

Athletics Ontario Outdoor Championship Series Meet #3
U20 and Open Championships
York Lions Stadium - 2018-06-22 to 2018-06-24
Performance List

Event 1 Women 100 Meter U20 (28) Prelims

Name	Team	Seed Time
1 Best, Ashlan	Speed River	11.78
2 Marsh, Alyssa	Durham Legion	11.93
3 Bamigbade, Tomi	Extreme Velocity	12.07
4 Vieux, Kayla	C.A.N.I.	12.11
5 Boa, Diana	York University	12.12
6 Parry, Allysia	Speed Academy	12.31
7 Catton, Jillian	Brampton Track	12.33
8 Wallace, Angelisa	Terminal Velocit	12.43
9 Williams, Rebecca	Speed Academy	12.45
10 Mitchell, Monaye	Terminal Velocit	12.54
11 Campbell, Georgia	York University	12.60
12 Waters, Jordyn	Invictus AC	12.64
13 Manners, Hayley	Etobicoke T.F.C.	12.65
14 Newman, Madison	Lakehead Running	12.75
15 Sluys, Emily	London Western	12.83
16 Smodis, Madison	Lakehead Running	12.84
17 O'Brien, Tessa	Hamilton Olympic	12.84
18 Grant-Bingling, Zyeisha	South Simcoe	12.85
19 Harris, Kimora	U Windsor AC	13.04
20 Lewis, Gemiah	Terminal Velocit	13.13
21 Mbiro, Thyra	Etobicoke T.F.C.	13.41
22 Kent, Cassidy	London Western	13.45
23 Lee, Jennifer	York University	13.74
24 Faiella, Jessica	York University	14.30
25 Procyk, Paulina	Ottawa Lions	NT
26 Hawker, Britney	Terminal Velocit	NT
27 Kukuruzovic, Simona	Windsor Legion	NT
28 Chang-Lewis, Kyra Nicole	Etobicoke T.F.C.	NT

Event 2 Men 100 Meter U20 (28) Prelims

Name	Team	Seed Time
1 Adjibi, Eliezer	C.A.N.I.	10.58
2 Usifo, Ike	Hamilton Elite	10.86
3 Irobun, Vincent	Hamilton Olympic	10.88
4 De La Cruz, Addison	York University	11.03
5 Read, Owen	Invictus AC	11.03
6 Prochnicki, Braedan	Lakehead Running	11.09
7 Tanuous, Mario	Speed Academy	11.20
8 Sheriff, Javon	Etobicoke T.F.C.	11.20
9 Meay, Shemar	Etobicoke T.F.C.	11.21
10 Rookwood, Marqus	Hamilton Olympic	11.26
11 Sergnese, Christian	U of Toronto TC	11.27
12 Reid, Damian	Terminal Velocit	11.33
13 Farrell, Noah	Burlington	11.34
14 Adeleye, David	Ottawa Lions	11.46
15 Mather, Joshua	London Western	11.54
16 Demelo-Knapp, Daniel	Woodstock	11.55
17 Angerilli, Adam	Speed River	11.64
18 Kashama, Jeremie	South Simcoe	11.65
19 Johnson, Erik	Etobicoke T.F.C.	11.71
20 Wang, Timothy	Speed River	11.89
21 Ranxha, Martinos	York University	12.00

22 Pasquini, Nicholas	York University	12.90
23 Maloney, Kyron	The Gazelles	NT
24 Dowhos, Niko	Lakehead Running	NT
25 Couch, Bailey	Woodstock	NT
26 Beltran, Diego	Burlington	NT
27 Williams, Jalen	The Gazelles	NT
28 Johnson, Tyrece	Ottawa Lions	NT

Event 3 Women 100 Meter Open (26) Prelims

Name	Team	Seed Time
1 Tardiel-McCreath, Sade	Unattached ON	11.50
2 Harrison, Shaina	Flying Angels	11.57
3 Maxwell, Nyoka	C.A.N.I.	11.65
4 Roxborough, Shyvonne	Speed River	11.68
5 Smart, Sian	U of Toronto TC	11.77
6 Béliveau, Émy	Rive-Sud	11.85
7 Brandys, Lindsay	U of Toronto TC	11.85
8 Defreitas, Tameran	South Simcoe	11.86
9 Russell, Natasha	York University	11.87
10 Simon-Tucker, Monique	York University	11.90
11 Omahen, Emily	U Windsor AC	12.06
12 Ehrhardt, Caroline	London Western	12.12
13 Redhead, Janelle	Project Athletic	12.23
14 Payne, Shania	York University	12.40
15 Armstrong, Zaria	Speed River	12.42
16 Thomas, Latoya	Project Athletic	12.66
17 Dubois, Marissa	Hamilton Olympic	12.72
18 Huggins, Dallyssa	Unattached ON	12.88
19 Audet, Alexe	Corsaire	13.24
20 Beckles, Khama	Project Athletic	13.67
21 Zinman, Debbie	U of Toronto TC	13.89
22 Partlow, Catherine	I Be Fast	14.00
23 Wilson-Walker, Madison	London Western	14.68
24 Williams, Shanice	Flying Angels	NT
25 Géliveau, Maryse	Saint-Jean	NT
26 Sobers-Khan, Marlene	The Gazelles	NT

Event 4 Men 100 Meter Open (46) Prelims

Name	Team	Seed Time
1 Asemota, Duan	Speed Academy	10.22
2 Dodoo, Roland	Oakville Legion	10.44
3 Muteba, Lionel Tshimanga	Perfmax-Racing	10.49
4 Nelson, Jodd	Perfmax-Racing	10.57
5 Spike, Norris	Terminal Velocit	10.66
6 James, Michael	Unattached ON	10.72
7 Helman, Alex	Centro Scuola	10.76
8 Halog, Jonelle	C.A.N.I.	10.79
9 Kelly, Jayden	South Simcoe	10.79
10 Stewart, Taylor	London Western	10.82
11 Lau, Alexander	U of Toronto TC	10.87
12 Bass, Zeon	York University	10.89
13 Jamal, Braenen	Unattached ON	10.90
14 Joseph, Xavier	York University	10.91
15 Kwarko-Fosu, Kofi	Waterloo TC	10.93
16 Powell, Keysean	Project Athletic	10.95

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Name	Team	Seed Time
17 Ajayi, Steven	Unattached ON	10.95
18 Reason, Kurdell	Speed River	10.96
19 Kinney, Adrian	Unattached NB	10.97
20 Martineau, Brandyn	Ottawa Lions	10.97
21 Jackson, Kejean	Strive Athletics	10.98
22 Akerewusi, Sesan	Project Athletic	11.01
23 Bobak, David	C.A.N.I.	11.03
24 Penalozza, Marcus	Supreme	11.03
25 Orsini, Daniele	York University	11.07
26 Chan, Matthew	London Western	11.13
27 Shokour, Brandon	York University	11.15
28 Gareau, Jacob	Burlington	11.15
29 Archer, Rashid	Unattached ON	11.25
30 Westbrook, Calum	Unattached ON	11.30
31 Westbrook, Calum	Runners Edge	11.30
32 Burrell, Kemar	Variety Village	11.32
33 Moustafa, Ibrahim	Extreme Velocity	11.44
34 Dunning, Alexander Thunder	C.A.N.I.	11.46
35 Anyimadu, Jason	Burlington	11.52
36 Forrest, Chris	Etobicoke T.F.C.	11.66
37 Smith, David	Bradford	12.25
38 Mehmood, Amir	Ottawa Lions	12.70
39 Johnstone, Michael	London Western	14.56
40 Carrington, Marcus	C.A.N.I.	NT
41 Douglas, Kingboy	York University	NT
42 Ben-Smith, Bertwin	Ottawa Lions	NT
43 Andrews, Joshua	Speed Academy	NT
44 Lewis, Nathan	Etobicoke T.F.C.	NT
45 Mbaegbu, Nnamdi	Etobicoke T.F.C.	NT
46 London, Clifford	The Gazelles	NT

Event 5 Women 200 Meter U20 (48) Prelims

Name	Team	Seed Time
1 Best, Ashlan	Speed River	23.27
2 Diop, Sky	The Gazelles	24.18
3 Sherar, Zoe	Speed River	24.60
4 Broomfield, Alanah	I Be Fast	24.69
5 Marsh, Alyssa	Durham Legion	24.71
6 Bamigbade, Tomi	Extreme Velocity	24.91
7 Leger, Kendra	Speed River	24.96
8 Parry, Allysia	Speed Academy	25.01
9 Lewis, Jazmyn	Speed Academy	25.38
10 Chang-Lewis, Kyra Nicole	Etobicoke T.F.C.	25.43
11 Boa, Diana	York University	25.48
12 Ryan, Maya	U of Toronto TC	25.51
13 Vieux, Kayla	C.A.N.I.	25.62
14 Drummond, Kaysen	Terminal Velocit	25.63
15 Stieh, Amy	Lakehead Running	25.74
16 Vanhoucke, Julia	St Thomas Legion	25.83
17 Lampo, Tia	Lakehead Running	25.88
18 Hopkins, Kenna	Burlington	26.00
19 Grant-Bingling, Zyeisha	South Simcoe	26.21
20 Habash, Milenne	Speed River	26.25

21 Williams, Rebecca	Speed Academy	26.34
22 Ogunremi, Doyin	Ottawa Lions	26.37
23 Desrosiers, Sandrine	Corsaire	26.48
24 Smodis, Madison	Lakehead Running	26.50
25 O'Brien, Tessa	Hamilton Olympic	26.56
26 Grant-Bingling, Zahmoya	South Simcoe	26.75
27 Klosa, Elizabeth	Laurel Creek	26.87
28 Newman, Madison	Lakehead Running	26.88
29 Lewis, Gemiah	Terminal Velocit	26.94
30 Beaudry, Katelin	London Western	26.95
31 Wallace, Angelisa	Terminal Velocit	26.98
32 Harris, Kimora	U Windsor AC	27.14
33 Kent, Cassidy	London Western	27.22
34 Hempstead, Lucy	C.A.N.I.	27.26
35 Nadeau, Juliette	Corsaire	27.37
36 Suen, Bethany	York University	27.73
37 Smith, Eliza	Laurel Creek	28.09
38 MacDonald, Elise	Laurel Creek	28.42
39 Broomfield, Aliyah	I Be Fast	NT
40 Akposi, Kassidy	Project Athletic	NT
41 Faiella, Jessica	York University	NT
42 Hawker, Britney	Terminal Velocit	NT
43 Lee, Jennifer	York University	NT
44 Procyk, Paulina	Ottawa Lions	NT
45 Matthews, Amelia	Laurel Creek	NT
46 Effenberger, Kaitlyn	Ottawa Lions	NT
47 Mbiro, Thyra	Etobicoke T.F.C.	NT
48 Hall, Kaylyn	London Western	NT

