

Ottawa Lions Twilight Meet #2 - 2020-08-05**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 1 Women 100 Meter Dash Open**

Facility: F 11.20 2017-07-07 Crystal Emmanuel, Flying Angels

Twilight: T 11.60 2008-08-16 Genevieve Thibault, Laval

Club: C 11.49 2016-06-04 Farah Jacques, Ottawa Lions

Name Year Team Finals Wind H# Points

Finals

1	Madogo, Jacqueline	00 Guelph Elite Track	11.82	2.0	1
2	Desormes, Laurie-Ann	03 Finalpush	12.40	2.0	1
3	Omogbai, Praise	02 Finalpush	12.45	2.0	1
4	Vieux, Kayla	01 C.A.N.I. Athletics	12.48	2.0	1
5	Manor, Kathryn	03 Ottawa Lions T.F.C.	12.72	1.7	2
6	Lucien, Nafthalia	96 Ottawa Lions T.F.C.	13.13	1.7	2
7	Ejaiife, Naomi	02 C.A.N.I. Athletics	13.20	1.7	2
8	Wann, Kadiatou	01 C.A.N.I. Athletics	13.46	1.7	2
9	Dupuis, Natacha	79 Ottawa Lions T.F.C.	13.72	1.3	3
10	McCutcheon, Marissa	03 Ottawa Lions T.F.C.	13.73	1.3	3
11	Jackson, Lilly	03 Beckwith Ath	13.84	1.3	3
12	Lim-Huynh, Trinity	04 Ottawa Lions T.F.C.	13.88	2.3	5
13	Alexis, Wendy	55 Ottawa Lions T.F.C.	13.91	3.0	4
14	Ostertag, Coralie	02 Ottawa Lions T.F.C.	14.03	3.0	4
15	Morris, Jennifer	73 Ottawa Lions T.F.C.	14.21	3.0	4
16	Bennett, Chloe	07 Beckwith Ath	15.10	3.0	4
17	Leverette, Tegan	07 Beckwith Ath	15.64	2.3	5
18	Nearing-Guibord, Danette	61 Ottawa Lions T.F.C.	17.51	2.3	5

Event 2 Men 100 Meter Dash Open

Facility: F 10.11 2017-07-07 Andre Degrasse, Speed Academy

Twilight: T 10.32 2016-07-28 Oluwasegun Makinde, Ottawa Lions

Club: C 10.10 1994-08-22 Glenroy Gilbert, Ottawa Lions

Name Year Team Finals Wind H# Points

1	Martineau, Brandyn	92 Ottawa Lions T.F.C.	10.99	2.5	2
2	Ezzeddine, Joe Bernard	03 Finalpush	11.01	2.9	1
3	Ben-Smith, Bertwin	97 Unattached	11.05	2.9	1
4	Patterson, Bryson	95 C.A.N.I. Athletics	11.06	2.9	1
5	Adeleye, David	02 Ottawa Lions T.F.C.	11.07	2.5	2
6	Collins, Alexander	02 C.A.N.I. Athletics	11.14	2.9	1
7	Halog, Jonelle	95 C.A.N.I. Athletics	11.16	2.5	2
8	Manuel, Alex	94 Ottawa Lions T.F.C.	11.23	2.3	3
9	Hassan, Dani	03 C.A.N.I. Athletics	11.24	2.3	3
10	Jean, Leewinchell	01 Ottawa Lions T.F.C.	11.40	2.3	3
11	Robinson, Samuel	03 Ottawa Lions T.F.C.	11.64	3.1	4
12	Leger, Zacharie	01 Ottawa Lions T.F.C.	11.65	3.1	4
13	Adeli, Kevin	01 C.A.N.I. Athletics	11.72	2.3	3
14	Adeleye, Daniel	05 Ottawa Lions T.F.C.	12.27	3.1	4
15	Attieh, Jad	03 Ottawa Lions T.F.C.	12.75	0.8	5
16	Cunningham, Neil	78 Ottawa Lions T.F.C.	13.04	3.1	4
17	Rinker, Eli	05 Ottawa Lions T.F.C.	13.41	0.8	5
18	Sani, Marino	60 Ottawa Lions T.F.C.	14.21	0.8	5

Ottawa Lions Twilight Meet #2 - 2020-08-05**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 3 Women 200 Meter Dash Open**

