

# Tentative Competition Schedule

The standard check-in procedure used at Athletics Ontario Championships will be in use at this meet. Athletes entered in track events must check in at the designated check-in area separately for each event no sooner than 90 minutes and no later than 30 minutes prior to the scheduled start time of the race. Athletes who fail to check-in as required will not be allowed to compete in the event. Please allow extra time for bad weather, traffic problems, etc. Picking up bib numbers does not constitute a check-in.



2018 Athletics Ontario Outdoor Track & Field Championship Series #3				
Tentative Schedule Friday June 22, 2018				
Sections will be run Slow to Fast				
Time	Event	Check-In	Round	Age Group
4:00	100m	TBD		Men: Decathlon
	*Long Jump	N/A		Men: Decathlon
	*Shot Put	N/A		Men: Decathlon
	*High Jump	N/A		Men: Decathlon
	*400m	N/A		Men: Decathlon
4:45	100mH	TBD		Women: Heptathlon
	*High Jump	N/A		Women: Heptathlon
	*Shot Put	N/A		Women: Heptathlon
	*200m	N/A		Women: Heptathlon
7:30	400m	TBD	Prelims	Women: U20 - Open Followed By Men: U20 - Open
8:15	5000m	TBD	Timed Final	Women: U20 - Open Followed By Men: U20 - Open

\*All Combined Events will have a minimum of 30min rest in between the completion of an event and the beginning of the next. All start times for the Combined Events are tentative and can will be adjusted depending on the amount of time need to compete each event.

2018 Athletics Ontario Outdoor Track & Field Championship Series #3				
Tentative Schedule Saturday June 23, 2018				
Sections will be run Slow to Fast				
Track	Event	Check-In	Round	Age Group
9:45	2000m SC	TBD	Timed Final	Women: U20
10:00	3000m SC	TBD	Timed Final	Women: Open
10:15	3000m SC	TBD	Timed Final	Men: U20 – Open
11:10	100m WC	TBD	Heats	Women: WC Followed By Men: WC
11:25	100m	TBD	Heats	Women: U20 - Open
11:45	100m	TBD	Heats	Men: U20 - Open
12:30	100m Hurdles	TBD	Heats	Women: U20 - Open
1:00	110m Hurdles	TBD	Heats	Men: U20 - Open
1:25	110m Hurdles	TBD	Timed Final	Men: Decathlon
	Track Break			
2:10	100m WC	N/A	Final	Women: WC Followed By Men: WC
2:25	100m	N/A	Semi Finals	Women: U20 - Open
2:55	100m	N/A	Semi Finals	Men: U20 - Open
3:40	110m Hurdles	N/A	Finals	Men: Open - U20
3:55	100m Hurdles	N/A	Finals	Women: Open - U20
4:10	100m	N/A	Finals	Women: U20 - Open
4:20	100m	N/A	Finals	Men: U20 - Open
Est: 4:30	*800m	N/A	Timed Final	Women: Heptathlon
5:00	4X100m Relay	TBD	Timed Final	Women: U20 - Open Followed By Men: U20 - Open
5:30	400m WC	TBD	Timed Final	Women: WC Followed By Men: WC
5:45	400m	TBD	Final	Women: U20 - Open
5:55	400m	TBD	Final	Men: U20 - Open
Est: 6:40	*1500m	N/A	Timed Final	Men: Decathlon
6:45	1500m WC	TBD	Timed Final	Women: WC Followed By Men: WC
7:00	1500m	TBD	Timed Final	Women: U20 - Open
7:30	1500m	TBD	Timed Final	Men: U20 - Open

