

Pre Nats Tune-up - 7/16/2019**Varsity Stadium****Results****Girls 100 Meter Hurdles U18 - 30'**

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Mactavish, Heather	Peak Velocit	17.00	17.32q	1.2
2 Pellar, Sophie	University o	17.00	17.95q	1.2
3 Labricciosa, Sofia	Thorold Elit	16.00	19.18q	1.2

Girls 100 Meter Hurdles U18 - 30'

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Mactavish, Heather	Peak Velocit	17.32	16.68	1.6
2 Labricciosa, Sofia	Thorold Elit	19.18	18.27	1.6

Girls Discus Throw U16 - 1KG

Name	Year Team	Seed	Finals
1 Saldutto, Sophia	Unattached		27.31m

Girls Javelin Throw U16 - 500g

Name	Year Team	Seed	Finals
1 Saldutto, Sophia	Unattached		31.75m

Girls Javelin Throw U18 - 500g

Name	Year Team	Seed	Finals
1 Cuffy, Shai	Boost Athlet		31.53m

Women 100 Meter Dash

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 George, Phylcia	Unattached	11.47	11.64q	0.2	1
2 Simon-Tucker, Monique	York Univers	12.00	12.20q	0.2	1
3 Boa, Diana	York Univers	12.10	12.75q	0.2	1
4 Broomfield, Alanah	York Univers	12.50	12.79q	0.2	1
5 Harris, Kimora	York Univers	12.60	12.81q	0.7	2
6 Witherspoon, Nicolette	York Univers	12.40	12.87q	0.2	1
7 Manners, Hayley	Etobicoke Tr	12.50	12.97q	0.2	1
8 Carinci, Natalie	Etobicoke Tr	12.30	13.11q	0.2	1
9 Pedrero, Claudia	University o	13.30	13.38	0.7	2
10 Garfunkel, Violeta	University o	13.50	13.48	0.7	2
11 McCrory, Kim	University o	13.50	13.60	0.7	2
12 Zinman, Debbie	University o	13.89	13.79	0.7	2
13 D'Oliveira, Alexandra	University o	14.00	13.97	-0.1	3
14 Christie, Jillian	York Univers	13.00	14.70	0.7	2
15 Santarossa, Sonia	University o	15.90	15.95	-0.1	3

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Women 100 Meter Dash

Name	Year Team	Prelims	Finals	Wind
Finals				
1 George, Phylisia	Unattached	11.64	11.58	1.7
2 Simon-Tucker, Monique	York Univers	12.20	12.21	1.7
3 Boa, Diana	York Univers	12.75	12.45	1.7
4 Broomfield, Alanah	York Univers	12.79	12.56	1.7
5 Harris, Kimora	York Univers	12.81	12.67	1.7
6 Witherspoon, Nicolette	York Univers	12.87	12.75	1.7
7 Carinci, Natalie	Etobicoke Tr	13.11	12.84	1.7
8 Manners, Hayley	Etobicoke Tr	12.97	13.07	1.7

Women 200 Meter Dash

Name	Year Team	Seed	Finals	Wind	H#
1 Innanen, Katrina	University o	24.52	25.04	NWI	1
2 Smart, Sian	University o	24.63	25.14	NWI	1
3 Witherspoon, Nicolette	York Univers	25.70	26.01	NWI	1
4 Okpali, Favour	University o	25.55	26.24	NWI	1
5 Broomfield, Alanah	York Univers	25.50	26.33	NWI	1
6 Harris, Kimora	York Univers	25.60	26.52	NWI	1
7 Lena, Luiza	Etobicoke Tr	26.30	26.84	NWI	2
8 Carinci, Natalie	Etobicoke Tr	27.10	27.31	NWI	2
9 Kischuk, Elaina	York Univers	26.00	28.23	NWI	2
10 Mactavish, Heather	Peak Velocit	28.81	29.14	NWI	2

Women 600 Meter Run

Name	Year Team	Seed	Finals
1 Okpali, Favour	University o	1:33.00	1:37.48
2 Bérubé Boutin, Julia	University o	1:35.00	1:39.47