Event 6 Men 200 Meter U20 (46) Prelims

Name	Team	Seed Time
1 Adjibi, Eliezer	C.A.N.I.	21.87
2 Read, Owen	Invictus AC	22.00
3 Usifo, Ike	Hamilton Elite	22.12
4 Archer, Jemini	Project Athletic	22.15
5 Buckham, Davede	U of Toronto TC	22.31
6 Burke, Daniel	Ultimate Body	22.34
7 Prochnicki, Braedan	Lakehead Running	22.50
8 Faulkner, Lukas	Hamilton Elite	22.64
9 Garrett, Mason	Bradford	22.67
10 De La Cruz, Addison	York University	22.75
11 Middleton, Christopher	Speed Academy	22.77
12 Vanbeek, Aidan	C.A.N.I.	22.79
13 Pope, Alex	C.A.N.I.	22.83
14 Tanuous, Mario	Speed Academy	22.87
15 Thompson, Ajani	Unattached ON	22.93
16 Schiafone-Fleming, Xavier	Centro Scuola	22.94
17 Sergnese, Christian	U of Toronto TC	22.95
18 Julien, Akil	U of Toronto TC	23.02
19 Morales, Nicolas	Speed Academy	23.06
20 Rookwood, Marqus	Hamilton Olympic	23.10
21 Reid, Damian	Terminal Velocit	23.15
22 Vandyke, Andrew	Unattached ON	23.31
23 Farrell, Noah	Burlington	23.36
24 Adeleye, David	Ottawa Lions	23.40

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Event 6 ... (Men 200 Meter U20 (46) Prelims)

Name	Team	Seed Time
25 Bailey, Garfield	Speed Academy	23.41
26 Demelo-Knapp, Daniel	Woodstock	23.43
27 Ford, Liam	Hamilton Olympic	23.44
28 Meay, Shemar	Etobicoke T.F.C.	23.44
29 Zomparelli, Alex	York University	23.57
30 Thompson, Jacob	C.A.N.I.	24.30
31 James, Shawn	Brampton Track	24.55
32 Ranxha, Martinos	York University	24.77
33 Kerr, Josiha	Brampton Track	24.97
34 Pasquini, Nicholas	York University	26.80
35 John, Evan	Windsor Legion	31.08
36 Maloney, Kyron	The Gazelles	NT
37 Charles-Taylor, Tikal	Centro Scuola	NT
38 Collins, Alexander	C.A.N.I.	NT
39 Animashawun, Abdulluh	Brampton Track	NT
40 Johnson, Tyrece	Ottawa Lions	NT
41 Beltran, Diego	Burlington	NT
42 Hines, Cole	U Windsor AC	NT
43 Kazumba, Dan	Strive Athletics	NT
44 Kashama, Jeremie	South Simcoe	NT
45 Irobun, Vincent	Hamilton Olympic	NT
46 Angerilli, Adam	Speed River	NT

Event 7 Women 200 Meter Open (37) Prelims

Name	Team	Seed Time
1 McDonald, Natassha	Project Athletic	23.39
2 Maxwell, Nyoka	C.A.N.I.	23.64
3 Hyacinthe, Kimberly	Vainqueurs Plus	23.70
4 Tardiel-McCreath, Sade	Unattached ON	23.91
5 Byng, Morgan	Speed River	23.93
6 Jackson, Audrey	Rive-Sud	24.05
7 Lance, Naomi	Speed River	24.06
8 Brandys, Lindsay	U of Toronto TC	24.06
9 Roxborough, Shyvonne	Speed River	24.10
10 Smith, Nicole	Speed River	24.31
11 Defreitas, Tameran	South Simcoe	24.48
12 Russell, Natasha	York University	24.62
13 Smart, Sian	U of Toronto TC	24.65
14 Thomas, Latoya	Project Athletic	25.12
15 Simon-Tucker, Monique	York University	25.26
16 Leclerc, Claudie	Corsaire	25.43
17 Bowerman, Emily	Unattached ON	25.58
18 Béliveau, Émy	Rive-Sud	25.64
19 Biswal, Devyani	Ottawa Lions	25.72
20 Bobb, Mikeisha	York University	25.81
21 Smith, Sydney	London Western	25.95
22 Huggins, Dallyssa	Unattached ON	25.95
23 Witherspoon, Nicolette	York University	26.04
24 Gould, Stephanie	Ottawa Lions	26.17
25 Floris, Emma	U Windsor AC	26.26
26 Thompson, Colle	C.A.N.I.	26.40
27 Lucien, Nafthalia	Ottawa Lions	27.75
28 Audet, Alexe	Corsaire	27.81

29 Partlow, Catherine	I Be Fast	28.50
30 Wilson-Walker, Madison	London Western	30.40
31 Williams, Shanice	Flying Angels	NT
32 Gélneau, Maryse	Saint-Jean	NT
33 Armstrong, Zaria	Speed River	NT
34 Beckles, Khama	Project Athletic	NT
35 Sobers-Khan, Marlene	The Gazelles	NT
36 Redhead, Janelle	Project Athletic	NT
37 Hamilton, Tess	Elite PV	NT

Event 8 Men 200 Meter Open (60) Prelims

Name	Team	Seed Time
1 Kowalchuk, Karson	Extreme Velocity	20.67
2 Harper, Daniel	Brampton Track	20.80
3 Nurse, Cameron	Etobicoke T.F.C.	20.82
4 Makinde, Oluwasegun	Ottawa Lions	20.94
5 Asemota, Duan	Speed Academy	20.95
6 Allotey, Dillando	Speed Academy	21.18
7 Augimeri, Alexander	U of Toronto TC	21.26
8 Yassin, Mohamed	Unattached ON	21.34
9 Abdulahi, Ramzi	London Western	21.38
10 Ajayi, Steven	Unattached ON	21.50
11 Muteba, Lionel Tshimanga	Perfmax-Racing	21.55
12 Nelson, Jodd	Perfmax-Racing	21.61
13 Spike, Norris	Terminal Velocit	21.70
14 Dike, Michael	Etobicoke T.F.C.	21.84
15 Jehovah, Xavier	York University	21.92
16 Kelly, Jayden	South Simcoe	21.98
17 Laidlaw-Allen, Marlon	Phoenix Athletic	21.98
18 James, Michael	Unattached ON	22.01
19 Bass, Zeon	York University	22.04
20 Bobak, David	C.A.N.I.	22.06
21 Helman, Alex	Centro Scuola	22.06
22 Penalozza, Marcus	Supreme	22.11
23 Martineau, Brandyn	Ottawa Lions	22.13
24 Jackson, Kejean	Strive Athletics	22.20
25 Jamal, Braenen	Unattached ON	22.20
26 Elien, Ken	Etobicoke T.F.C.	22.25
27 Dunning, Alexander Thunder	C.A.N.I.	22.34
28 Reason, Kurdell	Speed River	22.37
29 Orsini, Daniele	York University	22.43
30 Joseph, Xavier	York University	22.51
31 Sheriff, Javon	Etobicoke T.F.C.	22.66
32 Chan, Matthew	London Western	22.68
33 Ahne, Joerg	Speed River	22.72
34 Kwarko-Fosu, Kofi	Waterloo TC	22.81
35 Shokour, Brandon	York University	22.81
36 Gareau, Jacob	Burlington	22.99
37 Archer, Rashid	Unattached ON	23.15
38 Kwan, Anthony	U of Toronto TC	23.38
39 Moustafa, Ibrahim	Extreme Velocity	23.39
40 London, Clifford	The Gazelles	23.40
41 Wilson, Daniel	U of Toronto TC	23.62
42 Moricz, Vincent	Ottawa Lions	23.94
43 Anyimadu, Jason	Burlington	23.96

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Event 8 ... (Men 200 Meter Open (60) Prelims)

Name	Team	Seed Time
44 Grondin-Bernier, Samuel	Corsaire	24.32
45 Mehmood, Amir	Ottawa Lions	25.38
46 Reynolds, Rick	Unattached ON	26.24
47 Lewis, Nathan	Etobicoke T.F.C.	NT
48 Slythe Léveillé, Gabriel	Corsaire	NT
49 Smith, David	Bradford	NT
50 Westbrook, Calum	Unattached ON	NT
51 Akerewusi, Sesan	Project Athletic	NT
52 Mbaegbu, Nnamdi	Etobicoke T.F.C.	NT
53 Le Gendre, Kareem	Extreme Velocity	NT
54 Ben-Smith, Bertwin	Ottawa Lions	NT
55 Douglas, Kingboy	York University	NT
56 Sleep, Tanner	U Windsor AC	NT
57 Forrest, Chris	Etobicoke T.F.C.	NT
58 Kporwodu, Shamar	Speed Academy	NT
59 Westbrook, Calum	Runners Edge	NT
60 Riley, Logan	Speed Academy	NT

Event 9 Women 400 Meter U20 (25) Prelims

Name	Team	Seed Time
1 Samuel, Sharelle	Ottawa Lions	53.75
2 Trapeau, Maeliss	Ottawa Lions	55.44
3 Stieh, Amy	Lakehead Running	55.96
4 Sherar, Zoe	Speed River	56.00
5 Overholt, Brooke	London Legion	56.13
6 Lewis, Jazmyn	Speed Academy	56.83
7 Ryan, Maya	U of Toronto TC	57.49
8 Grant-Bingling, Zahmoya	South Simcoe	57.91
9 Lampo, Tia	Lakehead Running	58.11
10 Ogunremi, Doyin	Ottawa Lions	58.17
11 Morgan, Mackenzie	Laurel Creek	59.28
12 Desrosiers, Sandrine	Corsaire	59.46
13 MacDonald, Elise	Laurel Creek	1:00.40
14 Matthews, Amelia	Laurel Creek	1:00.71
15 Sun, Sophie	Etobicoke T.F.C.	1:01.40
16 Nadeau, Juliette	Corsaire	1:01.63
17 Hempstead, Lucy	C.A.N.I.	1:01.72
18 Suen, Bethany	York University	1:02.42
19 Akposi, Kassidy	Project Athletic	NT
20 Broomfield, Aliyah	I Be Fast	NT
21 Sloan, Elena	Central Toronto	NT
22 Broomfield, Alanah	I Be Fast	NT
23 Brown, Kimberly	Newmarket	NT
24 Medcalf, Sarah	Central Ontario	NT
25 Phillips, Cassidy	Newmarket	NT

