

2022 Ontario U20, Open & Para Athletics Championships
Athletics Ontario Outdoor Championship Series Meet #2
Toronto Track and Field Centre - 2022-06-10 to 2022-06-12
Results

Event 1 Women 100 Meter Dash U20**16 Advance: Top 3 Each Heat plus Next 7 Best Times**

U20: # 11.21 1981-08-15 Angela BAILEY (62), Univ. of Toronto					
Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 Manor, Kathryn	03	Ottawa Lions T.F.C.	11.94Q	+0.0	1
2 Ulysse, Maria Thérèse	04	Dynamique de Laval	X12.02Q	0.8	2
3 Larkan, Robyn	05	Toronto Racers	12.18Q	-0.4	3
4 Dacosta, Charliana	05	Project Athletic	12.20Q	+0.0	1
5 Martins, Emma	03	Gatineau	X12.24Q	0.8	2
6 Grose, Nia	04	Speed Academy	12.75Q	-0.4	3
7 Fraser, Charlize	05	Brampton Track	12.31Q	+0.0	1
8 Wallace, Tieghan	03	Brockville Legi.	12.62Q	0.8	2
9 Grunys, Maya	04	Lakehead Running	12.83Q	-0.4	3
10 Brown, Janae	03	York Uni. T.F.C.	12.58q	+0.0	1
11 St-Cyr, Sandrine	04	Indépendant	X12.88q	+0.0	1
12 Borgella, Bianca T13;F13	03	Ottawa Lions T.F.C.	12.99q	-0.4	3
13 Campbell, Jada	04	Flying Angels	13.01q	+0.0	1
14 Prendergast, Jordane	05	Golden Eagle TC	13.23q	0.8	2
15 Brown, Ashleigh	03	Unattached Ontario	13.36q	-0.4	3
16 Singh, Nevaeh	08	Project Athletic	13.50q	+0.0	1
17 Oyebola, Chloe	06	Hamilton Olympic	15.00	-0.4	3

Event 1 Women 100 Meter Dash U20

U20: # 11.21 1981-08-15 Angela BAILEY (62), Univ. of Toronto					
Name	Year	Team	Finals	Wind	H#
Finals					
1 Larkan, Robyn	05	Toronto Racers	11.82	0.7	2
2 Manor, Kathryn	03	Ottawa Lions T.F.C.	11.96	0.7	2
3 Ulysse, Maria Thérèse	04	Dynamique de Laval	X12.05	0.7	2
4 Martins, Emma	03	Gatineau	X12.14	0.7	2
5 Grose, Nia	04	Speed Academy	12.18	0.7	2
6 Dacosta, Charliana	05	Project Athletic	12.22	0.7	2
7 Fraser, Charlize	05	Brampton Track	12.32	0.7	2
8 Wallace, Tieghan	03	Brockville Legi.	12.50	0.7	2
9 Brown, Janae	03	York Uni. T.F.C.	12.60	0.2	1
10 Grunys, Maya	04	Lakehead Running	12.63	0.2	1
11 Borgella, Bianca T13;F13	03	Ottawa Lions T.F.C.	12.71	0.2	1
12 St-Cyr, Sandrine	04	Indépendant	X12.92	0.2	1
13 Brown, Ashleigh	03	Unattached Ontario	12.95	0.2	1
14 Campbell, Jada	04	Flying Angels	13.20	0.2	1
15 Prendergast, Jordane	05	Golden Eagle TC	13.30	0.2	1
16 Singh, Nevaeh	08	Project Athletic	13.57	0.2	1

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Event 2 Men 100 Meter Dash U20**16 Advance: Top 3 Each Heat plus Next 1 Best Times**

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U20: # 10.25 2013-06-29 Andre DE GRASSE (94), The Speed Acade

Name	Year	Team	Prelims	Wind	H#
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Preliminaries

1	Small, Almond	03	Flying Angels	10.56Q	1.0	1
2	Barresi, Domenic	03	Hamilton Olympic	10.77Q	0.4	2
3	Spicer, Logan	03	Royal City AC	10.81Q	1.6	3
4	Rose, Jadon	03	Golden Eagle TC	10.82Q	0.8	5
5	Fraser, Desmond	04	Brampton Track	10.94Q	-0.2	4
6	Rose, Jalon	03	Golden Eagle TC	10.92Q	0.8	5
7	Williams, Nicholas	03	Unattached Ontario	10.96Q	-0.2	4
8	Thurton, Bryce	04	Speed Academy	11.06Q	0.4	2
9	Gebara, Seiyf Udeen	03	Ottawa Lions T.F.C.	11.08Q	1.6	3
10	Manouchehr, Dominik	03	Unattached Ontario	11.24Q	1.0	1
11	Nicoletti, Luca	04	Ottawa Lions T.F.C.	11.11Q	0.4	2
12	Carson-Pedri, Nicholas	04	Laurel Creek T.F.C.	11.25Q	1.6	3
13	Steinke, Finn	04	Royal City AC	11.34Q	0.8	5
14	Nelson, Quintin	04	Hamilton Olympic	11.35Q	1.0	1
15	Hipolito, John	04	Mississauga T.F.C.	11.47Q	-0.2	4
16	Denny, Nathan	04	Flying Angels	11.27q	1.6	3
17	Bah, Abdoulaye	04	Hamilton Olympic	11.35	0.4	2
18	Glyn-Williams, Joshuah	04	Monte Cristo	11.46	1.6	3
19	Wallner, Leo	03	Ottawa Lions T.F.C.	11.59	0.4	2
20	Tucker, James	04	Speed Academy	11.61	0.8	5
21	Daniels, Carter	05	Unattached Ontario	11.62	1.0	1
22	Shapiro, Benjamin	04	Ottawa Lions T.F.C.	11.62	0.8	5
23	Sampson, Robert Michael	04	Laurel Creek T.F.C.	11.64	0.4	2
24	Catedral, Robert	04	Mississauga T.F.C.	11.66	1.0	1
25	King, Jackson	05	Durham Dragons	11.72	0.8	5
26	John-Dunslow, Cameron	04	Boost Athletics	11.80	-0.2	4
27	Georges, Kendry	05	Hamilton Olympic	11.81	0.4	2
28	Edward-Etafo, David	07	Speed Academy	12.04	1.6	3
29	Millette, Brycen	04	Speed Academy	12.05	1.6	3
30	O'Brien, Ben	03	London Western	12.05	1.0	1
31	Sansom, Liam	05	Hamilton Olympic	12.14	-0.2	4
32	Alvarez, Christian	04	Mississauga T.F.C.	12.19	0.8	5
33	Perna, Giuliano	05	Unattached Ontario	12.50	-0.2	4
34	Pidsadny, Quinten	07	Uni. Toronto TC	12.62	1.6	3

Event 2 Men 100 Meter Dash U20

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U20: # 10.25 2013-06-29 Andre DE GRASSE (94), The Speed Acade

Name	Year	Team	Finals	Wind	H#
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Finals

1	Small, Almond	03	Flying Angels	10.60	-0.7	2
2	Barresi, Domenic	03	Hamilton Olympic	10.76	-0.7	2
3	Williams, Nicholas	03	Unattached Ontario	10.88	-0.7	2
4	Fraser, Desmond	04	Brampton Track	10.89	-0.7	2



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....Event 2 Men 100 Meter Dash U20

5	Rose, Jadon	03 Golden Eagle TC	10.90	-0.7	2
6	Rose, Jalon	03 Golden Eagle TC	10.92	-0.7	2
7	Spicer, Logan	03 Royal City AC	10.92	-0.7	2
8	Thurton, Bryce	04 Speed Academy	11.00	-0.7	2
9	Nicoletti, Luca	04 Ottawa Lions T.F.C.	11.08	-1.2	1
10	Gebara, Seiyf Udeen	03 Ottawa Lions T.F.C.	11.13	-1.2	1
11	Denny, Nathan	04 Flying Angels	11.23	-1.2	1
12	Manouchehr, Dominik	03 Unattached Ontario	11.28	-1.2	1
13	Carson-Pedri, Nicholas	04 Laurel Creek T.F.C.	11.42	-1.2	1
14	Nelson, Quintin	04 Hamilton Olympic	11.50	-1.2	1
15	Steinke, Finn	04 Royal City AC	11.55	-1.2	1
16	Hipolito, John	04 Mississauga T.F.C.	11.62	-1.2	1

Event 3 Women 100 Meter Dash Open**24 Advance: Top 3 Each Heat plus Next 12 Best Times**

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Open: # 10.95 2015-07-22 Sherone SIMPSON, Jamaica

Name	Year	Team	Prelims	Wind	H#
=====					
Preliminaries					
1	McCreath, Sade	96 Extreme Velocity	11.74Q	+0.0	1
2	Defreitas, Tameran	94 South Simcoe	11.89Q	-0.1	2
3	McDermott, Brynley	03 Speed Academy	11.92Q	-0.3	4
4	Davis, Von	98 Royal City AC	12.17Q	-0.1	3
5	Bollers, Ashantai	02 Project Athletic	11.97Q	-0.1	2
6	Reynolds, Maya	98 South Simcoe	12.15Q	+0.0	1 12.141
7	Miller, Trinity	03 Golden Eagle TC	12.15Q	-0.3	4 12.142
8	Drosdowech, Sonja	98 Royal City AC	12.46Q	-0.1	3
9	Colaie, Shaleah	01 Durham Legion	12.11Q	-0.1	2
10	Harris, Kimora	00 York Uni. T.F.C.	12.57Q	-0.3	4
11	Smart, Sian	90 Toronto Racers	12.64Q	+0.0	1
12	Edington, Alisha	04 York Uni. T.F.C.	13.23Q	-0.1	3
13	Boa, Diana	99 York Uni. T.F.C.	12.65q	-0.3	4
14	Dakin, Soriyah	02 Extreme Velocity	12.91q	-0.1	2
15	White, Sydney	02 Lakehead Running	12.92q	+0.0	1
16	Bryson, Megan	01 Lakehead Running	13.10q	+0.0	1
17	Naoum, Catherine	97 Saint-Laurent	X13.31q	-0.1	2 13.305
18	Lyn, Isabelle	01 Maximus Performance	13.31q	-0.3	4 13.307
19	Ostertag, Coralie	02 Ottawa Lions T.F.C.	13.44q	-0.3	4
20	Okafor, Kimberley	01 Unattached Ontario	13.47q	-0.1	2
21	Robert-Maduekwe, Chiagoz	96 Maximus Performance	13.78q	-0.1	3
22	Brennan, Kelly	97 Ottawa Lions T.F.C.	13.79q	+0.0	1
23	Blom, Stephanie	96 Unattached Ontario	14.80q	+0.0	1
--	Vieux, Kayla	01 C.A.N.I. Athletics	DNF	-0.1	2

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Event 3 Women 100 Meter Dash Open

=====					
Open: # 10.95 2015-07-22 Sherone SIMPSON, Jamaica					
Name	Year	Team	Finals	Wind	H#
=====					
Finals					
1	Defreitas, Tameran	94 South Simcoe	11.88	-1.3	3
2	McDermott, Brynley	03 Speed Academy	12.02	-1.3	3
3	Bollers, Ashantai	02 Project Athletic	12.16	-1.3	3
4	Reynolds, Maya	98 South Simcoe	12.21	-1.3	3
5	Davis, Von	98 Royal City AC	12.21	-1.3	3
6	Drosdowech, Sonja	98 Royal City AC	12.55	-1.3	3
7	Harris, Kimora	00 York Uni. T.F.C.	12.63	-1.0	2
8	Boa, Diana	99 York Uni. T.F.C.	12.82	-1.0	2
9	Smart, Sian	90 Toronto Racers	12.89	-1.0	2
10	Bryson, Megan	01 Lakehead Running	13.12	-1.0	2
11	White, Sydney	02 Lakehead Running	13.20	-1.0	2
12	Naoum, Catherine	97 Saint-Laurent	X13.22	-0.1	1
13	Ostertag, Coralie	02 Ottawa Lions T.F.C.	13.31	-0.1	1
14	Edington, Alisha	04 York Uni. T.F.C.	13.31	-1.0	2
15	Okafor, Kimberley	01 Unattached Ontario	13.74	-0.1	1
16	Brennan, Kelly	97 Ottawa Lions T.F.C.	13.81	-0.1	1
17	Robert-Maduekwe, Chiagoz	96 Maximus Performance	13.82	-0.1	1

Event 4 Men 100 Meter Dash Open**24 Advance: Top 2 Each Heat plus Next 6 Best Times**

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Canadian: ! 9.84 1996-07-27 Donovan Bailey, Corsire-Chaparral					
Open: # 9.84 1996-07-27 Donovan BAILEY (67), Canada					
Name	Year	Team	Prelims	Wind	H#
=====					
Preliminaries					
1	Adjibi, Eliezer	00 C.A.N.I. Athletics	10.45Q	0.8	2
2	Griffith, Kuron	99 York Uni. T.F.C.	10.46Q	0.1	4
3	Boateng, Bismark	92 Unattached Ontario	10.49Q	1.5	1
4	Bourgault, Julien	00 Université Laval	X10.67Q	0.8	8
5	Smellie, Gavin	86 Flying Angels	10.69Q	1.1	3
6	Ajiroba, Emmanuel	00 Flying Angels	10.81Q	1.5	9
7	Ugoh, Oluchi	01 Flying Angels	10.85Q	0.1	5
8	Lunda, Joshua	95 Unattached NS	X10.94Q	-0.3	7
9	Onyemah, Immanuel	00 Unattached Ontario	10.99Q	-0.5	6
10	McKenzie, Jordan	01 Speed Academy	10.72Q	1.5	1
11	Henri, Jordan	01 Unattached NB	X10.82Q	1.1	3
12	Dowhos, Niko	01 Lakehead Running	10.83Q	0.1	4
13	Brookes, Zion	02 The Gazelles	10.88Q	0.8	2
14	Jones, Logan	96 Unattached Ontario	10.94Q	0.1	5
15	Augimeri, Alexander	97 Toronto Racers	10.97Q	0.8	8
16	Yassin, Mohamed	93 Royal City AC	11.02Q	1.5	9
17	Berry, Daquan	00 Speed Academy	11.06Q	-0.5	6
18	Jackson, Kejean	97 York Uni. T.F.C.	11.11Q	-0.3	7
19	Palmer, Isaiah	01 Flying Angels	10.74q	1.5	1
20	Tran, Phu Thanh	98 Saint-Laurent	X10.88q	0.1	4

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....Event 4 Men 100 Meter Dash Open

21 O'Keeffe, Nathan	96 Peterborough	10.98q	1.5	1
22 Ben-Smith, Bertwin	97 Ottawa Lions T.F.C.	10.99q	0.1	5
23 De La Cruz, Addison	00 York Uni. T.F.C.	11.00q	0.8	2
24 Sutton, Eric	98 Peterborough	11.07q	1.5	1
25 Bacchus, Omar	01 Sherbrooke	X11.09	0.8	8
26 Ali, Adrian	00 York Uni. T.F.C.	11.11	1.5	9
27 Marneris, Jimmy	99 Perfmax-Racing	X11.12	-0.3	7
28 Buckham, Dave	99 Flying Angels	11.17	-0.3	7
29 Tang, Brandon	02 Toronto Racers	11.18	-0.5	6
30 Bryant, Zach	02 Ottawa Lions T.F.C.	11.21	0.1	4
31 Pinnock, Michael	00 Ottawa Lions T.F.C.	11.22	0.1	4
32 Menzies, Robbie	00 Unattached Ontario	11.26	-0.3	7
33 Leung, Jake	00 Toronto Racers	11.26	-0.3	7
34 Ogunrinde, Oluwapelumi	02 York Uni. T.F.C.	11.27	0.8	2
35 Mather, Liam	00 London Legion	11.28	1.5	9
36 Jamal, Braenen	93 Unattached Ontario	11.37	-0.5	6
37 Lam, Kristofer	92 Unattached Ontario	11.37	0.8	8
38 Henok, Felimon	99 Blue Devils AC	11.39	-0.5	6
39 Downs, Champion	99 York Uni. T.F.C.	11.42	1.1	3
40 Annan, Andrew	90 Unattached	X11.49	1.5	9
41 Diseko, Jelani	02 Flying Angels	11.49	0.8	8
42 Noël De Tilly, Alexandre	00 Track North AC	11.49	1.5	1
43 Moustafa, Ibrahim	95 York Uni. T.F.C.	11.59	1.5	9
44 Akintade, Richards	03 York Uni. T.F.C.	11.63	0.1	5
45 Sivarajah, Yathusan	02 York Uni. T.F.C.	11.68	0.8	2
46 Dowhoszya, Colton	02 Lakehead Running	11.69	0.1	4
47 Chen, Shun	02 Uni. Toronto TC	11.73	1.5	9
48 Mayer, Tyson	02 Lakehead Running	11.73	-0.3	7
49 Makcemus, Markmeena	99 York Uni. T.F.C.	11.80	0.8	8
50 Evans, Ryan	99 Saint John Reds	X11.99	-0.5	6
51 Runions, Jacob	99 London Western	12.07	0.8	2
52 Gnanapragasam, Emil	96 Flying Angels	12.28	1.1	3
53 Ballentyne-Campbell, Mal	00 Flying Angels	12.38	0.1	4
54 Ong, Sonny	88 Champs Int.	12.46	0.1	5
55 Mondonedeo, Karl	03 Centro Scuola	12.73	-0.5	6
56 Rameez, Muhammad	03 Golden Eagle TC	12.84	0.8	8
57 Murray, Trevor	93 Unattached Ontario	13.99	1.5	9
-- Manuel, Alex	94 Ottawa Lions T.F.C.	DNF	0.1	5

Event 4 Men 100 Meter Dash Open

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 Canadian: ! 9.84 1996-07-27 Donovan Bailey, Corsire-Chaparral

Open: # 9.84 1996-07-27 Donovan BAILEY (67), Canada

Name Year Team Finals Wind H#

Finals

1 Adjibi, Eliezer	00 C.A.N.I. Athletics	10.39	0.4	3
2 Griffith, Kuron	99 York Uni. T.F.C.	10.42	0.4	3
3 Boateng, Bismark	92 Unattached Ontario	10.42	0.4	3
4 Bourgault, Julien	00 Université Laval	X10.65	0.4	3



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....Event 4 Men 100 Meter Dash Open

5 Ugoh, Oluchi	01 Flying Angels	10.72	0.4	3
6 Dowhos, Niko	01 Lakehead Running	10.74	0.1	2
7 McKenzie, Jordan	01 Speed Academy	10.76	0.1	2
8 Lunda, Joshua	95 Unattached NS	X10.77	0.4	3
9 Ajiroba, Emmanuel	00 Flying Angels	10.78	0.4	3
10 Onyemah, Immanuel	00 Unattached Ontario	10.82	0.1	2
11 Brookes, Zion	02 The Gazelles	10.87	0.1	2
12 Yassin, Mohamed	93 Royal City AC	10.90	0.1	2
13 Tran, Phu Thanh	98 Saint-Laurent	X10.91	-0.7	1
14 Berry, Daquan	00 Speed Academy	10.92	-0.7	1
15 Augimeri, Alexander	97 Toronto Racers	10.93	0.1	2
16 Jones, Logan	96 Unattached Ontario	10.95	0.1	2
17 De La Cruz, Addison	00 York Uni. T.F.C.	11.05	-0.7	1
18 O'Keefe, Nathan	96 Peterborough	11.11	-0.7	1
19 Ben-Smith, Bertwin	97 Ottawa Lions T.F.C.	11.12	-0.7	1
20 Jackson, Kejean	97 York Uni. T.F.C.	11.17	-0.7	1
21 Sutton, Eric	98 Peterborough	11.18	-0.7	1
-- Palmer, Isaiah	01 Flying Angels	DNF	-0.7	1

Event 5 Women 100 Meter Dash Ambulatory

Name	Year Team	Finals	Wind
1 Girn, Monika T13	04 Unattached	X13.65	0.3
2 Swinson, Shannon	00 Niagara Olympic	15.49	0.3

Event 6 Men 100 Meter Dash Ambulatory Ambulatory

Name	Year Team	Finals	Wind
1 Quarcoo, George T12	94 I Be Fast TC	12.07	0.8
2 Kuchemann, Erik T37	00 Athletics Niagara	13.00	0.8
3 Anyimadu, Joshua T13	97 York Uni. T.F.C.	13.49	0.8
4 Booth, Hudson T38;F38	99 I Be Fast TC	13.55	0.8

