

2022 Canada Summer Games Trials - Team Ontario Trials
For split times visit: <https://bit.ly/2022-team-o-trials>
Toronto Track and Field Centre - 2022-07-02 to 2022-07-03
Results

Event 1 Women 100 Meter Dash Open**24 Advance: Top 3 Each Heat plus Next 9 Best Times**

| Name | Year Team | Prelims | Wind | H# |
|-----------------------------|------------------------|---------|------|----------|
| Preliminaries | | | | |
| 1 Larkan, Robyn | 05 Toronto Racers | 11.86Q | 3.0 | 1 |
| 2 Davis, Von | 98 Royal City AC | 11.90Q | 2.9 | 3 |
| 3 Vincic, Kristina | 05 Speed Academy | 11.91Q | 1.6 | 4 |
| 4 Shadd-Ceres, Trinity | 06 Maximus Performance | 11.96Q | 1.7 | 2 |
| 5 Blair, Savannah | 05 Speed Academy | 12.02Q | 1.8 | 5 |
| 6 Cole, Gabrielle | 04 Flying Angels | 11.92Q | 1.6 | 4 |
| 7 Jones, Raeanne | 06 Flying Angels | 12.07Q | 3.0 | 1 12.061 |
| 8 Reid, Imani | 05 Flying Angels | 12.07Q | 2.9 | 3 12.069 |
| 9 Miller, Trinity | 03 Golden Eagle | 12.27Q | 1.7 | 2 12.261 |
| 10 Blackman, Zahra | 08 Mississauga T.F.C. | 12.38Q | 1.8 | 5 |
| 11 Grose, Nia | 04 Speed Academy | 12.17Q | 2.9 | 3 |
| 12 Adenitan, Susan | 05 Border City AC | 12.25Q | 3.0 | 1 |
| 13 Gaynor, Bryana | 07 Durham Dragons | 12.33Q | 1.7 | 2 |
| 14 Borgella, Bianca T13;F13 | 03 Ottawa Lions T.F.C. | 12.37Q | 1.6 | 4 |
| 15 Winkle, Chelsea | 06 Toronto Tornadoes | 12.69Q | 1.8 | 5 |
| 16 Gaynor, Kayla | 07 Durham Dragons | 12.27q | 3.0 | 1 12.262 |
| 17 Lu Langley, Vanessa | 02 Ottawa Lions T.F.C. | 12.41q | 3.0 | 1 |
| 18 Thompson, Shadae | 07 Durham Dragons | 12.55q | 2.9 | 3 |
| 19 Anderson, Jianna | 06 Flying Angels | 12.86q | 1.7 | 2 |
| 20 Gyasi-Nimakko, Savannah | 05 Flying Angels | 12.88q | 2.9 | 3 |
| 21 Fraser, Charlize | 05 Brampton Track | 12.89q | 1.7 | 2 |
| 22 Dass, Cassidy | 00 Unattached Ontario | 13.30q | 1.6 | 4 |
| 23 Cudmore, Marie | 05 Mississauga T.F.C. | 13.39q | 1.6 | 4 |
| 24 Benner, Cali | 06 Mississauga T.F.C. | 13.45q | 3.0 | 1 |
| 25 Vogt, Anne | 06 London Western | 14.36 | 1.8 | 5 |
| 26 Mathew, Alicia | 02 Unattached Ontario | 14.57 | 1.6 | 4 |

Event 1 Women 100 Meter Dash Open

| Name | Year Team | Finals | Wind | H# |
|------------------------|------------------------|--------|------|----|
| Finals | | | | |
| 1 Larkan, Robyn | 05 Toronto Racers | 11.68 | 3.2 | 3 |
| 2 Vincic, Kristina | 05 Speed Academy | 11.68 | 3.2 | 3 |
| 3 Shadd-Ceres, Trinity | 06 Maximus Performance | 11.70 | 3.2 | 3 |
| 4 Davis, Von | 98 Royal City AC | 11.78 | 3.2 | 3 |
| 5 Cole, Gabrielle | 04 Flying Angels | 11.78 | 3.2 | 3 |
| 6 Blair, Savannah | 05 Speed Academy | 11.84 | 3.2 | 3 |
| 7 Reid, Imani | 05 Flying Angels | 11.94 | 3.2 | 3 |
| 8 Grose, Nia | 04 Speed Academy | 12.06 | 2.1 | 2 |
| 9 Jones, Raeanne | 06 Flying Angels | 12.08 | 3.2 | 3 |
| 10 Adenitan, Susan | 05 Border City AC | 12.21 | 2.1 | 2 |
| 11 Gaynor, Bryana | 07 Durham Dragons | 12.33 | 2.1 | 2 |
| 12 Blackman, Zahra | 08 Mississauga T.F.C. | 12.33 | 2.1 | 2 |
| 13 Miller, Trinity | 03 Golden Eagle | 12.33 | 2.1 | 2 |
| 14 Lu Langley, Vanessa | 02 Ottawa Lions T.F.C. | 12.33 | 3.2 | 1 |

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| | | | | |
|-----------------------------|------------------------|-------|-----|---|
| 15 Borgella, Bianca T13;F13 | 03 Ottawa Lions T.F.C. | 12.33 | 2.1 | 2 |
| 16 Thompson, Shadae | 07 Durham Dragons | 12.46 | 3.2 | 1 |
| 17 Winkle, Chelsea | 06 Toronto Tornadoes | 12.58 | 2.1 | 2 |
| 18 Anderson, Jianna | 06 Flying Angels | 12.64 | 3.2 | 1 |
| 19 Gyasi-Nimakko, Savahna | 05 Flying Angels | 12.79 | 3.2 | 1 |
| 20 Dass, Cassidy | 00 Unattached Ontario | 13.07 | 3.2 | 1 |
| 21 Cudmore, Marie | 05 Mississauga T.F.C. | 13.29 | 3.2 | 1 |
| 22 Benner, Cali | 06 Mississauga T.F.C. | 13.58 | 3.2 | 1 |

Event 2 Men 100 Meter Dash Open**24 Advance: Top 2 Each Heat plus Next 6 Best Times**

| Name | Year Team | Prelims | Wind | H# |
|----------------------------|------------------------|---------|------|----------|
| ===== | | | | |
| Preliminaries | | | | |
| 1 Asemota, Duan | 96 Speed Academy | 10.23Q | 3.4 | 3 |
| 2 Adjibi, Eliezer | 00 C.A.N.I. Athletics | 10.33Q | 2.6 | 2 |
| 3 Smellie, Gavin | 86 Flying Angels | 10.41Q | 3.1 | 1 |
| 4 Jones, Logan | 96 Unattached Ontario | 10.60Q | 3.2 | 8 |
| 5 Muteba, Lionel Tshimanga | 90 Perfmax-Racing | 10.62Q | 3.2 | 4 |
| 6 Rose, Jadon | 03 Golden Eagle | 10.63Q | 4.1 | 7 |
| 7 Spicer, Logan | 03 Royal City AC | 10.69Q | 3.2 | 9 |
| 8 Onyemah, Immanuel | 00 Unattached Ontario | 10.70Q | 1.6 | 5 10.694 |
| 9 Ugoh, Oluchi | 01 Flying Angels | 10.71Q | 3.1 | 6 |
| 10 Williams, Nicholas | 03 Unattached Ontario | 10.49Q | 2.6 | 2 |
| 11 Ajiroba, Emmanuel | 00 Flying Angels | 10.70Q | 4.1 | 7 10.698 |
| 12 Brokes, Zion | 02 The Gazelles | 10.72Q | 3.2 | 9 10.712 |
| 13 Angerilli, Adam | 04 Royal City AC | 10.75Q | 3.1 | 6 10.742 |
| 14 McKenzie, Jordan | 01 Speed Academy | 10.78Q | 3.2 | 8 |
| 15 Collins, Alexander | 02 C.A.N.I. Athletics | 10.84Q | 3.1 | 1 10.835 |
| 15 Rose, Jalon | 03 Golden Eagle | 10.84Q | 1.6 | 5 10.835 |
| 17 Adeleye, David | 02 Ottawa Lions T.F.C. | 10.90Q | 3.2 | 4 10.892 |
| 18 Holmes, Ajai | 05 Durham Dragons | 10.98Q | 3.4 | 3 10.976 |
| 19 Trought, Josh | 01 Speed Academy | 10.72q | 2.6 | 2 10.719 |
| 20 Fraser, Desmond | 04 Brampton Track | 10.75q | 3.1 | 6 10.750 |
| 21 Thurton, Bryce | 04 Speed Academy | 10.80q | 3.2 | 8 |
| 22 Long, Parker | 06 Renegades TC | 10.86q | 4.1 | 7 |
| 23 Nicoletti, Luca | 04 Ottawa Lions T.F.C. | 10.88q | 3.2 | 9 |
| 24 Manouchehr, Dominik | 03 Unattached Ontario | 10.90q | 3.1 | 1 10.891 |
| 25 Moyo, Phikelela Samuel | 04 Renegades TC | 10.92 | 4.1 | 7 |
| 26 Jean-Jacques, Jaxson | 05 Flying Angels | 10.94 | 3.1 | 6 |
| 27 Pinnock, Michael | 00 Ottawa Lions T.F.C. | 10.95 | 3.2 | 9 |
| 28 Jackson, Kejean | 97 York Uni. T.F.C. | 10.97 | 3.2 | 8 |
| 29 Ogunrinde, Oluwapelumi | 02 York Uni. T.F.C. | 10.98 | 3.4 | 3 10.978 |
| 30 Palomino, Nicholas | 96 Speed Academy | 11.13 | 3.1 | 6 |
| 31 Denny, Nathan | 04 Flying Angels | 11.14 | 3.1 | 1 |
| 32 Post, Liam | 04 Peterborough | 11.15 | 1.6 | 5 11.142 |
| 33 Lam, Kristofer | 92 Unattached Ontario | 11.15 | 3.4 | 3 11.143 |
| 33 Ali, Adrian | 00 York Uni. T.F.C. | 11.15 | 1.6 | 5 11.143 |
| 35 Smith, Ethan | 00 Speed Academy | 11.16 | 3.2 | 8 |

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....Event 2 Men 100 Meter Dash Open

| | | | | | |
|-----------------------------|-----------------------|-------|-----|---|--------|
| 36 Brown, Jaylan | 03 Mississauga T.F.C. | 11.23 | 2.6 | 2 | |
| 37 Songmene, Harold | 01 C.A.N.I. Athletics | 11.24 | 2.6 | 2 | |
| 38 Tucker, James | 04 Speed Academy | 11.47 | 3.2 | 8 | |
| 39 Dillon, Aodhan | 06 Speed Academy | 11.59 | 3.1 | 6 | 11.585 |
| 40 Blackmore, Owen | 04 Border City AC | 11.59 | 2.6 | 2 | 11.586 |
| 41 Barrieu, Jules | 01 Uni. Toronto TC | 11.64 | 3.2 | 8 | |
| 42 Sivarajah, Yathusan | 02 York Uni. T.F.C. | 11.67 | 1.6 | 5 | |
| 43 Catedral, Robert | 04 Mississauga T.F.C. | 11.68 | 1.6 | 5 | |
| 44 Reid- Gatto, Sebastien | 04 Mississauga Oly. | 11.73 | 1.6 | 5 | 11.725 |
| 45 Tumanan, Andrew Diaz | 07 Mississauga T.F.C. | 11.73 | 2.6 | 2 | 11.728 |
| 46 Millette, Brycen | 04 Speed Academy | 11.79 | 3.4 | 3 | |
| 47 Gnanapragasam, Emil | 96 Flying Angels | 11.83 | 3.2 | 4 | |
| 48 Gibbons, Obrian | 70 Uni. Windsor AC | 11.85 | 3.1 | 6 | |
| 49 Scott, Andrew | 04 Invictus AC | 12.06 | 3.4 | 3 | |
| 50 Alvarez, Christian | 04 Mississauga T.F.C. | 12.15 | 3.1 | 1 | |
| 51 Qu, Mingtong | 06 Mississauga T.F.C. | 12.18 | 3.1 | 1 | |
| 52 Perna, Giuliano | 05 Unattached Ontario | 12.23 | 4.1 | 7 | |
| 53 Ballentyne-Campbell, Mal | 00 Flying Angels | 12.27 | 3.2 | 8 | |
| 54 Murray, Trevor | 93 Unattached Ontario | 13.54 | 3.2 | 9 | |
| 55 Singh, Manjot | 95 Unattached Ontario | 24.35 | 4.1 | 7 | |
| -- Skerl, Mark | 03 Monte Cristo | DNF | 3.2 | 4 | |
| -- Rose, Shamir | 06 Speed Academy | DQ | 3.2 | 9 | |
| -- Samuel, Sammy | 03 Border City AC | DQ | 3.4 | 3 | |

