.5794 (1:00.5545)	2:32.1605 (1:01.5811)	
4 Trudeau Perron, Marc-André	00	Montréal Carabin	2:32.24
29.8005 (29.8005)	1:29.2138 (59.4133)	2:32.2372 (1:03.0234)	
5 Mongeau-Leclerc, Martin	00	Saint-Laurent	2:32.80
30.1938 (30.1938)	1:31.3505 (1:01.1567)	2:32.7972 (1:01.4467)	
6 Trapeau, Lucas	96	Ottawa Gee-Gees	2:33.39
29.8361 (29.8361)	1:32.2827 (1:02.4466)	2:33.3905 (1:01.1078)	
7 Labelle-Cossios, Mateo	01	Saint-Laurent	2:35.27
30.3905 (30.3905)	1:32.6716 (1:02.2811)	2:35.2616 (1:02.5900)	
8 Moricz, Vincent	97	Ottawa Lions	2:41.88
32.1890 (32.1890)	1:39.7757 (1:07.5867)	2:41.8757 (1:02.1000)	
9 Tareke, Yared	02	Ottawa Lions	2:42.71
29.9949 (29.9949)	1:32.2727 (1:02.2778)	2:42.7094 (1:10.4367)	
10 Soontjens, Elliot	99	Ottawa Lions	2:47.10
32.2157 (32.2157)	1:40.0524 (1:07.8367)	2:47.0968 (1:07.0444)	
11 Desharnais, Philippe	97	Rmc Paladins	2:49.27
32.6201 (32.6201)	1:42.6468 (1:10.0267)	2:49.2713 (1:06.6245)	
12 Durbain, Thomas	01	Montréal Carabin	2:49.64
32.7201 (32.7201)	1:42.0879 (1:09.3678)	2:49.6401 (1:07.5522)	
14 El Sahli, Ali	97	Laurentian	2:49.85
33.2413 (33.2413)	1:45.0246 (1:11.7833)	2:49.8446 (1:04.8200)	
15 Vincent, Ryan	01	Laurentian	2:49.93
32.4679 (32.4679)	1:43.2701 (1:10.8022)	2:49.9213 (1:06.6512)	
16 Hill, Darrell	99	Carleton Ravens	2:51.02
32.9890 (32.9890)	1:43.6013 (1:10.6123)	2:51.0157 (1:07.4144)	
17 Diaz-Paquin, Alexandre	97	Montréal Carabin	2:51.74
32.0468 (32.0468)	1:42.8279 (1:10.7811)	2:56.2613 (1:13.4334)	
18 Mimeault, Matthew	98	Ville-Marie	2:56.27
32.0468 (32.0468)	1:42.8279 (1:10.7811)	2:56.2613 (1:13.4334)	
19 Kalab, Adam	99	Laurentian	2:57.88
32.0468 (32.0468)	1:42.8279 (1:10.7811)	2:56.2613 (1:13.4334)	
20 Bedard, Felix-Antoine	97	Uqam Citadin	3:03.83
---			
--- (Pace) El Andaloussi, Najib	98	Saint-Laurent	DNF
29.3172 (29.3172)			
---			
--- Jones, Luke	96	Ottawa Gee-Gees	DNF
30.1238 (30.1238)	1:28.0261 (57.9023)		



