

	Benefits	Membership Categories										
		Recreational/Non-Comp (405)	U14 (345)	U16 (703)	U18 (985)	U20 (550)	Open (517)	Masters (1017)	Coaches (423)	Officials (152)	Volunteers (300)	Clubs (126)
EVENTS	100+ Sanctioned Competitions		√	√	√	√	√	√	√	√	√	√
	Indoor Championships		√	√	√	√	√	√	√	√	√	√
	Outdoor Championships		√	√	√	√	√	√	√	√	√	√
	Cross Country Championships		√	√	√	√	√	√	√	√	√	√
	Ontario Summer Games		√	√					√	√	√	√
	Indoor Dual Meets (w/ Quebec)			√					√	√	√	√
	Annual Awards		√	√	√	√	√	√	√	√	√	√
	Club Championship											√
SUPPORT	Talent ID Camps		√	√	√	√	√					√
	Provincial Rankings & Records		√	√	√	√	√	√				
	Comprehensive Results Database		√	√	√	√	√	√				
	Quest for Gold Funding				√	√	√		√			
	OHPSI Funding				√	√	√					
	Warm Weather Training Camps					√	√					√
	Espoir (U22) Teams						√					√
	Reduced fees for services/courses								√			
	Travel to competitions									√		
	Club Startup Support											√
	Insurance	√	√	√	√	√	√	√	√	√	√	√
Event Hosting Opportunities (Indoor, Outdoor, Track, Road, Cross, Trail: Local, Provincial, National, International)												
DEVELOPMENT	Opportunity to work with athletes at all levels								√	√	√	√
	Coaching resources								√			
	NCCP training and evaluation								√			
	Professional development opportunities								√			
	Officials training									√		
	Mentoring								√	√		
COMMUNITY	Training group within club program	√	√	√	√	√	√	√	√	√	√	√
	Mentoring/social networking	√	√	√	√	√	√	√	√	√	√	√
	Weekly newsletter	√	√	√	√	√	√	√	√	√	√	√
	Voting privileges at AO AGM								√			√
	Participation on AO Committees	√	√	√	√	√	√	√	√	√	√	√
	Opportunity to contribute to AO blogs	√	√	√	√	√	√	√	√	√	√	√
	Collaboration with Elementary Schools		√						√	√	√	
	Collaboration with High Schools (OFSAA)			√	√				√	√	√	
	Collaboration with Universities/Colleges					√	√		√	√	√	
	Collaboration with Coaches Association of Ontario (CAO)								√			
Collaboration with Minor Track Association (MTA)		√	√					√	√	√		
NATIONAL OPPORTUNITIES	Canadian Indoor Championships				√	√			√	√		√
	Canadian Outdoor Championships				√	√	√	√	√	√		√
	Canada Summer Games					√	√		√	√		√
	National Track League Competitions					√	√		√	√		√
	National Rankings & Records		√	√	√	√	√	√	√			
	National Teams				√	√	√	√	√			√
	NextGen Program				√	√	√					