



2019 – 2020 Year End Review

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Message from President & Chair

After such a successful year for Athletics in 2019, many of us expected 2020 and the beginning of a new decade to bring many new and exciting activities and achievements. Unfortunately, the development of a global pandemic created many challenges for Athletics Ontario, its staff and members like it has for the rest of society. However, every challenge presents new opportunities, and our staff responded quickly and creatively to establish new communications channels with our members, new COVID-19 operating procedures and new events and activities to keep members engaged and active. The tireless efforts of staff and the patience and cooperation of all our members are very much appreciated.

The Board began the year once again with a comprehensive training session by an industry leader on good governance, reinforcing the Association's commitment to governance best practices and skills-based decision-making.

The Board continued its focus on its 2018-21 Strategic Plan which emphasizes four fundamental pillars: Sport Development, Participation, Competition and Infrastructure.

Athletics Ontario is committed to a culture and operating environment that promotes the many positive opportunities and benefits of sport and will address as quickly as possible behaviours that conflict with this goal.

The focal point of the Board this year has been to strengthen the sport safety net through the development of an enhanced and consolidated policy manual with revised procedures for managing complaints.

To support this new process and the Board's commitment to enforcing its policies and codes of conduct, the Board has approved a new supplemental Safe Sport Levy that will begin with the 2021 membership renewals to establish a fund to cover the costs of professional case managers, investigators and arbitrators so that complaints and disputes can be addressed professionally and expediently.

Enhanced policies and a built-in funding mechanism combine to establish a formidable safety net for all Athletics participants and clearly positions Athletics Ontario as a national leader in Safe Sport, which has been a top priority for the Board of Directors in recent years.

Like other years, the Board has invested considerable effort to promote board member vacancies and to attract, evaluate, interview and recommend qualified and diverse candidates for election at the Annual General Meeting. Based on

Message from President & Chair

recommendations made by the governance expert who spoke at last year's AGM, the Board has proposed some minor changes to enhance governance and oversight including the establishment of a new maximum of three three-year terms instead of the previous three two-year terms.

With the decision of the Ontario Masters Association to dissolve, Athletics Ontario worked closely with the outgoing Executive to reassure OMA members that AO will continue to represent them very well and promote masters programs and services as an ongoing priority.

We also continue to work hard to enhance relationships with Athletics Canada, Athletics branches across Canada, the Canadian Sport Institute of Ontario (CSIO) and the Ministry of Heritage, Sport, Tourism and Culture. These collaborative relationships are critical for the sport and the programs we provide our members.

As always, we remain grateful to our staff, athletes, volunteers, committee members, club administrators, coaches and technical officials for their commitment and dedication.

I want to thank my fellow board members for their continuous and selfless efforts to promote and grow Athletics Ontario. A special thanks to Sarah Boyle, who is stepping down from the Board this fall, for her wisdom and expertise, especially on several important initiatives.

Dean A. Hustwick
Chair, Athletics Ontario Board of Directors

Vision – Mission – Values

Vision

Athletics is the sport of choice in the province of Ontario.

Mission

Promote the sport of **Athletics** in the Province of Ontario and contribute to the **health and wellness of all participants** through **long-term athlete-centered development**.

Values

- Health and fitness through sports and throughout life
- Commitment to excellence and the highest standards of performance by athletes at all ages
- Integrity, loyalty, fair play, sportsmanship, honesty, commitment, dedication, patience, mutual respect and cooperation
- Inclusiveness, accessibility and affordability in participation
- Individual development and measurable achievement encouraged by administrators, coaches, officials and staff committed to Athletics Ontario values
- High ethical and moral standards and practices in athletics and the governance of athletics
- Prudent, transparent stewardship that demonstrates value for the investment of fiscal and human resources

2018-2021 Strategic Objectives

Pillars & Foundation

Vision

*Athletics is **the** sport of choice in the Province of Ontario*

Mission

Promote the sport of **Athletics** in the Province of Ontario and Contribute to the **health and wellness of all participants** through **long-term athlete-centered development**.

Sport Development

- Athlete Development
- Coaching Education
- Officials Development

Participation

- Masters Athletes
- Road, Trail & Other new athletic events
- Non-Competitive
- Under-represented groups

Competitions

- Provincial Championships
- Elite Competitions
- Sanctioned Events

Infrastructure

- Organization Effectiveness
- Facilities
- Financial Stability

Leadership

- Governance
- Communication
- Culture

SPORT DEVELOPMENT

Athlete Development
Coaching Development
Officials Development

Athlete Development

High Performance - Team Ontario (Ontario High Performance Sport Initiative)

The Team Ontario (OHPSI) program was designed to support a comprehensive provincial high-performance sport system that allows for sustained success of athletes and coaches at the very highest levels of international sport. The goal of the program is to identify and support Ontario athletes who are best capable of achieving future international success on senior national teams. Olympic stream includes all able-bodied athletes. Paralympic stream includes all classifications of Para athletes.