Facility: F 22.74 2018-07-08 Crystal Emmanuel, Flying Angels
 Twilight: T 23.36 2008-06-18 Adrienne Power, Halifax Athletics
 Club: C 23.21 2016-03-31 Farah Jacques, Ottawa Lions

Name	Year	Team	Finals	Wind	H#	Points
1 Goudros, Izzy	03	Unon - Unatt	24.59	1.7	1	
2 Jacques, Farah	90	Perfmax-Raci	24.96	1.7	1	
3 Madogo, Jacqueline	00	Guelph Elite Track	25.03	1.7	1	
4 Omogbai, Praise	02	Finalpush	25.96	1.4	2	
5 Desormes, Laurie-Ann	03	Finalpush	26.17	1.4	2	
6 Manor, Kathryn	03	Ottawa Lions T.F.C.	26.63	0.4	3	
7 Vieux, Kayla	01	C.A.N.I. Athletics	26.64	1.7	1	
8 Weening, Abby	03	Peak Velocit	26.79	1.4	2	
9 Bell, Frédérique	03	Gatineau	27.60	0.4	3	
10 Goddard, Audrey	04	Ottawa Lions T.F.C.	28.05	0.4	3	
11 McQuinn, Cora	04	Ottawa Lions T.F.C.	28.33	2.2	4	
12 Parris, Ieasha	96	C.A.N.I. Athletics	28.74	1.4	2	
13 McCutcheon, Marissa	03	Ottawa Lions T.F.C.	28.82	1.9	5	
14 Dupuis, Natacha	79	Ottawa Lions T.F.C.	28.94	2.2	4	
15 Naveang-Plouffe, Anne-Ma	04	Gatineau	29.12	2.2	4	
16 Ocica, Dariana	04	Ottawa Lions T.F.C.	29.20	2.2	4	
17 Ejaiife, Naomi	02	C.A.N.I. Athletics	29.59	0.4	3	
18 Hayhoe, Kelsey	03	Unon - Unatt	29.88	0.4	7	
19 Ostertag, Coralie	02	Ottawa Lions T.F.C.	30.05	1.9	5	
20 Opaleye, Oreoluwa	19	Ottawa Lions T.F.C.	30.33	1.7	6	
21 Boutillier, Shanna T46	96	Ottawa Lions T.F.C.	30.35	1.9	5	
22 McQuinn, Shayla	06	Ottawa Lions T.F.C.	30.38	0.4	7	
23 Lim-Huynh, Trinity	04	Ottawa Lions T.F.C.	30.58	1.7	6	
24 Bennett, Chloe	07	Beckwith Ath	32.15	1.7	6	
25 Leverette, Tegan	07	Beckwith Ath	33.58	0.4	7	

Event 4 Men 200 Meter Dash Open

Facility: F 20.17 2018-07-08 Aaron Brown, Phoenix Athletics
 Twilight: T 20.74 1999-07-14 Bruny Surin, Nike
 Club: C 20.37 1993-06-02 Glenroy Gilbert, Ottawa Lions

Name	Year	Team	Finals	Wind	H#	Points
1 Muteba, Lionel Tshimanga	90	Perfmax-Raci	21.88	2.4	1	
2 Ben-Smith, Bertwin	97	Unattached	22.32	2.4	1	
3 Martineau, Brandyn	92	Ottawa Lions T.F.C.	22.72	1.4	2	
4 Collins, Alexander	02	C.A.N.I. Athletics	22.81	2.4	1	
5 Jean, Leewinchell	01	Ottawa Lions T.F.C.	23.09	0.7	3	
6 Vukovic, Luka	98	Ottawa Lions T.F.C.	23.33	1.4	4	
7 Manuel, Alex	94	Ottawa Lions T.F.C.	23.35	1.4	2	
8 Robinson, Samuel	03	Ottawa Lions T.F.C.	23.44	0.7	3	
9 Nicoletti, Luca	04	Ottawa Lions T.F.C.	23.48	1.4	4	
10 Bassole, Yves	99	C.A.N.I. Athletics	23.49	1.4	2	
11 Leger, Zacharie	01	Ottawa Lions T.F.C.	23.54	1.4	4	
12 Dunning, Alexander Thund	98	C.A.N.I. Athletics	23.90	1.4	2	
13 Cote, Sebastien	00	C.A.N.I. Athletics	24.04	1.4	4	
14 Kukla-Colby, Thomas	04	Ottawa Lions T.F.C.	24.21	0.9	5	
15 Hassan, Dani	03	C.A.N.I. Athletics	24.63	0.7	3	
16 Heffernan, Andrew	88	Ottawa Lions T.F.C.	24.64	0.9	5	

