

Great Lake League Championship Technical Package

Date:

August 9th, 2014

Time:

9am Start

Location:

TD Stadium - London

Events:

All track events are timed finals.

80m, 100m, 150m, 200m, 300m, 400m, 800m, 1200m, 1500m, 2000m, 3000m, 80mH, 100mH, 110mH, 200mH, 300mH, 400mH, 1500mSC, 2000mSC, 3000mSC, LJ, TJ, HJ, PV, DT, JT, HT, SP

Sanctioned:

Athletics Ontario

IPC

Fees:

Great Lake League Members are free (to gain membership the club must pay a one-time payment of \$400.00, this will cover all entries for all events at every meet, including the championships)

\$10.00 Per Event – Entries are to be done via Hy-Tek ONLY and emailed to sirjumps@gmail.com

(\$15.00 Per Event if it is submitted in any other form other than Hy-Tek)

\$20.00 Per Event Late Fee (after August 6th, 2014)

Cheques and Cash only – No credit card or debit payment option available.

Cheques can be made out to Woodstock Legion Track and Field Club

Entry:

Deadline is August 6th 2014 @ 7:00pm

No entries will be made on the day of the meet. Final performance list will be published on August 8th, at noon, once this has been done, no entries will be made. NO FAVORS WILL BE MADE.

[Meet File](#)

Schedule:

Rolling Schedule – each event will immediately follow the completion of the previous ones.

Schedule may change due to entry numbers.

GLL Championships Schedule

Track

9:00am

Timed Finals

Bantam/Midget 200mH 30"(girls then boys)

Youth 300mH (girls 30" then boys 33")

Open women 30" 400mH

Open men 36" 400mH

1500mS/C (30" no water girls then boys)

Youth/Junior girls 2000mS/C 30"

Youth boys 2000mS/C 33"

Senior women 3000mS/C 30"

Open men 3000mS/C 36"

11:00am

Timed Finals

Bantam 80m (girls then boys)

Midget 100m (girls then boys)

Youth 100m (girls then boys)

Open 100m (girls then boys)

Timed Finals

Open 800m (women then men)

Bantam/Midget 1200m (girls then boys)

Open 1500m (women then men)

Timed Finals

Bantam/Midget girls 80mH 30"

Bantam boys 80mH 30"

Youth girls 100mH 30"

Midget boys 100mH 33"

Open women 100mH 33"

Youth boys 110mH 36"

Junior men 110mH 39"

Senior men 110mH 42"

-----**Track Break**-----

2:00pm

Timed Finals

Bantam 150m (girls then boys)

Midget 200m (girls then boys)

Open 200m (women then men)

Bantam/Midget 2000m (women then men)

Open 3000m (women then men)

4:30pm

Timed Finals

Midget 300m (girls then boys)

Open 400m (women then boys)

Field

9:00am

Boys/Men (3k,4k,5k,6k,7.26k) SP

Girls/Women (0.75k, 1k) DT

U17 Girls HJ

Open Men LJ

Open Women TJ

11:00am

Girls/Women (3k, 4k) SP

Boys/Men (0.75k, 1k, 1.5k, 1.75k, 2k) DT

U17 Boys HJ

12:30pm

Girls/Women (3k, 4k) HT

Open Men PV

2:00pm

Boys/Men (4k, 5k, 6k, 7.26k) HT

Open Men TJ

Open Women LJ

Open Women PV

4:00pm

Boys/Men (400g, 600g, 700g, 800g) JT

5:00pm

Girls/Women (400g, 500g, 600g) JT