

ONTARIO INDOOR RECORDS - MEN

As of February 25, 2020

p = pending ratification (number codes explained below)
h = hand timing

Explanation of Number Codes for Pending Records:

p	Ratifiable at next AO Board meeting
p(2)	Copy of birth certificate required
p(3)	Officials' verification form required (heights accurately measured, implements checked?)
p(4)	Nationality/residence at time of performance needs to be verified
p(5)	Performance information incomplete
p(6)	Verification of results required
p(7)	More information on specifications required
p(8)	Record application form required

For lists of discontinued events and lists of performances unratified for administrative reasons please email Randolph Fajardo <randolphfajardo@athleticsontario.ca>

In the relay events, athletes whose names are in **bold** lettering are required to provide proof of age.

For further information on this list please contact Randolph Fajardo <randolphfajardo@athleticsontario.ca>

Note: As of January 1, 2010, an athlete must have been a registered member of Athletics Ontario on the date the performance was achieved in order to be eligible for a record.

	Age Group	Performance	Athlete Name (YOB)	Club (Representing)	City	YYYY MM DD	
50m	All Comers/Open	5.56	Donovan BAILEY (67)	Unattached	Reno, USA	1996 02 09	
	U24	5.67	Robert ESMIE (72)	Unattached	Los Angeles, CA	1994 02 20	
	U20	5.84	Mobolade AJOMALE (95)	Flying Angels Academy	Scarborough	2013 01 13	
	U19	5.84	Mobolade AJOMALE (95)	Flying Angels Academy	Scarborough	2013 01 13	
	U18	5.96	Troy DOS SANTOS (74)	Oshawa Legion (District F)	North York	1991 02 02	
	U17	5.97	Randy BROOKES (77)	Etobicoke Huskies Striders (Mary Ward H.S.)	Toronto	1993 03 09	
	U16	6.13	Keith DORMOND (66)	Flemington Flyers	North York	1981 03 07	
	U15	6.19	Randy BROOKES (77)	RCL District D	North York	1991 02 02	
	U14	6.42	Randy BROOKES (77)	Unattached	North York	1988 03 27	
	U13	6.42	Randy BROOKES (77)	Unattached	North York	1988 03 27	
	60m	All Comers/Open	6.49	Mark MCKOY (61)	Unattached	Karlsruhe, GER	1993 03 06
		U24	6.55	Aaron BROWN (92)	Univ. of Southern California (Phoenix)	Albuquerque, USA	2014 02 15
			6.55	Robert ESMIE (72)	Unattached (Team Canada)	Barcelona, ESP	1995 03 10
		6.55	Robert ESMIE (72)	Unattached	Saskatoon, SK	1995 02 18	
U20		6.62	Mobolade AJOMALE (95)	Flying Angels Academy	Toronto	2014 03 01	
U19		6.71	Shannon KING (86)	Brampton T.F.C.	Toronto	2004 12 11	
U18		6.73	Brandon BOBB (95)	The Speed Academy	New York, USA	2012 03 11	
		6.73	Brandon BOBB (95)	The Speed Academy	Windsor	2012 02 05	
U17		6.86	Shannon KING (86)	Brampton T.F.C.	Toronto	2002 12 07	
U16		6.91	Randy BROOKES (77)	Etobicoke West	Windsor	1992 02 22	
U15		7.09	Randy BROOKES (77)	Gladstone A.C.	North York	1991 11 30	
U14		7.21	Randy BROOKES (77)	Agincourt Thunderbolts	North York	1990 12 01	
U13		7.61	Randy BROOKES (77)	Unattached	North York	1989 02 12	
150m	U14	17.84	Isaiah LUKE (05)	Mississauga Olympians T&F A.A.	Toronto	2018 03 04	
		17.62p	Isaiah LUKE (05)	Mississauga Olympians T&F A.A.	Toronto	2018 12 09	
	U13	18.86	Ibrahim AYORINDE (01)	Oakville Legion T.F.C.	Toronto	2013 12 08	
200m	All Comers/Open	20.26	Andre DE GRASSE (94)	The Speed Academy	Fayetteville, USA	2015 03 14	
	U24	20.26	Andre DE GRASSE (94)	The Speed Academy	Fayetteville, USA	2015 03 14	
	U20	21.52	Eric FREMPONG-MANSO (75)	Etobicoke Huskies-Striders	Syracuse, USA	1994 03 12	
	U19	21.54	Aaron BROWN (92)	Phoenix Athletics	Boston, USA	2010 03 14	
	U18	21.87	Marlon LAIDLAW-ALLEN (93)	Phoenix Athletics	Boston, USA	2010 03 14	
	U17	21.97	Marlon LAIDLAW-ALLEN (93)	Phoenix Athletics	New York, USA	2009 03 15	
	U16	22.28	Andre FORD-AZONWANNA (95)	G-Force Track Club	Windsor	2010 12 19	
	U15	22.82	Marlon LAIDLAW-ALLEN (93)	Phoenix Athletics	Toronto	2007 12 09	
	U14	23.80	Marlon LAIDLAW ALLEN (93)	Phoenix Athletics	Toronto	2006 12 03	
	U13	25.47	Matthew LOPARCO (94)	Centro Scuola	Toronto	2006 12 03	
	300m	All Comers/Open	33.62	Myles BANFIELD (97)	The Speed Academy	Boston, USA	2017 12 02
		33.62	Gordon FRENKE (89)	Ottawa Lions T.F.C.	Montreal	2013 01 26	
		33.17p	Philip Osei (90)	Speed River T.F.C.	Winnipeg, MB	2019 03 09	
U24		33.62	Myles BANFIELD (97)	The Speed Academy	Boston, USA	2017 12 02	
U20		33.84	Myles BANFIELD (97)	The Speed Academy	Boston, USA	2016 12 03	
U19		34.37	Marlon DECHAUSAY (75)	Etobicoke Huskies Striders	North York	1993 02 07	
U18		34.46	Andre FORD-AZONWANNA (95)	G-Force Track Club	Montreal, QC	2011 12 10	
U17		34.46	Andre FORD-AZONWANNA (95)	G-Force Track Club	Montreal, QC	2011 12 10	
U16		34.59	Andre FORD-AZONWANNA (95)	G-Force Track Club	Montreal, QC	2010 12 11	
U15		37.54	Lee NICHOLSON (97)	Fortis T.C. (Team Ontario Midget Dual)	Toronto	2011 02 19	
U14		38.88	Marlon LAIDLAW-ALLEN (93)	Unattached	Toronto	2006 01 14	
U13		41.50	Christian HILL (00)	310 Running (District E)	Toronto	2012 01 28	
400m		All Comers	45.26	Harry REYNOLDS	United States	Toronto	1993 03 14
	Open	46.35	Philip OSEI (90)	Flying Angels Academy	Staten Island, USA	2016 02 12	
	U24	46.73	Mark GRAHAM (73)	Hamilton Olympic Club	Indianapolis, USA	1994 03 11	
	U20	47.02	Brandon McBRIDE (94)	Windsor Legion T.F.C. (Mississippi St. University)	Fayetteville, USA	2013 02 08	
	U19	47.98	Brandon McBRIDE (94)	Windsor Legion T.F.C.	Toronto	2012 03 03	
	U18	49.14	Andre FORD-AZONWANNA (95)	G-Force Track Club	Toronto	2012 03 03	
	U17	49.38	Andre FORD-AZONWANNA (95)	G-Force Track Club	Toronto	2011 03 05	
	U16	51.18	Nathan FRIGINETTE (99)	Flying Angels Academy	New York, USA	2014 03 16	
	U15	52.71	Andrew CACKETTE (92)	Durham Legion Athletics	Toronto	2006 12 02	
	U14	54.54	Andrew CACKETTE (92)	Oshawa Legion T.F.C.	Toronto	2005 12 03	
	U13	58.25	Christian HILL (00)	310 Running	Toronto	2012 04 01	