- ***49 Athletes, 34 Coaches***
 - U23: 25 Olympic, 4 Paralympic
 - U18 Development: 20 Olympic
- ***Coach Support***
 - Free access to designated coach workshops
 - Subsidized NCCP coaching courses
 - Coach PD opportunities (webinars)
 - Coach PD reimbursement program
- ***Athlete Support***
 - Direct-to-athlete funding (\$1,250 for all U23 team members)
 - Warm weather training camp (Orlando, FL) [COVID Cancellation]
 - Access to the Canadian Sport Institute Ontario (clinics, workshops, injury screening, access to doctors/physiotherapy)
 - IST support at major competitions (COVID Cancels Major Comps)



Athlete Development

Quest for Gold

Ontario Athlete Assistance Program 2019-2020 (OAAP) is funded by the Government of Ontario, through the Ministry of Tourism, Culture and Sport (MTCS), and operated through the Sport, Recreation & Community Programs Division. The overarching goal of the Quest for Gold – OAAP is directly related to the High-Performance Sport goal of the Canadian Sport Policy – that Canadians are systematically achieving world-class results at the highest levels of international competition – by improving the performance and number of Ontario athletes performing at the national and international level, thereby contributing to the improved performance of Canada at international competitions.

The intent of the OAAP is to provide funding to individual athletes in the sport's 'Train to Train' and 'Train to Win' categories based on their demonstrated commitment to high-performance sport, allowing them to continue to pursue athletic excellence at the highest levels of national and international competition. Ideally, an athlete will first receive a Quest for Gold "Ontario Card" for 1 to 3 years, which will allow them to train towards the goal of a national team position in subsequent years. Once an Ontario athlete reaches the national level and becomes a recipient of Sport Canada's carding program, they become eligible for the Quest for Gold "Canada Card".

Provincially Carded Athletes

- ❑ 35 Full Card athletes (\$4,300)
- ❑ 24 Half Card athletes (\$2,150)
- ❑ 7 Injury Card athletes (\$4,300)
- ❑ 3 Para Card athletes (\$4,300)



Coaching Development

As the Provincial branch of Athletics Canada, Athletics Ontario is responsible for delivering training and evaluation opportunities for coaches at the Community Sport (Run Jump Throw Wheel), Instruction Beginner (Sport Coach), Introduction to Competition (Club Coach) levels in the Coaching Pathway, along with the maintenance of certification through professional development opportunities and active coaching opportunities. OPHEA Safety workshops have been delivered to educate elementary and high school coaches on the safety aspects of coaching this sport with an emphasis on event disciplines considered high-risk, such as hurdles, steeplechase, throws events, as well as vertical jumps events.

Athletics Canada is responsible for the delivery and evaluation of coaches at the Competition Development (Performance Coach) level. The NCCP model distinguishes between training and certification. Coaches can participate in training opportunities to acquire or refine the skills and knowledge required for a particular coaching context and as a result, they are considered “trained”.

Athletics Ontario has standardized on Club Coach Certification as of January 1, 2020. This will be a big priority for the Association this year as of March 31, 2020 we have 20 Certified CC/PC and 51 Trained / In-Training Coaches.

The following training opportunities were delivered by Athletics Ontario between April 1, 2019 and March 31, 2020:

Run, Jump, Throw Wheel

- November 16-17, 2019 in London (UWO/LW)
- February 2, 2020 at York University

Sport Coach

- November 16-17, 2019 in London (UWO/LW)

Club Coach - Throws

- November 16-17, 2019 in London (UWO/LW)

Performance Coach – Throws, Endurance, Sprints/Hurdles, Jumps

- April 11-14, 2019 in Kingston (Endurance)
- November 6-9, 2019 in Toronto (Sprints, Jumps)
- November 9-10, 2109 and 23-24, 2019 in London (Throws)

OPHEA Safety Workshops

- February 21, 2020 in St. Catharines
- Negotiated with OFSAA for \$20,000 OPHEA one-day course (COVID postponement)

Officials Development

Officiating is a key component of athletic excellence. Officials ensure the consistent application of international rules that govern the sport of athletics. There are roughly 160 registered officials supporting athletes across the province and there are numerous opportunities to volunteer at local, provincial, regional, national and international events.

Officials are volunteers. Qualities of an official include impartiality, strong sense of self worth, sense of humour and a need to enjoy hard work under variable conditions with little opportunity for material rewards. Officiating Awards are given for recognition of special contribution to the sport, level of certification and qualification and years of service. Barclay Frost was presented with a service award at the 2019 Awards Gala, for 50 years of service as an Athletics Ontario Official.

Unfortunately, due to COVID-19, education, mentoring, upgrading of officials took a huge setback. However, we did manage to upgrade 4 new Level 4 officials at the spring National Officials Council (NOC) meeting and additionally add 2 new Level 3 officials and a handful of new Level 2 officials to our list.

Athletics Canada also rolled out new online courses for Level 1 & 2 and we now have several new officials awaiting opportunities to add the "in-person at a competition" practical experience needed to complete their qualifications. This new delivery format is expected to assist in the recruitment and long-term strategy for official's development.



PARTICIPATION

Membership
Grassroots
Masters Athletes
Road, Trail & Other
Non-Competitive
Under-Represented Groups

Membership

Membership by Category

Athletics Ontario membership categories offered include age level athletes, effective 2020, from U8/U10/U12 through to U20 and Open, as well as Masters athletes (30-90+), para athletes, as well as coaches, officials, volunteers and clubs.

