



2016 Annual Staff Reports

Table of Contents

Anthony Biggar	2
Brittany Durdin.....	8
Randolph Fajardo.....	11
Mehrunnisa Kharodia.....	14
Sheryl Preston.....	16
Kyle Smith	17



Anthony Biggar

Functional Area: Manager, Member Services, Programs & Development

Date: October 13, 2016

Summary

Programming

Membership:

- Presented a workshop on morning of 2015 AGM on Club Excellence and new online process for membership registration with Mehrunnisa Kharodia
- “AO Connect Calls” – Launch of a new program - Monthly interactive webinar/conference calls with Club Presidents and Coaches and include follow up surveys.
 - Held calls on:
 - April 12 – 12 attendees; 4 survey responses
 - May 19 – 18 attendees; 18 survey responses
 - June 15 - 11 attendees; 4 survey responses
 - July 13 – 16 attendees; 10 survey responses
 - Aug 16 – 13 attendees; 10 survey responses
 - Sept 13 – 13 attendees; 11 survey responses
 - Some key discussions and outcomes included gaining suggestions and support for new coach policy, Endangered Events (e.g., Walks – with guests Gerry Dragomir (BC – Racewalks West) and Stafford Whalen (Ontario Racewalk Association) to attend call to provide support to discussion). Presented more detail and reminders about programs and services including Member Policy and Complaint Procedures, Coaching Workshops, Awards Gala, AGM, Road running and High Performance funding opportunities

Volunteers/ Interns:

- Through a partnership with Toronto Track Volunteers, Melanie Chiu (Founder and President of TTV provided training and support to our interns to develop an AO volunteer program.
- Humber College Interns - Dan McDonald and Jake Thomson (Fall 2015 – Sport Management) , Ivon Jaimes (Winter 2016 – Fitness & Health Promotion) and Ramin Khwairkwa (Summer 2016 – Sport Management) completed their internships, and AO is grateful for their contributions
- Centennial College, Recreation & Leisure Services – new connection - 3 Interns interviewed by Jim Catton, were placed at AO for 2016 Winter Semester - the office is grateful for the contributions of MaKayla Brooks, Frank Ursini and Emmanuel Pangilinan



- Each intern supported at least 2 of the 5 AO Championship Events located in Toronto
 - February 7: AO C.E. Championships & Prep Meet - TTFC (Co-hosted by Etobicoke TFC)
 - February 13-14 : AO Youth/Senior Championships & Midget Dual Meet – TTFC (hosted by AO)
 - March 5-6 : AO Bantam/Midget/Junior Championships - TTFC (Co-hosted by York UTC)
 - June 11-12: AO Senior Championships – Pan Am Stadium (Co-hosted by York UTC)
 - June 23-24: AO Junior Championships - TTFC (hosted by AO)
- With assistance from our Winter & Summer 2016 Interns, we have created and utilized a Volunteer Handbook, as a resource by Meet Directors, to recruit, train, and recognize volunteers, in particular for AO Championships.
- Hard-copy coaching files archiving to electronic format for NCCP coaches in Athletics (60 hours)
- Completed Run Jump Throw Wheel Instructor Training for the interns (3 NCCP Trained Status) in order to delivery programming in schools in partnership with Fun In Athletics

Officials:

- National Officiating Clinic (Level 3-4 Umpires) – June 1, 2016 (offered prior to OFSAA Championships in Windsor) - Course conducted by Peter Hocking, Jacquie - target: 10 people 6 attendees – 3 currently in the progress of becoming Officials
- Officials Clinics: Level 3-4 Umpiring - Offered July 22 (prior to AO Championships) in Windsor - Course conducted by Helen Vasilic, Peter Hocking, Jacquie - target: 10 people - 6 attendees – 3 currently in the progress of becoming Officials
- Scheduling of 2 clinics following AOOEC AGM - November 19 (Toronto) – Course instructors (Helen Vasilic & Janet & Tim Slocombe) - Umpiring - target: 10 people & Horizontal Jumps - target: 10
- AOOEC (Officials) Annual General Meeting – Scheduled for November 19 (Variety Village – Toronto) - Target: 40 attendees

Services

- Strategic Priority Target Tracker - Weekly updates to Tracker posted on trello board and presented at weekly meetings. Tracker includes current # of members, athletes, coaches, officials, volunteers, trained instructors, championship entries, etc. - Most categories doing very well with respect to targets, in particular, Competitive Athletes, Registered Coaches, Associates, AO Championship athlete participation, RJTW Participation and NCCP coach instructor training.



