

2021 Ontario High Performance Series - Toronto
Toronto Track and Field Centre - 2021-06-18
Results

Event 1 Women 100 Meter Dash Open**8 Advance: Top 3 Each Heat plus Next 5 Best Times**

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=====
Provincial: 10.98 1987-07-06 Angela BAILEY (62), Etobicoke Husk
Canadian: ! 10.98 1987-07-06 Angela BAILEY (62), Etobicoke Husk
Name          Year Team          Prelims  Wind
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Preliminaries

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1 Roxborough, Shyvonne      98 Royal City AC          11.62Q  1.9
2 Maxwell, Nyoka            97 Extreme Velocity       11.70Q  1.9
3 Smart, Sian               90 Unattached Ontario     12.17Q  1.9
4 Miller, Trinity           03 Golden Eagle           12.21q  1.9
5 Vieux, Kayla              01 C.A.N.I. Athletics     12.37q  1.9
6 Desormes, Laurie-Ann     03 Finalpush              12.61q  1.9

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Event 1 Women 100 Meter Dash Open

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=====
Provincial: 10.98 1987-07-06 Angela BAILEY (62), Etobicoke Husk
Canadian: ! 10.98 1987-07-06 Angela BAILEY (62), Etobicoke Husk
Name          Year Team          Finals  Wind
=====

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Finals

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1 Roxborough, Shyvonne      98 Royal City AC          11.51   0.8
2 Maxwell, Nyoka            97 Extreme Velocity       11.70   0.8
3 Miller, Trinity           03 Golden Eagle           12.13   0.8
4 Smart, Sian               90 Unattached Ontario     12.24   0.8
5 Vieux, Kayla              01 C.A.N.I. Athletics     12.45   0.8
6 Desormes, Laurie-Ann     03 Finalpush              12.51   0.8

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Event 2 Men 100 Meter Dash Open**8 Advance: Top 3 Each Heat plus Next 5 Best Times**

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=====
Provincial: 9.84 1996-07-27 Donovan BAILEY (67), The Speed Aca
Canadian: ! 9.84 1996-07-27 Donovan BAILEY (67), The Speed Aca
Name          Year Team          Prelims  Wind
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Preliminaries

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1 Adjibi, Eliezer          00 C.A.N.I. Athletics     10.32Q  0.6 10.311
2 Smellie, Gavin           86 Flying Angels          10.32Q  0.6 10.312
3 Asemota, Duan            96 Speed Academy          10.42Q  0.6
4 Muteba, Lionel Tshimanga 90 Perfmax-Racing        10.69q  0.6
5 Murasiranwa, Kudakwashe  97 Capital City           10.77q  0.6
6 Effah, Sam               88 Uni. Calgary AC       10.97q  0.6
7 Ingram, Austin T13;F13   02 Les Coureurs          11.33q  0.6

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Event 2 Men 100 Meter Dash Open

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=====
Provincial: 9.84 1996-07-27 Donovan BAILEY (67), The Speed Aca
Canadian: ! 9.84 1996-07-27 Donovan BAILEY (67), The Speed Aca
Name          Year Team          Finals  Wind
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Finals

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1 Smellie, Gavin           86 Flying Angels          10.47   0.7
2 Adjibi, Eliezer          00 C.A.N.I. Athletics     10.58   0.7
3 Muteba, Lionel Tshimanga 90 Perfmax-Racing        10.61   0.7
4 Murasiranwa, Kudakwashe  97 Capital City           10.74   0.7
5 Ingram, Austin T13;F13   02 Les Coureurs          11.42   0.7

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Event 3 Women 200 Meter Dash Open

Name	Year	Team	Finals	Wind	H#
Provincial:	22.50	2017-07-18	Crystal EMMANUEL (91), Flying Angels		
Canadian: !	22.50	2017-07-18	Crystal EMMANUEL (91), Flying Angels		
1 Emmanuel, Crystal	91	Flying Angels	23.12	0.2	2
2 Sherar, Zoe	99	Royal City AC	23.36	0.2	2
3 Goudros, Izzy	03	Unattached Ontario	23.83	0.2	2
4 Maxwell, Nyoka	97	Extreme Velocity	23.83	0.2	2
5 Hyacinthe, Kimberly	89	Vainqueurs Plus	24.76	0.2	2
6 Bollers, Ashantai	02	Project Athletic	25.40	0.2	1
7 Reid, Hailey	04	Monte Cristo	26.58	0.2	1
8 Papaconstantinou, Mariss	99	Uni Toronto TC	27.49	0.2	1