Women 800 Meter Run

Name	Year Team	Seed	Finals	H#
1 Jackson, Ella	Durham Drago	2:12.00	2:11.90	1
2 Banhara, Gabriella	University o	2:09.50	2:11.91	1
3 Knoth, Antonia	University o	2:18.00	2:19.10	1
4 Tambakis, Daphne	Blue Devils	2:18.00	2:19.95	1
5 Graham, Emma	University o	2:20.00	2:21.25	1
6 Hatcher, Anna	University o	2:28.00	2:23.21	2
7 Doorenspleet, Zoe	Central Toro	2:21.00	2:23.32	2
8 Hollins, Hanna	Durham Dragons	2:20.00	2:23.50	2
9 Smailbegovic, Ena	University o	2:23.00	2:24.44	2
10 McIntosh, Abigail	University o	2:20.00	2:24.48	2
11 Sun, Sophie	Etobicoke Tr	2:21.00	2:25.00	2
12 Harvey-McKean, Reid	Durham Dragons	2:20.00	2:28.92	2
13 Martinsen, Vilde	Unattached	2:31.57	2:30.95	3
14 Hatcher, Charlotte	University o	2:28.00	2:31.30	2
15 De Oliveira, Giovanna	Blue Devils	2:32.00	2:32.17	3
16 Cox, Miranda	London Weste	2:44.85	2:44.97	3
17 Dinning, Emma	Thorold Elit	2:37.00	2:45.18	3

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...Women 800 Meter Run

18 Barida, Caitlin	University o	2:41.00	2:47.29	3
19 Kyte, Paige	Greater Uxbr	2:45.00	2:48.06	3

Women 1500 Meter Run

Name	Year Team	Seed	Finals	H#
1 Lam-Colling, Jardine	University o	4:26.00	4:30.18	1
2 Nock, Paige	Durham Drago	4:36.00	4:32.36	1
3 Maddocks, Beatrix	University o	4:33.00	4:41.52	1
4 Jackson, Meg	Durham Drago	4:44.00	4:50.71	1
5 Bowe, Sofia	Toronto West	4:52.00	4:53.87	1
6 Fraser, Hayley	Toronto West	4:54.00	4:59.01	1
7 Cousineau, Grace	Toronto West	4:55.00	4:59.16	1
8 McDougall, Alexandra	Greater Uxbr	5:00.00	5:01.50	2
9 Duggan, Erin	Toronto West	5:00.00	5:03.41	2
10 Kramer, Catie	Durham Drago	4:52.00	5:04.08	1
11 Sanderson Kirby, Kayla	Toronto West	4:53.00	5:19.59	1
12 Della Penna, Sabrina	Toronto West	5:15.00	5:23.52	2
13 Peron, Cathryn	Toronto West	5:20.00	5:24.72	2
14 De Oliveira, Giovanna	Blue Devils	5:09.00	5:24.86	2
15 Voza, Sofia	Toronto West	5:20.00	5:27.96	2
16 Wong, Rebecca	Toronto West	5:20.00	5:29.31	2
17 Carnaghan, Alyssa	Greater Uxbr	5:55.00	5:50.71	2
18 Tuck, Lilly	Greater Uxbr	5:55.00	5:51.51	2
19 McDougall, Kyla	Greater Uxbr	6:00.00	5:51.73	2

Women 100 Meter Hurdles

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Williams, Shermaine	Jamaica	13.30	13.85q	1.1
2 Witherspoon, Anna	Speed Academ	13.98	14.22q	1.1
3 Black, Korina	Etobicoke Tr	14.90	15.02q	1.1
4 Lena, Luiza	Etobicoke Tr	15.70	15.77q	1.1
5 Maddocks, Isabel	University o	16.70	17.36q	1.1

Women 100 Meter Hurdles

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Williams, Shermaine	Jamaica	13.85	13.58	1.8
2 Witherspoon, Anna	Speed Academ	14.22	14.04	1.8
3 Black, Korina	Etobicoke Tr	15.02	14.65	1.8
4 Lena, Luiza	Etobicoke Tr	15.77	15.79	1.8
5 Maddocks, Isabel	University o	17.36	17.30	1.8

Women 400 Meter Hurdles

Name	Year Team	Seed	Finals
1 Balkwill, Kelsey	Border City AC	58.44	59.84
2 Efremenko, Bella	University o	1:01.78	1:02.95

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3 Huggins, Dallyssa	Unattached Ontario	1:02.00	1:06.05
4 Labricciosa, Sofia	Thorold Elit	1:16.00	1:15.40

Women Pole Vault

Name	Year Team	Seed	Finals
1 Rodney, Mia	University o	3.75m	3.70m
1 Thronson, Alexzandra	University o	3.90m	3.70m
3 Skipp, Phoebe	University o	3.65m	3.55m
4 Petkovic, Zoe	University o	3.47m	3.40m
4 Hill, Isabelle	University o	3.50m	3.40m
6 O'Hare, Kate	University o	3.30m	3.25m
7 Stoyka Kay, Sage	University o	3.05m	2.95m
7 Myskohlid, Elyse	University o	3.20m	2.95m
7 Godbout Fowler, Alexandr	University o	2.80m	2.95m