## University of Ottawa Winter National Invitational - 1/17/2020 to 1/18/2020

## Ottawa Lions Timing Team

## Dome @ Louis Riel

## Results

## Men 1500 Meter Run Open

**Dome (Open): 3:45.89 D 2/21/2015 Alex Wilkie**  
**Dome (u20): 3:50.55 ! 2/12/2011 Yves Sikubwabo**  
**Meet Record: 3:50.55 M 2/12/2011 Yves Sikubwabo**  
**USport AutoQ: 3:48.11 U**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Delange, Mitchell	98	Queen's Gael	3:52.45
47.0921 (47.0921)	1:50.5421 (1:03.4500)	2:51.1787 (1:00.6366)	
3:52.4465 (1:01.2678)			
2 Hely, Clément	91	Saint-Laurent	3:53.25
45.4387 (45.4387)	1:49.6032 (1:04.1645)	2:52.2687 (1:02.6655)	
3:53.2487 (1:00.9800)			
3 Kanko, Robert	96	Queen's Gael	3:56.79
47.8498 (47.8498)	1:51.6021 (1:03.7523)	2:54.7487 (1:03.1466)	
3:56.7854 (1:02.0367)			
4 Kirby, Mitchell	97	Queen's Gael	3:58.88
47.6687 (47.6687)	1:51.9898 (1:04.3211)	2:55.8609 (1:03.8711)	
3:58.8787 (1:03.0178)			
5 Gareau, Eric	99	Laurentian	4:02.67
47.6465 (47.6465)	1:52.3876 (1:04.7411)	2:58.3776 (1:05.9900)	
4:02.6643 (1:04.2867)			
6 Maxwell, Alexander	95	Ottawa Lions	4:02.84
46.8265 (46.8265)	1:51.2609 (1:04.4344)	2:57.3809 (1:06.1200)	
4:02.8376 (1:05.4567)			
7 Passi, Liam	97	Laurentian	4:03.16
48.0754 (48.0754)	1:51.8987 (1:03.8233)	2:56.5821 (1:04.6834)	
4:03.1543 (1:06.5722)			
8 Beland, Caleb	97	Laurentian	4:03.96
48.2376 (48.2376)	1:52.8921 (1:04.6545)	2:58.4054 (1:05.5133)	
4:03.9554 (1:05.5500)			
9 Jones, Mason	02	Unattached	4:05.30
47.4754 (47.4754)	1:53.5643 (1:06.0889)	3:02.2487 (1:08.6844)	
4:05.2943 (1:03.0456)			
10 Mitchell, Robert	98	Ottawa Gee-Gees	4:05.78
47.8343 (47.8343)	1:52.6398 (1:04.8055)	2:59.4676 (1:06.8278)	
4:05.7787 (1:06.3111)			
11 Gill, David	02	Unattached	4:08.90
48.1821 (48.1821)	1:54.3098 (1:06.1277)	3:02.5643 (1:08.2545)	
4:08.8932 (1:06.3289)			
12 Cherenfant, Nick	96	Uqam Citadin	4:12.97
48.4821 (48.4821)	1:54.9309 (1:06.4488)	3:03.8965 (1:08.9656)	
4:12.9709 (1:09.0744)			
13 Bates, Paul	99	Ottawa Gee-Gees	4:19.06
51.7734 (51.7734)	2:02.6723 (1:10.8989)	3:13.5067 (1:10.8344)	
4:19.0567 (1:05.5500)			
14 Bates, Kevin	96	McGill Olympic	4:22.66
52.9567 (52.9567)	2:04.4512 (1:11.4945)	3:15.1467 (1:10.6955)	
4:22.6578 (1:07.5111)			
15 Rivard, Frédéric	98	Sherbrooke	4:23.55
52.0634 (52.0634)	2:03.3012 (1:11.2378)	3:15.9823 (1:12.6811)	
4:23.5501 (1:07.5678)			

