

2019 ONTARIO 10KM and 20KM ROADWALKING CHAMPIONSHIPS

Welland, Ontario

October 6, 2019

2km loop (IAAF-certified)

14 starters from 18 entrants

Comfortable temperatures (ca. 18 degrees Celsius.) Calm. Dry.

Walking Judges: Laura Houston (Chief), Stafford Whalen, Lily Whalen, Dave Archibald, Merv Witter, Enrico Toscano

Race Director: Roman Olszewski (905) 734-9574 roman.otfa@cogeco.ca

Results prepared by Roman Olszewski

Senior Men's 20km Walk Championship

			Time	Official 5,10,15km Splits			
1	XU, Jianping	1965 53 ON-DVTC	1:54:58	27:54	56:30	1:25:37	Gold - Ontario
2	O'BRIEN, Dan	1965 54 US-MI	2:03:55	28:37	58:15	1:28:52	Silver - Open

Senior Women's 20km Walk Championship

One entry, no starters

Senior Men's 10km Walk Championship

			Time	Official 5km split		
1	XU, Jianping	1965 53 ON-DVTC	56:30	27:54		5 and 10km times en route to 20km
2	O'BRIEN, Dan	1965 54 US-MI	58:15	28:37		5 and 10km times en route to 20km
3	KING, Patrick	1946 72 ON-	1:09:09	33:26		

Senior Women's 10km Walk Championship

			Time	Official 5km split		
1	SMETANA, Blanca	1974 45 ON-TRW	1:03:54	32:43		Gold
2	CASHMAN, Kitty	1960 59 ON-TRW	1:07:22	33:02		Silver
3	ARCHIBALD, Sandra	1959 60 ON-BYTW	1:08:59	34:34		Bronze
4	SLOVITT, Nicky	1960 59 ON-ORW	1:09:23	33:34		

Senior Men's 5km Walk

			Time
1	MALEK, Lawrence	1960 59 ON-	34:42
2	GUTTMAN, Stan	1951 68 ON-ORW	34:47
3	McCOLEMAN, Gary	1942 77 ON-TC	43:31

Senior Women's 5km Walk

{ no entries

Junior Women's 10km Walk Champ.

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Power Walkers - Not Judged (Times unofficial)

5km

FRANCIS, Nadine	1975 45	ON-ORW	38:16
DRISCOLL, Heather	1969 50	ON-VVAC	36:32
HARRIS, Mary	1949 69	ON-ORW	39:17
BACCHUS, Zulika	60	ON-	43:34

Top 6 Age-graded Results

- 1 Patrick King 72 76.82 for 5km
- 2 J.P. Xu 53 76.52 for 10km
- 3 Kitty Cashman 59 75.93 for 10km
- 4 Sandy Archibald 60 75.08 for 1 for 10km
- 5 Dan O'Brien 54 74.88 for 10km
- 6 Nicky Slovitt 59 74.63 for 10km

Top 3 receive merchandise Awards