



**Presents**

## **2019 Athletics Ontario Outdoor T&F Championship Series #4**

**U14, U16 & U18 Championships**

**August 2 - 4, 2019**

**University of Windsor Stadium  
1030 Oullette Avenue  
Windsor, Ontario  
N9A 1E1**

**Technical Package**

# Table of Contents

Registration .....	3
Entry Deadline.....	3
Age Categories .....	3
Eligibility.....	3
Fees .....	3
Method and Payment .....	3
Late Entries .....	3
Confirmation .....	3
Waiver .....	3
Competition Details .....	4
Schedule.....	4
Check-In Procedure.....	4
Awards .....	4
Technical Details .....	5
Events Offered .....	5
Implements .....	5
Specifications for Events .....	5
Land & Heat Assignment.....	5
Scoring.....	6
Seed Times .....	6
Protests .....	6
General Information .....	7
Organizing Committee .....	7
Hotels .....	7
Results.....	7
Photos .....	7
First Aid .....	7
Location.....	8
Waiver .....	9

## Registration

Entry Deadline: 11:59pm, Tuesday, July 30, 2019

Age Categories: **Individual and Relay Championships**  
U14 born in 2006 or after  
U16 born in 2004 or after  
U18 born in 2002 or after  
\*See Technical Details for more information on standards\*

Eligibility: There are no entry standards for this meet.

Athletes residing in Ontario must be registered and their clubs affiliated for 2019 with Athletics Ontario by the Entry Deadline. **Athletes not registered with Athletics Ontario by the entry deadline will be subject to a \$50 late registration fee, in addition to the regular membership and championship event entry fees, payable to Athletics Ontario prior to picking up their bib number.** Athletes registered with Athletics Ontario as “Unattached” or “Disassociated” do not require a club affiliation.

Athletes residing in Ontario but representing a club from outside the province **must** be registered with their association and **must** be entered by their respective clubs. Athletes residing outside of Ontario must be registered for 2019 with their provincial or state associations.

Fees: **CHAMPIONSHIP EVENTS**

	<b>Individual Events</b>	<b>Relays</b>
<b>Before Deadline:</b>	\$25 per event	\$35 per relay
<b>After Deadline:</b>	\$50 per event	\$60 per relay

\*All fees include HST and Trackie fees.  
HST# 10400235RT

Method and Payment: Trackie Online: <http://www.trackiereg.com/2019-ao-ocsm4>  
**All payments are made via Trackie with on-line payment.**

Late Entries: Entries will be accepted after the entry deadline of Tuesday, July 30 11:59pm EST but fees will be increased as stated above (\$50 per entry). The deadline for late entries will be Thursday August 1 at **10:00am EST**. To be eligible for post entry, athletes must have been registered with the provincial branch by the time of entry. See “Eligibility.” Entries received after this deadline will be accepted at the discretion of Athletics Ontario and only if it does not cause a disruption to the conduct of the meet.

Confirmation: As Entries are processed, performance lists will be made available online at the Athletics Ontario website at <https://athleticsontario.ca/events/2019-ao-ocsm4/>. Please check online to confirm your entries following the entry deadline.

Waiver: Every participant is required to sign the waiver form attached. For athletes under the age of 18, a parent or guardian’s signature must appear on the waiver. The waiver form must be submitted at the registration desk on the day of the competition. Please use the following link to find the waiver: <https://athleticsontario.ca/events/2019-ao-ocsm4/>

## Competition Details

- Schedule:** The schedule is subject to minor adjustments. Please refer to the championship webpage for all up to date information: <https://athleticsontario.ca/events/2019-ao-ocsm4/>. A final schedule will be posted by July 31 at 4:00pm EST.
- Check-In Procedure:** The standard check-in procedure used at Athletics Ontario Championships will be in use at this meet. Athletes entered in track events must check in at the designated check-in area separately for each event no sooner than 90 minutes and no later than 30 minutes prior to the scheduled start time of the race.
- Athletes entered in field events must check in at their event site before the start of the first trial for any competitor in the event.
- Athletes who fail to check-in as required will not be allowed to compete in the event. Please allow extra time for bad weather, traffic problems, etc. Picking up bib numbers does not constitute a check-in.
- Awards:** Gold, Silver, and Bronze medals will be awarded to the first three finishers from Ontario in each **championship** event.
- Non-Ontario athletes will be eligible for medals. These non-Ontario athletes will not offset medal placements for Ontario athletes (example: a non-Ontario athlete that places second in an event will receive a silver medal. If third overall was an Ontario athlete, they would also receive a silver medal as they were the second overall Ontario athlete. The process continues until three Ontario athletes are awarded medals).