Event 4 Men 200 Meter Dash Open

Name	Year	Team	Finals	Wind	H#
Provincial:	19.80	2017-08-16	Andre DE GRASSE (94), Speed Academy		
Canadian: !	19.80	2017-08-16	Andre DE GRASSE (94), Speed Academy		
1 Lauzon, Jeremiah	00	Red Deer Titans	20.88	1.0	2
2 Smellie, Gavin	86	Flying Angels	21.19	1.0	2
3 Yassin, Mohamed	93	Royal City AC	21.63	1.0	2
4 Collins, Alexander	02	C.A.N.I. Athletics	21.68	1.0	2
5 Penalzoza, Marcus	98	Royal City T.F.C	21.78	0.7	1
6 Hamilton, Josh	00	Royal City AC	21.86	1.0	2
7 Archer, Jemini	00	Project Athletic	21.88	1.0	2
8 McClelland, Ryan	96	Unattached Ontario	21.89	0.7	1
9 Ben-Smith, Bertwin	97	Ottawa Lions T.F.C.	22.05	0.7	1
10 Davis, Richard	02	Royal City AC	22.11	0.7	1
11 MacNeill, Matthew	00	Royal City AC	22.50	0.7	1
12 Jones, Logan	96	St Christy	22.77	0.7	1

Event 5 Women 400 Meter Dash Open

Name	Year	Team	Finals
Provincial:	49.91	1984-08-06	Marita PAYNE (60), Scarborough
Canadian: !	49.91	1984-08-06	Marita PAYNE (60), Scarborough
1 Innanen, Katrina	97	Unattached Ontario	55.86
2 Ihunaegbo, Christy	85	St Christy	57.32
3 Rummery, Amanda T46	97	Green and Gold	1:00.26
4 La-Rose, Arden	03	Central Toronto	1:00.75

Event 6 Men 400 Meter Dash Open

Name	Year	Team	Finals
Provincial:	45.08	2002-07-27	Shane NIEMI (78), Uni. Toront
Canadian: !	44.44	2005-08-12	Tyler CHRISTOPHER (83), U of
1 Osei, Philip	90	Royal City AC	46.60
2 Cole, Austin	98	Capital City	47.11
3 White, Jalon	00	Project Athletic	47.38
4 Harper, Tyler	89	Royal City AC	47.41
5 Berkshire, Jack	98	Unattached NB	47.77
6 Cunningham, Joshua	95	Royal City AC	48.07

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....Event 6 Men 400 Meter Dash Open

7	Penaloza, Marcus	98	Royal City T.F.C	48.24
8	Rivard, Liam	01	Unattached Ontario	49.41

Event 7 Women 800 Meter Run Open

Provincial:	1:57.01	2021-07-17	Melissa BISHOP-NRIAGU (88),	
Canadian: !	1:57.01	2021-07-17	Melissa BISHOP-NRIAGU (88),	
Name		Year Team		Finals

1	Taylor, Ashley	95	Unattached Ontario	2:05.11
2	Gaskin, Sonia	94	York Uni T.F.C.	2:05.62
3	Propp, Adrea	92	Unattached SK	2:07.00
4	Gollish, Sasha	81	Unattached Ontario	2:07.23
5	Knelsen, Hallee	03	St Thomas Legion	2:08.21
6	Larkin, Gracelyn	01	Greater Uxbridge	2:10.41
7	Clarke, Madison	95	Ottawa Lions T.F.C.	2:11.70

Event 8 Men 800 Meter Run Open

Provincial:	1:43.20	2020-07-18	Brandon MCBRIDE (94), Borde	
Canadian: !	1:43.20	2020-07-18	Brandon MCBRIDE (94), Borde	
Name		Year Team		Finals

1	Heppenstall, Robert	97	Canada	1:46.73
2	Madden, Kyle	98	Royal City AC	1:50.51
3	Richardson, Ben	95	Newmarket Huskie	1:51.85
4	Larkin, Matthew	02	Greater Uxbridge	1:53.03
5	Ellis, Micaiah	04	Unattached Ontario	1:53.52
6	Neri, Nick T13	98	Uni Windsor AC	2:24.24
--	Rivard, Liam	01	Unattached Ontario	DNF

Event 9 Women 1500 Meter Run Open

Provincial:	3:56.12	2019-10-05	Gabriela DEBUES-STAFFORD (9	
Canadian: !	3:56.12	2019-10-05	Gabriela DEBUES-STAFFORD (9	
Name		Year Team		Finals

