

CURRENT RECORD	EVENT	MF	AGE	TIME	DISTANCE	FIRSTNAME	LASTNAME	DATE	WHERE
C	1500 Metres	M35			1500 Metres	Ray	Tucker		
C	1500 Metres	M40			1500 Metres	Dave	Stewart		
	1500 Metres	M45			1500 Metres	Ron	Frid	1994	
C	1500 Metres	M45			1500 Metres	Jay	Brecher	30-March-2019	WMA Championships, Torun, POL
	1500 Metres	M50			1500 Metres	Benjamin	Johns		
	1500 Metres	M50	4:18.43		1500 Metres	Paul	Osland	16-March-2014	CMA Champs, TTFC, Toronto, ON
C	1500 Metres	M50	4:16.90		1500 Metres	Paul	Osland	March, 2014	WMA Indoor Champs, Budapest, HU
	1500 Metres	M55			1500 Metres	Ed	Whitlock	1987	
	1500 Metres	M55	4:35.03		1500 Metres	Jerry	Kooymans	07-Jan-2013	Sharon Anderson, U of Toronto, Toronto, ON
C	1500 Metres	M55	4:26.22		1500 Metres	Stuart	Galloway	14-February-2016	AO Youth-Senior Champs, TTFC, Toronto, ON
C	1500 Metres	M60			1500 Metres	Earl	Fee		
C	1500 Metres	M65			1500 Metres	Earl	Fee		
C	1500 Metres	M70			1500 Metres	Ed	Whitlock		
C	1500 Metres	M75			1500 Metres	Ed	Whitlock		Indoor Championships
	1500 Metres	M80			1500 Metres	Robert	Comber		
C	1500 Metres	M80			1500 Metres	Ed	Whitlock	19-March-2011	Canadian Indoor Champs Kamloops 2011
C	1500 Metres	M85	6:38.87		1500 Metres	Ed	Whitlock	19-March-2016	CMA Championships, TTFC, Toronto, ON
C	1500 Metres	W35			1500 Metres	Janet	Takahashi		
	1500 Metres	W40			1500 Metres	Linda	Findlay		Indoor Championships
C	1500 Metres	W40	4:32.43		1500 Metres	Mary	Unsworth	25-February-2018	OMA Champs, TTFC, Toronto, ON
	1500 Metres	W45			1500 Metres	Christine	Lavalee		
C	1500 Metres	W45			1500 Metres	Annie	Bunting	March, 2010	WMA Indoor Champs Kamloops, BC
C	1500 Metres	W50			1500 Metres	Kathryn	Martin		
C	1500 Metres	W55			1500 Metres	Kathryn	Martin		
C	1500 Metres	W60			1500 Metres	Jean	Horne		
C	1500 Metres	W65	6:23.28		1500 Metres	Molly	Turner		
C	1500 Metres	W70			1500 Metres	Dorly	Brechbuehl		
C	1500 Metres	W75			1500 Metres	Judith	Kazdan		
C	1500 Metres	W80			1500 Metres	Judith	Kazdan		
C	1500 Metres RW	M35	6:59.49		1500 Metres	Jean Pierre	Fortin	10-March-2012	OMA Indoor Champs, TTFC, Toronto, ON
	1500 Metres RW	M40	13:40.84		1500 Metres	Ben	Kong	11-March-2017	CMA Championships, TTFC, Toronto, ON
	1500 Metres RW	M40	12:03.22		1500 Metres	Ben	Kong	11-February-2018	Mini Meet #3, TTFC, Toronto, ON
N	1500 Metres RW	M40	6:57.7		1500 Metres	Roman	Olzewski	7-December-1991	North York, ON
	1500 Metres RW	M45	7:41.1		1500 Metres	Guy	Paquin	27-Jan-2002	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	M45	7:24.70		1500 Metres	Guy	Paquin	12-Jan-2014	OMA Mini Meet #1, TTFC, Toronto, ON
C	1500 Metres RW	M45	6:13.48h		1500 Metres	Jianping	Xu	9-Jan-2011	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	M50	8:09.96		1500 Metres	Don	Ramsden	12-Jan-2003	OMA Mini Meet #1, TTFC, Toronto, ON
C	1500 Metres RW	M50	6:51.64		1500 Metres	Jianping	Xu	19-March-2016	CMA Championships, TTFC, Toronto, ON
	1500 Metres RW	M55	9:04.52		1500 Metres	Patrick	King	18-Jan-2004	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	M55	8:37.07		1500 Metres	Ken	Atkins	17-March-2013	CMA Champs, TTFC, Toronto, ON
	1500 Metres RW	M55	8:33.88		1500 Metres	Lawrence	Malek	14-March-2015	CMA Champs, TTFC, Toronto, ON
N	1500 Metres RW	M55	7:29.2		1500 Metres	Stuart	Summerhayes	7-December-1991	North York, ON
	1500 Metres RW	M60	8:00.72		1500 Metres	John	Kittredge	13-Jan-2008	OMA Mini Meet #1, TTFC, Toronto, ON
N	1500 Metres RW	M60	7:45.20		1500 Metres	John	Kittredge	15-March-2009	Mini Meet #4, TTFC, Toronto, ON
	1500 Metres RW	M70	7:55.17		1500 Metres	John	Kittredge	9-Jan-2011	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	M70	8:58.53		1500 Metres	Stuart	Summerhays	16-Jan-2005	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	M70	8:19.21		1500 Metres	John	Kittredge	11-Jan-2015	OMA Mini Meet #1, TTFC, Toronto, ON
C	1500 Metres RW	M70	8:19.20		1500 Metres	John	Kittredge	14-March-2015	CMA Champs, TTFC, Toronto, ON
C	1500 Metres RW	M75	10:00.48		1500 Metres	Stuart	Summerhays	3-Jan-2010	OMA Mini Meet #1, TTFC, Toronto, ON
C	1500 Metres RW	M80	11:56.36		1500 Metres	Peter	Fellowes	16-Jan-2005	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	W35	9:36.60		1500 Metres	Tracey	McBurney	22-Jan-2006	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	W35	8:28.62		1500 Metres	Sarah	Raetsen	8-Jan-2012	OMA Mini Meet #1, TTFC, Toronto, ON
C	1500 Metres RW	W35	7:26.4		1500 Metres	Nanci	Patten Sweazey	12-December-1993	North York, ON
	1500 Metres RW	W40	8:09.0		1500 Metres	Kitty	Cashman	27-Jan-2002	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	W40	7:58.69		1500 Metres	Kitty	Cashman	12-Jan-2003	OMA Mini Meet #1, TTFC, Toronto, ON
C	1500 Metres RW	W40	7:50.46		1500 Metres	Kitty	Cashman	18-Jan-2004	OMA Mini Meet #1, TTFC, Toronto, ON
C	1500 Metres RW	W45	7:04.68		1500 Metres	Nanci	Patten Sweazey	18-Feb-2005	Hamilton, ON
C	1500 Metres RW	W50	7:08.45		1500 Metres	Nanci	Patten Sweazey	24-Feb-2006	Hamilton, ON
	1500 Metres RW	W55	10:22.69		1500 Metres	Joanne	Jurecka	18-Jan-2004	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	W55	8:50.34		1500 Metres	Lily	Whalen	22-Jan-2006	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	W55	8:50.34		1500 Metres	Nancy	Leo	22-Jan-2006	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	W55	8:49.96		1500 Metres	Lily	Whalen	21-Jan-2007	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	W55	8:49.19		1500 Metres	Anne	de Thy	3-Jan-2010	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	W55	8:46.33		1500 Metres	Anne	de Thy	20-Jan-2013	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	W55	8:04.91		1500 Metres	Linda	Wilson	17-March-2013	CMA Champs, TTFC, Toronto, ON
C	1500 Metres RW	W55	8:02.88		1500 Metres	Linda	Wilson	10-March-2012	CMA Champs, TTFC, Toronto, ON
	1500 Metres RW	W60	8:42.97		1500 Metres	Anne	de Thy	2-Feb-2014	OMA Mini Meet #3, TTFC, Toronto, ON
	1500 Metres RW	W60	8:25.8		1500 Metres	Ann Marie	Rosenitsch	27-Jan-2002	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	W60	8:12.48		1500 Metres	Kris	Kozell	11-Jan-2015	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	W60	8:09.49		1500 Metres	Kris	Kozell	14-March-2015	CMA Champs, TTFC, Toronto, ON
C	1500 Metres RW	W60	8:08.20		1500 Metres	Nancy	Patten	11-March-2017	CMA Championships, TTFC, Toronto, ON
