

AO Cross Country Championships
November 17, 2003
Belvoir Farms, Delaware
Results

Bantam Girls 2000m

Name	Year Team	Time	Points
1 Boston, Emily-Rose	00 Newmarket Huskie	8:13.44	1
2 Walker, Haley	00 U of Toronto TC	8:16.32	2
3 Chau, Jocelyn	00 U of Toronto TC	8:18.29	3
4 Windebank, Hope	00 Sole Sisters Ath	8:26.99	4
5 Rynda, Aurora	00 U of Toronto TC	8:33.32	5
6 Smart-Reed, Madeleine	00 Etobicoke TFC	8:33.73	6
7 Elliott, Julia	00 Central Toronto E	8:36.21	7
8 Lynch, Kaitlyn	00 Hamilton Olympic	8:39.30	8
9 Greig, Madison	01 South Simcoe Duf	8:41.33	9
10 Cattell, Remy	01 Central Toronto F	8:41.57	10
11 Dwyer, Jenni	01 Central Toronto E	8:42.05	11
12 Hopkins, Parker	01 Central Toronto E	8:43.15	12
13 Weir, Alexandra	01 Central Toronto E	8:43.52	13
14 Brar, Jasmina	01 Durham Dragons A	8:44.88	14
15 Phillips, Cassidy	01 Newmarket Huskie	8:45.93	15
16 Carruthers, Anna	01 South Simcoe Duf	8:46.38	16
17 Whitten, Natalie	00 South Simcoe Duf	8:49.33	17
18 Saliba, Solstice	00 Durham Dragons A	8:50.99	18
19 Lapierre, Brooke	00 Cornwall Leg	8:54.12	19
20 Mangos, Adriana	01 Sole Sisters Ath	8:55.10	20
21 White, Aly	00 Central Toronto F	8:56.51	21
22 Jackson, Meg	02 Durham Dragons A	8:58.46	22
23 Cory, Rachel	01 Sole Sisters Ath	9:01.29	23
24 Sheridan, Katherine	00 Ottawa Lions TFC	9:01.90	24
25 Boston, Eliza Jane	02 Newmarket Huskie	9:02.35	25
26 Turner, Anna	00 Central Toronto F	9:04.12	26
27 Robertson, Ireland	01 Central Toronto AC	9:05.75	27
28 Tait, Hannah	01 Saugeen TFC	9:07.52	28
29 Walker, Chloe	00 Windsor Legion TFC	9:10.23	29
30 Denomme, Kate	01 Central Toronto B	9:11.09	30
31 Daigle, Freya	00 Central Toronto F	9:12.09	31
32 BoatSmith, Meaghan	00 Hamilton Olympic	9:12.43	32
33 Kerr, Emma	00 Central Toronto B	9:13.22	33
34 Gualtieri, Cate	00 Niagara Regional	9:14.05	34
35 Nickerson, Abby	00 Hamilton Olympic	9:14.37	35
36 Day, Natalie	00 Ottawa Lions TFC	9:15.23	36
37 Montesano, Erica	00 Newmarket Huskie	9:15.49	37
38 Ballantyne, Annie	02 Central Toronto C	9:16.12	38
39 Vaillancourt, Anna-Elena	00 Central Toronto AC	9:16.52	39
40 Cameron, Julia	02 Etobicoke TFC	9:16.98	40
41 Lexovsky, Zoe	01 Central Toronto D	9:17.22	41
42 Frazer, Hannah	00 Durham Dragons A	9:17.43	42
43 Ray, Alyxandra	00 Sole Sisters Ath	9:20.79	43
44 Pizzimenti, Alessia	00 York University TFC	9:21.21	44
45 McNeil, Sophie	01 Central Toronto B	9:23.19	45
46 Martin, Julia	00 Quinte West TC	9:23.48	46
47 Koski, Megan	00 South Simcoe Duf	9:24.63	47
48 Gravelle, Allison	00 Sole Sisters B	9:27.28	48
49 Tchervov, Katherine	01 Newmarket Huskie	9:28.65	49
50 Sfiris, Andrianna	01 Central Toronto AC	9:29.48	50
51 Hogg, Lauren	01 Central Toronto AC	9:29.65	51
52 Gozutok, Talia	00 South Simcoe Duf	9:31.94	52
53 Anderson, Sarah	01 Central Toronto C	9:32.22	53
54 Hannagan, Maya	00 Windsor Legion TFC	9:33.43	54
55 Osborne, Allegra	00 Central Toronto AC	9:35.89	55
56 Tsang, Isabel	00 Sole Sisters B	9:36.95	56
57 Cook, Teah	01 Georgetown Rockets	9:37.26	57
58 Lipin, Charlotte	00 Ottawa Lions TFC	9:40.06	58
59 Morgan, Cassidy	00 South Simcoe Duf	9:41.65	59
60 Morjaria, Alessa	02 Central Toronto D	9:42.90	60
61 Collinson, Livia	02 Central Toronto C	9:44.98	61
62 Warren, Riseley	01 U of Toronto TC	9:46.64	62
63 Dalton, Eilzabeth	07 Etobicoke TFC	9:48.69	63
64 Tetzlaff, Holly	00 Quinte West TC	9:48.96	64
65 Graham, Olivia	02 Etobicoke TFC	9:49.98	65
66 Sneek, Briar	00 Sole Sisters B	9:50.19	66
67 Krekora, Ania	00 U of Toronto TC	9:50.89	67
68 Lukas, Katherine	01 Durham Dragons A	9:53.13	68
69 Wong, Annika	00 Ottawa Lions TFC	9:53.92	69
70 Truyens, Payton	00 Georgetown Rockets	9:54.14	70
71 Ault, Ainsley	02 London Western TFC	9:57.52	71
72 Turner, Jessica	00 Windsor Legion TFC	10:01.83	72
73 Hutley, Erynn	01 Niagara Olympic	10:02.32	73
74 Tichbourne, Kara	05 Meaford Coyotes TC	10:02.78	74
75 Bier, Mackenzie	00 Central Toronto B	10:03.47	75
76 Rock, Emily	01 Newmarket Huskie	10:04.69	76
77 Knowles, Jillian	01 Georgetown Rockets	10:09.95	77
78 Pavelich, Lauren	01 Windsor Legion TFC	10:11.32	78
79 Martin, Kristyne	00 Newmarket Huskie	10:12.82	79
80 Henricks, Gracie	00 London Runner Di	10:17.11	80
81 Hannagan, Alaina	02 Windsor Legion TFC	10:19.71	81

82 Alberti, Nancy	00 Central Toronto D	10:20.88	82
83 Petersen, Sarah	01 Central Toronto D	10:23.21	83
84 Carson, Rachel	00 Georgetown Rockets	10:23.43	84
85 Point, Rachael	02 North Bay Legion	10:25.86	85
86 Hendriks, Tori	00 Niagara Olympic	10:26.10	86
87 Asphen, Leah	02 Central Toronto C	10:27.28	87
88 Ferguson, Lia	02 Ottawa Lions TFC	10:27.74	88
89 Jagodkin, May	01 U of Toronto TC	10:30.77	89
90 Melnyk, Sasha	01 Boardwalk RC	10:33.63	90
91 Scobbie, Jenevieve	01 Newmarket Huskie	10:34.54	91
92 Manserra, Nicole	01 Central Toronto C	10:35.04	92
93 Pauli, Lauren	02 North Bay Legion	10:37.25	93
94 Diprisco, Claire	00 Sole Sisters B	10:41.15	94
95 Bier, Kennedy	02 Central Toronto D	10:48.59	95
96 McLlean, Emily	02 Newmarket Huskie	10:49.80	96

Team Scores

Rank	Team	Total	1	2	3	4
1	Central Toronto E	43	7	11	12	13
2	U of Toronto TC A	72	2	3	5	62
3	Newmarket Huskies TC A	78	1	15	25	37
4	Central Toronto F	88	10	21	26	31
5	South Simcoe Dufferin T A	89	9	16	17	47
6	Sole Sisters Athletics	90	4	20	23	43
7	Durham Dragons Athletic A	96	14	18	22	42
8	Central Toronto AC A	167	27	39	50	51
9	Etobicoke TFC	174	6	40	63	65
10	Central Toronto B	183	30	33	45	75
11	Ottawa Lions TFC A	187	24	36	58	69
12	Windsor Legion TFC A	233	29	54	72	78
13	Central Toronto C A	239	38	53	61	87
14	Sole Sisters B	264	48	56	66	94
15	Central Toronto D A	266	41	60	82	83
16	Georgetown Rockets	288	57	70	77	84
17	Newmarket Huskies TC B	295	49	76	79	91

