

Athletics Ontario Staff: 2015 Annual Report

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Prepared by: Sue Wise

Functional Area: High Performance

Date: November 13, 2015

Summary

Programming

- **Ontario High Performance Sport Initiative (OHPSI)** - In collaboration with Canadian Sport Institute – Ontario (CSIO) and Athletics Canada the next Tier of HP athletes were identified. Fourteen athletes have been identified as Tier 1 and 18 in Tier 2. This number is up from the 16 in total for previous years
- **Quest for Gold** funding – 58 athletes received \$5000 from the Ontario Ministry. All Nationally carded athletes received a Q4G top-up
- **Canada Summer Games (CSG)**–Funds were approved for a warm weather training camp and a testing workshop for 50 CSG eligible athletes
- **Coaching Education** – Based on need, schedules and availability an annual plan was established for AO Coaching Education

Services

- Review Yearly Training Plan (YTP’s), Integrated Support Team (IST), Sport Science Support (SSS), Individual Athlete Performance Plan (IAPP) and budget for each OHPSI athlete.
- Review YTP’s for all Q4G athletes
- Consultation for coaches regarding Coaching Education
- Sport/Club coach for Evaluation for NCCP Certification – 6 Coaches Certified
- Sport Coach – 3 Workshops – 50 Coaches Trained
- Club Coach – 5 Workshops – 37 Coaches Trained

Projects/Initiatives

- Athletics Ontario Day – Black Creek Pioneer Village
- AO Awards Banquet and Hall of Fame Dinner
- RJTW Coordinator (as interim ED)

Issues

Accomplishments

Athletics Ontario International Results 2015

Competition	# ON athletes	% ON athletes	# of medals total	% medals Can
Pan Am Games	51/90	56%	26	18 - 69%
Para Pan Am Games	16/38 <i>1 female; 15 males</i>	42%	43	19 - 43%
World Championships	28/53	53%	8	6 - 75%
World Youth	18/46	25%	2	2-100%
FISU Games	19/41	43%	3	2 - 66%

Pan Am Juniors	31/63	49%	10	6 - 60%
NACAC	13/20	65%	3	0

Goals Not Yet Met

- Increased representation of AO Para athletes on the National Team

Near-Term Plans

- Q4G – selection, follow-up, communication, guidelines, criteria, YTP’s
- OHPSI – SSS, IST, budget, continue monitoring podium pathway
- CSG – Testing Camp (December 2015) Warm Weather Camps (March 2015)
- Coaching Education – Core LF Training December 2015, Sport Coach/Club Coach (December 2015, April 2016), Performance Coach (2016)
- Coaching Evaluations (complete 25 by the end of 2016)
- Para Coach/Athlete camps/competitions (integrated)

Prepared by: Anthony Biggar

Functional Area: Member Services, Programs and Development

Date: November 16, 2015

Summary

Programming

- Attended the Canadian Sport For Life (CS4L) Conference in Gatineau, QC in January 2015; gained some key insights into programming opportunities with respect to teaching Physical Literacy
- Supported with Athletics Ontario 10 High Performance athletes through a partnership with Pursu.it, which took the form of an “Adopt-an-athlete” campaign
- Promoted and prepared media releases pre/post meet for the 3 AO Indoor Championship Meets during Feb-Mar 2015 at the Toronto Track & Field Centre; attended all 3 in-person, and assisted in the Registration area promoting upcoming Coaching Workshops
 - St. Thomas Legion hosted an Officials Comprehensive workshop in London on April 11, 2015
- Assisted in the promotion and preparation for the AO Outdoor Junior-Senior and Bantam-Midget-Youth Championship Meets in June and July; attended these events in-person, and assisted in the Registration area, and promoted upcoming Coaching Workshops
 - NCCP Workshops – RJTW Learning Facilitator Course – September 13 in Toronto – 6 participants (Fundamentals & Learning to Train Stages; Para component included)
 - NCCP Workshops – RJTW Instructor Course – September 26 in Dryden – 13 participants (Fundamentals & Learning to Train Stages; Para component included)
 - Hall of Fame & Awards Gala – September 26, Toronto - 340 attendees (Para component included)
 - NCCP Workshops – RJTW Learning Facilitator Course – September 13 in Toronto – 6 participants (Fundamentals & Learning to Train Stages; Para component included)
- Attended AO Bantam, Midget & Youth Championships – July 17-19 – St. Catharines, to promote AO programs, assist in award presentations and networking opportunities
- Attended AC Coach Developer PD Workshop July 24 in Toronto (attended by several branch staff as well as LFs); valuable in learning and probing other successful Provincial programs (British Columbia) for our next NCCP workshops in Toronto
 - Session also was informative in hearing first-hand about some of the upcoming changes to NCCP delivery across Canada