Event 8 Men 100 Meter Dash Wheelchair

Name	Year Team	Finals	Wind
1 Young, Tai T53;F54	04 Cruisers Sports	19.40	-1.3
2 Babcock, Brett T51;F51	94 National Capital	26.86	-1.3

Event 9 Women 200 Meter Dash U20**24 Advance: Top 2 Each Heat plus Next 12 Best Times**

Name	Year Team	Prelims	Wind	H#
U20: # 22.86 1981-08-15 Angela BAILEY (62), Univ. of Toronto				
Preliminaries				
1 Manor, Kathryn	03 Ottawa Lions T.F.C.	24.90Q	1.5	4

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....Event 9 Women 200 Meter Dash U20

2	Fraser, Charlize	05	Brampton Track	25.17Q	0.6	1
3	Ulysse, Maria Thérèse	04	Dynamique de Laval	X25.28Q	0.7	2
4	Dacosta, Charliana	05	Project Athletic	25.47Q	0.9	6
5	Grunys, Maya	04	Lakehead Running	25.58Q	0.4	5
6	Reid, Hailey	04	Monte Cristo	25.91Q	-0.5	3
7	Rivard, Lexy	04	Unattached Ontario	25.72Q	0.6	1
8	Wallace, Tieghan	03	Brockville Legi.	25.74Q	0.9	6
9	Grose, Nia	04	Speed Academy	25.85Q	0.4	5
10	Dundas, Stephanie	05	Speed Academy	26.43Q	1.5	4
11	McQuinn, Cora	04	Ottawa Lions T.F.C.	26.48Q	-0.5	3
12	Ojo, Hillary	04	Etobicoke T.F.C.	26.52Q	0.7	2
13	Goddard, Audrey	04	Ottawa Lions T.F.C.	25.89q	0.4	5
14	St-Cyr, Sandrine	04	Indépendant	X26.33q	0.6	1
15	Murchison, Charlotte	04	Ottawa Lions T.F.C.	26.48q	0.4	5
16	Stewart, Sydney	05	Lakehead Running	26.52q	1.5	4
17	Gilmour, Audrey	03	Ottawa Lions T.F.C.	26.63q	-0.5	3
18	Dasilva, Aly	03	Lakehead Running	26.71q	0.7	2
19	Parker, Rebecca	03	Windsor Legion	26.73q	0.4	5
20	Brown, Esme	04	Speed Academy	26.77q	0.9	6
21	Selkirk, Robin	03	London Western	26.78q	0.9	6
22	Cross, Laura	04	Ottawa Lions T.F.C.	26.90q	0.9	6
23	Brown, Ashleigh	03	Unattached Ontario	26.95q	0.6	1
24	Savignac, Jasmine	04	Track North AC	27.06q	1.5	4
25	Cattana, Simone	04	Uni. Toronto TC	27.24	1.5	4
26	Salwonchuk, Sasha	07	Speed Academy	27.42	0.7	2
27	Wilson, Michaela	04	Durham Legion	27.53	0.9	6
28	Van Gaalen, Imani	04	Kitch. Waterloo	27.54	0.7	2
29	Arnold, Keira	05	Speed Academy	27.60	-0.5	3
30	Snihura, Inessa	04	Monte Cristo	27.93	-0.5	3
31	Cheng, Lauren	06	Uni. Toronto TC	28.25	-0.5	3
32	Singh, Nevaeh	08	Project Athletic	28.88	0.6	1

Event 9 Women 200 Meter Dash U20

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U20: # 22.86 1981-08-15 Angela BAILEY (62), Univ. of Toronto

Name	Year	Team	Finals	Wind	H#
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Finals

1	Manor, Kathryn	03	Ottawa Lions T.F.C.	24.75	1.4	3
2	Fraser, Charlize	05	Brampton Track	24.80	1.4	3
3	Ulysse, Maria Thérèse	04	Dynamique de Laval	X24.84	1.4	3
4	Grunys, Maya	04	Lakehead Running	25.48	1.4	3
5	Dacosta, Charliana	05	Project Athletic	25.54	1.4	3
6	Grose, Nia	04	Speed Academy	25.58	1.0	2
7	Goddard, Audrey	04	Ottawa Lions T.F.C.	25.78	1.0	2
8	Reid, Hailey	04	Monte Cristo	25.79	1.4	3
9	Rivard, Lexy	04	Unattached Ontario	25.81	1.4	3
10	Ojo, Hillary	04	Etobicoke T.F.C.	26.04	1.0	2
11	Murchison, Charlotte	04	Ottawa Lions T.F.C.	26.24	1.0	2
12	Dundas, Stephanie	05	Speed Academy	26.26	1.0	2



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....Event 9 Women 200 Meter Dash U20

13 Dasilva, Aly	03 Lakehead Running	26.28	1.6	1
14 St-Cyr, Sandrine	04 Indépendant	X26.30	1.0	2
15 Gilmour, Audrey	03 Ottawa Lions T.F.C.	26.36	1.6	1
16 Stewart, Sydney	05 Lakehead Running	26.65	1.0	2
17 Brown, Esme	04 Speed Academy	26.71	1.6	1
18 Brown, Ashleigh	03 Unattached Ontario	26.73	1.6	1
19 Cross, Laura	04 Ottawa Lions T.F.C.	27.21	1.6	1
20 Selkirk, Robin	03 London Western	27.22	1.6	1

Event 10 Men 200 Meter Dash U20**24 Advance: Top 3 Each Heat plus Next 6 Best Times**

U20: # 20.65 1994-07-03 Eric FREMPONG-MANSO (75), Etobicoke H

Name	Year Team	Prelims	Wind	H#
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Preliminaries

1 Small, Almond	03 Flying Angels	21.25Q	1.8	1
2 Barresi, Domenic	03 Hamilton Olympic	21.57Q	1.1	2
3 Williams, Nicholas	03 Unattached Ontario	22.10Q	0.6	6
4 Nicoletti, Luca	04 Ottawa Lions T.F.C.	22.15Q	1.5	4
5 Fraser, Desmond	04 Brampton Track	22.29Q	1.2	5
6 Gebara, Seiyf Udeen	03 Ottawa Lions T.F.C.	22.46Q	2.5	3
7 Spicer, Logan	03 Royal City AC	22.10Q	0.6	6
8 Rose, Jalon	03 Golden Eagle TC	22.19Q	1.5	4
9 Thurton, Bryce	04 Speed Academy	22.73Q	1.8	1
10 Manouchehr, Dominik	03 Unattached Ontario	22.92Q	1.1	2
11 Denny, Nathan	04 Flying Angels	23.05Q	2.5	3
12 Kukla-Colby, Thomas	04 Ottawa Lions T.F.C.	23.42Q	1.2	5
13 Prato, Zavio	05 Hamilton Olympic	22.80Q	0.6	6
14 Bah, Abdoulaye	04 Hamilton Olympic	22.94Q	1.5	4
15 Glyn-Williams, Joshua	04 Monte Cristo	23.36Q	1.8	1
16 Daniels, Carter	05 Unattached Ontario	23.56Q	1.1	2
17 Willson, William	06 London Legion	23.81Q	2.5	3
18 Delsaut, Frank	05 Kitch. Waterloo	24.29Q	1.2	5
19 Belanger, Dylen	04 St Thomas Legion	22.97q	1.5	4
20 Carson-Pedri, Nicholas	04 Laurel Creek T.F.C.	23.02q	0.6	6
21 Cabral, Noah	03 Mississauga T.F.C.	23.65q	1.5	4
22 Murillo-Samuel, Xavier	05 Uni. Toronto TC	23.67q	1.5	4
23 Fujii, Yujiro	05 Kitch. Waterloo	23.74q	1.1	2
24 Grant, Markus	05 Monte Cristo	23.83q	1.8	1
25 Shapiro, Benjamin	04 Ottawa Lions T.F.C.	24.04	0.6	6
26 Georges, Kendry	05 Hamilton Olympic	24.06	1.1	2
27 Millette, Brycen	04 Speed Academy	24.15	0.6	6
28 Allen, Chase	03 Windsor Legion	24.26	0.6	6
29 Edward-Etafo, David	07 Speed Academy	24.34	1.8	1
30 Theodore, Zachary	05 Ottawa Lions T.F.C.	24.94	1.5	4
31 Pidsadny, Quinten	07 Uni. Toronto TC	26.04	1.1	2
-- Rose, Jadon	03 Golden Eagle TC	DQ	1.2	5 tr 17.3

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Event 10 Men 200 Meter Dash U20

U20: # 20.65 1994-07-03 Eric FREMPONG-MANSO (75), Etobicoke H

Name Year Team Finals Wind H#

Finals

1	Small, Almond	03	Flying Angels	21.14	0.9	3
2	Nicoletti, Luca	04	Ottawa Lions T.F.C.	21.90	0.9	3 0
3	Spicer, Logan	03	Royal City AC	21.93	0.9	3
4	Fraser, Desmond	04	Brampton Track	22.15	0.9	3
5	Gebara, Seiyf Udeen	03	Ottawa Lions T.F.C.	22.33	0.9	3
6	Rose, Jalon	03	Golden Eagle TC	22.56	0.9	3
7	Denny, Nathan	04	Flying Angels	22.67	-1.2	2
8	Bah, Abdoulaye	04	Hamilton Olympic	22.84	-1.2	2
9	Manouchehr, Dominik	03	Unattached Ontario	22.85	-1.2	2
10	Thurton, Bryce	04	Speed Academy	22.92	-1.2	2
11	Belanger, Dylen	04	St Thomas Legion	23.12	0.6	1
12	Kukla-Colby, Thomas	04	Ottawa Lions T.F.C.	23.33	-1.2	2
13	Carson-Pedri, Nicholas	04	Laurel Creek T.F.C.	23.47	0.6	1
14	Murillo-Samuel, Xavier	05	Uni. Toronto TC	23.74	0.6	1
15	Daniels, Carter	05	Unattached Ontario	23.82	-1.2	2
16	Willson, William	06	London Legion	23.87	0.6	1
17	Glyn-Williams, Joshua	04	Monte Cristo	23.94	-1.2	2
18	Grant, Markus	05	Monte Cristo	23.99	0.6	1
19	Cabral, Noah	03	Mississauga T.F.C.	24.35	0.6	1
20	Delsaut, Frank	05	Kitch. Waterloo	24.39	0.6	1
21	Fujii, Yujiro	05	Kitch. Waterloo	24.43	0.6	1
--	Barresi, Domenic	03	Hamilton Olympic	DQ	0.9	3 17.5

Event 11 Women 200 Meter Dash Open**24 Advance: Top 3 Each Heat plus Next 9 Best Times**

Open: # 22.50 2017-07-18 Crystal EMMANUEL (91), Flying Angels

Name Year Team Prelims Wind H#

Preliminaries

1	Madogo, Jacqueline	00	Royal City AC	24.06Q	2.6	1
2	McDermott, Brynley	03	Speed Academy	24.18Q	0.9	5
3	Defreitas, Tameran	94	South Simcoe	24.20Q	1.8	2
4	Innanen, Katrina	97	Toronto Racers	24.43Q	1.0	4
5	Jackson, Audrey	98	Saint-Laurent	X24.62Q	1.3	3
6	McCreath, Sade	96	Extreme Velocity	24.50Q	1.0	4
7	Bollers, Ashantai	02	Project Athletic	24.52Q	0.9	5
8	Colaire, Shaleah	01	Durham Legion	24.58Q	1.8	2
9	Ryan, Maya	00	Toronto Racers	25.16Q	1.3	3
10	Dulude Bellavance, Sarah	01	Quebec	X25.22Q	2.6	1
11	Abiodun, Nike	00	Royal City AC	25.22Q	1.0	4
12	Stieh, Amy	01	Lakehead Running	25.26Q	1.8	2
13	Lewis, Jazmyn	99	Speed Academy	25.33Q	0.9	5
14	Ogunremi, Doyin	02	Ottawa Lions T.F.C.	25.46Q	1.3	3
15	Blair, Hannah	00	Laurel Creek T.F.C.	25.70Q	2.6	1
16	Tejiofo, Fiola	02	Université Laval	X25.51q	0.9	5



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....Event 11 Women 200 Meter Dash Open

17 Reinfels, Helena	94 Saint-Laurent	X25.54q	1.8	2
18 Van Hooft, Brittany	98 Unattached Ontario	25.60q	0.9	5
19 Procyk, Paulina	02 Ottawa Lions T.F.C.	25.76q	1.0	4
20 Couturier, Rosalie	01 Université Laval	X25.76q	1.3	3
21 Boa, Diana	99 York Uni. T.F.C.	26.09q	1.0	4
22 McCormick, Brooklyn	01 Ottawa Lions T.F.C.	26.16q	1.3	3
23 White, Sydney	02 Lakehead Running	26.32q	0.9	5
24 Fritzley, Emily	02 Royal City AC	26.34q	2.6	1
25 Torrance, Megan	01 Blue Devils AC	26.66	2.6	1
26 Mahajan, Sia	02 Ottawa Lions T.F.C.	26.85	1.8	2
27 Naoum, Catherine	97 Saint-Laurent	X27.43	2.6	1
28 Brennan, Kelly	97 Ottawa Lions T.F.C.	27.49	1.3	3
29 Ostertag, Coralie	02 Ottawa Lions T.F.C.	27.60	0.9	5
30 Amankwah, Edwina	01 Project Athletic	27.79	1.8	2
31 Ware, Aimee	95 Newmarket Huskie	28.89	0.9	5

Event 11 Women 200 Meter Dash Open

Open: # 22.50 2017-07-18 Crystal EMMANUEL (91), Flying Angels

Name	Year Team	Finals	Wind	H#
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Finals

1 Madogo, Jacqueline	00 Royal City AC	23.66	-0.5	3
2 Defreitas, Tameran	94 South Simcoe	23.94	-0.5	3
3 McCreath, Sade	96 Extreme Velocity	24.11	-0.5	3
4 McDermott, Brynley	03 Speed Academy	24.44	-0.5	3
5 Innanen, Katrina	97 Toronto Racers	24.58	-0.5	3
6 Bollers, Ashantai	02 Project Athletic	24.83	-0.5	3
7 Dulude Bellavance, Sarah	01 Quebec	X24.90	1.0	2
8 Colaire, Shaleah	01 Durham Legion	24.94	-0.5	3
9 Abiodun, Nike	00 Royal City AC	25.19	1.0	2
10 Stieh, Amy	01 Lakehead Running	25.25	1.0	2
11 Ogunremi, Doyin	02 Ottawa Lions T.F.C.	25.29	1.0	2
12 Ryan, Maya	00 Toronto Racers	25.40	1.0	2
13 Lewis, Jazmyn	99 Speed Academy	25.42	1.0	2
14 Tejiofo, Fiola	02 Université Laval	X25.54	1.0	2
15 Blair, Hannah	00 Laurel Creek T.F.C.	25.65	1.0	2
16 Van Hooft, Brittany	98 Unattached Ontario	25.75	1.5	1
17 Procyk, Paulina	02 Ottawa Lions T.F.C.	25.76	1.5	1
18 McCormick, Brooklyn	01 Ottawa Lions T.F.C.	26.26	1.5	1
19 Fritzley, Emily	02 Royal City AC	26.42	1.5	1

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Event 12 Men 200 Meter Dash Open**24 Advance: Top 2 Each Heat plus Next 8 Best Times**

Canadian: ! 19.62 2021-08-04 Andre De Grasse, Speed Academy
 Open: # 19.88 2015-07-24 Andre De GRASSE (94), Canada

Name	Year	Team	Prelims	Wind	H#
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Preliminaries

1	McKenzie, Jordan	01	Speed Academy	21.56Q	0.3	7
2	Collins, Alexander	02	C.A.N.I. Athletics	21.75Q	1.1	3
3	Bravakis, Emmett	00	Toronto Racers	21.77Q	1.2	8
4	Brookes, Zion	02	The Gazelles	21.85Q	1.9	5
5	Lunda, Joshua	95	Unattached NS	X21.88Q	1.1	4
6	White, Jalon	00	Project Athletic	21.89Q	-0.5	2
7	Berry, Daquan	00	Speed Academy	21.90Q	0.8	6
8	Ben-Smith, Bertwin	97	Ottawa Lions T.F.C.	21.96Q	0.6	1
9	Jones, Logan	96	Unattached Ontario	21.90Q	-0.5	2
10	Jamal, Braenen	93	Unattached Ontario	22.13Q	1.1	4
11	Davis, Richard	02	Royal City AC	22.14Q	0.6	1
12	Yassin, Mohamed	93	Royal City AC	22.29Q	0.3	7
13	Landon, Dillon	02	Ottawa Lions T.F.C.	22.44Q	1.1	3
14	Jackson, Kejean	97	York Uni. T.F.C.	22.48Q	0.8	6
15	Di Florio, Alexander	01	Centro Scuola	22.65Q	1.2	8
16	Hehn, Nathan	98	Unattached Ontario	22.74Q	1.9	5
17	Marneris, Jimmy	99	Perfmax-Racing	X22.33q	0.3	7
18	Pinnock, Michael	00	Ottawa Lions T.F.C.	22.38q	1.1	4
19	Exley, Adam	01	Toronto Racers	22.46q	1.1	4
20	Teal, Carter	02	Royal City AC	22.49q	-0.5	2
21	Menzies, Robbie	00	Unattached Ontario	22.58q	0.3	7
22	Buckham, Davede	99	Flying Angels	22.66q	1.2	8
23	McClelland, Ryan	96	Toronto Racers	22.68q	1.1	3
24	Reyes, Cameron	01	Toronto Racers	22.74q	0.8	6
25	Bacchus, Omar	01	Sherbrooke	X22.75	1.9	5
26	Isaac, Anthony	02	Border City AC	22.81	0.8	6
27	Henok, Felimon	99	Blue Devils AC	22.81	0.3	7
28	Downs, Champion	99	York Uni. T.F.C.	22.94	0.6	1
29	Richards, Matthew	02	Flying Angels	22.98	0.3	7
30	Hamilton, Josh	00	Royal City AC	23.00	-0.5	2
31	Tran, Phu Thanh	98	Saint-Laurent	X23.03	0.6	1
32	Moustafa, Ibrahim	95	York Uni. T.F.C.	23.06	1.1	4
33	Bryant, Zach	02	Ottawa Lions T.F.C.	23.15	1.9	5
34	Dizon-Spence, Kaya	01	Toronto Racers	23.53	1.2	8
35	Dowhoszya, Colton	02	Lakehead Running	23.64	1.1	3
36	Makcemus, Markmeena	99	York Uni. T.F.C.	23.78	1.9	5
37	Noël De Tilly, Alexandre	00	Track North AC	23.79	1.1	4
38	Ghadghoni, Ali	93	Newmarket Huskie	24.10	1.1	3
39	Akintade, Richards	03	York Uni. T.F.C.	24.20	-0.5	2
40	Gnanapragasam, Emil	96	Flying Angels	25.20	0.8	6
41	Mondonedo, Karl	03	Centro Scuola	25.63	1.2	8
42	Graenert, Mirco	69	Newmarket Huskie	25.78	0.3	7
--	O'Keefe, Nathan	96	Peterborough	DQ	-0.5	2 tr17.3
--	Ugoh, Oluchi	01	Flying Angels	DQ	1.1	4 16.9

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Event 12 Men 200 Meter Dash Open

Canadian: ! 19.62 2021-08-04 Andre De Grasse, Speed Academy
 Open: # 19.88 2015-07-24 Andre De GRASSE (94), Canada

Name	Year	Team	Finals	Wind	H#
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Finals

1	McKenzie, Jordan	01	Speed Academy	21.39	0.9	3
2	Bravakis, Emmett	00	Toronto Racers	21.46	0.9	3
3	White, Jalon	00	Project Athletic	21.49	0.9	3
4	Collins, Alexander	02	C.A.N.I. Athletics	21.57	0.9	3
5	Ben-Smith, Bertwin	97	Ottawa Lions T.F.C.	21.63	0.9	3
6	Brookes, Zion	02	The Gazelles	21.73	0.9	3
7	Jones, Logan	96	Unattached Ontario	21.77	1.2	2
8	Lunda, Joshua	95	Unattached NS	X21.84	0.9	3
9	Davis, Richard	02	Royal City AC	22.06	1.2	2
10	Jamal, Braenen	93	Unattached Ontario	22.14	1.2	2
11	Yassin, Mohamed	93	Royal City AC	22.20	1.2	2
12	Jackson, Kejean	97	York Uni. T.F.C.	22.21	1.2	2
13	Pinnock, Michael	00	Ottawa Lions T.F.C.	22.41	1.0	1
14	Teal, Carter	02	Royal City AC	22.45	1.0	1
15	Marneris, Jimmy	99	Perfmax-Racing	X22.47	1.0	1
16	Reyes, Cameron	01	Toronto Racers	22.54	1.0	1
17	Landon, Dillon	02	Ottawa Lions T.F.C.	22.68	1.2	2
18	Buckham, Davede	99	Flying Angels	22.70	1.0	1
19	Hehn, Nathan	98	Unattached Ontario	22.78	1.2	2
20	Exley, Adam	01	Toronto Racers	22.92	1.0	1
21	Di Florio, Alexander	01	Centro Scuola	22.92	1.2	2