600m	All Comers/Open	1:17.91	Paul OSLAND (64)	University of Toronto	Sherbrooke, QC	1985 02 03	
	U24	1:17.91	Paul OSLAND (64)	University of Toronto	Sherbrooke, QC	1985 02 03	
	U20	1:18.79	Kyle SMITH (85)	Blue Devils Athletics Club	Ypsilanti, USA	2004 01 17	
	U19	1:21.01	Trent SAYERS (91)	Phoenix Athletics	Toronto	2009 01 18	
		1:20.43p	Abdullahi HASSAN (02)	Phoenix Athletics	Toronto	2019 01 12	
	U18	1:21.25	Slalheden HUSSEIN (84)	Phoenix Athletics	Toronto	2001 02 04	
		1:20.43p	Abdullahi HASSAN (02)	Phoenix Athletics	Toronto	2019 01 12	
	U17	1:21.67	Abdullahi HASSAN (02)	Phoenix Athletics	Toronto	2018 02 03	
	U16	1:24.32	Slalheden HUSSEIN (84)	Phoenix Athletics (Team Ontario)	Sherbrooke, QC	1999 02 26	
	U15	1:25.22	Andrew CACKETTE (92)	Durham Legion Athletics	London	2006 12 16	
	U14	1:29.73	Riley FLEMINGTON (04)	Oakville Legion T.F.C.	Toronto	2017 12 02	
	U13	1:39.92	Noah KIM (03)	University of Toronto T.C.	Toronto	2015 02 20	
	800m	All Comers/Open	1:46.88	Robert HEPPENSTALL (97)	Monte Cristo Track Club	College Station, USA	2018 03 10
		U24	1:46.88	Robert HEPPENSTALL (97)	Monte Cristo Track Club	College Station, USA	2018 03 10
U20		1:47.35	Robert HEPPENSTALL (97)	Monte Cristo Track Club	Roxbury, USA	2016 02 27	
U19		1:51.48	Brandon McBRIDE (94)	Windsor Legion T.F.C.	Toronto	2012 03 04	
U18		1:51.91	Abdullahi HASSAN (02)	Phoenix Athletics	Toronto	2019 03 10	
U17		1:52.77	Slahedin HUSSEIN (84)	Phoenix Athletics	Toronto	2000 03 26	
U16		1:54.30	Kevin SULLIVAN (74)	Brantford T.F.C.	North York	1989 12 30	
U15		2:00.14	Kevin SULLIVAN (74)	Brantford T.F.C.	North York	1988 03 06	
U14		2:10.33	Phillip COUSINS (83)	Oshawa Legion	North York	1996 12 06	
U13		2:15.17	Mathieu PLAMONDON (99)	Timmins Porcupine	Toronto	2011 07 24	
1000m		All Comers/Open	2:16.87	Nathan BRANNEN (82)	Phoenix Athletics	Boston, USA	2014 03 02
		U24	2:19.64	Doug CONSIGLIO (64)	University of Arkansas	Fayetteville, USA	1986 01 17
		U20	2:25.39	Corey BELLEMORE (94)	Windsor Legion T.F.C.	Windsor	2013 12 03
			2:24.84p	Rohan NOWBOTSING (01)	University of Toronto T.C.	Boston, USA	2020 02 01
	U19	2:25.72	Jeremy RAE (91)	Niagara Regional Athletics	Toronto	2009 03 07	
	U18	2:30.4h	Chris BASSEL (70)	South Simcoe Dufferin T.F.C.	North York	1987 12 19	
	U17	2:32.7h	Kevin SULLIVAN (74)	Brantford T.F.C.	North York	1988 12 16	
	U16	2:32.7h	Kevin SULLIVAN (74)	Brantford T.F.C.	North York	1988 12 16	
	U15	2:32.7h	Kevin SULLIVAN (74)	Brantford T.F.C.	North York	1988 12 16	
	U14	2:58.91	Isaac LAPP (00)	Niagara Regional Athletics	Toronto	2013 02 15	
	U13	3:10.21	Pau ILERBAIG (03)	University of Toronto T.C.	Toronto	2015 02 20	
	1200m	U16	3:14.97	Quinnton CANNELLA (98)	Windsor Legion T.F.C.	Toronto	2013 03 02
		U15	3:19.99	Christian BARIDA (04)	University of Toronto T.C.	Toronto	2018 03 04
		U14	3:28.98	Mathieu PLAMONDON (99)	Timmins-Porcupine	Toronto	2012 12 08
U13		3:39.50	Sean O'KEEFE (03)	Boardwalk R.C.	Toronto	2015 03 08	
1500m	All Comers/Open	3:38.73	Doug CONSIGLIO (64)	Unattached (University of Arkansas)	Fayetteville, AR	1986 03 01	
	U24	3:38.73	Doug CONSIGLIO (64)	University of Arkansas	Fayetteville, AR	1986 03 01	
	U20	3:43.06	Kevin SULLIVAN (74)	Brantford T.F.C.	Toronto	1993 02 06	
	U19	3:50.3h	Dallas ALLAIRE (62)	Athletics Northwest	North York	1980 02 17	
	U18	3:50.85	Kevin SULLIVAN (74)	Brantford T.F.C.	Windsor	1991 02 10	