Women Triple Jump

Name	Year Team	Seed	Finals	Wind
1 Henry, Olivia	York Univers	11.00m	10.83m	0.2
2 Sivanathan, Akshanaa	York Univers	11.15m	10.66m	-1.9
2 Cox, Miranda	London Weste	11.02m	10.66m	1.6
4 Nguyen, Ann	York Univers	10.04m	10.44m	-1.4
5 Seider, Magda	University o	10.00m	10.26m	0.8
6 Warcholak, Rebecca	University o		9.97m	1.0

Women Discus Throw

Name	Year Team	Seed	Finals
1 Tutti, Trinity	Sisu Throws Club	55.95m	54.55m
2 Tennant, Grace	Sisu Throws Club	50.91m	47.70m
3 Ljubisic, Ljiljana	Unattached B	27.70m	24.48m

Women Javelin Throw

Name	Year Team	Seed	Finals
1 Pryke, Ashley	Sisu Throws Club	57.47m	48.68m
2 Powers-Luketic, Taylor	University o	42.47m	36.27m
3 Huggins, Dallyssa	Unattached Ontario	34.00m	33.61m

Boys 100 Meter Hurdles U20 - 39'

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Bruce, Cameron	University o	14.25	14.45q	-0.9
2 Devinney, Blake	Unattached Ontario	15.50	15.32q	-0.9
3 Othman, Jonny	Thorold Elit	16.90	17.41q	-0.9

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Boys 100 Meter Hurdles U20 - 39'

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Bruce, Cameron	University o	14.45	14.41	2.3
2 Devinney, Blake	Unattached Ontario	15.32	15.29	2.3
3 Othman, Jonny	Thorold Elit	17.41	16.99	2.3

Boys Discus Throw U16 - 1KG

Name	Year Team	Seed	Finals
1 Winstanley, Ty	Thorold Elit		34.02m
2 Dery, Nathaniel	Thorold Elit		33.65m

Boys Discus Throw U18 - 1.5KG

Name	Year Team	Seed	Finals
1 Saldutto, Callan	Unattached		49.91m

Boys Javelin Throw U16 - 600g

Name	Year Team	Seed	Finals
1 Ciriello, Nicholas	Thorold Elit		37.00m
2 Dery, Nathaniel	Thorold Elit		31.28m

Boys Javelin Throw U18 - 700g

Name	Year Team	Seed	Finals
1 Saldutto, Callan	Unattached		57.02m

Men 100 Meter Dash

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Lawrence, Tj	G-Force Track Club	10.31	10.64q	0.4	1
2 Augimeri, Alexander	University o	10.90	11.07q	0.4	1
3 Helman, Alex	Centro Scuol	10.76	11.25q	0.4	1
4 Sheriff, Javon	Etobicoke Tr	10.95	11.26q	0.4	1
5 Shokour, Brandon	Speed Academ	11.00	11.27q	0.4	1
6 Teal, Carter	Thorold Elit	11.18	11.50q	0.4	1
7 Railton, Maximillian 'ma	York Univers	11.26	11.53q	-0.7	2
8 Owusu, Joshua	Etobicoke Tr	11.20	11.65q	0.4	1
9 Ahmad, Amanullah	Unattached Ontario	10.76	11.73	0.4	1
10 Zhang, Danni	University o	11.55	11.76	-0.7	2
11 Mannella, Jason	Unattached Ontario	11.54	11.88	-0.7	2
12 Clark, Stanley	Thorold Elit	11.50	11.93	-0.7	2
13 Berson, Matan	University o	12.00	11.93	0.4	3
14 Fray, Leaugen	Unattached Ontario	11.56	11.98	-0.7	2
15 King, Ryder	Etobicoke Tr	11.55	12.00	-0.7	2
16 Lau, Manly	University o	11.90	12.03	0.4	3
17 Jevremovic, Damien	Kitchener Wa	11.57	12.14	-0.7	2

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...Men 100 Meter Dash

18	Davidescu, Paul	University o	12.11	12.15	0.4	3
19	Briones, Jason	Unattached Ontario	11.30	12.18	-0.7	2
20	Challis, Tyler	York Univers	11.90	12.25	0.4	3
21	Lim, Isaiah	York Univers	11.90	12.34	0.4	3
22	Protulipac, Matt	Thorold Elit	12.25	12.49	0.4	3
23	Clarke, Aaron	University o	12.20	12.60	0.4	3
24	Parker, Reilly	Thorold Elit	12.40	12.81	-0.2	4
25	Uda, Thomas	University o	13.37	13.20	-0.2	4