<u>Membership Statistics</u>	<u>Sept 2016</u>	<u>(vs Sept 2015)</u>	<u># Change</u>	<u>% Change</u>
○ Coaches	428	(380)	+ 48	(+ 13%)
○ Officials	155	(151)	+ 4	(+ 3%)
○ Associates	75	(48)	+ 27	(+ 56%)
○ Recreational/RJT	680	(601)	+ 79	(+ 13%)
○ Competitive Athletes	4179	(3594)	+ 585	(+ 16%)
▪ Bantam	244	(264)	- 20	(- 8%)
▪ Midget	622	(539)	+ 83	(+ 15%)
▪ Youth	953	(878)	+ 75	(+ 9%)
▪ Junior	559	(506)	+ 53	(+ 10%)
▪ Senior	763	(577)	+ 186	(+ 32%)
▪ Masters	972	(769)	+ 203	(+ 26%)
▪ Para	66	61	+5	(+ 8%)
○ Clubs	123	(125)	- 2	(- 2%)
○ TOTAL AO members-	5455	(4713)	+ 742	(+ 16%)

Projects/Initiatives

Website & Electronic Registration:

- On-line registration – through support and direction from ED, and working with Adam Stacey from Trackie Inc, we launched first-ever Individual AO Member registration for the 2016 Membership Year. Previously, Athletes, Coaches, and Officials could only register with AO either through their club, or by submitting downloadable paper forms to the AO office. This process allowed for instant membership renewal and payment by individuals, and giving AO the ability to encourage membership without requiring the intermediary involvement of club registrars or reducing administrative resources from the office among many other benefits. Additionally, an option for participants to “Support” AO with funds to be directed to the areas of their choice was included in the on-line Member Registration process.
- Created a mandatory drop-down selection of an for AO-registered coach instead of a blank field for Athlete registrations to encourage registration of coaches within clubs and ensure that there is at least one registered coach
- Created a Coach Entry process for all 2016 Indoor Championship events. By implementing this process, we are encouraging AO Coach Registration (which also require police checks), better able to anticipate attendance by coaches at our events, and able to better monitor and control access to the field of play, where our young athletes (minors) are competing. Hopefully, this will also provide an opportunity to recognize the contributions of many volunteer coaches in our sport.
- Added several additional questions in the Club Renewal process, to gather information on club programming to be utilized at a later date for adding a “Club Finder” tool on web site
- A Volunteer Portal was developed for the AO web site, where individuals can sign up to volunteer for different AO events and indicating which stations or duties (i.e. Minor Official – Jumps, Throws, Track, Registration, etc) that they would like to volunteer.
- An additional added feature was the inclusion of a “Contribute” or Volunteer” for AO



Championship events for on-line Trackie meet entry process.

- Within the on-line club renewal process, several questions were added for registrars to complete in order to solicit more information about club programming in order to better handle inquiries and direct parents, athletes and participants to the most appropriate club(s) within their community.
- Updated the Technical Officials certification pathway on the website.
- Updated the AO web site to include Para Partners (i.e. Para Sport Ontario, Special Olympics, Ontario Wheelchair Sports Association, Ontario Blind Sport, Ontario Amputee and Les Auras, Ontario Cerebral Palsy Sports Association, etc.)