Event 13 Women 200 Meter Dash Ambulatory

Name	Year	Team	Finals	Wind
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1	Girn, Monika T13	04	Unattached	X28.24	1.6
2	Swinson, Shannon	00	Niagara Olympic	33.30	1.6

Event 14 Men 200 Meter Dash Ambulatory

Name	Year	Team	Finals	Wind
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1	Snider, Peter T20;F20	94	I Be Fast TC	25.67	0.5
2	Konkle, Owen T20	99	I Be Fast TC	26.79	0.5
3	Kuchemann, Erik T37	00	Athletics Niagara	27.09	0.5
4	Booth, Hudson T38;F38	99	I Be Fast TC	28.27	0.5

Event 16 Men 200 Meter Dash Wheelchair

Name	Year	Team	Finals	Wind
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1	Young, Tai T53;F54	04	Cruisers Sports	34.40	1.4
2	Babcock, Brett T51;F51	94	National Capital	47.72	1.4

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Event 17 Women 400 Meter Dash U20**16 Advance: Top 3 Each Heat plus Next 4 Best Times**

Name	Year	Team	Prelims	H#
U20: # 51.85	1984-07-25	Jillian RICHARDSON (65), York Un		

Preliminaries

1	Akinduro, Tolulope	04 Flying Angels	57.34Q	1
2	Dasilva, Aly	03 Lakehead Running	58.29Q	2
3	Ojo, Hillary	04 Etobicoke T.F.C.	58.59Q	3
4	Strickler, Mattson	03 Ottawa Lions T.F.C.	59.59Q	4
5	Fearon, Madison	04 Monte Cristo	59.34Q	3
6	McQuinn, Cora	04 Ottawa Lions T.F.C.	59.71Q	4 59.701
7	Heath, Jasmine	03 York Uni. T.F.C.	59.71Q	2 59.702
8	Brennan, Emily	04 Ottawa Lions T.F.C.	59.77Q	1
9	Metivier, Maya	04 Monte Cristo	1:00.00Q	1
10	Gilmour, Audrey	03 Ottawa Lions T.F.C.	1:00.17Q	2
11	La-Rose, Arden	03 Central Toronto	1:00.59Q	3
12	Murchison, Charlotte	04 Ottawa Lions T.F.C.	1:01.44Q	4
13	Wilson, Michaela	04 Durham Legion	1:00.44q	2
14	Munro, Grace	04 Ottawa Lions T.F.C.	1:00.91q	1
15	Salwonchuk, Sasha	07 Speed Academy	1:01.13q	2
16	Mrozewski, Kristen	03 Track North AC	1:01.49q	3
17	Watson, Charlotte	04 Blue Devils AC	1:03.04	4
18	Isaac, Sa-Nya	05 Speed Academy	1:03.27	2
19	Cattana, Simone	04 Uni. Toronto TC	1:03.37	4
20	Winkle, Chelsea	06 Toronto Tornadoes	1:03.55	1
21	Jelaca, Katie	05 Monte Cristo	1:03.69	1
22	Stewart, Sydney	05 Lakehead Running	1:03.73	3
23	Rinella, Ava	06 Monte Cristo	1:03.76	2
24	Vasarhelyi, Ainsley	06 London Western	1:04.19	3
25	Wallace, Bethan	06 Central Toronto	1:04.29	4
26	Wallace, Faith	09 Unattached Ontario	1:07.74	4
27	Cheng, Lauren	06 Uni. Toronto TC	1:09.01	3

Event 17 Women 400 Meter Dash U20

Name	Year	Team	Finals	H#
U20: # 51.85	1984-07-25	Jillian RICHARDSON (65), York Un		

Finals

1	Ojo, Hillary	04 Etobicoke T.F.C.	57.44	2
2	Akinduro, Tolulope	04 Flying Angels	57.71	2
3	Strickler, Mattson	03 Ottawa Lions T.F.C.	58.34	2
4	Dasilva, Aly	03 Lakehead Running	58.51	2
5	Fearon, Madison	04 Monte Cristo	59.18	2
6	McQuinn, Cora	04 Ottawa Lions T.F.C.	59.30	2
7	Brennan, Emily	04 Ottawa Lions T.F.C.	59.64	2
8	Gilmour, Audrey	03 Ottawa Lions T.F.C.	59.88	1
9	Metivier, Maya	04 Monte Cristo	1:00.08	1
10	Munro, Grace	04 Ottawa Lions T.F.C.	1:01.11	1
11	Murchison, Charlotte	04 Ottawa Lions T.F.C.	1:01.16	1

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12 Heath, Jasmine	03 York Uni. T.F.C.	1:01.24	2
13 Salwonchuk, Sasha	07 Speed Academy	1:01.26	1
-- Mrozewski, Kristen	03 Track North AC	DNF	1

Event 18 Men 400 Meter Dash U20**24 Advance: Top 3 Each Heat plus Next 9 Best Times**

U20: # 45.89 2013-08-23 Brandon MCBRIDE (94), Canada

Name Year Team Prelims H#

Preliminaries

1 Tilson, Ben	03 Border City AC	47.67Q	4
2 Ellis, Micaiah	04 Unattached Ontario	49.01Q	5 49.001
3 Moulougou, David	03 Ottawa Lions T.F.C.	49.17Q	1
4 Nicoletti, Luca	04 Ottawa Lions T.F.C.	49.44Q	2
5 Warden, Kobie	03 Windsor Legion	49.45Q	3
6 Emuze, Destiny	04 Speed Academy	49.01Q	4 49.006
7 Reader, Daniel	03 Hamilton Olympic	49.34Q	1
8 Trieu, Nick	03 Blue Devils AC	50.04Q	5
9 Legare, Nolan	05 Ottawa Lions T.F.C.	50.15Q	3
10 Flipo, Cedrik	03 Vaudreuil-Dorion	X54.12Q	2
11 Stewart, Justice	04 Speed Academy	49.94Q	4
12 Webster, Aiden	03 Lakehead Running	50.67Q	5
13 Luke, Jayden	04 Etobicoke T.F.C.	51.22Q	3
14 Kukla-Colby, Thomas	04 Ottawa Lions T.F.C.	51.42Q	1
15 Rende, Gabriel	06 Toronto West	58.07Q	2
16 Prato, Zavio	05 Hamilton Olympic	50.60q	4
17 Wonnacott, Hayden	05 Speed Academy	50.70q	5
18 Blackwood, Aiden	04 Durham Legion	50.71q	4
19 Wallner, Leo	03 Ottawa Lions T.F.C.	52.41q	1
20 Forrester, Jordan	04 Flying Angels	52.42q	3
21 King, Jackson	05 Durham Dragons	53.30q	5
22 Edward-Etafo, David	07 Speed Academy	53.60q	5
23 Adebajo, Tolu	06 Uni. Toronto TC	54.10q	4
24 Mitchell, Jamar	05 Toronto Tornadoes	54.74q	3
25 Dampier, Adam	06 Burlington T.F.C.	55.45	5
26 Grant, Markus	05 Monte Cristo	55.78	1
27 Allen, Chase	03 Windsor Legion	56.42	3
28 Ip, Michael	04 Flying Angels	56.52	1
29 Samuels, Kynu	06 Toronto West	57.25	3
30 Wrona, Aaron	06 Burlington T.F.C.	57.68	1
31 McNeil, Nathaniel	05 Ottawa Lions T.F.C.	1:19.82	2
-- Willson, William	06 London Legion	DQ	4 Rule 17.3.1

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Event 18 Men 400 Meter Dash U20

U20: # 45.89 2013-08-23 Brandon MCBRIDE (94), Canada

Name	Year	Team	Finals	H#
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Finals

1	Tilson, Ben	03	Border City AC	47.52	3
2	Flipo, Cedrik	03	Vaudreuil-Dorion	X48.03	2
3	Reader, Daniel	03	Hamilton Olympic	48.38	3
4	Emuze, Destiny	04	Speed Academy	48.92	3
5	Moulongou, David	03	Ottawa Lions T.F.C.	48.94	3
6	Nicoletti, Luca	04	Ottawa Lions T.F.C.	49.39	3
7	Ellis, Micaiah	04	Unattached Ontario	49.53	3
8	Legare, Nolan	05	Ottawa Lions T.F.C.	49.89	2
9	Trieu, Nick	03	Blue Devils AC	49.95	3
10	Prato, Zavio	05	Hamilton Olympic	50.30	2
11	Blackwood, Aiden	04	Durham Legion	50.32	1
12	Stewart, Justice	04	Speed Academy	50.44	2
13	Kukla-Colby, Thomas	04	Ottawa Lions T.F.C.	50.69	2
14	Webster, Aiden	03	Lakehead Running	50.83	2
15	Wonnacott, Hayden	05	Speed Academy	51.25	1
16	Forrester, Jordan	04	Flying Angels	52.24	1
17	Luke, Jayden	04	Etobicoke T.F.C.	52.49	2
18	Edward-Etafo, David	07	Speed Academy	52.65	1
19	Wallner, Leo	03	Ottawa Lions T.F.C.	52.94	1
20	Mitchell, Jamar	05	Toronto Tornadoes	54.34	1
21	Adebajo, Tolu	06	Uni. Toronto TC	55.17	1
22	Rende, Gabriel	06	Toronto West	57.67	2

Event 19 Women 400 Meter Dash Open**16 Advance: Top 3 Each Heat plus Next 7 Best Times**

Canadian: ! 44.44 2005-08-12 Tyler Christopher, UAAC

Open: # 49.91 1984-08-06 Marita PAYNE (60), Scarborough O

Name	Year	Team	Prelims	H#
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Preliminaries

1	Stiverne, Aiyanna-Brigit	95	Dynamique de Laval	X53.24Q	3
2	Powell, Micha	95	Indépendant	X54.09Q	1
3	Sherar, Zoe	99	Royal City AC	54.21Q	2
4	Smith, Sydney	97	Ottawa Lions T.F.C.	55.20Q	2
5	Telford, Alexandra	96	Ottawa Lions T.F.C.	55.28Q	1
6	Jackson, Audrey	98	Saint-Laurent	X55.54Q	3
7	Innanen, Katrina	97	Toronto Racers	55.67Q	2
8	Stieh, Amy	01	Lakehead Running	56.36Q	1
9	Lewis, Jazmyn	99	Speed Academy	57.05Q	3
10	Rivard, Lexy	04	Unattached Ontario	57.35q	1
11	Jovic, Helena	01	Ottawa Lions T.F.C.	58.22q	3
12	Ogunremi, Doyin	02	Ottawa Lions T.F.C.	59.13q	2
13	Mahajan, Sia	02	Ottawa Lions T.F.C.	59.36q	3
14	Nwagbo, Chioma	00	Bison AC	X59.66q	1
15	Bullock, Madelyn	00	London Western	59.76q	3



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....Event 19 Women 400 Meter Dash Open

16 Davis, Alex	02 Tough Track	X1:00.83q	2
17 Torrance, Megan	01 Blue Devils AC	1:01.47	2
18 Amankwah, Edwina	01 Project Athletic	1:02.40	2
19 Ware, Aimee	95 Newmarket Huskie	1:03.50	1
20 LaFayette, Piper	01 Unattached Ontario	1:05.48	1

Event 19 Women 400 Meter Dash Open

Canadian: ! 44.44 2005-08-12 Tyler Christopher, UAAC
 Open: # 49.91 1984-08-06 Marita PAYNE (60), Scarborough O

Name	Year	Team	Finals	H#
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Finals

1 Sherar, Zoe	99 Royal City AC	52.40	2
2 Powell, Micha	95 Indépendant	X52.43	2
3 Stiverne, Aiyanna-Brigit	95 Dynamique de Laval	X52.44	2
4 Innanen, Katrina	97 Toronto Racers	54.41	2
5 Telford, Alexandra	96 Ottawa Lions T.F.C.	54.61	2
6 Jackson, Audrey	98 Saint-Laurent	X54.84	2
7 Smith, Sydney	97 Ottawa Lions T.F.C.	55.06	2
8 Stieh, Amy	01 Lakehead Running	56.51	2
9 Lewis, Jazmyn	99 Speed Academy	56.74	1
10 Rivard, Lexy	04 Unattached Ontario	57.16	1
11 Ogunremi, Doyin	02 Ottawa Lions T.F.C.	57.59	1
12 Jovic, Helena	01 Ottawa Lions T.F.C.	57.66	1
13 Nwagbo, Chioma	00 Bison AC	X58.70	1
14 Mahajan, Sia	02 Ottawa Lions T.F.C.	59.13	1
15 Davis, Alex	02 Tough Track	X1:01.07	1

Event 20 Men 400 Meter Dash Open**24 Advance: Top 3 Each Heat plus Next 9 Best Times**

Open: # 45.08 2002-07-27 Shane NEMI (78), Univ. of Toront

Name	Year	Team	Prelims	H#
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Preliminaries

1 Harper, Tyler Daniel	89 Royal City AC	47.29Q	3
2 Bravakis, Emmett	00 Toronto Racers	47.53Q	5
3 Penaloza-Abankwah, Marcu	98 Royal City AC	48.08Q	4
4 White, Jalon	00 Project Athletic	48.13Q	1
5 Nicholas, Miguel	02 York Uni. T.F.C.	48.14Q	2
6 Smith, Ethan	00 Speed Academy	48.15Q	5
7 Berkshire, Jack	98 Unattached NB	X48.30Q	3
8 Tsygankov, Vladislav	95 Flying Angels	48.42Q	4
9 Anku, Micaël	00 Sherbrooke	X48.62Q	2
10 Bass, Zeon	95 Extreme Velocity	48.88Q	1
11 Davis, Richard	02 Royal City AC	48.65Q	5
12 Teal, Carter	02 Royal City AC	49.27Q	2
13 Ryan, Alanzo	99 Royal City AC	49.28Q	3
14 Hehn, Nathan	98 Unattached Ontario	50.08Q	4



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....Event 20 Men 400 Meter Dash Open

15 Mulkewich, Noah	02 Harbour Track	50.13Q	1
16 Laroche, Alex	01 Sherbrooke	X49.31q	2
17 Allen, Tristan	98 Tough Track	X50.03q	5
18 Samson, Gabriel	99 Saint-Laurent	X50.34q	3
19 Sutton, Eric	98 Peterborough	50.36q	1 50.360
19 Collins, Isaiah	02 Unattached BC	X50.36q	4 50.360
21 Kandle, Noel	00 Bison AC	X50.59q	3
22 McClelland, Ryan	96 Toronto Racers	50.62q	1
23 Di Florio, Alexander	01 Centro Scuola	50.63q	1
24 Ghadghoni, Ali	93 Newmarket Huskie	50.82q	4
25 Karangwa, Kwame	02 Flying Angels	51.71	5
26 Edgar, James	02 Blue Devils AC	51.88	5
27 Isaac, Anthony	02 Border City AC	52.37	2
28 Delsaut, Frank	05 Kitch. Waterloo	53.51	3
29 Graenert, Mirco	69 Newmarket Huskie	55.84	1
30 Wetuvanga, Nsimba	96 Etobicoke T.F.C.	1:02.16	2
-- Vargas, David	98 Golden Eagle TC	DNF	5

Event 20 Men 400 Meter Dash Open

Open: # 45.08 2002-07-27 Shane NEMI (78), Univ. of Toront

Name Year Team Finals H#

Finals

1 Bravakis, Emmett	00 Toronto Racers	47.35	4
2 Harper, Tyler Daniel	89 Royal City AC	47.36	4
3 White, Jalon	00 Project Athletic	47.40	4
4 Berkshire, Jack	98 Unattached NB	X48.30	4
5 Penaloza-Abankwah, Marcu	98 Royal City AC	48.38	4
6 Anku, Micaël	00 Sherbrooke	X48.57	3
7 Tsygankov, Vladislav	95 Flying Angels	48.79	4
8 Laroche, Alex	01 Sherbrooke	X48.79	3
9 Teal, Carter	02 Royal City AC	48.91	3
10 Smith, Ethan	00 Speed Academy	49.07	4
11 Nicholas, Miguel	02 York Uni. T.F.C.	49.16	4
12 Bass, Zeon	95 Extreme Velocity	49.16	3
13 Davis, Richard	02 Royal City AC	49.66	3
14 Allen, Tristan	98 Tough Track	X49.78	2
15 Hehn, Nathan	98 Unattached Ontario	49.79	3
16 Ryan, Alanzo	99 Royal City AC	50.29	3
17 Di Florio, Alexander	01 Centro Scuola	50.46	2
18 Sutton, Eric	98 Peterborough	50.74	2
19 McClelland, Ryan	96 Toronto Racers	50.84	2
20 Ghadghoni, Ali	93 Newmarket Huskie	50.85	2
21 Vargas, David	98 Golden Eagle TC	51.70	1
22 Kandle, Noel	00 Bison AC	X1:30.69	2
-- Collins, Isaiah	02 Unattached BC	XDQ	2



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Event 22 Men 400 Meter Dash Ambulatory

Name	Year Team	Finals
1 Snider, Peter T20;F20	94 I Be Fast TC	58.59
2 Konkle, Owen T20	99 I Be Fast TC	1:02.12
3 Booth, Hudson T38;F38	99 I Be Fast TC	1:04.73

Event 23 Women 400 Meter Dash Wheelchair

Name	Year Team	Finals
1 Sharma, Nandini T54;F54	97 Cruisers Sports	1:09.05

Event 24 Men 400 Meter Dash Wheelchair

Name	Year Team	Finals
1 Young, Tai T53;F54	04 Cruisers Sports	1:09.05
2 Babcock, Brett T51;F51	94 National Capital	1:38.09

Event 25 Women 800 Meter Run U20

Name	Year Team	Finals	H#
U20: # 2:03.17 1973-08-19 Glenda REISER (55), Canada			
1 Knelsen, Hallee	03 St Thomas Legion	2:09.61	5
2 Dodds, Olivia	04 Monte Cristo	2:12.31	5
3 Bertram, Stephanie	06 Uni. Toronto TC	2:12.67	4
4 Markowska, Maya	08 Burlington T.F.C	2:12.90	5
5 Ylipahkala, Abby	03 Newmarket Huskie	2:13.51	5
6 Goveia, Isabella	04 Thorold Elite TC	2:16.24	4
7 Alexander, Lauren	06 Ottawa Lions T.F.C.	2:16.45	4
8 Porter, Gillian	04 Ottawa Lions T.F.C.	2:17.20	4
9 Hendrikx, Olivia	04 Toronto West	2:17.71	4
10 La-Rose, Arden	03 Central Toronto	2:18.15	5
11 Martin, Nayla	04 Vaudreuil-Dorion	X2:18.26	5
12 Fearon, Madison	04 Monte Cristo	2:18.69	5
13 Munro, Grace	04 Ottawa Lions T.F.C.	2:18.74	4
14 Pegg, Emma	03 Windsor Legion	2:19.29	5
15 McBride, Lily	04 Burlington T.F.C	2:19.63	3
16 Correale, Olivia	06 Toronto West	2:25.86	3
17 Sangster, Taia	07 Newmarket Huskie	2:26.19	3
18 Wallace, Bethan	06 Central Toronto	2:26.44	2
19 Hurst, Freya	04 Ottawa Lions T.F.C.	2:26.44	3
20 Quinn, Paige	04 Ottawa Lions T.F.C.	2:28.10	3
21 Mills, Alexandra	08 Boardwalk RC	2:28.43	2
22 Hickey, Claire	06 Burlington T.F.C	2:29.68	3
23 Lalonde, Ella	04 Ottawa Lions T.F.C.	2:32.07	1
24 Vasarhelyi, Ainsley	06 London Western	2:33.23	2
25 Bennett, Jillian	05 Burlington T.F.C	2:35.48	1
26 Rinella, Ava	06 Monte Cristo	2:36.18	2

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....Event 25 Women 800 Meter Run U20

