



2019 Ontario vs Quebec Dual Meet
Team Selection
Criteria

Prepared by:

Athletics Ontario

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Overview

The Ontario vs Quebec Midget Dual Meet will be held on February 9, 2019 at the Toronto Track and Field Centre (TTFC).

Selection for Team Ontario's 2019 Midget Dual Team will be selected from athletes appearing on 2018-2019 indoor rankings. All athletes interested in being considered for the team will be required to declare. See below for more information.

Events Being Offered

- 60m
- 60 Hurdles
- 300m
- 800m
- 2000m
- 1500m RW
- High Jump
- Long Jump
- Triple Jump
- Pole Vault
- Shot Put
- Weight Throw
- Relay (4x200m)

Athletes will be entered as scorers in the events in which they have been selected. With permission of team staff, athletes may enter other events as non-scorers. The team coaches will decide the composition of the relay teams and the running order.

General Information

Time Line:

Dates	Description	Locations/Information
Nov 1, 2018 – Jan 27, 2019	Qualifying Window	Must be at an Athletics Ontario Approved/Sanctioned meet or an Athletics Canada accepted performance
Due Jan 28, 2019	Athlete Declarations	
Feb 3, 2019	Team Ontario Selection	Notices to be sent to athletes
Feb 9, 2019	Ontario vs Quebec	Toronto Track and Field Centre

Team Staff:

The staff will be selected and announced in late January.

Expenses:

This is a self-funded project. Selected athletes are responsible for travel, accommodation and food costs*. There is no team fee.

*Lunch will be provided

Travel and Accommodation Arrangements:

These are the responsibility of the athletes and their clubs and parents. *Supervision of out-of-town athletes while not at the competition site is the responsibility of the parent or a club official.*

Uniforms (singlets):

Team members will receive a red and white Ontario singlet.

Eligibility:

1. Able bodied athletes born 2004, 2005.
2. Registered competitive members of Athletics Ontario and in good standing.
3. Must be a Canadian citizen or landed immigrant and be prepared to show documentation.
4. Athletes must declare on the Trackie website no later than January 28, 2019.
5. Has met the minimum performance standard at a sanctioned meet recognized by Athletics Canada, Athletics Ontario, other provincial branch or member Athletics Association of the IAAF.
6. Performance results must have been achieved at competitions listed on the AC, or IAAF Member Federation fixtures lists, and must be recognized on the official AC performance ranking lists.
7. Converted times will be accepted, please see below for conversion tables.

Conversion Tables

Midget Dual Event Listing	Acceptable Alternatives for Seed Purposes
60m	50m indoors
60m H	50m Hurdles
300m	200m or 400m indoors
800m	600m or 1000m indoors
2000m	1500m or 3000m indoors

Convert:	Calculation:
50m to 60m	50m time x 1.158
50m H to 60m H	TBD
200m to 300m	200m time x 1.597
400m to 300m	400m time x 0.713
600m to 800m	600m time (in sec.) x 1.435
1000m to 800m	1000m time (in sec.) x 0.7654
1500m to 2000m	1500m time (in sec.) x 1.3921
3000m to 2000m	3000m time (in sec.) x 0.6470

*Performance on oversized tracks will be accepted with appropriate conversions applied.

Team Selection Guidelines

Team Composition:

1. Total number of athletes allowed on team: 50
2. Maximum number of female athletes allowed on team: 27
3. Maximum number of male athletes allowed on team: 27

There is a maximum of (3) entries that will be allowed to score per event per province.

Performances:

1. The qualifying period for all events begins on November 1, 2018, and ends January 27, 2019.
2. Athletes that have met minimum standards found in Appendix A will be part of the selection pool, granted the athlete has completed their declaration on Trackie.

Selection Process:

Athletes will only be selected to the team for an individual event(s). Relay members will be selected from individual event participants.

1. Automatic Selection

The top U16 finisher in each event at the main trials January 19-20, 2019 will be automatically selected to the team, provided they have achieved the standard **and** agree to participate in a minimum of two events, if so asked, automatic selection to the team.

2. Wild Card Selection

The remaining places, to complete the maximum team size allowed, will be filled by *performances during the selection window*. . All athletes, to be considered, must agree to participate in a minimum of two events at the Dual Meet, if so asked.

3. Relays

Relay teams (4x200m) will formed of athletes selected according to the above criteria.

4. The selection committee reserves the right to make adjustments to the selections to ensure the most competitive team.

5. Appeal Procedure

An athlete or representative may make an appeal regarding selection using the form that will be available at the Trials. A fee of \$25.00 will be payable and will be refunded if the appeal is successful. The appeal must be filed (in person, by e-mail to kolton.kowalchuk@athleticsontario.ca) by 12:00 noon, Tuesday, February 5th, 2019.

Appeals

Only athletes who are eligible to be considered for selection (i.e. have met the athlete eligibility requirements) and who have achieved the standard in 2018-19 may submit an appeal for selection to the Selection committee. Appeals are only accepted if an athlete is not able to compete in their event at the trials. All appeals whether medical or extenuating circumstances must be submitted with supporting documentation indicating that the athlete will be competition ready by the Games.

Athlete's Responsibilities Following Selection

1. Team staff will monitor **physical readiness and health status** of team members and have the authority to make substitutions where these are deemed necessary. An athlete who is deemed unfit or injured by the Team Staff may be replaced.
2. All team members must participate in seminars as required by the Team Staff or Team Ontario Mission staff. These may include sessions on drug control, harassment, etc. Times and places for these seminars will be announced.
3. All team staff and athletes must abide by the AO Code of Conduct, which is available by clicking on the link below:
<http://athleticsontario.ca/policies/> and click "AO Member Code of Conduct"
4. Upon selection to Team Ontario all athletes are expected to participate to their fullest. Withdrawal for reasons unsupported by medical evidence will likely lead to **disciplinary action**, possibly suspension, by the provincial sport governing body.

Selection Standards

**2019 Team Ontario
Ontario vs. Quebec Midget Dual Meet**

WOMENS STANDARDS	EVENTS	MENS STANDARDS
A		A
8.10	60m	7.55
43.72	300m	39.33
2:22.21	800m	2:08.91
6:58.77	2000m	6:20.44
10.15	(.762) 60mH (.840)	10.69
TBD	1500m Race Walk	TBD
1.38m	High Jump	1.60m
1.50m	Pole Vault	1.80m
4.56m	Long Jump	5.21m
9.33m	Triple Jump	10.32m
7.01m	(3kg) Shot Put (4kg)	8.71m
8.0m	(5.45kg) Weight Throw (7.26kg)	9.0m

Athlete Declaration Form

Athlete declarations must be made online at (www.Trackireg.com/2019-midgetdual) by the **January 28th, 2019** deadline. No other forms of declaration will be accepted.