



Games    Jeux de  
Ontario    l'Ontario

**Presents**

**2018 Ontario Summer Games**

**August 2 – 5, 2018**

**Athletics Competition: August 3 – 4, 2018**

**TD Waterhouse Stadium  
100 Philip Aziz Ave  
London, Ontario  
N6A 5P9**

**Technical Package**

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## Registration

Registration Deadline: 11:59pm, June 28, 2018

Age Categories: Bantam (BG/BB) U13 & U14 born in 2005 or later  
Midget (MG/MB) U15 & U16 born in 2003 or 2004

Eligibility: Athletes must declare for the team. Team declaration link can be found on the Team Ontario website here: <http://athleticsontario.ca/teams/>

Athletes residing in Ontario must be registered and their clubs affiliated for 2018 with Athletics Ontario by the Entry Deadline.

Performances: Performances achieved by athletes may only be accepted into Athletics Ontario rankings if they are registered AO members at the time of that performance. Only performances on the Athletics Ontario rankings will be considered for team selection. To ensure that performances are on Athletics Ontario Rankings please contact [randolphfajardo@athleticsontario.ca](mailto:randolphfajardo@athleticsontario.ca)

Fees: Tentative

Method and Payment: Payment for registration can be made by cheque, or credit card by contacting the Athletics Ontario office and speaking to Mehrunnisa Kharodia at 647-352-7214.

Late: Entries will be accepted after the entry deadline of Monday April 30 at 11:59pm EST but fees will be increased as stated above (\$40 for registration and \$70 upon team selection). To be eligible for post entry, athletes must have been registered with the provincial branch by the time of the entry. See "Eligibility." Entries received after this deadline will be accepted at the discretion of Athletics Ontario.

Confirmation: As Entries are processed, the start lists will be made available online at the Athletics Ontario website at <http://athleticsontario.ca/events/2018-osg/> Please check online to confirm your entries following the entry deadline.

Waiver: A waiver form will be sent out to all selected Ontario Summer Games team members and coaches. Please have these waivers completed and submitted to the Athletics Ontario office email at [office@athleticsontario.ca](mailto:office@athleticsontario.ca). Waivers may also be brought on the day of the meet and submitted to the team managers. Failure to have a completed waiver will result in the athlete forfeiting the competition.

## Competition Details

**Schedule:** The schedule can be found the Athletics Ontario website. Follow the link below:  
<http://athleticsontario.ca/events/2018-osg/>

**Travel Policy:** There will may be travel subsidies or transportation available for those traveling between 301km – 600km from the competition site. Those residing 601 or over may also qualify for plane, train and charter bus transportation. Details to come.

**Check-In Procedure:** Athletes in field events will need to check in with the field event officials in order to begin warm up. Track athletes will need to check in with the track officials at the start line of their respective event 15min prior.

**Awards:** Medals presented to the winning team.

## Technical Details

**Events Offered:** Championship Events

Bantam – 80m, 150m, 800m, 1200m, 2000m, 80mh, 200mH, 800mW, HJ, LJ, SP, DT, JT, 4x100m, SMR (400m-200m-200m-800m), Tetrathlon

Midget – 100m, 200m, 300m, 800m, 1200m, 2000m, 80mh, 100mh, 200mh, 1500mSC, 1500mW, HJ, PV, LJ, TJ, SP, DT, HT, JT, 4x100m, SMR (400m-200m-200m-800m), Pentathlon

**Implements:** All throwing implements will be provided by the meet management. Personal implements will be allowed and once check in, will be entered into the competition equipment pool.

