

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women 60 Meter Dash**

=====					
Name	Year School	Seed	Prelims	H#	
=====					
Preliminaries					
1 Griffiths, Miana	Unattached	7.25	7.43q	1	
2 Cornwall, Karry-Ann	U of Guelph	7.80	7.75q	1	
3 Kurtimah, Marissa	U of Guelph	7.70	7.93q	1	
4 Smart, Sian	U of Waterloo	8.00	8.09q	2	
5 Morrow, Alex	Saugeen Trac	8.02	8.10q	3	
6 Bickle-Ferth, Kate	Waterloo Track Club	8.01	8.14q	2	
7 Wallace, Julia	U of Guelph	8.00	8.24q	2	
7 Carrique, Jenny	U of Waterloo	8.15	8.24q	3	
9 Sauer, Tegan	U of Waterloo	7.89	8.36	1	

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women 60 Meter Dash**

=====					
Name	Year School	Prelims	Finals	H#	
=====					
Finals					
1 Griffiths, Miana	Unattached	7.43	7.41	1	
2 Cornwall, Karry-Ann	U of Guelph	7.75	7.73	1	
3 Kurtimah, Marissa	U of Guelph	7.93	7.85	1	
4 Bickle-Ferth, Kate	Waterloo Track Club	8.14	8.08	2	
4 Wallace, Julia	U of Guelph	8.24	8.08	2	
6 Smart, Sian	U of Waterloo	8.09	8.12	1	
7 Morrow, Alex	Saugeen Trac	8.10	8.14	2	
8 Carrique, Jenny	U of Waterloo	8.24	8.30	2	

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women 300 Meter Run**

Name	Year School	Seed	Finals	H#
1 Rayner, Heather	U of Guelph	41.20	41.31	1
2 Stavrakos, Vivian	U of Guelph	41.95	42.43	1
3 Lance, Naomi	U of Waterloo	42.20	42.66	2
4 Best, Ashland	Guelph Track	42.01	42.67	2
5 Pilon, Chantel	U of Waterloo	42.25	43.08	1
6 Shaw, Stephanie	Guelph Track	42.16	43.39	2
7 Emmons, Jamie	Guelph Track	43.60	43.43	3
8 Welch, Sarah	Speed River Tfc	41.00	43.86	1
9 Hemrica, Hailey	Hamilton Eli	44.00	44.23	3
10 Darmon, Kelsi	Guelph Track	44.30	44.38	4
11 Morgan, Alexia	Hamilton Eli	45.50	44.80	4
12 Carrique, Jenny	U of Waterloo	42.20	44.82	2
13 Matthews, Kassidy	Hamilton Eli	44.00	46.18	4
-- Coulis, Ivy	Laurel Creek Tfc	43.00	SCR	
-- Bowerman, Emily	U of Guelph	42.30	SCR	

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women 600 Meter Run**

=====			
Name	Year School	Seed	Finals
=====			
1 Romaniw, Olivia	U of Guelph	1:40.00	1:41.33
2 Gordon, Emily	U of Guelph	1:37.00	1:41.63
3 Brown, Rachel	U of Waterloo	1:38.50	1:42.10
4 Tate, Paige	U of Guelph	1:38.00	1:42.96
5 Freeman, Jenna	U of Guelph	1:38.00	1:44.52
6 MacDonald, Alannah	U of Guelph	1:38.00	1:44.92
7 Tait, Martina	Saugeen Trac	1:45.00	1:50.75
8 Tamming, Nicole	Saugeen Trac	1:45.00	1:55.83

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women 1000 Meter Run**

=====			
Name	Year School	Seed	Finals
=====			
-- Hendriks, Morgan	Unattached	2:57.01	DNF

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women 1500 Meter Run**

=====				
Name	Year	School	Seed	Finals
=====				
1 Mildren, Robyn		U of Guelph	4:36.00	4:47.44
2 Cuabu, Jessica		Guelph Track	5:01.00	5:12.93
3 Van Wyk, Sarah		Saugeen Trac	5:05.00	5:19.99
4 Ashby, Emily		Unattached	5:11.01	5:22.60

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women 3000 Meter Run**

=====				
Name	Year	School	Seed	Finals
=====				
1 Cote, Val		U of Guelph	10:20.00	10:54.35
2 Ludzki, Alison		U of Guelph	10:20.00	11:11.04

