



Track	 2018 Ontario Summer Games Friday Aug 3, 2018 Sections will be run Slow to Fast		
Time	Event	Round	Age Group
10:25	100mH	Pentathlon	Boys: U16
10:30	1200m	Timed Final	Girls: U14 + U16
10:45	1200m	Timed Final	Boys: U14 + U16
11:00	80m Hurdles	Pentathlon	Girls: U16
11:05	80m Hurdles	Tetrathlon	Girls: U14
11:10	80m Hurdles	Tetrathlon	Boys: U14
11:15	80m Hurdles	Heats	Boys: U14
11:20	80m Hurdles	Heats	Girls: U14
11:25	80m Hurdles	Heats	Girls: U16
11:35	100m Hurdles	Heats	Boy: U16
11:45	80m	Heats	Girls: U14
11:55	80m	Heats	Boys: U14
12:05	100m	Heats	Girls: U16 + AMB
12:20	100m	Heats	Boys: U16 + AMB
12:35	100m WC	Heats	WC: Girls + Boys
	Track Break		
1:45	100m Hurdles	Finals	Boys: U16
1:50	80m Hurdles	Finals	Girls: U16
1:55	80m Hurdles	Finals	Boys: U14
2:00	80m Hurdles	Finals	Girls: U14
2:05	80m	Finals	Girls: U14
2:10	80m	Finals	Boys: U14
2:15	100m	Finals	Girls: U16 – AMB
2:25	100m	Finals	Boys: U16 – AMB
2:35	100m WC	Finals	WC: Girls + Boys
3:00	300m	Timed Final	Girls: U14
3:10	300m	Timed Final	Girls: U16
3:20	300m	Timed Final	Boys: U14
3:30	300m	Timed Final	Boys: U16
4:15	4x100m	Timed Final	Girls: U14 – U16
4:30	4x100m	Timed Final	Boys: U14 – U16
4:45	4x800m	Timed Final	Girls: U14 – U16
5:00	4x800m	Timed Final	Boys: U14 – U16
TBD	200m	Tetrathlon	G/B: U14
TBD	800m	Pentathlon	Girls: U16
TBD	1000m	Pentathlon	Boys: U16

Field	Friday Aug 3, 2018				
Time	High Jump	Horizontal Jump	Javelin	Discus Throw	Seated/CE Shot Put
10:30	Girls U14 + U16			Girls U14 + U16	
10:45					
11:00		Pent Long Jump			
11:15		Boys			
11:30		Est. 11:00			
11:45	Tet & Pent Girls Est. 11:45			Boys U14 + U16	Tet & Pent Boys Est. 11:45
12:00		Boys Triple Jump			
12:15		U16			
12:30					
12:45	Tet & Pent Boys Est. 12:45				Tet & Pent Girls Est. 1:00
1:00					
1:15					
1:30					
1:45					
2:00		Pent Long Jump	Girls U14 + U16		
2:15		Girls			
2:30		Est. 2:00			
2:45	Boys U14 + U16				Seated Girls & Seated Boys
3:00					
3:15					
3:30		Girls Triple Jump	Boys U14 + U16		
3:45		U16			
4:00					
4:15					
4:30		Women Invitational			
4:45		Triple Jump			
5:00					

*Implements brought by athletes to be checked in at the weigh in area no later than an hour before the scheduled start of the event.

Track	 2018 Ontario Summer Games Saturday Aug 4, 2018 Sections will be run Slow to Fast		
Time	Event	Round	Age Group
10:30	2000m	Timed Final	Girls: U16
10:45	2000m	Timed Final	Boys: U16
11:00	200m Hurdles	Timed Final	Girls: U14
11:05	200m Hurdles	Timed Final	Boys: U14
11:10	300m Hurdles	Timed Final	Girls: U16
11:20	300m Hurdles	Timed Final	Boys: U16
	Track Break		
12:30	150m	Timed Final	Girls: U14
12:45	150m	Timed Final	Boys: U14
12:50	200m AMB	Timed Final	Girls: AMB Boys: AMB
1:00	200m	Timed Final	Girls: U16 Boys: U16
1:40	800m	Timed Final	Girls: U14 – U16
2:00	800m	Timed Final	Boys: U14 – U16
2:20	800m AMB	Timed Final	Girls: AMB Boys: AMB
2:25	800m WC	Timed Final	Girls: WC Boys: WC
2:30	1500m SC	Timed Final	Girls: U16 Boys: U16
2:40	800m RW	Timed Final	Girls: U14 Boys: U14
2:45	1500m RW	Timed Final	Girls: U16 Boys: U16
2:50	SMR (4-2-2-8)	Timed Final	Girls: U14 – U16 Boys: U14 – U16

Field	Saturday Aug 4, 2018				
Time	Pole Vault	Long Jump	Shot Put	Hammer Throw	Seated Disc
10:30	Boys U16	Girls U14 + U16 + AMB	Boys U14 + U16		Para Girls & Para Boys
11:45					
11:00					
11:15					
11:30					
11:45				Girls U16	
12:00					
12:15					
12:30					
12:45			Girls U14		
1:00					
1:15					
1:30	Girls U16	Boys U14 + U16 + AMB			
1:45					
2:00					
2:15					
2:30					
2:45			Girls U16 + AMB	Boys U16	
3:00					

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