27 Clark, Emily	05 Newmarket Huskie	2:37.54	1
28 Davis, Lucy	06 Burlington T.F.C	2:38.19	2
29 Wallace, Faith	09 Unattached Ontario	2:38.43	2
30 Huigenbos, Makayla	06 Newmarket Huskie	2:48.83	1
31 Ward, Jessica	04 Newmarket Huskie	2:54.52	2
32 Feng, Ariana	04 Toronto West	3:06.31	1
-- Henderson, Riley	04 Durham Dragons	DNF	2

Event 26 Men 800 Meter Run U20

=====				
U20: # 1:46.07 2012-07-15 Brandon MCBRIDE (94), Windsor				
Name	Year Team		Finals	H#
=====				
1 Coles, Aiden	04 London Western	1:51.71		6
2 Coles, Tristan	04 London Western	1:51.97		6
3 Trieu, Nick	03 Blue Devils AC	1:52.36		6
4 Péladeau, Thomas	04 Vaudreuil-Dorion	X1:53.21		5
5 Basson, Mason	04 St Thomas Legion	1:53.91		5
6 Webster, Aiden	03 Lakehead Running	1:55.58		6
7 Unger, Erik	05 Unattached Ontario	1:55.66		6
8 Hueglin, Tanner	04 Newmarket Huskie	1:55.69		5
9 Chapple, Brendan	04 Laurel Creek T.F.C.	1:56.56		5
10 Legare, Nolan	05 Ottawa Lions T.F.C.	1:56.95		4
11 Patterson, Liam	04 Blue Devils AC	1:57.47		4
12 McCullagh, Liam	04 Blue Devils AC	1:57.58		4
13 Cowling, Will	04 Newmarket Huskie	1:57.82		4
14 Aidoo, Moses	03 Uni. Toronto TC	1:58.03		6
15 Moore, Vincent	04 London Western	1:58.51		5
16 Boers, Tom	04 London Western	1:58.55		5
17 Marsh-Lansard, Quinten	05 London Legion	1:58.98		4
18 Taylor, Andrew	03 StrideWise Running	1:59.22		5
19 Ramirez-Gaston, Daniel	03 Blue Devils AC	1:59.51		3
20 Belanger, Harrison	03 London Western	1:59.83		4
21 Kleinsmith, Adam	04 Thorold Elite TC	2:00.60		4
22 Chung, Jeanue	04 Newmarket Huskie	2:01.36		3
23 Coupal, Cole	05 Kawartha Lakes	2:01.54		3
24 Akerman, David	05 York Uni. T.F.C.	2:02.00		4
25 Blazino, Adam	04 Lakehead Running	2:02.32		3
26 Baumgart, Mark	04 Toronto West	2:02.70		3
27 Ringler, Kinnon	05 Toronto West	2:03.03		3
28 Mehmi, Amit Singh	05 Mississauga T.F.C.	2:05.02		3
29 Mills, Charlie	05 Boardwalk RC	2:05.82		2
30 Yu, Aaron	06 Newmarket Huskie	2:05.85		2
31 Adebajo, Tolu	06 Uni. Toronto TC	2:06.83		2
32 Kennedy-Smith, Blake	04 Newmarket Huskie	2:08.13		3
33 Scharf, William	08 Boardwalk RC	2:09.01		1
34 Riedeberger, Luca	04 Toronto West	2:12.94		2
35 Marks, Luca	06 Toronto West	2:12.95		2
36 Dampier, Adam	06 Burlington T.F.C	2:13.74		2
37 Veale, Finn	08 Boardwalk RC	2:15.32		2

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....Event 26 Men 800 Meter Run U20

38 Hickling, Connor	05 Newmarket Huskie	2:16.53	1
39 Wrona, Aaron	06 Burlington T.F.C	2:22.19	1
40 So, Owen	04 Newmarket Huskie	2:24.77	1
41 Yates, James	08 Boardwalk RC	2:28.70	1
42 Skillicorn, Joseph	10 Boardwalk RC	2:41.28	1

Event 27 Women 800 Meter Run Open

Name	Year Team	Finals	H#
=====			
Open: # 1:57.01	2017-07-21 Melissa BISHOP (88), Canada	(O)	
1 Smith, Sydney	97 Ottawa Lions T.F.C.	2:05.35	5
2 Gaskin, Sonia	94 York Uni. T.F.C.	2:05.69	5
3 Hickson, Sadie-Jane	98 Royal City AC	2:06.13	5
4 Ormond, Cameron	01 Royal City AC	2:08.32	4
5 Coutts, Chloe	02 London Western	2:08.84	5
6 Coutts, Sophie	02 London Western	2:09.86	4
7 Hébert, Élodie	01 Sherbrooke	X2:10.42	4
8 Hewitt, Chloe	98 London Western	2:10.77	5
9 Maguire, Ashley	02 Windsor Legion	2:10.94	4
10 Whitford, Nina	00 Royal City AC	2:12.45	5
11 Okpali, Favour	01 Newmarket Huskie	2:13.58	3
12 Maddocks, Beatrix	01 Royal City AC	2:13.61	3
13 Larue, Nicole	01 Windsor Legion	2:13.97	3
14 Bullock, Madelyn	00 London Western	2:14.05	3
15 Whitten, Natalie	00 StrideWise Running	2:14.12	3
16 Marmura, Hana	97 London Western	2:14.65	3
17 Gonzalez, Nathia	94 London Western	2:14.85	4
18 Rigg, Stephanie	93 London Western	2:16.32	2
19 Collins, Sydney	98 Laurel Creek T.F.C.	2:16.73	3
20 Perkins, Lauren	00 StrideWise Running	2:17.18	4
21 Nwagbo, Chioma	00 Bison AC	X2:17.62	2
22 Rauliuk Dunn, Eirllys	00 Royal City AC	2:18.32	3
23 Nolan, Sarah	00 Harbour Track	2:19.09	2
24 Barker, Andrea	96 Uni. Toronto TC	2:23.34	2
25 Gilmor, Katie	96 Newmarket Huskie	2:24.60	2
26 Jordan, Erika	00 London Western	2:25.51	1
27 Davis, Alex	02 Tough Track	X2:26.38	2
28 LaFayette, Piper	01 Unattached Ontario	2:27.88	1
29 Palmateer, Kaitlyn	01 London Western	2:28.53	2
30 Wheeler, Rebecca	88 Unattached Ontario	2:30.98	3

Event 28 Men 800 Meter Run Open

Name	Year Team	Finals	H#
=====			
Canadian: ! 1:43.20	2018-07-20 Brandon McBride, Border City A		
Open: # 1:45.04	2011-07-01 Andrew ELLERTON (83), Track No		
1 Purnell, Alec	00 Royal City AC	1:48.33	7
2 Kichuk, Eamonn	94 Phoenix	1:48.60	7

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....Event 28 Men 800 Meter Run Open

3	Evans, Stephen	96 Ottawa Lions T.F.C.	1:49.17	7
4	LeBlanc, Andrew	98 Unattached NB	X1:49.70	7
5	Petersen, Michael	98 Royal City AC	1:49.82	7
6	Nowbotsing, Rohan	01 Royal City AC	1:50.64	7
7	Richardson, Ben	95 Newmarket Huskie	1:52.43	7
8	Berube, Simon	97 Bison AC	X1:52.61	6
9	McKenzie, Brock	01 Royal City AC	1:52.66	6
10	Hannam, Cole	99 Royal City AC	1:52.82	6
11	Ali, Abdiaziz	97 York Uni. T.F.C.	1:52.90	5
12	Koyanagi, Kyle	01 London Western	1:52.99	6
13	Reimer, Calvin	01 Bison AC	X1:53.23	5
14	Popescu, Paul	02 Windsor Legion	1:53.31	5
15	Rosen, Daniel	01 Royal City AC	1:53.66	5
16	Kroeker, Justin	02 Tough Track	X1:53.73	4
17	Wood, Michael	98 Bison AC	X1:54.11	5
18	Kendle, Noel	00 Bison AC	X1:54.23	4
19	Goguen, Dakota	02 Newmarket Huskie	1:54.60	5
20	Brandt-Ganding, Alexandre	00 Bison AC	X1:56.05	3
21	Rachner, Christian	02 Mississauga T.F.C.	1:56.15	4
22	Stamadianos, Christopher	02 Monarch AC	1:56.41	4
23	Danson, Sebastian	01 Monarch AC	1:56.76	6
24	Macintosh, Connor	97 Newmarket Huskie	1:56.78	2
25	Mulkewich, Noah	02 Harbour Track	1:57.17	5
26	Mlynczyk, Anton	02 Newmarket Huskie	1:57.27	3
27	Marchant, David	00 Harbour Track	1:57.37	4
28	Rioux, Jonathan	00 StrideWise Running	1:57.40	4
29	Jensen, Ryan	02 Newmarket Huskie	1:57.69	3
30	Boston, Joshua Thomas	02 Newmarket Huskie	1:57.80	2
31	Volpi, Marco	00 Newmarket Huskie	1:58.38	2
32	Nepomuceno, Ricky	97 Unattached Ontario	1:59.30	4
33	Martin, Brock	95 Burlington T.F.C	2:00.68	4
34	Abdullahi, Abdullahi	01 Phoenix	2:00.98	3
35	Were, Ryan	99 Harbour Track	2:01.86	3
36	Matos, Matthew	02 Windsor Legion	2:03.51	3
37	Aseltine, Ian	81 London Western	2:04.64	2
38	Westbrook, Gavin	99 Ottawa Lions T.F.C.	2:04.72	2
39	Dyck, Jim	65 Toronto Harriers	2:09.60	2
40	Kalab, Adam	99 Track North AC	2:17.57	1
41	Sherar, Michael	63 Uni. Toronto TC	2:18.03	1
42	Macmillan, John	56 Longboat RR	2:45.23	1
--	Allen, Tristan	98 Tough Track	XDNF	6
--	Devito, Ben	96 Blue Devils AC	DNF	7
--	Josufi, Casper	99 Blue Devils AC	DQ	1

Event 30 Men 800 Meter Run Ambulatory

Name	Year Team	Finals
1 Neri, Nicholas T13	98 Uni. Windsor AC	2:09.13



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Event 33 Women 1500 Meter Run U20

U20: # 4:06.71 1972-09-04 Glenda REISER (55), Canada				
Name	Year	Team	Finals	H#
1 Knelsen, Hallee	03	St Thomas Legion	4:36.91	2
2 Gray, Michelle	04	Mississauga T.F.C.	4:39.75	2
3 Lee, Caden	04	Newmarket Huskie	4:40.12	2
4 Ash, Caroline	04	Newmarket Huskie	4:40.24	2
5 Markowska, Maya	08	Burlington T.F.C.	4:42.89	2
6 Alexander, Lauren	06	Ottawa Lions T.F.C.	4:44.09	2
7 Martin, Nayla	04	Vaudreuil-Dorion	X4:47.47	2
8 Porter, Gillian	04	Ottawa Lions T.F.C.	4:50.26	2
9 Pfohl, Amelia	03	Monarch AC	4:50.57	2
10 Mrozewski, Kristen	03	Track North AC	4:52.35	2
11 Hendriks, Olivia	04	Toronto West	4:53.10	2
12 Kuszaj, Laura	03	Royal City AC	4:53.76	2
13 McBride, Lily	04	Burlington T.F.C.	4:54.19	1
14 Spina, Brooke	05	Newmarket Huskie	4:55.75	2
15 Stapor, Kylie	08	Durham Dragons	4:56.69	1
16 Arena, Sabrina	04	Newmarket Huskie	4:58.21	1
17 Rashid-Cocker, Ana	03	Monarch AC	4:59.00	2
18 Stapleton, Leah	04	Durham Dragons	5:00.84	1
19 Mills, Alexandra	08	Boardwalk RC	5:01.03	1
20 Hurst, Freya	04	Ottawa Lions T.F.C.	5:04.19	1
21 Strain, Molly	03	Unattached BC	X5:06.84	2
22 Bresolin, Robin	03	Windsor Legion	5:07.95	1
23 Bennett, Jillian	05	Burlington T.F.C.	5:14.11	1
24 Quinn, Paige	04	Ottawa Lions T.F.C.	5:15.61	1
25 Fowler, Kylee	03	Track North AC	5:16.20	1
26 Lovshin, Brianna	08	Toronto Olympic	5:16.35	1
27 Olar, Ashley	06	Newmarket Huskie	5:19.76	1
28 Blackmore-Barnable, Mia	06	Central Toronto	5:31.59	1
29 Henderson, Riley	04	Durham Dragons	5:32.52	1
30 Ward, Ashley	06	Newmarket Huskie	5:35.07	1
31 Zhou, Lily Shangxia	05	Burlington T.F.C.	5:47.37	1

Event 34 Men 1500 Meter Run U20

U20: # 3:38.92 2013-07-01 Adam PALAMAR (94), Ottawa Lion				
Name	Year	Team	Finals	H#
1 Péladeau, Thomas	04	Vaudreuil-Dorion	X3:58.71	2
2 Cowling, Will	04	Newmarket Huskie	4:01.75	2
3 Boers, Tom	04	London Western	4:02.62	2
4 Basson, Mason	04	St Thomas Legion	4:02.66	2
5 Mercier, Mathis	03	Newmarket Huskie	4:03.42	2
6 McAllister, Ian	05	London Western	4:07.36	2
7 Baumgart, Mark	04	Toronto West	4:09.61	2
8 Megas, Alexander	03	Harbour Track	4:11.16	2
9 Ellis, Micaiah	04	Unattached Ontario	4:12.00	2
10 Feltham, Luke	06	Sabrecats TC	4:12.07	1

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....Event 34 Men 1500 Meter Run U20

11 Chung, Jeanue	04 Newmarket Huskie	4:12.17	1
12 Lafleur, Matt	03 Uni. Windsor AC	4:12.38	2
13 Helder, Jeremy	05 Laurel Creek T.F.C.	4:12.56	1
14 McIntyre, Joseph	05 Laurel Creek T.F.C.	4:12.74	1
15 Porter, Kyle	04 Ottawa Lions T.F.C.	4:14.55	2
16 Mills, Charlie	05 Boardwalk RC	4:15.61	1
17 Belanger, Harrison	03 London Western	4:16.55	2
18 Taylor, Andrew	03 StrideWise Running	4:17.56	2
19 Ramirez-Gaston, Daniel	03 Blue Devils AC	4:18.15	2
20 McLinden, Kaidan	04 Newmarket Huskie	4:18.88	1
21 Moore, Vincent	04 London Western	4:19.29	2
22 Leinweber, Alex	06 London Western	4:19.64	1
23 Cheung, Cheuk-Lun	04 Uni. Toronto TC	4:24.70	1
24 Jenkins, Cecil	08 Glen Manor TC	4:27.44	1
25 Scharf, William	08 Boardwalk RC	4:30.85	1
26 Lamb, Justin	05 London Western	4:32.05	1
27 Cooke-Bithrey, Landyn	06 Burlington T.F.C	4:35.82	1
28 Prekajski, Mihailo	07 Uni. Toronto TC	4:41.72	1
29 Rende, Francesco	04 Toronto West	4:43.11	1
30 Veale, Finn	08 Boardwalk RC	4:50.16	1

Event 35 Women 1500 Meter Run Open

Canadian: ! 3:31.71 2000-06-30 Kevin Sullivan, Windsor Legion

Open: # 4:02.29 1984-08-06 Carmen DOUMA-HUSSAR (77), Guel

Name Year Team Finals H#

1 Chisholm, Siona	03 Stfx T.F.C.	X4:28.78	2
2 Gaskin, Sonia	94 York Uni. T.F.C.	4:33.22	2
3 Maguire, Ashley	02 Windsor Legion	4:33.50	2
4 Schulz, Jenna	93 London Western	4:36.46	2
5 Larue, Nicole	01 Windsor Legion	4:37.86	2
6 Goodjohn, Hannah	01 Harbour Track	4:38.36	2
7 Marmura, Hana	97 London Western	4:39.62	2
8 Harnack, Hope	00 Harbour Track	4:40.29	2
9 Whitten, Natalie	00 StrideWise Running	4:46.07	1
10 Rasmussen, Taylor	02 Stfx T.F.C.	X4:48.97	2
11 Newell, Tiffany	73 Unattached Ontario	4:49.33	2
12 Rigg, Stephanie	93 London Western	4:50.04	2
13 Overholt, Kayla	02 Harbour Track	4:50.46	1
14 Harrington, Kileigh	02 Harbour Track	4:50.68	2
15 Barker, Andrea	96 Uni. Toronto TC	4:50.77	1
16 Boston, Eliza Jane	02 Newmarket Huskie	4:50.83	2
17 Boston, Emily-Rose	00 Newmarket Huskie	4:54.31	2
18 Palmateer, Kaitlyn	01 London Western	4:54.43	1
19 Battams, Mikayla	02 Newmarket Huskie	4:57.38	1
20 Shaw, Jessica	89 Newmarket Huskie	4:59.52	1
21 Wheeler, Rebecca	88 Unattached Ontario	5:05.83	1

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Event 36 Men 1500 Meter Run Open

=====				
Open: # 3:31.71 2000-06-30 Kevin SULLIVAN (74), Windsor L				
Name	Year	Team	Finals	H#
=====				
1 Hughes, Gavin	99	Royal City AC	3:49.57	2
2 Davenport, Ethan	90	Uni. Toronto TC	3:50.23	2
3 Berube, Simon	97	Bison AC	X3:50.32	2
4 Ali, Abdiaziz	97	York Uni. T.F.C.	3:50.58	2
5 Rosen, Daniel	01	Royal City AC	3:51.19	2
6 Koyanagi, Kyle	01	London Western	3:51.37	2
7 Richard, Mathis	02	Unattached	X3:51.54	2
8 Patton, Mark	97	Royal City AC	3:51.69	2
9 Popescu, Paul	02	Windsor Legion	3:52.26	2
10 Ohrling, Erik	00	Royal City AC	3:52.54	2
11 Marchant, David	00	Harbour Track	3:52.89	2
12 Kroeker, Justin	02	Tough Track	X3:53.31	2
13 Goguen, Dakota	02	Newmarket Huskie	3:56.66	1
14 Macintosh, Connor	97	Newmarket Huskie	3:57.02	2
15 Lowrie, Jason	01	Harbour Track	4:03.34	1
16 Nepomuceno, Ricky	97	Unattached Ontario	4:03.65	2
17 Abdullahi, Abdullahi	01	Phoenix	4:04.33	1
18 Black, Connor	00	Harbour Track	4:08.37	1
19 Volpi, Marco	00	Newmarket Huskie	4:09.22	1
20 Beland, Caleb	97	Track North AC	4:09.53	2
21 Boston, Joshua Thomas	02	Newmarket Huskie	4:12.60	1
22 Westbrook, Gavin	99	Ottawa Lions T.F.C.	4:19.57	1
23 Lorbetskie, Ken	99	Ottawa Lions T.F.C.	4:19.91	1
24 Matos, Matthew	02	Windsor Legion	4:23.23	1
25 Wells, Bill	74	Monarch AC	4:29.49	1
26 Kalab, Adam	99	Track North AC	4:42.52	1
27 Mahalanobis, Neil	96	Track North AC	4:46.45	1
28 Josufi, Casper	99	Blue Devils AC	5:13.68	1
29 Ichim, Gregory Victor	04	Uni. Toronto TC	5:18.04	1
-- Wood, Michael	98	Bison AC	XDNF	2
-- Dyck, Jim	65	Toronto Harriers	DNF	1

Event 41 Women 3000 Meter Run U20

=====				
U20: # 9:13.10 2014-05-20 Gabriella STAFFORD (95), Un				
Name	Year	Team	Finals	
=====				
1 Gray, Michelle	04	Mississauga T.F.C.	10:14.20	
2 Courville, Sophie	03	Vainqueurs Plus	X10:25.42	
3 Baggley, Olivia	05	Ottawa Lions T.F.C.	10:25.63	
4 Rashid-Cocker, Ana	03	Monarch AC	10:30.02	
5 Kuszaj, Laura	03	Royal City AC	10:41.02	
6 Bresolin, Robin	03	Windsor Legion	10:47.77	
7 Stapor, Kylie	08	Durham Dragons	10:50.38	
8 Stokes, Jasmine	04	Newmarket Huskie	11:23.83	
9 Kelly, Michelle	06	Newmarket Huskie	11:43.73	
10 Anderson, Alexa	06	Newmarket Huskie	12:04.03	

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....Event 41 Women 3000 Meter Run U20

11 Zhou, Lily Shangxia	05 Burlington T.F.C	12:06.64
12 Channell, Grace	04 Newmarket Huskie	12:09.25
13 Ward, Jennifer	04 Newmarket Huskie	12:42.42