Services

Membership Statistics	As of Nov 16, 2015	(vs 2014 year end)	# Change	% Change
○ Coaches	418	(402)	+ 16	(+ 4%)
○ Officials	151	(161)	- 10	(- 6%)
○ Associates	49	(71)	- 22	(- 31%)
○ Recreational Athletes	637	(485)	+ 152	(+ 31%)
○ Competitive Athletes	3831	(3688)	+ 143	(+ 4%)
▪ Bantam	354	(332)	+ 22	(+ 7%)
▪ Midget	640	(704)	- 64	(- 9%)
▪ Youth	936	(895)	+ 41	(+ 5%)
▪ Junior	526	(549)	- 23	(- 4%)

	▪ Senior	606	(592)	+ 14	(+ 2%)
	▪ Masters	856	(776)	+ 80	(+ 10%)
○ Clubs		129	(120)	+ 9	(+ 8%)
○ TOTAL AO members-		5086	(4807)	+ 279	(+ 6%)

Projects/Initiatives

- Developed a sponsorship package with the OCAA (George Brown College) to provide a forum and information to college track/cross country coaches regarding upcoming NCCP Workshops
 - Program resulted in 10 coach registrations (approximately 10% of all registrations) at workshops in April 2015
- RJTW – Connection with Seneca College to offer RJTW Summer Camp program.
- Completed supervision and reporting of 1 summer student through the Canada Summer Jobs grant program
- Recruited, hired and supervised 2 Interns from Humber Colleges Sport Management program for the 2015 Fall Semester
- In the process of hiring of 2 Interns from Humber College Sport Management and Recreation & Leisure Services for Winter 2016 Semester
- Working with various college coaches and OCAA to assist where possible supporting Indoor Track & Field and receive OCAA status as a “Varsity Sport” (currently it is an intramural sport), which would allow student athletes to be eligible for “Scholarships” and “Bursaries” from participating institutions

Issues

Accomplishments

- Assisted in the training and supervision of RJTW Coordinator, which has led to several key accomplishments
- Offered frequent support and training to additional new office staff (media relations, office assistant, RJTW, Road running)
- Troubleshooting, editing and suggestions for accurate and navigable web site functioning
- Successfully submitted a \$5000 Grant application for Northern Coaching Course NCCP RJTW in Dryden, Ontario
- Registered Athletics Ontario within the Ontario Trillium Grants (OTF) Portal
- Developed excellent lead with Seneca College Summer Camps for RJTW Instructor course and camp program
- Gala highlights:
 - Largest attendance and revenue ever at AO banquet in Toronto in September 25 with 340; possible first time profit near \$1000
 - Most media buzz and attracted Guest Speaker Melissa Bishop and Andre DeGrasse
 - Over 300 votes online for new fan favourite award in 48 hours
 - \$3400 raised from silent auction - unique silent auction items solicited from top HP athletes, including Andre De Grasse and Melissa Bishop, to include “a day at the track with...”, also Suzanne Leroux garnered a “day in the field with Toronto Star writer”
- Staff connected with over 100 Coaches at 2015 AOXC Championships in Etobicoke on



November 15, in part due, to the launch of the AO Coach Hospitality Area; the tents included refreshments for coaches and information for upcoming NCCP Workshops, webinars and conferences

Goals Not Yet Met

- Plan for Road running membership categories and benefits

Near-Term Plans

- Creation of promotional and marketing materials for RJTW, Membership, Volunteer Recruitment, Coaches and Road running for distribution at events and on-line.
- On-line Registration for all members via Trackie.
- Support for NCCP workshops taking place this quarter in London and Toronto
- Continuing to make plans for having “Coach Hospitality Area” at future AO Championships.