16 Hayden, Jack	03	Ottawa Lions	4:23.97
50.5923 (50.5923)	2:02.3867 (1:11.7944)	3:16.1012 (1:13.7145)	
4:23.9645 (1:07.8633)			
17 Deacon, John	02	Prairie Inn	4:25.38
52.6045 (52.6045)	2:03.9734 (1:11.3689)	3:16.2156 (1:12.2422)	
4:25.3756 (1:09.1600)			
18 Proulx, Samuel	01	Saint-Laurent	4:25.49
48.6732 (48.6732)	1:56.7987 (1:08.1255)	3:11.1509 (1:14.3522)	
4:25.4909 (1:14.3400)			
19 Sneddon, Jay	92	Ottawa Lions	4:26.97
53.1578 (53.1578)	2:04.1801 (1:11.0223)	3:15.7101 (1:11.5300)	
4:26.9612 (1:11.2511)			
20 Samuel, Haroon	03	C.A.N.I.	4:28.61
50.4945 (50.4945)	2:01.5334 (1:11.0389)	3:16.3712 (1:14.8378)	
4:28.6078 (1:12.2366)			
21 Sanchez, Joseph	01	C.A.N.I.	4:30.18
52.3767 (52.3767)	2:03.9378 (1:11.5611)	3:16.6323 (1:12.6945)	
4:30.1756 (1:13.5433)			
22 Cottam, Matt	01	Ottawa Gee-Gees	4:34.05
52.9323 (52.9323)	2:03.5645 (1:10.6322)	3:17.3234 (1:13.7589)	
4:34.0423 (1:16.7189)			
23 Meraw, Nathan	01	Ottawa Gee-Gees	4:35.33
52.8067 (52.8067)	2:03.0445 (1:10.2378)	3:16.6612 (1:13.6167)	
4:35.3223 (1:18.6611)			
24 Hill, Darrell	99	Carleton Ravens	4:41.95
53.3623 (53.3623)	2:07.0512 (1:13.6889)	3:26.5312 (1:19.4800)	
4:41.9412 (1:15.4100)			
25 Kulkarni, Rohan	96	Ottawa Lions	4:43.40
55.1990 (55.1990)	2:12.7301 (1:17.5311)	3:29.1412 (1:16.4111)	
4:43.4001 (1:14.2589)			

## Men 3000 Meter Run Open

**Dome (Open): 8:17.41 D 2/7/2015 Dave Cashin**  
**Dome (u20): 8:20.54 ! 1/15/2011 Yves Sikubwabo**  
**Meet Record: 8:17.41 M 2/7/2015 Dave Cashin**  
**USport AutoQ: 8:13.31 U**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Kanko, Robert	96	Queen's Gael	8:17.60
35.3674 (35.3674)	1:44.0863 (1:08.7189)	2:51.8407 (1:07.7544)	
3:58.3207 (1:06.4800)	5:04.9729 (1:06.6522)	6:10.7685 (1:05.7956)	
7:15.1696 (1:04.4011)	8:17.5974 (1:02.4278)		
2 Pardo, Matthew	97	Queen's Gael	8:38.97
35.7574 (35.7574)	1:46.5263 (1:10.7689)	2:57.0374 (1:10.5111)	
4:07.8174 (1:10.7800)	5:19.2063 (1:11.3889)	6:29.0185 (1:09.8122)	
7:36.7474 (1:07.7289)	8:38.9652 (1:02.2178)		
3 Wallingford, Keon	01	Laurentian	8:40.83
34.8574 (34.8574)	1:45.0452 (1:10.1878)	2:56.7307 (1:11.6855)	
5:18.8696 (2:22.1389)	6:28.5541 (1:09.6845)	7:36.7007 (1:08.1466)	
8:40.8218 (1:04.1211)			
4 Brackenburg, Miles	01	Queen's Gael	8:44.06
35.8952 (35.8952)	1:46.7507 (1:10.8555)	2:57.3063 (1:10.5556)	
4:08.0085 (1:10.7022)	5:19.1174 (1:11.1089)	6:28.8418 (1:09.7244)	
7:37.2274 (1:08.3856)	8:44.0574 (1:06.8300)		