Bantam Boys 2000 Meter

Name	Year Team	Time	Points
1 LeLiever, Mitchell	00 Etobicoke TFC	7:35.43	1
2 Purnell, Alec	00 Hamilton Olympic	7:42.29	2
3 Kochals, Cade	00 Central Toronto C	7:48.18	3
4 Witkowitz, Thomas	00 Durham Dragons A	7:50.74	4
5 Mota, Nicholas	01 Newmarket Huskie	7:51.17	5
6 Dean, Cameron	00 Durham Dragons A	7:53.31	6
7 Lapp, Isaac	00 Niagara Regional	7:59.51	7
8 Lanoue, Andre	01 Windsor Legion TFC	8:01.16	8
9 Carone, Joey	01 Niagara Regional	8:06.18	9
10 Boston, Joshua Thomas	02 Newmarket Huskie	8:08.13	10
11 Gandolfo, Pedro	00 Central Toronto C	8:11.18	11
12 Stewart, William	00 London Runner Di	8:12.18	12
13 Squarek, Bradley	01 Etobicoke TFC	8:12.59	13
14 Young, Nicholas	01 Niagara Regional	8:13.01	14
15 Olson-Keating, James	02 Newmarket Huskie	8:14.81	15
16 Trowbridge, Braydon	02 Durham Dragons A	8:16.64	16
17 Rosen, Daniel	01 Etobicoke TFC	8:17.66	17
18 Madigan, Ryan	00 Central Toronto C	8:18.30	18
19 Graenert, Maurice	01 Newmarket Huskie	8:18.98	19
20 Lampard, Mathew	02 Central Toronto AC	8:19.45	20
21 Mills, Finn	00 Hamilton Olympic	8:20.24	21
22 Fournier, Adrian	00 Ottawa Lions TFC	8:20.95	22
23 Wood, Mackenzie	02 Central Toronto AC	8:22.80	23
24 Ruest, Michael	01 Meaford Coyotes TC	8:26.03	24
25 Rivard, Liam	01 Central Toronto C	8:26.34	25
26 Goslett, Aidan	01 Phoenix Athletic	8:27.22	26
27 Free, Derian	01 Niagara Olympic	8:29.77	27
28 Miller, Josh	00 Durham Dragons A	8:30.43	28
29 Moore, David	00 Almaguin TC	8:34.74	29
30 Justason, Eric	00 Hamilton Olympic	8:36.31	30
31 Eastmond, Nathan	02 Durham Dragons A	8:36.55	31
32 Dal Bianco, Will	00 Etobicoke TFC	8:38.86	32
33 Ruest, Peter	02 Meaford Coyotes TC	8:39.37	33
34 Drouillard, Keegan	00 Windsor Legion TFC	8:39.86	34
35 Ferguson, Graeme	00 Ottawa Lions TFC	8:40.49	35
36 Costa, Noah	01 Windsor Legion TFC	8:41.20	36
37 McMullen, Liam	03 Unattached Ontario	8:44.89	37
38 Ruijgrok, Drew	00 Hamilton Olympic	8:50.30	38
39 Hawkes, Joshua	01 Windsor Legion TFC	8:51.51	39
40 Nusselder, Luc	01 Meaford Coyotes TC	8:52.60	40
41 Sellery, Scott	01 Central Toronto AC	8:53.40	41
42 Zabukovec, Aiden	01 Ironstride	8:53.74	42
43 McKnight, Brody	00 Brantford TFC	8:54.10	43
44 Fretz, Caleb	01 Niagara Regional	8:55.51	44
45 Pilkey, Nathan	01 Ironstride	8:55.89	45
46 Pribaz, Connor	02 Central Toronto AC	8:56.16	46

47	Chertov, Arseniy	00 Windsor Legion TFC	8:58.04	47
48	Bull, Jakob	01 U of Toronto TC	9:00.82	48
49	McConkey, Matthew	01 Ironstride	9:03.40	49
50	Jones, Ethan	01 Etobicoke TFC	9:04.97	50
51	Thompson, Matthew	01 U of Toronto TC	9:05.99	51
52	Sellery, Michael	01 Central Toronto AC	9:07.73	52
53	Kukhta, Teagan	03 Windsor Legion TFC	9:11.67	53
54	Woo, Cameron	00 Boardwalk RC	9:12.23	54
55	Armstrong, Max	00 Central Toronto B	9:14.92	55
56	Thebaud, Arthur	00 Ottawa Lions TFC	9:17.83	56
57	Brown, Michael	01 Windsor Legion TFC	9:19.33	57
58	McIntosh, Ryan	01 Newmarket Huskie	9:21.10	58
59	Porter, Andrew	00 U of Toronto TC	9:23.04	59
60	Benson, Graydon	01 U of Toronto TC	9:23.39	60
61	Hoonard, Benjamin	01 Saugeen TFC	9:29.02	61
62	Caron, Tyler	02 Sarnia Athletics	9:31.11	62
63	Lipin, Noah	00 Ottawa Lions TFC	9:31.87	63
64	Russo, Connor	01 North Bay Legion	9:34.79	64
65	Abboud, Evan	01 Ironstride	9:36.15	65
66	Daigle, Matt	02 Central Toronto B	9:36.56	66
67	Northrup, Gibson	02 North Bay Legion	10:02.29	67
68	Travers, Michael	04 North Bay Legion	10:05.84	68
69	Branderhorst, Isaac	01 Saugeen TFC	10:09.39	69
70	Blain-Rogers, Alek	04 North Bay Legion	10:13.76	70
71	Strang, Ben	01 North Bay Legion	10:16.66	71
72	MacFarlane, Liam	01 Central Toronto B	10:22.47	72
73	Da Silva, Marcus	01 Central Toronto B	11:08.94	73

Team Scores

Rank	Team	Total	1	2	3	4
1	Newmarket Huskies TC A	49	5	10	15	19
2	Durham Dragons Athletic A	54	4	6	16	28
3	Central Toronto C	57	3	11	18	25
4	Etobicoke TFC A	63	1	13	17	32
5	Niagara Regional Athlet	74	7	9	14	44
6	Hamilton Olympic Club	91	2	21	30	38
7	Windsor Legion TFC A	117	8	34	36	39
8	Central Toronto AC A	130	20	23	41	46
9	Ottawa Lions TFC	176	22	35	56	63
10	Ironstride	201	42	45	49	65
11	U of Toronto TC	218	48	51	59	60
12	Central Toronto B	266	55	66	72	73
13	North Bay Legion A	269	64	67	68	70

Midget Girls 3000m

Name	Year	Team	Time	Points
1	Cameron, Mackenzie	98 Georgetown Rockets	13:02.50	1
2	Raftis, Kylee	99 Central Toronto AC	13:02.83	2
3	MacDougall, Branna	98 Physi-Kult Kingston	13:04.33	3
4	Stafford, Lucia	98 U of Toronto TC	13:27.34	4
5	Dobbs, Hiley	98 Durham Dragons A	13:31.26	5
6	Cohen, Emily	99 Central Toronto AC	13:42.41	6
7	Bull, Amanda	99 Durham Dragons A	13:43.86	7
8	Reid, Catherine	99 Newmarket Huskie	13:45.92	8
9	Robinson, Natali	99 Central Toronto AC	13:50.17	9
10	Sippel, Meghan	99 Georgetown Rockets	13:54.04	10
11	Glass, Justine	98 South Simcoe Duf	13:58.21	11
12	Lampard, Caroline	98 Central Toronto AC	13:58.80	12
13	Rouse, Savannah	98 U of Toronto TC	14:07.18	13
14	Anderson, Allison	98 Central Toronto AC	14:13.49	14
15	Sandwell, Paige	98 Newmarket Huskie	14:14.04	15
16	Anastasakis, Melissa	98 Newmarket Huskie	14:14.27	16
17	Adams, Finley	99 Speed River TFC	14:14.51	17
18	Donnelly, Shaun	99 Niagara Regional	14:16.57	18
19	Burnham, Madison	99 U of Windsor Alu	14:16.78	19
20	Hrudka, Emily	99 Saugeen TFC	14:19.51	20
21	Jankov, Mary	99 Unattached Ontario	14:20.40	21
22	Gaudet, Olivia	98 Ottawa Lions TFC	14:21.40	22
23	Harris, Lauren	98 Windsor Legion TFC	14:23.58	23
24	Crawley, Lauren	99 Durham Dragons A	14:24.17	24
25	Sawchuk, Zoe	98 Windsor Legion TFC	14:24.43	25
26	Desender, Tatiana	98 London Legion TF	14:25.20	26
27	Buckridge, Jasmine	98 Hamilton Olympic	14:28.35	27
28	Shepherd, Keili	99 Ottawa Lions TFC	14:34.74	28
29	Elmy, Alyssa	98 South Simcoe Duf	14:37.90	29
30	Devries, Alexandra	98 Brantford TFC	14:39.12	30
31	Hewitt, Chloe	98 Hamilton Olympic	14:39.51	31
32	Rossi, Jenna	00 Ottawa Lions TFC	14:39.94	32
33	Kromberg, Sarah	99 Newmarket Huskie	14:40.27	33
34	Knowles, Stephanie	98 Georgetown Rockets	14:40.47	34
35	Mansour, Kasha	99 Central Toronto B	14:41.33	35
36	McNeil, Mara	99 Central Toronto B	14:44.47	36
37	Douglas, Jacqueline	98 U of Toronto TC	14:44.81	37
38	Snively, Kennedy	98 Windsor Legion TFC	14:45.02	38