Event 10 Men 400 Meter U20 (38) Prelims

Name	Team	Seed Time
1 Ryan, Alanzo	U of Toronto TC	48.04
2 Morales, Nicolas	Speed Academy	49.10
3 Rivard, Liam	Central Toronto	49.44
4 Archer, Jemini	Project Athletic	49.63
5 Faulkner, Lukas	Hamilton Elite	49.65

6 Julien, Akil	U of Toronto TC	50.39
7 Vanbeek, Aidan	C.A.N.I.	50.41
8 Middleton, Christopher	Speed Academy	50.42
9 Pope, Alex	C.A.N.I.	51.23
10 Samson, Gabriel	Rive-Sud	51.25
11 Mark, Joe	Central Toronto	51.95
12 Kochals, Cade	Central Toronto	52.12
13 Maloney, Kyron	The Gazelles	52.15
14 Thompson, Jacob	C.A.N.I.	52.85
15 Ford, Liam	Hamilton Olympic	52.90
16 Palmer, Jordan	St Thomas Legion	53.90
17 Hines, Cole	U Windsor AC	54.32
18 Zomparelli, Alex	York University	54.47
19 James, Shawn	Brampton Track	54.59
20 Wiles, Jared	London Western	54.91
21 Kerr, Josiha	Brampton Track	55.20
22 Pasquini, Nicholas	York University	1:00.64
23 Croth, Jaxon	Central Toronto	NT
24 Chaves, Matheus	Central Toronto	NT
25 Kapitain, Cole	Central Toronto	NT
26 Ross, Jonathon	Central Toronto	NT
27 Schiafone-Fleming, Xavier	Centro Scuola	NT
28 Collins, Alexander	C.A.N.I.	NT
29 Aken, Akot	U Windsor AC	NT
30 Vandyke, Andrew	Unattached ON	NT
31 Burke, Daniel	Ultimate Body	NT
32 Hebert, Matthew	Ottawa Lions	NT
33 Lorbetskie, Ken	Ottawa Lions	NT
34 Animashawun, Abdullah	Brampton Track	NT
35 McLeod, Cameron	Hamilton Olympic	NT
36 Nandlal, Marcus	U of Toronto TC	NT
37 Liburd, Cornelius	Ottawa Lions	NT
38 Kazumba, Dan	Strive Athletics	NT

Event 11 Women 400 Meter Open (19) Prelims

Name	Team	Seed Time
1 McDonald, Natassha	Project Athletic	52.20
2 Stephens, Maya	Speed Academy	52.86
3 Balkwill, Kelsey	Border City	53.24
4 Lance, Naomi	Speed River	53.92
5 Jackson, Audrey	Rive-Sud	54.29
6 Innanen, Katrina	U of Toronto TC	54.54
7 Metcalfe, Kristen	Etobicoke T.F.C.	54.63
8 Smith, Jenna	Speed River	54.77
9 Simon, Brittany	Sarnia Athletics	55.28
10 Huggins, Dallyssa	Unattached ON	56.65
11 Witherspoon, Nicolette	York University	57.86
12 Leclerc, Claudie	Corsaire	58.89
13 Ollier, Mary	Ottawa Lions	59.41
14 Keogh, Emmanuelle	Ottawa Lions	59.90
15 Gould, Stephanie	Ottawa Lions	1:01.39
16 Floris, Emma	U Windsor AC	NT
17 Kelly, Meaghan	York University	NT
18 Skorenky, Sophia	Ottawa Lions	NT
19 Thompson, Colle	C.A.N.I.	NT

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Event 12 Men 400 Meter Open (35) Prelims

Name	Team	Seed Time
1 Osei, Philip	Flying Angels	45.75
2 Cunningham, Joshua	Speed Academy	46.28
3 McBride, Brandon	Border City	46.45
4 Bramwell, Drelan	Speed Academy	46.48
5 Banfield, Myles	Speed Academy	47.27
6 Harris, Tremaine	Unattached ON	47.35
7 Dike, Michael	Etobicoke T.F.C.	47.36
8 Abdulahi, Ramzi	London Western	47.60
9 Nurse, Cameron	Etobicoke T.F.C.	47.95
10 McClelland, Ryan	U of Toronto TC	48.09
11 Berkshire, Jack	Fast Tracks	48.19
12 Petersen, Michael	Central Toronto	48.80
13 Saville, Sebastian	Ottawa Lions	48.99
14 Joe, Karim	Strive Athletics	49.14
15 Jehovah, Xavier	York University	49.18
16 Elien, Ken	Etobicoke T.F.C.	49.26
17 Lorentz, Joshua	Waterloo TC	49.40
18 Babcock, Owen	Unattached ON	49.50
19 Small, Kenya	Windsor Legion	49.60
20 Grant, Oliver	Waterloo TC	49.95
21 Ching, Joshua	York University	50.72
22 Le Gendre, Kareem	Extreme Velocity	50.90
23 Wilson, Daniel	U of Toronto TC	51.28
24 Sleep, Tanner	U Windsor AC	51.62
25 Moricz, Vincent	Ottawa Lions	52.58
26 Xie, Lawrence	U of Toronto TC	52.62
27 Grondin-Bernier, Samuel	Corsaire	53.88
28 Krekora, Mateusz	U of Toronto TC	54.80
29 Kporwodu, Shamar	Speed Academy	NT
30 Riley, Logan	Speed Academy	NT
31 Stanford, Jordan	Etobicoke T.F.C.	NT
32 Penalozza, Marcus	Supreme	NT
33 Galloway, Andrew	Lakehead Running	NT
34 Stewart-Baynes, Khamal	Strive Athletics	NT
35 Babcock, Owen	Waterloo TC	NT

Event 13 Women 800 Meter U20 (25)

Name	Team	Seed Time
1 Trapeau, Maeliss	Ottawa Lions	2:04.82
2 LoStracco, Tiana	Speed River	2:07.37
3 Cattell, Remy	Central Toronto	2:12.07
4 Dar, Edna	Blue Devils	2:14.00
5 Maddocks, Beatrix	U of Toronto TC	2:14.27
6 Lam-Colling, Jardine	Central Toronto	2:14.99
7 Tuck, Lilly	Greater Uxbridge	2:17.38
8 Cushnie, Sarah	Hamilton Olympic	2:18.52
9 Boston, Eliza Jane	Newmarket	2:21.34
10 Mitten, Madison	Newmarket	2:21.41
11 Harnack, Hope	Speed River	2:22.96
12 Schouten, Alison	Newmarket	2:23.93
13 Vujicic, Anastasia	Central Toronto	2:25.35
14 Medcalf, Sarah	Central Ontario	2:25.56

15 White, Sarah	Central Toronto	2:25.69
16 Rudin, Hannah	Central Toronto	2:28.44
17 Dirks, Nicole	U of Toronto TC	2:28.82
18 Goddard, Tamara	Central Toronto	2:29.23
19 Goodjohn, Hannah	Greater Uxbridge	2:30.69
20 Ferguson, Jillian	C.A.N.I.	NT
21 Barnett, Caitlin	Etobicoke T.F.C.	NT
22 Whitla, Jenica	Newmarket	NT
23 Silvera, Jasmine	Etobicoke T.F.C.	NT
24 Overholt, Kayla	Burlington	NT
25 Battams, Mikayla	Newmarket	NT

Event 14 Men 800 Meter U20 (44)

Name	Team	Seed Time
1 Cumming, Sam	South Simcoe	1:53.11
2 Clarke, Braydon	Speed River	1:53.91
3 Hannam, Cole	Speed River	1:54.08
4 Kochals, Cade	Central Toronto	1:54.40
5 Desouza, Joshua	Newmarket	1:54.52
6 Young, Nicholas	Niagara Regional	1:54.95
7 Gareau, Eric	London Western	1:55.46
8 Nowbotsing, Rohan	U of Toronto TC	1:55.64
9 Richardson, Mark	Central Toronto	1:55.77
10 Desouza, Jonathan	Newmarket	1:55.81
11 Traher, Tyrone	London Western	1:56.52
12 Mota, Nicholas	Newmarket	1:56.69
13 Gowans, Chris	U of Toronto TC	1:56.77
14 Hebert, Matthew	Ottawa Lions	1:57.18
15 Mallany-Stanley, Aiden	Speed River	1:57.55
16 Fast, Joe	Ottawa Lions	1:57.57
17 Kemp, Marcus	Speed River	1:57.74
18 Mark, Joe	Central Toronto	1:58.58
19 Hickey, Emmett	U of Toronto TC	1:59.02
20 Malleck, Foster	Laurel Creek	1:59.03
21 Anderson, Griffin	Greater Uxbridge	1:59.17
22 Ohrling, Erik	South Simcoe	1:59.19
23 Graenert, Maurice	Newmarket	1:59.44
24 Goguen, Dakota	Newmarket	2:00.21
25 Rioux, Jonathan	Ottawa Lions	2:00.33
26 Johnson, Keith	Central Ontario	2:00.72
27 Jean, Aidan	Newmarket	2:00.90
28 Simone, Brendan	U Windsor AC	2:01.16
29 Lorbetskie, Ken	Ottawa Lions	2:01.74
30 Naim, Ahad	Newmarket	2:01.83
31 Garcia Mendez, Dario	Central Toronto	2:02.30
32 Palmer, Jordan	St Thomas Legion	2:03.18
33 Fournier, Adrian	Ottawa Lions	2:04.36
34 Tremain, Tennessee	Speed River	2:05.82
35 Boston, Joshua Thomas	Newmarket	2:07.39
36 Jensen, Ryan	Newmarket	2:09.73
37 Di Florio, Alexander	Centro Scuola	2:10.45
38 Vincent, Ryan	Newmarket	2:14.46
39 Chaves, Matheus	Central Toronto	NT
40 Ross, Jonathon	Central Toronto	NT
41 Sandras, Alex	Newmarket	NT