	1500 Metres RW	W65	9:03.37		1500 Metres	Ann Marie	Rosenitsch	20-Jan-2008	TTFC, Toronto, ON
	1500 Metres RW	W65	8:47.24		1500 Metres	Kris	Kozell	10-March-2018	CMA Champs, TTFC, Toronto, ON
	1500 Metres RW	W65	8:32.41		1500 Metres	Kris	Kozell	27-January-2019	OMA Mini Meet #2, TTFC, Toronto, ON
	1500 Metres RW	W65	8:28.72		1500 Metres	Kris	Kozell	17-February-2019	OMA Mini Meet #3, TTFC, Toronto, ON
	1500 Metres RW	W70	11:52.88		1500 Metres	Ruth	Carrier	18-Jan-2004	OMA Mini Meet #1, TTFC, Toronto, ON
N	1500 Metres RW	W70	10:07.84		1500 Metres	Lina	Liscio	19-January-2020	OMA Mini Meet #2, TTFC, Toronto, ON
C	1500 Metres RW	W75	10:36.32		1500 Metres	Jean	Horne	3-Jan-2010	OMA Mini Meet #1, TTFC, Toronto, ON
	1500 Metres RW	W80	11:11.11		1500 Metres	Jean	Horne	24-Feb-2013	OMA Mini Meet #3, TTFC, Toronto, ON
C	1500 Metres RW	W80	11:05.43		1500 Metres	Jean	Horne	14-March-2015	CMA Champs, TTFC, Toronto, ON
	1500 Metres RW	W85	12:14.10		1500 Metres	Jean	Horne	21-January-2018	Mini Meet #2, TTFC, Toronto, ON
C	1500 Metres RW	W85	11:53.48		1500 Metres	Jean	Horne	10-March-2018	CMA Champs, TTFC, Toronto, ON
	200 Metres	M35	22.4		200 Metres	Kerry	Smith		Toronto, ON
	200 Metres	M40	23.3 (h)		200 Metres	Ray	Cardinal	1987	Indoor Championships
	200 Metres	M40	23.45		200 Metres	Chris	Lemassif	March, 2008	WMA Indoor Championships, Clarmont FR
	200 Metres	M40	23.44		200 Metres	Nigel	John	March, 2014	CMA Indoor Championships, Budapest, HU
C	200 Metres	M40	23.35		200 Metres	Olis	Morgan	21-February-2016	OMA Mini Meet #3, TTFC, Toronto, ON
C	200 Metres	M45	23.68		200 Metres	Michael	Lee Foon		Toronto, ON
	200 Metres	M50	24.33		200 Metres	Kerry	Smith	2004	Indoor Championships
	200 Metres	M50	24.16		200 Metres	Christopher	Warburton	19-March-2016	CMA Championships, TTFC, Toronto, ON
C	200 Metres	M50	24.03		200 Metres	Christopher	Warburton	19-February-2017	Mini Meet #3, TTFC, Toronto, ON
	200 Metres	M55	26.5		200 Metres	Stan	Egerton	1982 & 1983	Indoor Championships
C	200 Metres	M55	25.84		200 Metres	Michael	Lee Foon	31-January-2016	OMA Mini Meet #2, TTFC, Toronto, ON
	200 Metres	M60	26.44		200 Metres	Tony	Powell	19-March-2016	CMA Championships, TTFC, Toronto, ON
C	200 Metres	M60	26.35		200 Metres	Kerry	Smith	29-January-2017	Indoor Championships
C	200 Metres	M60	26.35		200 Metres	Kerry	Smith	26-February-2017	Mini Meet #2, TTFC, Toronto, ON
C	200 Metres	M65	26.81		200 Metres	Tony	Powell	2009	OMA Championships, TTFC, Toronto, ON
C	200 Metres	M70	28.46		200 Metres	Earl	Fee		
C	200 Metres	M75	30.59		200 Metres	Earl	Fee		Linz, AUT
C	200 Metres	M80	32.07		200 Metres	Earl	Fee		
	200 Metres	M85	43.53		200 Metres	Bill	Thompson	22-Feb-2015	OMA Championships, TTFC, Toronto, ON
	200 Metres	M85	41.49		200 Metres	Bill	Thompson	14-March-2015	CMA Championships, TTFC, Toronto, ON
C	200 Metres	M85	38.53		200 Metres	Earl	Fee	28-February-2016	OMA Championships, TTFC, Toronto, ON
	200 Metres	M90	68.78		200 Metres	Alter	Singh Sakthon	10-March-2018	CMA Championships, TTFC, Toronto, ON
C	200 Metres	M95	67.59		200 Metres	Alter	Singh Sakthon	24-February-2019	OMA Championships, TTFC, Toronto, ON
	200 Metres	W35	28.56		200 Metres	Khama	Beckles	26-Feb-2012	OMA Championships, TTFC, Toronto, ON
	200 Metres	W35	27.87		200 Metres	Khama	Beckles	10-March-2012	CMA Championships, TTFC, Toronto, ON
	200 Metres	W35	27.48		200 Metres	Khama	Beckles	3-Feb-2013	Mini Meet #2, TTFC, Toronto, ON
	200 Metres	W35	27.12		200 Metres	Khama	Beckles	24-Feb-2013	OMA Mini Meet #3, TTFC, Toronto, ON
	200 Metres	W35	27.00		200 Metres	Khama	Beckles	16-March-2013	CMA Championships, TTFC, Toronto, ON
	200 Metres	W35	26.92		200 Metres	Khama	Beckles	15-Feb-2014	AO Youth-Senior Champs, TTFC, Toronto, ON
	200 Metres	W35	26.91		200 Metres	Khama	Beckles	9-March-2014	OMA Champs, TTFC, Toronto, ON
C	200 Metres	W35	26.58		200 Metres	Khama	Beckles	March-2014	WMA Indoor Championships, Budapest, HU
C	200 Metres	W40	27.37		200 Metres	Maureen	Rodrigue		Boston, MA
	200 Metres	W45	28.55		200 Metres	Karla	Del Grande		Indoor Championships
	200 Metres	W45	28.27		200 Metres	Violeta	Garfunkel	17-February-2019	OMA Mini Meet #3, TTFC, Toronto, ON
N	200 Metres	W45	27.89		200 Metres	Violeta	Garfunkel	8-March-2020	OMA Championships, TTFC, Toronto, ON

C	200 Metres	W45	28.05	200 Metres	Violeta	Garfunkel	2-February-2020	OMA Mini Meet #3, TTFC, Toronto, ON
	200 Metres	W50	26.56	200 Metres	Karla	Del Grande		Linz, AUT
	200 Metres	W55	27.83	200 Metres	Karla	Del Grande		
C	200 Metres	W55	27.62	200 Metres	Karla	Del Grande	March, 2010	USATF Indoor Champs Boston, MA
	200 Metres	W60	32.95	200 Metres	Rhona	Trott		
	200 Metres	W60	28.59	200 Metres	Karla	Del Grande	2-Feb-2014	OMA Mini Meet #3, TTFC, Toronto, ON
C	200 Metres	W60	28.23	200 Metres	Karla	Del Grande	March, 2014	WMA Indoor Championships, Budapest, HU
	200 Metres	W65	35.72	200 Metres	Doreen	Carmichael		
	200 Metres	W65	30.52	200 Metres	Karla	Del Grande	29-March-2019	
C	200 Metres	W65	29.73	200 Metres	Karla	Del Grande	29-March-2019	
C	200 Metres	W70	36.41	200 Metres	Jean	Horne		
C	200 Metres	W80	57.96	200 Metres	Agnes	Lamb	25-February-2018	OMA Champs, TTFC, Toronto, ON
C	3000 Metres	M35		3000 Metres	Bob	Moore		
C	3000 Metres	M40	8:41.1 (h)	3000 Metres	Bob	Daniell	17-Feb-1979	TTFC, Toronto, ON
	3000 Metres	M40		3000 Metres	Dave	Corlett	14-Feb-2010	OMA Indoor Champs TTFC
	3000 Metres	M40		3000 Metres	Jan	Peslter	27-Feb-2011	OMA Indoor Champs TTFC
C	3000 Metres	M45		3000 Metres	Ed	Whitlock	1979	OMA Indoor Champs
C	3000 Metres	M50		3000 Metres	Jerry	Kooymans		
	3000 Metres	M55		3000 Metres	Bob	Moore		
	3000 Metres	M55		3000 Metres	Jerry	Kooymans	13-Feb-2011	Mini Meet #4 TTFC
	3000 Metres	M55		3000 Metres	Jerry	Kooymans	27-Feb-2011	Indoor Championships, TTFC
	3000 Metres	M55	10:05.94	3000 Metres	Jerry	Kooymans	13-Feb-2011	Mini Meet #4, TTFC
	3000 Metres	M55	9:53.16	3000 Metres	Jerry	Kooymans	10-March-2013	OMA Championships, TTFC, Toronto, ON
	3000 Metres	M55	9:42.22	3000 Metres	Stuart	Galloway	19-March-2016	CMA Championships, TTFC, Toronto, ON
C	3000 Metres	M55	9:41.54	3000 Metres	Simon	Rayner	24-March-2019	WMA Championships, Torun, POL
C	3000 Metres	M60		3000 Metres	Ed	Whitlock		
C	3000 Metres	M65		3000 Metres	Ed	Whitlock		
C	3000 Metres	M70		3000 Metres	Ed	Whitlock		