	U17	3:53.01	Kevin SULLIVAN (74)	Brantford T.F.C.	North York	1990 02 10	
	U16	4:06.32	Slalheden HUSSEIN (84)	Phoenix Athletics	Toronto	1999 02 20	
	U15	4:08.59	Slalheden HUSSEIN (84)	Unattached (Birchmount Park C.I.)	Toronto	1998 12 05	
	U14	4:27.3	Julian PATCHETT (92)	Durham Dragons	Toronto	2005 12 17	
	U13	4:41.7	Gareth MILLER (86)	Grand River Runners	Toronto	1998 03 08	
	One Mile	All Comers/Open	3:54.32	Nathan BRANNEN (82)	Phoenix Athletics	New York, NY	2014 02 15
		U24	3:55.11	Nathan BRANNEN (82)	Phoenix Athletics (University of Michigan)	Roxbury Crossing, MA	2005 01 29
		U20	3:59.51	Justyn KNIGHT (96)	University of Toronto T.C.	University Park, PA	2015 01 31
	2000m	U16	5:49.71	Roman MIRONOV (03)	Toronto West Athletics	Toronto	2018 02 17
U15		5:56.62	Thomas WITKOWICZ (00)	Durham Dragons Athletics	Toronto	2014 12 07	
U14		6:43.15	Mathew LAMPARD (02)	Central Toronto A.C.	Toronto	2014 03 02	
U13		6:37.75	Braydon TROWBRIDGE (02)	Durham Dragons Athletics	Toronto	2014 12 07	
		6:32.62p	Sean O'KEEFE (03)	Borderwalk RC	Toronto	2015 03 07	
3000m	All Comers/Open	7:40.11	Mohammed AHMED (91)	Niagara Olympic Club	New York, NY	2016 02 20	
	U24	7:45.86	Justyn KNIGHT (96)	University of Toronto T.C.	New York, NY	2018 02 03	
	U20	8:04.3h	Ian CLARK (61)	Scarborough Optimists	Toronto	1979 02 17	
	U19	8:04.3h	Ian CLARK (61)	Scarborough Optimists	Toronto	1979 02 17	
	U18	8:15.9h	Marc OLESEN (64)	Ottawa Kinsmen Harriers	Ottawa	1981 12 30	
	U17	8:25.76	Kevin SULLIVAN (74)	Brantford T.F.C.	North York	1990 03 04	
	U16	9:03.41	Nicholas MOTA (01)	Newmarket Huskies	Toronto	2016 02 14	
	U15	9:25.9h	Bruce DEACON (66)	East Ottawa Lions	Ottawa	1980 12 29	
	U14	9:51.14	Philip MESSINA (95)	Centro Scuola	Toronto	2008 11 30	
	U13	10:15.16	Gareth MILLER (86)	Brampton Bullets (Grand River Run)	Toronto	1998 12 06	
	5000m	All Comers/Open	13:04.60	Mohammed AHMED (91)	Nigara Olympic Club	Boston, MA	2017 02 26
		U24	13:41.84	Mohammed AHMED (91)	Niagara Olympic (University of Wisconsin)	Fayetteville, AK	2013 03 08
		U20	14:18.97	Ehab EL-SANDALI (97)	Toronto West Athletics	Boston, MA	2016 12 03
	50mH	All Comers/Open	6.25	Mark MCKOY (61)	Canada	Kobe, JAP	1986 03 05
U24		6.54	Mark MCKOY (61)	Unattached	Toronto	1983 02 13	
U20		6.86	Paul WHITTY (82)	London Western T.F.C.	Toronto	1999 02 06	
U19		6.86	Paul WHITTY (82)	London Western T.F.C.	Toronto	1999 02 06	
U18		7.11	Paul MARTIN (84)	Oshawa Legion (District F)	Toronto	2000 02 05	
U17		7.11	Paul MARTIN (84)	Oshawa Legion (District F)	Toronto	2000 02 05	
U16		7.53	Asa AMBROSE (91)	Laurel Creek (District C)	Toronto	2005 02 12	
U15		7.53	Asa AMBROSE (91)	Laurel Creek (District C)	Toronto	2005 02 12	
U13		Unclaimed					
60mH		All Comers/Open	7.41	Mark MCKOY (61)	Unattached	Toronto	1993 03 14
		U24	7.72	Mark MCKOY (61)	Unattached	Louisville, KY	1983 01 29
		U20	7.78	Gregory MACNEIL (92)	London Legion T.F.A.	Toronto	2010 03 06
		U19	7.78	Gregory MACNEIL (92)	London Legion T.F.A.	Toronto	2010 03 06
		U18	7.85	Joseph DANIELS (98)	Supreme Athletics	Guelph	2015 12 19
	U17	8.23	Dwayne HIGGINS (82)	Phoenix T.F.C.	Toronto	1998 12 06	
		8.16p	Mark SKERL (03)	Monte Cristo TC	Toronto	2019 02 10	
	U16	8.26	J.R. SPEED (99)	University of Toronto T.C.	Toronto	2014 12 07	
	U15	8.51	Matthew LOPARCO (94)	Centro Scuola	Toronto	2008 11 30	