39	Scotten, Marin	99 Ottawa Lions TFC	14:46.09	39
40	Rivelis, Maddy	98 Windsor Legion TFC	14:47.26	40
41	Brennan, Talia	98 Ottawa Lions TFC	14:49.59	41
42	Willis, Michelle	98 Durham Dragons A	14:50.28	42
43	Ohrlang, Heidi	98 Saugeen TFC	14:54.10	43
44	Dehghan, Camille	98 Hamilton Olympic	14:54.39	44
45	Jung, Lola	99 Saugeen TFC	14:57.38	45
46	Shukla, Jazz	98 U of Toronto TC	14:59.94	46
47	Manserra, Julianna	99 Central Toronto B	15:02.83	47
48	Dale, Megan	98 London Legion TF	15:03.60	48
49	Harris, Emma	98 U of Toronto TC	15:06.04	49
50	Runner, Unknown	98 Unknown Team	15:06.64	50
51	Tait, Martina	99 Saugeen TFC	15:08.76	51
52	Topp, Natalie	98 London Western TFC	15:10.10	52
53	More, Taylor	99 Etobicoke TFC	15:12.19	53
54	Webb, Victoria	99 U of Windsor Alu	15:14.64	54
55	Steckel, Camryn	99 London Legion TF	15:19.68	55
56	Flaim, Marina	99 NS YHZ1 TFC	15:21.12	56
57	Hodinka, Megan	99 Newmarket Huskie	15:21.85	57
58	Jordan, Alexandra	99 310 Running	15:22.73	58
59	Prsa, Megan	98 Windsor Legion TFC	15:22.77	59
60	Murray, Emma	98 U of Windsor Alu	15:23.45	60
61	Burt, Sierra	99 Saugeen TFC	15:25.32	61
62	Langelan, Rachel	98 Hamilton Olympic	15:26.92	62
63	Chamandy, Meggie	99 U of Windsor Alu	15:29.59	63
64	Millar, Kate	99 Ottawa Lions TFC	15:30.50	64
65	Sartor, Nicole	99 Newmarket Huskie	15:32.54	65
66	Modeen, Bree	99 North Bay Legion	15:32.81	66
67	Tarini, Sydney	00 Track North AC	15:33.36	67
68	Armstrong, Jasmine	98 South Simcoe Duf	15:38.96	68
69	Drake, Emily	98 London Legion TF	15:41.43	69
70	Doleweerd, Megan	98 South Simcoe Duf	15:41.99	70
71	Herjavec, Caprice	98 Central Toronto B	15:42.62	71
72	Lynch, Jillian	98 South Simcoe Duf	15:43.07	72
73	Hewitt, Mikayla	98 Unattached Ontario	15:50.82	73
74	Shiell, Maddie	98 Georgetown Rockets	15:54.45	74
75	Charbonneau, Natasha	98 South Simcoe Duf	15:55.06	75
76	Fazekas, Emma	98 Ottawa Lions TFC	15:59.07	76
77	McCormick, Audrey	98 South Simcoe Duf	16:00.61	77
78	Jairraith, Julia	98 Etobicoke TFC	16:05.62	78
79	Papac, Daniela	99 U of Windsor Alu	16:05.93	79
80	Smith, Jenna	98 Hamilton Olympic	16:10.17	80
81	Tamming, Nicole	99 Saugeen TFC	16:11.60	81
82	Jackson, Lauren	98 Durham Dragons A	16:13.44	82
83	Foster, Gwyneth	99 Greater Uxbridge	16:19.80	83
84	Brown, Julia	98 North Bay Legion	16:21.95	84
85	Bailey-Mason, Gwen	66 U of Toronto TC	16:23.91	85
86	Boycott, Kate	98 Windsor Legion TFC	16:26.29	86
87	Vacca, Alexandra	99 Hamilton Olympic	16:36.75	87
88	Verschoor, Natalie	99 Brantford TFC	16:41.11	88
89	Yawney, Micaela	98 Speed River TFC	16:46.18	89
90	Wilkins, Aleccia	98 London Legion TF	16:46.39	90
91	Hogg, Jordan	99 Central Toronto AC	16:48.21	91
92	MacKenzie, Anna	98 Laurel Creek TFC	16:55.91	92
93	Annis, Mackenzie	99 Kitchener Waterl	17:15.62	93
94	Tremblay, Emilie	99 Ironstride	17:37.80	94
95	Lambert, Lily	98 Burlington TFC	17:41.24	95
96	Veres, Taylor	99 U of Toronto TC	17:44.50	96
97	Dufour, Maeve	99 U of Windsor Alu	17:45.36	97
98	Gregoire, Megan	99 U of Windsor Alu	17:45.87	98
99	Lamadrid, Isabela	99 U of Toronto TC	17:46.37	99
100	Clarke, Erin	99 Etobicoke TFC	17:49.71	100
101	Spoel, Bridget	00 Track North AC	17:56.17	101
102	Taylor, Emily	99 Track North AC	18:00.13	102
103	Papadopoulos, Sydney	98 Speed River TFC	18:06.54	103
104	Olson, Stephanie	99 U of Toronto TC	18:22.13	104
105	Belkina, Leeza	98 U of Toronto TC	18:41.86	105
106	Whittaker-Lee, Katrina	99 Central Toronto AC	18:49.21	106
107	Bowman, Maddy	99 Kitchener Waterl	18:56.63	107
108	Bickley-Gardner, Sarah	98 U of Toronto TC	19:34.32	108
109	Brett-Turner, Ella	99 U of Toronto TC	19:34.53	109
110	Blackwell, Sara	98 Central Toronto AC	20:42.86	110

Team Scores

Rank	Team	Total	1	2	3	4
1	Central Toronto AC A	29	2	6	9	12
2	Newmarket Huskies TC A	72	8	15	16	33
3	Durham Dragons Athletic A	78	5	7	24	42
4	U of Toronto TC A	100	4	13	37	46
5	Georgetown Rockets	119	1	10	34	74
6	Ottawa Lions TFC A	121	22	28	32	39
7	Windsor Legion TFC A	126	23	25	38	40
8	Saugeen TFC A	159	20	43	45	51
9	Hamilton Olympic Club A	164	27	31	44	62
10	South Simcoe Dufferin T A	178	11	29	68	70
11	Central Toronto B	189	35	36	47	71
12	U of Windsor TF Alumni A	196	19	54	60	63
13	London Legion TF Allian A	198	26	48	55	69

14 Central Toronto AC B	321	14	91	106	110
15 U of Toronto TC B	329	49	85	96	99
16 U of Toronto TC C	426	104	105	108	109

Midget Boys 4000m

Name	Year Team	Time	Points
1 Hayfron, Edward	98 Phoenix Athletic	14:21.94	1
2 Tell, Riley	98 Durham Dragons A	14:24.99	2
3 Linscott, Cameron	98 Kingston Achilles	14:37.49	3
4 Plamondon, Mathieu	99 Timmins Porcupin	14:44.81	4
5 McGillivray, Joshua	98 Central Toronto AC	14:52.39	5
6 Gallagher, Thomas	98 Newmarket Huskie	15:02.94	6
7 Cannella, Quinn	98 Windsor Legion TFC	15:06.08	7
8 Martin, Josh	98 Durham Dragons A	15:10.80	8
9 Madden, Kyle	98 Brantford TFC	15:11.10	9
10 Sheeler, Bradley	98 London Western TFC	15:11.34	10
11 Coccia, Michael	98 Speed River TFC	15:14.76	11
12 Luke, Sean	98 London Legion TF	15:17.91	12
13 Heyink, Mitchell	98 Saugeen TFC	15:18.15	13
14 Brar, Dilan	98 Durham Dragons A	15:18.27	14
15 Ord, Greg	98 Durham Dragons A	15:18.66	15
16 Main, Caleb	98 Speed River TFC	15:26.18	16
17 Montesano, Alex	98 Newmarket Huskie	15:28.07	17
18 Poloni, David	99 Burlington TFC	15:28.37	18
19 Ubene, Mitchell	98 Windsor Legion TFC	15:30.88	19
20 Sagriff, Paul	98 Kingston Achilles	15:34.22	20
21 Nusselder, Sam	99 Disassociated	15:34.91	21
22 Abanto Enns, Nicolas	98 Ottawa Lions TFC	15:36.92	22
23 MacKinnon, Ian	98 GHAC/ Mackatak	15:38.85	23
24 Jaciw-Zurakowsky, Luke	99 Durham Dragons A	15:42.88	24
25 Simone, Brendan	99 U of Windsor Alu	15:45.02	25
26 Saville, Thomas	98 Ottawa Lions TFC	15:49.81	26
27 Boucher, Bradd	98 Timmins Porcupin	15:51.37	27
28 Adams, Nicholas	98 Physi-Kult Kingston	15:54.17	28
29 Toogood, Rhys	98 Newmarket Huskie	15:55.05	29
30 MacIntosh, Thomas	99 Durham Dragons A	15:55.30	30
31 Neumann, Jonah	98 Meaford Coyotes TC	15:55.52	31
32 Lopez-Bondi, Gregory	98 Etobicoke TFC	15:55.76	32
33 Loucks, Ethan	99 Unattached Ontario	15:57.53	33
34 Chandhoke, Gurmontek	98 Durham Dragons A	16:07.17	34
35 Fisher, Graeme	98 Windsor Legion TFC	16:07.43	35
36 Berrada, Anas	98 Central Toronto AC	16:10.15	36
37 D'Alessandro, Nick	98 Hamilton Olympic	16:10.37	37
38 Smith, Gavin	98 Niagara Olympic	16:11.00	38
39 Mateus, Nicholas	99 Oakville Legion TFC	16:11.76	39
40 Rowntree, Dawson	98 310 Running	16:12.12	40
41 Clark, Braydon	99 Speed River TFC	16:12.34	41
42 Patterson, Derek	98 Lakehead Running	16:13.57	42
43 Sanger, Louis	98 Etobicoke TFC	16:14.76	43
44 Brawn, Wilson	99 Central Toronto AC	16:15.17	44
45 Orshinsky, Nick	98 Windsor Legion TFC	16:17.48	45
46 Martineau, Logan	99 Niagara Regional	16:18.71	46
47 Bates, Paul	99 Kingston Achilles	16:21.62	47
48 Leishman, Andrew	99 U of Toronto TC	16:22.93	48
49 Sutton, Anthony	99 Central Toronto AC	16:24.75	49
50 Wood, Harrison	99 Central Toronto AC	16:28.03	50
51 Branderhorst, Joel	98 Saugeen TFC	16:28.78	51
52 Quigley, Peter	98 South Simcoe Duf	16:28.98	52
53 Greig, Cole	99 South Simcoe Duf	16:29.17	53
54 Fitzpatrick, John	98 U of Toronto TC	16:31.46	54
55 Hoerner, Alex	99 Central Toronto AC	16:32.63	55
56 Gallasso, Joshua	99 U of Windsor Alu	16:33.01	56
57 Fretz, Levi	98 Niagara Regional	16:33.61	57
58 Petersen, Michael	98 Central Toronto AC	16:34.49	58
59 Wesley, Gavin	99 Timmins Porcupin	16:35.81	59
60 Runner, Unknown	98 Unknown Team	16:36.37	60
61 Wismer, Isaac	98 Speed River TFC	16:39.52	61
62 Ahola, Matthew	98 Mississauga TFC	16:40.19	62
63 McKendrick, Duncan	99 Central Toronto AC	16:42.69	63
64 Orshinsky, Alex	98 Windsor Legion TFC	16:43.05	64
65 MacGregor, Callum	99 310 Running	16:48.90	65
66 Elliott, Lucas	98 Central Toronto AC	16:52.56	66
67 Fernando, Sachin	98 Mississauga TFC	16:53.71	67
68 Smyth, Brent	98 Hamilton Olympic	16:55.44	68
69 Parsons, Colby	98 Mississauga TFC	16:55.66	69
70 Jeffrey, Nathan	98 Saugeen TFC	16:57.34	70
71 Dias, Joshua	98 Etobicoke TFC	16:57.47	71
72 Rivard, Joshua	98 Central Toronto AC	16:59.72	72
73 Dzieciol, Jacob	98 Etobicoke TFC	17:01.19	73
74 Esler, Brady	99 London Legion TF	17:02.12	74
75 Woghiren, Joshua	99 Windsor Legion TFC	17:02.79	75
76 Schwartzel, Julian	98 Etobicoke TFC	17:03.85	76
77 Wyslobocki, Christopher	99 Etobicoke TFC	17:07.63	77
78 Tulloch, Alexander	99 Meaford Coyotes TC	17:10.71	78
79 Heikkinen, Brendan	98 Windsor Legion TFC	17:12.89	79
80 Hoggarth, Cameron	98 Saugeen TFC	17:13.49	80
81 Southard, Andrew	98 Durham Dragons A	17:14.29	81

