

Capital XC Challenge - 2020-10-02 to 2020-10-03**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 3 Girls 4k Run CC Under 16**

Name	Year	Team	Avg 1K	Finals	H#	Points
Results - Women						
1 Bennett, Aryka	06	BrockvilleLegion	4:04.9	16:19.51	2	1
2 Giannotti, Jocelyn	06	Ottawa Lions Black	4:06.9	16:27.26	3	2
3 Hegan, Clara	05	Nepean H.S.	4:12.0	16:47.92	3	
4 Van Brabant, Amelia	05	Ottawa Lions Red	4:12.1	16:48.44	2	3
5 Stonham, Louise	05	Ottawa Lions Red	4:16.6	17:06.10	4	4
6 Covey, Mercedes	06	BrockvilleLegion	4:16.8	17:07.15	4	5
7 Nancarrow, Ellason	07	Unattached Ontario	4:19.7	17:18.60	4	
8 Lofthouse, Naomi	08	Unattached Ontario	4:24.2	17:36.62	2	
9 Bean, Samantha	07	Ottawa Lions Red	4:24.6	17:38.40	1	6
10 Harrington, Jaime	06	Ottawa Lions Red	4:32.7	18:10.45	3	7
11 Seaby, Madeleine	05	Beckwith AC	4:33.4	18:13.42	1	
12 Yach, Koree	06	Ottawa Lions Red	4:34.0	18:15.84	3	8
13 Hawkes, Elizabeth	06	Ottawa Lions Black	4:34.9	18:19.43	1	9
14 Davies, Evelyn	08	Alta Vista P.S.	4:38.5	18:33.72	3	
15 Waddington, Claire	06	Glebe Collegiate	4:39.2	18:36.68	2	
16 Hegan, Renee	06	Nepean H.S.	4:43.4	18:53.60	3	
17 Voros, Olivia	08	Ottawa Lions Black	4:43.6	18:54.18	4	10
18 Burgess, Charlotte	05	Ottawa Lions Black	4:48.4	19:13.62	1	11
19 Fraserwalls, Adrienne	07	Ottawa Lions Black	4:49.0	19:16.01	3	12
20 Lauter, Kyra	08	Ottawa Lions Red	4:49.3	19:17.01	1	13
21 McLellan, Vanya	07	Ottawa Lions Black	4:50.3	19:21.19	1	14
22 Brazeau, Audrée	06	Ottawa Lions Black	4:50.6	19:22.24	4	
23 Koschade, Naomi	08	Ottawa Lions Black	4:51.6	19:26.22	4	
24 Covey, Summer	07	BrockvilleLegion	4:59.0	19:55.72	3	15
25 Brazeau, Liliane	06	Ottawa Lions Red	5:07.1	20:28.43	3	
26 Dimov, Maria	05	Ottawa Lions Red	5:10.2	20:40.69	2	
27 Knight, Tessa	07	Ottawa Lions Red	5:11.7	20:46.73	2	
28 McKay, Morgane	06	Ottawa Lions Red	5:16.6	21:06.14	3	
29 Arbeleche Guigou, Emma	08	Ottawa Lions Black	5:18.5	21:13.69	4	
30 Hill, Mckenna	07	Ottawa Lions Red	5:22.9	21:31.29	4	
31 Geraghty, Heather	08	Ottawa Lions Red	5:32.2	22:08.62	4	
32 McCormick, Adriana	08	Ottawa Lions Black	5:36.5	22:25.84	2	
33 Morrissy, Maeve	07	Ottawa Lions Red	5:37.3	22:29.17	1	
34 Nordstrom, Amélie	06	Ottawa Lions Black	6:02.4	24:09.63	2	
35 Joly, Chloe	07	Ottawa Lions Black	6:09.4	24:37.37	1	
36 Dhanoa, Sarina	07	BrockvilleLegion	6:23.0	25:31.90	2	16
37 Giroux, Celia	07	BrockvilleLegion	6:24.8	25:39.18	2	17

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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Results - Women

1 Ottawa Lions Red 20 3 4 6 7 8 13

Total Time: 1:09:43.39

Average: 17:25.85

Capital XC Challenge - 2020-10-02 to 2020-10-03

Ottawa Lions Timing Team

Terry Fox Athletic Facility

Results

....Event 3 Girls 4k Run CC Under 16

2 Ottawa Lions Black	32	2	9	10	11	12	14
Total Time:	1:12:54.49						
Average:	18:13.63						
3 Brockville Legion Track C	37	1	5	15	16	17	
Total Time:	1:18:54.28						
Average:	19:43.57						