C	3000 Metres	M75		3000 Metres	Ed	Whitlock		
	3000 Metres	M80		3000 Metres	Robert	Comber		
C	3000 Metres	M80		3000 Metres	Ed	Whitlock		Canadian Indoor Championships, Kamloops,
	3000 Metres	M85		3000 Metres	Manuel	Teodoro	9-March-2014	OMA Champs, TTFC, Toronto, ON
C	3000 Metres	M85	13:41.96	3000 Metres	Ed	Whitlock		CMA Championships, TTFC, Toronto, ON
	3000 Metres	M85		3000 Metres	Ed	Whitlock		Indoor Championships
	3000 Metres	M85		3000 Metres	Linda	Findley		
	3000 Metres	M85		3000 Metres	Krista	Duchene	15-Feb-2014	AO Youth Senior Champs, TTFC, Toronto, ON
	3000 Metres	M85	9:41.51	3000 Metres	Sasha	Golish	18-Feb-2018	AO Championship Series #2, TTFC, Toronto, ON
C	3000 Metres	M85	9:39.82	3000 Metres	Sasha	Golish	19-February-2017	MunkPack Inv. NE Champs, Boston, MA
	3000 Metres	M85	9:11.09	3000 Metres	Sasha	Golish	1982	Indoor Championships
C	3000 Metres	M85		3000 Metres	Margarita	Ekiss		
	3000 Metres	M85		3000 Metres	Mary	Unsworth	25-February-2018	OMA Champs, TTFC, Toronto, ON
	3000 Metres	M85	9:53.02	3000 Metres	Christine	Lavalee	2002	Indoor Championships
	3000 Metres	M85		3000 Metres	Lynda	de Boer	March 2007	US Indoor Champs, Boston, MA
C	3000 Metres	M85	11:05.83	3000 Metres	Liz	Maguire	10-March-2012	CMA Indoor Championships, TTFC, Toronto, ON
C	3000 Metres	M85	10:43.47	3000 Metres	Liz	Maguire		
C	3000 Metres	M85		3000 Metres	Kathryn	Martin		Boston, MA
C	3000 Metres	M85		3000 Metres	Kathryn	Martin		Boston, MA
C	3000 Metres	M85		3000 Metres	Molly	Turner		
C	3000 Metres	M85		3000 Metres	Jean	Turner		
C	3000 Metres	M85		3000 Metres	Molly	Turner		
C	3000 Metres	M85		3000 Metres	Judith	Kazdan		
C	3000 Metres	M85		3000 Metres	Judith	Kazdan		
C	3000 Metres	M85		3000 Metres	Paul	Guimond		North York
C	3000 Metres	M85		3000 Metres	Patrick		02-Feb-1980	Toronto, ON
C	3000 Metres	M85		3000 Metres	Jan	Roos		Toronto, ON
C	3000 Metres	M85		3000 Metres	Jan	Roos		Columbus, OH
C	3000 Metres	M85		3000 Metres	Stuart	Summerhayes		Columbus, OH
C	3000 Metres	M85		3000 Metres	Stuart	Summerhayes		
	3000 Metres	M85		3000 Metres	Max	Gould		
	3000 Metres	M85		3000 Metres	Max	Gould		
	3000 Metres	M85		3000 Metres	John	Kittredge	25-Jan-2015	OMA Mini Meet #2, TTFC, Toronto, ON
C	3000 Metres	M85	17:55.50	3000 Metres	John	Kittredge		
C	3000 Metres	M85	17:36.43	3000 Metres	John	Kittredge	15-March-2015	CMA Champs, TTFC, Toronto, ON
C	3000 Metres	M85		3000 Metres	Max	Gould		
C	3000 Metres	M85		3000 Metres	Peter	Fellows		
C	3000 Metres	M85		3000 Metres	Joe	Finkel		
C	3000 Metres	M85		3000 Metres	Joni	Bender		
C	3000 Metres	M85		3000 Metres	Nanci	Patten Sweazey		
C	3000 Metres	M85		3000 Metres	Nanci	Patten Sweazey	March 2003	
C	3000 Metres	M85		3000 Metres	Nanci	Patten Sweazey		
	3000 Metres	M85		3000 Metres	Ann Marie	Rosenitsch		
C	3000 Metres	M85	16:41.22	3000 Metres	Nanci	Patten Sweazey	22-Jan-2011	Bavarian Indoor Championships, Munich, GER
	3000 Metres	M85		3000 Metres	Ann Marie	Rosenitsch		
	3000 Metres	M85		3000 Metres	Kris	Kozell	25-Jan-2015	OMA Mini Meet #2, TTFC, Toronto, ON
C	3000 Metres	M85	17:03.33	3000 Metres	Kris	Kozell	22-Feb-2015	OMA Championships, TTFC, Toronto, ON
	3000 Metres	M85		3000 Metres	Kris	Kozell		
	3000 Metres	M85		3000 Metres	Ann Marie	Rosenitsch		
N	3000 Metres	M85	17:46.49	3000 Metres	Kris	Kozell	8-March-2020	OMA Championships, TTFC, Toronto, ON
C	3000 Metres	M85		3000 Metres	June-Marie	Provost		
C	3000 Metres	M85		3000 Metres	Jean	Horne	27-Feb-2011	OMA Championships, TTFC
C	3000 Metres	M85		3000 Metres	Jean	Horne	16-March-2014	CMA Champs, TTFC, Toronto, ON
C	400 Metres	M35	49.46	400 Metres	Ray	Cardinal	26-Feb-83	Sherbrooke, QC
	400 Metres	M40	51.70	400 Metres	Nigel	John	25-March-2017	WMA Championships, Daegu, South Korea
	400 Metres	M45	53.42	400 Metres	Mike	Sherar	2009	OMA Mini Meet #1 □
C	400 Metres	M45	52.14	400 Metres	Mike	Sherar	March 2010	WMA Indoor Championships, Kamloops, BC
	400 Metres	M50	56.8	400 Metres	Norm	Baum	1978	Indoor Championships
	400 Metres	M50	55.22	400 Metres	Mike	Sherar	19-Jan-2014	OMA Mini Meet #2, TTFC, Toronto, ON
	400 Metres	M50	54.94	400 Metres	Mike	Sherar	2-Feb-2014	OMA Mini Meet #3, TTFC, Toronto, ON
C	400 Metres	M50	54.58	400 Metres	Mike	Sherar	25-March-2017	WMA Championships, Daegu, South Korea
	400 Metres	M55	56.7	400 Metres	Earl	Fee	1988	Indoor Championships
	400 Metres	M55	56.64	400 Metres	Mike	Sherar	20-January-2019	AO Indoor Championships Series #1
	400 Metres	M55	56.03	400 Metres	Nanci	Sherar	25-March-2019	WMA Championships, Torun, POL
C	400 Metres	M55	55.63	400 Metres	Mike	Sherar	26-March-2019	WMA Championships, Torun, POL
C	400 Metres	M60	61.7	400 Metres	Norm	Baum	1987	Indoor Championships
C	400 Metres	M65	59.53	400 Metres	Earl	Fee	25-Feb-95	Reno, NV
C	400 Metres	M70	61.31	400 Metres	Earl	Fee	27-Mar-99	Boston, MA
C	400 Metres	M75	66.28	400 Metres	Earl	Fee	26-Mar-04	Boston, MA
C	400 Metres	M80	71.23	400 Metres	Earl	Fee	29-Mar-09	OMA Indoor Champs, TTFC
C	400 Metres	M85	81.26	400 Metres	Earl	Fee	March, 2014	WMA Indoor Champs, Budapest, HU
C	400 Metres	M90	1:30.76	400 Metres	Earl	Fee	23-March-2019	USATF Iowa Open/Masters Champs, Grinnell, IA
C	400 Metres	M95	3:06.60	400 Metres	Alter Singh	Sakhon	24-February-2019	OMA Indoor Championships, TTFC, Toronto, ON
	400 Metres	M95		400 Metres	Maureen	Rodrigue	2002	OMA Indoor Champs
	400 Metres	M95		400 Metres	Maureen	Rodrigue		
	400 Metres	M95		400 Metres	Karla	Del Grande		
C	400 Metres	M95		400 Metres	Karla	Del Grande		Indoor Championships
	400 Metres	M95		400 Metres	Karla	Del Grande		
	400 Metres	M95	65.91	400 Metres	Karla	Del Grande		
	400 Metres	M95	65.68	400 Metres	Karla	Del Grande	31-Jan-2010	AO Prep Meet #1, TTFC, Toronto, ON
C	400 Metres	M95	65.56	400 Metres	Karla	Del Grande	12-Feb-2012	Mini Meet #3, TTFC, Toronto, ON
	400 Metres	M95		400 Metres	Rhona	Trott		
	400 Metres	M95	67.17	400 Metres	Karla	Del Grande	19-Jan-2014	OMA Mini Meet #2, TTFC, Toronto, ON
	400 Metres	M95	67.13	400 Metres	Karla	Del Grande	March, 2014	WMA Indoor Champs, Budapest, HU
C	400 Metres	M95	66.93	400 Metres	Karla	Del Grande	11-March-2018	CMA Champs, TTFC, Toronto, ON
	400 Metres	M95		400 Metres	Jean	Horne		
	400 Metres	M95	69.98	400 Metres	Karla	Del Grande	25-March-2019	WMA Championships, Torun, POL
C	400 Metres	M95	68.39	400 Metres	Karla	Del Grande	26-March-2019	WMA Championships, Torun, POL