Issues

- Only 2 membership categories showed decline: Bantams and Number of Clubs.
- Para membership category is small and current level of programming to that demographic is provided largely by external groups. Increased opportunities required along with improved communication.
- Some clubs are not declaring all of their members; frequent complaints about clubs or coaches "Poaching" athletes from other clubs
- Getting support and bids for AO Regional Championships/Qualifiers. Without this, it will be difficult to find events for potential volunteers in the regional program to support.
- Due to change of venue (to Pan Am Stadium) 1 week prior to AO Senior Championships, there was a larger number of volunteers required. More volunteers were needed as well as greater support from venue staff or experience doing a "trial run" or extended training.
- Securing volunteers to commit to the various time slots for the Bingos and ensuring they show up and have been duly trained or briefed on the responsibilities.
- Further communication of the Coaching requirements for clubs and individual coaches with respect to MED and Sport Coach.
- Confirming grant application status and direction (e.g. Ontario Sport and Recreation Fund, Ontario Trillium Fund, Ontario150, in order to incorporate strategies into plans to encourage increased membership, participation and programming without the burden of self-financing.
- Clarification required for use and limitations of interns working with AO outside of a formal and recognized post-secondary internship program –Internships have very specific limitations as per the Employment Standards Act of Ontario.

Accomplishments

- Most Membership categories are showing an increase from 2015, in particular Coaches, Associates, Midgents, Juniors, Seniors & Masters showed significant increases.



- Nearly 200 Volunteers were recruited, and many helped out at one or more of the 5 AO Championship events held in Toronto, logging over 1450 hours, of which several have successfully completed and submitted their Officials test and one volunteer from outside of Toronto was utilized at AO Race Walk Championship in Welland with positive feedback.
- Interns provided approximately 1200 hours of service to AO from January - August 2016, including 130 hours at Championship Meets
- Hired a volunteer (graduate from York University) to assist with the Brand Ambassador program and provided support to our AO Championships
- Recruited 4 new Programs & Services committee members and held first meeting on September 20. Very engaged group, and motivated to continue working towards several goals including input on the Membership fee model and new programming opportunities.
- Introduction to Officiating Workshop (Pilot) - prior to AO Jr Championships in Toronto - June 24 – Course, a workshop, was conducted by Jacquie & Wynn Downing
- Launched new program, *AO Connect*, which was able to engage Club Presidents and Coaches to get timely input on various issues, on a monthly basis through “GoToMeeting” platform.
- Assisted in connecting AO Learning facilitator, John Stevenson, to deliver a Coaches Workshop with 9 college coaches in the OCAA, and to deliver a presentation on track and field to 26 high school teacher/coaches, and to further promote our upcoming coaching workshops.
- RJTW – Connection with Seneca College to offer RJTW Summer Camp program. 35 students in the Fitness & Health Promotion program were trained in RJTW and a Track & Field program was offered for the first time at this Camp this past summer.

Goals Not Yet Met

- Evaluation of possible revisions to AO Membership categories, fees, and benefits.
- Ability for clubs to “upgrade” a membership category (i.e., From Recreational to Competitive) is still being investigated by Trackie, along with the creation of a “Club Finder” for the web site (postponed until new web site launch)
- Revision of Officials Comprehensive Workshop PowerPoint presentation.
- Feedback from Officials Executive regarding Officials Revenue model plan for 2017.
- Confirm a larger pool of available volunteers to run the Bingo events (if necessary)
- Development of Regional program - to support events in other communities, and to recruit 10 Regional Volunteer leads to recruit and train additional volunteers in their regions



Near-Term Plans

- Para Clinic - planning to support Invictus Games (Craig Blackman lead and Faye Blackwood) – review of Officials Comprehensive Clinic to determine potential gaps – date of clinic TBD – Refresher clinic likely to be offered day prior to Games
- Provide information for additional/ anticipated changes to membership and registration process to Adam Stacey (Trackie registration database) for 2017
- Recruiting 5-10 Facilitators to be able to deliver Officials Comprehensive Workshops or Introduction to Officiating/Volunteering in Track & Field (Athletics)
- Possible revision of Officials Compensation and Revenue model plan for 2017.
- Recruiting 2-5 Interns for the Winter Semester from Humber, Centennial and Seneca College's Sport Management, Recreation and Leisure Services and Fitness & Health Promotion Programs.
- Strengthen and further develop Athletics Ontario Membership Handbook & Policies
- Further investigate the BC Walks model at High School Championships to replicate at OFSAA
- Programs and Services Committee to investigate a new program targeted to minor-aged athletes teaching physical literacy which could help increase the number of members in Bantam and Midget categories.