1	Teschuk, Erin	94	Unattached Manitoba	4:22.58
2	Current, Kate	98	London Western	4:24.27
3	Larkin, Gracelyn	01	Greater Uxbridge	4:24.33
4	Brennan, Becca	96	Unattached Ontario	4:28.08

Event 10 Women 100 Meter Hurdles 0.840m Open**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Provincial:	12.46	2004-06-19	Perdita FELICIEN (80), OT Fitness Tra	
Canadian: !	12.46	2004-06-19	Perdita FELICIEN (80), OT Fitness Tra	
Name		Year Team		Prelims Wind H#

Preliminaries

1	Abdul-Rashid, Mariam	97	Speed Academy	13.27Q	0.4	2
2	Jacques, Farah	90	Maximus Performance	14.05Q	-0.5	1
3	Spearchief-Morris, Joy	94	London Western	13.86Q	0.4	2
4	Whyte, Angela	80	Running Room AC	14.12Q	-0.5	1
5	O'Connor, Jaymie	97	Dynamique de Laval	13.89Q	0.4	2

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...Event 10 Women 100 Meter Hurdles 0.840m Open

6	Abiodun, Nike	00	Royal City AC	14.40Q	-0.5	1
7	Léveillé, Maude	95	Sherbrooke	14.18q	0.4	2
8	Reid, Hailey	04	Monte Cristo	14.82q	0.4	2
9	Weening, Abby	03	Peak Velocity	14.94	0.4	2
10	Desousa, Tayah	03	St Thomas Legion	15.08	-0.5	1
11	Smart, Sian	90	Unattached Ontario	15.13	-0.5	1
12	Selkirk, Robin	03	Unattached Ontario	16.10	-0.5	1

Event 10 Women 100 Meter Hurdles 0.840m Open

Provincial:	12.46	2004-06-19	Perdita FELICIEN (80), OT Fitness			
Canadian: !	12.46	2004-06-19	Perdita FELICIEN (80), OT Fitness			
Name		Year Team		Finals	Wind	

Finals

1	Abdul-Rashid, Mariam	97	Speed Academy	13.14	0.1
2	Jacques, Farah	90	Maximus Performance	13.66	0.1
3	Spearchief-Morris, Joy	94	London Western	13.85	0.1
4	Whyte, Angela	80	Running Room AC	13.89	0.1
5	O'Connor, Jaymie	97	Dynamique de Laval	13.90	0.1
6	Léveillé, Maude	95	Sherbrooke	14.19	0.1
7	Abiodun, Nike	00	Royal City AC	14.33	0.1
8	Reid, Hailey	04	Monte Cristo	14.94	0.1

Event 11 Men 110 Meter Hurdles 1.067m Open

8 Advance: Top 3 Each Heat plus Next 5 Best Times

Provincial:	13.08	1993-07-01	Mark MCKOY (61), Unattached			
Canadian: !	13.08	1993-07-01	Mark MCKOY (61), Unattached			
Name		Year Team		Prelims	Wind	

Preliminaries

1	Thorne, Craig	01	Royal City AC	13.97Q	1.0
2	Bruce, Cameron	00	Unattached Ontario	14.16Q	1.0
3	Collins, Alexander	02	C.A.N.I. Athletics	14.46Q	1.0
4	Jovin, Marceau	96	Golden Eagle	14.98q	1.0
5	Adeleye, David	02	Ottawa Lions T.F.C.	15.03q	1.0
6	Exley, Adam	01	Unattached Ontario	15.04q	1.0
--	Ehrhardt, Taylor	91	London Western	DQ	1.0

Event 11 Men 110 Meter Hurdles 1.067m Open

Provincial:	13.08	1993-07-01	Mark MCKOY (61), Unattached			
Canadian: !	13.08	1993-07-01	Mark MCKOY (61), Unattached			
Name		Year Team		Finals	Wind	

Finals

1	Thorne, Craig	01	Royal City AC	13.98	0.4
2	Jovin, Marceau	96	Golden Eagle	14.56	0.4
3	Collins, Alexander	02	C.A.N.I. Athletics	14.59	0.4
4	Adeleye, David	02	Ottawa Lions T.F.C.	14.92	0.4
5	Exley, Adam	01	Unattached Ontario	14.98	0.4

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Event 12 Women Long Jump Open