800mW	U14	9.39	Joseph DANIELS (98)	Supreme Athletics	Toronto	2011 11 27
	U13	10.76	Sebastien BOURJOLLY (02)	Ottawa Lions T.F.C.	Toronto	2013 12 08
	U14	5:04.75	Adam BARTOL (90)	Niagara Regional Athletics	Windsor	2001 03 04
	U13	5:04.75	Adam BARTOL (90)	Niagara Regional Athletics	Windsor	2001 03 04
1500mW	U18	6:14.11	Jeff CASSIN (71)	Athletics Southwest	Windsor	1988 12 22
	U17	6:40.32	James KILBURN (71)	Brockville Legion	North York	1986 03 01
	U16	6:40.32	James KILBURN (71)	Brockville Legion	North York	1986 03 01
	U15	8:10.1h	James KILBURN (71)	East Ottawa Lions	Windsor	1985 03 03
3000mW	All Comers	11:17.5	Robert KORZENIOWSKI (68)	Poland	Toronto	1993 03 14
	Open	11:53.8	Arturo HUERTA (64)	Etobicoke Twins	North York	1997 04 12
	U24	12:37.22	Dan BRODERICK (64)	East Ottawa Lions	North York	1983 03 12
	U20	12:37.22	Dan BRODERICK (64)	East Ottawa Lions	North York	1983 03 12
	U19	12:40.9	Doug BROWN (62)	Etobicoke Huskies	Toronto	1979 02 17
	U18	12:40.9	Doug BROWN (62)	Etobicoke Huskies	Toronto	1979 02 17
	U17	<i>unclaimed</i>				
5000mW	All Comers	18:32.10	Mikhail SCHENNTKOV	Russia	Toronto	1993 03 14
	Open	20:00.4	Arturo HUERTA (64)	Etobicoke Twins	North York	1997 04 12
	U24	22:22.10	Dan BRODERICK (64)	East Ottawa Lions (Team Ontario)	Montreal	1983 03 19
	U20	22:22.10	Dan BRODERICK (64)	East Ottawa Lions (Team Ontario)	Montreal	1983 03 19
10,000mW	All Comers	43:46.8	Tim BERRETT	Queen's University T.F.C. (GBR)	North York	1989 01 27
	Open	46:26.6	Jaan ROOS (37)	Etobicoke Huskies Striders	North York	1984 03 10
U24	<i>unclaimed</i>					
HJ	All Comers	2.41	Javier SOTOMAYOR	Cuba	Toronto	1993 03 14
	Open	2.35	Derek DROUIN (90)	Sarnia Athletics Southwest T.F.C. (Univ. of Indiana)	Fayetteville, AR	2013 03 09
	U24	2.35	Derek DROUIN (90)	Sarnia Athletics Southwest T.F.C. (Univ. of Indiana)	Fayetteville, AR	2013 03 09
	U20	2.18	Derek DROUIN (90)	Sarnia Athletics Southwest T.F.C. (Univ. of Indiana)	Fayetteville, AR	2009 02 14
		2.18	Brian MARSHALL (65)	East Ottawa Lions	North York	1984 01 12
	U19	2.14	Branden WILHELM (92)	London Legion A.C.	Toronto	2010 03 06
	U18	2.13	Alex ZALIAUSKAS (71)	Oakville Legion	North York	1988 02 14
	U17	2.02	Jason ROBINSON (70)	Oshawa Legion	North York	1986 12 20
		2.02	Branden WILHELM (92)	Woodstock Legion	Toronto	2008 03 01
	U16	1.96	Jeff WEBB (92)	Niagara Regional Athletics	Toronto	2007 12 09
	U15	1.86	Jeff WEBB (92)	Niagara Regional Athletics	Toronto	2006 12 03
	U14	1.83	Michael VASILE (93)	Centro Scuola	Toronto	2006 12 03
	U13	1.63	Brandon SLISARENKO (99)	Lightning Athletics	Toronto	2011 11 27
PV	All Comers/Open	6.00	Shawnacy BARBER (94)	Project Athletics T.F.C.	Reno, NV	2016 01 15
	U24	6.00	Shawnacy BARBER (94)	Project Athletics T.F.C.	Reno, NV	2016 01 15
	U20	5.60	Shawnacy BARBER (94)	Project Athletics T.F.C.	Ypsilanti, MI	2013 01 11
	U19	5.58	Shawnacy BARBER (94)	Project Athletics T.F.C.	Belton, TX	2012 12 29
	U18	4.42	Richard MIRKIEWICZ JR. (96)	Unattached	Toronto	2012 03 04