C	400 Metres	M95		400 Metres	Jean	Horne		
	50 Metres	M35	6.0	50 Metres	Duane			
	50 Metres	M35	6.44	50 Metres	Andre	Mitchell	10-March-2012	CMA Championships, TTFC, Toronto, ON
C	50 Metres	M35	6.13	50 Metres	Dree	Ryan	15-March-2014	CMA Champs, TTFC, Toronto, ON
	50 Metres	M35	6.12	50 Metres	Alex	Gbaguidi	11-March-2017	CMA Championships, CMA Championships, TTFC, Toronto,
	50 Metres	M40		50 Metres				Toronto, ON
C	50 Metres	M45	6.36	50 Metres		Crespac		
	50 Metres	M45		50 Metres		Le Foon		
C	50 Metres	M50	6.39	50 Metres	Kerry	Smith		Toronto, ON
C	50 Metres	M55	6.6	50 Metres	Peter	Pientka		Toronto, ON

		50 Metres	M55	6.71	50 Metres	Michael	Lee Foon	17-January-2016	OMA Mini Meet #1, TTFC, Toronto, ON
		50 Metres	M55	6.69	50 Metres	Robert	Nasato	19-March-2016	CMA Championships, TTFC, Toronto, ON
N		50 Metres	M55	6.64	50 Metres	Milton	Hart	5-January-2020	Mini Meet #1, TTFC, Toronto, ON
C		50 Metres	M60	7.03	50 Metres	Tony	Powell		
C		50 Metres	M65	7.19	50 Metres	Tony	Powell		
		50 Metres	M70	7.8	50 Metres	Ben	Mackereith		Ottawa, ON
		50 Metres	M70	7.61	50 Metres	Mike	Morris		
		50 Metres	M70	7.67	50 Metres	Mike	Morris	08-Jan-2012	
		50 Metres	M70	7.57	50 Metres	Mike	Morris	10-March-2012	CMA Championships, TTFC, Toronto, ON
C		50 Metres	M70	7.50	50 Metres	Tony	Powell	5-Jan-2014	
		50 Metres	M75	8.63	50 Metres	Dev	Sharma	10-March-2012	CMA Championships, TTFC, Toronto, ON
		50 Metres	M75	7.96	50 Metres	Mike	Morris	17-January-2016	OMA Mini Meet #1, TTFC, Toronto, ON
C		50 Metres	M75	7.93	50 Metres	Mike	Morris	10-March-2018	CMA Champs, TTFC, Toronto, ON
		50 Metres	M80		50 Metres	Blain	Till		Ottawa, ON
C		50 Metres	M80	9.09	50 Metres	Ray	Wardle	16-March-2013	CMA Championships, TTFC, Toronto, ON
		50 Metres	M85	9.53	50 Metres	Bill	Thompson	14-March-2015	CMA Championships, TTFC, Toronto, ON
C		50 Metres	M90	13.47	50 Metres	Alter	Singh Sekhon	10-March-2018	CMA Championships, TTFC, Toronto, ON
		50 Metres	W35	7.02	50 Metres		Paquet		Toronto, ON
C		50 Metres	W35	6.88	50 Metres	Khama	Beckles	16-March-2013	CMA Championships, TTFC, Toronto, ON
		50 Metres	W40		50 Metres	Maureen	Rodrique		Toronto, ON
C		50 Metres	W45	7.35	50 Metres	Karla	Del Grande		Toronto, ON
C		50 Metres	W50		50 Metres	Karla			Toronto, ON
		50 Metres	W55		50 Metres	Karla			
		50 Metres	W55	7.36	50 Metres	Wendy	Alexis	16-March-2013	CMA Championships, TTFC, Toronto, ON
		50 Metres	W55	7.33	50 Metres	Wendy	Alexis	15-March-2014	CMA Championships, TTFC, Toronto, ON
		50 Metres	W60	8.57	50 Metres	Rhona	Trott	10-March-2012	CMA Championships, TTFC, Toronto, ON
		50 Metres	W60		50 Metres	Karla		5-Jan-2014	OMA Mini Meet #1, TTFC, Toronto, ON
		50 Metres	W60		50 Metres	Karla	Del Grande	15-March-2014	CMA Champs, TTFC, Toronto, ON
		50 Metres	W60		50 Metres	Karla	Del Grande	11-Jan-2015	OMA Mini Meet #1, TTFC, Toronto, ON
C		50 Metres	W65	8.95	50 Metres	Rhona	Trott	15-March-2014	CMA Champs, TTFC, Toronto, ON
		50 Metres	W65	7.66	50 Metres	Karla	Del Grande	6-January-2019	OMA Mini Meet #1, TTFC, Toronto, ON
C		50 Metres	W70		50 Metres	Doreen			Toronto, ON
C		50 Metres	W80	11.68	50 Metres	Doreen		10-March-2012	CMA Championships, TTFC, Toronto, ON
C		5000 Metres	M35	15:04.3	5000 Metres	Ken	Hamilton	7-March-1987	Toronto, ON
C		5000 Metres	M40	15:27.19	5000 Metres	Pedrag	Mladenovic	24-February-2013	MM #3, TTFC, Toronto, ON
		5000 Metres	M45	15:50.6	5000 Metres	Benjamin	Johns	24-March-1985	Toronto, ON
C		5000 Metres	M50	16:07.3	5000 Metres	Benjamin	Johns	8-March-1988	Toronto, ON
C		5000 Metres	M55	16:27.80	5000 Metres	Stuart	Galloway	21-February-2016	UCS Invitational, JDS Fast Track, Winston-Salem, NC
		5000 Metres	M60	19:01.00	5000 Metres	Ken	Hamilton	8-January-2012	MM #1, TTFC, Toronto, ON
		5000 Metres	M60	18:40.46	5000 Metres	John	Clarke	24-February-2013	MM #13, TTFC, Toronto, ON
C		5000 Metres	M60	18:04.04	5000 Metres	Jerry	Kooymans	27-January-2019	OMA Mini Meet #2, TTFC, Toronto, ON
		5000 Metres	M65	22:45.97	5000 Metres	Mike	Bedley	8-February-2015	MM #13, TTFC, Toronto, ON
		5000 Metres	M65	20:57.75	5000 Metres	Richard	Bailey	31-January-2016	MM #2, TTFC, Toronto, ON
N		5000 Metres	M65	20:11.21	5000 Metres	John	Clarke	2-February-2020	MM #3, TTFC, Toronto, ON
C		5000 Metres	M70	22:13.69	5000 Metres	Jack	Geddes	8-January-2012	MM #1, TTFC, Toronto, ON
C		5000 Metres	M75	23:29.18	5000 Metres	Jack	Geddes	3-February-2013	MM #1, TTFC, Toronto, ON
C		5000 Metres	M80	30:35.78	5000 Metres	David	Willet	8-January-2012	MM #1, TTFC, Toronto, ON
		5000 Metres	W35	19:00.81	5000 Metres	Mary	Unsworth	31-January-2016	Toronto, ON
		5000 Metres	W35	18:24.42	5000 Metres	Mary	Unsworth	29-January-2017	MM #2, TTFC, Toronto, ON
C		5000 Metres	W40	17:07.11	5000 Metres	Mary	Unsworth	21-January-2018	Toronto, ON
C		5000 Metres	W45	19:06.72	5000 Metres	Annie	Bunting	8-January-2012	MM #1, TTFC, Toronto, ON
C		5000 Metres	W50	18:58.48	5000 Metres	Agathe	Nicholson	8-January-2012	MM #1, TTFC, Toronto, ON
C		5000 Metres	W55	21:48.46	5000 Metres	Lynn	Kobayashi	24-February-2013	MM #3, TTFC, Toronto, ON
		5000 Metres	W60	22:52.51	5000 Metres	Lynn	Kobayashi	29-January-2017	MM #2, TTFC, Toronto, ON
		5000 Metres	W65	24:53.81	5000 Metres	Nancy	Wells	8-January-2012	MM #1, TTFC, Toronto, ON
N		5000 Metres	W65	24:02.87	5000 Metres	Clara	Northcott	2-February-2020	MM #3, TTFC, Toronto, ON
		60 Metre Hurdles	M35	8.86	60 Metres	Andrew	Yap	06-Mar-99	OMA Champs TTFC
C		60 Metre Hurdles	M35	8.81	60 Metres	David	Valenzuela	10-March-2012	CMA Championships, TTFC, Toronto, ON
C		60 Metre Hurdles	M40	9.11	60 Metres	Glenn	Chipkar	02-Mar-02	OMA Champs TTFC
C		60 Metre Hurdles	M45	8.98	60 Metres	Scott	Tyler		OMA Champs
C		60 Metre Hurdles	M50	8.83	60 Metres	Scott	Tyler		OMA Champs
		60 Metre Hurdles	M55	9.27	60 Metres	Scott	Tyler		OMA Champs
		60 Metre Hurdles	M60	10.77	60 Metres	Jean-Pierre	Mayer	2008	OMA Champs
		60 Metre Hurdles	M60	10.77	60 Metres	Richard	Lech		OMA Champs, TTFC
		60 Metre Hurdles	M60	10.72	60 Metres	Richard	Lech		OMA Champs, TTFC
		60 Metre Hurdles	M60	10.63	60 Metres	Richard	Lech	22-Jan-2012	OMA Mini Meet #2, TTFC, Toronto, ON
		60 Metre Hurdles	M60	9.57	60 Metres	Ward	Hazen	8-Feb-2015	OMA Mini Meet #3, TTFC, Toronto, ON
C		60 Metre Hurdles	M60	9.44	60 Metres	Ward	Hazen	14-March-2015	CMA Champs, TTFC, Toronto, ON