There was moderate growth in total membership for 2019 with membership levels increasing across most age levels. There were decreases in most non-competitive and recreational categories, as well as Masters. Members may register with Athletics Ontario as a member of an AO-affiliated Club, or Unattached.

The following chart shows the membership by age group or category in each of the membership years of 2017, 2018 and 2019, along with a % growth rate from 2017-2019.

Membership by Category by Year

MEMBERSHIP CATEGORY	2017	2018	2019	% Change (2017-2019)
All Membership Categories	6181	6155	6253	1.16%
COMPETITIVE				
U14	405	438	416	2.72%
U16	799	903	830	3.88%
U18	1100	1083	1127	2.45%
U20	528	580	573	8.52%
Open	713	715	726	1.82%
Master (30+)	965	985	869	-9.95%
Total Competitive	4510	4704	4541	0.69%
Para Members *	67	60	56	-16.42%
NON-COMPETITIVE				
Recreational - 13+ yrs.	493	367	532	7.91%
Recreational - 6-12 yrs.	342	371	463	35.38%
Total Recreational	835	738	995	19.16%
Coaches	493	461	489	-0.81%
Associates	78	73	65	-16.67%
Officials	174	165	161	-7.47%
Clubs	126	125	116	-7.94%

Membership

Ontario Clubs (2019)

Athletics Ontario is a not-for-profit Provincial Sport Organization, and member branch of Athletics Canada. Many of our individual members are registered with an Athletics Ontario affiliated club. The following is a list of clubs registered with Athletics Ontario in 2019.

CLUB	CITY
310 Running	Bolton
Airblastoff Lion	Sudbury
Athletics Niagara	Ridgeway
Athletiques International 2	Canfield
Athos Club	Thornhill
Beckwith Athletics Club	ALMONTE
Blue Devils Athletics Club	Toronto
Boardwalk Rc.	Toronto
Bolton Pole Vault	Caledon
Bomb Fitness	Toronto
Boost Athletics Club	Mississauga
Border City Ac	Harrow
Brampton Elite Track Club	Brampton
Brampton Racers Track & Field Club	Shelburne
Brampton Track Club Inc.	Brampton
Brantford T.f.c.	Kitchener
Brockville Legion Track Club	Brockville
Bullets Track Club	Brampton
Burlington Track & Field Club	Burlington
Bytown Walkers	Oxford Mills
C.a.n.i. Athletics	Kanata
Central Ontario Rogues	Barrie
Central Toronto Athletic Club	Toronto
Centro Scuola T.f.c.	Maple
Cruisers Sports	Mississauga
Dorchester Pole Vault Club	Dorchester
Dundas Valley Track Club	Dundas
Durham Dragons Athletics	Oshawa
Durham Legion Athletics	Ajax
Eclipse Track & Field Inc	Hampton
Elite Pole Vault	Baden
Etobicoke Track & Field Club	Toronto
Extreme Velocity Track Club	Scarborough
Flying Angels Academy	Toronto
Game Speed International	Brampton
Georgian Bay Coyotes Tc	Meaford.

Georgian Jumps	Victoria harbour
Glen Manor Track Club	Scarborough
Greater Uxbridge Road Runners	Sunderland
Guelph Elite Track	Scarborough
Hamilton Olympic Club	Hamilton
Harbour Track – Hamilton	Dundas
I Be Fast Track Club	Toronto
Invictus Athletics Club	Kitchener
Jamcan International Athletics Club	Etobicoke
Kawartha Lakes Lightning	Peterborough
Kingston Track & Field Club	Bath
Kitchener Waterloo T.f.a.	Elmira
Lakehead Running	Thunder Bay
Laurel Creek T.f.c.	Kitchener
Les Coureurs De Bois.	Pembroke
Lions Valley Athletics	Oakville
London Legion T.f. Alliance	London
London Western T.f.c.	London
Longboat Roadrunners	Toronto
Maximus Performance	Waterloo
Metro Toronto Fitness Club	Toronto
Mississauga Olympians T&f A.a.	Mississauga
Mississauga T.f.c.	Mississauga
Monarch Athletics Club	Toronto
Monte Cristo Track Club	Binbrook
National Capital Track & Field Club	Ottawa
Newmarket Huskies Track Club	Newmarket
Niagara Olympic Club	St. Catharines
Nith River Runners	Plattsville
North Bay Legion	North Bay
Oakville Legion T.f.c.	OAKVILLE
Ontario Masters Athletics	Toronto
Ontario Officials	Coldwater
Ontario Racewalkers Association	Etobicoke
Ottawa Lions T.f.c.	Ottawa
Peak Velocity Athletics	Oro Madonte.
Peterborough Legion Track Club	RR 2 Omeme