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women 60 Meter Hurdles**

=====					
Name	Year School	Seed	Prelims	H#	
=====					
Preliminaries					
1 Barry, Tomeizel	U of Guelph	8.70	8.98q	1	
2 McLean, Micaela	Laurel Creek Tfc		9.14q	4	
3 Stavrakos, Vivian	U of Guelph	9.00	9.20q	1	
4 Eframenko, Bella	Laurel Creek Tfc		9.27q	3	
5 Bowerman, Emily	U of Guelph	9.20	9.35q	1	
6 Lance, Naomi	U of Waterloo	9.40	9.41q	2	
7 Penney, Bailey	U of Guelph	9.40	9.42q	2	
8 Morrow, Alex	Saugeen Trac	9.18	9.50q	1	
9 McKay, Emily	Laurel Creek Tfc		10.17	3	
10 Kellier, Rayne	Windsor Legi		10.18	3	
11 Buchman-Pearle, Jessa	Laurel Creek Tfc		10.95	4	
-- Pilon, Chantel	U of Waterloo	9.60	DNF	2	



**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women 60 Meter Hurdles**

=====					
Name	Year	School	Prelims	Finals	H#
=====					
Finals					
1 Barry, Tomeizel		U of Guelph	8.98	8.97	1
2 McLean, Micaela		Laurel Creek Tfc	9.14	9.08	1
3 Eframenko, Bella		Laurel Creek Tfc	9.27	9.20	1
4 Stavrakos, Vivian		U of Guelph	9.20	9.24	1
5 Bowerman, Emily		U of Guelph	9.35	9.33	2
6 Penney, Bailey		U of Guelph	9.42	9.36	2
7 Morrow, Alex		Saugeen Trac	9.50	9.51	2
8 Lance, Naomi		U of Waterloo	9.41	9.55	2

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women 4x200 Meter Relay**

=====		
School	Seed	Finals
=====		
1 Laurel Creek Tfc 'B'		1:52.15
2 Speed River Tfc 'A'	1:50.00	1:55.56
-- U of Waterloo 'A'	1:45.00	DNF

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women 4x400 Meter Relay**

=====		
School	Seed	Finals
=====		
1 U of Guelph 'A'		4:11.34
2 Guelph Track & Field Club 'B'	4:05.00	4:17.58
3 Saugeen Track & Field Clu 'A'		4:29.40
4 Laurel Creek Tfc 'B'		4:30.15

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women 4x800 Meter Relay**

School	Seed	Finals
-- U of Waterloo 'A'	1:45.00	NT
-- U of Guelph 'E'	9:30.00	NT
-- Laurel Creek Tfc 'B'		NT
-- U of Guelph 'D'	9:20.00	SCR
-- Speed River Tfc 'A'	1:50.00	SCR

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women High Jump**

=====			
Name	Year School	Seed	Finals
=====			
1 Kurevija, Paulina	U of Waterloo	1.60m	1.60m
1 MacKenzie, Devyn	Lightning Athletics		1.60m
3 Belanger, Brett	Lightning Athletics		1.55m
3 Morrow, Alex	Saugeen Trac	1.56m	1.55m
3 Kellier, Rayne	Windsor Legi		1.55m
6 McKay, Emily	Laurel Creek Tfc		1.50m
7 Pilon, Chantel	U of Waterloo	1.55m	1.45m
8 Francis, Reena	Windsor Legi		1.35m
-- Naruszewics, Maja	Lightning Athletics		NH

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women Pole Vault**

=====			
Name	Year School	Seed	Finals
=====			
1 Fung, Alison	U of Guelph	3.40m	3.25m
2 Francis, Reena	Windsor Legi		2.65m

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women Long Jump**

=====				
Name	Year	School	Seed	Finals
=====				
1 Wallace, Julia		U of Guelph	5.80m	5.86m
2 Morrow, Alex		Saugeen Trac	5.56m	5.41m
3 Oliver, Vanessa		U of Guelph	5.50m	5.36m
4 Decarlois, Celina		U of Guelph	5.60m	5.18m
5 Vandenheuvel, Mikaela		U of Guelph	5.40m	5.10m
6 McKay, Emily		Laurel Creek Tfc		4.82m
7 Bray, Jackie		Laurentian U	5.14m	4.54m
8 Lato, Lydia		U of Waterloo	4.50m	4.21m
-- Pilon, Chantel		U of Waterloo	5.05m	ND