		60 Metre Hurdles	M65	10.97	60 Metres	Andrew	Thomson		OMA Champs
		60 Metre Hurdles	M65	10.84	60 Metres	Richard	Lech	10-March-2013	OMA Champs, TTFC, Toronto, ON
N		60 Metre Hurdles	M65	9.80	60 Metres	Ward	Hazen	2-February-2020	MM #3, TTFC, Toronto, ON
		60 Metre Hurdles	M70	20.30	60 Metres	Barry	Murphy	25-February-2018	OMA Champs, TTFC, Toronto, ON
		60 Metre Hurdles	M70	14.53	60 Metres	Stan	Seitz	10-March-2018	Pentathlon CMA Champs, TTFC, Toronto, ON
		60 Metre Hurdles	M70	11.11	60 Metres	Ryszard	Lech	24-February-2019	OMA Championships, TTFC, Toronto, ON
C		60 Metre Hurdles	M70	10.60	60 Metres	Ryszard	Lech	29-March-2019	WMA Championships, Torun, POL
C		60 Metre Hurdles	M80	14.08	60 Metres	Karl	Trei	1993	OMA Champs
C		60 Metre Hurdles	M85	14.36	60 Metres	Karl	Trei		OMA Champs
C		60 Metre Hurdles	W35	10.12	60 Metres	Corry	Fox	1996	OMA Champs
		60 Metre Hurdles	W40	8.95	60 Metres	Leslie	Estwick		Boston, MA
		60 Metre Hurdles	W45	11.35	60 Metres	Gaby	Szanto	14-March-2015	Pentathlon, CMA Champs, TTFC, Toronto, ON
C		60 Metre Hurdles	W45	10.30	60 Metres	Nicole	Luke	10-March-2018	CMA Champs, TTFC, Toronto, ON
		60 Metre Hurdles	W50	12.51	60 Metres	Rhona	Trott		Indoor Championships
		60 Metre Hurdles	W50	11.89	60 Metres	Kairy	Loucks	21-January-2018	Mini Meet #2, TTFC, Toronto, ON
		60 Metre Hurdles	W50	11.52	60 Metres	Kairy	Loucks	25-February-2018	OMA Champs, TTFC, Toronto, ON
		60 Metre Hurdles	W50	10.95	60 Metres	Kairy	Loucks	10-March-2018	OMA Champs, TTFC, Toronto, ON
N		60 Metre Hurdles	W50	10.24	60 Metres	Diana	Casaroni	8-March-2020	OMA Championships, TTFC, Toronto, ON
C		60 Metre Hurdles	W55	11.29	60 Metres	Rhona	Trott	2008	Indoor Pentathlon Championships
C		60 Metre Hurdles	W60	11.33	60 Metres	Rhona	Trott		OMA Indoor Championships
C		60 Metre Hurdles	W65	13.83	60 Metres	Rhona	Trott	9-March-2014	OMA Champs, TTFC, Toronto, ON
		60 Metres	M35		60 Metres	Duane			
		60 Metres	M40	7.79	60 Metres	Chris	Lemassif	14-Feb-10	Ontario Indoor Champs TTFC
		60 Metres	M40	7.75	60 Metres	Malik	Crespac	16-Jan-11	Mini Meet #2 TTFC
		60 Metres	M40	7.66	60 Metres	Malik	Crespac	6-Feb-11	Mini Meet #3 TTFC
		60 Metres	M40	7.47	60 Metres	Chris	Lemassif	March, 2008	WMA Indoor Championships, Clermont FR
		60 Metres	M40	7.38	60 Metres	Nigel	John	15-Feb-2014	AO Youth-Senior Champs, TTFC Toronto, ON
		60 Metres	M40	7.34	60 Metres	Nigel	John	March 2014	WMA Indoor Champs Budapest, HU
		60 Metres	M40	7.15	60 Metres	Troy	Dos Santos	31-January-2016	OMA Mini Meet #2, TTFC, Toronto, ON
C		60 Metres	M40	7.12	60 Metres	Troy	Dos Santos	21-February-2016	OMA Mini Meet #3, TTFC, Toronto, ON
C		60 Metres	M45		60 Metres	Michael	Lee Foon		Toronto, ON
C		60 Metres	M50		60 Metres	Kerry	Smith		
C		60 Metres	M55		60 Metres	Kerry	Smith		
		60 Metres	M60		60 Metres	Richard			
		60 Metres	M60		60 Metres	Richard			OMA Champs TTFC
		60 Metres	M60	8.39	60 Metres	Richard		2-Feb-2014	Mini Meete #3, TTFC, Toronto, ON
		60 Metres	M60	7.95	60 Metres	Kerry	Smith		
		60 Metres	M60	7.92	60 Metres	Kerry	Smith	28-February-2016	
C		60 Metres	M60	7.87	60 Metres	Kerry	Smith	29-January-2017	Mini Meet #2, TTFC, Toronto, ON
		60 Metres	M65		60 Metres	Cecil	Paul		
		60 Metres	M70		60 Metres	John			
C		60 Metres	M75		60 Metres	John			
C		60 Metres	M80		60 Metres	Blain			Toronto, ON
		60 Metres	M85		60 Metres	Karl			Toronto, ON
C		60 Metres	M85	11.27	60 Metres	Bill	Thompson	22-Feb-2015	OMA Championships, TTFC, Toronto, ON
C		60 Metres	M90		60 Metres	Karl			
		60 Metres	M95	15.51	60 Metres	Atter Singh			
		60 Metres	W35	8.74	60 Metres	Andrea	Sekhon	24-February-2019	OMA Championships, TTFC, Toronto, ON
		60 Metres	W35	8.24	60 Metres	Khama	Beckles	14-Feb-2010	Ontario Indoor Champs, TTFC
		60 Metres	W35	8.24	60 Metres	Khama	Beckles	22-Jan-2011	Li of T. Fred Foot Meet, Toronto, ON
		60 Metres	W35	8.18	60 Metres	Khama	Beckles	03-Feb-2013	Mini Meet #2, TTFC, Toronto, ON
		60 Metres	W35	8.16	60 Metres	Khama	Beckles	02-Feb-2013	York Open, TTFC, Toronto, ON

	60 Metres	W35	8.11	60 Metres	Khama	Beckles	24-Feb-2013	OMA Mini Meet #3, TTFC, Toronto, ON
	60 Metres	W35	8.02	60 Metres	Khama	Beckles	9-Feb-2014	AO Prep #2, TTFC, Toronto, ON
	60 Metres	W35	7.95	60 Metres	Khama	Beckles	9-March-2014	OMA Champs, TTFC, Toronto, ON
C	60 Metres	W35	7.90	60 Metres	Khama	Beckles	March-2014	WMA Indoor Champs, Budapest, HU
C	60 Metres	W40	8.06	60 Metres	Leslie	Estwick	12-March-01	Boston, MA
C	60 Metres	W45	8.47	60 Metres	Karla	Del Grande	2003	Indoor Championships
C	60 Metres	W50	8.21	60 Metres	Karla	Del Grande		
	60 Metres	W55	8.54	60 Metres	Karla	Del Grande	29-Mar-09	
	60 Metres	W55	8.49	60 Metres	Karla	Del Grande	March, 2010	WMA Indoor Champs, Kamloops, BC
C	60 Metres	W55	8.30	60 Metres	Karla	Del Grande	05-Mar-11	USATF Indoor Champs, Albuquerque, NM
	60 Metres	W60	9.67	60 Metres	Edith	Gray		
C	60 Metres	W60	8.56	60 Metres	Karla	Del Grande	19-Jan-2014	OMA Mini Meet #2, TTFC, Toronto, ON
	60 Metres	W65	10.02	60 Metres	Doreen	Carmichael	1998	
	60 Metres	W65	9.03	60 Metres	Karla	Del Grande	19-January-2020	OMA Mini Meet #2, TTFC, Toronto, ON
N	60 Metres	W65	8.87	60 Metres	Karla	Del Grande	19-January-2020	OMA Mini Meet #2, TTFC, Toronto, ON
C	60 Metres	W70	10.99	60 Metres	Doreen	Carmichael		
C	60 Metres	W80	14.58	60 Metres	Doreen	Carmichael	11-March-2012	CMA Championships, TTFC, Toronto ON
C	800 Metres	M35		800 Metres	Derek	Hackshaw	2006	
C	800 Metres	M40		800 Metres	lan	Newhouse		
	800 Metres	M45		800 Metres	Mike	Sherar		
	800 Metres	M50		800 Metres	Jerry	Kooymans		
	800 Metres	M50	2:04.62	800 Metres	Mike	Sherar	26-Jan-2014	
	800 Metres	M50	2:03.30	800 Metres	Mike	Sherar	9-Feb-2014	
C	800 Metres	M50	2:03.12	800 Metres	Paul	Osland	March, 2014	WMA Champs, Budapest, HU
	800 Metres	M55		800 Metres	Cliff	Hall	1984	
	800 Metres	M55	2:14.22	800 Metres	Stuart	Galloway	28-February-2016	OMA Championships, TTFC, Toronto, ON
	800 Metres	M55	2:09.06	800 Metres	Mike	Sherar	19-January-2019	AO Indoor Championships Series #1
C	800 Metres	M55	2:08.12	800 Metres	Paul	Osland	28-March-2019	WMA Championships, Torun, POL
C	800 Metres	M60		800 Metres	Earl	Fee		
C	800 Metres	M65		800 Metres	Earl	Fee		
C	800 Metres	M70		800 Metres	Earl	Fee		
C	800 Metres	M75		800 Metres	Earl	Fee		
	800 Metres	M80		800 Metres	Robert	Comber		