Event 2 Men 100 Meter Dash Open

| Name | Year Team | Finals | Wind | H# |
|----------------------------|------------------------|--------|------|----|
| ===== | | | | |
| Finals | | | | |
| 1 Asemota, Duan | 96 Speed Academy | 10.15 | 3.2 | 3 |
| 2 Adjibi, Eliezer | 00 C.A.N.I. Athletics | 10.24 | 3.2 | 3 |
| 3 Muteba, Lionel Tshimanga | 90 Perfmox-Racing | 10.33 | 3.2 | 3 |
| 4 Smellie, Gavin | 86 Flying Angels | 10.45 | 3.2 | 3 |
| 5 Onyemah, Immanuel | 00 Unattached Ontario | 10.48 | 3.2 | 3 |
| 6 Jones, Logan | 96 Unattached Ontario | 10.49 | 3.2 | 3 |
| 7 Williams, Nicholas | 03 Unattached Ontario | 10.51 | 2.7 | 2 |
| 8 Ajiroba, Emmanuel | 00 Flying Angels | 10.57 | 2.7 | 2 |
| 9 Ugoh, Oluchi | 01 Flying Angels | 10.59 | 2.7 | 2 |
| 10 Rose, Jadon | 03 Golden Eagle | 10.60 | 3.2 | 3 |
| 11 Fraser, Desmond | 04 Brampton Track | 10.60 | 2.7 | 1 |
| 12 Thurton, Bryce | 04 Speed Academy | 10.68 | 2.7 | 1 |
| 13 Spicer, Logan | 03 Royal City AC | 10.69 | 3.2 | 3 |
| 14 McKenzie, Jordan | 01 Speed Academy | 10.70 | 2.7 | 2 |
| 15 Rose, Jalon | 03 Golden Eagle | 10.72 | 2.7 | 2 |
| 16 Brookes, Zion | 02 The Gazelles | 10.73 | 2.7 | 2 |
| 17 Trought, Josh | 01 Speed Academy | 10.74 | 2.7 | 1 |
| 18 Angerilli, Adam | 04 Royal City AC | 10.79 | 2.7 | 2 |
| 19 Adeleye, David | 02 Ottawa Lions T.F.C. | 10.80 | 2.7 | 1 |
| 20 Long, Parker | 06 Renegades TC | 10.84 | 2.7 | 1 |
| 21 Collins, Alexander | 02 C.A.N.I. Athletics | 10.85 | 2.7 | 2 |

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....Event 2 Men 100 Meter Dash Open

| | | | | |
|------------------------|------------------------|-------|-----|---|
| 22 Manouchehr, Dominik | 03 Unattached Ontario | 10.93 | 2.7 | 1 |
| 23 Holmes, Ajai | 05 Durham Dragons | 10.97 | 2.7 | 1 |
| 24 Nicoletti, Luca | 04 Ottawa Lions T.F.C. | 11.02 | 2.7 | 1 |

Event 3 Women 100 Meter Dash Special Olympics
Top 8 Advance by Time

| Name | Year Team | Prelims | Wind |
|---------------------------|-----------------------|---------|------|
| Preliminaries | | | |
| 1 Swinson, Shannon | 00 Niagara Olympic | 15.18q | 2.4 |
| 2 Bennett, Taylor | 98 Unattached Ontario | 15.71q | 2.4 |
| 3 Bastien, Blair | 93 Unattached Ontario | 16.04q | 2.4 |
| -- Partlow, Catherine T20 | 83 Unattached Ontario | DNF | 2.4 |

Event 3 Women 100 Meter Dash Special Olympics

| Name | Year Team | Finals | Wind |
|--------------------|-----------------------|--------|------|
| Finals | | | |
| 1 Swinson, Shannon | 00 Niagara Olympic | 15.19 | 3.6 |
| 2 Bennett, Taylor | 98 Unattached Ontario | 15.52 | 3.6 |
| 3 Bastien, Blair | 93 Unattached Ontario | 16.08 | 3.6 |

Event 4 Men 100 Meter Dash Special Olympics
Top 8 Advance by Time

| Name | Year Team | Prelims | Wind |
|----------------------------|-----------------------|---------|------|
| Preliminaries | | | |
| 1 Freeland, Gaerrisen T20; | 93 I Be Fast TC | 11.98q | 2.8 |
| 2 Konkle, Owen T20;F20 | 99 I Be Fast TC | 12.17q | 2.8 |
| 3 Heldsinger, Matthew | 03 Unattached Ontario | 12.55q | 2.8 |
| 4 Booth, Hudson T38;F38 | 99 I Be Fast TC | 13.19q | 2.8 |
| 5 Windross, Sam | 96 Unattached Ontario | 14.02q | 2.8 |
| 6 Kruis, Ben | 99 Unattached Ontario | 15.96q | 2.8 |
| 7 Sexton, Joey | 00 I Be Fast TC | 16.17q | 2.8 |
| 8 Gierlach, Matthew | 00 Unattached Ontario | 16.39q | 2.8 |

Event 4 Men 100 Meter Dash Special Olympics

| Name | Year Team | Finals | Wind |
|----------------------------|-----------------------|--------|------|
| Finals | | | |
| 1 Konkle, Owen T20;F20 | 99 I Be Fast TC | 11.94 | 1.9 |
| 2 Freeland, Gaerrisen T20; | 93 I Be Fast TC | 12.03 | 1.9 |
| 3 Heldsinger, Matthew | 03 Unattached Ontario | 12.50 | 1.9 |
| 4 Booth, Hudson T38;F38 | 99 I Be Fast TC | 12.89 | 1.9 |
| 5 Windross, Sam | 96 Unattached Ontario | 14.03 | 1.9 |
| 6 Kruis, Ben | 99 Unattached Ontario | 15.32 | 1.9 |

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....Event 4 Men 100 Meter Dash Special Olympics

| | | | |
|----------------|-----------------|-------|-----|
| 7 Sexton, Joey | 00 I Be Fast TC | 16.24 | 1.9 |
|----------------|-----------------|-------|-----|

Event 7 Women 100 Meter Dash Wheelchair

| Name | Year Team | Finals | Wind |
|---------------------------|--------------------|--------|------|
| 1 Sharma, Nandini T54;F54 | 97 Cruisers Sports | 17.85 | 2.3 |

Event 8 Men 100 Meter Dash Wheelchair

| Name | Year Team | Finals | Wind |
|----------------------------|---------------------|--------|------|
| 1 Young, Tai T54;F54 | 04 Cruisers Sports | 17.57 | 2.3 |
| 2 Courchesne, Shawn T53;F5 | 93 Cruisers Sports | 22.83 | 2.3 |
| 3 Babcock, Brett T51;F51 | 94 National Capital | 25.10 | 2.3 |

Event 9 Women 200 Meter Dash Open**24 Advance: Top 3 Each Heat plus Next 12 Best Times**

| Name | Year Team | Prelims | Wind | H# |
|------------------------|------------------------|---------|------|----|
| Preliminaries | | | | |
| 1 Davis, Von | 98 Royal City AC | 24.41Q | 1.8 | 3 |
| 2 Blair, Savannah | 05 Speed Academy | 24.46Q | 2.6 | 2 |
| 3 Vincic, Kristina | 05 Speed Academy | 24.63Q | 0.1 | 4 |
| 4 Reid, Imani | 05 Flying Angels | 24.64Q | 2.6 | 1 |
| 5 Cole, Gabrielle | 04 Flying Angels | 24.74Q | 0.1 | 4 |
| 6 Shadd-Ceres, Trinity | 06 Maximus Performance | 24.86Q | 1.8 | 3 |
| 7 Smart, Sian | 90 Toronto Racers | 25.72Q | 2.6 | 2 |
| 8 Celestine, Jade | 04 Speed Academy | 26.17Q | 2.6 | 1 |
| 9 Stieh, Amy | 01 Lakehead Running | 25.54Q | 1.8 | 3 |
| 10 Thompson, Shadae | 07 Durham Dragons | 25.78Q | 2.6 | 2 |
| 11 Fritzeley, Emily | 02 Royal City AC | 26.11Q | 0.1 | 4 |
| 12 Salwonchuk, Sasha | 07 Speed Academy | 26.61Q | 2.6 | 1 |
| 13 Strickler, Mattson | 03 Ottawa Lions T.F.C. | 25.62q | 1.8 | 3 |
| 14 Dasilva, Aly | 03 Lakehead Running | 26.21q | 0.1 | 4 |
| 15 Dundas, Stephanie | 05 Speed Academy | 26.22q | 2.6 | 2 |
| 16 Nero, Emma | 97 Unattached Ontario | 26.40q | 1.8 | 3 |
| 17 Brown, Ashleigh | 03 Unattached Ontario | 26.72q | 2.6 | 1 |
| 18 Cornforth, Holly | 07 South Simcoe | 27.09q | 0.1 | 4 |
| 19 Dymock-Brooks, Nyah | 04 South Simcoe | 27.82q | 0.1 | 4 |
| 20 Dass, Cassidy | 00 Unattached Ontario | 27.85q | 2.6 | 2 |
| 21 Westbrook, Emma | 06 St Thomas Legion | 28.74q | 1.8 | 3 |

Event 9 Women 200 Meter Dash Open

| Name | Year Team | Finals | Wind | H# |
|---------------|------------------|--------|------|----|
| Finals | | | | |
| 1 Davis, Von | 98 Royal City AC | 24.07 | 0.8 | 3 |

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....Event 9 Women 200 Meter Dash Open

| | | | | | | |
|----|----------------------|----|---------------------|-------|------|---|
| 2 | Vincic, Kristina | 05 | Speed Academy | 24.27 | 0.8 | 3 |
| 3 | Cole, Gabrielle | 04 | Flying Angels | 24.31 | 0.8 | 3 |
| 4 | Reid, Imani | 05 | Flying Angels | 24.45 | 0.8 | 3 |
| 5 | Blair, Savannah | 05 | Speed Academy | 24.46 | 0.8 | 3 |
| 6 | Shadd-Ceres, Trinity | 06 | Maximus Performance | 24.49 | 0.8 | 3 |
| 7 | Thompson, Shadae | 07 | Durham Dragons | 25.29 | 0.4 | 2 |
| 8 | Stieh, Amy | 01 | Lakehead Running | 25.35 | 0.8 | 3 |
| 9 | Strickler, Mattson | 03 | Ottawa Lions T.F.C. | 25.37 | 0.8 | 3 |
| 10 | Fritzley, Emily | 02 | Royal City AC | 25.95 | 0.4 | 2 |
| 11 | Celestine, Jade | 04 | Speed Academy | 26.25 | 0.4 | 2 |
| 12 | Dasilva, Aly | 03 | Lakehead Running | 26.35 | 0.4 | 2 |
| 13 | Salwonchuk, Sasha | 07 | Speed Academy | 26.52 | 0.4 | 2 |
| 14 | Brown, Ashleigh | 03 | Unattached Ontario | 26.99 | -1.6 | 1 |
| 15 | Cornforth, Holly | 07 | South Simcoe | 27.47 | -1.6 | 1 |
| 16 | Dymock-Brooks, Nyah | 04 | South Simcoe | 28.31 | -1.6 | 1 |

Event 10 Men 200 Meter Dash Open**24 Advance: Top 2 Each Heat plus Next 8 Best Times**

| Name | Year | Team | Prelims | Wind | H# |
|----------------------|------------------------|------|---------------------|--------|---------------|
| Preliminaries | | | | | |
| 1 | Adjibi, Eliezer | 00 | C.A.N.I. Athletics | 21.48Q | -0.2 1 |
| 2 | Jones, Logan | 96 | Unattached Ontario | 21.75Q | -0.9 8 |
| 3 | Ugoh, Oluchi | 01 | Flying Angels | 21.90Q | -1.1 2 |
| 4 | Roth, Michael | 02 | St Thomas Legion | 22.01Q | -1.2 3 |
| 5 | McKenzie, Jordan | 01 | Speed Academy | 22.18Q | -1.7 5 |
| 6 | Brookes, Zion | 02 | The Gazelles | 22.21Q | -2.4 7 |
| 7 | Trought, Josh | 01 | Speed Academy | 22.23Q | 1.4 6 |
| 8 | Jackson, Kejean | 97 | York Uni. T.F.C. | 22.68Q | -0.1 4 22.676 |
| 9 | Williams, Nicholas | 03 | Unattached Ontario | 21.94Q | -1.1 2 |
| 10 | Fraser, Desmond | 04 | Brampton Track | 22.05Q | -0.2 1 |
| 11 | Collins, Alexander | 02 | C.A.N.I. Athletics | 22.17Q | -1.2 3 22.163 |
| 12 | Davis, Richard | 02 | Royal City AC | 22.17Q | -0.9 8 22.165 |
| 13 | Nicoletti, Luca | 04 | Ottawa Lions T.F.C. | 22.27Q | 1.4 6 |
| 14 | Di Florio, Alexander | 01 | Centro Scuola | 23.21Q | -0.1 4 |
| 15 | Brown, Jaylan | 03 | Mississauga T.F.C. | 23.46Q | -1.7 5 23.454 |
| 16 | Post, Liam | 04 | Peterborough | 24.21Q | -2.4 7 |
| 17 | Long, Parker | 06 | Renegades TC | 22.15q | -0.2 1 |
| 18 | Thurton, Bryce | 04 | Speed Academy | 22.35q | 1.4 6 |
| 19 | Zenebe, Yonathan | 01 | Phoenix AA | 22.38q | 1.4 6 |
| 20 | Teal, Carter | 02 | Royal City AC | 22.42q | 1.4 6 |
| 21 | Isaac, Anthony | 02 | Border City AC | 22.65q | -1.1 2 |
| 22 | Moyo, Phikelela Samuel | 04 | Renegades TC | 22.67q | -1.1 2 |
| 23 | Samuel, Sammy | 03 | Border City AC | 22.68q | -1.2 3 22.675 |
| 24 | Manouchehr, Dominik | 03 | Unattached Ontario | 23.01q | -0.2 1 |
| 25 | Hehn, Nathan | 98 | Unattached Ontario | 23.04 | -0.9 8 |
| 26 | Denny, Nathan | 04 | Flying Angels | 23.25 | -1.2 3 |
| 27 | Steinke, Finn | 04 | Royal City AC | 23.26 | -0.9 8 |
| 28 | Moustafa, Ibrahim | 95 | York Uni. T.F.C. | 23.34 | -0.2 1 |