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women Triple Jump**

=====				
Name	Year	School	Seed	Finals
=====				
1 Bray, Jackie		Laurentian U	11.24m	10.39m
2 Gorrell, Danielle		Laurentian U	10.50m	10.02m



**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women Shot Put**

=====			
Name	Year School	Seed	Finals
=====			
1 Connell, Ashley	U of Guelph	12.50m	12.98m
2 Ammor, Fatim	York University	13.07m	12.43m
3 Dougherty, Sarah	U of Guelph	12.50m	11.64m
4 Ridgewell, Kyra	Guelph Track	10.60m	9.64m
5 Liang, Carmen	U of Waterloo	9.00m	9.20m
6 Martin, Debra	Guelph Track	10.00m	7.83m

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Women Weight Throw**

=====			
Name	Year School	Seed	Finals
=====			
1 Dougherty, Sarah	U of Guelph	16.00m	16.03m
2 Connell, Ashley	U of Guelph		13.03m
3 Ammor, Fatim	York University	12.46m	11.54m
4 Liang, Carmen	U of Waterloo	11.50m	7.69m

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men 60 Meter Dash**

=====					
Name	Year School	Seed	Prelims	H#	
=====					
Preliminaries					
1 Benjamin, Kristian	U of Guelph	7.00	7.16q	1	
2 Marchese, Austin	U of Guelph	7.20	7.23q	1	
3 Lukas, Kj	U of Guelph	7.20	7.36q	1	
4 Young, Michael	Niagara Regi	7.32	7.38q	2	
5 Mohan, David	Laurel Creek Tfc		7.39q	5	
6 Noel, Stephenson	U of Guelph	7.30	7.47q	2	
7 Martinello, Samuel	U of Waterloo	7.45	7.51q	3	
8 Hesman, Micah	U of Waterloo	7.29	7.53q	2	
9 Gingras, Tommy	U of Waterloo	7.37	7.54	3	
10 Capaldi, Jared	Windsor Legi		7.63	5	
11 Lee, Adam	Speed River Tfc	7.50	7.73	4	
12 Trimble, Ben	Guelph Track	7.48	7.77	3	
13 Houle, Brayden	Windsor Legi		7.80	5	
14 Terejko, James	U of Waterloo	7.46	7.83	3	
15 Jones, Savaughn	Hamilton Eli	7.92	8.50	4	

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men 60 Meter Dash**

=====					
Name	Year School	Prelims	Finals	H#	
=====					
Finals					
1 Benjamin, Kristian	U of Guelph	7.16	7.05	1	
2 Marchese, Austin	U of Guelph	7.23	7.25	1	
3 Mohan, David	Laurel Creek Tfc	7.39	7.28	2	
4 Young, Michael	Niagara Regi	7.38	7.37	1	
5 Martinello, Samuel	U of Waterloo	7.51	7.39	2	
6 Lukas, Kj	U of Guelph	7.36	7.41	1	
7 Noel, Stephenson	U of Guelph	7.47	7.42	2	
8 Hesman, Micah	U of Waterloo	7.53	7.46	2	

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men 300 Meter Run**

Name	Year School	Seed	Finals	H#
1 Shirk, Brandon	U of Guelph	35.00	36.70	1
2 Sutton, Charlie	U of Guelph	36.25	36.82	2
3 Haenni, Dustin	U of Guelph	35.50	36.88	1
4 Emode, Mark	U of Guelph	36.90	37.63	2
5 Mechler, Nathaniel	Speed River Tfc	37.00	37.77	3
6 Diodati, Andre	U of Guelph	36.90	37.85	3
7 Dion, Garrett	U of Guelph	36.90	37.93	3
8 Martinello, Samuel	U of Waterloo	36.96	38.08	1
9 Hesman, Micah	U of Waterloo	37.47	38.47	4
10 Gingras, Tommy	U of Waterloo	37.20	38.56	2
11 Beeson, John	Guelph Track	36.01	38.86	1
12 Mozuraitis, Andrew	Guelph Track	37.20	39.40	3
13 Wilson, Liam	Guelph Track	37.01	39.53	2
14 Collins-Reid, Tyrel	Hamilton Eli	37.50	39.79	4
15 Capaldi, Jared	Windsor Legi		40.66	5
16 Houle, Brayden	Windsor Legi		40.89	5
17 Wright, Jackson	Guelph Track	38.20	41.23	4
18 Terejko, James	U of Waterloo	39.50	42.98	5
-- Trimble, Ben	Guelph Track	39.90	SCR	