### Specifications for Hurdling Events:

Event	Distance	#	Height(m)	To 1 <sup>st</sup> Hurdle	Between Hurdles
Bantam Girls	80m	8	0.762	12.00m	7.50m
Bantam Boys	80m	8	0.762	12.00m	7.50m
Midget Girls	80m	8	0.762	12.00m	8.00m
Midget Boys	100m	10	0.840	13.00m	8.50m
Bantam Girls	200m	5	0.762	20.00m	35.00m
Bantam Boys	200m	5	0.762	20.00m	35.00m
Midget Girls	200m	5	0.762	20.00m	35.00m
Midget Boys	200m	5	0.762	20.00m	35.00m

## Steeplechase:

### Midget Boys and Girls:

1500m, 12 hurdles. 3 complete laps with all obstacles, preceded by a distance of approximately 300m without obstacles. Obstacles are 76cm (30") in height. No water jump. Start at flat 1500m start line and run regular 400m oval.

## Specifications for Throwing Events:

### Shot Put

BG	BB	MG	MB
3.00kg	3.00kg	3.00kg	4.00kg

### Javelin Throw

BG	BB	MG	MB
400g	400g	500g	600g

### Hammer Throw

MG	MB
3.00kg	4.00kg

## Lane Assignment:

Lanes, Heats, and Sections will be assigned according to the rules of IAAF/AO.

Heat sheets will be posted on the results board as well as by the start line of each event.

## Scoring:

The top 8 athletes in each events and category will earn point for their teams as follows: 1<sup>st</sup> – 10 points, 2<sup>nd</sup> – 8 points, 3<sup>rd</sup> – 6 points, 4<sup>th</sup> – 5 points, 5<sup>th</sup> – 4 points, 6<sup>th</sup> – 3 point, 7<sup>th</sup> – 2 point, 8<sup>th</sup> – 1 point.

## Seed Times:

Current outdoor season performances achieved in AO- sanctioned or approved competitions will be accepted. Meets outside of Ontario that have been accepted into the Athletics Canada rankings will also be accepted as seeds. These times will be **automatically** pulled up by Trackie when registering an athlete. If a performance has not been pulled up automatically please contact [randolphfajardo@athleticsontario.ca](mailto:randolphfajardo@athleticsontario.ca) to confirm if the performance will be acceptable. **Estimates will not be accepted, athletes with no valid performance will be adjusted to "NT"**.