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2018 Athletics Ontario Outdoor Track & Field Championship Series #3									
Tentative Schedule Saturday June 23, 2018									
	Long Jump	Pole Vault	High Jump	Javelin	Hammer	Shot Put	Combined Events @ TTFC		
10:00		U20 Men Start: 10:00			Open Men Start: 10:00	Seated Shot Start: 10:00			
10:15									
10:30	U20 Men Start 10:30			Open Women Start 10:30					
10:45									
11:00									
11:15						U20 Men Start: 11:15			
11:30									
11:45						Seated Discus Start: 11:45			
12:00									
12:15									
12:30					Open Women Start: 12:30				
12:45									
1:00	Open Men Pit 1 Start 1:00		U20 Women Start: 1:00						
1:15									
1:30				Open Men Start: 1:30					
1:45									
2:00					U20 Women Start: 1:45	Seated Javelin Start: 1:45			
2:15	*Hept: LJ Pit 2 Start: 2:15								*Dec: DT Start: 2:15 @ TTFC
2:30									
2:45									
3:00									
3:15	U20 Women Pit 1 Start 3:15								
3:30				Open Men Start: 3:30			*Hept: JT Start: 3:30 @ TTFC		
3:45									
4:00			*Dec: PV Start: 4:00						
4:15									
4:30									
4:45				U20 Men Start: 4:45					
5:00									
5:15	Open Women Start 5:15						*Dec: JT Start: 5:30 @ TTFC		
5:30									
5:45									
6:00					Open Women Start: 6:00				
6:15									
6:30									
6:45									
7:00									
7:15				U20 Women Start: 7:15					
7:30									
7:45									
8:00									
8:15									

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## 2018 Athletics Ontario Outdoor Track & Field Championship Series #3

### Tentative Schedule Sunday June 24, 2018

Sections will be run Slow to Fast

Time	Event	Check-In	Round	Age Group
9:30	5000m RW	TBD	Timed Final	Women: U20 - Open Followed By Men: U20 - Open
10:00	3000m	TBD	Timed Final	Women: U20
10:30	400m Hurdles	TBD	Timed Final	Women: U20 - Open
10:45	400m Hurdles	TBD	Timed Final	Men: U20 - Open
11:15	<b>100m Hurdles</b>	TBD	<b>Combined Events</b>	<b>Boys: U16</b>
11:25	<b>80m Hurdles</b>	TBD	<b>Combined Events</b>	<b>Girls: U14 - Boys: U14 - Girls: U16</b>
11:45	200m	TBD	Heats	Women: U20 - Open
12:20	200m	TBD	Heats	Men: U20 - Open
1:00	200m WC	TBD	Timed Final	Women: WC Followed By Men: WC
	<b>Track Break</b>			
2:00	800m WC	TBD	Timed Final	Women: WC Followed By Men: WC
2:10	800m	TBD	Timed Final	Women: U20 - Open
2:40	800m	TBD	Timed Final	Men: U20 - Open
3:20	200m	N/A	Final	Women: U20 - Open
3:50	200m	N/A	Final	Men: U20 - Open
4:30	SMR (4-2-2-8)	TBD	Final	Women: U20 - Open Followed By Men: U20 - Open
<b>Est. 2:45</b>	<b>*200m</b>	<b>N/A</b>	<b>Combined Events</b>	<b>Girls: U14 - Boys: U14</b>
<b>Est. 4:00</b>	<b>*800m</b>	<b>N/A</b>	<b>Combined Events</b>	<b>Girls: U16</b>
<b>Est. 4:00</b>	<b>*1000m</b>	<b>N/A</b>	<b>Combined Events</b>	<b>Boys: U16</b>

	High Jump	Pole Vault	Long Jump	Triple Jump	Shot Put 1	Shot Put 2	Discus
10:00	U20 Men Start: 10:00			U20 Women Start: 10:00		U20 Women Start: 10:00	U20 Men Start: 10:00
10:15							
10:30							
10:45							
11:00		Open Women Start: 11:00					
11:15							
11:30							
11:45				Open Women Start: 11:45		Open Men Start: 11:45	
12:00			<b>*Boys Pent Est Start: 12:00</b>				
12:15	<b>*Girls Tet/Pent Est Start: 12:00</b>				<b>*Boys Tet Est Start: 12:00</b>		
12:30							
12:45							
1:00							
1:15	<b>*Boys Tet Est Start: 1:15</b>				<b>*Girls Tet/Pent Est Start: 1:30</b>	<b>*Boys Pent Est Start: 1:15</b>	
1:30							
1:45							
2:00				U20 Men Start: 2:00			
2:15							
2:30	<b>*Boys Pent Est Start: 2:30</b>	U20 Women Start: 2:30		Open Men Start: 3:00		U20 Men Start: 2:30	
2:45			<b>*Girls Pent Est Start: 2:45</b>				
3:00							
3:15							
3:30							
3:45							
4:00	Open Men Start: 4:00			Open Men Start: 3:45			Open Women Start: 3:45
4:15							
4:30							
4:45							