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Event 14 ... (Men 800 Meter U20 (44))

Name	Team	Seed Time
42 Schmidt, Adam	Speed River	NT
43 Rutledge, Davis	Burlington	NT
44 Lowrie, Jason	Laurel Creek	NT

Event 15 Women 800 Meter Open (24)

Name	Team	Seed Time
1 Whelan, Elizabeth	U of Toronto TC	2:03.16
2 Metcalfe, Kristen	Etobicoke T.F.C.	2:03.29
3 Kelly, Madeleine	U of Toronto TC	2:03.61
4 Taylor, Ashley	Unattached ON	2:03.72
5 Shukla, Jazz	U of Toronto TC	2:04.52
6 Clarke, Madison	Ottawa Lions	2:07.95
7 Gardner, Charlotte	Ottawa Lions	2:08.02
8 Current, Kate	London Western	2:08.48
9 Hanna, Janelle	Unattached ON	2:09.22
10 Aldea, Stephanie	U Windsor AC	2:09.81
11 Hickson, Sadie-Jane	Speed River	2:10.06
12 Romaniw, Olivia	Unattached ON	2:10.38
13 Martynova, Svetlana	Ottawa Lions	2:10.48
14 Collins, Sydney	Laurel Creek	2:11.16
15 Banhara, Gabriella	U of Toronto TC	2:11.44
16 Tallman, Emma	London Western	2:13.26
17 Green, Anna	York University	2:14.55
18 Katz, Sarah	Unattached	2:14.79
19 Topp, Natalie	London Western	2:15.28
20 Smith, Jenna	Speed River	2:15.33
21 Pansegrau, Kaitlyn	Harbour Track	2:18.39
22 Hewitt, Mikayla	Harbour Track	2:19.40
23 Banhara, Paula	U of Toronto TC	2:22.43
24 Gravina, Maxine	Harbour Track	2:27.77

Event 16 Men 800 Meter Open (41)

Name	Team	Seed Time
1 Saville, Sebastian	Ottawa Lions	1:48.88
2 Padhal, Ruach	London Western	1:49.65
3 Devito, Benjamin	U of Toronto TC	1:50.08
4 Richardson, Ben	Newmarket	1:50.23
5 Leblanc, Andrew	Fast Tracks	1:50.27
6 Evans, Stephen	Ottawa Lions	1:50.32
7 Tweedle, Jeffrey	Harbour Track	1:50.89
8 Smart, Sacha	U of Toronto TC	1:51.23
9 Elkurdy, Mostafa	Speed River	1:51.24
10 Falk, Nicholas	U Windsor AC	1:51.82
11 Binns, Remy	Ottawa Lions	1:52.14
12 Hoggarth, Cameron	Speed River	1:52.61
13 Small, Kenya	Windsor Legion	1:53.05
14 Petersen, Michael	Central Toronto	1:53.37
15 Andrin, Hunter	London Western	1:53.59
16 Larkin, Matt	Central Ontario	1:53.75
17 D'Alessandro, Nick	U Windsor AC	1:53.97
18 Paterson, Mitchell	U Windsor AC	1:54.00
19 Quann, Simon	Speed River	1:54.30
20 Napier, Matthew	Harbour Track	1:54.35

21 Patton, Mark	Speed River	1:55.08
22 Xie, Lawrence	U of Toronto TC	1:55.38
23 Macpherson, Eric	Newmarket	1:55.84
24 Leone, Landon	U of Toronto TC	1:56.17
25 McQuaid, Aaron	Newmarket	1:56.35
26 Goodridge, Jonathan	Speed River	1:56.75
27 Costello, Brendan	Track North	1:56.97
28 Noble, Marcus	Laurel Creek	1:57.43
29 Martin, Brock	Burlington	1:57.96
30 Ching, Joshua	York University	1:58.09
31 Zilles, Josh	U Windsor AC	1:58.35
32 Griffith, Saed	Unattached ON	1:58.68
33 Krekora, Mateusz	U of Toronto TC	1:59.19
34 Ghadghoni, Ali	Newmarket	2:00.24
35 Heyink, Mitchell	London Western	2:00.44
36 Issa, Muad	York University	2:00.75
37 Martin, Josh	U Windsor AC	2:02.17
38 Beland, Caleb	Track North	2:10.52
39 Rostami Balow, Navid	Newmarket	NT
40 Ilunga, Jefferson	Etobicoke T.F.C.	NT
41 Costa, Chris	Unattached ON	NT

Event 17 Women 1500 Meter U20 (28)

Name	Team	Seed Time
1 Chau, Jocelyn	U of Toronto TC	4:16.99
2 Ormond, Cameron	Newmarket	4:26.52
3 Cattell, Remy	Central Toronto	4:32.29
4 Dar, Edna	Blue Devils	4:34.75
5 Weir, Alexandra	Central Toronto	4:39.42
6 Coutts, Sophie	Central Toronto	4:41.93
7 Shepherd, Keili	Ottawa Lions	4:42.51
8 Petersen, Sarah	Central Toronto	4:45.13
9 Carruthers, Anna	Central Ontario	4:47.43
10 Mitten, Madison	Newmarket	4:48.26
11 Coutts, Chloe	Central Toronto	4:48.43
12 Lewis, Amanda	Greater Uxbridge	4:49.54
13 Kerr, Emma	Central Toronto	4:50.44
14 Doorenspleet, Zoe	Central Toronto	4:51.59
15 Macgillivray, Holly	Laurel Creek	4:53.90
16 Sweeney, Paige	Laurel Creek	4:55.08
17 Dwyer, Jenni	Central Toronto	4:58.56
18 Porter, Shannon	Greater Uxbridge	4:59.87
19 White, Sarah	Central Toronto	5:01.15
20 Ballantyne, Annie	Central Toronto	5:03.56
21 Schouten, Alison	Newmarket	5:04.38
22 Fox, Nicole	U of Toronto TC	5:07.64
23 Lexovsky, Zoe	Central Toronto	5:08.28
24 Raso, Megan	Newmarket	5:23.98
25 Carinci, Chiara	Newmarket	5:37.42
26 Hornick, Amanda	Newmarket	NT
27 McBride, Dana	Newmarket	NT
28 Overholt, Kayla	Burlington	NT

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Event 18 Men 1500 Meter U20 (32)

Name	Team	Seed Time
1 Frielink, Isaiah	South Simcoe	3:48.71
2 Free, Carter	Quinte Frontenac	3:50.93
3 Clarke, Braydon	Speed River	3:53.61
4 Martineau, Logan	Speed River	3:54.24
5 Zelek, Joshua	Huron-Perth	3:55.21
6 Gareau, Eric	London Western	3:56.19
7 Hughes, Gavin	Speed River	3:56.91
8 Gowans, Chris	U of Toronto TC	3:56.99
9 Wilson, Rocharn	Phoenix Athletic	3:57.33
10 Fast, Joe	Ottawa Lions	3:59.12
11 Ohrling, Erik	South Simcoe	3:59.32
12 Cumming, Sam	South Simcoe	4:01.95
13 Frangos, Zach	U of Toronto TC	4:02.72
14 Traher, Tyrone	London Western	4:03.87
15 Pribaz, Connor	Central Toronto	4:05.41
16 Perrier, John	U of Toronto TC	4:05.89
17 Fournier, Adrian	Ottawa Lions	4:05.98
18 Loucks, Ethan	South Simcoe	4:08.01
19 Simone, Brendan	U Windsor AC	4:08.30
20 Ali, Rai Muhammad	Phoenix Athletic	4:10.43
21 Naim, Ahad	Newmarket	4:11.81
22 Goslett, Aidan	Central Toronto	4:12.85
23 Ogilvie, Liam	Speed River	4:16.68
24 Johnson, Keith	Central Ontario	4:16.84
25 Meier, Jacob	U of Toronto TC	4:18.14
26 Maloney, Owen	Phoenix Athletic	4:20.91
27 McIntosh, Ryan	Newmarket	4:35.83
28 Pralat, Piotr	Central Toronto	4:39.96
29 Padhal, Ruach	London Western	NT
30 Aziz, Abu	Blue Devils	NT
31 Schmidt, Adam	Speed River	NT
32 Hoftzyer, Chris	Quinte Frontenac	NT

Event 19 Women 1500 Meter Open (15)

Name	Team	Seed Time
1 Stafford, Lucia	U of Toronto TC	4:09.17
2 Aldea, Stephanie	U Windsor AC	4:15.66
3 Lucki, Alexandra	Toronto West	4:18.87
4 Ward, Charlotte	Speed River	4:24.41
5 Shukla, Jazz	U of Toronto TC	4:25.94
6 Earhart, Dana	Speed River	4:28.04
7 Current, Kate	London Western	4:28.61
8 Tallman, Emma	London Western	4:32.31
9 Clarke, Madison	Ottawa Lions	4:37.87
10 Hickson, Sadie-Jane	Speed River	4:45.71
11 Larkin, Gracelyn	Central Ontario	4:47.83
12 Katz, Sarah	Unattached	4:49.80
13 Martynova, Svetlana	Ottawa Lions	4:53.74
14 Davidson, Madeleine	Unattached ON	NT
15 Brennan, Rebecca	Ottawa Lions	NT

Event 20 Men 1500 Meter Open (40)