Prepared by: Roman Olszewski

Functional Area: Technical Specifications and Logistics

Date: November 13, 2015

Summary

Programming

- **Provincial Championships – AO Technical Delegate**
 - Ontario Championships were held at 9 different dates/venues in 2015. The following clubs/groups co-hosted one or more championships:
 - Flying Angels (Indoor Combined Events and Prep Meet); Guelph TFC (Indoor Youth-Senior); York University Track Club (Indoor Bantam-Midget-Junior);
 - London Runners Distance Club, (10,000m track); Ontario Racewalkers (10km Road Walk); University of Windsor AC (Outdoor Junior-Senior);
 - Niagara Olympic Club and Guelph TFC (Outdoor Bantam-Midget-Youth & Junior-Senior CE); Etobicoke TFC (Cross Country).

- **The Committees**
 - The Championships Committee, renamed the Competitions Committee, continued to review the funding formula and the roles and responsibilities of AO and host organizing committees and to strive towards consistency and excellence in the way we present our championships.
 - Reporting forms and bid applications have been modified to make them more complete and easier to fill out.
 - The Committee's role was enlarged to include competitions other than Championships and especially to oversee the sanction policy.
 - Ex-officio member of:
 - Competitions Committee (Chairperson Sharon Stewart),
 - Technical Committee (Chairman Albert Tschirhart),
 - Hall of Fame Committee (Chairman Val Sarjeant),
 - Awards Committee (Bill Stephens and Suzanne Leroux)
 - Quest for Gold Athlete Assistance Committee (led by Carl Georgevski)
 - Other focus group involvement:
 - Pan Am Games Equipment disbursement
 - Ontario Masters cross country sharing arrangement
 - Registration fee review
 - Updated the Policies and Procedures Manual for the Staging of Provincial Championships; as an active document, adjustments will continue to be made to it as new policies are adopted.
 - The goal of harmonizing the AO-HOC agreements with the P&P has been accomplished
 - The standardization of schedules has been partially accomplished; however, massive re-configurations of some of our larger meets had resulted in schedules that were different from previous versions
 - The goal of standardization should be continued

- **National/International Championships**
 - The 2015 Pan and Parapan American Games
 - From a spectator's point of view, the meet was very well run; the officials and administrators did a wonderful job
 - Prior to the Games many of our officials spent a weekend officiating at the large Bantam-Midget-Youth Championships in St. Catharines
 - The Ottawa Lions hosted the National Junior and Senior Combined Events Championships; held in conjunction with the Pan American Combined Events Cup just after the AO Junior-Senior Championships
 - The London Runners Distance Club once again hosted the Ontario Junior Men's and Senior Men's and Women' 10,000m track championship; however, this year the event was also the National 10,000m championships
 - over 40 entrants, including one section that was composed almost entirely of women
 - A group from Ottawa hosted the National 10km Road Race Championships while Toronto provided the sites for the 5km Road Race and Marathon Championships
 - National Cross Country Championships return to Ontario this fall 2015; Kingston will be the host

- **Some Other Special Competitions held in 2015**
 - International Youth Meet
 - Art Keay Memorial 10km Road Walk
 - Bob Vigars Classic
 - Speed River Inferno – National Track League
 - 11th Asian Community Games
 - Bolton Pole Vault Outdoor Classic
 - Flying Angels International Classic
 - Canadian Outdoor Masters Championships