## University of Ottawa Winter National Invitational - 1/17/2020 to 1/18/2020

## Ottawa Lions Timing Team

## Dome @ Louis Riel

## Results

## Finals ... (Men 3000 Meter Run Open)

Name	Yr	Team	Finals
5 Dean, Cameron	00	Waterloo	8:45.30
35.1496 (35.1496)	1:46.4741 (1:11.3245)	4:08.7152 (2:22.2411)	
5:19.8307 (1:11.1155)	6:29.4263 (1:09.5956)	7:38.0463 (1:08.6200)	
8:45.2974 (1:07.2511)			
6 Flood, Matt	98	Queen's Gael	8:58.02
35.5507 (35.5507)	1:46.0274 (1:10.4767)	2:57.2129 (1:11.1855)	
2:57.4618 (0.2489)	4:08.4563 (1:10.9945)	5:19.6963 (1:11.2400)	
6:31.3029 (1:11.6066)	7:44.4085 (1:13.1056)	8:58.0185 (1:13.6100)	
7 Brown, Dylan	93	Laurentian	8:58.86
36.1807 (36.1807)	1:49.4229 (1:13.2422)	3:02.1263 (1:12.7034)	
4:08.1163 (1:05.9900)	4:13.1185 (5.0022)	5:24.3652 (1:11.2467)	
6:36.1185 (1:11.7533)	7:49.3163 (1:13.1978)	8:58.8563 (1:09.5400)	
8 Roberts, Nicholas	98	Ottawa Gee-Gees	9:02.65
35.2018 (35.2018)	1:45.2896 (1:10.0878)	2:57.0029 (1:11.7133)	
4:08.2541 (1:11.2512)	5:19.5663 (1:11.3122)	6:33.1863 (1:13.6200)	
7:49.9752 (1:16.7889)	9:02.6474 (1:12.6722)		
9 Roy, Jackson	02	Ottawa Lions	9:03.89
36.6796 (36.6796)	1:51.2307 (1:14.5511)	3:05.9929 (1:14.7622)	
4:20.8874 (1:14.8945)	5:33.8696 (1:12.9822)	6:47.0641 (1:13.1945)	
7:58.7852 (1:11.7211)	9:03.8907 (1:05.1055)		
10 Campbell, Alexandre	01	Ville-Marie	9:17.94
35.3574 (35.3574)	1:47.7285 (1:12.3711)	2:57.8429 (1:10.1144)	
4:09.6085 (1:11.7656)	5:22.3796 (1:12.7711)	6:39.4274 (1:17.0478)	
8:01.4429 (1:22.0155)	9:17.9374 (1:16.4945)		
11 Lambert, Nick	00	Laurentian	9:17.97
36.2963 (36.2963)	1:49.6863 (1:13.3900)	3:02.3885 (1:12.7022)	
4:13.7285 (1:11.3400)	5:30.1763 (1:16.4478)	6:47.8352 (1:17.6589)	
8:06.6352 (1:18.8000)	9:17.9685 (1:11.3333)		
12 Collins, Bryan	95	Unattached	9:21.03
38.5141 (38.5141)	1:56.4752 (1:17.9611)	3:10.0785 (1:13.6033)	
4:23.9674 (1:13.8889)	5:39.2107 (1:15.2433)	6:54.5641 (1:15.3534)	
8:09.6896 (1:15.1255)	9:21.0285 (1:11.3389)		
13 Li, Shengan	99	Queen's Gael	9:21.55
37.9241 (37.9241)	1:55.0818 (1:17.1577)	3:09.9896 (1:14.9078)	
4:23.4629 (1:13.4733)	5:38.9374 (1:15.4745)	6:55.0041 (1:16.0667)	
8:09.6741 (1:14.6700)	9:21.5485 (1:11.8744)		
14 Cino, Sebastian	03	Ottawa Lions	9:22.44
36.7318 (36.7318)	1:50.9441 (1:14.2123)	3:06.2596 (1:15.3155)	
4:20.7896 (1:14.5300)	5:36.0574 (1:15.2678)	6:53.6141 (1:17.5567)	
8:10.4652 (1:16.8511)	9:22.4407 (1:11.9755)		
15 Riek, Paul	97	Unattached	9:22.53
37.8296 (37.8296)	1:56.2629 (1:18.4333)	3:11.7696 (1:15.5067)	
4:27.6407 (1:15.8711)	5:43.7852 (1:16.1445)	7:00.0318 (1:16.2466)	
8:15.1941 (1:15.1623)	9:22.5274 (1:07.3333)		
16 Scace, Matt	97	Queen's Gael	9:23.02
38.2763 (38.2763)	1:56.2241 (1:17.9478)	3:10.3763 (1:14.1522)	
4:24.3541 (1:13.9778)	5:39.4052 (1:15.0511)	6:54.7141 (1:15.3089)	
8:10.5996 (1:15.8855)	9:23.0163 (1:12.4167)		
17 Johnson, Matt	96	Queen's Gael	9:28.10
38.1374 (38.1374)	1:56.5485 (1:18.4111)	3:12.0641 (1:15.5156)	
4:27.9452 (1:15.8811)	5:44.1041 (1:16.1589)	7:00.3163 (1:16.2122)	
8:15.5541 (1:15.2378)	9:28.1007 (1:12.5466)		