Event 42 Women 5000 Meter Run U20

Name	Year Team	Finals
U20: # 16:04.39 2014-05-31 Heather PETRICK (95), Spee		
1 Thomas, Chloe	03 Hamilton Olympic	16:44.53
2 McDougall, Alexandra	04 Newmarket Huskie	18:05.44
3 Trevena, Madison	03 Unattached Ontario	18:20.26

Event 43 Men 5000 Meter Run U20

Name	Year Team	Finals
U20: # 13:43.8h 1962-06-02 Bruce KIDD (43), East York		
1 Wheeler-Dee, Jude	03 Unattached Ontario	14:52.24
2 Farruggia, Giancarlo	03 Harbour Track	14:57.86
3 Weist, William	04 Durham Dragons	15:06.49
4 Richter, Sam	05 Unattached Ontario	15:42.94
5 Pralat, Adam	04 Central Toronto	15:49.11
6 Lloyd, Owen	04 Laurel Creek T.F.C.	15:50.04
7 Adachi, Shoichiro	05 Central Toronto	15:59.22
8 Haskins, Jordan	06 Durham Dragons	16:07.07
9 Gazaille, Tristan	03 Unattached Ontario	16:11.55
10 Gill, Satveer	05 London Western	16:12.59
11 Porter, Kyle	04 Ottawa Lions T.F.C.	16:21.48
12 Rende, Francesco	04 Toronto West	18:14.65
-- Leather, Will	04 Laurel Creek T.F.C.	DNF

Event 44 Women 5000 Meter Run Open

Name	Year Team	Finals
Canadian: ! 12:47.20 2020-07-10 Mohammed Ahmed, Niagara Ol		
Open: # 15:08.59 2017-07-22 Andrea SECCAFIEN (90), Uni		
1 Schulz, Jenna	93 London Western	17:07.45
2 Gendron, Pascale	00 Toronto West	17:17.91
3 Newell, Tiffany	73 Unattached Ontario	17:23.91
4 Guga, Sandra	01 Royal City AC	17:25.88
5 Sandluck, Allie	02 Pictou County AC	X17:26.42
6 Benoit, Eileen	02 Stfx T.F.C.	X17:48.45
7 Kobe, Paige	99 Unattached Ontario	18:19.23
8 MacDonald, Samantha	01 Blue Devils AC	18:39.30
9 Peters, Laura	02 Toronto West	19:17.56
10 Josling, Meghan T20	95 Brantford T.F.C.	19:58.35
-- Roussel, Olivia	01 Royal City AC	DNF

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Event 45 Men 5000 Meter Run Open

Open: # 13:18.88 2014-07-27 Mohammed AHMED (91), Canad			
Name	Year	Team	Finals
1 Ubene, Mitchell	98	Royal City AC	13:56.23
2 Davies, Andrew	00	Harbour Track	13:56.48
3 Grieve, Kyle	93	Monarch AC	14:01.35
4 Bannon, Nicholas	00	Royal City AC	14:04.90
5 Alick, Dylan	98	Harbour Track	14:12.08
6 R��ez Villanueva, Sergio	97	Harbour Track	14:17.63
7 Turek, Max	99	Harbour Track	14:19.38
8 Avalos, Miles	97	Toronto West	14:21.28
9 Nusselder, Sam	99	Harbour Track	14:23.42
10 Kinahan, Sam	97	Royal City AC	14:25.44
11 McDonald, Kieran	94	Halifax Athletics	X14:31.67
12 Brackenbury, Miles	01	Physi-Kult Kingston	14:34.91
13 Stel, Joey	96	Newmarket Huskie	14:34.95
14 Mironov, Roman	03	Toronto West	14:39.29
15 Pedersen, Nicholas	00	Ottawa Lions T.F.C.	14:55.81
16 Benoit, Jacob	00	Stfx T.F.C.	X14:55.94
17 Dick, Joseph	99	Unattached Ontario	14:57.93
18 Alie-Lamarche, Andre	99	Ottawa Lions T.F.C.	15:06.82
19 Raftis, Brandon	01	Uni. Toronto TC	15:09.34
20 Jibril, Sami	89	Newmarket Huskie	15:20.62
21 Griffith, Saed	94	Monarch AC	15:27.26
22 Clavijo, Esteban	91	Newmarket Huskie	15:35.36
23 Beland, Caleb	97	Track North AC	15:57.14

Event 46 Women 100 Meter Hurdles 0.840m U20**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

U20: # 13.32 1982-10-07 Karen NELSON (63), Scarborough Optimi					
Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 Larkan, Robyn	05	Toronto Racers	14.24Q	0.2	1
2 Reid, Hailey	04	Monte Cristo	14.43Q	1.2	2
3 Goddard, Audrey	04	Ottawa Lions T.F.C.	14.46Q	0.2	1
4 Celestine, Jade	04	Speed Academy	14.60Q	1.2	2
5 Desousa, Tayah	03	St Thomas Legion	14.67Q	0.2	1
6 Sawyer, Elise	05	Monte Cristo	15.37Q	1.2	2
7 Dundas, Stephanie	05	Speed Academy	15.48q	1.2	2
8 Parker, Rebecca	03	Windsor Legion	15.61q	0.2	1
9 Jackman, Anna	04	London Legion	15.70	1.2	2
10 Selkirk, Robin	03	London Western	15.75	0.2	1
11 Luna, Jadyne	04	London Western	16.20	0.2	1
12 Rodney-Calliste, Gabriel	04	Project Athletic	16.21	1.2	2

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Event 46 Women 100 Meter Hurdles 0.840m U20

U20: # 13.32 1982-10-07 Karen NELSON (63), Scarborough Opt				
Name	Year	Team	Finals	Wind
Finals				
1 Goddard, Audrey	04	Ottawa Lions T.F.C.	14.34	-0.3
2 Larkan, Robyn	05	Toronto Racers	14.39	-0.3
3 Reid, Hailey	04	Monte Cristo	14.42	-0.3
4 Desousa, Tayah	03	St Thomas Legion	14.89	-0.3
5 Sawyer, Elise	05	Monte Cristo	15.18	-0.3
6 Dundas, Stephanie	05	Speed Academy	15.60	-0.3
7 Parker, Rebecca	03	Windsor Legion	16.21	-0.3
-- Celestine, Jade	04	Speed Academy	DNF	-0.3

Event 47 Men 110 Meter Hurdles 0.990m U20**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

U20: # 13.72 2009-06-13 Gregory MACNEIL (92), London Legion				
Name	Year	Team	Prelims	Wind H#
Preliminaries				
1 King, Ryder	04	Monte Cristo	14.08Q	-0.3 1
2 Lindo, Tamarri	03	Flying Angels	14.58Q	-0.2 2
3 Lapointe, Émile	03	Saint-Laurent	X14.61Q	-0.3 1
4 Désilets, Emanuel	03	Dynamique de Laval	X14.82Q	-0.2 2
5 Belanger, Dylen	04	St Thomas Legion	14.67Q	-0.3 1
6 Wallner, Leo	03	Ottawa Lions T.F.C.	14.94Q	-0.2 2
7 Kolakowski, Jeremi	03	Uni. Toronto TC	15.97q	-0.3 1
8 Carty, Xavier	03	Ottawa Lions T.F.C.	15.99q	-0.3 1
9 Kanhai, Marcus	04	Laurel Creek T.F.C.	16.33	-0.2 2

Event 47 Men 110 Meter Hurdles 0.990m U20

U20: # 13.72 2009-06-13 Gregory MACNEIL (92), London Legio				
Name	Year	Team	Finals	Wind
Finals				
1 King, Ryder	04	Monte Cristo	14.29	-0.5
2 Lindo, Tamarri	03	Flying Angels	14.39	-0.5
3 Désilets, Emanuel	03	Dynamique de Laval	X14.65	-0.5
4 Lapointe, Émile	03	Saint-Laurent	X14.84	-0.5
5 Belanger, Dylen	04	St Thomas Legion	15.21	-0.5
6 Wallner, Leo	03	Ottawa Lions T.F.C.	15.29	-0.5
7 Kolakowski, Jeremi	03	Uni. Toronto TC	15.84	-0.5

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Event 48 Women 100 Meter Hurdles 0.840m Open
8 Advance: Top 3 Each Heat plus Next 2 Best Times

Open: # 12.46 2004-06-19 Perdita FELICIEN (80), Canada					
Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 Abdul-Rashid, Mariam	97	Speed Academy	13.48Q	0.8	1
2 Logan, Aliyah	02	Speed Academy	13.81Q	0.2	2
3 Abiodun, Nike	00	Royal City AC	13.78Q	0.8	1
4 St-Germain, Maoly	02	Lanaudière-Olym.	X13.90Q	0.2	2
5 Léveillé, Maude	95	Unattached	X13.92Q	0.8	1
6 Nero, Emma	97	Unattached Ontario	14.76Q	0.2	2
7 Reinfels, Helena	94	Saint-Laurent	X14.67q	0.8	1
8 Lu Langley, Vanessa	02	Ottawa Lions T.F.C.	14.87q	0.2	2
9 Blair, Hannah	00	Laurel Creek T.F.C.	15.00	0.2	2
10 Procyk, Paulina	02	Ottawa Lions T.F.C.	15.03	0.2	2
11 Smart, Sian	90	Toronto Racers	15.03	0.8	1
12 Lena, Luiza	02	Toronto Racers	15.30	0.2	2
13 Hendriksen, Emma	02	London Western	15.38	0.8	1
14 Gervais, Jenna	01	St Thomas Legion	21.93	0.8	1

Event 48 Women 100 Meter Hurdles 0.840m Open

Open: # 12.46 2004-06-19 Perdita FELICIEN (80), Canada					
Name	Year	Team	Finals	Wind	
Finals					
1 Abdul-Rashid, Mariam	97	Speed Academy	13.34	-0.7	
2 Logan, Aliyah	02	Speed Academy	13.81	-0.7	
3 Abiodun, Nike	00	Royal City AC	13.88	-0.7	
4 Léveillé, Maude	95	Unattached	X13.94	-0.7	
5 St-Germain, Maoly	02	Lanaudière-Olym.	X14.29	-0.7	
6 Nero, Emma	97	Unattached Ontario	14.48	-0.7	
7 Lu Langley, Vanessa	02	Ottawa Lions T.F.C.	15.37	-0.7	

Event 49 Men 110 Meter Hurdles 1.067m Open
16 Advance: Top 3 Each Heat plus Next 7 Best Times

Canadian: ! 13.08 1993-07-01 Mark McKoy, Unaffiliated					
Open: # 13.07 2015-07-24 David OLIVER, United States					
Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 Daniels, Joey	98	Berlin Athletics	13.83Q	1.6	1
2 Thorne, Craig	01	Saint John Reds	X13.92Q	0.2	2
3 Bruce, Cameron	00	Toronto Racers	14.33Q	1.2	3
4 MacNeill, Matthew	00	Royal City AC	14.50Q	1.6	1
5 Mather, Liam	00	London Legion	14.57Q	1.2	3
6 Collins, Alexander	02	C.A.N.I. Athletics	14.59Q	0.2	2
7 Adeleye, David	02	Ottawa Lions T.F.C.	14.56Q	1.6	1
8 Lebrun, Antoine	01	Unattached	X14.80Q	0.2	2

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....Event 49 Men 110 Meter Hurdles 1.067m Open

9	Richards, Brian	89	Unattached Ontario	14.93Q	1.2	3
10	Exley, Adam	01	Toronto Racers	15.07q	1.2	3
11	Stathis, Alexander	99	Saint-Laurent	X15.33q	0.2	2
12	Al Awamleh, Zaid	02	Golden Eagle TC	15.57q	1.6	1
13	Leger, Taylor	96	Saint-Laurent	X15.89q	1.2	3
14	McLeod, Austin	99	London Western	16.09q	0.2	2
15	Nonez, Fabrice	02	Ottawa Lions T.F.C.	16.27q	1.2	3
16	McDonald, Owen	02	London Western	17.40q	0.2	2
--	Kwan, Anthony	93	Toronto Racers	DQ	1.6	1 TR 22.62

Event 49 Men 110 Meter Hurdles 1.067m Open

Canadian: ! 13.08 1993-07-01 Mark McKoy, Unaffiliated

Open: # 13.07 2015-07-24 David OLIVER, United States

Name	Year	Team	Finals	Wind	H#
------	------	------	--------	------	----

Finals

1	Thorne, Craig	01	Saint John Reds	X13.87	-0.4	2
2	Daniels, Joey	98	Berlin Athletics	14.26	-0.4	2
3	Bruce, Cameron	00	Toronto Racers	14.34	-0.4	2
4	Adeleye, David	02	Ottawa Lions T.F.C.	14.54	-0.4	2
5	MacNeill, Matthew	00	Royal City AC	14.70	-0.4	2
6	Exley, Adam	01	Toronto Racers	14.83	0.1	1
7	Richards, Brian	89	Unattached Ontario	14.88	0.1	1
8	Mather, Liam	00	London Legion	15.02	-0.4	2
9	Collins, Alexander	02	C.A.N.I. Athletics	15.37	-0.4	2
10	Al Awamleh, Zaid	02	Golden Eagle TC	15.59	0.1	1
11	Nonez, Fabrice	02	Ottawa Lions T.F.C.	16.05	0.1	1
12	Leger, Taylor	96	Saint-Laurent	X16.26	0.1	1
--	Stathis, Alexander	99	Saint-Laurent	XDNF	0.1	1

Event 50 Women 400 Meter Hurdles 0.762m U20

U20: # 56.55 1986-07-28 Donalda DUPREY (67), Saugeen TFC

Name	Year	Team	Finals	H#
------	------	------	--------	----

1	James, Jenna	03	Golden Eagle TC	1:02.16	1
2	Sawyer, Elise	05	Monte Cristo	1:02.37	1
3	Brennan, Emily	04	Ottawa Lions T.F.C.	1:05.68	1
4	Jelaca, Katie	05	Monte Cristo	1:06.60	2
5	Metivier, Maya	04	Monte Cristo	1:07.62	2
6	Cross, Laura	04	Ottawa Lions T.F.C.	1:09.95	2
7	Alleyne-Adams, Kayesha	05	Flying Angels	1:13.30	2
--	Jackson, Kailyn	04	Unattached Ontario	DNF	1



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Event 51 Men 400 Meter Hurdles 0.914m U20

U20: # 50.92 1997-05-03 Nick STEWART (79), Phoenix			
Name	Year	Team	Finals
1	Tilson, Ben	03 Border City AC	52.03
2	Flipo, Cedrik	03 Vaudreuil-Dorion	X54.46
3	Belanger, Dylen	04 St Thomas Legion	55.39
4	Moulongou, David	03 Ottawa Lions T.F.C.	56.81
5	Lapointe, Émile	03 Saint-Laurent	X57.07
6	Kukla-Colby, Thomas	04 Ottawa Lions T.F.C.	59.34
7	McNeil, Nathaniel	05 Ottawa Lions T.F.C.	1:02.92

Event 52 Women 400 Meter Hurdles 0.762m Open

Open: # 54.94 2016-06-11 Chanise CHASE (93), Durham Le			
Name	Year	Team	Finals
1	Ollier, Mary	95 Toronto Racers	57.90
2	Overholt, Brooke	00 London Legion	58.02
3	Telford, Alexandra	96 Ottawa Lions T.F.C.	1:00.39
4	Jovic, Helena	01 Ottawa Lions T.F.C.	1:02.88
5	Lu Langley, Vanessa	02 Ottawa Lions T.F.C.	1:07.49
6	Leask, Stephanie	00 Ottawa Lions T.F.C.	1:10.66
7	Thangarasa, Devika	95 Unattached Ontario	1:18.64

Event 53 Men 400 Meter Hurdles 0.914m Open

Canadian: ! 48.24 2007-07-27 Adam Kunkel, EEDG				
Open: # 48.51 2015-07-23 Jeffrey GIBSON, Bahamas				
Name	Year	Team	Finals	H#
1	Cato, Roxroy	89 Unattached Ontario	51.52	1
2	Alhaddad, Saj	92 Ottawa Lions T.F.C.	51.92	1
3	Grant, Oliver	91 Unattached Ontario	53.26	1
4	Tsygankov, Vladislav	95 Flying Angels	53.95	1
5	Jean, Leewinchell	01 Ottawa Lions T.F.C.	54.91	1
6	Adeli, Kevin	01 C.A.N.I. Athletics	54.99	2
7	Babcock, Owen	97 Unattached Ontario	55.20	2
8	Samson, Gabriel	99 Saint-Laurent	X55.67	2
9	Nonez, Fabrice	02 Ottawa Lions T.F.C.	56.81	2

Event 54 Women 2000 Meter Steeplechase 0.762m U20

U20: # 6:36.05 2007-07-29 Danelle WOODS (89), Ottawa			
Name	Year	Team	Finals
1	Porter, Gillian	04 Ottawa Lions T.F.C.	7:18.84
2	Pearce, Mackenzie	04 Burlington T.F.C	7:28.96
3	Jaklova, Anna	05 Unattached Ontario	7:35.96
4	Chisholm, Ellie	04 Uni. Toronto TC	7:44.16
5	Gipson, Molly	04 Uni. Toronto TC	8:00.04

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....Event 54 Women 2000 Meter Steeplechase 0.762m U20

6 Munro, Grace	04 Ottawa Lions T.F.C.	8:15.35
7 Lalonde, Ella	04 Ottawa Lions T.F.C.	8:31.44

Event 55 Men 3000 Meter Steeplechase 0.914m U20

U20: # 8:59.83 2008-05-17 Matthew HUGHES (89), Toront		
Name	Year Team	Finals
1 Sikka, Zachary	04 Ottawa Lions T.F.C.	9:54.73
2 Paul, Nathan	04 Laurel Creek T.F.C.	10:05.62
3 Link, Jack	04 Ottawa Lions T.F.C.	10:32.42
4 Dardano, Nicolas	05 Brockville Legi.	11:02.60

Event 56 Women 3000 Meter Steeplechase 0.762m Open

Open: # 9:51.16 2002-06-01 Carol HENRY (82), Univ. of		
Name	Year Team	Finals
1 Jordan, Erika	00 London Western	10:55.94
2 Vroom, Elizabeth	04 Ottawa Lions T.F.C.	10:58.23
3 Perkins, Lauren	00 StrideWise Running	11:03.53
4 Nickel, Alexandra	04 Thorold Elite TC	11:13.21
5 Courville, Sophie	03 Vainqueurs Plus	X11:16.71
6 Beach, Nicole	02 Hamilton Olympic	12:08.91

Event 57 Men 3000 Meter Steeplechase 0.914m Open

Canadian: ! 8:11.64 2013-08-05 Matthew Hughes, Unattached		
Open: # 8:11.64 2013-08-15 Matthew HUGHES (89), Canada		
Name	Year Team	Finals
1 Drover, Alex	99 Harbour Track	9:02.93
2 McPhee, Zachary	02 London Western	9:13.21
3 Rioux, Jonathan	00 StrideWise Running	9:22.07
4 Reimer, Calvin	01 Bison AC	X9:41.24
5 Hayes, Jackson	03 Laurel Creek T.F.C.	9:52.57

Event 60 Women 5000 Meter Race Walk Open

Open: # 21:51.31 1988-07-31 Maria CRUZ, Spain		
Name	Year Team	Finals
1 Smetana, Blanka	74 Toronto RW	31:02.54
2 Cashman, Kitty	60 Toronto RW	32:37.37

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Event 61 Men 5000 Meter Race Walk Open

=====			
Canadian: !	18:39.08	2021-06-18	Evan Dunfee, Racewalk West
Open: #	13.41	1992-03-29	Brendan MATTHIAS (69), Uni
Name	Year	Team	Finals
=====			
1 Xu, Jianping	65	Dundas Valley TC	27:42.25
2 Tarnawski, Janusz	59	Toronto RW	30:48.18
3 Maniatogiannis, George	66	Toronto RW	32:31.37