Ottawa Lions Twilight Meet #2 - 2020-08-05**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****....Event 4 Men 200 Meter Dash Open**

17 McNeil, Nathaniel	05 Ottawa Lions T.F.C.	25.79	0.9	5
18 Attieh, Jad	03 Ottawa Lions T.F.C.	26.43	1.5	6
19 Cunningham, Neil	78 Ottawa Lions T.F.C.	26.78	1.5	6
20 Rinker, Eli	05 Ottawa Lions T.F.C.	27.09	1.5	6
-- Ezzeddine, Joe Bernard	03 Finalpush	DNF	2.4	1

Event 5 Women 400 Meter Dash Open

Facility: F 50.92 2001-07-21 Amy Mbacke Thiam, Senegal
 Twilight: T 53.52 2015-07-22 Nicole Sassine, Windsor
 Club: C 51.70 2009-07-09 Esther Akinsulie, Ottawa Lions

Name	Year Team	Finals	H#	Points
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1 Bell, Frédérique	03 Gatineau	1:00.24	1	
2 Smith, Sydney	97 Ottawa Lions T.F.C.	1:01.04	1	
3 McQuinn, Cora	04 Ottawa Lions T.F.C.	1:04.43	2	
4 Osborne, Manon	74 Gatineau	1:05.14	2	
5 Boutillier, Shanna T46	96 Ottawa Lions T.F.C.	1:05.93	2	
6 Parris, Ieasha	96 C.A.N.I. Athletics	1:08.34	1	
7 Tenasco, Jennifer	99 C.A.N.I. Athletics	1:11.59	2	

Event 6 Men 400 Meter Dash Open

Facility: F 44.86 2001-07-21 Shane Niemi, Ottawa Lions
 Twilight: T 46.32 2013-08-07 Michael Robertson, Ottawa Lions
 Club: C 46.29 2014-05-31 Michael Robertson, Ottawa Lions

Name	Year Team	Finals	H#	Points
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1 Evans, Stephen	96 Ottawa Lions T.F.C.	49.46	1	
2 Bassole, Yves	99 C.A.N.I. Athletics	51.23	1	
3 Newman, Keito	03 Ottawa Lions T.F.C.	51.40	2	
4 Lyness, Quinn	00 Ottawa Lions T.F.C.	51.69	1	
5 Kukla-Colby, Thomas	04 Ottawa Lions T.F.C.	51.96	2	
6 Cote, Sebastien	00 C.A.N.I. Athletics	52.25	1	
7 Vukovic, Luka	98 Ottawa Lions T.F.C.	52.43	3	
8 Heffernan, Andrew	88 Ottawa Lions T.F.C.	53.55	2	
9 Aitounejjar, Mouhcine	89 Ottawa Lions T.F.C.	53.91	3	
10 Wallner, Leo	03 Ottawa Lions T.F.C.	56.32	3	
11 Wheeler, Dyllan	07 Unon - Unatt	1:08.91	4	

Event 8 Men 1500 Meter Run Open

Facility: F 3:39.48 1991-07-17 John Bowden, Ottawa Lions
 Twilight: T 3:39.48 1991-07-17 John Bowden, Ottawa Lions
 Club: C 3:36.36 1998-07-10 Steve Agar, Ottawa Lions

Name	Year Team	Finals	H#	Points
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1 Roy, Jackson	02 Ottawa Lions T.F.C.	4:14.09	2	
2 Unger, Erik	05 Unon - Unatt	4:20.73	1	
3 Porter, Cameron	03 Ottawa Lions T.F.C.	4:27.38	1	
4 Taylor, Andrew	03 Ottawa Lions T.F.C.	4:30.86	2	
5 Porter, Kyle	04 Ottawa Lions T.F.C.	4:30.90	2	
6 Dunkerley, Jason T11;F11	77 Ottawa Lions T.F.C.	4:33.93	1	
7 Padoin-Castillo, Adriano	05 Ottawa Lions T.F.C.	4:55.60	1	

Ottawa Lions Twilight Meet #2 - 2020-08-05**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****....Event 8 Men 1500 Meter Run Open**

