



AO Town Hall Agenda & Discussion Topics – July 2nd

1. Horizontal and vertical jumps updated in the Back on Track training guidelines
2. Back on Track Competition guidelines in development
3. Back on Track Road Race guidelines in development
4. AC AGM updates
 - a. U20 event rescheduled to Aug 2021 in Nairobi
 - b. Future U20 events to be held in Aug time frame
 - c. XC event being added to 2024 Olympics – 2men, 2 women team event
 - d. Canada Summer Games to waive restrictions of athletes who have competed at FISU
 - e. New Level 1 and Level 2 official courses available online through AC website
 - f. Future national XC championships will not include a U16 category – The Provinces agreed this is not in alignment with LTAD model

Upcoming Athlete Town Hall Meetings:

Thursday, July 9th @ 12:00pm – with Maddy Price

Thursday, July 16th @ 1:30pm – with the Team Canada 4x400m relay team. (Maddy Price, Sage Watson, Aiyanna Stiverne, and Alicia Brown)

NEW Officials Courses:

Officials 101: <https://thelocker.coach.ca/onlinelearning#ATH-O101-E>

Officials 201: <https://thelocker.coach.ca/onlinelearning#ATH-O201-E>