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| | | | | | | | |
|----|------------------------|----|--------------------|-------|------|---|--------|
| 29 | Lewis, Josiah | 06 | Flying Angels | 23.46 | -1.2 | 3 | 23.454 |
| 30 | Tucker, James | 04 | Speed Academy | 23.59 | -0.9 | 8 | |
| 31 | Songmene, Harold | 01 | C.A.N.I. Athletics | 23.60 | -0.9 | 8 | |
| 32 | Grant, Markus | 05 | Monte Cristo | 23.63 | -0.9 | 8 | |
| 33 | Rose, Shamir | 06 | Speed Academy | 23.90 | -0.1 | 4 | |
| 34 | Ogunrinde, Oluwapelumi | 02 | York Uni. T.F.C. | 23.95 | -1.7 | 5 | |
| 35 | Blackmore, Owen | 04 | Border City AC | 23.97 | -0.2 | 1 | |
| 36 | Wonnacott, Hayden | 05 | Speed Academy | 24.30 | -2.4 | 7 | |
| 37 | Millette, Brycen | 04 | Speed Academy | 24.52 | -1.1 | 2 | |
| 38 | Gnanapragasam, Emil | 96 | Flying Angels | 24.92 | -0.1 | 4 | |
| 39 | Johnson, Izayah | 07 | Speed Academy | 25.88 | -0.9 | 8 | |
| 40 | Wagner, Christopher | 85 | Unattached Ontario | 26.93 | -2.4 | 7 | |

Event 10 Men 200 Meter Dash Open

| Name | Year | Team | Finals | Wind | H# | |
|--------|------------------------|------|---------------------|-------|------|---|
| Finals | | | | | | |
| 1 | McKenzie, Jordan | 01 | Speed Academy | 21.28 | 1.1 | 2 |
| 2 | Adjibi, Eliezer | 00 | C.A.N.I. Athletics | 21.37 | -0.1 | 3 |
| 3 | Jones, Logan | 96 | Unattached Ontario | 21.60 | -0.1 | 3 |
| 4 | Roth, Michael | 02 | St Thomas Legion | 21.65 | -0.1 | 3 |
| 5 | Ugoh, Oluchi | 01 | Flying Angels | 21.70 | -0.1 | 3 |
| 6 | Brookes, Zion | 02 | The Gazelles | 21.72 | 1.1 | 2 |
| 7 | Williams, Nicholas | 03 | Unattached Ontario | 21.79 | -0.1 | 3 |
| 8 | Davis, Richard | 02 | Royal City AC | 21.89 | 1.1 | 2 |
| 9 | Collins, Alexander | 02 | C.A.N.I. Athletics | 22.05 | -0.1 | 3 |
| 10 | Thurton, Bryce | 04 | Speed Academy | 22.13 | 1.1 | 2 |
| 11 | Nicoletti, Luca | 04 | Ottawa Lions T.F.C. | 22.13 | 1.1 | 2 |
| 12 | Teal, Carter | 02 | Royal City AC | 22.34 | 1.1 | 2 |
| 13 | Long, Parker | 06 | Renegades TC | 22.42 | -0.1 | 3 |
| 14 | Zenebe, Yonathan | 01 | Phoenix AA | 22.50 | 1.1 | 2 |
| 15 | Moyo, Phikelela Samuel | 04 | Renegades TC | 22.55 | 1.4 | 1 |
| 16 | Isaac, Anthony | 02 | Border City AC | 22.89 | 1.4 | 1 |
| 17 | Di Florio, Alexander | 01 | Centro Scuola | 23.16 | 1.4 | 1 |
| 18 | Brown, Jaylan | 03 | Mississauga T.F.C. | 24.50 | 1.4 | 1 |
| -- | Jackson, Kejean | 97 | York Uni. T.F.C. | DNF | 1.4 | 1 |

Event 11 Women 200 Meter Dash Special Olympics

| Name | Year | Team | Finals | Wind | |
|------|------------------|------|--------------------|-------|-----|
| 1 | Swinson, Shannon | 00 | Niagara Olympic | 32.37 | 1.6 |
| 2 | Bastien, Blair | 93 | Unattached Ontario | 33.23 | 1.6 |
| 3 | Bennett, Taylor | 98 | Unattached Ontario | 33.38 | 1.6 |

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Event 12 Men 200 Meter Dash Special Olympics

| Name | Year | Team | Finals | Wind |
|----------------------------|------|--------------------|--------|------|
| 1 Freeland, Gaerrisen T20; | 93 | I Be Fast TC | 24.81 | 2.6 |
| 2 Konkle, Owen T20;F20 | 99 | I Be Fast TC | 25.61 | 2.6 |
| 3 Heldsinger, Matthew | 03 | Unattached Ontario | 25.80 | 2.6 |
| 4 Booth, Hudson T38;F38 | 99 | I Be Fast TC | 27.63 | 2.6 |
| 5 Windross, Sam | 96 | Unattached Ontario | 29.31 | 2.6 |
| 6 Kruis, Ben | 99 | Unattached Ontario | 32.71 | 2.6 |
| 7 Sexton, Joey | 00 | I Be Fast TC | 36.53 | 2.6 |
| 8 Gierlach, Matthew | 00 | Unattached Ontario | 37.10 | 2.6 |

Event 15 Women 400 Meter Dash Open

| Name | Year | Team | Finals | H# |
|----------------------------|------|---------------------|---------|----|
| 1 Ogunremi, Doyin | 02 | Ottawa Lions T.F.C. | 55.18 | 4 |
| 2 Stieh, Amy | 01 | Lakehead Running | 55.42 | 4 |
| 3 Ruggeri, Gabriella | 07 | Etobicoke Huskie | 56.87 | 4 |
| 4 Wallace, Tieghan | 03 | Brockville Legi. | 57.39 | 3 |
| 5 Dasilva, Aly | 03 | Lakehead Running | 57.93 | 4 |
| 6 Strickler, Mattson | 03 | Ottawa Lions T.F.C. | 58.64 | 4 |
| 7 Metivier, Maya | 04 | Monte Cristo | 1:00.72 | 3 |
| 8 Munro, Grace | 04 | Ottawa Lions T.F.C. | 1:00.77 | 3 |
| 9 Borgella, Bianca T13;F13 | 03 | Ottawa Lions T.F.C. | 1:00.84 | 3 |
| 10 Brown, Ashleigh | 03 | Unattached Ontario | 1:01.03 | 2 |
| 11 Bickle-Ferth, Kate | 84 | Unattached Ontario | 1:01.06 | 3 |
| 12 Dymock-Brooks, Nyah | 04 | South Simcoe | 1:01.14 | 1 |
| 13 Salwonchuk, Sasha | 07 | Speed Academy | 1:01.42 | 3 |
| 14 Meyers, Rorie | 04 | Border City AC | 1:02.69 | 2 |
| 15 George, Nailah | 05 | Flying Angels | 1:02.87 | 1 |
| 16 Ware, Aimee | 95 | Newmarket Huskie | 1:03.04 | 2 |
| 17 Fowler, Chelsea | 07 | South Simcoe | 1:03.05 | 2 |
| 18 Van Nooten, Philly | 07 | Brantford T.F.C. | 1:03.43 | 2 |
| 19 Jelaca, Katie | 05 | Monte Cristo | 1:04.85 | 3 |
| 20 Gilchrist, Lockett | 07 | South Simcoe | 1:12.85 | 1 |

Event 16 Men 400 Meter Dash Open

| Name | Year | Team | Finals | H# |
|-----------------------------|------|---------------------|--------|----|
| 1 Harper, Tyler Daniel | 89 | Royal City AC | 47.08 | 4 |
| 2 Roth, Michael | 02 | St Thomas Legion | 47.19 | 4 |
| 3 Penalzoza-Abankwah, Marcu | 98 | Royal City AC | 47.71 | 4 |
| 4 Davis, Richard | 02 | Royal City AC | 48.24 | 4 |
| 5 Teal, Carter | 02 | Royal City AC | 48.71 | 4 |
| 6 Menzies, Robbie | 00 | Unattached Ontario | 49.16 | 3 |
| 7 Nicoletti, Luca | 04 | Ottawa Lions T.F.C. | 49.44 | 3 |
| 8 Zenebe, Yonathan | 01 | Phoenix AA | 49.52 | 3 |
| 9 Hehn, Nathan | 98 | Unattached Ontario | 49.60 | 3 |
| 10 Di Florio, Alexander | 01 | Centro Scuola | 49.80 | 3 |

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....Event 16 Men 400 Meter Dash Open

| | | | |
|-----------------------------|------------------------|-------|---|
| 11 Blackwood, Aiden | 04 Durham Legion | 49.90 | 2 |
| 12 Ghadghoni, Ali | 93 Newmarket Huskie | 50.32 | 2 |
| 13 Moulongou, David | 03 Ottawa Lions T.F.C. | 50.47 | 4 |
| 14 Sutton, Eric | 98 Peterborough | 50.77 | 2 |
| 15 Graenert, Justin | 99 Newmarket Huskie | 51.22 | 2 |
| 16 Belanger, Dylen | 04 St Thomas Legion | 51.31 | 3 |
| 17 Belaisis, Simon | 05 Unattached Ontario | 51.64 | 3 |
| 18 Joseph, Xavier | 94 Golden Eagle | 53.04 | 2 |
| 19 Edward-Etafo, David | 07 Speed Academy | 53.19 | 1 |
| 20 Isaac, Anthony | 02 Border City AC | 53.71 | 2 |
| 21 Mitchell, Jamar | 05 Toronto Tornados | 53.97 | 1 |
| 22 Grant, Markus | 05 Monte Cristo | 54.31 | 1 |
| 23 Gooden, Kristoff | 03 Centro Scuola | 55.40 | 1 |
| 24 Conlon, Justin | 91 Unattached Ontario | 57.03 | 1 |
| -- Powell-Burgess, Diarra J | 03 Mississauga Oly. | DNF | 2 |

Event 18 Men 400 Meter Dash Wheelchair

| Name | Year Team | Finals |
|----------------------------|---------------------|---------|
| 1 Young, Tai T54;F54 | 04 Cruisers Sports | 1:08.36 |
| 2 Courchesne, Shawn T53;F5 | 93 Cruisers Sports | 1:27.94 |
| 3 Babcock, Brett T51;F51 | 94 National Capital | 1:36.60 |

Event 19 Women 800 Meter Run Open

| Name | Year Team | Finals | H# |
|-----------------------|------------------------|---------|----|
| 1 Hickson, Sadie-Jane | 98 Royal City AC | 2:06.56 | 2 |
| 2 Ormond, Cameron | 01 Royal City AC | 2:08.99 | 2 |
| 3 Hewitt, Chloe | 98 London Western | 2:09.12 | 2 |
| 4 Knelsen, Hallee | 03 St Thomas Legion | 2:09.72 | 2 |
| 5 Ruggeri, Gabriella | 07 Etobicoke Huskie | 2:11.74 | 2 |
| 6 Whitford, Nina | 00 Royal City AC | 2:12.57 | 2 |
| 7 Ylipahkala, Abby | 03 Newmarket Huskie | 2:13.79 | 2 |
| 8 Rich, Nicole | 96 Track North AC | 2:16.72 | 1 |
| 9 Clark, Hillary | 00 Track North AC | 2:18.34 | 1 |
| 10 Kuszaj, Laura | 03 Royal City AC | 2:20.55 | 1 |
| 11 Munro, Grace | 04 Ottawa Lions T.F.C. | 2:20.60 | 1 |
| 12 Boston, Eliza Jane | 02 Newmarket Huskie | 2:20.98 | 1 |
| 13 Gilmor, Katie | 96 Newmarket Huskie | 2:23.80 | 1 |

Event 20 Men 800 Meter Run Open

| Name | Year Team | Finals | H# |
|---------------------|---------------------|---------|----|
| 1 Purnell, Alec | 00 Royal City AC | 1:49.33 | 3 |
| 2 Petersen, Michael | 98 Royal City AC | 1:49.91 | 3 |
| 3 Popejoy, Dylan | 03 Brockville Legi. | 1:51.66 | 3 |
| 4 Basson, Mason | 04 St Thomas Legion | 1:52.80 | 3 |

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....Event 20 Men 800 Meter Run Open

| | | | | |
|----|-----------------------|-----------------------|---------|---|
| 5 | Dhanao, Shan | 04 Brockville Legi. | 1:54.76 | 3 |
| 6 | Goguen, Dakota | 02 Newmarket Huskie | 1:54.81 | 3 |
| 7 | Unger, Erik | 05 Unattached Ontario | 1:55.60 | 3 |
| 8 | Mlynczyk, Anton | 02 Newmarket Huskie | 1:56.10 | 2 |
| 9 | McCullagh, Liam | 04 Blue Devils AC | 1:57.25 | 2 |
| 10 | Boston, Joshua Thomas | 02 Newmarket Huskie | 1:57.74 | 2 |
| 11 | Abdullahi, Abdullahi | 01 Phoenix AA | 1:58.17 | 2 |
| 12 | Jensen, Ryan | 02 Newmarket Huskie | 1:58.28 | 2 |
| 13 | Patterson, Liam | 04 Blue Devils AC | 1:58.61 | 2 |
| 14 | Aidoo, Moses | 03 Uni. Toronto TC | 1:59.89 | 3 |
| 15 | Graenert, Justin | 99 Newmarket Huskie | 2:00.39 | 2 |
| 16 | Tiessen, Jacques | 99 Track North AC | 2:00.40 | 1 |
| 17 | Coupal, Cole | 05 Kawartha Lakes | 2:00.61 | 1 |
| 18 | Tessel, Matias | 01 Unattached Ontario | 2:02.46 | 1 |
| 19 | Neri, Nicholas T13 | 98 Uni. Windsor AC | 2:03.18 | 1 |
| 20 | Dick, Joseph | 99 Unattached Ontario | 2:04.00 | 1 |

