



## AO Town Hall – September 30<sup>th</sup>

On today's town hall meeting for coaches, officials and clubs we discussed pertinent updates regarding the outdoor track and field season, the cross country season, National Coaches Week, coaching course opportunities, AO Virtual After School Athletics, upcoming competitions and more.

### Pertinent updates include:

- If you are having any issues dealing with local permitting, please reach out to [Paul Osland](#). AO is happy to help communicate with local permit officials about the new guidelines, and clarify that the new group number restrictions do not apply to organized athletic events.
- With the rising case numbers in several areas of the Province, all scheduled events are subject to change or cancellation with short notice. We are monitoring the status of all events on a day-to-day basis and will do our best to remain hosting meets safely.
- **Registration is OPEN for weeks two and three** of our AO After School Athletics Classes. Classes are FREE for AO U8, U10 and U12 members. For more information and registration links, please visit: <https://athleticsontario.ca/announcing-ao-after-school-athletics/>

### Cross Country Updates

- We have received support from city officials, and are waiting on the final permit to be approved that is needed to go forward with the Provincial XC championship.
- In order to compete at the Provincial XC championship, you **MUST** be registered as a **competitive** athlete for the 2020 season.

### PPE Kit Distribution

**PPE kits will be available for pick-up every Wednesday from 4:00pm-7:00pm** for the next four weeks from our office, located at 3701 Danforth Avenue, Toronto (Variety Village). Pick-ups will be by appointment only, please contact **Kolton Kowalchuk** at [kolton.kowalchuk@athleticsontario.ca](mailto:kolton.kowalchuk@athleticsontario.ca) to arrange your time within the designated hours.

If you are located outside of the GTA and are unable to pick up from this location, please also contact [\*\*Kolton Kowalchuk\*\*](#) to set up your shipping arrangements. We are asking that each club covers their own shipping cost.