

# Schedule – U18 & Open Championships

The standard check-in procedure used at Athletics Ontario Championships will be in use at this meet. Athletes entered in track events must check in at the designated check-in area separately for each event no later than 45 minutes prior to the scheduled or re-scheduled start time of the race. Athletes who fail to check-in as required will not be allowed to compete in the event. Please allow extra time for bad weather, traffic problems, etc. Picking up bib numbers does not constitute a check-in.



Track	Indoor U18 and Open Championship Saturday, February 8, 2020 Sections will run from SLOW to FAST Morning oval and straight events may occur simultaneously			
FACILITY OPENS TO TRACK ATHLETES AT 8:30AM				
Time	Event	Declaration Cut-Off	Round	Age Group (# of athletes)
10:15	3k Walk	9:30	Timed Final	Open Women (6)
10:40	5k Walk	9:55	Timed Final	U18 Boys (4)
11:20	60m	10:35	**Prelims	Open Women (25)
11:30	60m	10:45	*Prelims	Open Men (41)
11:55	1500m	11:10	Timed Final	Open Women (19)
12:10	1500m	11:25	Timed Final	Open Men (29)
	<b>Track Break</b>			
1:15	60m	No Declaration Req.	*A – B – C Finals	Open Men
1:25	60m	No Declaration Req.	**A – B Finals	Open Women
1:35	60m	12:50	Prelims	U18 Boys (51)
1:55	60m	1:10	Prelims	U18 Girls (64)
2:25	1500m	1:45	Timed Final	U18 Girls (58)
3:05	1500m	2:20	Timed Final	U18 Boys (66)
3:45	60m	No Declaration Req.	A – B – C Finals	U18 Girls
3:55	60m	No Declaration Req.	A – B – C Finals	U18 Boys
4:05	400m	3:20	Timed Final	Open Women (13)
4:15	400m	3:30	Timed Final	U18 Girls (54)
4:50	400m	4:05	Timed Final	Open Men (26)
5:05	400m	4:20	Timed Final	U18 Boys (42)
5:45	SMR (2-2-4-8)	Relay Cards - 5:00	Timed Final	U18 Girls (6)
	SMR (2-2-4-8)	Relay Cards - 5:00	Timed Final	Open Women (4)
5:55	SMR (2-2-4-8)	Relay Cards - 5:10	Timed Final	U18 Boys (6)
	SMR (2-2-4-8)	Relay Cards - 5:10	Timed Final	Open Men (6)

\* If the number of declared athletes is less than 32 after the declaration cut-off, then there will only be an A and B Final

\*\* If the number of declared athletes is less than 25 after the declaration cut-off, then there will only be an A Final

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Field	Indoor U18 and Open Championship Saturday, February 8, 2020				
MORNING FIELD – FACILITY OPENS TO FIELD ATHLETES AT 8:00AM					
Time	Throws	Horizontals: Pit 1 Inside	Horizontals: Pit 2 Outside	High Jump	Pole Vault
8:00					
8:15					
8:30					
8:45	<b>WEIGHT THROW</b>				
9:00	U18 Girls (8)				
9:15	Open Women (2)				
9:30	8:45am				
9:45					
10:00				<b>HIGH JUMP</b>	
10:15		<b>LONG JUMP</b>	<b>LONG JUMP</b>	Open Men (9)	
10:30		U18 Boys (23)	U18 Boys (23)	10:00am	
10:45	<b>SHOT PUT</b>	*Flight 1*	*Flight 2*		
11:00	U18 Girls (13)	10:15am	10:15am		<b>POLE VAULT</b>
11:15	10:45am				U18 Girls (12)
11:30					11:00am
11:45					
12:00					
12:15		<b>LONG JUMP</b>	<b>LONG JUMP</b>		
12:30		U18 Girls (26)	U18 Girls (26)		
12:45		*Flight 1*	*Flight 2*		
1:00	<b>SHOT PUT</b>	12:15pm	12:15pm	<b>HIGH JUMP</b>	
1:15	Open Women (5)			U18 Boys (16)	
1:30	1:00pm			1:00pm	
1:45					
2:00			<b>LONG JUMP</b>		
2:15			Open Women (5)		
2:30		<b>LONG JUMP</b>	2:00pm		<b>POLE VAULT</b>
2:45		Open Men (17)			U18 Boys (5)
3:00		2:30pm			2:30pm
3:15					
3:45					
4:00					