Membership

Phoenix Athletics Assoc. Of Ontario	Scarborough
Physi-Kult	Kingston
Project Athletics T.f.c.	Markham
Quinte Frontenac Track Club	Peterborough
Quinte Legion Track & Field Club	Trenton
Rivers Speed Stars	Etobicoke
Royal City Athletics Club	Guelph
Runner's Life	Peterborough
Runners Edge Track Club	St Catharines
Russell Run Club	Russell
Sarnia Athletics Southwest T.f.c.	Sarnia
Saugeen Track & Field Club	Cargill
Shahab Puma Sports Club	Brampton
Sisu Throws Club	Brampton
South Simcoe Dufferin T.f.c.	Barrie
Speed Academy Athletics Club	Pickering
Speed River Track & Field Club	Guelph
St Christy-Ihunagbo Athletics Club	Toronto
St Thomas Legion Track & Field Club	London
Stratford Sabrecats Track Club	Stratford
Stridewise Running	Etobicoke
Sundown Athletics Club	Goderich
Supreme Athletics	Kitchener
Terminal Velocity Track Club	Brampton
Thames Athletics Club	London
The Gazelles	Ajax
Thorold Elite Track Club	Thorold
Throwers Club	Thornhill
Thunderbolt Track & Field	Brampton
Toronto Athletics Event Management	Thornhill
Toronto Harriers	Toronto
Toronto Olympic Club	Mississauga
Toronto Race Walkers	North York
Toronto West Athletics	Toronto
Track North Athletics Club	Sudbury
Unattached Ontario	Scarborough
Unattached Timmins Qn	Toronto
United Tamil Sports Club	Toronto
University Of Toronto Tc	Toronto
University Of Windsor Athletics Club	Windsor
Variety Village Athletic Club	Toronto
Windsor Legion T.f.c.	Windsor
Woodstock Legion Athletic Club	Woodstock

X500g Running Club	Toronto
York Region Lightning	Aurora
York Region Runners Club	Stouffville
York University Track & Field Club	Toronto

Membership

Committees

Athletics Ontario is able to provide a significant impact to the Athletics community, through the dedication of key volunteers on 4 Board Committees (Executive, Governance and Nominations, Human Resources & Finance) and 9 Ad Hoc/ Operational Committees (AO Officials, Awards, Competitions Hall of Fame, Programs and Services, Technical, Risk Management, Quest for Gold, and Sponsorship).

Athletics Ontario would like to offer a big "Thank you" to these dedicated volunteers who have contributed in some cases, over 100 hours of additional volunteer service, often beyond their normal sport volunteering activities like coaching and officiating.

For details on these committees, please visit: <https://athleticsontario.ca/about/committees/>. If you have any questions or would like to be involved, please contact office@athleticsontario.ca.



Grassroots

Introduction to Athletics (Athletes 6-13 years)

Run Jump Throw Wheel (RJTW), a national program developed by Athletics Canada, is delivered through Athletics Ontario partners and members. The program teaches fundamental movement skills and develops physical literacy, using track and field inspired games, activities and skill challenges lead by instructors specifically trained to teach the fundamentals of running, jumping, throwing and wheeling (for children in wheelchairs).

The purpose of the program is to serve as a strong foundation for all sports. Run Jump Throw Wheel assists children in learning to move efficiently so that they grow into adults who are active, productive and healthy citizens. This program, along with Athletics Ontario's AO Safety Workshop, are excellent foundations for any teacher, sport club coach or community recreation leader to ensure they capable of delivering a fun, safe and fundamentally sound Athletics program.

Introductory programs have been delivered throughout Ontario, through various groups including Elementary schools, activations supported by Athletics Ontario, the Minor Track Association, Athletics Canada, and their member clubs and coaches. Additionally, Athletics Ontario is grateful for the contributions to the sport by Milt Ottey, who delivers Agility Challenges and other Introductory programs to tens of thousands of elementary school aged children across the province annually.



Grassroots

New in 2020

Membership Categories:

In 2020, Athletics Ontario introduced new age categories for Competitive Athlete Memberships. These new age groups are U8, U10, and U12.

Try-It Events:

For the 2020 Indoor season, Athletics Ontario delivered 2 Free “Try-it” Events at the Toronto Track & Field Centre during a 2hr morning session prior to the Masters Mini-Meets. The focus of these events is to be accessible and inclusive, offer learning and skill development, and most importantly, be fun for everyone involved!

Try-It Events are open for all U8, U10 & U12 athletes, which included a guided warm-up session, instruction at each event, and multiple attempts at each of 5 Athletics events (sprint or hurdle, middle-distance, horizontal jump, vertical jump and a throws event. Athletes were provided with instruction by an experienced coach or official and were then permitted several attempts at each event, which was timed or measured. Results were made available to all participants.

A special thank you to all of the clubs, athletes, parents, volunteers, officials, coaches and leads for helping make these events a success!

Additionally, the City of Toronto also sponsored a Coach Education clinic during one of our Try-It sessions, where we had sport instructors, teachers and coaches, learn about the fundamental skills of Athletics by a Learning Facilitator, through the NCCP Run Jump Throw Wheel program.

The indoor season culminated with the Inaugural AO U8/U10/U12 Championships which was held at the Toronto Track & Field Centre. Athletes were awarded participation ribbons and medals to the top 3 finishers. The United Tamil Sports Club was named the Club Champions for these age divisions.



Grassroots

Ontario vs. Quebec U16 Dual Meet

Competition Venue: Claude-Robillard Sports Complex - Montreal, QC

The U16 ON vs QC Dual Meet was held on February 15, 2020. The trials took place on January 19-20, 2020 during the combined events championship. Upon conclusion of the Team selection period, an Ontario team of 46 athletes was selected. The Dual Meet was later held in Montreal with a total of 99 athletes competing.