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men 600 Meter Run**

=====			
Name	Year School	Seed	Finals
=====			
1 Saville, Sebastian	U of Guelph	1:20.02	1:22.49
2 Land, Tommy	U of Guelph	1:21.00	1:22.61
3 Boulay, Benoit	U of Guelph	1:21.00	1:24.45
4 Hoggrath, Cameron	Saugeen Trac	1:33.00	1:32.25
5 Dejager, Steve	Saugeen Trac	1:33.00	1:39.08

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men 1000 Meter Run**

=====				
Name	Year	School	Seed	Finals
=====				
1 Holmes, Stephen		U of Guelph	2:27.00	2:30.31
2 Gravel, Christian		U of Guelph	2:28.00	2:31.60
3 Lecours, Tommy		U of Guelph	2:24.00	2:33.81
4 Hutton, Chris		U of Guelph	2:28.00	2:33.84
5 Tapley, Ryan		U of Guelph	2:30.00	2:44.46
-- Rowles, Adam		U of Guelph	2:30.00	SCR

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men 1500 Meter Run**

=====				
Name	Year	School	Seed	Finals
=====				
1 Grieve, Kyle		U of Guelph	3:55.00	4:00.81
2 Hendrikx, Aaron		U of Guelph	3:55.00	4:00.89
3 Seneca, Brayden		U of Guelph	3:58.00	4:04.24
4 Gordon, Andrew		U of Guelph	3:58.00	4:04.25
5 Hewlett, Tyler		U of Guelph	4:04.00	4:08.00
6 Spalvieri, Justin		Unattached	4:05.00	4:09.07
7 Chappell, Logan		U of Guelph	4:00.00	4:11.39
8 Stiles, Liam		U of Guelph	4:05.00	4:11.48
9 Kirkup, Brandon		U of Guelph	4:00.00	4:13.93
10 Tait, Adam		Saugeen Trac	4:10.00	4:18.64
11 Briggs, Devon		Unattached	4:10.00	4:18.69
12 Clayton, Adam		Unattached	4:20.00	4:34.59
13 El-Shayeb, Hadi		U of Waterloo	4:15.00	4:38.80
14 Burt, Jesse		U of Waterloo	4:25.00	4:45.22
15 Jeffrey, Nathan		Saugeen Trac	4:35.00	4:49.57
16 Gallagher, Brendon		Unattached	4:40.01	5:06.36
17 Pot, Ben		Saugeen Trac	4:50.00	5:15.37



**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men 3000 Meter Run**

=====				
Name	Year	School	Seed	Finals
=====				
1 Matthews, Miles		Windsor Legi	8:47.01	8:55.57
2 Edwards, Skylar		Windsor Legi	9:00.00	9:09.33
3 Kellier, Josh		Windsor Legi	9:00.00	9:16.41
4 Hilbers, Dan		Saugeen Trac	9:05.67	9:23.25
5 Wallace, Brendan		Windsor Legi	9:00.00	9:23.67
6 Ubene, Evan		Windsor Legi	9:00.00	9:37.41

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men 60 Meter Hurdles**

=====				
Name	Year	School	Seed	Prelims H#
=====				
Preliminaries				
1 Fryer-Davis, Christian		Laurel Creek Tfc		9.05q 2
1 Beaudoin, Shawn		U of Guelph	8.90	9.05q 1
3 Ponnambalam, Ildemaro		Laurel Creek Tfc		9.21q 2
4 Finnigan, Conor		Laurel Creek Tfc		9.26q 2
5 Conlon, Justin		U of Waterloo	9.30	9.46q 1
6 Noel, Stephenson		U of Guelph		9.52q 1
7 Ameri, Sasha		U of Waterloo	9.52	9.76q 1
8 Ettienne, Benjamin		Laurel Creek Tfc		10.38q 2

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men 60 Meter Hurdles**

=====						
Name	Year	School	Prelims	Finals	H#	
=====						
Finals						
1 Fryer-Davis, Christian		Laurel Creek Tfc	9.05	8.99	2	39" Hurdles
2 Beaudoin, Shawn		U of Guelph	9.05	9.01	1	
3 Ponnambalam, Ildemaro		Laurel Creek Tfc	9.21	9.09	2	39" Hurdles
4 Finnigan, Conor		Laurel Creek Tfc	9.26	9.20	2	39" Hurdles
5 Conlon, Justin		U of Waterloo	9.46	9.46	1	
6 Noel, Stephenson		U of Guelph	9.52	9.51	1	
7 Ameri, Sasha		U of Waterloo	9.76	9.78	1	
8 Ettienne, Benjamin		Laurel Creek Tfc	10.38	10.19	2	39" Hurdles