18 Wyonch, Kyle	00	Rmc Paladins	9:32.78
36.6263 (36.6263)	1:49.2252 (1:12.5989)	3:03.4018 (1:14.1766)	
4:20.6907 (1:17.2889)	5:36.4096 (1:15.7189)	6:55.0429 (1:18.6333)	
8:16.5618 (1:21.5189)	9:32.7785 (1:16.2167)		
19 Richard-Campeau, Robin	78	Kalenjins	10:12.91
39.1352 (39.1352)	1:59.4907 (1:20.3555)	3:20.5241 (1:21.0334)	
4:41.7107 (1:21.1866)	6:04.0152 (1:22.3045)	7:27.9296 (1:23.9144)	
8:53.1541 (1:25.2245)	10:12.9096 (1:19.7555)		
20 Lofranco, John	77	Ville-Marie	11:11.25
44.8652 (44.8652)	2:21.8196 (1:36.9544)	3:56.7341 (1:34.9145)	
5:28.1129 (1:31.3788)	6:50.3185 (1:22.2056)	8:18.8529 (1:28.5344)	
9:46.0829 (1:27.2300)	11:11.2507 (1:25.1678)		
21 Landsberger, Les	58	Ville-Marie	11:54.55
44.6852 (44.6852)	2:22.0685 (1:37.3833)	3:57.0052 (1:34.9367)	
5:29.1718 (1:32.1666)	7:03.6018 (1:34.4300)	8:40.6563 (1:37.0545)	
10:20.6118 (1:39.9555)	11:54.5441 (1:33.9323)		

## Men 60 Meter Hurdles Open

<b>Dome (Open):</b>	<b>7.96 D 1/12/2008</b>	<b>Charles Allen</b>
<b>Dome (u20):</b>	<b>8.14 ! 3/3/2012</b>	<b>Gabreil Slythe-Leveille</b>
<b>Meet Record:</b>	<b>8.13 M 1/23/2016</b>	<b>Sekou Kaba</b>
<b>USport AutoQ:</b>	<b>8.22 U</b>	

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1 Florestal, Kensley	95	Perfmax-Racing	8.50q
2 Dacosta, Tyler	98	Ottawa Gee-Gees	8.89q
3 Tavernier, Telvin	93	Unattached	9.01q
4 Nault, Kevin	94	Unattached	9.07q
5 Morassut, Laim	01	Queen's Gael	9.22q
6 Brougham, Derek	96	Ottawa Gee-Gees	10.19q

## Men 60 Meter Hurdles Open

<b>Dome (Open):</b>	<b>7.96 D 1/12/2008</b>	<b>Charles Allen</b>
<b>Dome (u20):</b>	<b>8.14 ! 3/3/2012</b>	<b>Gabreil Slythe-Leveille</b>
<b>Meet Record:</b>	<b>8.13 M 1/23/2016</b>	<b>Sekou Kaba</b>
<b>USport AutoQ:</b>	<b>8.22 U</b>	