Team Ontario won the 9th Annual ON vs. QC U16 Dual Meet! The final score was 277-270 points.

For many athletes, this is their first team event and helps introduce a competitive experience for U16 athletes fitting in with Athletics Ontario's Long-Term Athlete Development (LTAD) and High-Performance pathway.

Ontario vs. Quebec U16 Dual Team Coaching Staff

Head Coach – Scott Skimming, 310 Running

Sprints/Hurdles – Reba Timbrell, National Capital Track Club

Endurance – Saheed Khan, Unattached Ontario

Throws – Aaron Larson, London Western T.F.C.

Jumps – Mary Egbo-Egbo, York University Track Club



Masters

On January 21st, 2020 a special meeting of the OMA members was held and a Resolution was passed; *'To dissolve the Not for Profit (NFP) Corporation that is Ontario Masters Athletics Inc. and become a Masters Council under the auspices of Athletics Ontario.'*

Since Ontario Masters Athletics dissolved into the governance of Athletics Ontario in March of 2020, Athletics Ontario has made it a priority to promote masters athletics and provide equal opportunity and exposure to all Masters athletes.

By being part of AO, has eliminated the need for OMA to purchase Directors and Officers Liability Insurance, saving approximately \$4,500 per year.

Ontario master's members are able to benefit from Athletics Ontario coaches, cubs and officials. Through AO promotion of masters more and more AO clubs have started including masters age divisions in their training groups and competition teams.



Road, Trail & Other

Race Director Network

Athletics Ontario has established an extensive database, reaching 558 Ontario Road and Trail Race Directors, up from ~400 race directors in 2019. We applied for the Ontario Trillium Grow Grant, to assist with this growth. Though unsuccessful with this particular grant, feedback on the grant application has been documented for further application strength.

The 3rd Annual Race Director Summit took place on January 26, 2020. There were 70 attendees. We secured 11 speakers and had nine sponsors for the event.

A semi-annual communication was made with the Race Director Network about the benefits of sanctioning a race with Athletics Ontario.

Running Races

There were 77 sanctioned road and trail events in the 2019/2020 year, 28 of which utilized our insurance policy. We have reviewed and revised the event Sanction criteria and have revised the form on the website. We have also just rolled out a revised Race Organizer membership model which will we predict with attract more races to use our Insurance policy.

Championships

The 2nd annual Trillium Running Series took on its second year in 2020 offering participants an Age Graded ranking comparison against other competing members. were eight races were included over the 2019 calendar year, and with 10 races included in the 2020 Trillium Running Series (5 of which were cancelled due to the pandemic).



Trillium Running Series

Non-Competitive

Non-competitive memberships for athletes participating in Road & Trail events, and other non-competitive (U14 and older) opportunities and programs are available for individuals and clubs. Athletics Ontario, partnering with Ontario Masters Athletics, launched its inaugural joint series, called the AO/OMA Trillium Running Series. After many years of handing out medals at races, AO and OMA collectively decided to include all age groups and rank athletes on a basis of an age-graded percent. This means that everyone in the race who is an AO or OMA member, can be collectively ranked! At the end of the year, we will tally all results and publish them on the website, with additional mentions on social media accounts. At our year-end Awards Gala (which occurs the same weekend as the last race of the season, we will mention to current series leaders and publish the current results). Final rankings will be given to participants in 3 or more races in the series.

Provincial Snowshoe Championship were held in February 2020 in the Kawarthas at Cameron Lake. This event was done in partnership with Snowshoe Canada.