Provincial: 6.85m 2008-06-07 Tabia CHARLES (85), Elite Edge						
Canadian: ! 6.99m 2015-05-29 Christabel NETTEY (91), Vancouver						
Name	Year	Team	Finals	Wind		
1 Omahen, Emily	94	Uni Windsor AC	5.98m	0.9		
			5.46m(+0.0) FOUL(1.8)		5.98m(0.9)	5.71m(2.2) FOUL(1.5) 5.81m(0.5)
2 Scott-Kilgo, Jasmine	00	Border City AC	5.88m	+0.0		
			FOUL(+0.0) 5.81m(-1.4)		5.88m(+0.0) 5.60m(2.5)	PASS PASS
3 Goudros, Izzy	03	Unattached Ontario	5.84m	0.7		
			5.69m(0.6) 5.71m(-0.8)		5.57m(0.2) FOUL(2.0) FOUL(3.5)	5.84m(0.7)
4 Desousa, Tayah	03	St Thomas Legion	5.50m	-0.2		
			5.44m(-0.3) FOUL(+0.0)		5.50m(-0.2) FOUL(3.0) FOUL(1.9)	FOUL(2.4)
5 Drosdowech, Sonja	98	Unattached Ontario	5.46m	+0.0		
			5.41m(-0.9) 5.46m(+0.0)		5.37m(-0.6) FOUL(2.6) 4.97m(0.4)	5.35m(1.9)
6 Selkirk, Robin	03	Unattached Ontario	5.22m	2.0		
			5.20m(0.9) FOUL(+0.0)		FOUL(0.8) FOUL(1.0) 4.95m(0.2)	5.22m(2.0)
7 Harrison, Anaya-Nichole	02	Unattached Ontario	5.06m	0.1		
			4.88m(-0.2) 4.98m(+0.0)		5.06m(0.1) 4.78m(0.3) FOUL(2.1)	FOUL(1.7)
-- Wilson-Walker, Madison T	97	London Western	FOUL			
			FOUL FOUL FOUL FOUL FOUL		FOUL	

Event 13 Women Shot Put 4.00kg Open

Provincial: 19.28m 2019-09-01 Brittany CREW (94), SISU Thr						
Canadian: ! 19.28m 2019-09-01 Brittany CREW (94), SISU Thr						
Name	Year	Team	Finals			
1 Ezukuse, Biniosa	02	Project Athletic	13.33m			
			12.84m 13.26m 13.32m	12.99m	12.98m	13.33m
2 Sands, Liv	03	London Western	12.67m			
			12.21m 12.67m FOUL	12.34m	12.22m	12.28m
3 Bolton, Charlotte F41	03	Woodstock Legion	8.73m			
			FOUL FOUL FOUL	8.73m	8.60m	FOUL
4 Calovini, Laura F37	01	Cruisers Sports	7.49m			
			7.49m 7.10m 7.05m	7.05m	7.33m	7.04m

Event 14 Men Shot Put 7.26kg Open

Provincial: 21.18m 2019-04-20 Tim NEWDOW (90), Ottawa Lion						
Canadian: ! 22.21m 2011-06-25 Dylan ARMSTRONG (81), Kamloo						
Name	Year	Team	Finals			
1 Bujnowski, Mark	98	London Western	17.80m			
			FOUL 17.49m 17.30m	17.80m	FOUL	17.69m
2 Pawliw, Eli	95	Sisu Throws Club	17.17m			
			16.36m 16.29m 16.97m	17.17m	16.29m	16.84m
3 Lewis, Spencer	03	Beckwith AC	15.81m			
			15.81m FOUL 15.58m	FOUL	FOUL	FOUL
4 Brathwaite, Eric	91	Sisu Throws Club	14.44m			
			13.86m 14.04m 14.44m	FOUL	FOUL	14.12m
5 Lepage, Pierce	96	Unattached Ontario	14.28m			
			13.21m 13.13m 13.94m	14.28m	PASS	PASS
6 Webb, Zion	99	Uni Windsor AC	13.86m			
			FOUL FOUL 13.25m	FOUL	12.66m	13.86m

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....Event 14 Men Shot Put 7.26kg Open

7	Mechler, Nathaniel	97	Unattached Ontario	13.32m
	13.32m	FOUL	FOUL	12.88m
			PASS	
8	Kizell, William	03	Brockville Legio	12.32m
	11.50m	FOUL	11.65m	FOUL
			11.73m	12.32m