Brittany Durdin

Functional Area: Media Relations and Communications Lead

Date: October 12, 2016

Summary

Programming

Communication and Social Media

- Created and distributed marketing material for all events (Championships, coaching workshops, Awards Gala, etc.)
- Generated interest and engagement on AO's social media platforms in the lead up to and post event.
- Promoted all AO's events to Membership
- Assisted in disseminating information re; coaching courses / professional development opportunities to membership and abroad using traditional (email) and new (social media) communication platforms.
- Engage with membership via email weekly, providing important and critical updates including deadlines for applications.
- Update the website, continually driving traffic from other areas (i.e., email, social media platforms) back to the website.
- Expanded AO's social media presence with the addition of YouTube. This channel allows AO to produce and share videos of our athletes at all levels.

Brand Ambassador Program

- Launched in March 2016; the AO Brand Ambassador Program features 25 AO members spanning from athletes to coaches, volunteers and officials.
- The goal of the program is to share AO's mission, vision, values, and all the amazing experiences our Brand Ambassadors have had being a member of AO. Through engagement on social media, our Brand Ambassadors completed monthly challenges, tagging AO in their post.
- To date there is a 50 per-cent completion rate.
- The survey results will be attached to this report once compiled.

Awards Gala and Hall of Fame Induction Ceremony

- Event took place September 24, 2016 at the Sheraton Parkway in Richmond Hill.
- Attendance at this year's Gala: 325 (maximum space allotted in the banquet hall)
- Guest speakers: Madison Wilson-Walker, keynote Olympian Aaron Brown



- The presentation was very well received and included photos and videos from all AO Championships, Espoir, Masters Meets, and the Rio Recap video courtesy of CBC.
- Responsible for producing the program and all promotional material for the Gala. Promoted the Gala in AO's weekly newsletters, on the website and shared unique content on our socials. Our membership received two emails announcing the guest speakers.

Services

Website

- In the last year, AO's website has received 203,939 unique hits, 44.3% of those users (90,398) were new to the site with Facebook providing the most traffic from our social media platform contributing 57.5 per cent (6,137) user traffic.
- Our website is the first place athletes, coaches and parents go for up to date information. The current layout does not allow for a great user-friendly experience, with information often difficult to locate or navigate even with a search bar.

Social Media

- AO is active across the four largest social media platforms, Facebook,
- Twitter, Instagram and YouTube.
- For branding purposes, all of AO's social media handles are @athleticsont

Social Media Platform	November 2015	October 2016	Number Increase	Percent Increase
Facebook	817 likes	1,396 likes	579	58.5%
Twitter	1,632 followers	2,122 followers	490	77%
Instagram	N/A	716 followers	716	100%
Youtube	N/A	11 subscribers	11	100%

Accomplishments

- Growth of social media channels continues to drive traffic AO's messaging, directing users to the website.
- Understanding AO's branding needs. Creating a sponsorship presentation document and corresponding supporting documents.
- Secured Aaron Brown for a CBC Radio One Here and Now interview with host Gill Deacon on June 17, 2016 at 5pm regarding the IOC upholding the IAAF decision to ban all Russian track and field athletes from the 2016 Rio Olympics.



- Connected with Aaron and conducted an impromptu media training session, listening to his response, aligning his thoughts and opinions with Athletics Ontario and Athletics Canada's statement.

Goals Not Yet Met

- A new website for our members. This is our primary tool for communicating to our membership about updates regard the organization, AO events, upcoming courses and other pertinent information.

Near-Term Plans

- Work to refresh the website until a new website can be built.
- Evaluate the Brand Ambassador program. Determine the program's effectiveness and look to re-structure or eliminate the Brand Ambassador Program.



Randolph Fajardo

Functional Area: Competitions, Technical Specifications, and Logistics Manager

Date: October 13, 2016

Summary

Programming

- Meetings with Para PSOs (Para Sport, Ontario Blind Sport Association, Ontario Cerebral Palsy, Ontario Wheelchair Sport Association) to plan AO's integration of para athletes at championships.
 - Incorporate para specific events at the Indoor Youth/Senior Championships as well as the Outdoor Senior Championships.
- Began equipment rental program and provide full inventory list of implements for rent with tracking system for office and agreement forms for renters
- Ex-officio member of
 - Competitions Committee
 - Technical Committee (Chairperson Bob Tucker)
- Served as Technical Delegate at all AO Championships in 2016
 - **Indoor** - Combined Events Championships and Prep 1 (Etobicoke TFC); Youth Senior and Midget Dual Meet (Athletics Ontario); BMJ (York University)
 - **Outdoor** – Senior and Prep 1 (York University); Junior and BMY CE (Athletics Ontario); BMY and J/S CE (Windsor Athletics Club); 10k Track (London Distance Runner Club); Cross Country (Niagara Olympic Club)
 - **Walks** – 10k (Ontario Race Walking Association); 20k (Athletics Ontario)