Name	Team	Seed Time
1 Kellier, Josh	Speed River	3:44.25
2 Falk, Nicholas	U Windsor AC	3:44.92
3 Tweedle, Jeffrey	Harbour Track	3:45.86
4 Elkurdy, Mostafa	Speed River	3:46.73
5 Devito, Benjamin	U of Toronto TC	3:46.76
6 Patton, Mark	Speed River	3:48.25
7 Davenport, Ethan	U of Toronto TC	3:48.32
8 Leblanc, Andrew	Fast Tracks	3:48.87
9 Smart, Sacha	U of Toronto TC	3:49.72
10 Cyr, Alex	U Windsor AC	3:50.22
11 Parrot-Migas, Phil	London Western	3:54.02
12 Ubene, Mitchell	Speed River	3:54.14
13 Shepherd, Andrew	Speed River	3:55.79
14 McGillivray, Joshua	Toronto West	3:56.04
15 Blackney, Kevin	London Western	3:56.30
16 Larkin, Matt	Central Ontario	3:56.40
17 Goodridge, Jonathan	Speed River	3:56.63
18 Tinevez, Noah	Speed River	3:57.20
19 Rostami Balow, Navid	Newmarket	3:58.05
20 Lawand, Robert	U of Toronto TC	3:58.33
21 D'Alessandro, Nick	U Windsor AC	3:58.54
22 Gallagher, Thomas	Newmarket	3:59.33
23 Tyrrell, Ryan	Harbour Track	3:59.47
24 Avalos, Miles	Toronto West	4:00.19
25 Carroll, Jake	Toronto West	4:00.50
26 Zilles, Josh	U Windsor AC	4:01.74
27 Leone, Landon	U of Toronto TC	4:02.43
28 Defreyne, Noah	U of Toronto TC	4:02.65
29 Heyink, Mitchell	London Western	4:03.23
30 Beland, Caleb	Track North	4:04.10
31 Ghadghoni, Ali	Newmarket	4:04.53
32 Tyrrell, Justyn	Harbour Track	4:05.42
33 McQuaid, Aaron	Newmarket	4:07.51
34 Sneddon, Jay	Ottawa Lions	4:16.64
35 Issa, Muad	York University	4:16.73
36 Tepper, Dave	Newmarket	4:20.28
37 Dickinson, Marley	Unattached ON	NT
38 Bari, Asad	Toronto West	NT
39 Fitzgibbon, Chris	Unattached ON	NT
40 Peat, Geoff	Newmarket	NT

Event 21 Women 3000 Meter U20 (8)

Name	Team	Seed Time
1 Larkin, Gracelyn	Central Ontario	10:09.91
2 Herman, Naomi	Saugeen	10:15.49
3 Yuhasz, Abbey	Laurel Creek	10:22.54
4 Gendron, Pascale	Toronto Olympic	10:22.78
5 Shepherd, Keili	Ottawa Lions	10:25.31
6 Hawke, Kendra	Durham Dragons	10:40.00
7 Carruthers, Anna	Central Ontario	10:41.79
8 Pizzimenti, Alessia	310 Running	11:21.97

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Event 22 Women 5000 Meter U20 (4)

Name	Team	Seed Time
1 Yuhasz, Abbey	Laurel Creek	17:51.23
2 Hawke, Kendra	Durham Dragons	18:27.00
3 Gendron, Pascale	Toronto Olympic	NT
4 Boston, Emily-Rose	Newmarket	NT

Event 23 Men 5000 Meter U20 (5)

Name	Team	Seed Time
1 Turek, Max	Durham Dragons	14:35.77
2 Frielink, Isaiah	South Simcoe	15:01.00
3 De Lange, Mitch	Physi-Kult	15:09.00
4 Loucks, Ethan	South Simcoe	16:12.31
5 Pedersen, Nico	Ottawa Lions	NT

Event 24 Women 5000 Meter Open (2)

Name	Team	Seed Time
1 Gollish, Sasha	U of Toronto TC	15:24.12
2 Brennan, Rebecca	Ottawa Lions	NT

Event 25 Men 5000 Meter Open (18)

Name	Team	Seed Time
1 Balestrini, Chris	London Western	14:19.35
2 Ubene, Mitchell	Speed River	14:21.97
3 Grieve, Kyle	Unattached ON	14:24.67
4 Blackney, Kevin	London Western	14:30.00
5 Cyr, Alex	U Windsor AC	14:36.88
6 Cashin, David	Le Coureurs	14:36.98
7 Parrot-Migas, Phil	London Western	14:42.99
8 Sheffar, Jack	London Western	14:43.96
9 Alick, Dylan	Harbour Track	14:47.36
10 Labelle, Eric	Lions Valley	15:14.81
11 Gill, Michael	Lions Valley	15:23.31
12 Fournier, Daniel	Dundas Valley	15:25.00
13 Maxwell, Alexander	Ottawa Lions	15:56.59
14 Tarling, Jamie	Newmarket	16:20.58
15 Clavijo, Esteban	Newmarket	16:25.37
16 Wei, Junsun	Unattached ON	17:50.00
17 Roberts, Nic	Ottawa Lions	NT
18 Martin, Josh	U Windsor AC	NT

Event 26 Women 100 Meter Hurdles 0.840m U20 (14) Prelims

Name	Team	Seed Time
1 Christie-Galloway, Keira	Ottawa Lions	13.31
2 Leger, Kendra	Speed River	13.33
3 Hall, Kaylyn	London Western	13.94
4 Overholt, Brooke	London Legion	14.57
5 Goudros, Izzy	Unattached ON	14.97
6 Beaudry, Katelin	London Western	15.63
7 Vickers, Morgan	South Simcoe	NT
8 Martin, Shanice	The Gazelles	NT
9 Maddocks, Isabel	U of Toronto TC	NT
10 Kim, Sequoia	Speed River	NT
11 Millard, Claire	Kingston Track	NT
12 Thronson, Alexandra	U of Toronto TC	NT

13 Vanhoucke, Julia	St Thomas Legion	NT
14 Rizzo, Christy	London Western	NT

Event 27 Men 110 Meter Hurdles 0.990m U20 (6) Prelims

Name	Team	Seed Time
1 Mather, Liam	London Legion	14.05
2 Krebs, Stephen	Hamilton Elite	14.59
3 Evans, Ryan	Saint John	15.93
4 Adeleye, David	Ottawa Lions	NT
5 Couch, Bailey	Woodstock	NT
6 Macneil, Matthew	St Thomas Legion	NT

Event 28 Women 100 Meter Hurdles 0.840m Open (10) Prelims

Name	Team	Seed Time
1 Thevenin, Tia	Unattached ON	13.13
2 Settingington, Nicole	Unattached ON	13.34
3 Biswal, Devyani	Ottawa Lions	13.43
4 Spearchief-Morris, Joy	London Western	13.59
5 Bambi, Tania	Indépendant	13.80
6 Russell, Natasha	York University	13.83
7 Bobb, Mikeisha	York University	14.13
8 Drouin, Jillian	Sarnia Athletics	14.18
9 Lucien, Naftalia	Ottawa Lions	15.56
10 Webster, Oonagh	U Windsor AC	NT

Event 29 Men 110 Meter Hurdles 1.067m Open (7) Prelims

Name	Team	Seed Time
1 Moseley, Ingvar	Speed Academy	13.72
2 Jovin, Marceau	Etobicoke T.F.C.	14.58
3 Butcher, Locky	London Western	14.93
4 Kwan, Anthony	U of Toronto TC	15.00
5 Spangenberg, Greg	London Western	15.81
6 Tavernier, Telvin	Ottawa Lions	16.43
7 Hendricks-Polack, Jared	Etobicoke T.F.C.	16.61

Event 30 Women 400 Meter Hurdles 0.762m U20 (9)

Name	Team	Seed Time
1 Samuel, Sharelle	Ottawa Lions	59.59
2 Oulds, Ally	Windsor Legion	1:00.63
3 Overholt, Brooke	London Legion	1:01.38
4 Steeneveld, Abbey	Laurel Creek	1:01.69
5 Holmes, Rosemary	Speed Academy	1:04.06
6 Maddocks, Isabel	U of Toronto TC	1:04.94
7 Vickers, Morgan	South Simcoe	1:07.64
8 Suen, Bethany	York University	1:08.12
9 Ferguson, Jillian	C.A.N.I.	1:12.13

Event 31 Men 400 Meter Hurdles 0.914m U20 (13)

Name	Team	Seed Time
1 Muharrem, James	Speed River	54.56
2 Sellers, Brandon	Invictus AC	54.64
3 Robles Villarreal, Miguel	Invictus AC	55.85
4 Hostetler, Nathan	London Legion	56.15
5 Samson, Gabriel	Rive-Sud	56.79
6 McLeod, Cameron	Hamilton Olympic	57.14
7 Mallany-Stanley, Aiden	Speed River	58.59

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Event 31 ... (Men 400 Meter Hurdles 0.914m U20 (13))

Name	Team	Seed Time
8 Wiles, Jared	London Western	1:00.65
9 Liburd, Cornelius	Ottawa Lions	1:01.89
10 Ellinas, Peter	I Be Fast	1:01.92
11 Hines, Cole	U Windsor AC	NT
12 Macneil, Matthew	St Thomas Legion	NT
13 Nandlal, Marcus	U of Toronto TC	NT

Event 32 Women 400 Meter Hurdles 0.762m Open (11)

Name	Team	Seed Time
1 Montcalm, Noelle	U Windsor AC	55.85
2 Santiago, Xahria	Speed Academy	56.69
3 Balkwill, Kelsey	Border City	57.65
4 Sharpe, Sommer	Speed Academy	59.20
5 Huggins, Dallyssa	Unattached ON	1:00.69
6 Bickle-Ferth, Kate	Waterloo TC	1:01.76
7 Efremenko, Bella	U of Toronto TC	1:02.13
8 Keogh, Emmanuelle	Ottawa Lions	1:03.74
9 Ollier, Mary	Ottawa Lions	1:04.07
10 Rochefort, Nadia	Perfmax-Racing	NT
11 Skorenky, Sophia	Ottawa Lions	NT

Event 33 Men 400 Meter Hurdles 0.914m Open (11)

Name	Team	Seed Time
1 Metivier, Malik	Etobicoke T.F.C.	50.16
2 Alhaddad, Saj	Ottawa Lions	51.34
3 Slythe Léveillé, Gabriel	Corsaire	51.88
4 Stanford, Jordan	Etobicoke T.F.C.	52.93
5 Sutton, Charlie	U of Toronto TC	53.09
6 Grant, Oliver	Waterloo TC	54.11
7 Babcock, Owen	Unattached ON	55.30
8 Koménan, Valéry	Enduromax	55.90
9 Babcock, Owen	Waterloo TC	57.32
10 Mechler, Nathaniel	First Attempt	NT
11 Wells, Sarah	U of Toronto TC	NT

Event 34 Women 2000 Meter Steeplechase 0.762m U20 (2)

Name	Team	Seed Time
1 White, Aly	Central Toronto	7:24.95
2 Pizzimenti, Alessia	310 Running	8:14.82

Event 35 Men 3000 Meter Steeplechase 0.914m U20 (3)

