

2021 High Performance Invite 7 - 2021-03-13**Toronto Track and Field Centre****Results****Event 11 Women Shot Put**

Name	Year	Team	Finals
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Finals

1	Mitton, Sarah	Sisu Throws	18.65m
	17.54m 18.43m 18.20m	FOUL 18.34m 18.65m	
2	Crew, Brittany	Sisu Throws	17.94m
	17.94m FOUL 17.52m	FOUL 17.89m FOUL	
3	Tutti, Trinity	Sisu Throws	16.74m
	16.30m 16.74m FOUL	FOUL FOUL FOUL	
4	Brooks, Kaitlin	Sisu Throws	14.07m
	14.07m FOUL FOUL	FOUL FOUL 13.46m	
5	Whyte, Angela	Running Room AC	12.67m
	11.81m 12.09m 12.67m	FOUL FOUL FOUL	
6	Bolton, Charlotte	Woodstock Legion AC	7.76m
	7.21m FOUL FOUL	FOUL 7.76m 7.57m	

Event 12 Men Shot Put

Name	Year	Team	Finals
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1	Nedow, Tim	Ottawa Lions T.F.C.	20.12m
	19.97m FOUL FOUL	19.98m 20.00m 20.12m	
2	Bujnowski, Mark	London Western	17.85m
	17.85m FOUL FOUL	17.13m 17.64m 17.40m	