Indoor		CE & Prep 1	Youth/Senior	BMJ		
2015	Entries	979	902	1,219		
	Athletes	634	577	817		
Indoor		CE & Prep 1	Youth/Senior	BMJ		
2016	Entries	810	970	1,451		
	Athletes	493	627	886		
Outdoor			Junior/Senior & BMY CE	BMY & J/S CE	10k Track	Cross Country (2014)
2015	Entries		1,013	1,543	66	979
	Athletes		682	863	66	979
Outdoor		Senior & Prep 1	Junior & BMY CE	BMY & J/S CE	10k Track	Cross Country (2015)
2016	Entries	1,203	951	1,453	76	1,082
	Athletes	791	630	726	76	1,082
Walks		10k Road Walk	20k Road Walk			
2015	Entries	59	19			
	Athletes	39	16			
Walks		10k Road Walk	20k Road Walk			
2016	Entries	49	15			
	Athletes	32	15			



Totals	2015	2016
Entries	6,779	8,060
% Change	-	+15.9%
Athletes	4,673	5,358
% Change	-	+12.8%

Services

- Provided a site inspection and walkthrough of the bid process and application for the Brampton Track Club.
- Attended Invictus Games conference to learn about the competition's plans and how AO would contribute to its execution.
- Maintaining AO rankings, results, and records.
- Review and provide clubs with sanctioning or suggestions on dates available and

Projects/Initiatives

- Championship remodeling
 - Restructure of championships by which athletes would have to qualify to compete at provincial championships
 - Explore interest and logistics behind
- Facility Grading Matrix
 - Need to consolidate document and simplify for member usage
 - Link into hosting application to make build and maintain database of available facilities
 - Provide an online method to enter facility information to be stored and viewed freely by all members
 - Build database as visits to facilities and reach out to facility managers continue over time.
- Para integration in our championships was offered at AO Indoor Youth/Senior Championships and Outdoor Senior Championships. Plans to have all championships incorporate para.

Issues

- Process to review seeds for championships is lengthy.
 - For indoor, the issue lies within the allowance of conversions of outdoor times to be used as indoor seeds. (Work with Trackie to incorporate conversions for 2017 and beyond).
 - During the outdoor season, there were still a number of submitted seeds that were not verified. Utilization of Trackie's auto verification system would override all seeds that were **estimated**, and cause issues
 - Some coaches wanted athletes to have seeds slower than what Trackie pulled up as their athlete was not in the same shape as last year's outdoor season
 - Some had races in competitions in the U.S. that had not gotten into the AC rankings yet
 - Some even had seeds from sanctioned/approved races that were not in AC rankings as of yet
- Members don't always see the work that our committees are making progress on or the changes that have been put in place. Should have an area on our website where members



can look at meeting minutes or at least make committee (specifically the technical and the competitions) information available for viewing.

- Meet backup files not being submitted by all sanctioned events. Will need to review sanctioned application form and possibly have contact info for database crew being used in order to get appropriate files needed to maintain an accurate and thorough ranking/results/records system at AO.

Accomplishments

- Overall increase in participation and revenue at AO Championships for 2016

Goals Not Yet Met

- Have Trackie integrate our indoor conversions into their automatic seeding verification system.
- Preparation of all championship documents to be ready for host clubs once bids process is complete.