C	800 Metres	M80		800 Metres	Earl	Fee	March, 2010	
	800 Metres	M85	3:11.09	800 Metres	Earl	Fee	March, 2014	WMA Indoor Champs, Budapest, HU
C	800 Metres	M90	3:42.52	800 Metres	Earl	Fee	23-March, 2019	USATF Iowa Open/Masters Champs, Grinnell, IA
C	800 Metres	W35		800 Metres	Anna	Cranton	2001	
	800 Metres	W40		800 Metres	Annie	Bunting	2008	
	800 Metres	W40	2:18.16	800 Metres	Mary	Unsworth	10-February-2018	Grand Prix d'Athletisme, Montreal, QC
C	800 Metres	W40	2:17.09	800 Metres	Mary	Unsworth	10-March-2018	CMA Champs, TTFC, Toronto, ON
	800 Metres	W45		800 Metres	Annie	Bunting	2010	
	800 Metres	W45		800 Metres	Annie	Bunting	March, 2010	US Indoor Champs Boston, MA
C	800 Metres	W45	2:22.25	800 Metres	Annie	Bunting	10-March-2012	CMA Indoor Championships, TTFC, Toronto, ON
	800 Metres	W50		800 Metres	Kathryn	Martin	2002	
	800 Metres	W50	2:30.43	800 Metres	Annie	Bunting	8-Feb-2015	OMA Mini Meet #3, TTFC, Toronto, ON
C	800 Metres	W50	2:25.13	800 Metres	Annie	Bunting	14-March-2015	CMA Champs, TTFC, Toronto, ON
C	800 Metres	W55		800 Metres	Kathryn	Martin		
C	800 Metres	W60		800 Metres	Jean	Horne		
C	800 Metres	W65		800 Metres	Jean	Horne		
C	800 Metres	W70	3:13.00(h)	800 Metres	Jean	Horne		
	High Jump	M35	1.76		Steve	Caws		Indoor Championships
	High Jump	M35			Zoltan	Sara	16-Jan-2011	Mini Meet #2, TTFC
	High Jump	M35	1.92		Zoltan	Sara	29-Jan-2012	AO Combined Events Meet #1, TTFC Toronto
C	High Jump	M35	1.93		Zoltan	Sara	17-March-2013	CMA Championships, TTFC, Toronto, ON
	High Jump	M40			Marco	DeChellis		
	High Jump	M40	1.75		Ovidiu	Negota	08-Jan-2012	OMA Mini Meet #1, TTFC, Toronto, ON
	High Jump	M40	1.75		Ovidiu	Negota	07-Jan-2012	Sharon Anderson Memorial, Toronto, ON
	High Jump	M40	1.76		Ovidiu	Negota	26-Feb-2012	OMA Championships, TTFC, Toronto, ON
	High Jump	M40	1.85		Ovidiu	Negota	07-April-2012	WMA Indoor Championships, Jyväskylä Finland
	High Jump	M40	1.85		Zoltan	Sara	29-January-2017	Mini Meet #2, TTFC, Toronto, ON
	High Jump	M40	1.85		Ovidiu	Negota	07-April-2012	WMA Indoor Championships, Jyväskylä Finland
	High Jump	M40	1.86		Zoltan	Sara	26-February-2017	OMA Championships, TTFC, Toronto, ON
C	High Jump	M40	1.87		Zoltan	Sara	21-January-2018	Mini Meet #2, TTFC, Toronto, ON
C	High Jump	M45	1.81		Witold	Klinger		
	High Jump	M50			Major	Sinathurai		
	High Jump	M55	1.40		Thevarajan	Steve	27-Feb-2011	Indoor Championships, TTFC
	High Jump	M55	1.40		Steve	Caws	14-Feb-2010	Indoor Championships, TTFC
	High Jump	M55	1.55		Don	Ritchie	15-January-2017	Mini Meet #1, TTFC, Toronto, ON
	High Jump	M55	1.60		Don	Ritchie	2-December-2017	York U Xmas Open, TTFC, Toronto, ON
C	High Jump	M55	1.65		Don	Ritchie	21-January-2018	Mini Meet #2, TTFC, Toronto, ON
C	High Jump	M60	1.54		Stan	Seitz		
	High Jump	M65	1.35		Stan	Seitz	20-Jan-2013	
	High Jump	M65	1.35		Stan	Seitz	03-Feb-2013	
	High Jump	M65	1.35		Stan	Seitz	10-March-2013	
	High Jump	M65	1.37		Stan	Seitz	9-March-2014	
	High Jump	M65	1.41		Peter	Zowkewych	17-January-2016	
	High Jump	M65	1.42		Peter	Zowkewych	30/31-Jan-2016	USATF Heptathlon Champs, Kenosha, WI
	High Jump	M65	1.43		Peter	Zowkewych	28-February-2016	OMA Championships, TTFC, Toronto, ON
C	High Jump	M65	1.45		Peter	Zowkewych	28/29-Jan-2017	USATF Combined Events Champs, Kenosha, WI
	High Jump	M70	1.25		Bob	Land	14-Feb-2010	OMA Indoor Champs TTFC
	High Jump	M70	1.25		Bob	Land	16-Jan-2011	Mini Meet #2 TTFC
	High Jump	M70	1.30		Stan	Seitz	27/28 Jan-2018	USATF Heptathlon Champs, Kenosha, WI
C	High Jump	M70	1.33		Stan	Seitz	10-March-2018	Pentathlon CMA Champs, TTFC, Toronto, ON
C	High Jump	M75	1.21		Bob	Land	12-Feb-2012	Mini Meet #3, TTFC, Toronto, ON
	High Jump	M75	1.20		Bob	Land	11-March-2012	CMA Championships, TTFC, Toronto, ON
N	High Jump	M80	0.95		Peter	Tams		
	High Jump	M85			Karl	Trei	8-March-2020	OMA Championships, TTFC, Toronto, ON
C	High Jump	M85			Earl	Fee	30-December-2015	Gary Lubin Jump-off, TTFC, Toronto, ON
C	High Jump	M90	0.89		Karl	Trei		
	High Jump	W35			Gaby	Szanto		Indoor Championships
C	High Jump	W35	1.60		Maresa	Ryan	19-Jan-2014	OMA Mini Meet #2, TTFC, Toronto, ON
C	High Jump	W40			Leslie	Estwick		Indoor Championships
C	High Jump	W45	1.45		Gaby	Szanto	9-March-2014	OMA Champs, TTFC, Toronto, ON
	High Jump	W50			Mallia			Indoor Championships
N	High Jump	W50			Diana	Cesaroni	8-March-2020	OMA Indoor Championships, TTFC, Toronto, ON
	High Jump	W55	1.20		Rhona	Trott		
	High Jump	W55	1.30		Maria	Mallia	16-Jan-2011	
C	High Jump	W55	1.30		Maria	Mallia	27-Feb-2011	
C	High Jump	W60			Edith	Gray		
C	High Jump	W60			Sue	Hannon	12-March-2017	CMA Championships, TTFC, Toronto, ON
C	High Jump	W65			Helgi	Pedel		
C	High Jump	W70			Helgi	Pedel		
C	High Jump	W75			Helgi	Pedel		
C	High Jump	W80			Helgi	Pedel		
	Long Jump	M35			Ron	Thompson		
C	Long Jump	M35	6.75		Clayton	Latham	17-January-2016	OMA Mini Meet #1, TTFC, Toronto, ON
	Long Jump	M40			Todd			
	Long Jump	M40	6.54		Jason	Robinson	10-March-2010	CMA Championships, TTFC, Toronto, ON
C	Long Jump	M40	6.64		Nigel	John	8-Feb-2015	OMA Mini Meet #3, TTFC, Toronto, ON
C	Long Jump	M45			Vladimir	Kostric		
C	Long Jump	M50			Richard	Lech		
C	Long Jump	M55			Richard	Lech		
C	Long Jump	M60			Alan	Slater		
	Long Jump	M65	4.11		Richard	Lech	10-March-2013	OMA Championships, TTFC, Toronto, ON
	Long Jump	M65	4.20		Peter	Zowkewych	30/31-Jan-2016	USATF Heptathlon Champs, Kenosha, WI
	Long Jump	M65	4.38		Ward	Hazen	8-March-2020	OMA Championships, TTFC, Toronto, ON
N	Long Jump	M70			Winston	Larose	14-Feb-2010	OMA Indoor Champs TTFC
	Long Jump	M70	3.43		Stan	Seitz	10-March-2018	Pentathlon CMA Indoor Champs, TTFC, Toronto, ON
	Long Jump	M70	3.61		Stan	Seitz	6-January-2019	OMA Mini Meet #1, TTFC, Toronto, ON

C	Long Jump	M70	3.71	Stan	Seitz	26/27 Jan-2019	US Combined Events Champs, Kenosha, WI
C	Long Jump	M75		Karl	Trei		Indoor Championships
C	Long Jump	M80		Karl	Trei		Indoor Championships
C	Long Jump	M85		Karl	Trei		Indoor Championships
C	Long Jump	M90		Karl	Trei		
C	Long Jump	M95	1.14	Alter Singh	Sekhon	24-February-2019	OMA Championships, TTFC, Toronto, ON
C	Long Jump	M95	1.45	Alter Singh	Sekhon	8-March-2019	OMA Championships, Butterdome, Edmonton, AB
C	Long Jump	W35		Ann	Findley		
C	Long Jump	W35	4.99	Lorena	Reyes	27-January-2019	OMA Mini Meet #2, TTFC, Toronto, ON