Name	Team	Seed Time
1 Brisimitzis, Christopher	Greater Uxbridge	9:30.00
2 Farquharson, Kyle	London Western	9:57.71
3 Rioux, Jonathan	Ottawa Lions	NT

Event 36 Women 3000 Meter Steeplechase 0.762m Open (1)

Name	Team	Seed Time
1 Ayers, Katelyn	Speed River	NT

Event 37 Men 3000 Meter Steeplechase 0.914m Open (2)

Name	Team	Seed Time
1 Kellier, Josh	Speed River	8:51.86
2 Balestrini, Chris	London Western	9:00.00

Event 40 Women 5000 Meter Race Walk Open (5)

Name	Team	Seed Time
1 Kozell, Kris	Ontario RW	31:00.00
2 Cashman, Kitty	Toronto RW	31:29.68
3 Schneider, Amanda	Ontario RW	32:00.00
4 Smetana, Blanka	Toronto RW	35:00.00
5 Slovitt, Nicky	Ontario RW	35:00.00

Event 41 Men 5000 Meter Race Walk Open (1)

Name	Team	Seed Time
1 Xu, Jianping	Unattached ON	25:16.40

Event 42 Women High Jump U20 (8)

Name	Team	Seed Mark
1 Clark, Robin	U of Toronto TC	1.74m
2 Branderhorst, Emily	Saugeen	1.73m
3 Dale, Emma	U of Toronto TC	1.63m
4 Wu, Kelly	U of Toronto TC	1.60m
5 Harper, Helena	U of Toronto TC	1.50m
6 Gipson, Meghan	U of Toronto TC	1.48m
7 Kukuruzovic, Simona	Windsor Legion	1.35m
8 Faiella, Jessica	York University	1.30m

Event 43 Men High Jump U20 (6)

Name	Team	Seed Mark
1 Hall, Sam	U of Toronto TC	2.11m
2 West, Jackson	U of Toronto TC	1.98m
3 Pfferkorn, Matthew	First Attempt	1.95m
4 Campbell, Mason	London Western	1.90m
5 Red, Michael	Brampton Track	1.85m
6 Benjamin, Jonathan	C.A.N.I.	1.83m

Event 44 Women High Jump Open (6)

Name	Team	Seed Mark
1 Huggins, Dallyssa	Unattached ON	1.82m
2 Drouin, Jillian	Sarnia Athletics	1.80m
3 Bitchoka, Barbara	C.A.N.I.	1.80m
4 Jean, T-Noocile	McGill Olympic	1.65m
5 Webster, Oonagh	U Windsor AC	1.55m
6 Laurie, Shaelyn	Unattached ON	NH

Event 45 Men High Jump Open (9)

Name	Team	Seed Mark
1 Cate, Sean	Unattached ON	2.20m
2 Ollivier, Emile	Saint-Laurent	2.12m
3 Lafleur, Hans	C.A.N.I.	2.11m
4 Selloum, Ryad	McGill Olympic	2.10m
5 Butcher, Locky	London Western	1.95m
6 Beaudoin, Shawn	Windsor Legion	1.87m
7 Hendricks-Polack, Jared	Etobicoke T.F.C.	1.78m
8 Balaramana, Ashvin	United Tamil	1.30m
9 Way, Trevor	Windsor Legion	NH

Event 46 Women Pole Vault U20 (15)

Name	Team	Seed Mark
1 Thronson, Alexzandra	U of Toronto TC	3.85m

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Name	Team	Seed Mark
2 Magoffin, Katy	London Western	3.75m
3 Poirier, Caroline	Ottawa Lions	3.65m
4 Rizzo, Christy	London Western	3.51m
5 Rodney, Mia	U of Toronto TC	3.50m
6 Fetic, Maya	Bolton Pole	3.40m
7 Petkovic, Zoe	U of Toronto TC	3.35m
8 Newton, Emily	Unattached ON	3.30m
9 Walker, Olivia	London Western	3.25m
10 Grigore, Monica	London Western	3.20m
11 Henry, Naomi	York University	3.10m
12 Verhoeve, Marly	Elite PV	3.00m
13 Kralik, Ema	Windsor Legion	2.90m
14 Stam, Karlie	Windsor Legion	2.85m
15 Gagne, Annabelle	Ottawa Lions	NH

Event 47 Men Pole Vault U20 (3)

Name	Team	Seed Mark
1 Parker, Nojah	York University	4.70m
2 Anger, Aidan	Georgian Jumps	4.30m
3 McRae, Liam	U of Toronto TC	4.20m

Event 48 Women Pole Vault Open (9)

Name	Team	Seed Mark
1 Fiedler, Erika	Speed River	4.07m
2 Lam, Lynton	London Western	3.90m
3 Hamilton, Tess	Elite PV	3.75m
4 Czmerek, Sarah	U of Toronto TC	3.45m
5 Ritchie, Caroline	York University	3.25m
6 Kokron, Felicite	Georgian Jumps	3.00m
7 Pantel, Ashlyn	Bolton Pole	2.90m
8 Leonard, Jordan	Georgian Jumps	NH
9 Nafaa, Claudine	Ottawa Lions	NH

Event 49 Men Pole Vault Open (10)

Name	Team	Seed Mark
1 Gleason, Daniel	York University	4.90m
2 Stewart, Taylor	London Western	4.84m
3 Benn, Ross	U Windsor AC	4.80m
4 Weigl, Thomas	Elite PV	4.80m
5 Tavernier, Telvin	Ottawa Lions	4.70m
6 Page, Brett	U Windsor AC	4.34m
7 Dorion, Josh	Georgian Jumps	4.30m
8 Beaudoin, Shawn	Windsor Legion	4.00m
9 Lau, Alexander	U of Toronto TC	4.00m
10 Evans, Ryan	Saint John	3.80m

Event 50 Women Long Jump U20 (15)

Name	Team	Seed Mark
1 Manners, Hayley	Etobicoke T.F.C.	5.77m
2 Lamorie, Taryn	U Windsor AC	5.68m
3 Puseljc, Mila	U of Toronto TC	5.62m
4 Grahovac, Tamara	Supreme	5.55m
5 Langelier, Ashley	Unattached ON	5.49m
6 Knox, Chloe	London Western	5.48m

7 MacLean, Kiara	York University	5.44m
8 Sluys, Emily	London Western	5.35m
9 Habash, Milenne	Speed River	5.32m
10 Eckert, Jamie	London Western	5.22m
11 Kim, Sequoia	Speed River	5.11m
12 Beaudry, Katelin	London Western	4.86m
13 Haridas, Rinila	Ottawa Lions	4.84m
14 Martin, Shanice	The Gazelles	ND
15 Faiella, Jessica	York University	ND

Event 51 Men Long Jump U20 (18)

Name	Team	Seed Mark
1 John, Evan	Windsor Legion	7.06m
2 Wallace, Gerrard	Speed River	7.00m
3 Mapp, Isaac	Bradford	6.77m
4 Hinds, Keyshawn	Brampton Track	6.58m
5 Betancourt, Eduardo	C.A.N.I.	6.56m
6 Divita, Japhet	C.A.N.I.	6.49m
7 Sirisombath, Timothy	York University	6.18m
8 Williams, Jamal	London Western	6.16m
9 Wang, Timothy	Speed River	6.13m
10 Williams, Jalen	The Gazelles	5.98m
11 Beltran Jr., Carmelo	York University	5.95m
12 Red, Michael	Brampton Track	5.62m
13 Gumarathas, Kosaran	Brampton Track	5.62m
14 Mei, Sean	U Windsor AC	5.45m
15 Clarke, Malik	Terminal Velocit	5.36m
16 Duong, David	Bradford	5.32m
17 Nantes, Christopher	York University	ND
18 Lim, Isaiah	York University	ND

Event 52 Women Long Jump Open (12)

Name	Team	Seed Mark
1 Omahen, Emily	U Windsor AC	6.12m
2 Pitters, Holly	York University	6.06m
3 Biswal, Divyajyoti	Ottawa Lions	6.01m
4 Flemington, Katie	London Western	5.99m
5 Drouin, Jillian	Sarnia Athletics	5.53m
6 Dubois, Marissa	Hamilton Olympic	5.53m
7 France, Sarah	London Western	5.53m
8 Bowerman, Emily	Unattached ON	5.33m
9 Issac, Alexandra	York University	5.27m
10 Eastmond, Madeleine	York University	5.15m
11 Webster, Oonagh	U Windsor AC	5.05m
12 Wilson-Walker, Madison	London Western	3.89m

Event 53 Men Long Jump Open (16)

Name	Team	Seed Mark
1 Dorcelus, Stevens	Tarus	7.84m
2 Patterson, Bryson	C.A.N.I.	7.57m
3 Kerr, Jared	Unattached ON	7.50m
4 Ahne, Joerg	Speed River	7.48m
5 Thibodeau, Jesse	Tarus	7.30m
6 Young, Arren	Phoenix Athletic	7.20m
7 Fyffe, Nicholas	York University	7.06m

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Event 53 ... (Men Long Jump Open (16))

Name	Team	Seed Mark
8 Powell, Keysean	Project Athletic	6.99m
9 Hines, Shemar	Extreme Velocity	6.95m
10 Billings, Scott	London Western	6.56m
11 Skinner, George	Extreme Velocity	6.55m
12 Nketiah, Emmanuel	York University	6.54m
13 Bell, Joseph	London Western	6.25m
14 Desjardins, Joel	Ottawa Lions	5.45m
15 Johnstone, Michael	London Western	4.65m
16 Balaramana, Ashvin	United Tamil	4.51m

Event 54 Women Triple Jump U20 (10)

Name	Team	Seed Mark
1 Welcome, Mikeisha	Phoenix Athletic	12.53m
2 Obi, Anna	Flying Angels	11.90m
3 Grahovac, Tamara	Supreme	11.78m
4 Puseljic, Mila	U of Toronto TC	11.56m
5 Brunet, Mandy	U Windsor AC	11.53m
6 Sivanathan, Akshanaa	United Tamil	11.23m
7 Sluys, Emily	London Western	11.11m
8 Stewart, Kaitlyn	U Windsor AC	10.97m
9 Haridas, Rinila	Ottawa Lions	10.97m
10 Eckert, Jamie	London Western	ND

