



November 11th, 2018 Race Day Schedule

Start Time	Age Group	Distance
9:15 am	Masters	5000m (2K + 3K loops)
10:15 am	Senior Women	8000m (2K + 3K + 3K loops)
11:00 am	Moment of Silence	
11:15 am	Senior Men	10000m (2K + 2K + 3K + 3K loops)
10:30 am	Awards	Masters
11:15 am	Awards	SW
12:00 pm	Awards	SM
12:15 pm	Bantam Girls	2000m (2K loop)
12:30 pm	Bantam Boys	2000m (2K loop)
12:55 pm	Midget Girls	4000m (2K + 2K loops)
1:20 pm	Midget Boys	4000m (2K + 2K loops)
1:30 pm	Awards	BG, BB, MG, MB
1:45 pm	Youth Girls	5000m (2K + 3K loops)
2:15 pm	Youth Boys	6000m (3K + 3K loops)
2:55 pm	Junior Women	6000m (3K + 3K loops)
3:30 pm	Junior Men	8000m (2K + 3K + 3K loops)
4:15 pm	Awards	YG, YB, JW, JM, Overall Team Championship

**Main Entrance
Seneca College
King Campus
13990 Dufferin Street
King Township**

0 75 150 300 Metres