8 Morgan, Colin	00 Ottawa Lions T.F.C.	4:56.40	2
9 Fitzmorris, Kyle	05 Ottawa Lions T.F.C.	4:59.26	1
10 Church, Sebastien	04 Ottawa Lions T.F.C.	5:12.83	2

Event 9 Women 80 Meter Hurdles Open

Twilight: T 11.07 2014-07-16 Ashlea Maddex, Ottawa Lions
 Name Year Team Finals Wind Points

1 Lucien, Nafthalia	96 Ottawa Lions T.F.C.	12.47	1.3	Height: 76cm
2 Guthrie, Jessica	04 Beckwith Ath	15.88	1.3	Height: 76cm

Event 10 Women 100 Meter Hurdles Open

Facility: F 12.64 2006-08-05 Perdita Felicien, Nike
 Twilight: T 13.13 2019-07-03 Phylicia George, Flying Angels
 Club: C 12.96 1996-05-11 Lesley Tashlin, Ottawa Lions
 Name Year Team Finals Wind H# Points

1 Goudros, Izzy	03 Unon - Unatt	14.03	4.7	2	Height: 76cm
2 Jacques, Farah	90 Perfmax-Raci	14.07	4.7	2	Height: 84cm
3 Weening, Abby	03 Peak Velocit	15.03	4.7	2	Height: 76cm
4 Goddard, Audrey	04 Ottawa Lions T.F.C.	15.75	1.2	1	Height: 76cm
5 Naveang-Plouffe, Anne-Ma	04 Gatineau	17.59	1.2	1	Height: 76cm
6 Hall, Eleanor	04 Ottawa Lions T.F.C.	17.70	1.2	1	Height: 76cm

Event 11 Men 100 Meter Hurdles Open

Twilight: T 13.06 1995-07-19 Shawn Wilcox, Ottawa Lions
 Name Year Team Finals Wind Points

1 Wheeler, Dyllan	07 Unon - Unatt	19.44	2.2	Height: 76cm
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Event 12 Men 110 Meter Hurdles Open

Facility: F 13.27 1985-08-03 Mark McKoy, Scarborough Optimists
 Twilight: T 13.76 2014-07-16 Ramon Sosa, Flying Angels
 Club: C 13.43 2015-07-04 Sekou Kaba, Ottawa Lions
 Name Year Team Finals Wind Points

1 Adeleye, David	02 Ottawa Lions T.F.C.	15.03	2.5	Height: 99cm
2 Nicoletti, Luca	04 Ottawa Lions T.F.C.	15.51	2.5	Height: 91cm
3 Fox, Matthew	03 Mississauga	15.56	2.5	Height: 91cm

Event 14 Men 300 Meter Hurdles Open

Facility: F 37.25 2019-07-03 Saj Al-Haddad, Ottawa Lions
 Twilight: T 37.25 2019-07-03 Saj Al-Haddad, Ottawa Lions
 Club: C 37.25 2019-07-03 Saj Al-Haddad, Ottawa Lions
 Name Year Team Finals Points

1 Adeli, Kevin	01 C.A.N.I. Athletics	39.17	Height: 91cm
2 Newman, Keito	03 Ottawa Lions T.F.C.	40.97	Height: 91cm

Ottawa Lions Twilight Meet #2 - 2020-08-05**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 15 Women 400 Meter Hurdles Open**

Facility: F 54.85 2001-07-22 Bidouane Nouzha, Morocco
 Twilight: T 56.47 2015-06-24 Sarah Wells, University of Toronto
 Club: C 56.10 1989-06-02 Rosey Edeh, Ottawa Lions

Name	Year	Team	Finals	Points
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1 Brennan, Emily	04	Ottawa Lions T.F.C.	1:12.46	Height: 76cm
2 Guthrie, Jessica	04	Beckwith Ath	1:22.54	Height: 76cm

Event 17 Women Long Jump Open

Facility: F 6.61m 1985-08-04 Donna Smellie, Mississauga
 Twilight: T 6.11m 1991-07-31 Jayne Mitchell, New Zealand
 Club: C 6.30m 2019-04-19 Divya Biswal, Ottawa Lions

Name	Year	Team	Finals	Wind	Points
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1 Wann, Kadiatou	01	C.A.N.I. Athletics	5.07m	1.8	
2 Blanchet, Emma	04	Ottawa Lions T.F.C.	4.34m	0.7	
3 Hayhoe, Kelsey	03	Unon - Unatt	4.08m	1.9	