	U17	4.42	Richard MIRKIEWICZ JR. (96)	Unattached	Toronto	2012 03 04
	U16	4.31	Richard MIRKIEWICZ JR. (96)	Unattached	Toronto	2011 12 03
	U15	3.62	John ZUBYCK (79)	Temiskaming T.C.	North York	1993 12 03
	LJ	All Comers	8.23	Ivan PEDROSO	Cuba	Toronto
Open		8.02	Brian CHIBUDU (87)	Ottawa Lions T.F.C.	Blacksburg, VA	2010 02 26
U24		8.02	Brian CHIBUDU (87)	Ottawa Lions T.F.C.	Blacksburg, VA	2010 02 26
U20		7.71	James MCANDREW (56)	Scarborough Optimists	Toronto	1975 01 18
U19		7.38	Stan. MUSHINKEVICH (79)	York University T.C.	North York	1997 12 06
U18		7.30	Ian JAMES (63)	University of Toronto T.C.	North York	1980 12 27
U17		6.97	Mitch O'DONNELL (94)	Supreme Athletic	Windsor	2010 12 19
U16		6.78	Cole NORTON (97)	Quinte Legion T.F.C.	Toronto	2012 03 17
U15		6.38	Andrew EDWARDS (82)	Bramalea Bullets	North York	1996 12 06
U14		6.20	Ehis ADADA (91)	North York T.F.C.	Toronto	2004 12 04
U13		5.32	Ehis ADADA (91)	North York T.F.C.	Toronto	2003 12 06
TJ	All Comers	17.59	Pierre CAMARA	France	Toronto	1993 03 13
	Open	16.37	Evgueni TIMOFEEV (74)	Etobicoke Gladstone	Toronto	2002 01 12
	U24	16.27	Richard DUNCAN (73)	University of Texas	Indianapolis, IN	1996 03 09
	U20	15.40	Charles AKOMOLASE (91)	Take Flight Athletics	New York, NY	2010 03 14
	U19	15.25	Devon DAVIS (78)	Pickering H.S.	Boston, MA	1996 03 10
	U18	14.78	Dwayne HARRIOTT (86)	Laurel Creek T.F.C.	Windsor	2003 02 16
	U17	14.15	Mitch O'DONNELL (94)	Laurel Creek T.F.C.	Toronto	2009 11 28
	U16	14.15	Mitch O'DONNELL (94)	Laurel Creek T.F.C.	Toronto	2009 11 28
	U15	12.20	Pirathapan NAGENDRARAJAH (97)	United Tamil Sports Club	Toronto	2011 11 26
	U14	11.69	Dave MCAULAY (80)	Sault Athlete's Foot Athletics	North York	1993 12 04
	U13	10.88	Pierce LEPAGE (96)	Unattached	Toronto	2008 11 29
SP	All Comers/Open	21.33	Tim NEDOW (90)	Ottawa Lions T.F.C. (Team Canada)	Stockholm, SWE	2016 02 17
	U24	20.51	Tim NEDOW (90)	DePaul University (Unattached)	New York, NY	2012 02 19
	U20	19.22	Joseph MAXWELL (98)	Unattached	Toronto	2016 03 06
	U19	19.22	Joseph MAXWELL (98)	Unattached	Toronto	2016 03 06
	U18	20.01	Joseph MAXWELL (98)	Unattached	Toronto	2015 02 14
	U17	19.10	Joseph MAXWELL (98)	Unattached	Toronto	2013 02 10
	U16	21.00	Joseph MAXWELL (98)	Unattached (Team Ontario Midget Dual)	Toronto	2013 02 16
	U15	16.11	Joseph MAXWELL (98)	Unattached	Toronto	2012 03 04
	U14	15.32	Kyle HELF (86)	South Simcoe Dufferin	Toronto	1999 12 04
	U13	13.42	Kyle HELF (86)	South Simcoe Dufferin	Toronto	1998 12 05
	Weight	All Comers/Open	24.72	Scott RUSSELL (79)	Unattached	Ames, IA
U24		24.72	Scott RUSSELL (79)	Unattached	Ames, IA	2002 02 02
U20		23.59	Jordan YOUNG (93)	Windsor Legion	Windsor	2012 12 15
U19		22.55	Jordan YOUNG (93)	Windsor Legion	Toronto	2011 03 06
U18		22.99	Ryan JACKLIN (02)	Saugeen T.F.C.	Toronto	2018 12 01
U17		22.99	Ryan JACKLIN (02)	Saugeen T.F.C.	Toronto	2018 12 01
U16		20.60	Josh LININGTON (03)	Brantford T.F.C.	Toronto	2018 03 04
U15		15.68	Josh LININGTON (03)	Brantford T.F.C.	Toronto	2017 01 14