Event 55 Men Triple Jump U20 (13)

Name	Team	Seed Mark
1 Mapp, Isaac	Bradford	14.34m
2 Akinduro, Olorunsemi	Flying Angels	14.02m
3 Betancourt, Eduardo	C.A.N.I.	13.50m
4 Hinds, Keyshawn	Brampton Track	13.23m
5 Duong, David	Bradford	12.58m
6 Red, Michael	Brampton Track	12.47m
7 Clarke, Malik	Terminal Velocit	12.12m
8 Williams, Jamal	London Western	12.11m
9 Lim, Isaiah	York University	ND
10 Divita, Japhet	C.A.N.I.	ND
11 Sirisombath, Timothy	York University	ND
12 Mei, Sean	U Windsor AC	ND
13 Aken, Akot	U Windsor AC	ND

Event 56 Women Triple Jump Open (6)

Name	Team	Seed Mark
1 Ehrhardt, Caroline	London Western	13.59m
2 Biswal, Divyajyoti	Ottawa Lions	13.27m
3 Kodo Ella, Valérie	Indépendant	12.34m
4 Pitters, Holly	York University	12.27m
5 Wallace, Julia	Unattached ON	11.77m
6 Francis, Bailey	York University	10.95m

Event 57 Men Triple Jump Open (9)

Name	Team	Seed Mark
1 Obonna, Brian	Brampton Track	16.04m
2 Hanna, Patrick	Tarus	15.47m
3 Fyffe, Nicholas	York University	15.21m
4 Nicholas, Andre	Unattached ON	15.04m

5 Taylor, Ryan	First Attempt	14.78m
6 Billings, Scott	London Western	14.01m
7 Hines, Shemar	Extreme Velocity	13.84m
8 Desjardins, Joel	Ottawa Lions	ND
9 Balaramana, Ashvin	United Tamil	ND

Event 58 Women Shot Put 4.00kg U20 (10)

Name	Team	Seed Mark
1 Tutti, Trinity	Sisu Throws	15.42m
2 Tennant, Grace	Sisu Throws	15.16m
3 Herman, Rebecca	Unattached ON	14.40m
4 Noel, Tamia	Burlington	12.78m
5 O'Connor, Audrey	U Windsor AC	11.47m
6 Fawcett, Emily	Kingston Track	11.26m
7 Gubbels, Natasha	London Western	10.96m
8 Campbell, Rachel	London Western	10.72m
9 Beaudry, Katelin	London Western	9.84m
10 Effenberger, Kaitlyn	Ottawa Lions	ND

Event 59 Men Shot Put 6.00kg U20 (5)

Name	Team	Seed Mark
1 Webb, Zion	Sarnia Athletics	16.03m
2 Ohene-Adu, Dennis	U of Toronto TC	15.00m
3 Woodhall, Lucas	Brockville	14.73m
4 Ovington, Brandon	Ottawa Lions	14.40m
5 Macmillian-Sayer, Grace	Ottawa Lions	ND

Event 60 Women Shot Put 4.00kg Open (7)

Name	Team	Seed Mark
1 Mitton, Sarah	Unattached NS	16.37m
2 Hoxar-Moore, Brooke	London Western	14.03m
3 Huggins, Dallyssa	Unattached ON	12.91m
4 Taylor, Holly	Bradford	12.80m
5 Osezua, Omonyne	Project Athletic	12.19m
6 Hertner, Christina	Ottawa Lions	11.98m
7 Gustafson, Martha S.	Cruisers Sports	3.49m

Event 61 Men Shot Put 7.26kg Open (8)

Name	Team	Seed Mark
1 Nedow, Tim	Ottawa Lions	20.91m
2 Brathwaite, Eric	Sisu Throws	17.64m
3 Pawliw, Eli	Sisu Throws	17.30m
4 Bujnowski, Mark	London Western	16.30m
5 Farrell, Josh	Saugeen	13.61m
6 Jeffery, Alec	Ottawa Lions	11.47m
7 Nedow, Thomas	Ottawa Lions	ND
8 Strybosch, Kevin	London Western	ND

Event 62 Women Discus Throw 1.00kg U20 (8)

Name	Team	Seed Mark
1 Tutti, Trinity	Sisu Throws	52.77m
2 Tennant, Grace	Sisu Throws	50.48m
3 Campbell, Rachel	London Western	37.22m
4 Noel, Tamia	Burlington	36.83m
5 Herman, Rebecca	Unattached ON	36.50m
6 Gubbels, Natasha	London Western	34.15m

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Event 62 ... (Women Discus Throw 1.00kg U20 (8))

Name	Team	Seed Mark
7 Alty, Emily	Unattached ON	33.47m
8 O'Connor, Audrey	U Windsor AC	32.57m

Event 63 Men Discus Throw 1.75kg U20 (9)

Name	Team	Seed Mark
1 Belkwell, Cole	Bradford	46.61m
2 Elliott, Tony	Saugeen	43.81m
3 Atkinson, Anthony	London Western	43.59m
4 Lalonde, Jacob	South Simcoe	43.10m
5 Toor, Gurtaj	York University	42.51m
6 Webb, Zion	Sarnia Athletics	41.03m
7 Mueller, Owen	London Western	40.63m
8 Woodhall, Lucas	Brockville	40.53m
9 Ovington, Brandon	Ottawa Lions	39.40m

Event 64 Women Discus Throw 1.00kg Open (4)

Name	Team	Seed Mark
1 Hoxar-Moore, Brooke	London Western	46.15m
2 Taylor, Holly	Bradford	40.21m
3 Hertner, Christina	Ottawa Lions	37.46m
4 Gustafson, Martha S.	Cruisers Sports	8.69m

Event 65 Men Discus Throw 2.00kg Open (7)

Name	Team	Seed Mark
1 Karakolis, Adam	Unattached ON	52.35m
2 Raspanti, Jonathan	Sisu Throws	48.88m
3 Bujnowski, Mark	London Western	48.10m
4 Stewart, Taylor	London Western	46.33m
5 Jeffery, Alec	Ottawa Lions	41.15m
6 Nedow, Thomas	Ottawa Lions	ND
7 Strybosch, Kevin	London Western	ND

Event 66 Women Hammer Throw 4.00kg U20 (4)

Name	Team	Seed Mark
1 Campbell, Rachel	London Western	44.56m
2 Gubbels, Natasha	London Western	41.28m
3 Fawcett, Emily	Kingston Track	40.90m
4 Smith, Hunter	London Western	36.24m

Event 67 Men Hammer Throw 6.00kg U20 (4)

Name	Team	Seed Mark
1 Elliott, Tony	Saugeen	54.74m
2 Belkwell, Cole	Bradford	52.06m
3 Atkinson, Anthony	London Western	39.96m
4 Macmillian-Sayer, Grace	Ottawa Lions	ND

Event 68 Women Hammer Throw 4.00kg Open (5)

Name	Team	Seed Mark
1 Weir, Jillian	Unattached ON	72.50m
2 Badley-Castello, Jordana	Sisu Throws	60.64m
3 Bohn, Lauren	Unattached ON	54.57m
4 Taylor, Holly	Bradford	49.14m
5 Mustapha, Raba	Project Athletic	38.68m

Event 69 Men Hammer Throw 7.26kg Open (3)

Name	Team	Seed Mark
1 Skeath, Jared	Sisu Throws	62.31m
2 Raspanti, Jonathan	Sisu Throws	55.24m
3 Erskine, Drew	York University	50.80m

Event 70 Women Javelin Throw 600g U20 (7)

Name	Team	Seed Mark
1 Mueller, Marissa	Sarnia Athletics	45.77m
2 McLean, Madison	Unattached ON	42.42m
3 Brunet, Mandy	U Windsor AC	38.57m
4 Nardi-Lamadeleine, Danica	Unattached ON	38.09m
5 Hopkins, Kenna	Burlington	33.70m
6 Powers-Luketic, Taylor	U of Toronto TC	33.00m
7 Effenberger, Kaitlyn	Ottawa Lions	ND

Event 71 Men Javelin Throw 800g U20 (7)

Name	Team	Seed Mark
1 Mather, Joshua	London Western	62.69m
2 Hatton, Tim	U of Toronto TC	55.34m
3 O'Riley, Jared	London Western	54.66m
4 Couch, Bailey	Woodstock	53.30m
5 Parkins, Hayden	The Gazelles	48.73m
6 Martins, Jacob	U of Toronto TC	46.00m
7 Tyler, Erik	London Western	ND

Event 72 Women Javelin Throw 600g Open (9)

Name	Team	Seed Mark
1 Pryke, Ashley	Sisu Throws	56.93m
2 Fraser, Melissa	Sisu Throws	52.11m
3 Dell, Bailey	U Windsor AC	48.78m
4 Villani, Sara	U of Toronto TC	46.97m
5 Cardella-Rinfret, Geneviève	Saint-Laurent	45.08m
6 Huggins, Dallyssa	Unattached ON	39.27m
7 Chartrand, Valerie	Unattached ON	37.57m
8 Cuffy, Shai	Boost Athletics	27.22m
9 Gustafson, Martha S.	Cruisers Sports	5.42m

Event 73 Men Javelin Throw 800g Open (6)

Name	Team	Seed Mark
1 Nielsen, Kyle	Sisu Throws	76.13m
2 Karakolis, Evan	U of Toronto TC	73.70m
3 Cross, Benjamin	Sisu Throws	66.72m
4 Stewart, Taylor	London Western	58.15m
5 McGinn, Gordon	Unattached ON	54.25m
6 Beaudoin, Shawn	Windsor Legion	48.92m

Event 74 Women 4x100 Meter Relay U20 (2)

Team	Relay	Seed Time
1 Speed Academy	A	47.80
	1) Logan, Aliyah 2) Parry, Allaysia 3) Williams, Rebecca 4) Lewis, Jazmyn	
2 Ottawa Lions	A	47.98

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Event 76 Women 4x100 Meter Relay Open (4)

Team	Relay	Seed Time
1 Ottawa Lions	A	47.57
2 U of Toronto TC	A	50.27
3 C.A.N.I.	A	NT
4 York University	A	NT

Event 77 Men 4x100 Meter Relay Open (6)