82 Graenert, Justin	99 Newmarket Huskie	17:15.26	82
83 McBride, Will	99 Windsor Legion TFC	17:16.79	83
84 Peterman, David	99 Durham Dragons A	17:17.00	84
85 Derhak, Addison	98 Laurel Creek TFC	17:17.21	85
86 Horner, Drew	99 Saugeen TFC	17:32.20	86
87 Shearing, Graham	99 Muskoka Algonqui	17:40.39	87
88 Diep, Justin	98 Mississauga TFC	17:41.76	88
89 Strano, Myles	00 South Simcoe Duf	17:45.97	89
90 Skinner, Kintaro	99 U of Toronto TC	17:50.04	90
91 Rocheleau, Aidan	99 Windsor Legion TFC	17:54.32	91
92 Johns, Philippe	98 Timmins Porcupin	17:58.05	92
93 Fitzgerald, Aidan	98 Laurel Creek TFC	17:58.69	93
94 Robinson, Paul	98 Etobicoke TFC	18:00.66	94
95 Nagler, Cory	99 U of Toronto TC	18:03.18	95
96 Hicks, Connor	98 Burlington TFC	18:04.16	96
97 Pot, Benjamin	99 Saugeen TFC	18:10.18	97
98 Gozutok, Kaan	99 South Simcoe Duf	18:11.22	98
99 Guyon, Julien	98 Kingston Achilles	18:12.90	99
100 Koss, John	98 Mississauga TFC	18:18.32	100
101 George, Jacob	98 Central Toronto AC	18:24.75	101
102 Malek, Jordan	99 Newmarket Huskie	18:29.30	102
103 McKay, Benjamin	99 Laurel Creek TFC	18:29.52	103
104 Van Heumen, Garret	98 London Western TFC	18:49.31	104
105 Channer, Devaughn	98 Speed River TFC	19:07.90	105
106 Baldwin, Ryan	99 Georgetown Rockets	19:20.05	106
107 Kawaguchi, Brett	98 Central Toronto AC	19:20.32	107
108 Sawyer, Kyle	99 Laurel Creek TFC	19:45.10	108
109 Schaffer, Balazs	99 Newmarket Huskie	19:50.52	109
110 Orccotoma, Oscar	99 U of Toronto TC	19:56.02	110

Team Scores

Rank	Team	Total	1	2	3	4
1	Durham Dragons Athletic A	39	2	8	14	15
2	Windsor Legion TFC A	106	7	19	35	45
3	Speed River TFC A	129	11	16	41	61
4	Central Toronto AC A	134	5	36	44	49
5	Newmarket Huskies TC A	134	6	17	29	82
6	Kingston Achilles	169	3	20	47	99
7	Durham Dragons Athletic B	169	24	30	34	81
8	Timmins Porcupine TFC	182	4	27	59	92
9	Saugeen TFC A	214	13	51	70	80
10	Etobicoke TFC A	219	32	43	71	73
11	Central Toronto AC B	226	50	55	58	63
12	Mississauga TFC A	286	62	67	69	88
13	U of Toronto TC A	287	48	54	90	95
14	South Simcoe Dufferin T	292	52	53	89	98
15	Windsor Legion TFC B	301	64	75	79	83
16	Central Toronto AC C	346	66	72	101	107
17	Laurel Creek TFC	389	85	93	103	108

Youth Girls 4000m

Name	Year Team	Time	Points
1 Smith, Claire	97 Ottawa Lions TFC	15:32.46	1
2 Prouse, Charlotte	97 London Legion TF	16:02.21	2
3 Woodhouse, Hannah	97 Meaford Coyotes TC	16:14.22	3
4 Grazarian, Sevanne	99 Guelph TFC	16:20.63	4
5 Boliger, Alyssa	96 Guelph TFC	16:27.03	5
6 Jaros, Heather	97 Physi-Kult Kingston	16:30.43	6
7 Fedorov, Yulia	96 Newmarket Huskie	16:32.06	7
8 Head, Alison	97 Mississauga TFC	16:32.86	8
9 Ryall, Stephanie	97 Unattached Ontario	16:36.42	9
10 Mayers, Mackenzie	97 London Legion TF	16:38.01	10
11 Wismer, Sarah	96 Speed River TFC	16:40.91	11
12 Hilliard, Madison	97 Central Toronto AC	16:54.60	12
13 Korsmit, Laura	96 Niagara Olympic	16:57.12	13
14 Lucki, Alexandra	96 Etobicoke TFC	17:07.75	14
15 MacPhail, Rachyl	96 NS YHZ1 TFC	17:11.69	15
16 Hessels, Nicole	97 Laurel Creek TFC	17:12.87	16
17 Kuhn, Kristen	96 Disassociated	17:15.21	17
18 Stenman-Fahey, Erinn	97 Ottawa Lions TFC	17:19.30	18
19 Jossinet, Danielle	97 Durham Dragons A	17:19.63	19
20 Park, Laura	97 Newmarket Huskie	17:20.95	20
21 Cirone, Katerina	96 Toronto Olympic	17:22.34	21
22 Fernyhough, Claire	97 U of Toronto TC	17:25.75	22
23 Nusselder, Jessie	97 Meaford Coyotes TC	17:27.44	23
24 Cianni, Anna	96 Newmarket Huskie	17:29.49	24
25 Cuaba, Jessica	97 Guelph TFC	17:34.23	25
26 McGuire, Cailie	96 Mississauga TFC	17:34.46	26
27 Stewart, Alyssa	97 Newmarket Huskie	17:35.95	27
28 Mawhinney, Erin	96 Harbour Track	17:45.25	28
29 Little, Olivia	96 Windsor Legion TFC	17:48.53	29
30 Jarvis, Somerset	97 U of Toronto TC	17:52.67	30
31 Gragtman, Jennika	96 Newmarket Huskie	17:57.41	31
32 Johnston, Stephanie	96 Brantford TFC	17:58.90	32

