



## AO Coaches & Club Town Hall meeting – Wed Apr 15, 2020

### **Opening**

Good afternoon everyone and welcome to the Athletics Ontario Coaches & Club Town Hall meeting.

We are now in our 4<sup>th</sup> week of extreme social distance guidelines and I'm sure people are finding it more difficult to remember when we weren't in lock down!

Our Agenda for today is:

- 1) CEO updates
  - a. Outdoor events
  - b. Coaching
  - c. Quest for Gold update
  - d. Review of questions submitted
- 2) Interactive Q&A
- 3) Collaborative discussion
- 4) Any additional questions or business

As a reminder all AO staff are still working, remotely, during this time and are available to answer any questions through email or phone. Contact information is available at: <https://athleticsontario.ca/about/staff/>

### **CEO Updates**

#### **Outdoor season**

Athletics Canada has announced that the 2021 Olympic Trials will be held in Montreal as originally planned for this year.

As of today, the Ministry has still not yet made an announcement on the Ontario Summer Games currently scheduled for the last weekend in July. We believe that it is highly unlikely that the event will take place.

Yesterday, Premier Ford extended the state of emergency for another 4 weeks and the Quebec Government recently announced that all events in Quebec are cancelled or postponed until Aug 31<sup>st</sup>. This means that the Ontario & Quebec combined events Championships scheduled for early July will be cancelled.

While events are still happening around the world with recent meets in Sweden, Japan and China we need to start thinking about what we may be able to provide to our community when we are finally able to start up again. In China, no spectators were allowed to watch.

Do we look at events in September if we can't hold anything prior to that? Much will depend on when clubs and athletes will be able to access proper training facilities.

We are starting discussions with the City of Toronto to look at hosting a sports day in September for young kids that would be free, or almost free, with city support. Perhaps we can look at doing regional events around the Province.

## **Coaching**

Athletics Canada has updated the NCCP Athletics Manuals. They can be found for all LFs and interested Coaches in the coaching section of the AC website: [https://athletics.ca/coach/fac\\_docs.php](https://athletics.ca/coach/fac_docs.php)

Athletics Canada also launched their online Webinar series today. In addition, there are a host of AC approved online athletics courses available, some FREE, some at cost. They can be found in the programs section of the AC website: <https://athletics.ca/programs/coaching/e-learning/>

AC created a 10 minute YouTube video explaining the NCCP in Athletics Pathways for Coaching Development. It is a strong overview and a part of

the new Online modules being rolled out next month. LF training begins next week.

<https://athletics.ca/programs/coaching/coaching-education/>

Reminder that the Zoom NACAC Virtual Coaches Congress begins tomorrow and runs thru Friday. Check out the AO website:

<https://athleticsontario.ca/wp-content/uploads/2020/04/NACACTFCA-Virtual-Congress.pdf>

Or the Facebook Page

<https://www.facebook.com/groups/226798048518086/?ref=share>

for more details.

Reminder that this isolation period is the best time to work on and submit your Portfolio towards your Certification.

### **QFG**

The Quest for Gold draft list was posted last week with the final list to be posted by the end of April.

**\*Review questions submitted\***

### **Interactive Q&A and collaborative discussion**

#### **Risk Management & Insurance reminder**

Athletics Ontario's advice is that each coach needs to evaluate the age appropriateness of the information that is being provided to athletes and if providing specific training plans could potentially promote risky behaviours like running in remote isolated areas or breaking local municipality rules in order to get workouts in.

Our insurance brokers have provided the following direction on holding virtual training sessions, in order to be covered under the AO Liability and Accident insurance plans.

- All online coaching sessions must be private sessions with no recording available after the session that is accessible to the general public. This includes no live streaming sessions to the general public (Facebook live etc) – Video's posted online fall under broadcasting rules and is not covered under AO insurance policies.
- When something is pre record and put over a broadcast medium you become a broadcaster that requires errors and omissions insurance.
- All coaches delivering the online training sessions and the athletes participating in the online training session must be current AO members in order to be covered under the AO insurance plans. You can register members as recreational athletes (\$20 or \$5 for U12) and then upgrade them to competitive memberships later when we know what the outdoor season will look like.
- Any coaches participating on a session who are not members of AO must have their own Liability insurance as they will not be covered by AO's plan.
- Coaches delivering an online session must record the date and time of the session, the names of the people in attendance and if there were any injuries.
- If a club or coach posts video links to workout examples online the owner of the video is liable and not the person sharing the video link.
- No issues for athletes or others who post Instagram or Facebook posts about workouts they are doing as long as the post is not deemed to be an instructional video post.
- As normal, Coaches are covered by AO Liability insurance for any written workouts sent to athletes