Event 21 Women 1500 Meter Run Open

| Name | Year | Team | Finals |
|------|-----------------------|-----------------------|---------|
| 1 | Hewitt, Chloe | 98 London Western | 4:29.49 |
| 2 | Perkins, Lauren | 00 StrideWise Running | 4:31.81 |
| 3 | Roussel, Olivia | 01 Royal City AC | 4:38.45 |
| 4 | Knelsen, Hallee | 03 St Thomas Legion | 4:39.16 |
| 5 | Harnack, Hope | 00 Harbour Track | 4:41.61 |
| 6 | Clark, Hillary | 00 Track North AC | 4:44.17 |
| 7 | Koyanagi, Kaitlyn | 06 London Western | 4:44.82 |
| 8 | Lovshin, Muriel | 06 Toronto Olympic | 4:45.60 |
| 9 | Kuszaj, Laura | 03 Royal City AC | 4:48.94 |
| 10 | Boston, Eliza Jane | 02 Newmarket Huskie | 4:55.34 |
| 11 | Rauliuk Dunn, Eirllys | 00 Royal City AC | 5:06.16 |

Event 22 Men 1500 Meter Run Open

| Name | Year | Team | Finals | H# |
|------|----------------------|------------------------|---------|----|
| 1 | Turek, Max | 99 Harbour Track | 3:47.77 | 3 |
| 2 | Davies, Andrew | 00 Harbour Track | 3:47.94 | 3 |
| 3 | Drover, Alex | 99 Harbour Track | 3:48.27 | 3 |
| 4 | Bannon, Nicholas | 00 Royal City AC | 3:50.56 | 3 |
| 5 | Alie-Lamarche, Andre | 99 Ottawa Lions T.F.C. | 3:50.92 | 3 |
| 6 | Ohrling, Erik | 00 Royal City AC | 3:51.38 | 3 |
| 7 | Fox, Ben | 01 Royal City AC | 3:52.02 | 2 |
| 8 | McKenzie, Brock | 01 Royal City AC | 3:52.55 | 2 |
| 9 | Unger, Erik | 05 Unattached Ontario | 3:53.43 | 2 |
| 10 | McAllister, Heath | 04 London Western | 3:53.79 | 3 |
| 11 | Koyanagi, Kyle | 01 London Western | 3:53.85 | 3 |
| 12 | Davies, Max | 03 Royal City AC | 3:55.65 | 3 |
| 13 | Perrier, John | 00 Royal City AC | 3:56.12 | 3 |

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....Event 22 Men 1500 Meter Run Open

| | | | |
|--------------------------|------------------------|---------|---|
| 14 Patton, Mark | 97 Royal City AC | 3:56.13 | 3 |
| 15 Rosen, Daniel | 01 Royal City AC | 3:58.14 | 3 |
| 16 Basson, Mason | 04 St Thomas Legion | 3:59.68 | 2 |
| 17 Mlynczyk, Anton | 02 Newmarket Huskie | 4:00.00 | 2 |
| 18 McCullagh, Liam | 04 Blue Devils AC | 4:00.13 | 2 |
| 19 Tiessen, Jacques | 99 Track North AC | 4:00.28 | 2 |
| 20 Goguen, Dakota | 02 Newmarket Huskie | 4:00.74 | 3 |
| 21 Jensen, Ryan | 02 Newmarket Huskie | 4:01.58 | 2 |
| 22 Abdullahi, Abdullahi | 01 Phoenix AA | 4:02.75 | 2 |
| 23 Mironov, Roman | 03 Toronto West | 4:05.11 | 2 |
| 24 Boston, Joshua Thomas | 02 Newmarket Huskie | 4:05.97 | 1 |
| 25 Volpi, Marco | 00 Newmarket Huskie | 4:06.10 | 2 |
| 26 Hannam, Cole | 99 Royal City AC | 4:07.21 | 3 |
| 27 O'Connell, Jack | 04 Toronto West | 4:08.36 | 2 |
| 28 Neri, Nicholas T13 | 98 Uni. Windsor AC | 4:09.99 | 2 |
| 29 Baumgart, Mark | 04 Toronto West | 4:10.13 | 1 |
| 30 Lloyd, Owen | 04 Laurel Creek T.F.C. | 4:11.20 | 1 |
| 31 Reuter, Landon | 06 Laurel Creek T.F.C. | 4:13.99 | 2 |
| 32 Staffell, Zach | 99 StrideWise Running | 4:26.99 | 1 |
| 33 Smith, Liam | 05 London Western | 4:30.03 | 1 |
| 34 Lamb, Justin | 05 London Western | 4:32.45 | 1 |

Event 24 Men 1500 Meter Run Wheelchair

| Name | Year Team | Finals |
|----------------------|--------------------|---------|
| 1 Young, Tai T54;F54 | 04 Cruisers Sports | 4:26.67 |

Event 25 Women 100 Meter Hurdles 0.840m Open
Top 8 Advance by Time

| Name | Year Team | Prelims | Wind | H# |
|------------------------|------------------------|---------|------|----|
| Preliminaries | | | | |
| 1 Boug, Tyra | 00 Royal City AC | 13.71q | 0.8 | 1 |
| 2 Abiodun, Nike | 00 Royal City AC | 13.92q | 1.7 | 2 |
| 3 Logan, Aliyah | 02 Speed Academy | 13.92q | 1.7 | 2 |
| 4 Colaire, Shaleah | 01 Durham Legion | 14.14q | 0.8 | 1 |
| 5 Nero, Emma | 97 Unattached Ontario | 14.28q | 1.7 | 2 |
| 6 Goddard, Audrey | 04 Ottawa Lions T.F.C. | 14.36q | 0.8 | 1 |
| 7 Celestine, Jade | 04 Speed Academy | 14.47q | 1.7 | 2 |
| 8 Smart, Sian | 90 Toronto Racers | 14.51q | 0.8 | 1 |
| 9 Blair, Hannah | 00 Laurel Creek T.F.C. | 14.54 | 1.7 | 2 |
| 10 Lu Langley, Vanessa | 02 Ottawa Lions T.F.C. | 15.49 | 1.7 | 2 |
| 11 Elliott, Kalista | 05 Unattached Ontario | 15.61 | 0.8 | 1 |
| 12 Dundas, Stephanie | 05 Speed Academy | 15.76 | 0.8 | 1 |

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Event 25 Women 100 Meter Hurdles 0.840m Open

| Name | Year Team | Finals | Wind |
|--------------------|-----------------------|--------|------|
| Finals | | | |
| 1 Logan, Aliyah | 02 Speed Academy | 13.69 | -0.3 |
| 2 Abiodun, Nike | 00 Royal City AC | 13.78 | -0.3 |
| 3 Boug, Tyra | 00 Royal City AC | 13.85 | -0.3 |
| 4 Colaire, Shaleah | 01 Durham Legion | 14.06 | -0.3 |
| 5 Celestine, Jade | 04 Speed Academy | 14.46 | -0.3 |
| 6 Nero, Emma | 97 Unattached Ontario | 14.57 | -0.3 |
| 7 Smart, Sian | 90 Toronto Racers | 14.94 | -0.3 |

Event 26 Men 110 Meter Hurdles 1.067m Open

| Name | Year Team | Finals | Wind |
|----------------------|------------------------|--------|------|
| 1 Adeleye, David | 02 Ottawa Lions T.F.C. | 14.31 | 1.8 |
| 2 Collins, Alexander | 02 C.A.N.I. Athletics | 14.46 | 1.8 |
| 3 Colaire, Ashton | 97 Durham Legion | 14.63 | 1.8 |
| 4 Kwan, Anthony | 93 Toronto Racers | 14.91 | 1.8 |
| 5 Spencer, Colton | 00 Thorold Elite | 16.39 | 1.8 |

Event 27 Women 400 Meter Hurdles 0.762m Open

| Name | Year Team | Finals | H# |
|----------------------|------------------------|---------|----|
| 1 Colaire, Shaleah | 01 Durham Legion | 1:01.27 | 2 |
| 2 Akinduro, Tolulope | 04 Flying Angels | 1:02.68 | 2 |
| 3 Jovic, Helena | 01 Ottawa Lions T.F.C. | 1:03.19 | 2 |
| 4 Sawyer, Elise | 05 Monte Cristo | 1:03.57 | 2 |
| 5 Bickle-Ferth, Kate | 84 Unattached Ontario | 1:06.80 | 1 |
| 6 Metivier, Maya | 04 Monte Cristo | 1:08.88 | 2 |
| 7 Meyers, Rorie | 04 Border City AC | 1:09.86 | 2 |
| 8 Jelaca, Katie | 05 Monte Cristo | 1:11.69 | 2 |
| 9 Vogt, Anne | 06 London Western | 1:17.47 | 1 |

Event 28 Men 400 Meter Hurdles 0.914m Open

| Name | Year Team | Finals | H# |
|--------------------|------------------------|--------|----|
| 1 Moulougou, David | 03 Ottawa Lions T.F.C. | 54.78 | 2 |
| 2 Nicoletti, Luca | 04 Ottawa Lions T.F.C. | 54.83 | 2 |
| 3 King, Ryder | 04 Monte Cristo | 54.91 | 2 |
| 4 Belanger, Dylen | 04 St Thomas Legion | 55.52 | 2 |
| 5 Adeli, Kevin | 01 C.A.N.I. Athletics | 55.84 | 2 |
| 6 Sutton, Eric | 98 Peterborough | 56.81 | 1 |
| 7 Hamilton, Josh | 00 Royal City AC | 58.04 | 2 |
| 8 Nonez, Fabrice | 02 Ottawa Lions T.F.C. | 58.10 | 1 |

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Event 29 Women 3000 Meter Steeplechase 0.762m Open

| Name | Year Team | Finals |
|--------------------|------------------------|----------|
| 1 Jordan, Erika | 00 London Western | 10:39.16 |
| 2 Vroom, Elizabeth | 04 Ottawa Lions T.F.C. | 10:49.06 |
| 3 Perkins, Lauren | 00 StrideWise Running | 10:57.72 |

Event 30 Men 3000 Meter Steeplechase 0.914m Open

| Name | Year Team | Finals |
|----------------------|-----------------------|----------|
| 1 Rioux, Jonathan | 00 StrideWise Running | 9:14.46 |
| 2 Brackenbury, Miles | 01 Physi-Kult | 9:28.39 |
| 3 Scheele, Marcel | 99 London Western | 9:43.86 |
| 4 Davies, Ryan | 05 London Western | 10:03.64 |
| 5 Tessel, Matias | 01 Unattached Ontario | 10:03.96 |
| 6 McGregor, Larry | 68 Unattached Ontario | 12:28.01 |

Event 31 Women High Jump Open

| Name | Year Team | Finals |
|-------------------------------|-----------------------|--------|
| 1 Markovinovic, Celia | 01 Unattached Ontario | 1.70m |
| 1.55 1.60 1.65 1.70 1.72 | | |
| O O O XXO XXX | | |
| 2 Blair, Callista | 04 Monte Cristo | 1.65m |
| 1.55 1.60 1.65 1.70 | | |
| XO O O XXX | | |
| 3 Cudmore, Gwendolyn | 03 Thorold Elite | J1.65m |
| 1.55 1.60 1.65 1.70 | | |
| O XO XO XXX | | |
| 4 Dwyer, Monifa | 07 York Uni. T.F.C. | 1.60m |
| 1.40 1.45 1.50 1.55 1.60 1.65 | | |
| O O XO XXO O XXX | | |
| 5 Gilhuly, Emily | 03 London Western | 1.55m |
| 1.45 1.50 1.55 1.60 | | |
| O O O XXX | | |
| 6 Roest, Emily | 02 Unattached Ontario | J1.55m |
| 1.45 1.50 1.55 1.60 | | |
| O O XO XXX | | |

Event 32 Men High Jump Open

| Name | Year Team | Finals |
|-------------------------------|-----------------------|--------|
| 1 Lafleur, Hans | 96 C.A.N.I. Athletics | 2.10m |
| 1.90 1.95 2.00 2.05 2.10 2.15 | | |
| O O O XXO O XXX | | |
| 2 Becker, Thomas | 03 C.A.N.I. Athletics | 2.05m |
| 1.90 1.95 2.00 2.05 2.10 | | |
| O O O O XXX | | |

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....Event 32 Men High Jump Open

| | | | |
|----|--------------------------|--------------------|-------|
| 3 | Hendricks-Polack, Jared | 98 London Western | 1.95m |
| | 1.80 1.85 1.90 1.95 2.00 | | |
| | O O XO XXO XXX | | |
| 4 | Keeling, Caleb | 01 Uni. Windsor AC | 1.90m |
| | 1.90 1.95 | | |
| | O XXX | | |
| 5 | Luca, Stefan | 06 Centro Scuola | 1.80m |
| | 1.70 1.75 1.80 1.85 | | |
| | O O O XXX | | |
| -- | Dommasch, Noah | 02 Royal City AC | NH |
| | 1.85 | | |
| | X | | |