33 Livingstone, Alexa	97 Ottawa Lions TFC	18:03.89	33
34 Ratcliffe, Alex	96 Burlington TFC	18:08.35	34
35 Marlatt, Libby	99 Phoenix Athletic	18:08.79	35
36 Tramble, Lindsay	98 Etobicoke TFC	18:09.00	36
37 El Gana, Ikram	97 Etobicoke TFC	18:09.41	37
38 Hawkins, Sydney	96 U of Windsor Alu	18:09.70	38
39 Rocheleau, Fiona	97 Windsor Legion TFC	18:09.96	39
40 Bracci, Brianne	97 Windsor Legion TFC	18:10.24	40
41 Sitarz, Erin	96 Greater Uxbridge	18:17.05	41
42 Locco, Lauren	96 GHAC/ Mackatak	18:18.53	42
43 Bak, Madison	96 Guelph TFC	18:20.09	43
44 Shaw, Stephanie	96 Guelph TFC	18:21.86	44
45 Kwajafa, Sarah	97 London Legion TF	18:22.34	45
46 Scheunert, Maggie	96 Ottawa Lions TFC	18:22.92	46
47 Kinnimont, Erin	97 Phoenix Athletic	18:23.29	47
48 Foss, Gabrielle	97 U of Toronto TC	18:27.72	48
49 Shearman, Alanna	96 Ottawa Lions TFC	18:29.57	49
50 Starke, Emma	97 Durham Dragons A	18:30.21	50
51 Omahen, Natalie	96 Windsor Legion TFC	18:34.73	51
52 Smith, Amy	97 Central Toronto AC	18:35.51	52
53 Mayer, Katarina	98 Etobicoke TFC	18:37.98	53
54 Lapp, Mary	97 Niagara Regional	18:40.07	54
55 Negrazis, Lauren	96 Greater Uxbridge	18:41.59	55
56 Wong, Natasha	97 Ottawa Lions TFC	18:44.54	56
57 Stacey, Natalie	96 Hamilton Olympic	18:48.50	57
58 Sprenger, Jillian	97 Etobicoke TFC	18:51.13	58
59 MacDonald, Sarah	97 U of Toronto TC	18:53.33	59
60 McGowan, Kayla	99 Niagara Olympic	18:54.85	60
61 Hildebrand, Alex	96 Speed River TFC	18:57.56	61
62 Agustin, Christiana	97 Phoenix Athletic	18:57.75	62
63 Van Wyk, Sarah	97 Saugeen TFC	18:57.96	63
64 Van Nest, Olivia	96 Newmarket Huskie	18:59.80	64
65 deBeer, Anya	97 Hamilton Olympic	19:00.63	65
66 Castro, Raquel	96 Mississauga TFC	19:00.91	66
67 Goertz, Avery	99 Niagara Olympic	19:07.05	67
68 Fader, Samantha	96 NS YHZ1 TFC	19:07.79	68
69 Papaioannou, Stephanie	97 U of Toronto TC	19:08.63	69
70 Carley, Hannah	97 Newmarket Huskie	19:10.65	70
71 Zonneveld, Paula	96 Central Toronto AC	19:11.20	71
72 Hughson, Nicole	98 London Legion TF	19:13.40	72
73 Hathaway, Madison	97 Durham Dragons A	19:16.49	73
74 Scagnetto, Olivia	96 Nith River Runners	19:16.91	74
75 Bhoولاتon, Ashni	97 Newmarket Huskie	19:17.10	75
76 Parker, Paige	97 Speed River TFC	19:20.20	76
77 Whitney, Jenna	98 Greater Uxbridge	19:21.13	77
78 Mitchell, Emma	97 Burlington TFC	19:22.97	78
79 Straznicki, Lydia	97 Ottawa Lions TFC	19:25.51	79
80 Clark, Chelsea	97 U of Windsor Alu	19:31.43	80
81 Eraqi, Vanesa	97 Mississauga TFC	19:35.17	81
82 Nardi, Danielle	96 U of Toronto TC	19:35.67	82
83 Hildebrand, Julia	96 Speed River TFC	19:53.07	83
84 Healy, Ava	99 Central Toronto AC	19:57.19	84
85 Hosker, Ashley	96 Speed River TFC	20:00.59	85
86 Menard, Alexandria	97 Ottawa Lions TFC	20:03.16	86
87 Norton, Megan	99 Niagara Olympic	20:05.24	87
88 MacDonald, Ally	97 London Western TFC	20:08.53	88
89 Jensen, Emily	97 Laurel Creek TFC	20:14.73	89
90 Tuszkiewicz, Heidi	97 Greater Uxbridge	20:17.13	90
91 Wilcox, Megan	97 Brantford TFC	20:20.93	91
92 Doyle, Christine	96 U of Toronto TC	20:22.52	92
93 Muldoon, Meghan	97 Phoenix Athletic	20:26.45	93
94 Fisher, Sydney	97 London Western TFC	20:28.37	94
95 Smith, Meaghan	98 Guelph TFC	20:45.54	95
96 Segato, Emma	96 Nith River Runners	20:57.95	96
97 Rotz, Cailen	99 Niagara Olympic	21:03.09	97
98 Scott, Hayley	96 Newmarket Huskie	21:20.30	98
99 Clark, Rachel	96 Etobicoke TFC	21:26.06	99
100 Benninger, Stephanie	98 Guelph TFC	21:34.42	100
101 Miller, Molly	97 London Legion TF	21:50.40	101
102 Rich, Ainslie	96 Ottawa Lions TFC	22:16.76	102
103 Li, Lauren	96 Etobicoke TFC	22:20.75	103
104 McKenzie, Tylar	98 Guelph TFC	23:00.93	104
105 Jobb, Riekie	96 Durham Dragons A	24:13.10	105
106 Sharma, Aishwarya	97 U of Toronto TC	26:28.00	106

Team Scores

Rank	Team	Total	1	2	3	4
1	Guelph TFC A	77	4	5	25	43
2	Newmarket Huskies TC A	78	7	20	24	27
3	Ottawa Lions TFC A	98	1	18	33	46
4	London Legion TF Allian A	129	2	10	45	72
5	Etobicoke TFC A	140	14	36	37	53
6	Windsor Legion TFC	159	29	39	40	51
7	U of Toronto TC A	159	22	30	48	59
8	Mississauga TFC	181	8	26	66	81
9	Central Toronto AC	219	12	52	71	84
10	Niagara Olympic Club A	227	13	60	67	87
11	Speed River TFC A	231	11	61	76	83

12 Phoenix Athletics Assoc	237	35	47	62	93
13 Newmarket Huskies TC B	240	31	64	70	75
14 Durham Dragons Athletic	247	19	50	73	105
15 Greater Uxbridge Road R	263	41	55	77	90
16 Ottawa Lions TFC B	270	49	56	79	86
17 Guelph TFC B	343	44	95	100	104
18 U of Toronto TC B	349	69	82	92	106

Youth Boys 6000m

Name	Year Team	Time	Points
1 Abdulkarim, Farah	96 Ottawa Lions TFC	21:43.05	1
2 Matthews, Miles	97 Windsor Legion TFC	22:05.63	2
3 Nicholson, Devin	96 London Legion TF	22:09.22	3
4 Klomp, Craig	96 London Legion TF	22:09.71	4
5 Workman, Ben	97 Kingston Achilles	22:27.01	5
6 El-Sandali, Ehab	97 Etobicoke TFC	22:36.52	6
7 Sheeler, Matthew	96 London Western TFC	22:37.73	7
8 Edwards, Skylar	96 Windsor Legion TFC	22:38.64	8
9 Cauchi, Mitchell	97 Toronto Olympic	22:43.57	9
10 Ruez Villanueva, Sergio	97 Mississauga TFC	22:48.53	10
11 Tait, Adam	97 Saugeen TFC	22:49.00	11
12 Smee, Keaton	96 Newmarket Huskie	22:50.63	12
13 Ruest, Jared	97 Meaford Coyotes TC	22:53.85	13
14 Sirage, Muhumed	97 London Legion TF	22:56.63	14
15 Bernst, Alex	97 Ottawa Lions TFC	23:01.06	15
16 Moakler, Justin	96 Mississauga TFC	23:03.14	16
17 Mustard, Timothy	97 Etobicoke TFC	23:04.33	17
18 Hilbers, Daniel	97 Saugeen TFC	23:05.31	18
19 Denomme, Kyle	97 Windsor Legion TFC	23:09.60	19
20 Pardo, Matthew	97 Windsor Legion TFC	23:09.93	20
21 Vukelic, Nicholas	96 Mississauga TFC	23:14.69	21
22 Stel, Joey	96 Newmarket Huskie	23:15.82	22
23 Favero, Jonathan	97 Ottawa Lions TFC	23:16.01	23
24 Barnes, Nicholas	97 Burlington TFC	23:17.38	24
25 MacGillivray, Christian	97 Newmarket Huskie	23:19.40	25
26 Thornber, Jeff	96 Durham Dragons A	23:20.96	26
27 Day, Carter	96 Windsor Legion TFC	23:21.53	27
28 Avalos, Miles	97 Etobicoke TFC	23:22.44	28
29 Sheffer, Jack	96 London Western TFC	23:26.60	29
30 Wallace, Brendan	97 Windsor Legion TFC	23:28.75	30
31 Renouf, Dillon	97 Durham Dragons A	23:29.26	31
32 Lahaye, Yousuf	97 Toronto Olympic	23:30.59	32
33 Kellier, Josh	97 Windsor Legion TFC	23:33.58	33
34 Ubene, Evan	96 Windsor Legion TFC	23:34.18	34
35 Patton, Mark	97 Speed River TFC	23:37.06	35
36 Gagnon, Nicolas	96 Ottawa Lions TFC	23:37.56	36
37 Labella, Scott	96 Mississauga TFC	23:38.18	37
38 Nadjiwan, Steven	97 Meaford Coyotes TC	23:40.29	38
39 Fernandes, Isaiiah	97 Newmarket Huskie	23:45.60	39
40 Adams, Chris	96 Physi-Kult Kingston	23:46.61	40
41 Groothuizen, Rawle	96 Guelph TFC	23:48.96	41
42 King, Bobby	97 Central Toronto AC	23:49.64	42
43 Kinahan, Samuel	97 Ottawa Lions TFC	23:53.48	43
44 Napier, Matthew	96 Speed River TFC	23:54.26	44
45 Blecher, Oliver	97 Durham Dragons A	23:56.27	45
46 Baird, Graham	99 Greater Uxbridge	23:58.21	46
47 Motz, Christopher	96 Laurel Creek TFC	23:58.47	47
48 Matthews, Jordan	96 Newmarket Huskie	23:58.73	48
49 Besselink, Jonathan	97 Kingston Achilles	23:59.28	49
50 Brar, Rajan	97 Durham Dragons A	23:59.86	50
51 Chaperon, Dawson	98 Track North AC	24:00.25	51
52 Kaca, Michael	96 Mississauga TFC	24:01.01	52
53 Dehghan, Nathan	96 Hamilton Olympic	24:01.80	53
54 Carroll, Jake	96 Etobicoke TFC	24:02.05	54
55 Heino, Kale	97 Disassociated	24:07.18	55
56 Egzaw, Simon	97 U of Toronto TC	24:13.24	56
57 Wood, Carter	97 Central Toronto AC	24:14.32	57
58 Buckley, Connor	97 Newmarket Huskie	24:15.39	58
59 Kimmerer, Christopher	97 Kingston Achilles	24:16.25	59
60 Jammicky, Jacob	97 Durham Dragons A	24:19.87	60
61 Alvarez, Riley	96 Laurel Creek TFC	24:24.30	61
62 Moore, Tyler	97 Brantford TFC	24:24.56	62
63 Palmer, Reid	96 London Western TFC	24:26.38	63
64 Pylatuk, Tie	97 Track North AC	24:27.60	64
65 Kennedy, Jack	96 Etobicoke TFC	24:28.59	65
66 Wilcox, Stuart	97 Toronto Olympic	24:29.26	66
67 Sheridan, Joe	96 Laurel Creek TFC	24:31.28	67
68 Blair, Sebastian	96 Newmarket Huskie	24:37.26	68
69 Banville, Yannick	97 Ottawa Lions TFC	24:40.46	69
70 Budhram, Sheldon	96 Laurel Creek TFC	24:43.35	70
71 Long, Colin	97 Central Toronto AC	24:45.65	71
72 Branderhorst, Thomas	96 Saugeen TFC	24:50.11	72
73 Miller, Joey	98 Greater Uxbridge	24:50.99	73
74 Venne, Jeremie	96 Ottawa Lions TFC	24:59.09	74
75 Fletcher, Christopher	96 Windsor Legion TFC	24:59.30	75
76 Curry, Luis	96 Newmarket Huskie	25:00.92	76