Near-Term Plans

- Finalize split of Policy and Procedure into Technical Rules and Championship Execution.
- Draft amendments to sanctioning policy and begin review with competitions committee
- Produce all documents and plans for each of the outdoor and indoor championships to be distributed once bid selections are completed.
- Provide more clarity on
- Completion of full inventory of AO equipment for use with rental program.
- Work with Trackie to get an automatic conversion system in place for athletes using outdoor performances for indoor seeds.
- Setup a forum for clubs to be able to plan and position meets throughout outdoor season and work with other clubs that are planning on hosting a meet in order to maximize utilization of available dates and avoid as many conflicts as possible.
- Review Policy and Procedure and review on items that are ambiguous with committee members



Mehrunnisa Kharodia

Functional Area: Office Administration

Date: October 14, 2016

Summary

Programming

1. Coaching Courses
 - Assisted Coaching Education Coordinator in the administration of coaching courses, including: registration, Locker updates, responding to inquires
2. Road Running
 - In July, took over the invoicing and insurance for road running
3. Championships
 - Developed an RFP for medals, received four proposals for medals
 - Updating is required before making a final decision on a medal provider

Services

- Membership Registration
- Office Administration

Projects/Initiatives

1. **Brand Ambassador Program**
 - Selected Ambassadors, developed and collected monthly challenges March-May
2. **Awards Gala and Hall of Fame Induction Ceremony**
 - 325 attendees (Olympians in attendance included: Damian Warner, Kelsie Ahbe, Brittany Crew, Aaron Brown, Nikkita Holder, Crystal Emmanuel, Noelle Montcalm)
 - Held on September 24th, 2016 at the Sheraton Parkway North Hotel and Suites in Richmond Hill
 - Coordinated the banquet which included:
 - Researched, negotiated price, and selected a venue
 - Developed a budget
 - Coordinating a Silent Auction Committee and working with them to obtain sponsors and silent auction items
 - Preparing items for meetings with the Awards Committee, including the collection of data for the selection of award nominees and winners



- Arranged travel and accommodation for special guests and Hall of Fame inductees
 - Created an RFP for award plaques, collected offers, analyzed the option, and selected a provider
2. Hall of Fame
 - Searched for Hall of Fame inductees to inform them of their induction and to organize logistics for them to attend the gala
 - In some instances, the inductee or their next of kin were very difficult to find and required a lot of calls, emails, and internet searches to find the right person
 3. Office Relocation
 - The office relocated to 3701 Danforth Avenue at the end of June
 - Organized all logistics related to the move including internet, phone lines, the purchase of new phones, researching and hiring movers, packing, and supervising the move
 4. File Storage
 - Researched possible options into cataloguing and digitizing results documents that are currently stored in banker boxes at the office
 - Roman Olszewski, the former Technical Manager for AO, has been coming in once a month to sort through the files
 - Before the files can be digitized, they require sorting of the original files. The sorting is taking longer than hoped.
 5. AGM
 - Assist the chair of the board with logistics
 - Set up registration, upload documents in preparation for the event

Accomplishments

- A well-attended banquet
- Relocating the AO headquarters without much disruption in the day to day operations

Goals Not Yet Met

- Digitalizing and cataloguing the results files

Near-Term Plans

- Begin the planning process for the 2017 Banquet
- Source and plan a physical location and plan for the Hall of Fame
- Locate a couple of volunteers to assist in the sorting of results' files; this will allow the process to digitize and catalogue much quicker



Sheryl Preston

Functional Area: Road Running

Date: October 12, 2016

Summary

Programming

- Creating strategy for what programs we can offer with current resources

Services

- Creating strategy for what services we can offer with current resources

Projects/Initiatives

- Increase awareness about road running races, clubs and coaches to Ontario road running community
- Think Tank

Accomplishments

- Engaged a large number of key influencers to ask what they felt Ontario needs in the road running community. Arranged think tank conference call September 23
- Creating Data base of road running community (clubs/coaches)

Goals Not Yet Met

- Ongoing creation of database
- Help to create larger following of Road Running Community
- Provincial Road Race Series bid document

Near-Term Plans

- Create large and inclusive database of road running community
- Expose the Road Running within Athletics Ontario via website, Social Media, newsletter
- Exposure/observation this weekend at Canadian Race Series Waterfront Marathon
- Inquire partnering with My Next Race/Road Race Results
- Inquire on partnering with Ontario Masters Association
- Solidify membership cost for 2017 AO Road Runner membership before year end