Event 33 Women Pole Vault Open

| Name | Year Team | Finals |
|--------------------|-------------------------------|--------|
| 1 Lam, Lynton | 98 Elite Jumps | 3.65m |
| | 3.45 3.55 3.65 3.75 | |
| | XO O O XXX | |
| 2 Beckett, Daniela | 04 London Western | 3.55m |
| | 3.35 3.45 3.55 3.65 | |
| | O O O XXX | |
| 3 Stoyka Kay, Sage | 03 Bolton Pole Vault | J3.55m |
| | 3.45 3.55 3.65 | |
| | XO O XXX | |
| 4 King, Julia | 04 Bolton Pole Vault | 3.45m |
| | 3.15 3.25 3.35 3.45 3.55 | |
| | O O O XXO XXX | |
| 5 Walker, Olivia | 00 London Western | 3.25m |
| | 3.25 3.35 | |
| | O XXX | |
| 6 Passy, Abigail | 03 Fredericton Reds | 3.15m |
| | 3.05 3.15 3.25 | |
| | XO XO XXX | |
| 7 Miller, Brynn | 04 Bolton Pole Vault | J3.15m |
| | 2.60 2.75 2.90 3.05 3.15 3.25 | |
| | O O O O XXO XXX | |
| 8 Birtch, Larissa | 05 London Western | 2.90m |
| | 2.45 2.60 2.75 2.90 3.05 | |
| | O O O O XXX | |
| 9 Dai, Rachel | 02 Bolton Pole Vault | 2.75m |
| | 2.45 2.60 2.75 2.90 | |
| | O O XXO XXX | |
| 10 Krykorka, Nella | 08 Bolton Pole Vault | 2.45m |
| | 2.15 2.30 2.45 2.60 | |
| | O XXO O XXX | |

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Event 34 Men Pole Vault Open

| Name | Year Team | Finals |
|--|-----------------------|--------|
| 1 Gleason, Daniel 5.00 5.15 XO XXX | 97 York Uni. T.F.C. | 5.00m |
| 2 Seguin, Brennan 4.60 4.70 4.80 XO XO XXX | 99 Royal City AC | 4.70m |
| 3 Miller, Liam 3.40 3.60 3.80 3.95 4.10 4.25 4.40 XO O XO XO O O XXX | 06 Bolton Pole Vault | 4.25m |
| 4 Woods, Bennett 3.80 3.95 4.10 4.25 4.40 XXO XO O XO XXX | 03 Unattached Ontario | J4.25m |
| 5 Beaubien, Spencer 3.60 3.80 3.95 4.10 4.25 O O XO O XXX | 04 Kingston T.F.C. | 4.10m |
| 6 Parker, Nojah 4.10 4.25 XXO XXX | 99 Uni. Windsor AC | J4.10m |
| 7 Ivanov, Michael 3.40 3.60 3.80 3.95 4.10 4.25 O O O XO XXO XXX | 03 Thorold Elite | J4.10m |

Event 35 Women Long Jump Open

| Name | Year Team | Finals | Wind | H# |
|---|------------------------|--------|------|----|
| 1 Shadd-Ceres, Trinity 6.05m(2.4) 6.35m(2.5) 6.27m(3.7) 6.25m(2.3) 6.19m(4.3) 6.26m(2.7) | 06 Maximus Performance | 6.35m | 2.5 | 1 |
| 2 Jones, Leah 5.95m(3.6) 2.62m(3.3) 5.71m(4.0) 5.53m(2.0) 5.44m(2.6) 5.71m(2.3) | 99 York Uni. T.F.C. | 5.95m | 3.6 | 1 |
| 3 Scott-Kilgo, Jasmine 5.79m(5.4) 5.81m(3.2) 5.90m(3.7) 5.79m(3.1) 5.78m(2.4) PASS | 00 Border City AC | 5.90m | 3.7 | 1 |
| 4 Omonzane, Peace 5.33m(2.7) 5.14m(1.4) 5.67m(5.3) 5.43m(3.9) 5.35m(3.1) 5.30m(2.2) | 04 Flying Angels | 5.67m | 5.3 | 1 |
| 5 Blair, Hannah 5.30m(3.0) 5.33m(2.1) FOUL(4.4) 5.37m(2.4) 5.40m(3.5) 5.62m(3.8) | 00 Laurel Creek T.F.C. | 5.62m | 3.8 | 1 |
| 6 Hamilton, Asia 5.37m(3.9) 5.61m(3.7) 5.61m(5.5) 5.54m(5.7) FOUL(2.1) 5.19m(3.8) | 02 Flying Angels | 5.61m | 3.7 | 1 |
| 7 Akinduro, Tolulope FOUL(4.9) FOUL(2.4) 5.46m(4.1) FOUL(4.4) 5.59m(3.5) 5.28m(2.3) | 04 Flying Angels | 5.59m | 3.5 | 1 |
| 8 Horner, Ayasha FOUL(2.0) 5.28m(2.1) 5.57m(2.3) FOUL FOUL FOUL | 99 London Western | 5.57m | 2.3 | 2 |
| 9 Vamos, Brianna 5.09m(3.7) 4.93m(2.7) 5.29m(3.7) | 05 Maximus Performance | 5.29m | 3.7 | 1 |
| 10 Lyn, Isabelle FOUL(1.4) 4.40m(3.9) 5.08m(4.5) | 01 Maximus Performance | 5.08m | 4.5 | 1 |
| 11 Gyasi-Nimakko, Savahnna 4.28m(-0.4) 4.87m(3.5) 5.05m(1.6) | 05 Flying Angels | 5.05m | 1.6 | 2 |

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....Event 35 Women Long Jump Open

| | | | | | |
|----|----------------------------------|------------------------|-------|-----|---|
| 12 | George, Nailah | 05 Flying Angels | 5.01m | 1.7 | 2 |
| | 4.48m(1.7) 4.75m(2.2) 5.01m(1.7) | | | | |
| 13 | Prendergast, Jordane | 05 Golden Eagle | 4.82m | 1.9 | 2 |
| | 4.82m(1.9) 4.69m(2.9) 4.75m(1.4) | | | | |
| 14 | Cross, Shiloh | 07 Flying Angels | 4.62m | 3.2 | 2 |
| | 4.12m(0.2) 4.57m(1.0) 4.62m(3.2) | | | | |
| 15 | Westbrook, Emma | 06 St Thomas Legion | 4.47m | 2.5 | 2 |
| | 4.47m(2.5) 4.39m(1.1) 4.39m(1.8) | | | | |
| -- | Dobson Takoff, Emma | 01 Ottawa Lions T.F.C. | FOUL | | 2 |
| | FOUL FOUL FOUL | | | | |
| -- | Koller, Ella | 02 Uni. Windsor AC | FOUL | | 2 |
| | FOUL FOUL FOUL | | | | |

Event 36 Men Long Jump Open

| ===== | | | | | |
|-------|--|-----------------------|-------|------|--|
| Name | Year Team | Finals | Wind | | |
| ===== | | | | | |
| 1 | Jacob, Johnathan | 01 Royal City AC | 7.41m | 3.4 | |
| | 7.41m(3.4) 5.83m(1.4) FOUL(0.3) 2.95m(2.2) PASS | | PASS | | |
| 2 | Spicer, Logan | 03 Royal City AC | 6.90m | 2.2 | |
| | 6.90m(2.2) 6.83m(3.1) 6.80m(2.5) PASS 6.69m(2.1) 5.87m(2.4) | | | | |
| 2 | West, Kenneth | 02 Flying Angels | 6.90m | 3.6 | |
| | FOUL(2.9) 6.90m(3.6) 6.64m(2.3) FOUL(1.3) 4.75m(2.1) FOUL(1.6) | | | | |
| 4 | Foster, Joshua | 02 C.A.N.I. Athletics | 6.89m | 3.6 | |
| | 6.89m(3.6) FOUL(1.6) 6.42m(2.4) FOUL(1.3) 6.44m(0.6) 6.62m(1.5) | | | | |
| 5 | Young, Arren | 92 Phoenix AA | 6.84m | 1.7 | |
| | 6.60m(1.7) 6.49m(2.9) 6.84m(1.7) FOUL(3.5) 5.56m(3.3) FOUL(2.3) | | | | |
| 6 | Akinduro, Olorunfemi | 00 Flying Angels | 6.80m | 0.8 | |
| | 6.23m(3.0) 6.54m(1.4) 6.80m(0.8) 6.38m(1.5) FOUL(1.9) FOUL(1.7) | | | | |
| 7 | McPhee, Ian | 03 Uni. Windsor AC | 6.79m | 2.0 | |
| | 6.70m(3.5) FOUL(1.2) 6.79m(2.0) FOUL(0.6) FOUL(1.2) FOUL(1.4) | | | | |
| 8 | Becker, Thomas | 03 C.A.N.I. Athletics | 6.54m | -0.2 | |
| | 6.54m(-0.2) FOUL(1.5) 6.36m(1.4) 6.37m(1.5) FOUL(0.9) 5.95m(2.1) | | | | |
| 9 | Hendricks-Polack, Jared | 98 London Western | 6.44m | 2.1 | |
| | 6.44m(2.1) 6.28m(1.3) FOUL(4.2) | | | | |
| 10 | Ranne, Eman | 02 Phoenix AA | 6.20m | 3.5 | |
| | FOUL(2.4) 4.30m(2.4) 6.20m(3.5) | | | | |
| 11 | Masena, Bebelo-Noah | 02 C.A.N.I. Athletics | 6.14m | 2.1 | |
| | FOUL(3.2) 6.14m(2.1) FOUL(1.8) | | | | |
| 12 | Millette, Brycen | 04 Speed Academy | 5.08m | 3.0 | |
| | FOUL(2.5) 5.08m(3.0) 5.06m(2.1) | | | | |
| -- | Lim, Dominick | 03 Variety Village | FOUL | | |
| | FOUL(2.6) FOUL(2.6) FOUL(1.2) | | | | |

Event 37 Women Triple Jump Open

| ===== | | | | | |
|-------|---|------------------|--------|------|--|
| Name | Year Team | Finals | Wind | | |
| ===== | | | | | |
| 1 | Omonzane, Peace | 04 Flying Angels | 12.46m | -0.3 | |
| | 11.70m(-0.1) FOUL(1.5) 11.80m(1.4) 11.93m(1.9) 12.46m(-0.3) FOUL(2.0) | | | | |



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....Event 37 Women Triple Jump Open

| | | | | | |
|----|------------------------|----|---------------------|--|------|
| 2 | Scott-Kilgo, Jasmine | 00 | Border City AC | 12.37m | 0.8 |
| | | | | 11.75m(1.5) 12.10m(1.0) FOUL(-0.5) 12.04m(-1.9) 12.01m(1.0) 12.37m(0.8) | |
| 3 | Akinduro, Tolulope | 04 | Flying Angels | 12.26m | -1.4 |
| | | | | 11.56m(-1.3) FOUL(0.9) 12.15m(1.4) 12.15m(-0.3) FOUL(0.2) 12.26m(-1.4) | |
| 4 | Hamilton, Asia | 02 | Flying Angels | 11.89m | 1.5 |
| | | | | 11.53m(-0.1) 11.61m(1.3) 11.83m(2.1) FOUL(0.9) 11.89m(1.5) 11.55m(-0.1) | |
| 5 | Vamos, Brianna | 05 | Maximus Performance | 11.51m | 0.8 |
| | | | | 11.51m(0.8) 10.75m(0.3) FOUL(2.3) 11.19m(2.5) 11.14m(0.1) 11.23m(1.3) | |
| 6 | Horner, Ayasha | 99 | London Western | 11.09m | 0.8 |
| | | | | 10.82m(1.7) 11.09m(0.8) 10.78m(0.9) 9.78m(3.4) 9.30m(2.0) 10.86m(0.9) | |
| 7 | Lyn, Isabelle | 01 | Maximus Performance | 10.88m | +0.0 |
| | | | | 10.84m(1.7) 10.62m(0.8) 10.53m(0.6) 10.56m(2.3) 10.60m(1.2) 10.88m(+0.0) | |
| 8 | Gyasi-Nimako, Savahna | 05 | Flying Angels | 10.71m | 1.8 |
| | | | | FOUL(1.2) 10.71m(1.8) FOUL(0.1) 9.18m(0.7) 10.18m(0.8) FOUL(2.8) | |
| 9 | Dobson Takoff, Emma | 01 | Ottawa Lions T.F.C. | 10.48m | 1.4 |
| | | | | FOUL(0.7) 10.48m(1.4) FOUL(-0.7) | |
| 10 | Sivachandran, Shankari | 03 | United Tamil | 10.42m | 2.5 |
| | | | | FOUL(-1.6) FOUL(1.1) 10.42m(2.5) | |
| 11 | George, Nailah | 05 | Flying Angels | 10.41m | 2.2 |
| | | | | 9.72m(1.0) FOUL(0.8) 10.41m(2.2) | |
| -- | Sivanathan, Akshanaa | 00 | York Uni. T.F.C. | FOUL | |
| | | | | FOUL(0.8) FOUL(1.5) FOUL(1.6) | |