77 Storey, Evan	97 Durham Dragons A	25:01.55	77
78 Baik, Vincent	97 Newmarket Huskie	25:06.45	78
79 Masters, Brendan	97 Laurel Creek TFC	25:08.28	79
80 Nobert, Andrew	96 Newmarket Huskie	25:11.58	80
81 Nguyen, Benjamin	97 South Simcoe Duf	25:13.09	81
82 DeJager, Steve	97 Saugeen TFC	25:14.28	82
83 Stewart, Tristan	96 Newmarket Huskie	25:15.28	83
84 Gaskin, Vinton	97 Toronto Olympic	25:17.74	84
85 Desmond, Rhys	97 London Legion TF	25:18.03	85
86 Costello, Brendan	98 Track North AC	25:18.72	86
87 Nepomuceno, Enrique	97 Windsor Legion TFC	25:19.39	87
88 Williams, Daniel	97 U of Toronto TC	25:23.78	88
89 Menard, Chris	97 Greater Uxbridge	25:24.96	89
90 Jeffery, Nathan	97 Almaguin TC	25:27.57	90
91 Vanherpe, Dean	97 London Western TFC	25:28.99	91
92 Greene, Patrick	97 U of Toronto TC	25:29.57	92
93 Fleck, Matthew	97 Newmarket Huskie	25:32.99	93
94 Watson, Christopher	99 Greater Uxbridge	25:34.80	94
95 Licul, Dean	97 Etobicoke TFC	25:37.36	95
96 Rothera, Jacob	97 Windsor Legion TFC	25:44.79	96
97 Rufino, Brandon	96 Mississauga TFC	25:46.50	97
98 Bates, Kevin	96 Kingston Achilles	25:48.88	98
99 Ulgiati, Eric	96 Newmarket Huskie	25:50.70	99
100 Vandermeer, Adriaan	97 North Bay Legion	25:51.16	100
101 Pare, Tim	96 Newmarket Huskie	25:52.10	101
102 Giunta, Dimitry	96 Flying Angels Ac	25:55.23	102
103 Quann, Simon	97 310 Running	25:55.92	103
104 McCubbin, Malcolm	96 Track North AC	25:59.82	104
105 Moore, Brian	97 Almaguin TC	26:02.20	105
106 Caron, Dylan	96 Sarnia Athletics	26:06.19	106
107 Snively, Aidan	97 Windsor Legion TFC	26:19.74	107
108 Freemantle, Benjamin	97 Newmarket Huskie	26:22.40	108
109 Thorburn, Branden	96 Hamilton Olympic	26:29.75	109
110 Sato, Bradley	97 Windsor Legion TFC	26:37.81	110
111 Manser, Ian	96 Windsor Legion TFC	26:42.15	111
112 Beland, Caleb	97 Track North AC	26:46.05	112
113 Pendziwol, Ryan	97 Lakehead Running	26:47.93	113
114 Guimond, Nathanyel	97 Windsor Legion TFC	26:51.90	114
115 Shu, Michael	97 York University TFC	26:53.09	115
116 Thistle, Christopher	96 Etobicoke TFC	26:57.01	116
117 Thomas, Rhys	96 Ottawa Lions TFC	27:10.05	117
118 McQuaid, Aaron	96 York University TFC	27:11.50	118
119 Ebrahimi, Omid	97 Central Toronto AC	27:13.86	119
120 Hageman, Matt	97 Greater Uxbridge	27:15.39	120
121 Manson, Tom	97 Hamilton Olympic	27:24.53	121
122 Harris, Brett	97 London Legion TF	27:41.34	122
123 Phillips, Matthew	97 Hamilton Olympic	27:45.07	123
124 Jordan, Liam	97 310 Running	27:46.95	124
125 Abdi, Ahmed	96 Etobicoke TFC	27:50.13	125
126 Gillan, Scott	97 Guelph TFC	27:57.48	126
127 Solomon, Michael	97 Newmarket Huskie	28:06.07	127
128 Doetsch, Jason	96 Muskoka Algonqui	28:06.33	128
129 Sault, Michael	97 Burlington TFC	29:16.44	129
130 Gareau, Jaime	97 Brantford TFC	29:57.04	130
131 Newell, Chance	96 Kitchener Waterl	29:57.93	131

Team Scores

Rank	Team	Total	1	2	3	4
1	Windsor Legion TFC A	49	2	8	19	20
2	Ottawa Lions TFC A	75	1	15	23	36
3	Mississauga TFC A	84	10	16	21	37
4	Newmarket Huskies TC A	98	12	22	25	39
5	Etobicoke TFC A	105	6	17	28	54
6	London Legion TF Allian A	106	3	4	14	85
7	Windsor Legion TFC B	124	27	30	33	34
8	Durham Dragons Athletic A	152	26	31	45	50
9	Saugeen TFC	183	11	18	72	82
10	London Western TFC	190	7	29	63	91
11	Toronto Olympic Club	191	9	32	66	84
12	Kingston Achilles	211	5	49	59	98
13	Laurel Creek TFC A	245	47	61	67	70
14	Newmarket Huskies TC B	250	48	58	68	76
15	Central Toronto AC	289	42	57	71	119
16	Greater Uxbridge Road R A	302	46	73	89	94
17	Ottawa Lions TFC B	303	43	69	74	117
18	Track North AC A	305	51	64	86	104
19	Newmarket Huskies TC C	334	78	80	83	93
20	Windsor Legion TFC C	365	75	87	96	107
21	Etobicoke TFC B	401	65	95	116	125
22	Hamilton Olympic Club	406	53	109	121	123
23	Newmarket Huskies TC D	435	99	101	108	127

