



**TORONTO TRACK & FIELD CENTRE
THROWERS CLUB MEET #2
July 22, 2017 RESULTS**

THROWS PENTATHLON
MASTERS

Men	HT	SP	DT	JT	WT	PTS
Men 75-79						
David Morris 79						
Meters	0.00	8.64	22.03	19.12	9.59	
AG Mark	0.00	12.08	31.57	36.19	11.78	
Perf.%	0.00%	52.29%	42.62%	36.76%	45.56%	
Points	0	611	495	387	552	2,045
Gary McColeman 75						
Meters	15.39	6.47	14.35	15.50	7.40	
AG Mark	25.37	9.05	20.56	29.34	9.09	
Perf.%	29.26%	39.16%	27.76%	29.80%	35.16%	
Points	277	429	283	290	401	1,680
Men 70-74						
John Kasperski 73						
Meters	29.11	10.42	29.36	19.63	11.33	
AG Mark	42.27	13.34	37.52	32.98	12.92	
Perf.%	48.74%	57.72%	50.65%	33.49%	49.98%	
Points	549	688	614	341	616	2,808
Men 65-69						
Bill Pearson 64						
Meters	27.48	10.40	31.26	25.12	11.38	
AG Mark	40.27	14.15	36.37	39.23	12.69	
Perf.%	46.43%	61.21%	49.11%	39.84%	49.08%	
Points	517	738	591	431	603	2,880
Men 50-54						
Tim Delyea 52						
Meters	19.06	6.83	17.38	16.02	6.12	
AG Mark	22.61	8.00	17.75	19.66	6.41	
Perf.%	26.07%	34.63%	23.97%	19.97%	24.82%	
Points	233	366	230	157	254	1,240

**TORONTO TRACK FIELD CENTRE
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JULY 22, 2017**

THROWS PENTATHLON

MASTERS

Women

	HT	SP	DT	JT	WT	PTS
Women 50-54						
Kristen Dajia	54					
Meters	39.55	9.32	27.22	19.69	11.97	
AG Mark	50.77	11.74	35.73	25.88	14.15	
Perf.%	65.94%	51.92%	46.53%	35.46%	59.96%	
Points	949	644	572	399	748	3,312

TRIATHLON

MASTERS

Men

Men 75-79						
Enrico Toscano	75					
Meters	0.00	5.94	15.13	11.25	0.00	
AG Mark	0.00	8.31	21.68	21.29	0.00	
Perf.%	0.00%	35.95%	29.27%	21.63%	0.00%	
Points	0	385	304	179	0	868
Men 65-69						
Peter Zowkewych	66					
Meters	0.00	10.54	30.23	31.96	0.00	
AG Mark	0.00	14.34	35.17	49.92	0.00	
Perf.%	0.00%	62.03%	47.49%	50.69%	0.00%	
Points	0	749	567	587	0	1,903
Men 60-64						
Bruce Urch	62					
Meters	0.00	8.61	23.53	28.05	0.00	
AG Mark	0.00	10.74	25.00	39.66	0.00	
Perf.%	0.00%	46.48%	33.76%	40.27%	0.00%	
Points	0	530	367	437	0	1,334
Men 50-54						
Walter Robert	54					
Meters	0.00	8.52	21.39	22.68	0.00	
AG Mark	0.00	9.98	21.85	27.84	0.00	
Perf.%	0.00%	43.19%	29.50%	28.28%	0.00%	
Points	0	484	307	269	0	1,060
Men 35-39						
Andrew Dabrowski	37					
Meters	0.00	10.90	35.58	46.40	0.00	
AG Mark	0.00	11.30	36.08	46.98	0.00	
Perf.%	0.00%	48.90%	48.72%	47.71%	0.00%	
Points	0	564	585	544	0	1,693



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SINGLE EVENTS

MASTERS

Men

Hammer

		M	AG Mark	Perf.%	Points
Men 75-79					
Enrico Toscano	75	16.02	26.41	30.46%	293
Men 55-59					
Thomas Lambdin	56	43.40	57.04	65.77%	793

Shot Put

		M	AG Mark	Perf.%	Points
Men 65-69					
Peter Zowkewych	66	10.54	14.34	62.03%	749
Ralph Shapiro	65	9.30	12.65	54.73%	646
Men 50-54					
Walter Robert	54	8.52	9.98	43.19%	484
Men 35-39					
Fernado Cornejo	38	10.61	11.00	47.60%	546
Darren Negri	37	10.07	10.44	45.18%	512
Men 30-34					
Andrew Dabrowski	37	11.53	11.95	51.73%	603
Anthony Pallucci	33	10.75	10.75	46.50%	531