Event 38 Men Triple Jump Open

| Name | Year | Team | Finals | Wind | |
|------|----------------------|------|--------------------|--|-----|
| 1 | Akinduro, Olorunfemi | 00 | Flying Angels | 14.77m | 1.7 |
| | | | | 13.67m(0.6) 14.77m(1.7) 14.74m(1.7) 14.72m(1.1) 14.73m(-0.6) 14.59m(1.7) | |
| 2 | West, Kenneth | 02 | Flying Angels | 14.45m | 0.8 |
| | | | | FOUL(1.8) FOUL(2.1) FOUL(1.3) 14.45m(0.8) FOUL(1.0) FOUL(1.6) | |
| 3 | Foster, Joshua | 02 | C.A.N.I. Athletics | 14.39m | 1.2 |
| | | | | 14.39m(1.2) FOUL(0.9) FOUL(1.4) FOUL(0.9) FOUL(0.1) FOUL(1.6) | |
| 4 | Masena, Bebelo-Noah | 02 | C.A.N.I. Athletics | 12.95m | 1.2 |
| | | | | FOUL(-0.8) FOUL(1.4) 12.53m(0.9) 12.95m(1.2) FOUL(1.7) 12.56m(0.7) | |

Event 39 Women Shot Put 4.00kg Open

| Name | Year | Team | Finals | |
|------|------------------|------|---------------------|---|
| 1 | Tennant, Grace | 99 | Sisu Throws Club | 15.35m |
| | | | | 15.35m 13.78m 15.01m FOUL 14.66m 15.04m |
| 2 | Sands, Liv | 03 | London Western | 13.69m |
| | | | | 13.69m 13.09m 13.20m FOUL FOUL 13.48m |
| 3 | Ezukuse, Biniosa | 02 | Project Athletic | 13.32m |
| | | | | 13.19m 13.32m FOUL FOUL 12.64m FOUL |
| 4 | Tunks, Julia | 06 | London Western | 12.43m |
| | | | | 12.43m 12.00m 12.01m 11.91m FOUL FOUL |
| 5 | Asiamah, Brianna | 01 | Ottawa Lions T.F.C. | 12.10m |
| | | | | 11.36m 11.06m 12.10m 11.38m 11.54m 11.69m |

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....Event 39 Women Shot Put 4.00kg Open

| | | | |
|---|---------------------------------------|---------------------|--------|
| 6 | Bonas, Sierra | 04 Uni. Windsor AC | 10.39m |
| | 10.13m 9.99m 10.22m 9.93m FOUL 10.39m | | |
| 7 | Dwyer, Monifa | 07 York Uni. T.F.C. | 8.84m |
| | 8.33m 8.84m FOUL 7.70m PASS PASS | | |
| 8 | Westbrook, Emma | 06 St Thomas Legion | 8.04m |
| | 7.98m 7.50m 8.04m 7.71m 7.23m 6.93m | | |
| 9 | Forde, Payton | 06 Sisu Throws Club | 7.03m |
| | 7.03m FOUL FOUL | | |

Event 40 Men Shot Put 7.26kg Open

| Name | Year Team | Finals |
|---------------------|---|---------------|
| 1 Bujnowski, Mark | 98 London Western | 18.82m |
| | 18.31m 18.04m 18.20m 18.51m 18.82m 17.42m | |
| 2 Ohene-Adu, Dennis | 00 Sisu Throws Club | 16.49m |
| | 16.49m FOUL FOUL 16.32m FOUL FOUL | |
| 3 Nedow, Thomas | 98 Ottawa Lions T.F.C. | 16.38m |
| | 15.72m 15.76m 16.38m 15.92m 15.71m 15.59m | |
| 4 Edwards, Seth | 99 London Western | 15.12m |
| | 13.91m 14.25m 15.12m 14.15m 14.38m FOUL | |
| 5 Stanat, Arthur | 03 St Thomas Legion | 13.53m |
| | 12.92m 13.22m 13.48m 13.39m 13.20m 13.53m | |
| 6 Foster, Blake | 03 Sarnia Athletics | 12.57m |
| | FOUL FOUL 12.16m FOUL 12.57m 12.03m | |
| 7 Laur, Maximillian | 02 Sarnia Athletics | 12.03m |
| | 11.25m 11.93m 12.03m FOUL FOUL 11.81m | |
| 8 Blackmore, Carter | 07 Border City AC | 11.11m 4.00kg |
| | 10.46m 10.29m 11.06m 11.11m 10.70m FOUL | |

Event 41 Women Shot Put Ambulatory

| Name | Year Team | Finals |
|---------------------------|------------------------------------|--------------|
| 1 Calovini, Laura T37;F37 | 01 Cruisers Sports | 7.37m 3.00kg |
| | 7.05m 7.18m 7.37m 6.79m FOUL 6.92m | |

Event 43 Women Shot Put Wheelchair

| Name | Year Team | Finals |
|----------------------------|-------------------------------------|--------------|
| 1 Gaudette, Tiffany T54;F5 | 85 Cruisers Sports | 5.60m 3.00kg |
| | 5.21m 5.25m 5.42m FOUL 5.60m 5.56m | |
| 2 Lee, Joanne F34 | 98 Cruisers Sports | 5.39m 3.00kg |
| | 5.39m 5.16m 5.00m 5.20m 5.27m 5.23m | |
| 3 Sandoval Gustafson, Mart | 50 Cruisers Sports | 3.15m 2.00kg |
| | 2.99m 3.08m 3.15m 3.05m 3.00m 3.15m | |

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Event 44 Men Shot Put Wheelchair

| Name | Year | Team | Finals |
|--------------------------|------|-----------------|-------------------------------------|
| 1 Domingo, Aristotle F57 | 75 | Cruisers Sports | 6.55m 4.00kg |
| | | | 6.40m 6.55m 5.86m 6.22m 5.80m 5.95m |
| 2 Bennett, Ryan F34 | 88 | Cruisers Sports | 4.43m 3.00kg |
| | | | 4.29m 4.26m 4.43m 4.21m FOUL 4.32m |

Event 45 Women Discus Throw 1.00kg Open

| Name | Year | Team | Finals |
|----------------------|------|--------------------|---|
| 1 Tennant, Grace | 99 | Sisu Throws Club | 51.17m |
| | | | 50.07m FOUL 50.43m 50.54m 51.17m 50.86m |
| 2 Tunks, Julia | 06 | London Western | 50.01m |
| | | | FOUL 48.28m 48.83m FOUL FOUL 50.01m |
| 3 Alty, Emily | 02 | Unattached Ontario | 43.27m |
| | | | 41.05m 41.99m 42.84m 40.03m 43.27m 41.37m |
| 4 Sands, Liv | 03 | London Western | 42.72m |
| | | | 41.78m 41.16m 42.13m 42.72m 42.32m 41.77m |
| 5 Stephens, Alison | 01 | London Western | 40.59m |
| | | | FOUL FOUL 38.30m 39.14m FOUL 40.59m |
| 6 De Buglio, Martina | 04 | Project Athletic | 38.16m |
| | | | 36.30m FOUL 38.16m FOUL FOUL FOUL |
| 7 Hastings, Avery | 04 | Saugeen T.F.A. | 37.24m |
| | | | 35.61m 34.90m 37.24m FOUL FOUL 33.32m |
| 8 Tunks, Jenna | 09 | London Western | 35.78m |
| | | | FOUL 35.78m 34.79m 34.42m 32.06m FOUL |
| 9 Forde, Payton | 06 | Sisu Throws Club | 26.73m |
| | | | 26.73m 25.22m 26.23m |
| 10 Bonas, Sierra | 04 | Uni. Windsor AC | 24.00m |
| | | | 22.66m FOUL 24.00m |

Event 46 Men Discus Throw 2.00kg Open

| Name | Year | Team | Finals |
|---------------------|------|---------------------|---|
| 1 Nedow, Thomas | 98 | Ottawa Lions T.F.C. | 50.71m |
| | | | 50.71m 47.98m 50.44m 49.72m 48.80m FOUL |
| 2 Ohene-Adu, Dennis | 00 | Sisu Throws Club | 49.94m |
| | | | 44.08m 48.09m FOUL FOUL 49.94m FOUL |
| 3 Edwards, Seth | 99 | London Western | 45.84m |
| | | | 43.92m 43.09m 43.55m 44.94m FOUL 45.84m |
| 4 Kizell, William | 03 | Brockville Legi. | 45.35m |
| | | | 43.20m 43.19m FOUL 45.35m 43.38m 44.70m |
| 5 Ransky, Mike | 70 | Unattached Ontario | 45.23m |
| | | | 45.23m FOUL FOUL FOUL 44.94m 44.34m |
| 6 Stanat, Arthur | 03 | St Thomas Legion | 44.08m |
| | | | 40.38m 43.22m FOUL 41.10m 44.08m 43.51m |
| 7 Foster, Blake | 03 | Sarnia Athletics | 40.58m |
| | | | FOUL 39.94m FOUL 40.58m FOUL FOUL |

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....Event 46 Men Discus Throw 2.00kg Open

| | | |
|----------------------|---------------------|--------|
| 8 Laur, Maximillian | 02 Sarnia Athletics | 36.66m |
| 34.76m 35.53m FOUL | 36.66m FOUL FOUL | |
| 9 Fodor, Brady | 02 St Thomas Legion | 32.84m |
| FOUL 31.70m 32.84m | | |
| -- Blackmore, Carter | 07 Border City AC | FOUL |
| FOUL FOUL FOUL | | |

Event 47 Women Discus Throw Ambulatory

| Name | Year Team | Finals |
|---------------------------|--------------------|---------------|
| 1 Calovini, Laura T37;F37 | 01 Cruisers Sports | 18.01m 1.00kg |
| 18.01m 16.25m 17.37m FOUL | 16.36m 16.59m | |

Event 48 Men Discus Throw Ambulatory

| Name | Year Team | Finals |
|-------------------------|--------------------|---------------|
| 1 Zesseu, Jesse T37;F37 | 99 Royal City AC | 49.49m 1.00kg |
| FOUL 42.89m 47.74m | 49.49m 48.02m FOUL | |

Event 49 Women Discus Throw Wheelchair

| Name | Year Team | Finals |
|----------------------------|---------------------|---------------|
| 1 Gaudette, Tiffany T54;F5 | 85 Cruisers Sports | 17.92m 1.00kg |
| 16.50m 16.90m 17.92m | 17.80m 17.36m FOUL | |
| 2 Lee, Joanne F34 | 98 Cruisers Sports | 11.30m 1.00kg |
| 10.76m 11.30m 10.35m | 9.93m 11.10m 10.90m | |
| 3 Sandoval Gustafson, Mart | 50 Cruisers Sports | 8.10m 1.00kg |
| 7.35m 7.84m 7.17m | 8.10m 7.96m 7.22m | |

Event 50 Men Discus Throw Wheelchair

| Name | Year Team | Finals |
|--------------------------|----------------------|---------------|
| 1 Domingo, Aristotle F57 | 75 Cruisers Sports | 21.11m 1.00kg |
| 18.80m 19.73m 19.45m | 17.61m 21.11m FOUL | |
| 2 Bennett, Ryan F34 | 88 Cruisers Sports | 13.30m 1.00kg |
| 13.30m 13.30m 13.02m | 12.73m 12.57m 12.57m | |

Event 51 Women Hammer Throw 4.00kg Open

| Name | Year Team | Finals |
|----------------------|----------------------|--------|
| 1 Wilson, Mackenzie | 01 Uni. Windsor AC | 58.49m |
| 56.28m 51.29m 57.26m | 58.49m FOUL FOUL | |
| 2 Martin, Billie | 02 Saugeen T.F.A. | 57.27m |
| 54.45m 57.27m 53.12m | 54.61m 55.56m 54.79m | |

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....Event 51 Women Hammer Throw 4.00kg Open

| | | | |
|---|-----------------------|----------------------|--------|
| 3 | Stephens, Alison | 01 London Western | 49.66m |
| | 49.66m FOUL FOUL FOUL | 46.00m 44.83m | |
| 4 | Hastings, Avery | 04 Saugeen T.F.A. | 44.79m |
| | 42.06m 43.33m FOUL | 44.79m 44.48m 43.11m | |
| 5 | Turner, Jacqueline | 02 Uni. Windsor AC | 43.28m |
| | FOUL 43.28m FOUL | 41.37m FOUL FOUL | |
| 6 | Martin, Harley | 04 Saugeen T.F.A. | 43.07m |
| | FOUL 41.65m 40.61m | 43.07m 42.89m 41.43m | |
| 7 | Sands, Liv | 03 London Western | 38.65m |
| | FOUL 38.65m 36.40m | 34.42m FOUL 34.57m | |
| 8 | Bonas, Sierra | 04 Uni. Windsor AC | 26.04m |
| | 20.55m FOUL 26.04m | FOUL 24.97m 25.72m | |

Event 52 Men Hammer Throw 7.26kg Open

| ===== | | | |
|-------|----------------------|----------------------|--------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | Ohene-Adu, Dennis | 00 Sisu Throws Club | 52.24m |
| | 52.24m 50.24m 49.72m | FOUL FOUL FOUL | |
| 2 | Kizell, William | 03 Brockville Legi. | 51.38m |
| | 47.19m 47.01m 51.38m | 48.47m FOUL 49.76m | |
| 3 | Stanat, Arthur | 03 St Thomas Legion | 46.02m |
| | 45.30m 43.94m FOUL | 43.45m 45.01m 46.02m | |
| 4 | Foster, Blake | 03 Sarnia Athletics | 43.46m |
| | FOUL 40.48m 41.52m | FOUL FOUL 43.46m | |
| 5 | Laur, Maximillian | 02 Sarnia Athletics | 42.72m |
| | 41.41m 38.81m FOUL | 42.72m 41.21m 41.49m | |
| 6 | Fodor, Brady | 02 St Thomas Legion | 32.41m |
| | 29.93m 29.41m 27.35m | 30.84m 29.42m 32.41m | |

