



**TORONTO TRACK & FIELD CENTRE
THROWERS CLUB MEET #1
May 27, 2017 RESULTS**

THROWS PENTATHLON

MASTERS

Men	HT	SP	DT	JT	WT	PTS
Men 75-79						
David Morris 79						
Meters	24.53	8.34	24.01	16.72	9.46	
AG Mark	40.44	11.67	34.41	31.65	11.62	
Perf.%	46.63%	50.48%	46.45%	32.14%	44.94%	
Points	519	586	552	322	543	2,522
Men 70-74						
John Kasperski 73						
Meters	30.68	10.19	32.24	0.00	13.09	
AG Mark	44.55	13.04	41.20	0.00	14.93	
Perf.%	51.37%	56.44%	55.62%	0.00%	57.75%	
Points	587	670	689	0	731	2,677
Men 60-64						
Bill Pearson 64						
Meters	30.55	9.99	32.08	25.34	11.67	
AG Mark	39.96	12.46	34.09	35.83	12.16	
Perf.%	46.08%	53.93%	46.02%	36.38%	47.04%	
Points	512	634	545	382	573	2,646
Men 55-59						
Peter St. Pierre 58						
Meters	24.73	8.33	21.06	33.91	9.19	
AG Mark	32.50	10.58	23.38	45.37	10.31	
Perf.%	37.48%	45.78%	31.56%	46.07%	39.89%	
Points	391	521	336	520	469	2,237

THROWS PENTATHLON

MASTERS

Women	HT	SP	DT	JT	WT	PTS
Women 50-54						
Kristen Dajia 54						
Meters	36.77	8.84	25.26	18.09	0.00	
AG Mark	47.20	11.14	33.16	23.78	0.00	
Perf.%	61.31%	49.25%	43.18%	32.58%	0.00%	
Points	870	604	522	359	0	2,355

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**TRIATHLON
MASTERS
Men**

Men 74-79

Gary McColeman 75

Meters	0.00	6.42	13.76	12.85	0.00	912
AG Mark	0.00	8.98	19.72	24.32	0.00	
Perf.%	0.00%	38.86%	26.62%	24.70%	0.00%	
Points	0	425	267	220	0	

Men 65-69

Peter Zowkewych 66

Meters	0.00	10.49	27.33	30.32	0.00	1,794
AG Mark	0.00	14.27	31.80	47.35	0.00	
Perf.%	0.00%	61.74%	42.93%	48.09%	0.00%	
Points	0	745	500	549	0	

Jerzy Wyroba 67

Meters	0.00	10.57	22.68	20.46	0.00	1,473
AG Mark	0.00	14.38	26.39	31.95	0.00	
Perf.%	0.00%	62.21%	35.63%	32.45%	0.00%	
Points	0	752	394	327	0	

Men 50-54

Walter Robert 54

Meters	0.00	8.40	25.49	24.87	0.00	1,170
AG Mark	0.00	9.84	26.04	30.53	0.00	
Perf.%	0.00%	42.58%	35.16%	31.01%	0.00%	
Points	0	476	387	307	0	

**TRIATHLON
MASTERS
Women**

Women 40-44

Jenn Bowers 41

Meters	0.00	6.54	18.05	25.22	0.00	1,087
AG Mark	0.00	7.25	20.12	28.93	0.00	
Perf.%	0.00%	32.08%	26.21%	39.64%	0.00%	
Points	0	351	280	456	0	



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SINGLE EVENTS
MASTERS

Men

Hammer		M	AG Mark	Perf. %	Points
Men 65-69					
Ralph Shapiro	65	20.50	30.04	34.64%	351
Men 55-59					
Thomas Lambdin	56	41.98	55.18	63.62%	762

Shot Put		M	AG Mark	Perf. %	Points
Men 65-69					
Jerzy Wyroba	68	10.89	14.81	64.09%	778
Peter Zowkewych	66	10.59	14.40	62.33%	753
Ralph Shapiro	65	9.06	12.32	53.32%	626
Dev Sharma	69	7.26	9.87	42.73%	478
Men 50-54					
Lennart Berglund	51	13.11	15.36	66.46%	812
Walter Robert	54	8.53	9.99	43.24%	485
Men 35-39					
Darren Negri	37	9.60	9.95	43.07%	483