Under-Represented Groups

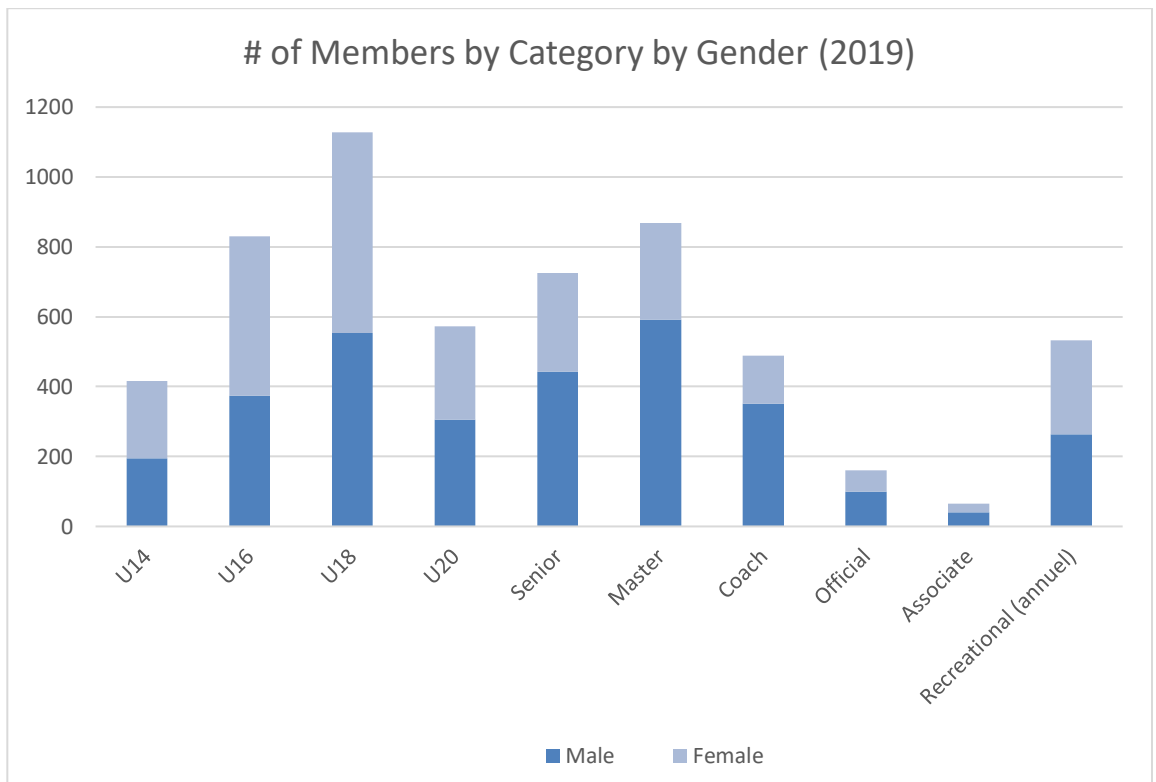
Female Participation

As illustrated in the chart below, female athletes make up a larger portion of our U14, U16 and U18 Competitive athletes, as well as among Recreational athletes. Female participation is significantly lower than males in all other categories.

Male athletes take a significantly larger portion of the competitive athlete membership for ages U20 athletes, and older through to Masters, as well as in Non-Competitive categories including Officials, Coaches and Associates.

In an effort to encourage more females to remain active participants in Athletics Ontario programs and services, adherence to standards for equitable representation of females is paramount. Provincial Team opportunities for Athletes, Coaches and Managers, as well as athlete funding programs, ensure there are development opportunities for females.

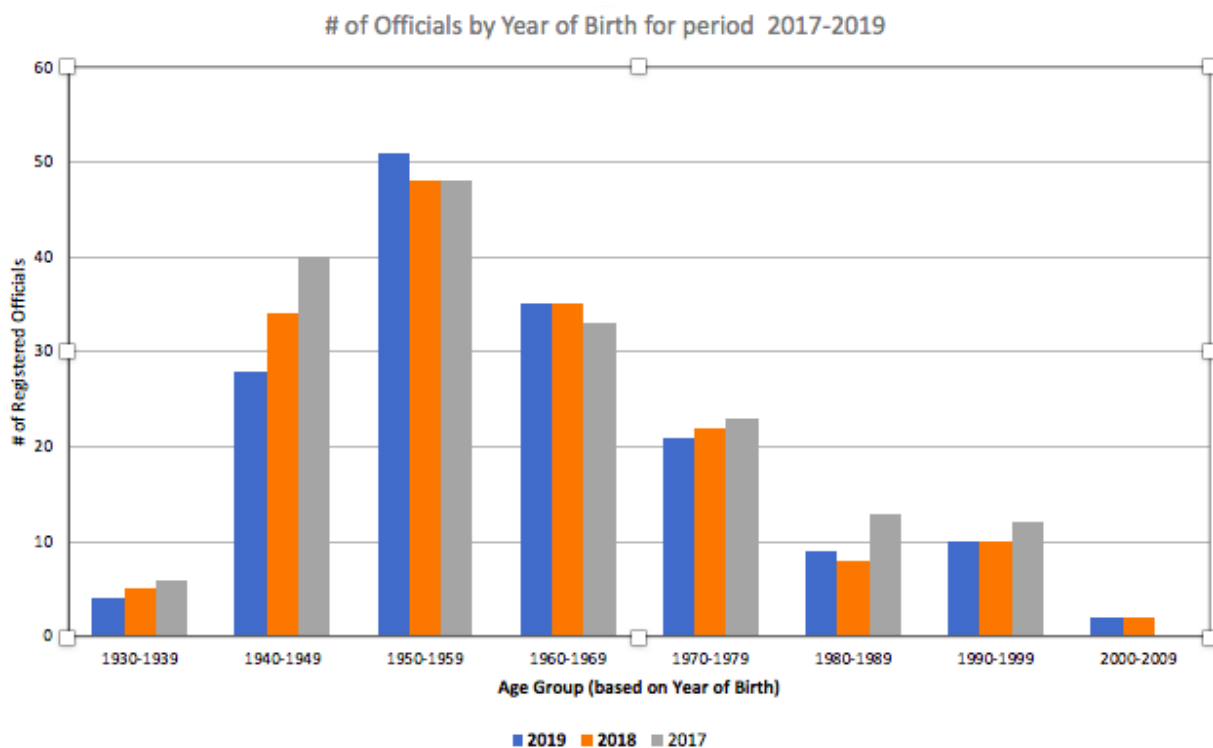
A continued focus on developing and executing strategies from the operational plan, and providing opportunities for female athletes and community leaders, such as Coaches, Administrators and Officials, is essential to the success of the organization.