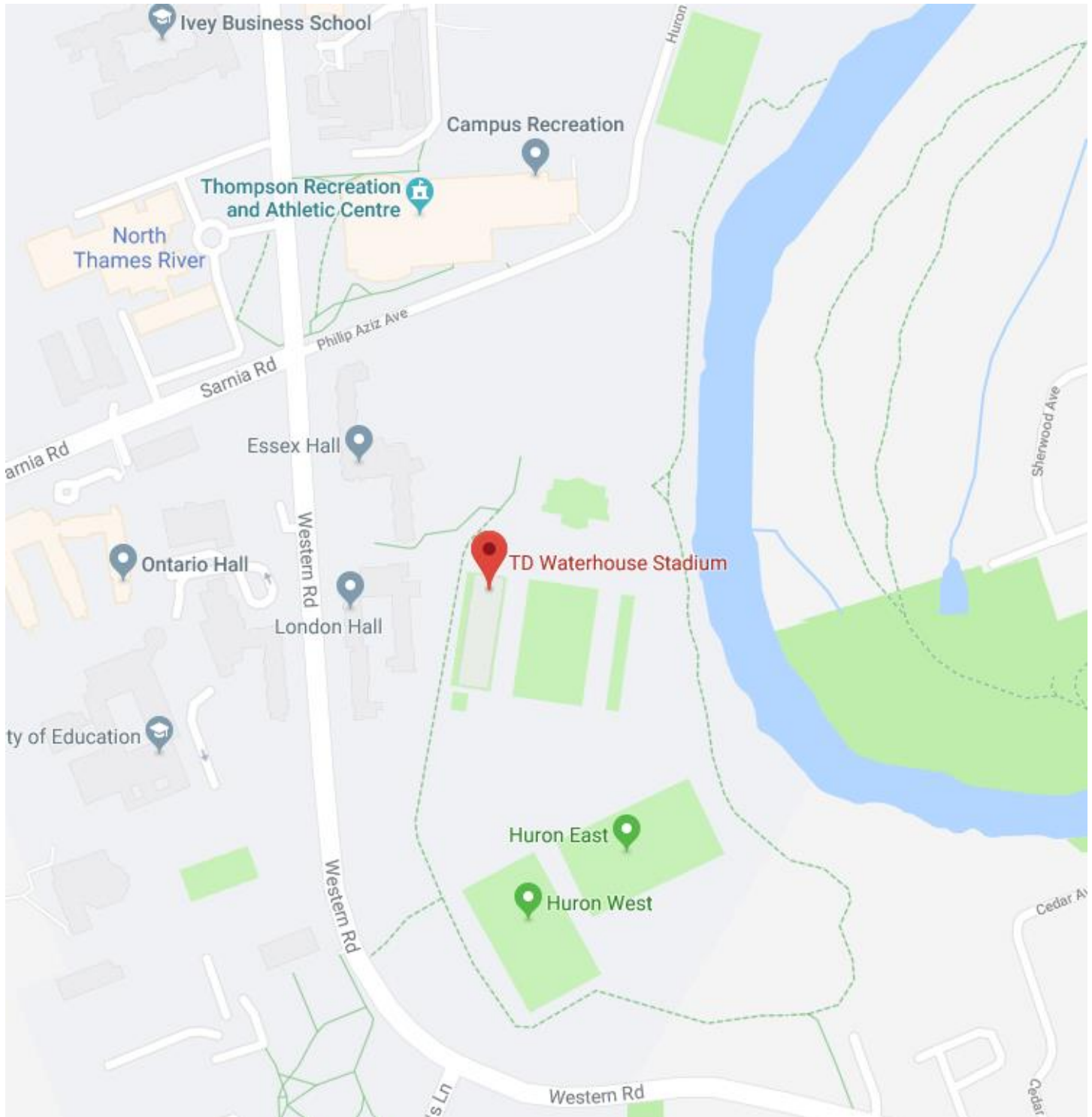
## Protests:

All Protests must be made as outlined in IAAF rule 146. In all cases, protests must be filed within 30 minutes of the official announcement or release of the results. If no protest is received within the above-mentioned time limit, the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for appeals to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. The cost of \$25.00 will be returned if the protest is upheld or not considered frivolous by the Jury.

## General Information

Location:

TD Waterhouse Stadium  
100 Philip Aziz Ave  
London, Ontario  
N6A 5P9



Host Organizer



## Organizing Committee

Meet Director Dave Mills and Chris Williams  
Technical Director Randolph Fajardo

**Starting Blocks:** Official blocks will be supplied by meet management. However, any starting block complying with IAAF rules may be used. With the exception of events specifically identified as age-class events, starting blocks will be required by all athletes.

**Facility Regulations:** Maximum spike length is 5mm (9mm for High Jump). Spiked shoes may be checked at any time for spike length.

Only coaches, officials and meet volunteers will be permitted into the track. All others must go to the spectator viewing area. Meet organizers will provide passes for AO coaches registered by the meet entry deadline.

NO street shoes on the track surface.  
NO electronic devices are allowed in the competition area.

**Results:** Results will be posted on Saturday August 4, 2018 following the completion of the meet. Please follow this link for the meet results.  
<http://athleticsontario.ca/events/osg/>

**Photos:** Photos captured by the Athletics Ontario team will be posted on the Athletics Ontario social media sites (Facebook, Twitter, Instagram, etc.) during and following the meet. All athletes are given the opportunity to sign a waiver/release form regarding photography.

Facebook page: <https://www.facebook.com/Athletics-Ontario-135196239850966/?fref=ts>

**First Aid:** Medical Personnel will be on-site.

The closest hospital is as follows  
St. Joseph's Hospital  
268 Grosvenor St.  
London, ON  
N6A 3N3