

RESULTS: 1 Hour Run - September 14th, 1975

Pan Am Stadium

Meet Director: Steve Gajerski

Sanctioned By: Manitoba Track & Field Association

MEN

<u>Senior (20-29)</u>	<u>Metres</u>	<u>Miles & Yards</u> - 440 yard tartan track
1. Chris McCubbins	19,177m*	11m 1612 yards
2. Mike Brooks	16,882m	10m 862 yards
3. Jim Nadler	15,742m	9m 1376 yards
4. Doug Sammonds	15,672m	9m 1299 yards
5. Dale Robson	14,484m	9m
6. Charlie Paille	14,175m	8m 1422 yards
7. Craig Johnston	13,679m	8m 880 yards
8. John Bachman	13,383m	8m 559 yards

Juvenile (15-19)

1. Reg Hoogervorst	15,347m	9m 944 yards
2. Bob Cook	14,081m	8m 1320 yards

Sub-Masters (30 - 39)

1. Bernie Moore	15,971m	9m 1626 yards
2. Doug Cantley	15,550m	9m 1168 yards
3. Doug Smith	14,081m	8m 1320 yards
4. Mike Whitworth	13,604m	8m 801 yards
5. Peter Kubas	12,156m	7m 974 yards
6. Richard Chalk	11,667m	7m 440 yards
7. Dwayne Ring	11,265m	7m

Veterans (50+)

1. John Houlden, Sr.	14,401m	8m 1669 yards
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Children (14 and under)

1. Adrian Whitworth	10,388m	6m 801 yards
2. John Houlden, Jr.	8,855m	5m 883 yards

WOMEN

Open

1. Tracy Whitworth	9,766m	6m 121 yards
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Invitational 20km Track Race - September 14, 1975 - Pan Am Stadium

	<u>15 km.</u>	<u>10 miles</u>	<u>20 km.</u>
1. Chris McCubbins	45:31.6*	50:10.0	1:02:25.0**
2. Grant Towns - DNF	11:40 short / not accurate		

* Manitoba Open & Native Record

** Manitoba Open & Native Record, American Open & Native Record, Canadian Open Record

(1 Hour race distances measured metrically and later converted to miles & yards)

Lap Times - Chris McCubbins - 70/2:21/3:32/4:42/5:49/6:57/8:09/9:18/10:28/
11:40/12:50/14:02/15:16/16:30/17:46/19:02/20:19/21:37/22:55/24:14/
25:33/26:55/28:16/29:36/30:53/32:12/33:32/34:59/36:17/37:35/38:52/
40:07/41:23/42:38/43:52/45:09/46:23/47:41/48:56/50:10/51:28/52:46/
54:03/55:20/56:36/57:53/59:12/60:24/61:35/62:25.0 20 km.