Event 53 Women Javelin Throw 600g Open

| ===== | | | |
|-------|----------------------|------------------------|--------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | McLean, Madison | 01 Uni. Windsor AC | 47.72m |
| | 37.22m 44.38m 44.95m | 47.72m 42.71m 45.26m | |
| 2 | Fleming, Jenna | 01 Unattached Ontario | 45.70m |
| | 43.05m 45.70m 43.73m | 43.96m 42.93m 42.14m | |
| 3 | Webb, Alexandria | 02 Maximus Performance | 44.78m |
| | FOUL FOUL 39.27m | 41.86m 44.78m 41.07m | |
| 4 | Seagris, Alex | 04 Border City AC | 40.90m |
| | 37.06m FOUL 38.24m | FOUL 34.73m 40.90m | |

Event 54 Men Javelin Throw 800g Open

| ===== | | | |
|-------|------------------|-------------------|--------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | Mather, Joshua | 99 London Western | 61.13m |
| | FOUL 59.09m FOUL | 61.13m FOUL FOUL | |

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....Event 54 Men Javelin Throw 800g Open

| | | | | |
|----|---|----|--------------------|--------|
| 2 | Tyler, Erik | 00 | London Western | 60.84m |
| | 54.34m 54.25m 57.12m 58.42m 60.84m 57.06m | | | |
| 3 | Torrance, William | 03 | Unattached Ontario | 57.56m |
| | 54.40m 54.20m 50.76m 54.55m 56.01m 57.56m | | | |
| 4 | Ing, Matthew | 04 | Unattached Ontario | 53.73m |
| | 50.84m 53.73m 51.51m 52.34m 50.39m 49.83m | | | |
| 4 | Heydon, Jake | 01 | Border City AC | 53.73m |
| | 51.72m 52.31m 53.73m FOUL 52.03m 53.33m | | | |
| 6 | Clarke, Sean | 04 | Border City AC | 50.87m |
| | FOUL 48.61m 42.31m 42.37m 49.85m 50.87m | | | |
| 7 | Combres, Tatem | 04 | Border City AC | 49.25m |
| | 45.80m 46.75m 47.56m 49.25m 46.86m 46.07m | | | |
| 8 | Bartlett, Benjamin | 03 | Border City AC | 43.21m |
| | 43.21m FOUL FOUL FOUL FOUL PASS | | | |
| 9 | King, Jackson | 05 | Durham Dragons | 39.30m |
| | 37.68m 38.35m 39.30m | | | |
| 10 | Blackmore, Carter | 07 | Border City AC | 36.46m |
| | FOUL 36.46m 33.64m | | | |

Event 57 Women Heptathlon Open

| Name | Year | Team | Finals | H# |
|-------------------------|------|---------------------|--------|----|
| 1 Huggins, Dallyssa | 98 | Unattached Ontario | 4843 | |
| 2 Goddard, Audrey | 04 | Ottawa Lions T.F.C. | 4658 | |
| 3 Ledevheat, Shae | 01 | Unattached NF | 4597 | |
| 4 Selkirk, Robin | 03 | London Western | 4588 | |
| 5 Hendriksen, Emma | 02 | London Western | 4156 | |
| 6 Luna, Jadyne | 04 | London Western | 3808 | |
| 7 Ganeshamurthi, Sajini | 05 | United Tamil | 2914 | |
| 8 Cameron, Millie | 04 | Ottawa Lions T.F.C. | 2810 | |
| 9 Meloche, Presley | 06 | Border City AC | 2322 | |

Event 57 Heptathlon: #1 Women 100 Meter Hurdles 0.840m Open Heptathlon

| Name | Year | Team | Finals | Wind | H# | Points |
|-------------------------|------|---------------------|--------|------|----|--------|
| 1 Goddard, Audrey | 04 | Ottawa Lions T.F.C. | 14.34 | 2.7 | 2 | 931 |
| 2 Hendriksen, Emma | 02 | London Western | 15.25 | 2.4 | 1 | 809 |
| 3 Allen, Dani | 05 | Durham Dragons | 15.55 | 2.7 | 2 | 770 |
| 4 Selkirk, Robin | 03 | London Western | 15.71 | 2.7 | 2 | 750 |
| 5 Huggins, Dallyssa | 98 | Unattached Ontario | 15.78 | 2.7 | 2 | 741 |
| 6 Luna, Jadyne | 04 | London Western | 16.68 | 2.7 | 2 | 633 |
| 7 Ledevheat, Shae | 01 | Unattached NF | 16.71 | 2.4 | 1 | 630 |
| 8 Cameron, Millie | 04 | Ottawa Lions T.F.C. | 17.12 | 2.7 | 2 | 583 |
| 9 Ganeshamurthi, Sajini | 05 | United Tamil | 18.67 | 2.4 | 1 | 422 |
| 10 Meloche, Presley | 06 | Border City AC | 21.43 | 2.4 | 1 | 194 |

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Event 57 Heptathlon: #2 Women High Jump Open Heptathlon

| Name | Year | Team | Finals | Points |
|------------------------------------|------|---------------------|--------|--------|
| 1 Huggins, Dallyssa | 98 | Unattached Ontario | 1.70m | 855 |
| 1.55 1.58 1.61 1.64 1.67 1.70 1.73 | | | | |
| XO O O O O XXO XXX | | | | |
| 2 Hendriksen, Emma | 02 | London Western | 1.64m | 783 |
| 1.52 1.55 1.58 1.61 1.64 1.67 | | | | |
| O O O XO XO XXX | | | | |
| 3 Selkirk, Robin | 03 | London Western | 1.61m | 747 |
| 1.52 1.55 1.58 1.61 1.64 | | | | |
| O O O XXO XXX | | | | |
| 3 Goddard, Audrey | 04 | Ottawa Lions T.F.C. | 1.61m | 747 |
| 1.49 1.52 1.55 1.58 1.61 1.64 | | | | |
| O O XO XO XXO XXX | | | | |
| 5 Allen, Dani | 05 | Durham Dragons | 1.58m | 712 |
| 1.46 1.49 1.52 1.55 1.58 1.61 | | | | |
| O O O XXO O XXX | | | | |
| 5 Ledevehat, Shae | 01 | Unattached NF | 1.58m | 712 |
| 1.43 1.46 1.49 1.52 1.55 1.58 1.61 | | | | |
| O O O O O XO XXX | | | | |
| 7 Cameron, Millie | 04 | Ottawa Lions T.F.C. | 1.34m | 449 |
| 1.19 1.22 1.25 1.28 1.31 1.34 1.37 | | | | |
| O O O O O O XXX | | | | |
| 8 Meloche, Presley | 06 | Border City AC | 1.31m | 419 |
| 1.19 1.22 1.25 1.28 1.31 1.34 | | | | |
| XO O O XO XO XXX | | | | |
| 9 Luna, Jadyne | 04 | London Western | 1.28m | 389 |
| 1.19 1.22 1.25 1.28 1.31 | | | | |
| O O O XXO XXX | | | | |
| 10 Ganeshamurthi, Sajini | 05 | United Tamil | 1.25m | 359 |
| 1.19 1.22 1.25 1.28 | | | | |
| XO XO O XXX | | | | |

Event 57 Heptathlon: #3 Women Shot Put 4.00kg Open Heptathlon

| Name | Year | Team | Finals | Points |
|----------------------|------|---------------------|--------|--------|
| 1 Huggins, Dallyssa | 98 | Unattached Ontario | 12.57m | 699 |
| 11.83m 12.57m 11.53m | | | | |
| 2 Selkirk, Robin | 03 | London Western | 11.22m | 610 |
| 10.71m 11.22m 11.11m | | | | |
| 3 Ledevehat, Shae | 01 | Unattached NF | 10.59m | 568 |
| 9.93m 9.56m 10.59m | | | | |
| 4 Luna, Jadyne | 04 | London Western | 10.42m | 557 |
| 10.17m 10.42m 9.73m | | | | |
| 5 Goddard, Audrey | 04 | Ottawa Lions T.F.C. | 8.70m | 445 |
| 8.44m 8.70m 7.26m | | | | |
| 6 Cameron, Millie | 04 | Ottawa Lions T.F.C. | 8.56m | 436 |
| 7.25m 7.73m 8.56m | | | | |

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....Event 57 Heptathlon: #3 Women Shot Put 4.00kg Open Heptathlon

| | | | | |
|----|-----------------------|-------------------|-------|-----|
| 7 | Hendriksen, Emma | 02 London Western | 8.27m | 417 |
| | 8.27m 8.00m 8.01m | | | |
| 8 | Ganeshamurthi, Sajini | 05 United Tamil | 8.19m | 412 |
| | 8.19m 8.17m 7.59m | | | |
| 9 | Allen, Dani | 05 Durham Dragons | 8.11m | 406 |
| | 7.71m 8.10m 8.11m | | | |
| 10 | Meloche, Presley | 06 Border City AC | 6.60m | 309 |
| | 6.44m 6.60m 6.20m | | | |

Event 57 Heptathlon: #4 Women 200 Meter Dash Open Heptathlon

| Name | Year Team | Finals | Wind | H# | Points |
|--------------------------|------------------------|--------|------|----|--------|
| 1 Goddard, Audrey | 04 Ottawa Lions T.F.C. | 25.51 | 4.8 | 2 | 841 |
| 2 Selkirk, Robin | 03 London Western | 26.22 | 4.8 | 2 | 778 |
| 3 Luna, Jady | 04 London Western | 26.49 | 4.8 | 2 | 755 |
| 4 Huggins, Dallyssa | 98 Unattached Ontario | 26.62 | 4.8 | 2 | 744 |
| 5 Ledevheat, Shae | 01 Unattached NF | 26.74 | 4.8 | 2 | 734 |
| 6 Allen, Dani | 05 Durham Dragons | 26.87 | 4.8 | 2 | 723 |
| 7 Hendriksen, Emma | 02 London Western | 27.08 | 4.8 | 2 | 705 |
| 8 Cameron, Millie | 04 Ottawa Lions T.F.C. | 28.01 | 4.8 | 2 | 630 |
| 9 Meloche, Presley | 06 Border City AC | 29.17 | 4.3 | 1 | 542 |
| 10 Ganeshamurthi, Sajini | 05 United Tamil | 29.84 | 4.3 | 1 | 493 |

Event 57 Heptathlon: #5 Women Long Jump Open Heptathlon

| Name | Year Team | Finals | Wind | Points |
|-------------------------|-----------------------------------|--------|------|--------|
| 1 Ledevheat, Shae | 01 Unattached NF | 5.30m | -2.4 | 643 |
| | 5.07m(1.1) 5.30m(-2.4) 5.25m(1.5) | | | |
| 1 Goddard, Audrey | 04 Ottawa Lions T.F.C. | 5.30m | -0.3 | 643 |
| | 5.30m(-0.3) 5.15m(0.9) 4.14m(2.1) | | | |
| 3 Selkirk, Robin | 03 London Western | 5.18m | 0.9 | 609 |
| | 5.14m(1.0) 5.18m(0.9) 5.03m(1.1) | | | |
| 4 Hendriksen, Emma | 02 London Western | 5.09m | 0.6 | 584 |
| | 5.09m(0.6) 4.94m(-0.2) 5.02m(1.2) | | | |
| 5 Huggins, Dallyssa | 98 Unattached Ontario | 4.61m | 0.2 | 456 |
| | 4.61m(0.2) 4.33m(-0.5) 4.54m(0.8) | | | |
| 6 Ganeshamurthi, Sajini | 05 United Tamil | 4.54m | 1.3 | 438 |
| | 4.54m(1.3) FOUL(-0.1) 4.41m(-0.5) | | | |
| 7 Luna, Jady | 04 London Western | 4.48m | -0.5 | 423 |
| | 4.48m(-0.5) FOUL(-0.1) FOUL(-0.1) | | | |
| 8 Allen, Dani | 05 Durham Dragons | 4.24m | -0.2 | 364 |
| | 3.85m(1.0) 4.24m(-0.2) PASS | | | |
| 9 Cameron, Millie | 04 Ottawa Lions T.F.C. | 3.84m | 1.7 | 272 |
| | FOUL(-0.1) FOUL(0.9) 3.84m(1.7) | | | |
| 10 Meloche, Presley | 06 Border City AC | 3.69m | 0.4 | 239 |
| | 3.64m(0.8) 3.69m(0.4) 3.45m(0.2) | | | |

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Event 57 Heptathlon: #6 Women Javelin Throw 600g Open Heptathlon

| Name | Year | Team | Finals | Points |
|---|------|---------------------|--------|--------|
| 1 Ledevehat, Shae FOUL 37.77m 35.41m | 01 | Unattached NF | 37.77m | 625 |
| 2 Huggins, Dallyssa 36.15m 32.92m 34.79m | 98 | Unattached Ontario | 36.15m | 594 |
| 3 Ganeshamurthi, Sajini 26.34m 31.02m 30.04m | 05 | United Tamil | 31.02m | 496 |
| 4 Selkirk, Robin 30.03m 27.35m FOUL | 03 | London Western | 30.03m | 477 |
| 5 Luna, Jadyne 27.89m 23.29m FOUL | 04 | London Western | 27.89m | 437 |
| 6 Goddard, Audrey 22.37m 27.42m 27.58m | 04 | Ottawa Lions T.F.C. | 27.58m | 431 |
| 7 Hendriksen, Emma 20.74m FOUL FOUL | 02 | London Western | 20.74m | 303 |
| 8 Allen, Dani 19.58m FOUL PASS | 05 | Durham Dragons | 19.58m | 281 |
| 9 Meloche, Presley 16.44m FOUL 18.75m | 06 | Border City AC | 18.75m | 266 |
| 10 Cameron, Millie 11.94m FOUL FOUL | 04 | Ottawa Lions T.F.C. | 11.94m | 141 |