Event 15 Women Discus Throw 1.00kg Open

=====				
Provincial:	59.76m	2001-05-03	Tina MCDONALD (76), Toronto	
Canadian: !	62.72m	1979-08-23	Carmen IONESCO (54), Unattac	
Name		Year	Team	Finals
=====				
1	Tutti, Trinity	00	Sisu Throws Club	55.18m
	FOUL	54.17m	FOUL	FOUL
			50.86m	55.18m
2	Tunks, Julia	06	London Western	51.62m
	51.62m	49.35m	48.95m	FOUL
			FOUL	FOUL
			47.02m	
3	Stephens, Alison	01	London Western	42.76m
	FOUL	FOUL	FOUL	FOUL
			42.76m	FOUL
4	Sands, Liv	03	London Western	36.86m
	35.94m	36.86m	35.15m	36.39m
			FOUL	FOUL
5	Foessel, Renee F38	95	Cruisers Sports	35.17m
	34.66m	34.33m	33.85m	35.17m
			FOUL	FOUL
			33.23m	
6	Ljubisic, Ljiljana F11	60	Unattached BC	27.40m
	27.40m	24.39m	26.94m	25.48m
			FOUL	FOUL
			25.62m	
7	Bolton, Charlotte F41	03	Woodstock Legion	23.50m
	22.21m	23.21m	23.50m	20.12m
			22.94m	23.47m
8	Calovini, Laura F37	01	Cruisers Sports	19.96m
	18.96m	18.91m	18.70m	19.96m
			19.35m	19.36m

Event 16 Men Discus Throw 2.00kg Open

=====				
Provincial:	67.88m	1988-05-14	Jason TUNKS (75), London Wes	
Canadian: !	67.88m	1998-05-14	Jason TUNKS (75), London Wes	
Name		Year	Team	Finals
=====				
1	Young, Jordan	93	Sisu Throws Club	62.47m
	FOUL	62.47m	FOUL	60.45m
			60.51m	62.20m
2	Bujnowski, Mark	98	London Western	54.03m
	54.03m	49.41m	FOUL	50.49m
			52.77m	FOUL
3	Tunks, Jason	75	London Western	49.19m
	49.19m	47.01m	48.39m	47.40m
			46.69m	46.42m
4	Lepage, Pierce	96	Unattached Ontario	48.32m
	FOUL	FOUL	45.70m	44.76m
			48.32m	FOUL
5	Nikolovski, Peter	94	York Uni T.F.C.	47.71m
	46.89m	45.75m	FOUL	46.42m
			47.59m	47.71m
6	Kizell, William	03	Brockville Legio	45.00m
	45.00m	43.46m	44.90m	42.51m
			FOUL	41.63m
7	Ehrhardt, Taylor	91	London Western	44.61m
	35.19m	44.06m	FOUL	40.41m
			39.49m	44.61m
8	Mechler, Nathaniel	97	Unattached Ontario	41.95m
	41.47m	41.95m	36.41m	FOUL
			FOUL	FOUL
			PASS	
9	Zesseu, Jesse T37;F37	99	Royal City AC	41.28m
	FOUL	FOUL	34.50m	41.28m
			FOUL	FOUL

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Event 17 Women Javelin Throw 600g Open

=====							
Provincial:	56.93m	2017-06-10	Ashley PRYKE (97),	SISU Thro			
Canadian: !	64.83m	2015-05-10	Elizabeth GLEADLE (88),	Chin			
Name	Year Team			Finals			
=====							
1 Dell, Bailey		96	Border City AC				45.03m
	41.31m	44.79m	45.03m	40.86m	43.13m	44.91m	
2 Cardella-Rinfret, Genevi		92	Saint-Laurent				43.37m
	39.34m	41.56m	39.91m	40.76m	42.35m	43.37m	
3 Pryke, Ashley		97	Sisu Throws Club				41.88m
	FOUL	FOUL	41.88m	41.30m	FOUL	FOUL	
4 Clark, Kaylee		03	Brockville Legio				41.83m
	37.09m	39.77m	38.07m	34.87m	41.83m	FOUL	
5 Roy, Makayla		02	Brantford T.F.C.				39.05m
	35.46m	FOUL	35.59m	38.42m	36.25m	39.05m	
6 Saldutto, Sophia		05	York Uni T.F.C.				36.23m
	FOUL	31.86m	36.23m	FOUL	FOUL	FOUL	
7 Goudros, Izzy		03	Unattached Ontario				34.40m
	32.41m	32.28m	34.34m	33.45m	34.40m	31.48m	