C	Long Jump	W35	5.18	Lorena	Reyes	24-February-2019	OMA Championships, TTFC, Toronto, ON
C	Long Jump	W40		Leslie	Estwick		
C	Long Jump	W45		Adri	Roswell		
C	Long Jump	W50		Maria			
C	Long Jump	W50		Kairy	Loucks	11-February-2018	Mini Meet #3, TTFC, Toronto, ON
C	Long Jump	W50		Kairy	Loucks	25-February-2018	OMA Champs, TTFC, Toronto, ON
N	Long Jump	W55	3.86	Rhona	Trott		
C	Long Jump	W60		Theresa	Rozario	2-February-2020	Indoor Pent Champa, TTFC, Toronto, ON
C	Long Jump	W65		Edith	Gray		
C	Long Jump	W70		Edith	Gray		
C	Long Jump	W70		Elga	Meri		
C	Pole Vault	M35		Kevin	Lake		
C	Pole Vault	M40		Paul	White	14-Feb-2010	OMA Indoor Champs, TTFC
C	Pole Vault	M40		Kevin	Lake	27-Feb-2011	OMA Champs, TTFC
C	Pole Vault	M40		Kevin	Lake	10-March-2012	OMA Championships, TTFC, Toronto, ON
C	Pole Vault	M40	4.40	Kevin	Lake	10-March-2013	OMA Championships, TTFC, Toronto, ON
C	Pole Vault	M45		Vladimir	Kostiric		Indoor Champs
C	Pole Vault	M50		Mark	Schaber		
C	Pole Vault	M50		Mark	Schaber		
C	Pole Vault	M50	3.55	Mark	Schaber	16-March-2013	CMA Championships, TTFC, Toronto, ON
C	Pole Vault	M50	3.86	George	Barber	23-February-2014	College Station, TX
C	Pole Vault	M55		Ralph	Clevitz		
C	Pole Vault	M55	3.35	Mark	Schaber	19-Jan-2014	OMA Mini Meet #2, TTFC, Toronto, ON
C	Pole Vault	M55	3.40	Mark	Schaber	2-Feb-2014	OMA Mini Meet #3, TTFC, Toronto, ON
C	Pole Vault	M55	3.43	Mark	Schaber	22-Feb-2015	OMA Championships, TTFC, Toronto, ON
C	Pole Vault	M60		Hugh	Miller	29-Mar-2009	OMA Champs
C	Pole Vault	M65		Stan	Egerton		OMA Champs
C	Pole Vault	M70		Stan	Egerton		OMA Champs
C	Pole Vault	M75		Stan	Egerton		OMA Champs
C	Pole Vault	W35		Gaby	Szanto		OMA Champs
N	Pole Vault	W40	2.95	Charlotte	Ireland	5-January-2020	Mini Meet #1, TTFC, Toronto, ON
C	Pole Vault	W45	2.80	Gaby	Szanto	26-Feb-2012	OMA Championships, TTFC, Toronto, ON
C	Pole Vault	W45	2.80	Gaby	Szanto		WMA Indoor Championships, Jyväskylä Finland
C	Pole Vault	W50		Ann Marie			
C	Pole Vault	W50	2.40	Gaby	Szanto	10-March-2018	OMA Champs, TTFC, Toronto, ON
C	Pole Vault	W55		Ann Marie			
C	Pole Vault	W60		Edith	Gray		
C	Shot Put	M35	16.85	Gintas		18-Jan-2008	U of T Track Classic
C	Shot Put	M40	14.12	Jacek		1993	
C	Shot Put	M40	14.44	Mariusz	Kosinski	27-Feb-2011	
C	Shot Put	M45		John	Kasperski	04-Feb-1989	Ottawa, ON
C	Shot Put	M50	14.33	Jean-Pierre		25-March-2000	Boston, Ma
C	Shot Put	M55	14.10	John	Kasperski	04-March-2000	
C	Shot Put	M60	13.72	Art	Jaago	05-March-1988	
C	Shot Put	M65	10.99	Helmut	Lange	1995	
C	Shot Put	M65	11.04	Jerzy	Wyroba	25-Jan-2015	OMA Mini Meet #1, TTFC, Toronto, ON
C	Shot Put	M65	11.65	Peter	Zowkewych	17-January-2016	OMA Mini Meet #1, TTFC, Toronto, ON
C	Shot Put	M70	12.79	Garry	Bachman	05-March-1994	
C	Shot Put	M75		Garry	Bachman	06-March-1999	
C	Shot Put	M75	11.61	John	Kasperski	26-March-2019	WMA Championships, Torun, POL
C	Shot Put	M80	10.05	Garry	Bachman	2003	
C	Shot Put	M85	9.97	Garry	Bachman	22-Jan-2007	Toronto, ON
C	Shot Put	M90	8.50	Garry	Bachman	08-Jan-2012	OMA Mini Meet #1, TTFC, Toronto, ON
C	Shot Put	M90	8.81	Garry	Bachman	22-Jan-2012	OMA Mini Meet #2, TTFC, Toronto, ON
C	Shot Put	M95	4.07	Alter Singh	Sekhon	24-February-2019	OMA Championships, TTFC, Toronto, ON
C	Shot Put	W35	11.19	Gaby	Szanto	25-June-2005	
C	Shot Put	W35	11.57	Marie-Josée	Le Jour	19-March-2016	CMA Championships, TTFC, Toronto, ON
C	Shot Put	W40	9.41	Debbie	Hell	1992	
C	Shot Put	W40	6.10	Michelle	Baptie	27-Feb-2011	
C	Shot Put	W40	7.27	Anita	Thomas	12-Feb-2012	Mini Meet #3, TTFC, Toronto, ON
C	Shot Put	W40	8.25	Prisca	Irving	22-Feb-2015	OMA Championships, TTFC, Toronto, ON
C	Shot Put	W40	11.08	Padideh	Boloorzadeh	25-February-2018	OMA Championships, TTFC, Toronto, ON
C	Shot Put	W40	11.57	Padideh	Boloorzadeh	10-March-2018	CMA Championships, TTFC, Toronto, ON
C	Shot Put	W45	10.29	Elizabeth	Hill	2010	
C	Shot Put	W45	10.43	Tracy	Viggers	21-January-2018	Mini Meet #2, TTFC, Toronto, ON
C	Shot Put	W45	10.62	Tracy	Viggers	10-March-2018	CMA Champs, TTFC, Toronto, ON
C	Shot Put	W50	9.20	June	Mayer	1990	
C	Shot Put	W50	10.29	Elizabeth	Hill	06-Feb-2011	
C	Shot Put	W50	11.10	Elizabeth	Hill	13-Feb-2011	
C	Shot Put	W50	11.23	Elizabeth	Hill	16-March-2014	CMA Champs, TTFC, Toronto, ON
C	Shot Put	W50	10.92	Elizabeth	Hill	11-Jan-2015	OMA Mini Meet #1, TTFC, Toronto, ON
C	Shot Put	W55	9.00	Adri	Rowswell	1996	Indoor Championships
C	Shot Put	W55	10.78	Debbie	Murfit	10-March-2013	OMA Championships, TTFC, Toronto, ON
C	Shot Put	W55	10.93	Elizabeth	Hill	19-March-2016	CMA Championships, TTFC, Toronto, ON
C	Shot Put	W60	8.62	Helgi	Pedel	1984	Indoor Championships
C	Shot Put	W60	9.59	Doreen	Garner	15-January-2017	Mini Meet #1, TTFC, Toronto, ON
C	Shot Put	W60	10.09	Doreen	Garner	29-January-2018	Mini Meet #2, TTFC, Toronto, ON
C	Shot Put	W60	10.10	Doreen	Garner	11-February-2018	Mini Meet #3, TTFC, Toronto, ON
C	Shot Put	W60	10.19	Doreen	Garner	25-February-2018	OMA Champs, TTFC, Toronto, ON
C	Shot Put	W65	8.38	Helgi	Pedel	1991	Indoor Championships
C	Shot Put	W65	9.83	Doreen	Garner	9-March-2019	CMA Championships, Butterdome, Edmonton, AB
C	Shot Put	W65	10.03	Doreen	Garner	25-March-2019	WMA Championships, Torun, POL
C	Shot Put	W70	7.44	Helgi	Pedel	1995	Indoor Championships
C	Shot Put	W75	7.33	Velta		2003	Indoor Championships
C	Shot Put	W75	8.31	Adri	Rowswell	31-January-2016	OMA Mini Meet #2, TTFC, Toronto, ON
C	Shot Put	W75	8.37	Adri	Rowswell	21-February-2016	OMA Mini Meet #3, TTFC, Toronto, ON
C	Shot Put	W80	5.94	Velta		2009	
C	Shot Put	W80	6.83	Velta		13-Feb-2011	
C	Shot Put	W85	5.87	Velta		20-Jan-2013	
C	Shot Put	W85	6.29	Velta		03-Feb-2013	
C	Triple Jump	M35	12.88	Ron	Thompson	1988	
C	Triple Jump	M40	12.79	Todd		2007	Toronto, ON
C	Triple Jump	M45	12.06	Alan	Slater	28-Aug-1988	Syracuse, NY
C	Triple Jump	M50	12.54	Derek	Boosey	06-Feb-1993	Indoor Championships
C	Triple Jump	M55	10.92	Alan	Slater	14-March-1998	Indoor Championships
C	Triple Jump	M55	11.04	Thevarajan	Sinnathurai	22-Jan-2012	OMA Mini Meet #2, TTFC, Toronto, ON
C	Triple Jump	M55	11.19	Mihai	Ene	28-February-2016	OMA Championships, TTFC, Toronto, ON
C	Triple Jump	M55	11.20	Mihai	Ene	20-March-2016	CMA Championships, TTFC, Toronto, ON
C	Triple Jump	M55	11.45	Mihai	Ene	12-March-2017	CMA Championships, TTFC, Toronto, ON
C	Triple Jump	M55	11.67	Mihai	Ene	11-March-2018	CMA Championships, TTFC, Toronto, ON