Tetrathlon	U16	2372	Gabriel TESFAYE (92) 9.22 10.33 1.67 24.50	London Legion T.F.A.	Toronto	2007 01 28	
	U15	2224	Tyrell MAIRS (99) 8.85 10.93 1.44 25.58	London Legion T.F.A.	Toronto	2013 01 27	
	U14	1216p	Sanjeevan KANTHAVEL (06) 10.75 6.60 1.38 30.55	United Tamil Sports Club	Toronto	2019 01 20	
	U13	unclaimed (Tetrathlon: 60m Hurdles, Shot Put, High Jump, 200m)					
Pentathlon	All Comers	4440	Christian PLAZIAT 8.06 7.52 14.30 2.16 2:43.69	France	Toronto	1990 02 25	
	Open	4157	Dave STEEN (59) 8.41 7.37 13.56 1.98 2:38.82	University of Toronto T.C.	Toronto	1988 02 06	
	Espoir-U24	4009	Derek DROUIN (90) 8.22 6.89 11.59 2.15 2:49.76	Sarnia A.S.W. (University of Indiana)	Bloomington, IN	2012 12 08	
	Junior-U20	3706	Nathaniel MECHLER (97) 8.49 6.49 12.87 1.82 2:39.00	First Attempt Jumps Academy	New York, NY	2015 03 14	
	Junior-U19	3706	Nathaniel MECHLER (97) 8.49 6.49 12.87 1.82 2:39.00	First Attempt Jumps Academy	New York, NY	2015 03 14	
	Youth-U18	3455	Jeffrey CLAYTON (98) 8.66 6.31 11.56 1.78 2:51.73	University of Toronto T.C.	Toronto	2015 02 07	
	Youth-U17	3134	Keith VELDHIJS (83) 8.77 6.10 9.11 1.80 2:59.38	London Western T.F.C.	Toronto	1999 01 24	
	Pentathlon: 60m Hurdles, Long Jump, Shot Put, High Jump, 1000m						
Heptathlon	All Comers	6476	Dan O'BRIEN 6.67 7.84 16.02 2.13 7.85 5.20 2:57.97	United States	Toronto	1993 03 13-14	
	Open	6343	Damian WARNER (89) 6.85 7.55 15.67 2.02 7.83 5.00 2:39.64	Unattached (Team Canada)	Birmingham, GBR	2018 03 03-04	
	Espoir-U24	5847	Michael SMITH (67) 7.12 7.37 14.51 2.05 8.34 4.55 2:44.80		Edmonton	1991 02 19-20	
	Junior-U20	4520	Austin MCLEOD (99) 7.37 6.44 10.00 1.80 8.91 3.60 2:56.37	London Western T.F.C.	Toronto	2018 02 03-04	
	Junior-U19	4226 ht	Patrick RUSSELL (82) 7.2 5.90 10.49 1.79 8.4 2.80 3:00.5	University of Toronto T.C.	Toronto	1999 12 29-30	
	Heptathlon: 60m, Long Jump, Shot Put, High Jump; 60mH, PV, 1000m						
4X200m	All Comers/Open	1:27.7	ONTARIO (COMPOSITE) (Desai Williams, Andy Buckstein, Rocco Stella, Hugh Fraser)		Montreal, QC	1978 03 04	
		1:25.65	OTTAWA LIONS (CLUB) (Oluwasegun Makinde, Michael Robertson, Devin Biocchi, Toluwalope Makinde)		Winnipeg, MB	2012 03 10	
	Espoir-U24	1:27.68	ONTARIO (COMPOSITE) (Brendan Dills, Justin Keating, Christopher Reid, Shayne Rice)		Toronto	2010 02 27	
		1:28.58	ETOBICOKE HUSKIES STRIDERS (CLUB) (Randy Brookes, Eric Frempong, Kevin Pennycooke, Marlon Dechausay)		North York	1994 02 06	
	Junior-U20	1:28.58	ETOBICOKE HUSKIES STRIDERS (CLUB) (Randy Brookes, Eric Frempong, Kevin Pennycooke, Marlon Dechausay)		North York	1994 02 06	
	Youth-U18	1:31.23	MISSISSAUGA T.F.C. (CLUB) (O'Neill Whittaker, Justin Basdeo, Ian Butcher, Cordell Morrison)		Toronto	2003 12 05	