## Technical Details

### Events Offered:

### Championship Events:

	Girls			Boys		
	U14	U16	U18	U14	U16	U18
80m	X			X		
100m		X	X		X	X
150m	X			X		
200m		X	X		X	X
300m	X	X		X	X	
400m			X			X
800m	X	X	X	X	X	X
1200m	X	X		X	X	
1500m			X			X
2000m	X	X		X	X	
3000m			X			X
80mH	X	X		X		
100mH			X		X	
110mH						X
200mH	X	X		X	X	
400mH			X			X
1500m SC		X			X	
2000m SC			X			X
800mW	X			X		
1500mW		X			X	
3000mW			X			X
High Jump	X	X	X	X	X	X
Pole Vault		X	X		X	X
Long Jump	X	X	X	X	X	X
Triple Jump		X	X		X	X
Shot Put	X	X	X	X	X	X
Discs Throw	X	X	X	X	X	X
Hammer Throw		X	X		X	X
Javelin Throw	X	X	X	X	X	X
4X100m	X	X	X	X	X	X
4X400m			X			X
4X800m	X	X	X	X	X	X
SMR (4-2-2-8)			X			X

### Implements:

All throwing implements will be provided by meet management. Personal implements will be allowed and once check in, will be added to the competition equipment pool.

### Specifications for Events:

All specifications for throwing and hurdling events can be found on Appendix 3 of Athletics Ontario's ***Policies & Procedures for the Staging of Provincial Championships***. Please follow the link to find the document: <http://athleticsontario.ca/wp-content/uploads/2018/04/PP-2018.pdf>

### Land & Heat Assignment:

Lanes, Heats, and Sections will be assigned according to the rules of IAAF/AO.

Following the check-in period, a list of heats and lane assignments will be posted at the start area for each event.

Scoring:

The top 8 athletes in each events and category will earn point for their clubs as follows:

1 <sup>st</sup> – 10 points	2 <sup>nd</sup> – 8 points	3 <sup>rd</sup> – 6 points	4 <sup>th</sup> – 5 points
5 <sup>th</sup> – 4 points	6 <sup>th</sup> – 3 point	7 <sup>th</sup> – 2 points	8 <sup>th</sup> – 1 point

No club points are allocated for para events.

Seed Times:

Outdoor 2018 and 2019 indoor and outdoor season performances achieved at AO-sanctioned or approved competitions will be accepted. Only performances that appear on the Athletics Canada and/or Athletics Ontario rankings will be accepted. Also please note:

- Wind-assisted jumps or sprint event performances will **not** be used for seeding purposes.
- Conversions from related events (e.g., 1500m and 1200m) will **not** be accepted.
- There will be no appeals allowed for consideration of special circumstances such as injury during the eligible period, etc.

Protests:

All Protests must be made as outlined in IAAF rule 146. In all cases, protests must be filed within 30 minutes of the official announcement or release of the results. If no protest is received within the above-mentioned time limit, the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for appeals to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. The cost of \$25.00 will be returned if the protest is upheld or not considered frivolous by the Jury.

## General Information

### Organizing Committee

Meet Director

Technical Delegate

Officials Coordinator

Brett Lumley

Randolph Fajardo

Kathryn Dertinger

[lymley3@uwindsor.ca](mailto:lymley3@uwindsor.ca)

[randolphfajardo@athleticsontario.ca](mailto:randolphfajardo@athleticsontario.ca)

### Hotels

#### **Holiday Inn Hotel & Suites Windsor (Ambassador Bridge)**

1855 Huron Church Rd.

Windsor, Ontario

N9C 2L6

Ph# (519) 966-3274



#### **Alternative Accommodations**

3995 Geraedts Drive

Windsor, Ontario

N9G 3C3

[windsor@stayrcc.com](mailto:windsor@stayrcc.com)

Group Code: TF3

Rates: Two Queen Beds or 1 King \$149.99 + taxes, includes breakfast

### Results:

Results will be posted on Sunday July 14, 2019 following the completion of the meet.

Please follow this link for the meet results: <https://athleticsontario.ca/events/2019-ao-ocsm4/>

Live results will be available during the meet. Please visit the Athletics Ontario homepage during the competition to find a direct link to live results.

<https://athleticsontario.ca/>

### Photos:

Photos captured by the Athletics Ontario team will be posted on the Athletics Ontario social media sites (Facebook, Twitter, Instagram, etc.) during and following the meet. All athletes are given the opportunity to sign a waiver/release form regarding photography.

Facebook page: <https://www.facebook.com/Athletics-Ontario-135196239850966/?fref=ts>

### First Aid:

Medical Personnel will be on-site.