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men 4x200 Meter Relay**

=====		
School	Seed	Finals
=====		
1 Laurel Creek Tfc 'A'		1:37.63

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men 4x400 Meter Relay**

=====		
School	Seed	Finals
=====		
1 U of Guelph 'A'	3:20.00	3:31.04
2 Laurel Creek Tfc 'A'		3:35.11
3 Guelph Track & Field Club 'A'	3:48.00	3:42.34
4 Saugeen Track & Field Clu 'B'		3:54.01

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men 4x800 Meter Relay**

School			Seed	Finals
1	U of Guelph	'A'	7:40.00	7:53.61
2	U of Guelph	'B'	7:50.00	7:57.55
3	U of Guelph	'C'	7:55.00	8:11.63

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men High Jump**

=====				
Name	Year	School	Seed	Finals
=====				
1 Cate, Sean		U of Guelph	2.07m	2.00m
2 Torres, Mitch		U of Guelph	2.04m	1.95m
3 Nightingale, David		U of Waterloo	1.85m	1.80m
3 Conlon, Justin		U of Waterloo	1.85m	1.80m
3 Beaudoin, Shawn		U of Guelph	1.90m	1.80m
3 Kellier, Cai		Windsor Legi		1.80m
7 Ameri, Sasha		U of Waterloo	1.66m	1.55m
-- Mechler, Nathaniel		Speed River Tfc	2.00m	NH

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men Pole Vault**

=====				
Name	Year	School	Seed	Finals
=====				
1 Primeau, Devon		Windsor Legi		3.95m
2 Young, Connor		U of Guelph	4.25m	3.85m
3 Michaluk, Andrew		Unattached		3.75m
-- Worndl, Paul		U of Guelph	4.60m	NH



**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men Long Jump**

=====				
Name	Year	School	Seed	Finals
=====				
1 Fontanna, Matt		U of Guelph	7.10m	6.81m
2 Dion, Garrett		U of Guelph	6.50m	6.43m
3 Lee, Adam		Speed River Tfc	6.00m	6.04m
4 Hesman, Micah		U of Waterloo		6.03m
4 Ameri, Sasha		U of Waterloo	6.13m	6.03m
6 Taylor, Ryan		Track North	6.18m	5.93m
-- Conlon, Justin		U of Waterloo	6.20m	ND
-- Choghri, Brandon		U of Guelph	6.80m	ND
-- Shadd, Kenen		Supreme Athletics	7.00m	ND

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men Triple Jump**

=====				
Name	Year	School	Seed	Finals
=====				
1 Choghri, Brandon		U of Guelph	14.00m	13.16m
2 Taylor, Ryan		Track North	13.09m	12.58m
3 Lee, Adam		Speed River Tfc	12.00m	12.00m

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men Shot Put**

=====				
Name	Year School	Seed	Finals	
=====				
1	Brathwaite, Eric	York University	16.14m	16.50m
2	Roubos, Brent	U of Guelph	16.00m	16.30m
3	Sivalinam, Anojan	York University	15.17m	14.16m
4	Skeath, Jared	U of Guelph	14.00m	13.88m
5	Mechler, Nathaniel	Speed River Tfc	8.00m	11.63m
6	Earle, Nick	Unattached	10.00m	11.09m
7	Beaudoin, Shawn	U of Guelph	10.75m	10.48m
8	Ameri, Sasha	U of Waterloo	10.58m	10.46m
--	Khan, Umar	York University	17.26m	ND

**New Year Opener 2014 - 03/01/2014 to 04/01/2014****University of Guelph Field House****Results****Men Weight Throw**

=====				
Name	Year	School	Seed	Finals
=====				
1 Brathwaite, Eric		York University	18.45m	18.29m
2 Preece, Chris		York University	17.45m	16.70m
3 Roubos, Brent		U of Guelph	17.00m	16.45m
4 Skeath, Jared		U of Guelph	17.00m	15.76m
5 Sivalinam, Anojan		York University	14.56m	13.26m
6 Earle, Nick		Unattached	10.00m	10.69m