	Midget-U16	1:33.60	ONTARIO (COMPOSITE) (Sanjade Hylton, Keeshigan Pirabaharan, Tolu Taiwo, Nathan Friginette)		Toronto	2014 02 15	
		1:34.06	FLYING ANGELS ACADEMY (CLUB) (Sanjade Hylton, Emmanuel Richards, Nathan Friginette, Tolu Taiwo)		Toronto	2014 03 23	
	Bantam-U14	1:42.74	NORTH YORK T.F.C. (CLUB) (Anthony Bordin, Joseph Triumbari, Ejis Adada, Daniel Vescio)		Toronto	2003 12 03	
	4X400m	All Comers	3:04.20	UNITED STATES (COMPOSITE) (Darnell Hall, Brian Irvin, Jason Rouser, Mark Everrett)		Toronto	1993 03 12
		3:14.1h	EAST YORK T.C. (CLUB) (Bob Brooks, Peter McMahon, Bill Crothers, Tony Powell)		Ypsilanti, MI	1968 03 09	
Open		3:15.32	OTTAWA LIONS T.F.C. (CLUB) (Toluwalope Makinde, Devin Biocchi, Oluwasegun Makinde, Michael Robertson)		Winnipeg, MB	2012 03 10	
Espoir-U24		3:23.94	ONTARIO (COMPOSITE) (Carl Folkes, Brian Dicker, James Dunda, Mike Birke)		Montreal, QC	1987 02 14	
		3:16.40	OTTAWA LIONS T.F.C. (CLUB) (Michael Robertson, Brian Cummings, Tyler Fawcett, Marc-Philippe Taillon)		Montreal, QC	2008 03 09	
Junior-U20		3:23.94	ONTARIO JUNIOR TEAM (COMPOSITE) (Carl Folkes, Brian Dicker, James Dunda, Mike Birke)		Montreal, QC	1987 02 14	
		3:21.47	THE SPEED ACADEMY (CLUB) (Graeme Thompson, Joshua Cunningham, Myles Williams, Dillando Allotey)		Toronto	2013 03 24	
Youth-U18		3:26.83	MISSISSAUGA T.F.C. (CLUB) (Andre James, Justin Basdeo, Cordell Morrison, Ian Butcher)		Toronto	2003 12 13	
Midget-U16		3:40.88	DURHAM LEGION (CLUB) (Andrew Cackette, Justin Burke, Simon Savard, Trent Sayers)		Toronto	2006 02 05	
Bantam-U14		4:00.17	OSHAWA LEGION (CLUB) (Brennan Kirby, Phillip Cousins, Brendan Peel, Sam Micieli)		North York	1996 02 04	
4X800m		All Comers/Open	7:23.13	PHOENIX ATHLETICS (CLUB) (Kyle Smith, Andrew Maloney, Matt Lincoln, Andrew Heaney)		University Park, PA	2009 01 31
		Espoir-U24	7:34.57	ONTARIO (COMPOSITE) (Drew Anderson, Christian Gravel, Ross Proudfoot, Yves Sikubwabo)		Toronto	2014 02 22
		7:44.77	PHOENIX ATHLETICS (CLUB) (Vernon Stephen, Matt Lincoln, Derek Lincoln, Slaheden Hussein)		Toronto	2001 02 11	
	Junior-U20	7:44.77	PHOENIX ATHLETICS (CLUB) (Vernon Stephen, Matt Lincoln, Derek Lincoln, Slaheden Hussein)		Toronto	2001 02 11	
	Youth-U18	7:59.48	DURHAM DRAGONS ATHLETICS (CLUB) (Jason Sweet, Shaun King, Andrew Prince, Barry Foster)		Toronto	2015 03 08	
	Midget-U16	8:43.41	DURHAM DRAGONS ATHLETICS (CLUB) (Dilan Brar, Andrew Southard, Alex Webb, Riley Tell)		Toronto	2013 03 24	
	Bantam-U14	9:49.63	DURHAM DRAGONS ATHLETICS (CLUB) (Evan Esselink, Jay Boychuck, William Jay Cunliffe, Julian Patchett)		Toronto	2005 02 06	