Event 62 Women High Jump U20

=====			
U20: #	1.92m	1993-08-08	Wanita DYKSTRA (75), Niagara
Name	Year	Team	Finals
=====			
1 Boisvert, Laurie	03	Adrénaline	X1.70m
1.55 1.60 1.65 1.70 1.72			
O XO O XXO XXX			
2 Blair, Callista	04	Monte Cristo	1.60m
1.50 1.55 1.60 1.65			
O XXO O XXX			
3 Luke, Amber	04	Etobicoke T.F.C.	J1.60m
1.45 1.50 1.55 1.60 1.65			
O O XO XO XXX			
4 Cudmore, Gwendolyn	03	Thorold Elite TC	J1.60m
1.50 1.55 1.60 1.65			
O O XXO XXX			
5 Jozin, Annika	03	Laurel Creek T.F.C.	1.55m
1.50 1.55 1.60			
O O XXX			
6 Maas, Rachel	07	Uni. Toronto TC	J1.55m
1.50 1.55 1.60			
O XO XXX			
7 Bouchard, Élise	04	Saint-Laurent	XJ1.55m
1.55 1.60			
XXO XXX			
8 Moreland, Elizabeth	03	Ottawa Lions T.F.C.	J1.55m
1.45 1.50 1.55 1.60			
O XXO XXO XXX			
9 Goddard, Audrey	04	Ottawa Lions T.F.C.	1.50m
1.40 1.45 1.50 1.55			
O O O XXX			
9 Gilhuly, Emily	03	London Western	1.50m
1.45 1.50 1.55			
O O XXX			
11 Maas, Rebekah	05	Uni. Toronto TC	1.40m
1.30 1.35 1.40 1.45			
O O XXO XXX			
-- Davies, Jade	06	Uni. Toronto TC	NH
1.20			
XXX			

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Event 63 Men High Jump U20

U20: # 2.27m 2009-08-02 Derek DROUIN (90), Sarnia Ath				
Name	Year	Team	Finals	
1 Becker, Thomas	03	C.A.N.I. Athletics	2.05m	
			1.90 1.95 2.00 2.05 2.08	
			O O XXO XXO XXX	
2 Belluz, Alessandro	03	Unattached Ontario	1.85m	
			1.80 1.85 1.90	
			O O XXX	

Event 64 Women High Jump Open

Open: # 1.97m 2007-07-30 Nicole FORRESTER (76), Missis				
Name	Year	Team	Finals	
1 Bitchoka, Barbara	96	Unattached Ontario	1.83m	
			1.74 1.77 1.80 1.83 1.86	
			XO XO O O XXX	
2 Branderhorst, Emily	99	Saugeen Track	1.80m	
			1.60 1.65 1.71 1.74 1.77 1.80 1.83	
			O O O O XO XO XXX	
3 Markovinovic, Celia	01	Unattached Ontario	1.71m	
			1.55 1.60 1.65 1.68 1.71	
			O O O XO XXO	
4 Blair, Hannah	00	Laurel Creek T.F.C.	1.60m	
			1.55 1.60 1.65	
			XO O XXX	
5 Selkirk, Robin	03	London Western	J1.60m	
			1.55 1.60 1.65	
			O XO XXX	
6 Léveillé, Maude	95	Unattached	X1.55m	
			1.50 1.55 1.60	
			XO XO XXX	
7 Hendriksen, Emma	02	London Western	1.50m	
			1.50 1.55	
			O XXX	
8 McCormick, Brooklyn	01	Ottawa Lions T.F.C.	1.45m	
			1.30 1.35 1.40 1.45 1.50	
			O O O O XXX	
8 Corallo, Michelle	98	Uni. Toronto TC	1.45m	
			1.35 1.40 1.45 1.50	
			O O O XXX	

Event 65 Men High Jump Open

Canadian: ! 2.40m 2014-04-25 Derek Drouin, Sarnia Southwes				
Open: # 2.40m 2014-04-25 Derek DROUIN (90), Sarnia Ath				
Name	Year	Team	Finals	

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....Event 65 Men High Jump Open

1	Ollivier, Emile	95 Saint-Laurent	X2.10m
	1.90 1.95 2.00 2.05 2.08 2.10 2.12		
	o o o o XO XXO XXX		
2	Lafleur, Hans	96 C.A.N.I. Athletics	2.05m
	1.90 1.95 2.00 2.05 2.08		
	o o XXO XXO XXX		
3	McLeod, Austin	99 London Western	1.75m
	1.70 1.75 1.80		
	o o XXX		
4	Leger, Taylor	96 Saint-Laurent	X1.70m
	1.65 1.70 1.75		
	o o XXX		
--	Turner, Daxx	02 Unattached Manitoba	XNH
	1.85		
	XXX		

Event 66 Women Pole Vault U20

=====			
	U20: # 4.40m	2013-08-05	Alysha NEWMAN (94), London L
Name	Year	Team	Finals
=====			
1	Elizarov, Jennifer	03 Elite Jumps	3.70m
	3.45 3.60 3.70 3.80		
	XO o XXO XXX		
2	Miller, Quinn	03 Uni. Toronto TC	J3.70m
	3.45 3.60 3.70 3.80		
	XO XXO XXO XXX		
3	Stoyka Kay, Sage	03 Bolton Pole Vault	3.60m
	3.30 3.45 3.60 3.70		
	o o XO XXX		
4	King, Julia	04 Bolton Pole Vault	3.45m
	3.15 3.30 3.45 3.60		
	XO o XXO XXX		
5	Bilenko, Alina	04 Project Athletic	3.30m
	3.30 3.45		
	XO XXX		
6	Hill, Isabelle	03 Bolton Pole Vault	J3.30m
	3.15 3.30 3.45		
	o XXO XXX		
7	Miller, Brynn	04 Bolton Pole Vault	3.15m
	2.45 2.65 2.85 3.00 3.15 3.30		
	o o o o XO XXX		
8	Kistulinec, Anna	04 Uni. Windsor AC	J3.15m
	2.85 3.00 3.15 3.30		
	XO XXO XXO XXX		
9	Bouffard, Helene	03 London Western	3.00m
	2.85 3.00 3.15		
	o o XXX		
9	Passy, Abigail	03 Fredericton Reds	X3.00m
	3.00 3.15		
	o XXX		

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....Event 66 Women Pole Vault U20

11 Judge, Amber	04 London Western	2.65m
2.45 2.65 2.85		
XO O XXX		
-- Beckett, Daniela	04 London Western	NH
3.15		
XXX		

Event 67 Men Pole Vault U20

=====			
U20: # 5.71m 2013-03-29 Shawnacy BARBER (94), Project			
Name	Year Team		Finals
=====			
1 Miller, Liam	06 Bolton Pole Vault		4.20m
3.65 3.80 3.90 4.00 4.10 4.20 4.30			
O XO O XO XO O XXX			
2 Dafoe, Ian	03 London Western		4.10m
4.10 4.20			
XXO XXX			
3 Ivanov, Michael	03 Thorold Elite TC		3.90m
3.05 3.20 3.35 3.50 3.65 3.80 3.90 4.00			
O XP O O O O O XXX			
4 Beaubien, Spencer	04 Kingston Track	J3.90m	
3.35 3.50 3.65 3.80 3.90 4.00			
O XO O O XXO XXX			
5 Tzvetkov, Denis	03 London Western		3.80m
3.50 3.65 3.80 3.90			
O O O XXX			
6 Booth, Harrison	04 Unattached Ontario		3.65m
3.05 3.20 3.35 3.50 3.65 3.80			
XO O XXO XO O XXX			
7 West, Liam	07 Bolton Pole Vault		3.35m
3.05 3.20 3.35 3.50			
O O XXO XXX			
8 Wallner, Leo	03 Ottawa Lions T.F.C.		3.05m
2.50 2.70 2.90 3.05 3.20			
O O O O XXX			
9 Sampson, Robert Michael	04 Laurel Creek T.F.C.		2.90m
2.70 2.90 3.05			
XXO XO XXX			
10 Carty, Xavier	03 Ottawa Lions T.F.C.		2.70m
2.50 2.70 2.90			
XO XO XXX			

Event 68 Women Pole Vault Open

=====			
Open: # 4.75m 2017-08-27 Alysha NEWMAN (94), Bolton Po			
Name	Year Team		Finals
=====			

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....Event 68 Women Pole Vault Open

1	Scardanzan, Virginia	98 Italy		X4.15m
	4.05 4.15 4.25			
	XO O XXX			
2	Rodney, Mia	01 Elite Jumps		3.85m
	3.55 3.70 3.85 3.95 4.05			
	O XO O P XXX			
3	Thronson, Alexzandra	01 Uni. Toronto TC		3.70m
	3.55 3.70 3.85			
	O O XXX			
3	Fiedler, Erika	91 Bolton Pole Vault		3.70m
	3.70 3.85			
	O XXX			
5	Boxer, Sophie	01 Elite Jumps		3.55m
	3.40 3.55 3.70			
	O XO XXX			
5	Grigore, Monica	02 Elite Jumps		3.55m
	3.40 3.55 3.70			
	O XXO XXX			
5	Kralik, Ema	00 Uni. Windsor AC		3.55m
	3.40 3.55 3.70			
	O XO XXX			
5	Walker, Olivia	00 London Western		3.55m
	3.10 3.25 3.40 3.55 3.70			
	XO O XXO O XXX			
9	Henry, Naomi	99 York Uni. T.F.C.		3.25m
	3.10 3.25 3.40			
	O XO XXX			
--	Lam, Lynton	98 Elite Jumps		NH
	3.55			
	XXX			

Event 69 Men Pole Vault Open

=====				
	Canadian: !	6.00m	2016-01-05	Shawnacy Barber, Project Athl
	Open: #	5.93m	2015-07-25	Shawnacy BARBER (94), Project
Name	Year	Team	Finals	
=====				
1	Filipek, Nathan	91 Elite Jumps		5.40m
	4.90 5.00 5.10 5.20 5.30 5.40 5.50			
	O O O XO XXO O XXX			
2	Gleason, Daniel	97 York Uni. T.F.C.		5.20m
	4.90 5.00 5.10 5.20 5.30 5.40			
	O P XO O P XXX			
3	Seguin, Brennan	99 Elite Jumps		4.90m
	4.65 4.80 4.90 5.00			
	XO O XXO XXX			
4	McDonald, Owen	02 London Western		4.05m
	3.90 4.05 4.20			
	XO O XXX			

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....Event 69 Men Pole Vault Open

5 Collins, Isaiah	02 Unattached BC	X3.90m
3.60 3.75 3.90 4.05		
XXO O O XXX		
6 Hong, Tommy	00 London Western	3.45m
3.10 3.30 3.45 3.60		
O O XXO XXX		
7 Leger, Taylor	96 Saint-Laurent	X3.10m
2.90 3.10 3.30		
XO O XXX		
-- Parker, Nojah	99 Uni. Windsor AC	NH
4.35		
XXX		
-- Weigl, Thomas	97 Elite Jumps	NH
4.80		
XXX		
-- Simpson, Bruce	50 Bolton Pole Vault	NH
2.90		
XXX		

Event 70 Women Long Jump U20

=====						
U20: # 6.50m 1982-07-04 Karen NELSON (63), Scarborough Opt						
Name	Year	Team	Finals	Wind		
=====						
1 Omonzane, Peace	04	Flying Angels	5.70m	1.8		
5.59m(1.2) 5.51m(0.5) 5.70m(1.8) 5.50m(2.1) 5.58m(1.8) 5.26m(1.2)						
2 Desousa, Tayah	03	St Thomas Legion	5.41m	1.5		
5.41m(1.5) 5.26m(1.2) 5.38m(1.6) PASS PASS PASS						
3 Van Elderen, Shana	04	Brampton Racers	5.34m	1.1		
5.22m(0.8) 5.22m(0.4) FOUL 5.34m(1.1) FOUL FOUL						
4 Goddard, Audrey	04	Ottawa Lions T.F.C.	5.05m	1.6		
4.94m(1.1) 5.05m(1.6) 3.49m(1.2) 4.86m(1.8) FOUL 4.85m(1.4)						
5 Campbell, Jada	04	Flying Angels	5.02m	1.2		
4.88m(1.7) FOUL FOUL FOUL 5.02m(1.2) FOUL						
6 Luna, Jady	04	London Western	4.95m	1.9		
4.83m(1.3) 4.95m(2.7) 4.84m(0.3) 4.95m(1.9) 4.67m(1.1) 4.84m(1.1)						
7 Murchison, Charlotte	04	Ottawa Lions T.F.C.	4.94m	2.0		
4.94m(2.0) 4.89m(1.9) 4.58m(1.6) 4.74m(2.2) 4.77m(-1.5) 4.53m(0.9)						
8 Prendergast, Jordane	05	Golden Eagle TC	4.85m	2.2		
4.80m(0.8) 4.53m(0.9) 4.39m(-0.4) 4.62m(1.0) 4.85m(2.2) FOUL(0.8)						
9 Allen, Dani	05	Durham Dragons	4.61m	1.8		
4.61m(1.8) 4.35m(1.4) FOUL						
-- Nero, Miyah	04	Flying Angels	FOUL			
FOUL FOUL FOUL						
-- Sivachandran, Shankari	03	United Tamil	FOUL			
FOUL FOUL FOUL						

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Event 71 Men Long Jump U20

U20: # 7.88m 1976-04-30 Richard ROCK (57), -

Name	Year	Team	Finals	Wind
1 Désilets, Emanuel	03	Dynamique de Laval	X6.88m	0.8
6.58m(1.1) 6.70m(0.7) 6.88m(0.8) 6.39m(-0.8) 6.42m(1.0) 4.56m(0.1)				
2 Spicer, Logan	03	Royal City AC	6.67m	-0.1
6.37m(0.5) 6.64m(-0.0) FOUL 6.67m(-0.1) 6.41m(0.6) FOUL				
3 Mu, Steven	04	Laurel Creek T.F.C.	6.60m	0.2
FOUL FOUL 6.22m(0.4) 6.08m(0.9) 6.39m(-0.4) 6.60m(0.2)				
4 Lim, Dominick	03	Variety Village	6.52m	0.5
6.52m(0.5) FOUL FOUL 6.30m(1.5) FOUL 6.41m(0.7)				
5 Arulrajan, Sayanthan	07	United Tamil	6.44m	1.4
6.44m(1.4) FOUL 6.06m(1.3) 6.14m(0.8) 6.01m(1.3) 6.13m(0.2)				
6 McPhee, Ian	03	Uni. Windsor AC	6.40m	1.5
6.11m(0.2) FOUL(0.8) 6.38m(-0.5) 6.40m(1.5) FOUL 6.33m(0.3)				
7 Belluz, Alessandro	03	Unattached Ontario	J6.40m	-0.1
6.04m(1.6) 6.40m(-0.1) 6.36m(1.4) 6.33m(0.8) 6.20m(0.6) 6.36m(-0.4)				
8 Crawford, James	04	Kitch. Waterloo	6.20m	-0.7
5.90m(1.7) 6.16m(0.3) 6.20m(-0.7) FOUL FOUL 5.94m(0.2)				
9 Sampson, Robert Michael	04	Laurel Creek T.F.C.	6.07m	1.4
5.70m(2.2) 5.78m(-0.4) 6.07m(1.4)				
10 Carty, Xavier	03	Ottawa Lions T.F.C.	5.80m	0.6
5.28m(0.2) 5.80m(0.6) FOUL				
11 Theodore, Zachary	05	Ottawa Lions T.F.C.	5.39m	-1.6
5.39m(-1.6) 5.04m(1.2) 4.85m(-1.6)				
12 Delsaut, Frank	05	Kitch. Waterloo	4.99m	1.4
4.99m(1.4) FOUL FOUL				
-- Chang, Declan	03	York Uni. T.F.C.	FOUL	
FOUL(0.9) FOUL FOUL				

Event 72 Women Long Jump Open

Open: # 6.84m 2008-06-07 Tabia CHARLES (85), Canada

Name	Year	Team	Finals	Wind
1 Jones, Leah	99	York Uni. T.F.C.	6.03m	0.2
5.99m(-0.2) FOUL FOUL FOUL FOUL 6.03m(0.2)				
2 Aholou, Tatiana	00	Dynamique de Laval	X6.00m	1.8
5.82m(0.3) 6.00m(1.8) FOUL FOUL FOUL FOUL				
3 Tejiofo, Fiola	02	Université Laval	X5.83m	2.3
FOUL(1.4) FOUL 5.31m(1.6) 5.48m(1.2) 5.58m(1.2) 5.83m(2.3)				
4 Couturier, Rosalie	01	Université Laval	X5.63m	2.5
FOUL(2.1) 5.53m(2.6) 5.32m(1.2) 4.32m(1.9) FOUL(1.9) 5.63m(2.5)				
5 Okwechime, Maria	00	Ottawa Lions T.F.C.	5.62m	2.5
FOUL(2.4) FOUL 5.62m(2.5) 4.53m(2.5) 5.55m(3.1) 5.50m(-0.3)				
6 Reinfels, Helena	94	Saint-Laurent	X5.54m	2.3
FOUL 5.35m(1.1) 5.54m(2.3) FOUL FOUL 5.44m(2.4)				
7 Bryson, Megan	01	Lakehead Running	5.53m	1.1
FOUL(1.5) 5.53m(1.1) FOUL FOUL 5.53m(1.8) 5.25m(1.2)				

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8	Lyn, Isabelle	01	Maximus Performance	J5.53m	1.3
	FOUL(2.3) FOUL		5.33m(0.7) 5.53m(1.3) FOUL	FOUL	
9	Hendriksen, Emma	02	London Western	5.36m	0.9
	FOUL(1.7) 5.22m(1.5) 5.36m(0.9) 4.92m(0.8) 5.05m(1.6) 5.13m(1.6)				
10	Corallo, Michelle	98	Uni. Toronto TC	5.24m	1.1
	5.00m(1.7) 5.24m(1.1) 5.13m(3.2) 4.86m(1.4) FOUL		FOUL		
11	Walker, Makesha	02	Lasalle Athletics	X5.17m	1.4
	5.17m(1.4) FOUL(0.8) 5.11m(0.6)				
12	Eastmond, Madeleine	98	York Uni. T.F.C.	4.95m	2.1
	4.50m(0.8) 4.69m(1.6) 4.95m(2.1)				
13	Henry, Olivia	99	York Uni. T.F.C.	4.94m	1.2
	4.94m(1.2) 4.83m(1.7) PASS				
--	Drosdowech, Sonja	98	Royal City AC	FOUL	
	FOUL(2.0) FOUL		FOUL		

Event 73 Men Long Jump Open

Canadian: ! 8.28m 2021-05-29 Damian Warner, London Western T.F.C.
 Open: # 8.19m 2000-03-25 Richard DUNCAN (73), Canada

Name	Year	Team	Finals	Wind	H#
1 Thibodeau, Jesse	97	Saint-Laurent	X7.62m	2.7	2
	7.41m(2.1) 7.62m(2.7) 7.42m(2.8) 7.34m(1.1) FOUL		FOUL		
2 Patterson, Bryson	95	C.A.N.I. Athletics	7.50m	1.4	2
	FOUL(2.4) 6.69m(1.0) 7.22m(2.1) 7.09m(0.7) FOUL		7.50m(1.4)		
3 Jacob, Johnathan	01	Royal City AC	7.37m	4.3	2
	7.37m(4.3) 7.20m(2.7) 7.29m(1.5) FOUL		FOUL		
			7.25m(1.4)		
4 Foster, Joshua	02	C.A.N.I. Athletics	7.22m	2.0	2
	6.95m(1.7) 7.12m(4.8) 6.89m(3.7) 7.22m(2.0) FOUL(1.0) 7.12m(2.7)				
5 Zongo, Fabrice Marvin	98	Track North AC	7.20m	NWI	1
	6.83m(-0.4) 6.99m(1.6) 6.97m(0.2) 6.90m(NWI) 7.01m(NWI) 7.20m(NWI)				
6 Needs, Alex	99	Unattached Ontario	7.03m	3.2	2
	6.73m(NWI) 7.00m(0.7) 6.98m(3.3) 6.78m(2.6) 7.03m(3.2) FOUL(2.0)				
7 Mougeolle, Clément	98	Saint-Laurent	X7.02m	1.5	2
	FOUL(3.3) FOUL(1.0) 7.02m(1.5) 6.98m(2.3) PASS		PASS		
8 Young, Arren	92	Phoenix	6.97m	3.4	2
	FOUL 6.78m(2.2) 6.93m(0.2) FOUL 6.97m(3.4) FOUL				
9 Akinduro, Olorunfemi	00	Flying Angels	6.91m	1.0	2
	6.48m(1.9) 6.91m(1.0) 6.91m(3.5)				
10 MacNeill, Matthew	00	Royal City AC	6.70m	1.5	2
	FOUL(2.3) 6.70m(1.5) FOUL(2.3)				
11 Martineau, Brandyn	92	Ottawa Lions T.F.C.	6.62m	0.2	1
	5.64m(3.0) 6.62m(0.2) FOUL				
12 Hutchinson, Joshua	00	Winnipeg Optimis	X6.58m	1.8	2
	6.27m(2.7) 6.58m(1.8) 6.45m(4.3)				
13 Dowhoszya, Colton	02	Lakehead Running	6.54m	1.9	1
	6.54m(1.9) 6.30m(1.2) 6.35m(1.0)				
14 Greene, Skeets	01	Unattached Ontario	6.44m	1.3	2
	6.34m(1.0) FOUL(2.3) 6.44m(1.3)				