Men 100 Meter Dash

Name	Year Team	Prelims	Finals	Wind
Finals				
1	Lawrence, Tj	G-Force Track Club	10.64	10.58 1.0
2	Sheriff, Javon	Etobicoke Tr	11.26	11.15 1.0
3	Shokour, Brandon	Speed Academ	11.27	11.17 1.0
4	Teal, Carter	Thorold Elit	11.50	11.22 1.0
5	Helman, Alex	Centro Scuol	11.25	11.24 1.0
6	Owusu, Joshua	Etobicoke Tr	11.65	11.51 1.0

Men 200 Meter Dash

Name	Year Team	Seed	Finals	Wind	H#
1	Railton, Maximillian 'ma	York Univers	22.62	22.49 NWI	1
2	Shokour, Brandon	Speed Academ	22.69	23.10 NWI	1
3	Julien, Akil	University o	22.80	23.39 NWI	1
4	Zhang, Danni	University o	23.76	23.53 NWI	2
5	Barnett, Shamar	Flying Angel	23.00	23.86 NWI	1
6	Crompton, Charles	South Simcoe	24.24	23.91 NWI	2
7	Berson, Matan	University o	25.00	24.37 NWI	2
8	Woodland, Emmett	South Simcoe	24.82	24.50 NWI	2
9	Davidescu, Paul	University o	25.50	24.91 NWI	2
10	Ahmad, Amanullah	Unattached Ontario	22.00	25.06 NWI	1

Men 800 Meter Run

Name	Year Team	Seed	Finals	H#
1	Rivard, Liam	Central Toro	1:50.00	1:53.63 1
2	MacLellan, Jd	University o	1:53.90	1:55.39 1
3	Richardson, Mark	Central Toro	1:54.00	1:55.58 1
4	Goslett, Aidan	Central Toro	1:55.00	1:55.92 1
5	Griffith, Saed	Monarch Athl	1:55.00	1:58.55 1
6	El-Shayeb, Hadi	University o	1:57.00	1:58.83 2
7	Arulananthan, Ajandan	University o	1:59.99	1:58.97 2
8	Hayfron, Edward	University o	1:53.00	1:58.98 1
9	Pribaz, Connor	Central Toro	1:55.00	1:59.11 1
10	Markson, Matthew	University o	1:57.00	1:59.57 2
11	Hooey, Shaan	University o	2:01.00	2:00.37 3
12	Osawe, Anointing	University o	1:56.02	2:00.66 2
13	Xie, Lawrence	University o	1:54.34	2:00.82 1
14	Derlis, Taylor	South Simcoe	2:01.90	2:01.35 3
15	Dickinson, Marley	Monarch Athl	1:59.00	2:03.09 2

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...Men 800 Meter Run

16 Aidoo, Moses	University o	1:58.90	2:04.42	2
17 Megas, Alexander	Toronto West	2:07.00	2:06.55	3
18 Barida, Christian	University o	1:59.00	2:07.21	2
19 Lau, Jensen	University o	2:06.00	2:07.85	3
20 Marinkovich, Alex	University o	2:08.00	2:08.72	3
21 Lewis, Lucas	Blue Devils	2:08.88	2:09.19	3
22 Keary-Matzner, Benjamin	University o	2:06.00	2:13.41	3
23 Jiang, David	University o	2:10.00	2:17.11	3
24 Alvarez, Joshua	Blue Devils	2:12.00	2:19.41	4
25 Baynton, Ben	Toronto West	2:20.00	2:24.32	4
26 Cairns, Ethan	University o	2:24.00	2:25.84	4

Men 1500 Meter Run

Name	Year Team	Seed	Finals	H#
1 Lozano, Matthew	Monarch Athl	3:57.00	4:02.35	1
2 Jelaca, Justin	Toronto West	4:05.00	4:06.25	1
3 Stamadianos, Christopher	Monarch Athl	3:57.00	4:09.76	1
4 Fox, Ben	University o	3:57.00	4:11.00	1
5 Hickey, Emmett	University o	4:16.00	4:14.24	1
6 Austin-Day, Aidan	Toronto Olym	4:08.00	4:14.51	1
7 Fitzpatrick, John	Monarch Athl	4:15.00	4:16.97	1
8 Arulanathan, Ajandan	University o	4:18.65	4:21.49	2
9 Brar, Kamran	Durham Drago	4:20.00	4:22.51	2
10 Cornblum, Maxwell	University o	4:24.99	4:25.67	2
11 De Monte, Daniel	Toronto West	4:18.00	4:26.46	1
12 Chase, Mitchell	Greater Uxbr	4:26.00	4:30.63	2
13 Zamparo, Julian	Toronto West	4:28.00	4:31.59	2
14 Barnes, Connor	Greater Uxbr	4:25.00	4:31.65	2
15 MacLeod, Jack	Toronto West	4:35.00	4:41.99	2
16 Irven, Luke	Greater Uxbr	4:40.00	4:51.33	2
17 Kyte, Zachary	Greater Uxbr	5:10.00	5:09.47	2