Under-Represented Groups

Officials

Officials are the life-blood of the sport of Athletics, with competitions taking place in Ontario in a wide variety of formats from local community events, to provincial, national and international championships events. AO-sanctioned events normally involve over 20-50+ experienced and trained volunteer officials at each event. Through dedicated work of the Athletics Ontario Officials Executive Committee, training, mentoring, evaluating, and scheduling of officials is executed, through this volunteer committee. The chart below illustrates the number and changes of officials registered with Athletics Ontario, by year of birth, highlighting that over 50% of officials are 60-69 years of age. Officials number are declining for those aged 30-50 years of age, as well as 70 and over.



Under-Represented Groups

Para Athletes

Athletics Ontario continues to work with groups to offer more opportunities for para athletes. Athletics Ontario, through collaboration with member clubs, multi-sport disability groups and Athletics Canada, provides training, coaching and competitive opportunities for athletes throughout the province. One of the unique characteristics of the sport is the variety of events offered as well the age demographics it brings to the competition. The rules of Paralympic Track and Field are almost identical to those of the Olympics.

In total, 56 Para Athletes registered with Athletics during the 2019-2020 period where the focus for many athletes is through competition with other Para athletes, as well as able bodied athletes, at integrated Provincial and National Outdoor Track & Field Championships. Additionally, athletes participated at various sanctioned events throughout the Province as well as international events, and programs such as Team Ontario, Quest for Gold and the Awards Gala.



COMPETITIONS

Provincial Competitions
Elite Competitions
Sanctioned Events

Provincial Competitions

Provincial Championships

Ontario Championships events are significant for the development of Ontario athletes and are often utilized to prepare athletes for national and international events. All Athletics Ontario members are eligible for participation in these events, which include Outdoor Track & Field, Indoor Track & Field, Cross Country, Road & Trail Championships.

Athletics Ontario's mandate is to ensure competition programs support participation, growth and talent development for athletes, coaches and technical officials.

During the 2019-20 period, Athletics Ontario delivered 14 Provincial Championship events after the Technical Committee created an effective schedule that is integrated with national and International Championship events.

Outdoor Track & Field Championships, 2019

- 10,000m Track (London, May 10) – 69 entries
- Combined Events (Toronto, June 15-16) - 67 entries
- U20 & Open (Toronto, July 12-14) – 1212 entries; 797 athletes
- U14, U16, U18 (Windsor, August 2-4) – 1650 entries; 805 athletes
- AO DMR Championship (Hamilton, August 5) – 11 entries
- OMA Masters Championships (Toronto, June 22-23)

Race Walk Championships, 2019

- 10K & 20K Race Walk (Welland, October 6) – 18 entries

Cross Country Championships, 2019

- AO & OMA Cross Country (King City, November 10) – 793 athletes

Indoor Track & Field Championships, 2020

- Relay (Toronto, January 11-12) – 790 entries; 495 athletes
- Combined Events (Toronto, January 25-26) - 868 entries; 576 athletes
- U18 & Open (Toronto, February 8-9) – 1172 entries; 750 athletes
- U14, U16, U20 (Toronto, February 29-1) - 1938 entries; 1102 athletes
- U8, U10, U12 (Toronto, March 7) – 208 entries; 66 athletes
- Masters (Toronto, March 8) – 506 entries; 269 athletes

Elite Competitions

Canadian Championships

The Canadian Championships are the highlight of many athletes' athletic journeys, and all Athletics Ontario members are eligible for participation in these events, which include Outdoor Track & Field Championships (U20 & Open), Legion Championships (U18, U16 & U14), Hershey Indoor Championships, Cross Country Championships & the Road Championships (5km, 10km, Marathon) and the 10,000m Track Championships.

Athletics Canada aims to provide world leading programs and services in athletics and to be recognized domestically and internationally for its commitment to:

- providing a positive experience through sport which develops physical literacy and a love of athletics
- systematically developing world class athletes who achieve podium success internationally
- providing opportunities for participants to remain active and competitive through all stages of life



Elite Competitions

2019 National/International Events with Ontario Athletes:

- **2019 FISU**
 - 22/41 of the athletes were from Ontario (54%)
 - Total medals won: 3
 - Total medals won by Ontario athletes: 1 (33%)
- **2019 Pan American Games**
 - 20/44 of the athletes were from Ontario (45%)
 - Total medals won: 20
 - Total medals won by Ontario athletes: 9 (45%)
- **2019 Pan American U20 Championships-**
 - 24/47 of the athletes were from Ontario (54%)
 - Total medals won: 20
 - Total medals won by Ontario athletes: 11 (55%)
- **2019 Para Pan American Games**
 - 7/24 of the athletes were from Ontario (29%)
 - Total medals won: 60
 - Total medals won by Ontario athletes: 28 (47%)
- **2019 World Championships**
 - 28/52 of the athletes were from Ontario (54%)
 - Total medals won: 5
 - Total medals won by Ontario athletes: 3 (60%)
- **2019 World Para Athletics Championships**
 - 9/27 of the athletes were from Ontario (33%)
 - Total medals won: 6
 - Total medals won by Ontario athletes: 1 (17%)
- **2019 World Relays**
 - 15/22 of the athletes were from Ontario (68%)
 - Total medals won: 4
 - Total medals won by Ontario athletes: 2 (50%)

Sanctioned Events

Athletics Ontario clubs and competition directors, work collaboratively to ensure there is an integrated schedule of Athletics competitions throughout the province. During the 2019-20 period, a total of 93 sanctioned events were delivered in Ontario (29 indoor, 64 outdoor).