- **Officials**
 - The highlight for many of our officials was, the Pan American and Parapan Games in Toronto
 - Peter Hocking and Jacquie Downing were the leaders in terms of organizing the officials and they were suitably honoured at the AO Awards banquet
 - At the AOO and AO AGM's last year a proposal was passed to ensure that sufficient time be allowed for field event officials to have proper lunches at meets, especially at championships, and to allow for a sufficiently long warmup period for field events; every effort was made to follow this recommendation

- **New or Improved Facilities and Equipment**
 - With Toronto staging the 2015 Pan American and Para Pan Games there was much activity in the construction of the main stadium and refurbishment of TTFC at York University, Birchmount and Centennial Stadiums
 - new tracks and runways installed at the latter two practice venues
 - new throwing areas were a huge disappointment; with downhill landing areas (illegal) for the javelin, discus and hammer the Birchmount facility is useless as a possible site for the location of a major provincial championship

- Centennial Stadium cannot be used due to a lack of a proper safety throwing cage and an artificial javelin runway. Even the tracks aren't set up properly - the curb is attached in the wrong place at Centennial (making the track shorter than 400m) and there is no curb installed at all at Birchmount (even though there is one stored, apparently, somewhere on their grounds)
 - A report was sent to the City of Toronto outlining these deficiencies
 - It was reported last year that a polyurethane track had recently been completed at Bishop Ryan High School on Rymal Road in Hamilton
 - The track is nice; but, there is no steeplechase waterjump facility
 - There is an adjacent field, more or less flat and level, that could accommodate a throws area
 - All of the jumps runways are mono directional
 - The track group in Hamilton continues to plan and promote an indoor facility which would be functional for high-end competition (provincial championships, for example) and regular training
 - There have been some upgrades around the province including the installation of a permanent chain link throws cage at the NOC facility in St. Catharines
 - This cage can be upgraded to international standards with the additional installation of nylon netting; in my opinion this cage, when modified by netting, is "better than store-bought"
 - St. Catharines made their LJ runways reversible
 - There were other improvements to the spectator and administration areas
 - Part of the legacy of the Pan American Games is the equipment - AO was fortunate to receive some of this equipment to keep (mostly throwing implements) or to give out to clubs and facilities where it will be of most benefit to the community and the province.
- **Provincial Teams**
 - Athletics Ontario fielded a provincial Midget team in its annual indoor dual meet series against Quebec
 - With 3 per side to score, Ontario lost out in the girls' competition, 151 to 118 and in the boys', 142 to 122
 - Ontario lost some points in not identifying the scorers properly in the filing of their entries but most of the damage was done in the technical events, where we couldn't find enough athletes to fill the roster
 - The Weinacker Cup (ON vs MI) walking matches were held in Michigan in August
 - Unfortunately, Ontario lost the Cup to Michigan for the second or third year in a row
 - **Provincial Club Champions and Top 6 - 2015**

Projects/Initiatives

- coordinate the establishment of dates for following year's championships
- act as advisor to Competitions Committee
- Quest for Gold Athlete Assistance Committee work
- AO Technical Delegate at Provincial Championships
- NCCP programme (with other staff)
- Athletics Ontario Hall of Fame Committee work
- member of Athletics Canada Hall of Fame Selection Committee

- assistance with facility design, construction, improvement; site visitations
- Technical Committee work, including rules and policies, records policies and maintenance of lists
- assist AO members and members of the public in technical matters
- assist in initiation and coordination of dual meets and other provincial team projects
- liaise with Athletics Canada, schools, Royal Canadian Legion, MTA, OMTFA, Para Sports, Special Olympics, etc.
- assist with the transition of duties to current staff following my retirement
- prepare one version of the Canada Games Team Development Fund proposal
- assist with transport of Pan Am equipment given to AO for dispersal
- assist with organization and inventory of Pan Am throwing equipment
- attend meetings of Board, various AO Committees, AC AGM,