Discus

		M	AG Mark	Perf.%	Points
Men 75-79					
Gary McColeman	75	14.35	20.56	27.76%	283
Men 65-69					
Ralph Shapiro	65	31.40	36.54	49.33%	595
Peter Zowkewych	66	30.69	35.71	48.21%	578
Ram Sharma	69	21.80	25.36	34.24%	374
Men 60-64					
Bruce Urch	62	30.04	31.92	43.10%	502
Men 50-54					
Walter Robert	54	22.09	27.12	27.54%	259
Men 35-39					
Andrew Dabrowski	37	35.91	36.42	49.17%	592
Fernado Cornejo	38	34.35	34.84	47.03%	560
Darren Negri	37	33.15	33.62	45.39%	536

Javelin

		M	AG Mark	Perf.%	Points
Men 65-69					
Peter Zowkewych	66	31.96	49.92	50.69%	587
Men 60-64					
Bruce Urch	62	28.05	39.66	40.27%	437
Men 50-54					
Walter Robert	54	24.25	29.77	30.23%	296
Men 35-39					
Andrew Dabrowski	37	46.40	46.98	47.71%	544

Weight

		M	AG Mark	Perf.%	Points
Men 65-69					
Ralph Shapiro	65				
Men 55-59					
Thomas Lambdin	56	12.84	14.41	55.73%	701



TORONTO TRACK FIELD CENTRE
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SINGLE EVENTS

MASTERS

Women

Hammer

None

M AG Mark Perf.% Points

Shot Put

M AG Mark Perf.% Points

Women 60-64

Doreen Garner 63 **10.04** 15.07 66.62% 866 **Can. Rec.**

Discus

M AG Mark Perf.% Points

Women 60-64

Doreen Garner 63 **24.69** 39.40 51.31% 643

Javelin

M AG Mark Perf.% Points

None

Weight

M AG Mark Perf.% Points

None



TORONTO TRACK FIELD CENTRE
THROWERS CLUB MEET #2
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SINGLE EVENTS

OPEN/JUNIOR/YOUTH/MIDGET/BANTAM

Male

Hammer

Age M

Youth

Cole Belkwell 17 54.83

Senior

Jonathon Raspanti 20 48.50

Shot Put

Age M

Bantam

Toren Burr 14 10.98

Youth

Cole Belkwell 17 16.50

Osayame Osaghae 16 11.35

Junior

Diego Cabrera 18 12.84

Matthew Bartoletta 18 12.78

Senior

Tim Nedow 26 20.01

Eli Pawliw 22 16.76

Sasha Dajia 21 16.06

Eric Brathwaite 26 16.04

Discus

Age M

Bantam

Toren Burr 14 34.17

Youth

Cole Belkwell 17 48.84

Matthew Martin 17 42.59

Osayame Osaghae 16 39.35

Junior

Diego Cabrera 18 44.05

Senior

Adam Karakolis 24 49.93

Sasha Dajia 21 48.46

Jonathon Raspanti 20 45.00

Javelin

Age M

Bantam

Toren Burr 14 43.88

Midget

Max Rath 15 47.00

Daniel Zhang 15 41.88

Youth

Aidan Pawliw 16 42.95

Jackson Truong 17 38.13

Junior

Benjamin Cross 19 63.53

Andy Coleman 18 50.42

Senior

Evan Karakolis 23 70.20

John Krzyszkowski 23 63.97



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SINGLE EVENTS

OPEN/JUNIOR/YOUTH/MIDGET

Female

Hammer

CL M

Bantam

Jesse Buck 13 27.65

Junior

Raba Mustapha 18 36.89

Senior

Jordana Badley-Castello 23 57.47

Shot Put

Age M

Tyke

Emma Negri 9 5.42

Midget

Omonye Osezua 14 11.11

Junior

Taya Blimbaum 18 10.52

Victoria Young 19 8.60

Senior

Sarah Mitton 20 15.89

Discus

Age M

Tyke

Emma Negri 9 11.11

Bantam

Jessie Buck 13 20.52

Midget

Omonye Osezua 14 19.53

Junior

Taya Blimbaum 18 29.33

Javelin

Age M

Bantam

Jessie Buck 13 20.46

Junior

Amirah Anerson-Richards 19 35.32

Senior

Melissa Fraser 28 45.19

Weight

Junior

Raba Mustapha 18 11.30