Kyle Smith

Functional Area: Coaching and Athlete Coordinator

Date: Nov 2015-Nov 2016

Summary

Programming

- Submission of CSG Grant – approved \$59,000
 - Funds will be used for a Warm weather training camp (March 13-19th, 2016) and a Testing training camp Dec 21 or 22, 2016
- Submission of CSG Grant – approved \$59,000
 - Funds will be used for a Warm weather training camp (Dec 27 2016-Jan 5 2017) and a training camp July 2017
- Espoir Team Championships
 - Preparation and execution of Games
 - Follow-up and debrief
- Canada Summer Games
 - Selection criteria and standards released
- Canada Summer Games Florida Camp
 - Selection criteria and standards released
- Ontario vs Quebec Duel Meet
 - Selection criteria and standards released

Services

Coaching Courses

- December 5 – Learning Facilitator Training 7 coaches
- December 6 – Evaluator Training 14 coaches
- December 12 – Sport Coach – Sprints/Hurdles – 6 coaches; Endurance – 3 coaches
- December 12-13, 2015 Club Coach – Sprints Hurdles – 10 coaches; Endurance – 10 coaches
- Sept 10-11 Club Coach- Sprints/Hurdles 12 ; Endurance-12
- Sept 24-25- Sport Coach -13 coaches
 - Targeted Teachers in North
- Oct 1- Run Jump Throw Wheel – 10 coaches
 - Target Elementary and Coaches
- Oct 7 – Teacher Only Sport Coach 1 Day –Jumps-9 coaches; Throws 11 coaches
 - Targets Teachers
- PD courses
 - Ongoing development
 - Currently 2 set up. –Season planning for Sprints/Hurdles and Throws



- Survey to be released
- Athlete Workshops
 - Ongoing development
 - Survey to be released

Projects/Initiatives

- December 21, 2015 – Toronto Track and Field Centre – Power/Speed (40 athletes including 6 Special Olympic athletes and 3 SO coaches)
- December 21, 2015 – Guelph – Endurance (13 athletes)
- High Risk Events in OFSAA – Sport Coach
 - 1 Day Course is now approved by CAC
 - Promoting to school districts
 - Working with Districts and teachers to offer schools Training
- Higher Risk Videos
 - Submission of Quest for Gold Grant-Approved for \$5000
 - Filmed Higher risk Videos to be guide to help coaches with higher risk events
 - Will release videos as free tool for coaches and teachers for higher risk events
- Submission of CAO Grant for LF/E- approved \$2500
 - LF and evaluator development

Accomplishments

- Total Trained Coaches: 114 Sport Coach/Club Coach+243 RJTW = 357 total
- CSG Training Camp accomplished goals of 1) PD for coaches, 2) providing valuable information (physiologically and technically) to athletes and coaches
- Espoir Championships' Provincial Team planned and executed (my first)
 - Team Ontario Won Espoir Games
- Coaching course planned and executed (my first)
 - 5 courses offered from July-Oct 7
 - 67 coaches trained
- Approved for first grant- \$2500 to train and certify evaluators and learning facilitators
- 2 Courses (one delivered) in the North. New Liskeard and Sault Ste. Marie

Areas of Concern

- Workshops and Training Camps may not be targeting the actual CSG Team. This is mainly as a result of timing and many athletes going to school in the US.
- Teachers not responsive to Workshops
- Pushback on Sport coach certified pathway
- York University (main coaching facility) is not wheelchair accessible/friendly
 - Limits bond with wheelchair Ontario and further coaching
 - Para courses are not seen as a value to coaches and will not have strong attendance



Goals Not Yet Met

- High Risk Videos and exam not completed to release with Sport Coach 1 Day courses
- Canada Summer Games Standards not released
- MED course calendar for coaches to complete certification
- Survey on potential PD courses was not released

Near-Term Plans

- Ongoing development of coaching Workshops
- CSG Warm Weather Training Camp Dec2016-Jan2017
- Fast and Female – Nov 13, 2016
- PD Coaching Workshop –Oct 22, Nov 4
- Coaching Workshops – Oct 22-23, Nov 19-20, Nov 26, Dec 17-18
- Evaluation of 3 learning Facilitators from Training to Trained
- Release Coaching policy on site
- Release of Coaching Team policy
- Release of Athlete Team policy
- Further Grant funding to assist with Coaching and athlete courses