Discus		M	AG Mark	Perf. %	Points
Men 65-69					
Ralph Shapiro	65	32.74	38.09	51.43%	626
Peter Zowkewych	66	27.33	31.80	42.93%	500
Jerzy Wyroba	68	22.68	26.39	35.63%	394
Men 55-59					
Peter St. Pierre	58	24.59	27.30	36.86%	412
Men 50-54					
Lennart Berglund	51	35.38	36.15	48.80%	587
Walter Robert	54	26.02	26.58	35.89%	398
Men 35-39					
Darren Negri	37	28.53	28.93	39.06%	443

Javelin		M	AG Mark	Perf. %	Points
Men 65-69					
Jerzy Wyroba	68	20.46	31.95	32.45%	327
Men 55-59					
Peter St. Pierre	58	33.91	45.37	46.07%	520
Men 50-54					
Richard Parkinson	53	45.14	55.42	56.28%	669
Walter Robert	54	27.13	33.31	33.82%	346

Weight		M	AG Mark	Perf. %	Points
Men 65-69					
Ralph Shapiro	65	9.70	10.81	41.83%	497
Men 55-59					
Thomas Lambdin	56	13.52	15.17	58.69%	745



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SINGLE EVENTS
MASTERS

Women

Hammer		M	AG Mark	Perf. %	Points
Women 65-69					
Rhona Trott	68	28.56	48.66	63.20%	903
Lucille Green	68	17.55	29.90	38.83%	491

Shot Put		M	AG Mark	Perf. %	Points
Women 65-69					
Lucille Green	68	4.90	8.13	35.94%	408
Women 60-64					
Doreen Garner	63	9.79	14.69	64.96%	840 Can. Rec.

Discus		M	AG Mark	Perf. %	Points
Women 60-64					
Doreen Garner	63	25.33	40.42	52.64%	662

Javelin		M	AG Mark	Perf. %	Points
Women 55-59					
Barb Dabrowski	59	32.25	46.70	63.98%	796

Weight		M	AG Mark	Perf. %	Points
Lucille Green	67	6.85	9.08	38.49%	437

SINGLE EVENTS
PARA ATHLETES

Women

Discus		M
Heather Cowley	F44	27.92
Heather Cowley	F44	22.96



TORONTO TRACK FIELD CENTRE
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SINGLE EVENTS

OPEN/JUNIOR/YOUTH/MIDGET/BANTAM

Men

Hammer	Age	M
<i>Bantam</i>		
Daniel Andric	13	32.55
<i>Junior</i>		
John Reston	18	43.29
<i>Senior</i>		
Jonathon Raspanti	20	46.92

Shot Put	Age	M
<i>Youth</i>		
Ronneak Cole	17	13.69
<i>Senior</i>		
Eli Pawliw	22	17.17
Eric Brathwaite	26	16.97
Nathan Stern	26	14.42
Robert Pipitone	20	8.86

Discus	Age	M
<i>Bantam</i>		
Daniel Andric	13	27.44
<i>Youth</i>		
Ronneak Cole	17	39.49
<i>Senior</i>		
Adam Karakolis	24	48.87
Jonathon Raspanti	20	ND

Javelin	Age	M
<i>Bantam</i>		
Daniel Andric	13	29.21
<i>Youth</i>		
Dan Durkin	16	36.65
<i>Junior</i>		
Benjamin Cross	19	65.14 SB
<i>Senior</i>		
Robert Pipitone	20	33.02



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SINGLE EVENTS

OPEN/JUNIOR/YOUTH/MIDGET

Female

Hammer	CL	M
<i>Junior</i>		
Savannah Laroche	19	46.92
Raba Mustapha	18	38.03
<i>Senior</i>		
Jordana Badley-Castello	23	55.88
Sarah Mitton	20	48.08

Shot Put	Age	M
<i>Tyke</i>		
Emma Negri	9	4.23
<i>Junior</i>		
Dallyssa Huggins	18	11.50
<i>Senior</i>		
Sarah Mitton	20	15.38

Discus	Age	M
<i>Tyke</i>		
Emma Negri	9	6.78
<i>Junior</i>		
Raba Mustafa	18	30.01

Javelin	Age	M
<i>Junior</i>		
Dallyssa Huggins	18	35.93