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15	Ranne, Eman	02 Phoenix	6.38m	0.3	1
	6.38m(0.3) FOUL(1.0) 6.13m(+0.0)				
16	Mayer, Tyson	02 Lakehead Running	J6.38m	0.4	1
	5.98m(0.2) 6.02m(0.2) 6.38m(0.4)				
17	Masena, Bebelo-Noah	02 C.A.N.I. Athletics	6.16m	NWI	2
	6.16m(NWI) 5.82m(1.9) FOUL(3.0)				
18	Hendricks-Polack, Jared	98 London Western	6.13m	2.0	2
	6.01m(1.9) 6.13m(2.0) 5.79m(3.3)				
19	Evans, Ryan	99 Saint John Reds	X6.03m	1.9	1
	5.79m(0.3) 6.03m(1.9) 5.85m(0.4)				
20	Tanton, Matthew	98 Islanders T&F	X5.75m	-0.7	1
	5.52m(1.4) FOUL 5.75m(-0.7)				
21	Hong, Tommy	00 London Western	5.44m	1.3	1
	5.18m(NWI) 5.44m(1.3) 5.30m(0.7)				
22	Millette, Brycen	04 Speed Academy	5.06m	1.3	1
	4.57m(0.7) 5.06m(1.3) FOUL				
23	Bell, Joseph	96 Unattached Ontario	4.87m	0.9	1
	FOUL 4.87m(0.9) FOUL				
--	Lee, Adam	99 Royal City AC	FOUL		2
	FOUL(2.5) FOUL(3.2) FOUL(2.1)				

Event 76 Women Triple Jump U20

U20: # 13.04m 2003-06-15 Tabia CHARLES (85), Westview Lege					
Name	Year	Team	Finals	Wind	
1	Omonzane, Peace	04 Flying Angels	12.42m	1.1	
	11.98m(1.9) 12.19m(1.9) 12.42m(1.1) FOUL(-0.3) 12.25m(-0.0) 12.12m(1.3)				
2	Akinduro, Tolulope	04 Flying Angels	11.72m	-1.3	
	FOUL(2.0) 11.16m(0.7) 11.42m(-0.3) FOUL(0.8) 11.70m(-0.8) 11.72m(-1.3)				
3	Moreland, Elizabeth	03 Ottawa Lions T.F.C.	10.72m	-1.1	
	FOUL(1.6) 10.40m(1.2) 10.45m(0.1) 10.61m(1.3) FOUL(-0.4) 10.72m(-1.1)				
4	Sivachandran, Shankari	03 United Tamil	10.65m	1.4	
	FOUL(1.3) FOUL(2.2) 10.48m(0.9) 10.41m(1.6) 10.25m(0.4) 10.65m(1.4)				
5	Nero, Miyah	04 Flying Angels	10.59m	1.1	
	10.05m(1.7) 10.19m(0.8) 10.59m(1.1) FOUL 9.90m(1.3) 10.25m(0.6)				

Event 77 Men Triple Jump U20

U20: # 15.73m 2002-05-31 Kenen SHADD (83), Grand River C.I					
Name	Year	Team	Finals	Wind	
1	Arulrajan, Sayanthan	07 United Tamil	12.82m	NWI	
	12.60m(0.2) 12.65m(-0.1) 12.50m(-0.1) FOUL(-0.1) 12.78m(-0.1) 12.82m(-0.0)				
2	Phan, Henry	03 York Uni. T.F.C.	12.52m	0.1	
	FOUL(-0.1) 12.52m(0.1) 11.96m(-0.3) 11.96m(-0.3) 11.88m(-0.0) 12.02m(-0.1)				

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Event 78 Women Triple Jump Open

Open: # 13.99m 2010-07-03 Tabia CHARLES (85), Elite Edge						
Name	Year	Team	Finals	Wind		
1 Ehrhardt, Caroline	92	London Western	13.12m	1.0		
FOUL	FOUL	13.12m(1.0)	13.03m(3.8)	FOUL	FOUL	
2 Gibbs, Brittney	96	Phoenix	12.07m	0.7		
11.91m(3.6)	11.49m(1.2)	12.07m(0.7)	12.01m(1.8)	11.78m(0.5)	11.88m(+0.0)	
3 Horner, Ayasha	99	London Western	11.38m	2.6		
10.91m(3.2)	FOUL	11.38m(2.6)	11.16m(1.9)	10.52m(0.6)	11.00m(+0.0)	
4 Dobson Takoff, Emma	01	Ottawa Lions T.F.C.	11.19m	1.6		
10.99m(2.9)	FOUL	11.05m(0.2)	11.19m(1.6)	10.86m(1.7)	10.99m(0.2)	
5 Masama, Coleka	98	C.A.N.I. Athletics	9.43m	2.1		
9.43m(2.1)	FOUL	FOUL	FOUL	9.08m(0.7)		
-- Sivanathan, Akshanaa	00	York Uni. T.F.C.	FOUL			
FOUL	FOUL	FOUL	FOUL	FOUL		

Event 79 Men Triple Jump Open

Canadian: ! 17.29m 1989-06-03 Edrick Floreal, Unaffiliated						
Open: # 16.70m 1987-06-27 George WRIGHT (63), Univ. of Toro						
Name	Year	Team	Finals	Wind		
1 West, Kenneth	02	Flying Angels	15.48m	2.2		
14.85m(2.5)	12.26m(2.9)	15.48m(2.2)	FOUL	14.78m(2.3)	FOUL	
2 Akinduro, Olorunfemi	00	Flying Angels	15.43m	2.0		
14.60m(2.5)	FOUL	14.90m(2.5)	FOUL	15.43m(2.0)		
3 Zongo, Fabrice Marvin	98	Track North AC	14.59m	3.2		
14.02m(1.4)	PASS	14.59m(3.2)	PASS	14.59m(2.5)	12.25m(2.0)	
4 Turner, Daxx	02	Unattached Manitoba	X14.51m	2.5		
14.51m(2.5)	14.35m(2.2)	FOUL	FOUL	FOUL(2.8)	14.24m(2.4)	
5 Foster, Joshua	02	C.A.N.I. Athletics	14.45m	1.9		
11.80m(1.4)	14.45m(1.9)	14.01m(2.5)	13.85m(1.7)	14.16m(1.8)	FOUL	
6 Needs, Alex	99	Unattached Ontario	14.24m	2.6		
FOUL(2.5)	13.75m(2.6)	14.03m(2.1)	FOUL	13.92m(2.3)	14.24m(2.6)	
7 Yetman, Daniel	92	Unattached NS	X13.43m	1.9		
13.40m(1.4)	13.43m(1.9)	13.24m(2.5)	13.25m(1.5)	FOUL	13.12m(2.3)	
8 Al-Slaq, Ahmed	93	Ottawa Lions T.F.C.	11.37m	1.5		
FOUL	11.37m(1.5)	PASS	PASS	PASS	PASS	
-- Masena, Bebelo-Noah	02	C.A.N.I. Athletics	FOUL			
FOUL	FOUL	FOUL				

Event 80 Women Shot Put 4.00kg U20

U20: # 16.00m 2015-05-17 Obeng MARFO (96), York Univ.						
Name	Year	Team	Finals			
1 Sands, Liv	03	London Western	12.86m			
12.86m	FOUL	FOUL	FOUL	12.31m	FOUL	
2 Martin, Harley	04	Saugeen Track	11.53m			
10.82m	11.02m	11.51m	11.53m	11.15m	10.86m	

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....Event 80 Women Shot Put 4.00kg U20

3	De Buglio, Martina	04	Project Athletic	11.19m
	10.43m FOUL 10.88m FOUL 11.19m 11.01m			
4	Selkirk, Robin	03	London Western	11.15m
	10.54m 10.66m 11.15m 10.12m 10.44m 9.57m			
5	Clifford, Lauralyn	03	Project Athletic	11.13m
	10.26m 10.77m 10.77m 10.49m FOUL 11.13m			
6	Francis, Jenae	07	Project Athletic	10.46m
	8.96m 10.26m 9.75m 10.46m 9.55m FOUL			
7	Luna, Jady	04	London Western	9.75m
	9.37m 9.29m 8.77m 9.65m 9.75m 9.10m			
8	Dwyer, Monifa	07	York Uni. T.F.C.	9.11m
	8.74m 7.64m 7.63m 8.04m 8.25m 9.11m			
9	Hyman, Kaiva	06	Toronto Tornadoes	8.19m
	7.55m 8.19m 7.59m PASS PASS PASS			
10	Allen, Dani	05	Durham Dragons	8.06m
	7.18m 7.90m 8.06m PASS PASS PASS			

Event 81 Men Shot Put 6.00kg U20

U20: # 19.03m 2007-07-13 Kyle HELF (86), South Simcoe

Name	Year	Team	Finals
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1	Lewis, Spencer	03	Unattached Ontario	17.58m
	17.45m 16.95m FOUL FOUL FOUL 17.58m			
2	Stanat, Arthur	03	St Thomas Legion	15.01m
	14.30m 14.56m 14.65m 14.82m 15.01m 14.47m			
3	Brewer, Benjamin	04	Saugeen Track	14.96m
	14.96m FOUL FOUL FOUL FOUL 14.78m			
4	Tzvetkov, Denis	03	London Western	13.95m
	PASS 13.95m 13.41m 13.51m 12.77m 13.57m			
5	Ponsamy, Senthuran	03	United Tamil	12.21m
	12.07m FOUL 11.71m 12.21m 11.81m 10.82m			

Event 82 Women Shot Put 4.00kg Open

Open: # 18.58m 2017-05-20 Brittany CREW (94), SISU

Name	Year	Team	Finals
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1	Crew, Brittany	94	Unattached Ontario	16.81m
	15.58m 15.90m FOUL 16.22m FOUL 16.81m			
2	Brooks, Kaitlin	96	Sisu Throws Club	15.04m
	15.04m 14.23m 13.26m FOUL FOUL 14.28m			
3	Ezokuse, Biniosa	02	Project Athletic	14.21m
	FOUL 13.14m 14.21m 13.19m 13.19m FOUL			
4	Asiamah, Brianna	01	Ottawa Lions T.F.C.	12.43m
	12.24m 12.43m 11.80m 11.87m FOUL 11.92m			
5	O'Connor, Audrey	01	Uni. Windsor AC	11.22m
	10.98m 10.57m 11.22m 10.97m 10.76m FOUL			
6	Newman, Alysha	94	Bolton Pole Vault	10.08m
	9.89m 9.34m FOUL FOUL 10.08m 9.83m			

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....Event 82 Women Shot Put 4.00kg Open

7 Latham, Efe 02 Lasalle Athletics X9.51m
 FOUL FOUL FOUL 9.51m FOUL FOUL

Event 83 Men Shot Put 7.26kg Open

Canadian: ! 22.21m 2011-06-25 Dylan Armstrong, Kamloops Tr
 Open: # 20.87m 2004-06-08 Brad SNYDER (76), Unattached
 Name Year Team Finals

Name	Year	Team	Finals
1 Bujnowski, Mark	98	London Western	18.70m
		FOUL 18.54m 18.45m 18.32m 18.70m FOUL	
2 Ohene-Adu, Dennis	00	Sisu Throws Club	16.62m
		16.28m 16.62m FOUL 16.27m 16.41m FOUL	
3 Nedow, Thomas	98	Ottawa Lions T.F.C.	15.49m
		13.81m FOUL 14.94m 15.26m 15.29m 15.49m	
4 Edwards, Seth	99	London Western	15.13m
		14.56m 14.59m 14.94m FOUL FOUL 15.13m	
5 Brathwaite, Eric	91	Sisu Throws Club	14.99m
		14.99m FOUL PASS PASS PASS PASS	
6 Josie, Mackenzie	96	Royal City AC	13.90m
		12.78m 12.83m 13.64m 13.90m 13.60m 13.58m	
7 Foder, Brady	02	St Thomas Legion	12.79m
		11.93m 12.79m FOUL FOUL 12.12m 11.77m	
8 Singh, Jasdeep	92	Etobicoke T.F.C.	11.83m
		10.17m 10.33m 11.35m 11.34m 11.42m 11.83m	
9 Singh, Vikram	95	Etobicoke T.F.C.	9.12m
		8.66m 9.12m 9.09m	

Event 86 Women Shot Put Seated Wheelchair

Name Year Team Finals

Name	Year	Team	Finals
1 Gaudette, Tiffany T54;F5	85	Cruisers Sports	5.73m
		5.70m 5.57m 5.31m 5.49m 5.54m 5.73m	
2 Lee, Joanne F34	98	Cruisers Sports	5.05m
		4.67m 4.84m 4.83m 5.05m 4.93m 4.78m	
3 Sandoval Gustafson, Mart	50	Cruisers Sports	3.14m
		3.00m 3.10m 3.11m 3.10m 3.14m 3.13m	

Event 87 Men Shot Put Seated Wheelchair

Name Year Team Finals

Name	Year	Team	Finals
1 Domingo, Aristotle F57	75	Cruisers Sports	6.52m
		6.52m 6.48m 6.31m 5.82m 6.47m FOUL	
2 Watson, Joshua F56	78	Cruisers Sports	5.34m
		4.97m 5.19m 5.34m 5.07m 5.25m 5.00m	
3 Bennett, Ryan F34	88	Cruisers Sports	4.70m
		4.46m 4.44m 4.45m 4.70m 4.54m FOUL	

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Event 88 Women Discus Throw 1.00kg U20

U20: # 52.52m 1986-05-20 Michelle BROTHERTON (68), Bi						
Name	Year	Team	Finals			
1 Tunks, Julia	06	London Western	49.31m			
			FOUL	49.31m	47.78m	FOUL
			FOUL	46.58m	FOUL	
2 De Buglio, Martina	04	Project Athletic	42.60m			
			41.32m	42.60m	FOUL	FOUL
			FOUL	FOUL	40.04m	
3 Sands, Liv	03	London Western	42.14m			
			41.26m	41.28m	40.82m	42.14m
			FOUL	40.65m		
4 Hastings, Avery	04	Saugeen Track	37.17m			
			37.17m	32.63m	FOUL	35.43m
			FOUL	32.02m		
5 Tunks, Jenna	09	London Western	36.34m			
			36.34m	34.01m	33.53m	31.52m
			FOUL	FOUL		
6 Van Stuyvenberg, Michell	05	Saugeen Track	33.74m			
			26.96m	31.99m	31.10m	31.71m
			33.74m	31.32m		
7 Forde, Payton	06	Sisu Throws Club	28.36m			
			17.88m	23.44m	FOUL	22.92m
			28.36m	27.18m		

Event 89 Men Discus Throw 1.75kg U20

U20: # 60.72m 2012-06-07 Jordan YOUNG (93), Windsor L						
Name	Year	Team	Finals			
1 Lewis, Spencer	03	Unattached Ontario	49.48m			
			48.28m	48.75m	FOUL	FOUL
			49.48m	46.97m		
2 Stanat, Arthur	03	St Thomas Legion	43.72m			
			38.05m	FOUL	37.05m	43.25m
			FOUL	43.72m		
3 Brewer, Benjamin	04	Saugeen Track	42.72m			
			FOUL	FOUL	FOUL	39.57m
			FOUL	42.72m		
4 Tzvetkov, Denis	03	London Western	36.08m			
			FOUL	35.51m	34.90m	33.70m
			36.08m	34.01m		

Event 90 Women Discus Throw 1.00kg Open

Open: # 59.76m 2001-05-03 Tina MCDONALD (76), Toronto						
Name	Year	Team	Finals			
1 Tutti, Trinity	00	Sisu Throws Club	55.15m			
			53.22m	55.15m	FOUL	50.42m
			FOUL	51.35m		
2 Poliquin, Lydie-Anne	01	Rive-Sud	X45.46m			
			FOUL	43.17m	42.81m	FOUL
			FOUL	45.46m	FOUL	
3 Alty, Emily	02	Unattached Ontario	43.73m			
			40.15m	36.91m	FOUL	41.71m
			43.73m	43.36m		
4 Stephens, Alison	01	London Western	43.06m			
			FOUL	FOUL	42.55m	40.14m
			43.06m	FOUL		
5 Van Stuyvenberg, Hanna	02	Saugeen Track	40.46m			
			40.46m	40.01m	39.43m	37.22m
			36.51m	37.74m		
6 Asiamah, Brianna	01	Ottawa Lions T.F.C.	34.41m			
			27.86m	29.41m	FOUL	34.40m
			33.93m	34.41m		

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....Event 90 Women Discus Throw 1.00kg Open

7 Turner, Jacqueline 02 Uni. Windsor AC 34.07m
 FOUL FOUL 27.54m FOUL FOUL 34.07m

Event 91 Men Discus Throw 2.00kg Open

Canadian: ! 67.88m 1998-05-14 Jason Tunks, London Western T.F
 Open: # 67.88m 1998-05-14 Jason TUNKS (75), Unattached

Name	Year	Team	Finals	H#
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1 Nedow, Thomas	98	Ottawa Lions T.F.C.	49.30m	2
48.62m 49.30m	FOUL	FOUL	47.83m 47.45m	
2 Josie, Mackenzie	96	Royal City AC	47.75m	2
43.25m FOUL	44.40m	45.76m	44.95m 47.75m	
3 Edwards, Seth	99	London Western	47.37m	2
45.60m 44.40m	46.38m	47.37m	46.23m 46.30m	
4 Ransky, Mike	70	Unattached Ontario	45.96m	2
FOUL 38.86m	37.51m	40.20m	45.96m 44.32m	
5 Collins, Isaiah	02	Unattached BC	X39.18m	2
37.88m 37.39m	33.75m	FOUL	FOUL 39.18m	
6 Tanton, Matthew	98	Islanders T&F	X37.38m	2
FOUL FOUL	37.38m	FOUL	FOUL FOUL	
7 Evans, Ryan	99	Saint John Reds	X37.13m	1
FOUL 34.20m	32.28m	FOUL	FOUL 37.13m	
8 Beaudoin, Shawn	94	Windsor Legion	36.15m	2
34.53m 35.29m	FOUL	36.15m	35.88m 33.24m	
9 Hendricks-Polack, Jared	98	London Western	32.47m	1
27.89m 32.47m	29.04m			
10 Singh, Jasdeep	92	Etobicoke T.F.C.	32.21m	1
29.73m 31.52m	32.21m			

Event 94 Women Discus Throw Seated Wheelchair

Name	Year	Team	Finals
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1 Gaudette, Tiffany T54;F5	85	Cruisers Sports	16.92m
FOUL 14.78m	16.49m	16.71m	16.84m 16.92m
2 Lee, Joanne F34	98	Cruisers Sports	11.05m
FOUL 9.75m	10.88m	10.41m	10.05m 11.05m
3 Sandoval Gustafson, Mart	50	Cruisers Sports	7.61m
7.61m 7.31m	7.56m	7.31m	7.39m 7.13m

Event 95 Men Discus Throw Seated Wheelchair

Name	Year	Team	Finals
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1 Domingo, Aristotle F57	75	Cruisers Sports	17.65m
17.65m 15.33m	15.31m	15.71m	FOUL 17.37m
2 Surman, Steve F55	54	Cruisers Sports	13.39m
12.75m 13.29m	12.96m	12.43m	13.18m 13.39m

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3 Bennett, Ryan F34	88 Cruisers Sports	13.03m
11.18m 13.03m 12.28m 12.80m FOUL 12.70m		
4 Watson, Joshua F56	78 Cruisers Sports	11.30m
11.30m 10.14m 10.14m 9.92m 10.87m 10.82m		

Event 96 Women Hammer Throw 4.00kg U20

=====			
U20: # 57.95m 2003-08-16 Sultana FRIZELL (84), Ottawa			
Name	Year	Team	Finals
=====			
1 Fray-Samuel, Zayna	03	Project Athletic	52.87m
46.40m 43.03m 50.29m FOUL 47.33m 52.87m			
2 Shepherd, Naiylah	03	Project Athletic	47.24m
46.91m 47.24m 44.94m 47.01m FOUL 46.46m			
3 Clifford, Lauralyn	03	Project Athletic	45.85m
44.35m FOUL FOUL 42.84m FOUL 45.85m			
4 Martin, Harley	04	Saugeen Track	45.21m
44.28m 43.48m 44.49m 43.93m 44.78m 45.21m			
5 Manousaridis, Ana Maria	05	York Uni. T.F.C.	42.76m
FOUL FOUL 40.49m 42.76m FOUL FOUL			
6 Sands, Liv	03	London Western	41.97m
31.75m 34.01m 41.97m FOUL FOUL 41.27m			
7 De Buglio, Martina	04	Project Athletic	40.44m
35.88m 36.15m 38.68m 38.29m 39.62m 40.44m			
8 Francis, Jenae	07	Project Athletic	38.42m
38.42m FOUL 34.49m 38.17m FOUL 36.78m			
9 Van Stuyvenberg, Mitchell	05	Saugeen Track	38.36m
38.18m 38.36m 38.14m			
10 Larson, Tyler	03	London Western	38.23m
38.23m 36.50m FOUL			
11 Anderson, Sierra	07	Project Athletic	36.40m
35.01m 36.40m FOUL			