Name	Yr	Team	Finals
<b>Finals</b>			
1 Florestal, Kensley	95	Perfmax-Racing	8.66
2 Nault, Kevin	94	Unattached	8.84
3 Dacosta, Tyler	98	Ottawa Gee-Gees	8.84
4 Tavernier, Telvin	93	Unattached	8.96
5 Morassut, Laim	01	Queen's Gael	9.23

## Men 4x200 Meter Relay Open

<b>Dome (Open):</b>	<b>1:25.28 D 2/11/2012</b>	<b>University of Ottawa</b>
<b>Meet Record:</b>	<b>1:25.28 M 2/11/2012</b>	<b>University of Ottawa</b>
<b>USport AutoQ:</b>	<b>1:27.50 U</b>	

Team	Relay	Finals
<b>Finals</b>		
1 Montréal Carabins	A	1:28.56
1) Côté, Thomas 96	2) Renélique, Taylor 99	
3) Maazami, Youssef-Mehdi 95	4) Khelifa, Azer 97	

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## Results

## Finals ... (Men 4x200 Meter Relay Open)

Team	Relay	Finals
2 Ottawa Lions T.F.C	A	1:32.06
1) Adeleye, David 02	2) Robinson, Sam 03	
3) Newman, Keito 03	4) McHale, Shea 01	
3 Ottawa Gee-Gees	A	1:32.17
1) Dacosta, Tyler 98	2) Ross, Conor 98	
3) Sprague, Kyle 00	4) Ajayi, Femi 97	
4 C.A.N.I. Athletics	A	1:32.92
5 C.A.N.I. Athletics	B	1:35.63
6 Ottawa Gee-Gees	B	1:36.59
1) Tang, Matthew 97	2) Deans, Matthew 90	
3) Tiendrebeogo, Otheniel 96	4) Ajaero, Chukwuemeka 99	
7 C.A.N.I. Athletics	C	1:45.76

## Men 4x400 Meter Relay Open

**Dome (Open):** 3:07.71 D 2/12/2011 National Centre - Ottawa Selects  
**Meet Record:** 3:07.71 M 2/12/2011 National Centre - Ottawa Selects  
**USport AutoQ:** 3:17.03 U

Team	Relay	Finals
1 Ottawa Gee-Gees	A	3:27.09
1) Lyness, Quinn 00	2) Jones, Luke 96	
3) Leger, Zacharie 01	4) Vukovic, Luka 98	
50.9869 (50.9869)	1:44.0257 (53.0388)	2:35.9235 (51.8978)
3:27.0891 (51.1656)		
2 Montréal Carabins	A	3:30.53
1) Medouni, Alexandre 00	2) Samson, Gabriel 99	
3) Sanvi, Yanis 99	4) Mama-Yari, Zakary 98	
53.5902 (53.5902)	1:47.5513 (53.9611)	2:40.3924 (52.8411)
3:30.5235 (50.1311)		

## Men High Jump Open

**Dome (Open):** 2.13m D 1/20/2018 Ryad Selloum  
**Dome (u20):** 2.09m ! 4/10/2014 Leaugen Fray  
**Meet Record:** 2.13m M 1/20/2018 Ryad Selloum  
**USport AutoQ:** 2.07m U

Name	Yr	Team	Finals
1 Lafleur, Hans	96	C.A.N.I.	2.10m
2 Sprague, Kyle	00	Ottawa Gee-Gees	1.95m
3 Becker, Thomas	03	C.A.N.I.	1.90m
4 Bérubé, Antoine	95	Montréal Carabin	1.60m
5 Muir, Robert	68	Ottawa Lions	1.40m