C	Triple Jump	M60	10.92	Alan	Slater	04-Jan-2003	London, ON
C	Triple Jump	M60	10.97	Thevarajan	Sinnathurai	9-March-2014	OMA Champs, TTFC, Toronto, ON
C	Triple Jump	M65	8.45	Peter	Zowkewych	17-January-2016	OMA Mini Meet #1, TTFC, Toronto, ON
N	Triple Jump	M65	9.44	Thevarajan	Sinnathurai	8-March-2020	OMA Championships, TTFC, Toronto, ON
C	Triple Jump	M75	5.04	Patrick	Groulx	12-March-2017	OMA Championships, TTFC, Toronto, ON
C	Triple Jump	M75	5.90	Patrick	Groulx	11-March-2018	OMA Championships, TTFC, Toronto, ON
N	Triple Jump	M75	6.02	Gurjinder Singh	Sanghera	8-March-202	OMA Championships, TTFC, Toronto, ON
C	Triple Jump	M80	7.31	Karl	Trei	10-March-1990	Toronto, ON
C	Triple Jump	M85	6.67	Karl	Trei	25-March-1994	

C	Triple Jump	M90	5.18	Karl	Trei	28-March-1999	Boston, MA
C	Triple Jump	W35	12.07	Michelle	Hastick Cowell	29-March-2009	Indoor Championships
	Triple Jump	W40	6.7	Vera	Cabanus	1992	Indoor Championships
C	Triple Jump	W40	10.64	Michelle	Hastick-Cowell	15-March-2015	CMA Champs, TTFC, Toronto, ON
C	Triple Jump	W45	8.70	Tracy	Viggers	25-February-2018	OMA Champs, TTFC, Toronto, ON
C	Triple Jump	W45	8.70	Tracy	Viggers	24-February-2019	OMA Champs, TTFC, Toronto, ON
	Triple Jump	W50	8.05	Gaby	Szanto	12-March-2017	CMA Championships, TTFC, Toronto, ON
	Triple Jump	W50	8.24	Kairy	Loucks	25-February-2018	OMA Championships, TTFC, Toronto, ON
C	Triple Jump	W50	8.69	Kairy	Loucks	11-March-2018	CMA Championships, TTFC, Toronto, ON
	Triple Jump	W60	4.75	Patricia	Blacker-Thomson	15-January-2017	Mini Meet #1, TTFC, Toronto, ON
	Triple Jump	W60	5.90	Patricia	Blacker-Thomson	26-February-2017	OMA Championships, TTFC, Toronto, ON
N	Triple Jump	W60	6.32	Janice	Chedore	8-March-2020	OMA Championships, TTFC, Toronto, ON
C	Triple Jump	W65	6.74	Helgi	Pedel	09-March-1991	Indoor Championships
C	Triple Jump	W70	6.37	Helgi	Pedel	05-March-1994	Indoor Championships
C	Weight Throw	M55	13.34	Richard	Parkinson	2004	Indoor Championships
C	Weight Throw	M40	12.54	James	Findlay	2001	Indoor Championships
C	Weight Throw	M45	12.78	Richard	Parkinson	2010	Indoor Championships
C	Weight Throw	M50	18.10	Jan	Jan	11-March-2006	Indoor Championships
C	Weight Throw	M55	17.99	Jan	Jan	2010	Indoor Championships
	Weight Throw	M60	12.88	Brock	Pullen	26-Feb-2012	OMA Championships, TTFC, Toronto, ON
	Weight Throw	M60	11.57	Brock	Pullen	11-March-2012	CMA Championships, TTFC, Toronto, ON
	Weight Throw	M60	14.42	Bill	Pearson	03-Feb-2013	OMA Mini Meet #2, TTFC, Toronto, ON
	Weight Throw	M60	17.62	Jan	Graczyk	10-March-2013	OMA Championships, TTFC, Toronto, ON
N	Weight Throw	M60	17.84	Ayman	Mazhar	8-March-2020	OMA Championships, TTFC, Toronto, ON
C	Weight Throw	M65	13.55	Brock	Pullen	22-Feb-2015	OMA Championships, TTFC, Toronto, ON
	Weight Throw	M70	15.84	Helmut	Lange		Indoor Championships
C	Weight Throw	M70	15.84	John	Kasperski	9-March-2014	OMA Indoor Champs, TTFC, Toronto, ON
	Weight Throw	M75	10.05	Max	Woerle	12-Feb-2006	Toronto
	Weight Throw	M75	15.07	Emil	Muller	27-Feb-2011	OMA Championships
	Weight Throw	M75	15.58	Emil	Muller	17-Dec-2011	Ottawa Super Sees #1, Ottawa, ON
	Weight Throw	M75	15.75	Emil	Muller	04-Feb-2012	Ottawa Super Sees, Ottawa, ON
C	Weight Throw	M75	15.81	Emil	Muller	11-Feb-2012	Ottawa Super Sees, Ottawa, ON
	Weight Throw	M80	13.67	Garry	Bachman	13-March-2005	Toronto
C	Weight Throw	M80	14.67	Emil	Muller	19-December-2015	Ottawa Lions Super Saturday Ottawa, ON
C	Weight Throw	M85	13.55	Garry	Bachman	25-Feb-2007	Toronto
	Weight Throw	M90	9.48	Garry	Bachman	08-Jan-2012	OMA Mini Meet #1, TTFC, Toronto, ON
C	Weight Throw	M90	10.01	Garry	Bachman	22-Jan-2012	OMA Mini Meet #2, TTFC, Toronto, ON
C	Weight Throw	M95	4.79	Alter Singh	Sekhon	24-February-2019	OMA Championships, TTFC, Toronto, ON
	Weight Throw	W35	10.78		Jaam-Shahriari	2005	Indoor Championships
	Weight Throw	W35	16.38	Marie-Josée	Le Jour	13-Jan-2014	OMA Mini Meet #2, TTFC, Toronto ON
	Weight Throw	W35	17.19	Marie-Josée	Le Jour	25-Jan-2014	McGill team Challenge, Montreal, QC
C	Weight Throw	W35	17.64	Marie-Josée	Le Jour	15-March-2014	Canadian Indoor Champs, Montreal, QC
	Weight Throw	W40	6.66	Michelle	Baptie	2010	Indoor Championships
	Weight Throw	W40	7.44	Michelle	Baptie	27-Feb-2011	OMA Championships, TTFC
	Weight Throw	W40	8.05	Michelle	Baptie	08-Jan-2012	OMA Mini Meet #1, TTFC, Toronto, ON
	Weight Throw	W40	7.77	Michelle	Baptie	12-Feb-2012	Mini Meet #3, TTFC, Toronto, ON
C	Weight Throw	W40	9.03	Diane	Bedford	15-March-2015	CMA Champs, TTFC, Toronto, ON
	Weight Throw	W45	10.12	Elizabeth	Hill	2010	Indoor Championships
N	Weight Throw	W45	10.20	Tracy	Viggers	8-March-2020	OMA Championships, TTFC, Toronto, ON
	Weight Throw	W50	10.05	Elizabeth	Hill	06-Feb-2011	
	Weight Throw	W50	10.85	Elizabeth	Hill	13-Feb-2011	
	Weight Throw	W50	11.02	Elizabeth	Hill	27-Feb-2011	OMA Championships, TTFC
	Weight Throw	W50	11.37	Elizabeth	Hill	17-Dec-2011	Ottawa Super Series #1, Ottawa, ON
	Weight Throw	W50	11.63	Elizabeth	Hill	11-March-2012	CMA Championships, TTFC, Toronto, ON
	Weight Throw	W50	12.65	Kristen	Dajia	5-Jan-2014	OMA Mini Meet #1, TTFC, Toronto, ON
C	Weight Throw	M90	13.10	Kristen	Dajia	13-Jan-2014	OMA Mini Meet #2, TTFC, Toronto, ON
	Weight Throw	W50	11.68	Elizabeth	Hill	16-March-2014	CMA Championships, TTFC, Toronto, ON
	Weight Throw	W55	8.42	Rhona	Trott	21-Jan-2007	OMA Mini Meet #1, TTFC
	Weight Throw	W55	10.51	Elizabeth	Hill	15-January-2017	OMA Mini Meet #1, TTFC, Toronto, ON
	Weight Throw	W55	11.92	Dajia	Dajia	10-March-2018	CMA Champs, TTFC, Toronto, ON
	Weight Throw	W55	12.04	Kristen	Dajia	2-February-2020	MM #3, TTFC, Toronto, ON
N	Weight Throw	W55	12.58	Kristen	Dajia	11-January-2020	Dartmouth Relays, Dartmouth College, Hanover, NH
C	Weight Throw	W60	12.03	Rhona	Trott	16-March-2009	OMA Mini Meet #4, TTFC
	Weight Throw	W65	7.50	Mary	Thompson	1995	Indoor Championships
	Weight Throw	W65	10.92	Rhona	Trott	13-Jan-2014	OMA Mini Meet #2, TTFC, Toronto, ON
	Weight Throw	W65	10.93	Doreen	Garner	26-March-2019	WMA Championships, Torun, POL
N	Weight Throw	W65	11.46	Doreen	Garner	5-January-2020	Mini Meet #1, TTFC, Toronto, ON
	Weight Throw	W70	6.53	Lucille	Green	6-January-2019	OMA Mini Meet #1, TTFC, Toronto, ON
C	Weight Throw	W70	7.06	Lucille	Green	17-February-2019	OMA Mini Meet #3, TTFC, Toronto, ON