The closest hospital is:

Windsor Regional Hospital

1030 Oullette Avenue

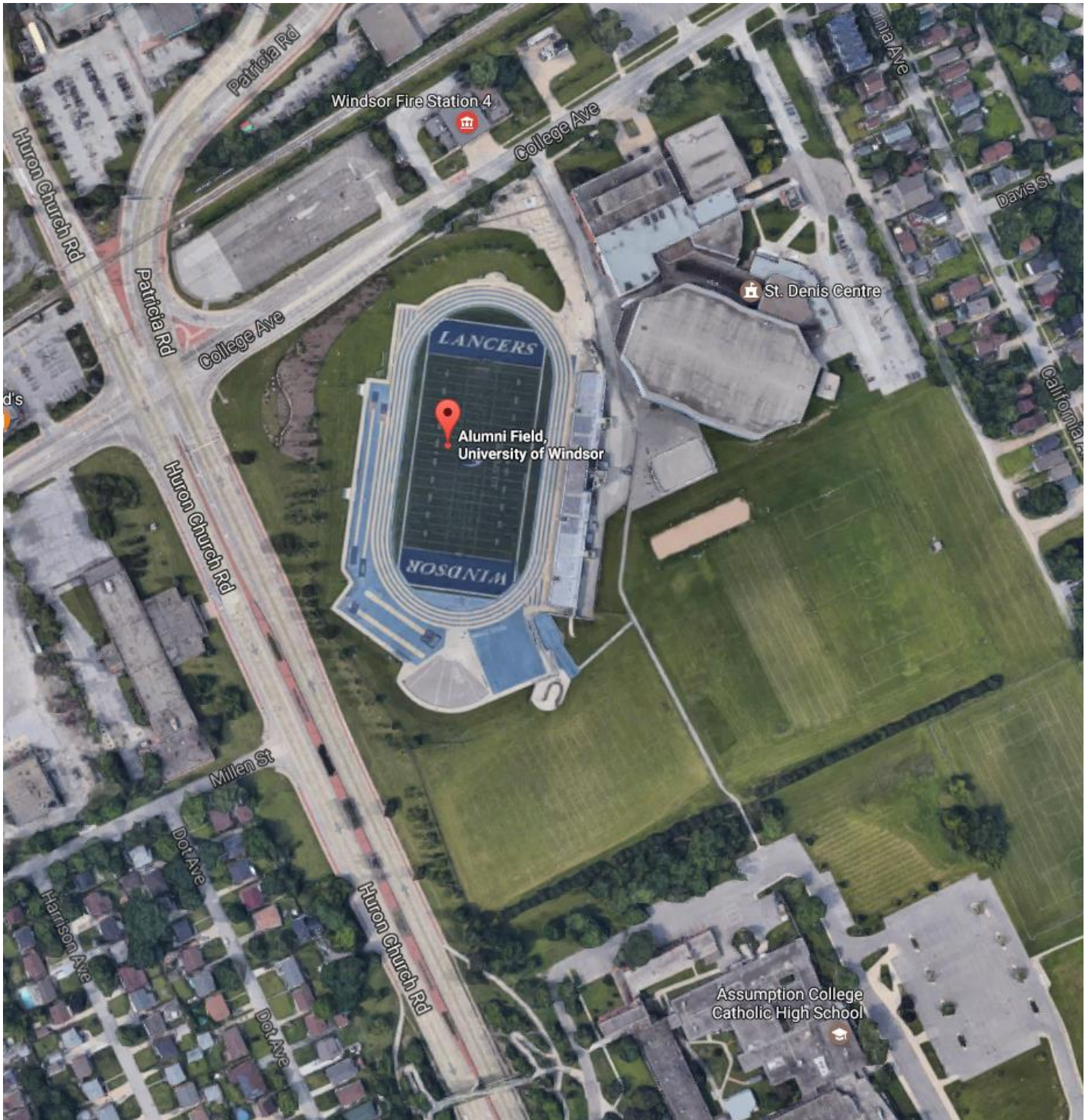
Windsor, Ontario

N9A 1E1



Location:

University of Windsor Stadium  
2555 College Avenue  
Windsor, Ontario, Canada  
N9B 3P4





SANCTIONED AND REQUIRED BY: ATHLETICS ONTARIO

**RELEASE, WAIVER AND INDEMNITY**

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

**Athletics Ontario's Outdoor Track and Field Championship Series Meet #4, August 2-4, 2018**

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

Athletics Ontario  
Athletics Ontario Officials

University of Windsor  
University of Windsor Stadium

University of Windsor Athletics Club  
Brett Lumley

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event, and I AGREE to withdraw from the race if so requested by the designated medical officer.

---

Date	Print Name	Signature If under 18 years, Parent or Guardian or Power of Attorney to sign below
------	------------	--

---

Date	Print Name	Signature of Parent or Guardian or Power of Attorney
------	------------	---

**Media Consent**

I hereby authorize any images or video footage taken of myself, in whole or in part, individually or in conjunction with other images and video footage, to be displayed on the Athletics Ontario website, and to be used for media purposes including promotional presentations and marketing campaigns for Athletics Ontario. I also authorize any media material created by myself within, or for, Athletics Ontario over the course of the 2018 season.

I waive rights to privacy and compensation, which I may have in connection with such use of my name and likeness, including rights that may be created in connection with video production, editing and promotion therewith.

---

Date	Print Name	Signature If under 18 years, Parent or Guardian or Power of Attorney to sign below
------	------------	--

---

Date	Print Name	Signature of Parent or Guardian or Power of Attorney
------	------------	---