Junior Women 5000m

Name	Year Team	Time	Points
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1	Fisher, Katie	96 Greater Uxbridge	19:52.15	1
2	Kearley, Julia	97 Greater Uxbridge	20:27.02	2
3	Smith, Stefanie	94 London Runner Di	20:40.44	3
4	McGuinness, Samantha	95 London Runner Di	21:12.39	4
5	Hendrix, Morgan	95 London Western TFC	21:27.13	5
6	Ward, Charlotte	96 South Simcoe Duf	21:32.05	6
7	Kerekes, Deanna	95 London Runner Di	21:36.80	7
8	Morgan, Adrienne	95 Physi-Kult Kingston	21:37.56	8
9	Bradley, Brianna	95 Physi-Kult Kingston	21:42.46	9
10	Nock, Paige	95 Durham Dragons A	21:45.49	10
11	Denault, Carolyn	95 Newmarket Huskie	21:51.63	11
12	Hanna, Janelle	95 Durham Dragons A	21:58.08	12
13	Marquis, Maleah	96 London Runner Di	22:00.61	13
14	Armstrong, Madeline	96 South Simcoe Duf	22:11.95	14
15	Baxter, Julia	96 Greater Uxbridge	22:12.25	15
16	Sitarz, Emily	96 Greater Uxbridge	22:22.72	16
17	Phillips, Coby	95 Mississauga TFC	22:34.56	17
18	Irish, Marianne	95 Newmarket Huskie	22:46.32	18
19	Zarnke, Sasha	95 AB U of Calgary AC	22:54.64	19
20	Chenskikh, Darya	94 York University TFC	22:57.85	20
21	Brown, Claire	95 Newmarket Huskie	23:32.06	21
22	Barreto, Daisy	95 Windsor Legion TFC	23:33.89	22
23	Wolfe, Sierra	95 Windsor Legion TFC	23:59.63	23
24	Fiorini, Nicole	95 Newmarket Huskie	24:06.21	24
25	Ortega-Mateos, Edurne	95 U of Toronto TC	24:21.42	25
26	Jubenville, Amanda	95 Windsor Legion TFC	25:33.63	26
27	Kim, Enna	95 London Western TFC	25:53.68	27
28	Owsiany, Kathryn	95 Newmarket Huskie	25:56.51	28

Team Scores

Rank	Team	Total	1	2	3	4
1	London Runner Distance	27	3	4	7	13
2	Greater Uxbridge Road R	34	1	2	15	16
3	Newmarket Huskies TC A	74	11	18	21	24

Junior Men 8000m

Name	Year Team	Time	Points	
1	Knight, Justyn	96 U of Toronto TC	26:41.37	1
2	Preisner, Ben	96 Speed River TFC	27:52.43	2
3	Ghali, Melika	95 U of Toronto TC	28:03.72	3
4	Kagumba, Joseph	94 Mississauga TFC	28:18.84	4
5	Dobos, Isaac	96 Toronto Olympic	28:21.92	5
6	Bessai, Santiago	96 U of Toronto TC	28:24.69	6
7	Hetherington, Alan	95 Toronto Olympic	28:28.51	7
8	Lawand, Robert	97 U of Toronto TC	28:30.04	8
9	Deane, Patrick	94 London Western TFC	28:33.94	9
10	Moore, Christopher	96 U of Toronto TC	28:40.96	10
11	Beardsall, Andrew	94 Harbour Track	28:51.26	11
12	Kirkup, Brandon	94 Durham Dragons A	28:54.69	12
13	Heaps, Aaron	95 U of Toronto TC	28:59.80	13
14	Belore, Nick	95 Physi-Kult Kingston	29:02.13	14
15	Quosai, Peter	95 Speed River TFC	29:05.62	15
16	Schmidt, Mark	96 Tri City TC	29:06.64	16
17	Rocheleau, Alexander	95 Windsor Legion TFC	29:08.17	17
18	Lees, Liam	95 Newmarket Huskie	29:18.02	18
19	Papania, Marco	94 Newmarket Huskie	29:19.97	19
20	Wynands, Eric	95 Brockville Legio	29:22.73	20
21	Borg, Preston	95 Mississauga TFC	29:28.32	21
22	Roberts, Shane	94 London Runner Di	29:35.79	22
23	Litchfield, William	95 London Runner Di	29:43.31	23
24	Thomas, Brandon	96 Cambridge Harriers	29:44.65	24
25	Foran, Sami	94 London Western TFC	29:59.16	25
26	Choi, Jason	95 Physi-Kult Kingston	30:03.01	26
27	Deighan, Luke	95 Newmarket Huskie	30:25.74	27
28	Favit, Shane	95 Newmarket Huskie	30:35.23	28
29	Howes, Cameron	96 London Runner Di	30:49.23	29
30	McNally, Jordan	96 Toronto Olympic	30:51.45	30
31	Noble, Marcus	95 Speed River TFC	30:56.69	31
32	Doherty, Kieran	95 Brantford TFC	31:00.38	32
33	Jones, Zack	94 Durham Dragons A	31:04.42	33
34	Eraqi, Xhenis	95 Mississauga TFC	31:21.75	34
35	Stevens, Josh	95 Muskoka Algonqui	31:35.16	35
36	Taylor, Christopher	94 London Runner Di	31:45.38	36
37	Holmes, Dylan	95 Windsor Legion TFC	31:58.43	37
38	Caddey, Christopher	94 Woodstock Legion AC	32:18.37	38
39	Doxtator, Adam	95 Quinte Legion TFC	32:20.97	39
40	Sullivan, Patrick	95 Newmarket Huskie	32:26.98	40
41	Kim, Dean	96 Toronto Olympic	33:38.37	41

Team Scores

Rank	Team	Total	1	2	3	4
1	U of Toronto TC A	18	1	3	6	8

2 Toronto Olympic Club	83	5	7	30	41
3 Newmarket Huskies TC A	92	18	19	27	28
4 London Runner Distance	110	22	23	29	36

Senior Women 6000m

Name	Year	Team	Time	Points
1 Sexton, Leslie	87	London Runner Di	23:48.78	1
2 Hannah, Rachel	86	U of Toronto TC	24:17.30	2
3 Desjardins, Laura	88	U of Toronto TC	25:05.31	3
4 MacNeil, Stephanie	92	London Western TFC	25:13.74	4
5 Tallman, Emma	91	Track North AC	25:21.27	5
6 Pruffer, Lauren	90	London Runner Di	25:47.09	6
7 Ludzki, Alison	90	Speed River TFC	26:32.09	7
8 Hortian, Stepheany	87	Toronto Olympic	26:43.79	8
9 Gilbert Tyssen, Karen	82	London Runner Di	26:57.88	9
10 Gamble, Jill	75	Unattached Ontario	27:30.92	10
11 Laurie, Courtney	88	London Runner Di	28:08.10	11
12 Byer, Carrie	78	Newmarket Huskie	28:40.09	12
13 Matthews, Amanda	92	Windsor Legion TFC	29:16.65	13
14 Spettique, Kelly-Lynne	88	Toronto Olympic	29:24.13	14
15 Jaworski, Jillian	93	Speed River TFC	29:43.72	15
16 Mota, Elaine	65	Newmarket Huskie	30:20.58	16
17 O'Hagan, Heather	61	Newmarket Huskie	31:07.40	17
18 Posner, Allison	84	Newmarket Huskie	33:14.02	18

Team Scores

Rank	Team	Total	1	2	3	4
1	London Runner Distance	27	1	6	9	11
2	Newmarket Huskies TC	63	12	16	17	18

Senior Men 10000m

Name	Year	Team	Time	Points
1 Corrigan, Peter	89	AB Running Room AC AB	33:33.77	1
2 O'Neill, Kyle (10N)	89	London Runner Di	33:51.19	2
3 Degefa, Berhanu (20N)	86	Toronto Olympic	33:53.48	3
4 Brett, Allan (30N)	88	Speed River TFC	34:04.29	4
5 Khan, Saheed	84	Central Toronto AC	34:13.25	5
6 Del Monte, Michael	86	Athletics Toronto	34:22.44	6
7 Hashi, Hussein	89	Central Toronto AC	34:26.14	7
8 Smith, Brent	87	London Runner B	34:33.45	8
9 Costen, Jeff	91	Unattached Ontario	35:05.96	9
10 Dekker, Kyle	87	Athletics Toronto	35:13.58	10
11 Travaglini, Matthew	93	London Western TFC	35:23.68	11
12 De Jong, Garrett	88	Ottawa Lions TFC	35:28.47	12
13 Blackney, Kevin	91	London Runner B	35:33.14	13
14 Trojansek, John	70	Ontario Masters	35:40.30	14
15 Jibril, Sami	89	Athletics Toronto	35:55.84	15
16 Collison, Jordan	91	Saugeen TFC	35:57.33	16
17 Stacey, Adam	81	London Runner Di	36:34.54	17
18 Hick, Jeremy	93	London Western TFC	36:40.75	18
19 Cochrane, Paul	89	London Runner Di	36:58.91	19
20 De Witt, Nathan	85	London Runner Di	37:13.13	20
21 Lincoln, Derek	83	London Runner B	37:58.23	21
22 Yohannes, Selam	77	U of Toronto TC	38:03.23	22
23 Van Bakel, Michael	92	Newmarket Huskie	38:18.24	23
24 Timmerman, Rob	93	London Western TFC	39:10.67	24
25 Brophy, Mark	82	Unattached Ontario	39:36.05	25
26 Violante, Jean-Paul	93	Newmarket Huskie	39:42.62	26
27 Leishman, Eric	90	Track North AC	39:56.11	27
28 Ghadghoni, Ali	93	Newmarket Huskie	40:02.03	28
29 Suda, Matt	86	London Runner Di	40:14.34	29
30 Burr, Benjamin	84	London Runner B	40:35.46	30
31 Procter, Ben	90	London Runner B	40:54.53	31
32 Walsh, Jeremy	75	London Runner Di	42:12.93	32
33 Phillips, Jimmy	92	London Western TFC	44:52.97	33
34 Mota, Nicholas	01	Newmarket Huskie	45:13.18	34

Team Scores

Rank	Team	Total	1	2	3	4
1	London Runner Distance A	58	2	17	19	20
2	London Runner Distance A	72	8	13	21	30
3	London Western TFC	86	11	18	24	33
4	Newmarket Huskies TC	111	23	26	28	34

Master Mixed Overall 5000m

Results by teams and age-groupings are on the Ontario Masters website.