Team	Relay	Seed Time
1 London Western	A	42.00
2 Waterloo TC	A	42.00
3 Ottawa Lions	A	42.00
4 U of Toronto TC	A	NT
5 C.A.N.I.	A	NT
6 York University	A	NT
1) Orsini, Daniele	2) Shokour, Brandon	
3) Liberto, Michael	4) Charles, Quinn	

Event 78 Women 4x400 Meter Relay U20 (2)

Team	Relay	Seed Time
1 Laurel Creek	A	3:55.00
2 Newmarket	A	NT

Event 79 Men 4x400 Meter Relay U20 (3)

Team	Relay	Seed Time
1 Newmarket	A	3:30.00
2 C.A.N.I.	A	3:35.78
3 Newmarket	B	3:40.00

Event 80 Women 4x400 Meter Relay Open (2)

Team	Relay	Seed Time
1 U of Toronto TC	A	3:49.71
2 South Simcoe	A	NT

Event 81 Men 4x400 Meter Relay Open (2)

Team	Relay	Seed Time
1 U of Toronto TC	A	3:22.54
2 Newmarket	A	3:30.00

Event 82 Women 4x800 Meter Relay U20 (1)

Team	Relay	Seed Time
1 Laurel Creek	A	9:20.00

Event 91 Girls Tetrathlon U14 (7)

Name	Team	Points
1 Caponcini, Ella	London Western	NP
2 Sawyer, Elise	Monte Cristo	NP
3 Preston, Ava	North Halton	NP
4 Sobko, Sarah	London Western	NP
5 Beck, Tabitha	York University	NP
6 Birch, Arienne	North Halton	NP
7 Dwyer, Monifa	York University	NP

Event 92 Boys Tetrathlon U14 (2)

Name	Team	Points
1 Miller, Liam	North Halton	614

2 Trott-McDermott, Jack London Western NP

Event 93 Girls Outdoor Pentathlon U16 (10)

Name	Team	Points
1 Goudros, Izzy	Unattached ON	3022
2 Boisvert, Laurie	Adrénaline	2822
3 Costa, Sophia	Windsor Legion	1507
4 Francis, Lily	St Thomas Legion	NP
5 Luna, Jady	London Western	NP
6 Lukashenova, Sophie	U of Toronto TC	NP
7 Miller, Brynn	North Halton	NP
8 Dine, Clarissa	Athos Club	NP
9 Judge, Amber	London Western	NP
10 Dimarino, Sierra	York University	NP

Event 94 Boys Outdoor Pentathlon U16 (3)

Name	Team	Points
1 Skerl, Mark	Monte Cristo	NP
2 Parfait, Guy-Frantz	Tarus	NP
3 Tzvetkov, Denis	Thorold Elite	NP

Event 95 Girls Heptathlon U18 (4)

Name	Team	Points
1 Skipp, Emma	U of Toronto TC	NP
2 Magoffin, Jaime	Woodstock	NP
3 Barratt, Celine	York University	NP
4 Dalueg, Lauren	Woodstock	NP

Event 96 Boys Decathlon U18 (3)

Name	Team	Points
1 Medina, Juan Pablo	York University	NP
2 Heggie, Kurtis	Unattached ON	NP
3 Devinney, Blake	Niagara Regional	NP

Event 97 Women Heptathlon U20 (3)

Name	Team	Points
1 Groom, Jaclyn	Track North	3744
2 Olla, Yazmin	Windsor Legion	NP
3 Verhoeven, Tess	London Legion	NP

Event 98 Men Decathlon U20 (3)

Name	Team	Points
1 Bell, Hayden	St Thomas Legion	5004
2 Shaw, James	Windsor Legion	NP
3 Mila, Mario	Unattached	NP

Event 99 Women Heptathlon Open (1)

Name	Team	Points
1 McIntosh, Rachael	Unattached NS	5783

Event 100 Men Decathlon Open (2)

Name	Team	Points
1 Robertson, Christopher	Unattached NB	6661
2 Emode, Mark	Unattached ON	NP

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Event 101 Women 100 Meter Ambulatory Para (2) Prelims

	Name	Team	Seed Time
1	Papaconstantinou, Marissa	U of Toronto TC	13.49
2	Boutilier, Shanna	Ottawa Lions	14.86

Event 102 Men 100 Meter Ambulatory Para (3) Prelims

	Name	Team	Seed Time
1	Whitehouse, Kyle	Niagara Regional	11.58
2	Hermans, Dylan	I Be Fast	11.78
3	Booth, Hudson	Unattached ON	13.51

Event 103 Women 100 Meter Wheelchair Para (4) Prelims

	Name	Team	Seed Time
1	Lewis, Jessica	Cruisers Sports	17.19
2	Abran, Katty	London Western	19.39
3	Burrows, Rachael	Ottawa Lions	23.63
4	Tinney, Jessica	Unattached ON	24.29

Event 104 Men 100 Meter Wheelchair Para (2) Prelims

	Name	Team	Seed Time
1	Christophe, Isaiah	Cruisers Sports	15.17
2	Babcock, Brett	National Capital	26.21

Event 105 Women 200 Meter Ambulatory Para (2) Prelims

	Name	Team	Seed Time
1	Papaconstantinou, Marissa	U of Toronto TC	27.53
2	Boutilier, Shanna	Ottawa Lions	30.01

Event 106 Men 200 Meter Ambulatory Para (2) Prelims

	Name	Team	Seed Time
1	Whitehouse, Kyle	Niagara Regional	23.82
2	Booth, Hudson	Unattached ON	28.40

Event 107 Women 200 Meter Wheelchair Para (4) Prelims

	Name	Team	Seed Time
1	Lewis, Jessica	Cruisers Sports	30.76
2	Abran, Katty	London Western	35.49
3	Burrows, Rachael	Ottawa Lions	43.86
4	Tinney, Jessica	Unattached ON	46.01

Event 108 Men 200 Meter Wheelchair Para (2) Prelims

	Name	Team	Seed Time
1	Christophe, Isaiah	Cruisers Sports	27.16
2	Babcock, Brett	National Capital	50.90

Event 109 Women 400 Meter Ambulatory Para (1)

	Name	Team	Seed Time
1	Boutilier, Shanna	Ottawa Lions	1:06.19

Event 110 Men 400 Meter Ambulatory Para (6)

	Name	Team	Seed Time
1	Snider, Peter	I Be Fast	53.76
2	Freeland, Gaerrisen	I Be Fast	54.22
3	Gingras, Zachary	I Be Fast	54.39
4	Wright, Radane	I Be Fast	1:00.12
5	Booth, Hudson	Unattached ON	1:06.13
6	Kuczwal, Terry	I Be Fast	1:18.39

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Event 111 Women 400 Meter Wheelchair Para (4)

Name	Team	Seed Time
1 Lewis, Jessica	Cruisers Sports	1:00.92
2 Abran, Katty	London Western	1:11.65
3 Burrows, Rachael	Ottawa Lions	1:28.04
4 Tinney, Jessica	Unattached ON	1:30.27

Event 112 Men 400 Meter Wheelchair Para (2)

Name	Team	Seed Time
1 Christophe, Isaiah	Cruisers Sports	51.14
2 Babcock, Brett	National Capital	1:40.83

Event 114 Men 800 Meter Ambulatory Para (2)

Name	Team	Seed Time
1 Booth, Hudson	Unattached ON	2:29.95
2 Kuczwal, Terry	I Be Fast	3:12.22

Event 116 Men 800 Meter Wheelchair Para (1)

Name	Team	Seed Time
1 Christophe, Isaiah	Cruisers Sports	1:46.23

Event 118 Men 1500 Meter Ambulatory Para (2)

Name	Team	Seed Time
1 Larkin, Matt	Central Ontario	3:56.40
2 Neri, Nick	I Be Fast	4:28.12

Event 123 Women Shot Put Ambulatory Para (2)

Name	Team	Seed Mark
1 Calovini, Laura	Cruisers Sports	7.12m
2 Cowley, Heather	Cruisers Sports	6.80m

Event 124 Men Shot Put Ambulatory Para (2)

Name	Team	Seed Mark
1 Gallant, Tanner	Unattached ON	19.12m
2 Saini, Rajvir	Unattached ON	12.65m

Event 125 Women Discus Throw Ambulatory Para (3)

Name	Team	Seed Mark
1 Foessel, Renee	Cruisers Sports	31.18m
2 Cowley, Heather	Cruisers Sports	27.92m
3 Calovini, Laura	Cruisers Sports	19.12m

Event 126 Men Discus Throw Ambulatory Para (2)

Name	Team	Seed Mark
1 Saini, Rajvir	Unattached ON	41.77m
2 Gallant, Tanner	Unattached ON	30.02m

Event 129 Women Shot Put Wheelchair Para (4)

Name	Team	Seed Mark
1 Gaudette, Tiffany	Unattached ON	6.21m
2 Lejean, Pamela	Cruisers Sports	4.76m
3 Gustafson, Martha S.	Cruisers Sports	3.77m
4 Sandoval Gustafson, Martha	Cruisers Sports	3.77m

Event 130 Men Shot Put Wheelchair Para (3)

Name	Team	Seed Mark
1 McMillan, Anthony	Variety Village	9.93m

Event 130 ...(Men Shot Put Wheelchair Para (3))

Name	Team	Seed Mark
2 Watson, Joshua	Cruisers Sports	6.38m
3 Bennett, Ryan	Unattached ON	4.57m

Event 131 Women Discus Throw Wheelchair Para (3)

Name	Team	Seed Mark
1 Gaudette, Tiffany	Unattached ON	16.39m
2 Lejean, Pamela	Cruisers Sports	12.83m
3 Sandoval Gustafson, Martha	Cruisers Sports	9.93m

Event 132 Men Discus Throw Wheelchair Para (3)

Name	Team	Seed Mark
1 McMillan, Anthony	Variety Village	26.69m
2 Watson, Joshua	Cruisers Sports	15.45m
3 Bennett, Ryan	Unattached ON	14.75m

Event 133 Women Javelin Throw Wheelchair Para (3)

Name	Team	Seed Mark
1 Gaudette, Tiffany	Unattached ON	11.23m
2 Lejean, Pamela	Cruisers Sports	10.53m
3 Sandoval Gustafson, Martha	Cruisers Sports	6.19m

Event 134 Men Javelin Throw Wheelchair Para (1)

Name	Team	Seed Mark
1 Watson, Joshua	Cruisers Sports	13.54m