

Appendix D: Athletics Ontario Exemption Form

**Athletics Ontario Exemption Form:
Medical / Special Championship Requests / Other**

These requests must be submitted according to the QFG guidelines as published on the Athletics Ontario website:
<http://athleticsontario.ca/quest-for-gold/>

Requests will be reviewed by the QFG Committee and responses will be sent in a timely manner.

Athlete Information

Name: _____ Email: _____
Address: _____ Phone (cell): _____
Coach's Name: _____ Email: _____
Coach's Cell: _____ Club affiliation: _____

A. Medical Request (including being injured at a Championship)

Event (Championship): _____ Date: _____

Medical Reason: (If injured at Championship please indicate the nature of the injury and have the medical attendant at the meet sign this document.)

Medical Documentation from a Certified Medical Doctor: (please attach additional **SIGNED** documentation)

If injured at a Championship:

Name of Medical attendant at Championship _____

Signature _____ Submission Date _____

B. Competing in different events/age categories at Championships (AO or AC) Or competition issues surrounding Championship events.

Rationale: Please include any relevant documentation.

C. Other (Bereavement, Compassionate grounds, Financial hardship, etc.)

Rationale: Please include dates and specifics of Championship(s) the request relates to.

Athlete Signature _____ Date: _____

Coach's Signature _____ Date: _____