Name	Year	Team	Time
1 Hackshaw, Derek	M69	Newmarket Huskies TC	18:14.55
2 Fiorini, Daniel	M62	Newmarket Huskies TC	18:25.52
3 Orosz, Laszlo	M67	Ontario Masters Athletics	18:30.42
4 Peat, Geoff	M63	Newmarket Huskies TC	18:32.63
5 Kings, Matt	M78	Brantford Tfc	18:35.78
6 Matthews, Jason	M74	U of Toronto TC	18:38.70
7 Felix, Paul	M74	Dontgetlost Running	18:56.88
8 Tepper, Dave	M75	Newmarket Huskies TC	19:00.98
9 Cox, Troy	M67	Muskoka Algonquin Runners	19:05.83
10 Smith, Kevin	M81	Toronto Olympic Club	19:07.42
11 Jocelyn, Chris	M70	Dontgetlost Running	19:16.91
12 Osland, Paul	M64	U of Toronto TC	19:28.65
13 Sinclair, Ian	M69	Toronto Olympic Club	19:32.49
14 Bradley, Larry	M74	Toronto Olympic Club	19:43.21
15 Philippon, Marc	M74	London Pacers	19:53.72
16 Da Silva Jardine, Ron	M61	East Toronto Striders	19:58.43
17 Rowan, Darryl	M66	Toronto Olympic Club	19:59.98
18 Simige, Mark	M69	Muskoka Algonquin Runners	20:05.28
19 Mikhail, Pierre	M68	Muskoka Algonquin Runners	20:14.91
20 Day, Michael	M62	Ottawa Lions Tfc	20:25.59
21 Farr, Kevin	M70	Brantford Tfc	20:27.64
22 Pribaz, Allan	M71	Central Toronto AC	20:30.06
23 Robins, Donna Mae	W76	Ontario Masters Athletics	20:30.30
24 Nagy, Sarah	W73	Newmarket Huskies TC	20:30.58
25 Purcell, David	M75	Ottawa Lions Tfc	20:31.08
26 Lapierre, Jeffery	M72	Physi-Kult Kingston	20:31.57
27 Wilson, Joshua	M82	Dontgetlost Running	20:41.03
28 Campbell, Robert	M60	Black Lungs Toronto	20:42.16
29 Graenert, Mirco	M69	Newmarket Huskies TC	20:45.60
30 Bennett, Chris	M78	Brantford Tfc	20:51.53
31 Morgan, Clive	M59	Physi-Kult Kingston	20:52.78
32 Deighan, Chris	M60	Newmarket Huskies TC	20:55.62
33 Warriner, Chantal	W79	Newmarket Huskies TC	20:59.53
34 Duff, Mark	M61	Boardwalk RC	20:59.83
35 King, Greg	M81	Ontario Masters Athletics	21:00.02
36 Earl, James	M59	East Toronto Striders	21:02.25
37 Earl, Rob	M59	East Toronto Striders	21:12.61
38 Semes, Jimmy	M78	Boardwalk RC	21:14.09
39 Blair, Rob	M64	Newmarket Huskies TC	21:17.14
40 Ahokas, Katherine	W83	Muskoka Algonquin Runners	21:17.41
41 Clarke, John	M51	East Toronto Striders	21:23.98
42 Dempster, Helen	W71	Muskoka Algonquin Runners	21:24.64
43 Shafir, Leanne	W69	U of Toronto TC	21:25.53
44 McDonald, Chris	M59	Ontario Masters Athletics	21:29.80
45 O'Hare, Ron	M70	Newmarket Huskies TC	21:32.85
46 Ryabkov, Nikolay	M79	Toronto Olympic Club	21:33.07
47 Lampart, Scott	M69	Central Toronto AC	21:39.14
48 Wallace, Peter	M58	U of Toronto TC	21:41.89
49 Greib, Lowell	M74	Muskoka Algonquin Runners	21:46.10
50 Wallace, James	M62	U of Toronto TC	21:48.59
51 Wynands, Janet	W60	Brockville Legion TC	21:50.36
52 Peicheff, Sean	M70	London Pacers	21:51.08
53 Moloney, Desmond	M60	East Toronto Striders	21:55.50
54 MacFarlane, Jason	M71	Central Toronto AC	21:56.90
55 Boston, Steve	M70	Newmarket Huskies TC	21:57.99
56 Roberts, Paul	M58	London Runner Distance Cl	22:01.52
57 Grierson, Bruce	M61	Newmarket Huskies TC	22:02.92
58 Ellis, John	M65	Central Toronto AC	22:03.15
59 Cassel, Gary G	M68	Cambridge Harriers	22:05.93
60 Sullivan, Kathryn	W66	Newmarket Huskies TC	22:07.19
61 Raffis, Joe	M60	Central Toronto AC	22:12.15
62 Stephens, Dermot	M60	Ontario Masters Athletics	22:13.57
63 Freemantle, James	M58	Newmarket Huskies TC	22:14.89
64 Pribaz, Sue	W70	Central Toronto AC	22:18.87
65 Ferguson, Michael	M64	Ottawa Lions Tfc	22:19.92
66 Henricks, Chris	M71	London Runner Distance Cl	22:24.49
67 Aitkin, George	M52	Cambridge Harriers	22:27.16
68 Rawling, Jim	M55	Longboat Runners	22:34.18
69 Farr, Anthony	M55	U of Toronto TC	22:41.30
70 Stafford, Jamie	M63	Ontario Masters Athletics	22:50.07
71 Byrne, Anne	W65	Ontario Masters Athletics	22:52.81
72 Boudreau, Marcel	M58	Timmins Porcupine Tfc	22:56.94
73 Rivard, Richard	M71	Central Toronto AC	23:14.36
74 Blackwell, Andy	M65	Central Toronto AC	23:14.76
75 Jones, Ginette	W66	Newmarket Huskies TC	23:22.35
76 O'Halloran, Cynthia	W63	Toronto Olympic Club	23:25.89
77 Sheppard, Jessica	W83	Muskoka Algonquin Runners	23:29.03
78 Line, Marlene	W72	Dontgetlost Running	23:33.82
79 Jacques, Frank	M69	Beaches Blue Devils	23:35.38
80 Daigle, Astrid	W70	Central Toronto AC	23:37.23
81 Hutchinson, Brent	M57	Brantford Tfc	23:41.93
82 Locco, Beth	W67	Ghac/ Mackatak	23:51.38
83 Anderson, Graham	M61	Central Toronto AC	24:00.39
84 Botelho, Rita	W60	U of Toronto TC	24:01.35
85 Snarr, Tracey	W64	Newmarket Huskies TC	24:03.15
86 Barry, Annette	W66	London Runner Distance Cl	24:09.08
87 Bailey-Mason, Gwen	W66	U of Toronto TC	24:21.49

88	Garlick, Kevin	M62	London Pacers	24:33.98
89	McKendrick, John	M59	Central Toronto AC	24:51.08
90	Hale, Murray	M49	Newmarket Huskies TC	24:57.67
91	Kobayashi, Lynn	W55	U of Toronto TC	24:58.20
92	Hopkins, David	M68	Central Toronto AC	25:00.78
93	Catton, Nancy	W67	U of Toronto TC	25:03.02
94	Reid, Morrison	M50	London Pacers	25:10.69
95	Steele, Tina	W70	Muskoka Algonquin Runners	25:20.89
96	Acton, Joyce	W60	Ottawa Lions Tfc	25:21.14
97	Primorac, Marijana	W79	U of Toronto TC	25:24.12
98	Northcott, Clara	W54	U of Toronto TC	25:28.42
99	Ferguson, Jean	W64	Ottawa Lions Tfc	25:34.21
100	Driedger, Paula	W67	Muskoka Algonquin Runners	26:01.32
101	Reynoso, Aura	W66	Newmarket Huskies TC	26:05.90
102	De Vries, Bert	M46	Longboat Runners	26:06.86
103	Burke, Brian	M55	London Pacers	26:08.61
104	Graenert, Anke	W67	Newmarket Huskies TC	26:08.79
105	Moore, Robert	M40	Toronto Olympic Club	26:15.38
106	Potter, Sheryl	W67	Newmarket Huskies TC	26:40.76
107	Jacques, Leigh Anne	W75	Beaches Blue Devils	26:56.62
108	Edwards, Chuck	M45	London Pacers	27:16.58
109	Jones, Linda	W49	London Pacers	27:29.59
110	Smith, Catherine	W67	Muskoka Algonquin Runners	27:41.32
111	Wells, Nancy	W46	Longboat Runners	28:03.09
112	Denomme, Jocelyn	W67	Central Toronto AC	28:12.09
113	Leslie, Karen	W61	Central Toronto AC	28:50.46
114	Smith, Doug	M51	U of Toronto TC	29:13.77
115	Prest, Claire	W44	Ontario Masters Athletics	29:29.19
116	McDonald, Julia	W48	London Pacers	29:46.97
117	Day, Michael 1	M34	Ottawa Lions Tfc	30:30.81
118	Riley, Gillian	W67	Central Toronto AC	31:31.51
119	Marsh, Paul	M61	Ontario Masters Athletics	31:43.91

