

Women Open 800 Meter Run

Record	Flag	Time/mark	Date	
Canadian:	*	1:57.02	20/08/2016	Melissa Bishop--Canada
Ontario:	R	1:57.02	20/08/2016	Melissa Bishop--(88)
RCLDS:	!	2:05.74	24/05/2011	Melissa Bishop--Ottawa

PL	Name	Affiliation	Time	H#
1	Janelle Hanna	95	2:17.02	2
2	Kennedy Thomson	98 Unattached Ontario	2:20.49	2
3	Heather Maxfield	92 Lakehead Running	2:22.59	2
4	Emily Bryce	03 Saugeen Tfc	2:22.98	1
5	Kaylee White	01 Sarnia Athle	2:24.18	2
6	Sydney Pattison	98	2:24.37	2
7	Hope Harnack	00 Speed River Tfc	2:24.46	2
8	Hallee Knelsen	03 St Thomas Legion TC	2:25.47	2
9	Clarissa Sladek	02 London Legion TF	2:25.92	2
10	Amberle MacDonald	02 Durham Drago	2:26.14	1
11	Gabrielle Herzenberg	01 U of Toronto TC	2:27.71	2
12	Kyleigh Stubbs	00 London Western Tfc	2:31.06	2
13	Bethany Wilken	99 Saugeen Tfc	2:33.39	1
14	Kaitlyn Koyanagi	06 London Legion TF	2:34.46	1
15	Arielle Aitken-Guignard	03 London Legion TF	2:39.73	1
16	Cerena Aitken-Guignard	05 London Legion TF	2:46.02	1
17	Jodi Rice	69 Invictus Ath	2:47.71	1
18	Rebecca Christensen	04 London Western Tfc	2:54.78	1
19	Emma Meidlein	05 London Western Tfc	2:58.48	1
20	Alissa Iannelli	05 London Western Tfc	3:02.28	1

Men Open 800 Meter Run

Record	Flag	Time/mark	Date	
Canadian:	*	1:43.68	29/07/2008	Gary Reed--Canada
Ontario:	R	1:43.95	22/07/2016	Brandon McBride--(94)
RCLDS:	!	1:47.23	28/06/2015	Anthony Romaniw--Speed

PL	Name	Affiliation	Time	H#
1	Sam Wyatt	00 Huron-Perth Wind	1:55.21	3
2	Evan Stevens	91 Sarnia Athle	1:55.31	3
3	Tyrone Traher	00 London Western Tfc	1:56.76	3
4	Cole Hannam	99 Speed River Tfc	1:56.77	3
5	Kyle Koyanagi	01 London Western Tfc	1:57.96	3
6	Matthew Donnelly	01 Saugeen Tfc	1:58.34	3
7	Korbett Cator	01 Speed River Tfc	1:58.51	2
8	Josh Zilles	97 Speed River Tfc	1:58.85	3
9	Jacob Rothera	94 U OF Windsor	1:59.06	2
10	Evan Burke	01 London Western Tfc	1:59.08	2
11	Nathan Outridge	97 U OF Windsor	1:59.77	2
12	Brendan McCarthy	98 U OF Windsor	2:00.32	3
13	Mitchell Heyink	98 London Western Tfc	2:00.51	2
14	Jack Adams	00 London Legion TF	2:01.38	3
15	Nathen Chapple	99 Sarnia Athle	2:02.13	2
16	Bill Wells	74 U of Toronto TC	2:05.40	2
17	Jay Brecher	74 U of Toronto TC	2:05.72	2
18	Ryan Harmer	01 Huron-Perth Wind	2:07.58	2
19	Owen Norland	01 Sarnia Athle	2:07.68	2
20	Nathan Drouillard	99 U OF Windsor	2:07.83	2

21	Harrison Belanger	04 St Thomas Legion TC	2:20.31	1
22	Logan Harmer	03 Huron-Perth Wind	2:26.56	1
23	Owen Ireland	05 London Western Tfc	2:35.71	1
24	Owen Hardy	02	2:37.59	1
25	Hayden Agar	04 London Runner Di	2:41.07	1
26	Owen Drouillard	02 U OF Windsor	2:43.24	1
27	Luke Feltham	06 London Western Tfc	2:43.88	1
28	William McBurney	08 London Runner Di	2:53.60	1
29	Ian McAllister	05 London Runner Di	2:54.60	1

Men Open 3000 Meter Run

Record	Flag	Time/mark	Date	
Canadian:	*	7:41.61	22/07/2008	Kevin Sullivan--
Ontario:	R	7:41.61	22/07/2008	Keving Sullivan--(1974)
RCLDS:	!	8:09.82	10/06/2012	Aaron Hendrikx--London

PL	Name	Affiliation	Time	H#
1	Kevin Blackney	91 London Western Tfc	8:28.12	2
2	Jonathan Favero	97 Harbour Track	8:28.45	2
3	Joshua Zelek	01 Huron-Perth Wind	8:33.49	2
4	Paul Rochus	94 Harbour Track	8:43.07	2
5	Ryan Tyrrell	98 Harbour Track	8:43.29	2
6	Gregory Danayan	99 Speed River Tfc	8:44.07	2
7	Nicholas Bannon	00 Speed River Tfc	8:46.58	2
8	Sam Nusselder	99 Saugeen Tfc	8:49.27	2
9	Justyn Tyrrell	97 Harbour Track	8:56.58	2
10	Santiago Gaitan	01 Niagara Regional	8:59.58	2
11	Joey Hardy	99 London Runner Di	9:32.00	1
12	Kyle Farquharson	99 London Western Tfc	9:40.53	1
13	Stephen Robinson	00 London Runner Di	9:41.32	1
14	Liam Fitzgerald	02 Saugeen Tfc	9:45.63	1
15	Owen Peters	03 London Runner Di	10:17.55	1
16	Nathaniel Wells	99	10:22.26	1
17	Heath McAllister	04 London Runner Di	10:50.71	1
18	Zach Staffell	99 London Runner Di	10:55.35	1

Women Open 3000 Meter Run

Record	Flag	Time/mark	Date	
Canadian:	*	8:32.17	23/09/1994	Angela Chalmers--
Ontario:	R	8:44.02	26/07/2013	Sheila Reid--(89)
RCLDS:	!	9:23.62	02/06/2010	Nicole Bush--Michigan

PL	Name	Affiliation	Time	H#
1	Leslie Sexton	87 London Runner Di	10:15.55	
2	Caroline Forbes	00 Sarnia Athle	10:49.62	
3	Sarah Turner	00 Durham Drago	10:55.25	
4	Brooke Jez	02 Saugeen Tfc	11:04.74	
5	Daniela Papac	99 U OF Windsor	11:37.14	
6	Hannah English	01 Speed River Tfc	11:41.26	