



AO Coaches & Club Town Hall Meeting - Wed Apr 22, 2020

Opening

Good afternoon everyone and welcome to the Athletics Ontario Coaches & Club Town Hall meeting.

We are now in week 6th of extreme social distance guidelines and we are starting to see signs that things will start to open up soon, albeit slowly!

Our Agenda for today is:

- 1) CEO updates
- 2) Interactive Q&A
- 3) Collaborative discussion
- 4) Any additional questions or business

As a reminder all AO staff are still working, remotely, during this time and are available to answer any questions through email or phone. Contact information is available at:

<https://athleticsontario.ca/about/staff/>

CEO Updates

There are no new updates on the outdoor season this week. The Ministry has indicated that they are still reviewing options before announcing any decisions about the Ontario Summer Games.

Today at 1:00, Premier Ford is set to make an announcement that could include plans to ease public health restrictions. We will ensure we end this call before 1:00 so people have a chance to tune in live.

On Friday the Federal Government announced a \$500m stimulus plan for 'shovel-ready' projects <https://www.theglobeandmail.com/politics/article-mckenna-seeking-shovel-ready-projects-for-post-shutdown-stimulus/>

Yesterday I received an email from the CEO of Athletics Canada (David Bedford) to all of the Provincial Branches asking about potential projects that we could submit for this funding.

Below is David's email to the branches. If anyone is aware of any potential projects please contact me right away at paul.osland@athleticsontario.ca or (647) 352 – 7219

Email from David Bedford (CEO Athletics Canada)

Good afternoon everyone;

You may have heard about the recently announced (Friday, April 17th) \$500M Government of Canada emergency relief funding for sports, art and culture.

Please keep in mind that this funding is for the collective of sports, arts and culture. Typically sports accounts for approximately 15% of the overall Heritage Canada budget. Extrapolating from that would leave sport with about \$75m in funding.

We have been asked to identify the top priority “shovel ready” sport infrastructure projects for athletics. Shovel ready means projects where plans are already in the works, and the project has been stalled or is waiting on funding to get it to fruition.

I am reaching out to you to solicit feedback on existing infrastructure gaps in your province and potential new builds or renovations to mitigate these gaps.

We have a couple of AC directed projects that fit this criteria, but wanted to see if our branch partners had any projects in the works that we could include with our ask.

We are looking for the following information from you:

- **Current Gaps in Training/Competition Facilities**
- **Potential Facility Upgrades**
- **New Build Facilities/Equipment**

Unfortunately we require any of these by Friday, April 24th, with detailed cost estimates. I get that this is an incredibly short timeline, however we can only work within what the Government requirements are.

Thanks so much for your attention to this important opportunity.

Kind regards,

David

Coaching

AO will be holding Foundations in Coaching online course sessions May (11,12) at 7:30pm - 9:00pm EST & May (19,20) at 7:30pm -9:00pm EST as part of our pilot rollout. Coaches will be able to register Monday on Trackie. This is for all coaches and is part of the NCCP Sport and Club Coach curriculum.

On April 30th Ato Boldon is moderating a free online webinar session called Merchants of Speed with several high performance coaches from the US. If interested, register early as there are only 500 spots available. The website called 1080 Motion which is hosting this session is providing free webinar sessions on sports performance training and testing. There are also recordings of the sessions available a few days after each event is over. The website for information and registration is: <https://1080motion.com/free-webinar-series-on-sports-performance-training-and-testing/>

Review questions submitted

Interactive Q&A and collaborative discussion

Coaching resources

Athletics Canada has updated the NCCP Athletics Manuals. They can be found for all LFs and interested Coaches in the coaching section of the AC website:

https://athletics.ca/coach/fac_docs.php

Athletics Canada also launched their online Webinar series. In addition, there are a host of AC approved online athletics courses available, some FREE, some at cost. They can be found in the programs section of the AC website:

<https://athletics.ca/programs/coaching/e-learning/>

AC created a 10 minute YouTube video explaining the NCCP in Athletics Pathways for Coaching Development. It is a strong overview and a part of the new Online modules being rolled out next month. LF training begins next week.

<https://athletics.ca/programs/coaching/coaching-education/>

Reminder that this isolation period is the best time to work on and submit your Portfolio towards your Certification.

Risk Management & Insurance reminder

Athletics Ontario's advice is that each coach needs to evaluate the age appropriateness of the information that is being provided to athletes and if providing specific training plans could potentially promote risky behaviours like running in remote isolated areas or breaking local municipality rules in order to get workouts in.

Our insurance brokers have provided the following direction on holding virtual training sessions, in order to be covered under the AO Liability and Accident insurance plans.

- All online coaching sessions must be private sessions with no recording available after the session that is accessible to the general public. This includes no live streaming sessions to the general public (Facebook live etc) – Video's posted online fall under broadcasting rules and is not covered under AO insurance policies.
- When something is pre record and put over a broadcast medium you become a broadcaster that requires errors and omissions insurance.
- All coaches delivering the online training sessions and the athletes participating in the online training session must be current AO members in order to be covered under the AO insurance plans. You can register members as recreational athletes (\$20 or \$5 for U12) and then upgrade them to competitive memberships later when we know what the outdoor season will look like.
- Any coaches participating on a session who are not members of AO must have their own Liability insurance as they will not be covered by AO's plan.
- Coaches delivering an online session must record the date and time of the session, the names of the people in attendance and if there were any injuries.
- If a club or coach posts video links to workout examples online the owner of the video is liable and not the person sharing the video link.
- No issues for athletes or others who post Instagram or Facebook posts about workouts they are doing as long as the post is not deemed to be an instructional video post.
- As normal, Coaches are covered by AO Liability insurance for any written workouts sent to athletes