## Men Pole Vault Open

**Dome (Open):** 5.10m D 12/2/2005 John Zubyck  
**Dome (u20):** 4.45m ! 2/19/2006 Andrew Debus  
**Meet Record:** 4.65m M 1/20/2017 Ross Benn  
**USport AutoQ:** 4.82m U

Name	Yr	Team	Finals
1 Anger, Aidan	99	Guelph Gryphons	J4.25m
2 Bustillos, Jesus	02	Ottawa Lions	J4.25m
3 Tavernier, Telvin	93	Unattached	J4.25m

4 Nault, Kevin	94	Unattached	3.80m
--- Leveille, Maxime	98	Sherbrooke Vert-	NH

## Men Long Jump Open

**Dome (Open):** 7.52m D 2/12/2011 Oluseyi Smith  
**Dome (u20):** 7.07m ! 4/6/2010 David Nsabua  
**Meet Record:** 7.52m M 2/12/2011 Oluseyi Smith  
**USport AutoQ:** 7.15m U

Name	Yr	Team	Finals
1 Salomé, Lou-Emmanuel	00	Uqam Citadin	6.77m
2 Brougham, Derek	96	Ottawa Gee-Gees	6.10m
3 Bérubé, Antoine	95	Montréal Carabin	5.99m
4 Hansen, Luke	02	National Capital	5.90m
5 Colquham, Jackson	01	Ottawa Gee-Gees	5.69m
6 Maillé, Gabriel	95	Montréal Carabin	5.47m
7 Mohamed Reda, El Azali	97	Ottawa Gee-Gees	5.25m
8 Powles, Gregory	99	Ottawa Gee-Gees	4.88m
9 Halog, Jonelle	95	C.A.N.I.	4.82m
10 Muir, Robert	68	Ottawa Lions	3.67m
--- Eveillard, Kensley	99	Ottawa Gee-Gees	FOUL

## Men Triple Jump Open

**Dome (Open):** 14.94m D 3/3/2012 David Nsabua  
**Dome (u20):** 14.94m ! 3/3/2012 David Nsabua  
**Meet Record:** 14.56m M 1/20/2017 Bryson Patterson  
**USport AutoQ:** 14.61m U

Name	Yr	Team	Finals
1 Divita, Japhet	00	C.A.N.I.	13.58m
2 Colquham, Jackson	01	Ottawa Gee-Gees	12.79m
3 Eveillard, Kensley	99	Ottawa Gee-Gees	12.05m

## Men Shot Put Open

**Dome (Open):** 15.27m D 3/2/2013 Brandon Deslauriers  
**Dome (u20):** 15.27m ! 3/2/2013 Brandon Deslauriers  
**Meet Record:** 15.65m M 2/12/2011 Brandon Deslauriers  
**USport AutoQ:** 15.81m U

Name	Yr	Team	Finals
1 Ovington, Brandon	01	Beckwith	15.33m!
2 Kizell, William	03	Brockville	11.98m
3 Savoie, Louis-Philippe	94	Montréal Carabin	10.25m
4 Bérubé, Antoine	95	Montréal Carabin	10.04m
5 Maillé, Gabriel	95	Montréal Carabin	9.52m

## Men Weight Throw Open

**Dome (Open):** 19.80m D 2/11/2012 Jason Baines  
**Dome (u20):** 14.97m ! 1/23/2016 Drew Erskine  
**Meet Record:** 19.80m M 2/11/2012 Jason Baines  
**USport AutoQ:** 16.97m U

Name	Yr	Team	Finals
1 Zaitchouk, Boris	47	Unattached	15.68m
2 Rohonczy, Irme	64	Unattached	14.98m

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## Finals ... (Men Weight Throw Open)

	<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Finals</b>
3	Xu, Oscar	04	Unattached	14.22m
4	Tremblay, Mathieu	93	Ottawa Gee-Gees	12.53m
5	Kizell, William	03	Brockville	11.85m
6	Muller, Emil	35	Throwers Club	11.84m