Men 110 Meter Hurdles

Name	Year Team	Seed	Prelims	Wind
Preliminaries				
1 Makinde, Oluwasegun	Ottawa Lions T.F.C.	14.23	14.46q	-0.9
2 Jovin, Marceau	Etobicoke Tr	14.20	14.51q	-0.9

Men 110 Meter Hurdles

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Makinde, Oluwasegun	Ottawa Lions T.F.C.	14.46	14.19	2.3
2 Jovin, Marceau	Etobicoke Tr	14.51	14.25	2.3

Men 400 Meter Hurdles

Name	Year Team	Seed	Finals
1 Chan, Daniel	University o	54.33	54.00

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...Men 400 Meter Hurdles

2	Johnson, Keith	Central Onta	57.72	57.69
3	Taffese, Nathanael	Blue Devils	56.66	57.78
4	Andress, Jacob	Blue Devils	56.66	58.73
5	Denes, Tyler	Peak Velocit	56.60	58.98
6	Othman, Jonny	Thorold Elit	1:05.00	1:07.42

Men Pole Vault

Name	Year	Team	Seed	Finals
-- Lau, Alexander		University o	4.60m	NH

Men Triple Jump

Name	Year	Team	Seed	Finals	Wind
1 Chang, Declan		Speed Academ	12.51m	11.97m	-0.9
2 Parker, Reilly		Thorold Elit	11.40m	10.66m	2.3
3 N'Daw, Amari		Speed Academ	11.50m	10.56m	3.0

Men Discus Throw

Name	Year	Team	Seed	Finals
1 Simanic, Boris		York Univers	35.00m	37.79m
2 Aube, Josh		Boost Athlet	34.85m	28.10m

Men Javelin Throw

Name	Year	Team	Seed	Finals
1 Foot, Joss		Sisu Throws Club	68.25m	61.47m
2 Commerford, Jeff		Peterborough	47.02m	46.20m
3 Challis, Tyler		York Univers	36.00m	45.82m
4 Andress, Justin		Unattached		43.77m
5 Torrance, William		Blue Devils	56.66m	42.00m
6 Pidsadny, Zevin		University o	34.00m	33.87m
7 Gordon, Thomas		Blue Devils	45.00m	30.65m

Mixed 300 Meter Dash

Name	Year	Team	Seed	Finals	H#
1 Berkshire, Jack	M	Fast Tracks	33.90	34.60	1
2 Wilson, Daniel	M	University o	35.00	36.40	1
3 Ellis, Micaiah	M	Central Toronto AC	35.30	36.75	1
4 King, Ryder	M	Etobicoke Tr	36.50	36.96	1
5 Kerebel, Nicolas	M	University o	38.00	37.09	2
6 Brown, Alicia	W	University o	37.00	37.53	2
7 El-Shayeb, Hadi	M	University o	37.50	37.58	2
8 Kelly, Aaron	M	Blue Devils	36.83	37.59	2
9 Miller, Jordan	M	Flying Angel	35.00	37.67	2
10 Torrance, William	M	Blue Devils	37.84	38.30	2
11 Trifonidis, Trifon	M	Blue Devils	37.88	38.68	2
12 Martinez, Anthony	M	Blue Devils	38.46	39.12	3

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13	Jevremovic, Damien	M Kitchener Wa	40.44	39.17	4
14	Gordon, Thomas	M Blue Devils	38.47	39.68	3
15	Cardenas, Jordan	M York Univers	40.00	40.14	1
16	Ryan, Maya	W University o	40.10	41.07	3
17	Letros, Adrianna	W University o	42.30	42.56	4
18	Kischuk, Elaina	W York Univers	42.50	43.61	4
19	Torrance, Megan	W Blue Devils	43.22	44.07	4
20	Vangaalen, Imani	W Kitchener Wa	44.06	44.43	4
21	N'Daw, Amari	M Speed Academ	44.86	45.13	4
22	Sturrock, Claire	W Blue Devils	46.66	48.43	4