Event 97 Men Hammer Throw 6.00kg U20

=====			
U20: # 62.88m 2011-05-14 Jordan YOUNG (93), Windsor L			
Name	Year	Team	Finals
=====			
1 Linington, Josh	03	Brantford T.F.C.	61.88m
57.67m 59.99m FOUL 60.19m 61.88m 60.87m			
2 Stanat, Arthur	03	St Thomas Legion	50.64m
48.83m 47.79m 48.94m 49.10m 50.64m 50.47m			
3 Webb, Treyton	05	Maximus Performance	46.97m
FOUL FOUL 46.97m 46.81m FOUL FOUL			

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Event 98 Women Hammer Throw 4.00kg Open

Open: # 75.73m 2014-05-22 Sultana FRIZELL (84), Ottawa								
Name	Year	Team					Finals	
1 Wilson, Mackenzie	01	Uni. Windsor AC					58.54m	
			55.50m	56.57m	58.54m	58.29m	55.89m	57.01m
2 Campbell, Mackenzie	02	Brantford T.F.C.					50.89m	
			49.80m	FOUL	FOUL	FOUL	48.91m	50.89m
3 Stephens, Alison	01	London Western					50.26m	
			FOUL	46.62m	FOUL	50.26m	FOUL	49.04m
4 Latham, Efe	02	Lasalle Athletics					X47.82m	
			40.98m	FOUL	FOUL	44.55m	37.62m	47.82m
5 O'Connor, Audrey	01	Uni. Windsor AC					45.85m	
			45.85m	43.21m	42.24m	44.32m	43.59m	44.82m
6 Van Stuyvenberg, Hanna	02	Saugeen Track					44.56m	
			44.56m	43.84m	FOUL	FOUL	FOUL	FOUL
-- Turner, Jacqueline	02	Uni. Windsor AC					FOUL	
			FOUL	FOUL	FOUL	FOUL	FOUL	FOUL

Event 99 Men Hammer Throw 7.26kg Open

Canadian: ! 79.13m 2008-05-16 James Steacy, CHIN								
Open: # 70.34m 1996-04-19 Boris STOIKOS (69), Phoenix								
Name	Year	Team					Finals	
1 Nedow, Thomas	98	Ottawa Lions T.F.C.					52.87m	
			FOUL	46.48m	48.76m	51.37m	52.87m	52.55m
2 Webb, Terrell	00	Maximus Performance					50.48m	
			FOUL	FOUL	45.97m	FOUL	50.48m	FOUL
3 Singh, Jasdeep	92	Etobicoke T.F.C.					44.49m	
			39.98m	42.71m	44.49m	FOUL	40.70m	39.89m
4 Foder, Brady	02	St Thomas Legion					33.64m	
			FOUL	25.17m	30.23m	33.64m	FOUL	FOUL
5 Sagastume Estrada, Abrah	01	Etobicoke T.F.C.					27.39m	
			26.58m	FOUL	27.10m	25.44m	FOUL	27.39m

Event 100 Women Javelin Throw 600g U20

U20: # 49.16m 2011-07-09 Brook ROWLAND (94), York Uni								
Name	Year	Team					Finals	
1 Seagris, Alex	04	Border City AC					42.40m	
			42.40m	FOUL	40.88m	FOUL	FOUL	FOUL
2 Briscoe, Kate	05	Border City AC					36.68m	
			28.97m	28.04m	34.51m	FOUL	36.68m	30.67m
3 Selkirk, Robin	03	London Western					29.92m	
			29.43m	29.44m	29.92m	FOUL	29.24m	28.73m
-- Allen, Dani	05	Durham Dragons					FOUL	
			FOUL	FOUL	FOUL	FOUL	FOUL	FOUL

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Event 101 Men Javelin Throw 700g U20

U20: # 75.46m 1998-05-17 Scorr RUSSELL (79), -							
Name	Year	Team					Finals
1 Torrance, William	03	Unattached Ontario					60.24m
			53.16m	50.73m	51.15m	FOUL FOUL	60.24m
2 Ing, Matthew	04	Unattached Ontario					52.93m
			50.85m	50.15m	52.93m	51.76m 49.44m 48.43m	
3 MacDougall, Bronis	03	Brockville Legi.					52.36m
			50.61m	FOUL	FOUL	FOUL 52.36m	FOUL
4 Gillis, Dane	03	Uni. Windsor AC					52.18m
			48.48m	50.45m	52.18m	51.06m 48.96m	FOUL
5 Clarke, Sean	04	Border City AC					51.86m
			48.29m	51.86m	45.65m	46.83m 49.25m	FOUL
6 Combres, Tatem	04	Border City AC					51.22m
			51.22m	FOUL	FOUL	FOUL 44.56m	PASS
7 Tzvetkov, Denis	03	London Western					49.94m
			46.76m	47.51m	49.94m	47.93m 47.68m 47.29m	
8 Bartlett, Benjamin	03	Border City AC					47.19m
			44.16m	46.80m	46.99m	47.19m 44.12m 44.86m	
9 Chyz, Trevor	03	Uni. Windsor AC					40.07m
			40.07m	38.61m	FOUL		
10 Pidsadny, Zevin	04	Unattached Ontario					34.84m
			29.87m	FOUL	34.84m		

Event 102 Women Javelin Throw 600g Open

Open: # 59.93m 2017-06-10 Ashley PRYKE (97), SISU							
Name	Year	Team					Finals
1 Pryke, Ashley	97	Sisu Throws Club					49.71m
			FOUL	49.71m	FOUL	FOUL	FOUL 46.68m
2 Dell, Bailey	96	Border City AC					48.01m
			48.01m	46.43m	46.04m	43.76m	FOUL 47.29m
3 Fleming, Jenna	01	Unattached Ontario					46.26m
			44.26m	42.64m	42.29m	43.05m 44.90m 46.26m	
4 Webb, Alexandria	02	Maximus Performance					45.08m
			45.08m	43.77m	FOUL	FOUL 44.09m 44.45m	
5 Roy, Makayla	02	Maximus Performance					44.93m
			42.36m	FOUL	43.42m	42.88m 43.91m 44.93m	
6 McLean, Madison	01	Uni. Windsor AC					44.24m
			41.69m	42.46m	44.24m	40.23m 43.05m 43.73m	
7 Cardella-Rinfret, Genevi	92	Saint-Laurent					X38.18m
			38.18m	FOUL	37.89m	FOUL 37.74m 36.16m	
8 Crispe, Michelle	79	Unattached Ontario					37.50m
			35.03m	37.50m	36.47m	35.92m 32.67m 35.11m	

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Event 103 Men Javelin Throw 800g Open

Canadian: ! 84.81m 2011-07-13 Scott Russell, Windsor Legio							
Open: # 84.81m 2011-07-13 Scott RUSSELL (79), Windsor							
Name	Year	Team					Finals
1 Karakolis, Evan	94	Unattached Ontario					66.26m
	66.26m	62.40m	65.84m	FOUL	64.69m	64.59m	
2 Saldutto, Callan	02	Unattached Ontario					60.82m
	60.82m	FOUL	60.25m	58.35m	PASS	FOUL	
3 Heydon, Jake	01	Border City AC					58.96m
	56.95m	53.91m	56.00m	58.96m	FOUL	58.07m	
4 Kucera, Lee	97	London Western					55.56m
	52.64m	49.57m	54.59m	55.56m	53.25m	53.91m	
5 Collins, Isaiah	02	Unattached BC					X51.15m
	FOUL	49.57m	46.90m	48.31m	49.80m	51.15m	
6 Beaudoin, Shawn	94	Windsor Legion					50.22m
	47.02m	43.41m	46.47m	50.22m	47.96m	50.16m	
7 Singh, Vikram	95	Etobicoke T.F.C.					44.01m
	40.89m	44.01m	FOUL	34.86m	39.17m	40.26m	
8 McLeod, Austin	99	London Western					41.23m
	38.07m	FOUL	41.23m	PASS	PASS	PASS	
9 McDonald, Owen	02	London Western					40.42m
	40.42m	FOUL	37.18m				
10 Ellery, Eric	92	York Uni. T.F.C.					33.45m
	30.73m	33.45m	31.91m				
11 Hong, Tommy	00	London Western					31.27m
	31.08m	31.27m	29.71m				

Event 106 Women Javelin Throw Seated Wheelchair

Name	Year	Team					Finals
1 Gaudette, Tiffany T54;F5	85	Cruisers Sports					10.38m
	8.56m	9.32m	9.89m	10.38m	9.52m	9.77m	
2 Sandoval Gustafson, Mart	50	Cruisers Sports					5.29m
	4.90m	5.03m	4.97m	4.86m	5.29m	5.06m	

Event 107 Men Javelin Throw Seated Wheelchair

Name	Year	Team					Finals
1 Domingo, Aristotle F57	75	Cruisers Sports					13.89m
	FOUL	13.24m	13.89m	13.60m	12.22m	12.94m	

Event 108 Women 4x100 Meter Relay U20

U20: # 46.27 2011-07-23 Brampton TC						
Team						Finals
1 Golden Eagles Track Club 'A'						48.25
1) Kidd, Jasmine 04	2) Miller, Trinity 03					

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3) James, Jenna 03	4) Prendergast, Jordane 05
2 Ottawa Lions T.F.C. 'A'	49.01
1) Goddard, Audrey 04	2) Strickler, Mattson 03
3) McQuinn, Cora 04	4) Borgella, Bianca 03
3 Monte Cristo Track Club 'A'	49.89
1) Metivier, Maya 04	2) Reid, Hailey 04
3) Fearon, Madison 04	4) Sawyer, Elise 05

Event 109 Men 4x100 Meter Relay U20

=====	
U20: # 40.51	1994-06-19 Etobicoke Huskies-Striders
Team	Finals
=====	
1 Hamilton Olympic Club 'A'	42.35
1) Nelson, Quintin 04	2) Barresi, Domenic 03
3) Davis, J'Noy	4) Reader, Daniel 03
2 Ottawa Lions T.F.C. 'A'	42.54
1) Gebara, Seiyf Udeen 03	2) Nicoletti, Luca 04
3) Moulougou, David 03	4) Wallner, Leo 03
3 Laurel Creek T.F.C. 'A'	44.84
1) Carson-Pedri, Nicholas 04	2) Kanhai, Marcus 04
3) Sampson, Robert Michael 04	4) Mu, Steven 04
4 Ottawa Lions T.F.C. 'B'	x46.85
1) Shapiro, Benjamin 04	2) Theodore, Zachary 05
3) Carty, Xavier 03	4) McNeil, Nathaniel 05

Event 110 Women 4x100 Meter Relay Open

=====	
Open: # 44.88	1985-07-26 CANADA
	K. Anderson, A. Thomas, C. Taffe, F. McGuire
Team	Finals
=====	
1 Ottawa Lions T.F.C. 'A'	49.12
1) Lu Langley, Vanessa 02	2) Ogunremi, Doyin 02
3) Procyk, Paulina 02	4) Okwechime, Maria 00
2 Ottawa Lions T.F.C. 'B'	x51.30
1) Ostertag, Coralie 02	2) Brennan, Kelly 97
3) Gilmour, Audrey 03	4) Brennan, Emily 04

Event 111 Men 4x100 Meter Relay Open

=====	
Canadian: ! 37.64	2016-08-19 Team Canada
	Haynes, Brown, Rodney, De Grasse
Open: # 37.92	2013-08-18 CANADA
	G. Smellie, A. Brown, D. Richards-Kwok, J. Warner
Team	Finals
=====	
1 Flying Angels Academy 'A'	40.90
1) Akinduro, Olorunfemi 00	2) Small, Almond 03
3) Ugoh, Oluchi 01	4) Ajiroba, Emmanuel 00

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....Event 111 Men 4x100 Meter Relay Open

2 Royal City Athletics Club 'A'	42.34		
1) Davis, Richard 02		2) Spicer, Logan 03	
3) Hughes, Jared 02		4) MacNeill, Matthew 00	
3 Toronto Racers Athletic Club 'A'	43.15		
1) Exley, Adam 01		2) Reyes, Cameron 01	
3) Dizon-Spence, Kaya 01		4) Tang, Brandon 02	
4 York University Track & Field 'B'	x43.97		
1) Ogunrinde, Oluwapelumi 02		2) Moustafa, Ibrahim 95	
3) Akintade, Richards 03		4) Downs, Champion 99	
5 Ottawa Lions T.F.C. 'A'	47.37		
1) Bryant, Zach 02		2) Ben-Smith, Bertwin 97	
3) Pinnock, Michael 00		4) Adeleye, David 02	
-- University of Toronto T.C. 'A'			DQ Rule # 24.7
1) Kolakowski, Jeremi 03		2) Murillo-Samuel, Xavier 05	

Event 113 Women 4x400 Meter Relay U20

U20: # 3:43.28 2008-07-27 Univ. of Toronto

Team Finals

1 Monte Cristo Track Club 'A'	3:54.73		
1) Metivier, Maya 04		2) Sawyer, Elise 05	
3) Fearon, Madison 04		4) Dodds, Olivia 04	
2 Newmarket Huskies Track Club 'A'	4:04.09		
1) Ash, Caroline 04		2) Ylipahkala, Abby 03	
3) Spina, Brooke 05		4) Lee, Caden 04	
3 Ottawa Lions T.F.C. 'A'	4:07.12		
1) Gilmour, Audrey 03		2) Brennan, Emily 04	
3) Munro, Grace 04		4) Strickler, Mattson 03	
4 Ottawa Lions T.F.C. 'B'	x4:10.27		
1) Goddard, Audrey 04		2) Cross, Laura 04	
3) Alexander, Lauren 06		4) Porter, Gillian 04	
5 Ottawa Lions T.F.C. 'C'	x4:24.08		
1) Hurst, Freya 04		2) Vroom, Elizabeth 04	
3) Lalonde, Ella 04		4) Baggley, Olivia 05	

Event 114 Men 4x400 Meter Relay U20

U20: # 3:15.0h 1972-08-20 York Spartan TC

Team Finals H#

1 Ottawa Lions T.F.C. 'A'	3:20.41	1
1) Nicoletti, Luca 04		2) Kukla-Colby, Thomas 04
3) Legare, Nolan 05		4) Moulougou, David 03
2 Hamilton Olympic Club 'A'	3:24.03	1
1) Davis, J'Noy		2) Georges, Kendry 05
3) Barresi, Domenic 03		4) Reader, Daniel 03
3 Laurel Creek T.F.C. 'A'	3:25.79	1
1) Carson-Pedri, Nicholas 04		2) Chapple, Brendan 04
3) Tremain, Tennessee 03		4) Sampson, Robert Michael 04

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....Event 114 Men 4x400 Meter Relay U20

4 Blue Devils Athletics Club 'A'	3:28.63	1
1) Trieu, Nick 03	2) McCullagh, Liam 04	
3) Patterson, Liam 04	4) Ramirez-Gaston, Daniel 03	
5 London Western T.F.C. 'A'	3:29.67	2
1) Moore, Vincent 04	2) Belanger, Harrison 03	
3) Coles, Tristan 04	4) Coles, Aiden 04	
6 Newmarket Huskies Track Club 'A'	3:36.07	2
1) Hueglin, Tanner 04	2) Cowling, Will 04	
3) Mercier, Mathis 03	4) Chung, Jeanue 04	
7 Ottawa Lions T.F.C. 'B'	x3:40.74	1
1) Bryant, Zach 02	2) Sikka, Zachary 04	
3) Porter, Kyle 04	4) Link, Jack 04	
8 Toronto West Athletics 'A'	3:44.22	2
1) Riedeberger, Luca 04	2) Baumgart, Mark 04	
3) Ringler, Kinnon 05	4) O'Connell, Jack 04	
9 Newmarket Huskies Track Club 'B'	x3:51.86	2
1) McLinden, Kaidan 04	2) Hickling, Connor 05	
3) Kennedy-Smith, Blake 04	4) Yu, Aaron 06	
10 Toronto West Athletics 'B'	x3:55.69	2
1) Rende, Gabriel 06	2) Marks, Luca 06	
3) McIlwraith, Paul 07	4) Scott-Smith, Rohan 06	

Event 115 Women 4x400 Meter Relay Open

Open: # 3:31.65 2004-06-26 CANADA
 F. Williams, L. Oyewumi, C. Muir, L. Lochhead

Team Finals

1 Ottawa Lions T.F.C. 'A'	3:54.35
1) Jovic, Helena 01	2) Telford, Alexandra 96
3) Smith, Sydney 97	4) Ogunremi, Doyin 02
2 London Western T.F.C. 'A'	3:59.78
1) Gonzalex, Nathia 93	2) Bullock, Madelyn 00
3) Coutts, Sophie 02	4) Hewitt, Chloe 98
3 Ottawa Lions T.F.C. 'B'	x4:09.25
1) McCormick, Brooklyn 01	2) Leask, Stephanie 00
3) Mahajan, Sia 02	4) Brennan, Kelly 97
4 Newmarket Huskies Track Club 'A'	4:18.88
1) Boston, Eliza Jane 02	2) Gilmor, Katie 96
3) Boston, Emily-Rose 00	4) Ware, Aimee 95

Event 116 Men 4x400 Meter Relay Open

Canadian: ! 3:02.64 1976-07-31 Team Canada
 Seale, Domansky, Hope, Saunders

Open: # 3:02.64 1976-07-31 CANADA
 I. Seale, D. Domansky, L. Hope, B. Saunders

Team Finals

1 Flying Angels Academy 'A'	3:19.67
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1) Tsygankov, Vladislav 95	2) Akinduro, Olorunfemi 00
3) Ugoh, Oluchi 01	4) Small, Almond 03
2 Ottawa Lions T.F.C. 'A'	3:25.42
1) Nonez, Fabrice 02	2) Alhaddad, Saj 92
3) Alie-Lamarche, Andre 99	4) Jean, Leewinchell 01
3 Newmarket Huskies Track Club 'A'	3:33.26
1) Graenert, Justin 99	2) Macintosh, Connor 97
3) Mlynczyk, Anton 02	4) Ghadghoni, Ali 93
4 Newmarket Huskies Track Club 'B'	x3:41.14
1) Volpi, Marco 00	2) Boston, Joshua Thomas 02
3) Graenert, Mirco 69	4) Stel, Joey 96
5 Ottawa Lions T.F.C. 'B'	x3:44.39
-- York University Track & Field 'A'	DQ tr24-7
1) Downs, Champion 99	2) Ogunrinde, Oluwapelumi 02
3) Makcemus, Markmeena 99	4) Moustafa, Ibrahim 95

Event 117 Women 4x800 Meter Relay U20

U20: # 9:06.39 2009-07-26 Newmarket Huskies

Team Finals

1 Ottawa Lions T.F.C. 'A' 9:49.61

Event 118 Men 4x800 Meter Relay U20

U20: # 7:40.4h 1981-07-19 Mississauga T.F.C.

Team Finals

1 Laurel Creek T.F.C. 'A'	8:13.45
1) Helder, Jeremy 05	2) Chapple, Brendan 04
3) Reuter, Landon 06	4) Tremain, Tennessee 03
2 London Western T.F.C. 'A'	8:25.00
1) Belanger, Harrison 03	2) Boers, Tom 04
3) Coles, Aiden 04	4) Moore, Vincent 04
3 Ottawa Lions T.F.C. 'A'	8:29.40
1) Sikka, Zachary 04	2) Link, Jack 04
3) Porter, Kyle 04	4) Legare, Nolan 05

Event 119 Women 4x800 Meter Relay Open

Open: # 9:05.90 1991-06-23 HAMILTON OLYMPIC CLUB

N. Knapp, D. Vandeputte, N. Stevenson, S. MacKinno

Team Finals

1 Ottawa Lions T.F.C. 'B'	x10:24.67
1) McCormick, Brooklyn 01	2) Murchison, Charlotte 04
3) Baggley, Olivia 05	4) Munro, Grace 04