Event 18 Men Long Jump Open

Facility: F 8.02m 1989-08-05 Edrick Floreal, Quebec
 Twilight: T 7.45m 2005-07-20 Maurice Ennis, Ontario
 Club: C 8.01m 1988-08-06 Glenroy Gilbert, Ottawa Lions

Name	Year	Team	Finals	Wind	Points
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1 Patterson, Bryson	95	C.A.N.I. Athletics	6.97m	1.5	
2 Fox, Matthew	03	Mississauga	6.60m	1.7	
3 Wallner, Leo	03	Ottawa Lions T.F.C.	5.73m	1.8	
4 Yetman, Jay	05	Ottawa Lions T.F.C.	5.58m	2.5	
5 McNeil, Nathaniel	05	Ottawa Lions T.F.C.	4.61m	1.9	
-- Halog, Jonelle	95	C.A.N.I. Athletics	FOUL		

Event 19 Women High Jump Open

Facility: F 1.94m 1985-08-04 Jeannie Cockroft, UBC Thunderbirds
 Twilight: T 1.86m 1994-07-06 Gay Kapernik, Australia
 Club: C 1.89m 1991-06-22 Leslie Estwick, Ottawa Lions

Name	Year	Team	Finals	Points
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1 Bitchoka, Barbara	96	C.A.N.I. Athletics	1.75m	
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Event 20 Men High Jump Open

Facility: F 2.33m 1986-06-21 Milt Ottey, Scarborough Optimists
 Twilight: T 2.18m 2006-08-09 Derek Watkins, Ottawa Lions
 Club: C 2.25m 1992-05-31 Cory Siermachesky, Ottawa Lions

Name	Year	Team	Finals	Points
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1 Becker, Thomas	03	C.A.N.I. Athletics	1.95m	
2 Ivanov, Michael	03	Niagara Olym	1.85m	

Ottawa Lions Twilight Meet #2 - 2020-08-05**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 21 Women Javelin Throw Open**

Facility: F 60.62m 2017-07-07 Liz Gleadle, Chinook

Twilight: T 54.04m 1990-08-10 Cheryl Coker, Ottawa Lions

Club: C 57.64m 1992-04-18 Cheryl Coker, Ottawa Lions

Name	Year	Team	Finals	Points
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1 Pryke, Ashley	97	Sisu Throws Club	51.96m	Weight: 600g
2 Merritt, Olivia	91	Ottawa Lions T.F.C.	42.30m	Weight: 600g
3 McLean, Madison	01	Unon - Unatt	37.13m	Weight: 600g

Event 22 Men Javelin Throw Open

Facility: F 84.41m 2005-07-20 Scott Russell, Windsor Legion

Twilight: T 84.41m 2005-07-20 Scott Russell, Windsor Legion

Club: C 71.02m 2013-06-22 Brandon Heroux, Ottawa Lions

Name	Year	Team	Finals	Points
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1 Choquette, Raphaël	95	Kingston Tra	56.75m	Weight: 800g
2 Denes, Tyler	01	Peak Velocit	32.98m	Weight: 800g
3 Yetman, Jay	05	Ottawa Lions T.F.C.	25.51m	Weight: 500g

Event 23 Women Hammer Throw Open

Facility: F 69.85m 2008-06-21 Sultana Frizell, Ottawa Lions

Twilight: T 63.63m 2006-08-09 Sultana Frizell, Ottawa Lions

Club: C 75.73m 2014-05-22 Sultana Frizell, Ottawa Lions

Name	Year	Team	Finals	Points
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1 Bal, Maaika	05	Unon - Unatt	25.02m	Weight: 3kg
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Event 24 Men Hammer Throw Open

Facility: F 79.89m 2001-07-20 Szymon Ziolkowski, Poland

Twilight: T 69.98m 1990-07-18 Bi Zhong, China

Club: C 65.34m 1995-07-13 James Fahie, Ottawa Lions

Name	Year	Team	Finals	Points
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1 Skeath, Jared	94	Sisu Throws Club	60.07m	Weight: 7.26kg
2 Zaitchouk, Boris	47	Unon - Unatt	44.72m	Weight: 4kg
3 Xu, Oscar	04	Unon - Unatt	42.41m	Weight: 5kg
4 Rohonczy, Imre	64	Unon - Unatt	35.58m	Weight: 6kg