Event 57 Heptathlon: #7 Women 800 Meter Run Open Heptathlon

| Name | Year | Team | Finals | Points |
|-------------------------|------|---------------------|---------|--------|
| 1 Huggins, Dallyssa | 98 | Unattached Ontario | 2:25.24 | 754 |
| 2 Ledevehat, Shae | 01 | Unattached NF | 2:30.59 | 685 |
| 3 Goddard, Audrey | 04 | Ottawa Lions T.F.C. | 2:35.99 | 620 |
| 4 Selkirk, Robin | 03 | London Western | 2:36.22 | 617 |
| 5 Luna, Jadyne | 04 | London Western | 2:36.49 | 614 |
| 6 Hendriksen, Emma | 02 | London Western | 2:41.55 | 555 |
| 7 Meloche, Presley | 06 | Border City AC | 3:01.29 | 353 |
| 8 Cameron, Millie | 04 | Ottawa Lions T.F.C. | 3:07.46 | 299 |
| 9 Ganeshamurthi, Sajini | 05 | United Tamil | 3:08.02 | 294 |

Event 58 Men Decathlon Open

| Name | Year | Team | Finals | H# |
|------------------|------|---------------------|--------|----|
| 1 Wallner, Leo | 03 | Ottawa Lions T.F.C. | 5689 | |
| 2 Utting, Samuel | 04 | Royal City AC | 5497 | |
| 3 McDonald, Owen | 02 | London Western | 5049 | |
| 4 Runions, Jacob | 99 | London Western | 4679 | |
| 5 Hong, Tommy | 00 | London Western | 4456 | |
| 6 Lee, Adam | 99 | Royal City AC | 4123 | |

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Event 58 Decathlon: #1 Men 100 Meter Dash Open Decathlon

| Name | Year Team | Finals | Wind | Points |
|------------------|------------------------|--------|------|--------|
| 1 Utting, Samuel | 04 Royal City AC | 10.90 | 2.0 | 883 |
| 2 Wallner, Leo | 03 Ottawa Lions T.F.C. | 11.25 | 2.0 | 806 |
| 3 Runions, Jacob | 99 London Western | 11.56 | 2.0 | 740 |
| 4 Lee, Adam | 99 Royal City AC | 11.61 | 2.0 | 730 |
| 5 Hong, Tommy | 00 London Western | 11.79 | 2.0 | 693 |
| 6 McDonald, Owen | 02 London Western | 11.87 | 2.0 | 677 |

Event 58 Decathlon: #2 Men Long Jump Open Decathlon

| Name | Year Team | Finals | Wind | Points |
|------------------|------------------------|----------------------------------|------|--------|
| 1 Wallner, Leo | 03 Ottawa Lions T.F.C. | 6.68m | 2.4 | 739 |
| | | 6.54m(3.2) 6.66m(3.0) 6.68m(2.4) | | |
| 2 Lee, Adam | 99 Royal City AC | 6.21m | 1.4 | 632 |
| | | FOUL 5.76m(2.4) 6.21m(1.4) | | |
| 3 Utting, Samuel | 04 Royal City AC | 6.05m | 3.4 | 597 |
| | | 6.05m(3.4) 6.00m(3.0) 6.04m(2.4) | | |
| 4 McDonald, Owen | 02 London Western | 5.55m | 3.3 | 492 |
| | | 5.55m(3.3) 5.53m(1.8) FOUL(2.6) | | |
| 5 Hong, Tommy | 00 London Western | 5.44m | 3.2 | 469 |
| | | 5.41m(6.2) 5.41m(3.9) 5.44m(3.2) | | |
| 6 Runions, Jacob | 99 London Western | 4.75m | 2.2 | 335 |
| | | FOUL 3.05m(4.3) 4.75m(2.2) | | |

Event 58 Decathlon: #3 Men Shot Put 7.26kg Open Decathlon

| Name | Year Team | Finals | Points |
|------------------|------------------------|-------------------|--------|
| 1 Lee, Adam | 99 Royal City AC | 9.92m | 481 |
| | | 9.71m 9.92m | |
| 2 Utting, Samuel | 04 Royal City AC | 9.81m | 474 |
| | | 9.65m FOUL 9.81m | |
| 3 Runions, Jacob | 99 London Western | 9.42m | 451 |
| | | FOUL FOUL 9.42m | |
| 4 McDonald, Owen | 02 London Western | 8.97m | 424 |
| | | 8.72m 8.97m 7.91m | |
| 5 Wallner, Leo | 03 Ottawa Lions T.F.C. | 7.90m | 360 |
| | | 7.90m 7.42m 3.78m | |
| 6 Hong, Tommy | 00 London Western | 7.11m | 314 |
| | | FOUL FOUL 7.11m | |

Event 58 Decathlon: #4 Men High Jump Open Decathlon

| Name | Year Team | Finals | Points |
|-------------|------------------|--|--------|
| 1 Lee, Adam | 99 Royal City AC | 1.85m | 670 |
| | | 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 | |
| | | O O O O O O O O XXX | |

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....Event 58 Decathlon: #4 Men High Jump Open Decathlon

| | | | | |
|---|--|------------------------|-------|-----|
| 1 | Wallner, Leo | 03 Ottawa Lions T.F.C. | 1.85m | 670 |
| | 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 | | | |
| | O O O P O XO XXO XXX | | | |
| 3 | McDonald, Owen | 02 London Western | 1.64m | 496 |
| | 1.61 1.64 1.67 | | | |
| | O O XXX | | | |
| 4 | Runions, Jacob | 99 London Western | 1.61m | 472 |
| | 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 | | | |
| | XO O O O XXO O O XXO XXX | | | |
| 5 | Hong, Tommy | 00 London Western | 1.52m | 404 |
| | 1.40 1.43 1.46 1.49 1.52 1.55 | | | |
| | O O XXO O XXO XXX | | | |
| 6 | Utting, Samuel | 04 Royal City AC | 1.40m | 317 |
| | 1.40 1.43 1.46 1.49 1.52 | | | |
| | O P P P XXX | | | |

Event 58 Decathlon: #5 Men 400 Meter Dash Open Decathlon

| Name | Year Team | Finals | Points |
|------------------|------------------------|---------|--------|
| 1 Utting, Samuel | 04 Royal City AC | 51.19 | 761 |
| 2 Wallner, Leo | 03 Ottawa Lions T.F.C. | 52.57 | 700 |
| 3 McDonald, Owen | 02 London Western | 53.02 | 681 |
| 4 Runions, Jacob | 99 London Western | 54.11 | 635 |
| 5 Hong, Tommy | 00 London Western | 56.62 | 535 |
| 6 Lee, Adam | 99 Royal City AC | 1:07.11 | 204 |

Event 58 Decathlon: #6 Men 110 Meter Hurdles 1.067m Open Decathlon

| Name | Year Team | Finals | Wind | Points |
|------------------|------------------------|--------|------|--------|
| 1 Wallner, Leo | 03 Ottawa Lions T.F.C. | 15.54 | -1.3 | 785 |
| 2 Utting, Samuel | 04 Royal City AC | 16.82 | -1.3 | 643 |
| 3 McDonald, Owen | 02 London Western | 18.11 | -1.3 | 514 |
| 4 Hong, Tommy | 00 London Western | 18.61 | -1.3 | 467 |
| 5 Runions, Jacob | 99 London Western | 19.40 | -1.3 | 398 |
| 6 Lee, Adam | 99 Royal City AC | 21.52 | -1.3 | 239 |

Event 58 Decathlon: #7 Men Discus Throw 2.00kg Open Decathlon

| Name | Year Team | Finals | Points |
|------------------|------------------------|--------|--------|
| 1 McDonald, Owen | 02 London Western | 32.57m | 515 |
| | 32.57m FOUL FOUL | | |
| 2 Utting, Samuel | 04 Royal City AC | 30.40m | 472 |
| | FOUL 26.52m 30.40m | | |
| 3 Lee, Adam | 99 Royal City AC | 28.38m | 433 |
| | 28.38m 27.27m FOUL | | |
| 4 Wallner, Leo | 03 Ottawa Lions T.F.C. | 27.67m | 419 |
| | 20.80m 23.67m 27.67m | | |

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....Event 58 Decathlon: #7 Men Discus Throw 2.00kg Open Decathlon
 5 Hong, Tommy 00 London Western 21.83m 307
 21.20m 20.57m 21.83m
 6 Runions, Jacob 99 London Western 20.02m 272
 20.02m FOUL FOUL

Event 58 Decathlon: #8 Men Pole Vault Open Decathlon

| Name | Year Team | Finals | Points |
|---|------------------------|--------|--------|
| 1 Utting, Samuel | 04 Royal City AC | 3.90m | 590 |
| 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 | | | |
| O P XXO P O O O XO XXX | | | |
| 2 Hong, Tommy | 00 London Western | 3.60m | 509 |
| 3.10 3.20 3.30 3.40 3.50 3.60 3.70 | | | |
| O XO XO XXO XXO XXO XXX | | | |
| 3 Wallner, Leo | 03 Ottawa Lions T.F.C. | 3.30m | 431 |
| 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 | | | |
| O P O P O XO O XO XO XXX | | | |
| 4 Runions, Jacob | 99 London Western | 3.20m | 406 |
| 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 | | | |
| O O O O O O O XXO XXX | | | |
| 4 Lee, Adam | 99 Royal City AC | 3.20m | 406 |
| 3.00 3.10 3.20 3.30 3.40 | | | |
| XO P XO P XXX | | | |
| -- McDonald, Owen | 02 London Western | NH | |
| 3.80 | | | |
| XXX | | | |

Event 58 Decathlon: #9 Men Javelin Throw 800g Open Decathlon

| Name | Year Team | Finals | Points |
|----------------------|------------------------|--------|--------|
| 1 McDonald, Owen | 02 London Western | 41.67m | 466 |
| 36.03m 39.88m 41.67m | | | |
| 2 Utting, Samuel | 04 Royal City AC | 37.63m | 408 |
| 26.62m 35.70m 37.63m | | | |
| 3 Lee, Adam | 99 Royal City AC | 32.06m | 328 |
| 32.06m 31.13m 31.67m | | | |
| 4 Runions, Jacob | 99 London Western | 30.93m | 312 |
| 30.93m 30.22m 30.59m | | | |
| 5 Hong, Tommy | 00 London Western | 29.26m | 289 |
| 28.66m 29.26m 28.75m | | | |
| 6 Wallner, Leo | 03 Ottawa Lions T.F.C. | 27.76m | 268 |
| 26.47m 25.67m 27.76m | | | |

Event 58 Decathlon: #10 Men 1500 Meter Run Open Decathlon

| Name | Year Team | Finals | Points |
|------------------|-------------------|---------|--------|
| 1 McDonald, Owen | 02 London Western | 4:24.01 | 784 |

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....Event 58 Decathlon: #10 Men 1500 Meter Run Open Decathlon

| | | | | | |
|----|----------------|----|---------------------|---------|-----|
| 2 | Runions, Jacob | 99 | London Western | 4:43.55 | 658 |
| 3 | Wallner, Leo | 03 | Ottawa Lions T.F.C. | 5:08.65 | 511 |
| 4 | Hong, Tommy | 00 | London Western | 5:16.34 | 469 |
| 5 | Utting, Samuel | 04 | Royal City AC | 5:39.88 | 352 |
| -- | Lee, Adam | 99 | Royal City AC | DNF | |

Event 60 Men 200 Meter Dash Open

Extra Runs

| Name | Year | Team | Finals | Wind |
|------------------------|------|--------------------|--------|------|
| 1 Tumanan, Andrew Diaz | 07 | Mississauga T.F.C. | 23.86 | 0.4 |
| 2 Anyimadu, Joshua T13 | 97 | York Uni. T.F.C. | 25.93 | 0.4 |
| 3 Wetuvanga, Nsimba | | Etobicoke Huskie | 26.36 | 0.4 |

Event 61 Men 110 Meter Hurdles Open

Extra Runs

| Name | Year | Team | Finals | Wind |
|------------------|------|---------------------|--------|------|
| 1 Adeleye, David | 02 | Ottawa Lions T.F.C. | 14.34 | 1.8 |
| 2 Kwan, Anthony | 93 | Toronto Racers | 14.85 | 1.8 |

Event 62 Men Shot Put 7.26kg Open

Invitational

| Name | Year | Team | Finals |
|---------------------|------|---------------------|---|
| 1 Bujnowski, Mark | 98 | London Western | 19.16m |
| | | | 18.51m 18.53m 19.08m 18.34m 19.16m FOUL |
| 2 Nedow, Thomas | 98 | Ottawa Lions T.F.C. | 16.19m |
| | | | 15.62m 16.01m FOUL 16.19m 15.88m FOUL |
| 3 Edwards, Seth | 99 | London Western | 14.25m |
| | | | FOUL FOUL 13.69m 13.83m FOUL 14.25m |
| 4 Stanat, Arthur | 03 | St Thomas Legion | 13.97m |
| | | | 13.29m 13.19m 13.82m 13.97m 13.78m 13.65m |
| 5 Kizell, William | 03 | Brockville Legi. | 12.50m |
| | | | 12.24m 11.96m FOUL FOUL FOUL 12.50m |
| 6 Laur, Maximillian | 02 | Sarnia Athletics | 11.95m |
| | | | FOUL FOUL FOUL FOUL 11.95m FOUL |