

TORONTO TRACK AND FIELD CENTRE

Return to Train

Tentative Venue Opening Date

Monday, July 6th, 2020



- The Toronto Track and Field Centre has developed a re-opening plan that compliments the City of Toronto - Toronto Public Health protocols and utilizes the guidelines and recommendations put forth by Athletics Ontario and Athletics Canada for the "Return to Train" phase.
- **At this time only registered Athletics Ontario or Athletics Canada Members will be able to sign up for access to the TTFC.**



- Only registered Athletics Ontario and/or Athletics Canada Coaches and Athletes will be granted access to the TTFC to a maximum of 5 persons in each designated area
- Registered AO members under the age of 18 will require to have a 1 coach to 4 athlete ratio
- Registered AO members 18 and over are able to utilize a maximum of 5 persons in any given area. (A coach is included in this ratio).



PRIOR TO ARRIVAL at TTFC

- All registered Coaches and/or athletes will be required to email sign up for a time slot to train using the Return to Train – TTFC Form and email it to torontotrackandfieldcentre@toronto.ca
- Once the completed form is received; TTFC staff will review the form and time slots will be filled on a first come first serve basis
- Athletes may only sign up for a **maximum of 2 training time slots** at a time and be put on a wait list for additional preferred times if a spot becomes available
- The Return to Train – TTFC Form will be cross-referenced with Athletics Ontario database to confirm valid membership status
- An e-mail confirmation will be sent back to confirm a user's scheduled admittance validation and training location times



UPON ARRIVAL at TTFC

- Registered AO Coaches and/or athletes arrive at the assigned Admittance Validation time slot provided.
- During this time the user group is met outside the front entrance of the TTFC to check in
- The user group is confirmed that they are on the scheduled training list
- The user group is then admitted to the front desk to be processed. (ie. Pay admittance fee, swipe membership card)
- User group is then granted permission to go to assigned training space



UPON EXIT at TTFC

- User groups will be given notification in 5 minute intervals 15 minutes prior to their schedule training session ending
- User groups will be reminded to take all of their belongings including garbage



IMPORTANT REMINDERS:

- Athletes and coaches are responsible to bring their own equipment. One wagon per user group will be admissible into the TTFC (No shopping carts)
- Users are required to bring their own garbage with them when exiting the facility
- No spectators will be permitted into the facility
- Please be mindful of start and end times. When your time is up please exit the facility immediately.



TTFC – RETURN TO TRAIN FORM

TRAINING SESSION TIME PREFERRED (RANK 1 – 4)

9:30am-10:30am		11:15am-12:15am		1:00pm-2:00pm		2:45pm-3:45pm	
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TRAINING SESSION DESIGNATED AREA PREFERRED

	OUTDOOR					INDOOR		
	Hammer Cage	West Shot Putt	West Javelin Runway	North 100m Straight	South 100m Straight	Shot Putt Circle	Oval	100m Straight
MON								
TUES								
WED								
THURS								
FRI								
SAT								

Do you require access to 5 hurdles during your training session? YES NO



TTFC – RETURN TO TRAIN FORM

Training Session Coach/Athlete Information:

Club Name:	
Coach Name:	
Coach Contact:	
Coach E-mail:	
AO/AC Registration:	<input type="checkbox"/> YES. I am a registered AO/AC Coach <input type="checkbox"/> NO. I am not a registered AO/AC Coach
AO membership #	

ATHLETE 1 INFORMATION

Athlete Name:	
Guardian Name: (if under the age of 16)	
Contact Number:	
Contact E-mail:	
AO/AC Registration:	<input type="checkbox"/> YES. I am a registered AO/AC Athlete <input type="checkbox"/> NO. I am not a registered AO/AC Athlete
AO membership #	