Sp Medley*	All Comers/Open	3:27.0	UNIVERSITY OF TORONTO T.C. (CLUB) (Gerry Feeney, Jim Buchanan, Dave Colbert, Joe Sax)	London	1975 03 22
	Espoir-U24	3:27.0	UNIVERSITY OF TORONTO T.C. (CLUB) (Gerry Feeney, Jim Buchanan, Dave Colbert, Joe Sax)	London	1975 03 22
	Junior-U20	3:34.09	PHOENIX ATHLETICS (CLUB) (Fabian Hayles, Hekeem Cameron, Marlon Laidlaw-Allen, Andrew Costello)	Windsor	2011 02 13
	Youth-U18	3:39.46	ETOBICOKE T.F.C. (CLUB) (Matthew Leliever, Cameron Nurse, Jordan Stadford, Alex Zaranek)	Toronto	2013 12 07
		3:36.67^	LAUREL CREEK T.F.C. (CLUB) (Brendan Forde, Owen Read, JohnFish, Sanndy Freeland)	Toronto	2015 03 08
	Midget-U16	3:51.20	XL'S (CLUB) (Dustin Eldridge, Brian Hudson, Matthew Brazier, Ryan Finn)	Toronto	2002 12 07
	Bantam-U14	4:12.16	DURHAM DRAGONS ATHLETICS (CLUB) (B.J.Cunliffe, Eric Wood, Brendyn Giles, Julian Patchett)	Toronto	2005 12 03

* *Sprint Medley Relay: 400-200-200-800m unless indicated otherwise: ^200-200-400-800m*

D Medley*	All Comers/Open	9:42.99	PHOENIX ATHLETICS (CLUB) (Andrew Maloney, Kyle Smith, Andrew Heaney, Matt Lincoln)	University Park, PA	2009 01 30
	Espoir-U24	<i>unclaimed</i>			

* *Distance Medley Relay: 1200-400-800-1600m*