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Track	Indoor U18 and Open Championship Sunday, February 9, 2020 Sections will run from SLOW to FAST			
FACILITY OPENS TO TRACK ATHLETES AT 8:30AM				
Time	Event	Declaration Cut-Off	Round	Age Group (# of athletes)
10:30	3000m	9:15	Timed Final	Open Women (6)
10:45	3000m	10:00	Timed Final	Open Men (18)
11:10	3000m	10:25	Timed Final	U18 Girls (19)
11:35	3000m	10:50	Timed Final	U18 Boys (28)
12:00	60m Hurdles (1.067m)	11:15	*Final	Open Men (1)
12:05	60m Hurdles (0.914m)	11:20	Prelims	U18 Boys (16)
12:15	60m Hurdles (0.840m)	11:30	*Final	Open Women (4)
12:20	60m Hurdles (0.762m)	11:35	Prelims	U18 Girls (23)
	<b>Track Break</b>			
1:10	60m Hurdles (1.067m)	No Declaration Req.	*Extra Run	Open Men
1:15	60m Hurdles (0.914m)	No Declaration Req.	Final	U18 Boys
1:20	60m Hurdles (0.840m)	No Declaration Req.	*Extra Run	Open Women
1:25	60m Hurdles (0.762m)	No Declaration Req.	Final	U18 Girls
1:35	800m	12:50	Timed Final	Open Women (13)
1:40	800m	12:55	Timed Final	Open Men (30)
2:00	800m	1:15	Timed Final	U18 Girls (54)
2:25	800m	1:40	Timed Final	U18 Boys (44)
2:50	200m	2:05	Timed Final	Open Women (21)
3:05	200m	2:20	Timed Final	Open Men (32)
3:25	200m	2:40	Timed Final	U18 Girls (70)
4:10	200m	3:25	Timed Final	U18 Boys (58)

\* As per rule 170.1 in the Athletics Ontario Policies and Procedures, where there are fewer starters than there are lanes on the track, two races will be conducted. The first race will be considered the championship and a second, non-championship race will be conducted later in the schedule for any entered athletes wishing to run again for time.

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Field	Indoor U18 and Open Championship Sunday, February 9, 2020				
MORNING FIELD – FACILITY OPENS TO FIELD ATHLETES AT 8:00AM					
Time	Throws	Horizontal: Pit 1	Horizontal: Pit 2	High Jump	Pole Vault
8:30					
8:45	<b>WEIGHT THROW</b> U18 Boys (6) Open Men (1) 8:45am				
9:00					
9:15					
9:30					
9:45					
10:00					
10:15					
10:30	<b>SHOT PUT</b> U18 Boys (10) 10:30am	<b>TRIPLE JUMP</b> U18 Boys (13) 10:30am		<b>HIGH JUMP</b> U18 Girls (19) Open Women (2) 10:30am	
10:45					
11:00					
11:15					
11:30					
11:45			<b>TRIPLE JUMP</b> U18 Girls (15) 11:45am		<b>POLE VAULT</b> Open Men (7) 12:00am
12:00					
12:15					
12:30					
12:45					
1:00					
1:15					
1:30					
1:45		<b>TRIPLE JUMP</b> Open Women (4) 1:45 pm			
2:00					
2:15					
2:30					
2:45			<b>TRIPLE JUMP</b> Open Men (3) 2:45pm		
3:00					
3:15					
3:30					
3:45					
4:00					