Athletics Ontario is proud to partner with high schools, OFSAA, OUA, USports, and the Royal Canadian Legion to ensure that we are encouraging and promoting events that meet IAAF/AC/AO specifications to ensure seamless recognition of athlete performances.



INFRASTRUCTURE

Organizational Effectiveness

Financial Stability

Organizational Effectiveness

Athletics Ontario is committed to continued improvements in our organizational effectiveness. In the 2019-2020 year we accomplished the following:

- Held the first ever Para Summit with 4 Disabled Sport Organizations (DSO'S) plus representation from Para clubs, in February 2020 to develop the Athletics Ontario Para Strategy. Received \$22.5K (over 3 years) in grants from the Para Sport Collective to assist in the development and future delivery of the AO Para Strategy
- Focused efforts on creating a safer environment within AO activities and programs
 - Started work on developing Athletics Ontario Safe Sport Policy manual
 - Number of minor and major complaints handled by AO staff and volunteers
 - Introduced new membership requirements, including yearly police checks and mandatory Safe Sport courses for Coaches and clubs

Financial Stability

The Financial stability of the organization is critical to ensure the long-term viability of AO and preserve future programming for Athletics. AO delivered the following accomplishments in the 2019-2020 year:

- Continuation of simplifying the AO General Ledger accounts to more accurately track and report on revenues and expenses.
- Delivered quarterly financial reporting to provide ongoing updates of progress and forecasting to the AO Board.
- Managed revenue and expenses to deliver a \$78K surplus for the 2019-2020 year

2019-2020 Financial Statements

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Financial Statements

T U R N B U L L ■ T H O M P S O N

Chartered Professional Accountants

INDEPENDENT AUDITOR'S REPORT

To the Members of
Athletics Ontario
(A corporation without share capital).

Opinion

We have audited the financial statements of Athletics Ontario (the "Corporation"), which comprise the statement of financial position as at March 31, 2020, and the statements of income and expenditures, members' equity and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of Athletics Ontario as at March 31, 2020, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Corporation in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management and directors are responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing these financial statements, management is responsible for assessing the Corporation's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Corporation or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Corporation's financial reporting process.

133 Main Street East, Milton, Ontario L9T 1N7

Phone: (905) 876-2462 Fax: (905) 876-2463 E-mail: turnbull_thompson_cas@on.aibn.com

Financial Statements

INDEPENDENT AUDITOR'S REPORT (cont'd)

Auditor's Responsibilities for the Audit of the Financial Statements

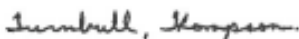
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Corporation's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Corporation's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Corporation to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Milton, Ontario,
October 5, 2020.


CHARTERED PROFESSIONAL ACCOUNTANTS
LICENSED PUBLIC ACCOUNTANTS

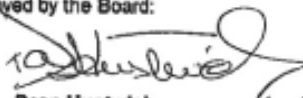
Financial Statements

ATHLETICS ONTARIO
 (A corporation without share capital)
STATEMENT OF FINANCIAL POSITION

March 31	2020	2019
ASSETS		
CURRENT ASSETS		
Cash	\$ 895,437	\$ 796,306
Accounts receivable	68,752	78,848
Inventory	24,814	22,090
Prepaid expenses	13,960	7,928
	<u>\$ 1,002,983</u>	<u>\$ 905,172</u>
LIABILITIES		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities	\$ 147,692	\$ 129,119
Government sales taxes payable	40,609	42,103
Deferred revenue (note 3)	209,417	207,106
	<u>397,618</u>	<u>378,328</u>
MEMBERS' EQUITY	<u>605,365</u>	<u>526,844</u>
CONTINGENCIES (note 4)		
	<u>\$ 1,002,983</u>	<u>\$ 905,172</u>

See accompanying notes on pages 7 to 9.

Approved by the Board:



Dean Hustwick
Chair



Scott Currier
Treasurer

Financial Statements

ATHLETICS ONTARIO
(A corporation without share capital)
STATEMENT OF MEMBERS' EQUITY

For the Year Ended March 31	2020	2019
MEMBERS' EQUITY, beginning of year	\$ 526,844	\$ 504,313
Excess of income over expenditures, for the year	<u>78,521</u>	<u>22,531</u>
MEMBERS' EQUITY, end of year	\$ 605,365	\$ 526,844

See accompanying notes on pages 7 to 9.

Financial Statements

ATHLETICS ONTARIO
(A corporation without share capital)
STATEMENT OF INCOME AND EXPENDITURES

For the Year Ended March 31	2020	2019
INCOME		
Membership	\$ 427,505	\$ 404,937
Events and services	530,728	333,842
Grants	415,416	487,161
Interest	2,650	1,006
	<u>1,376,299</u>	<u>1,226,946</u>
EXPENDITURES		
Fees and general expenses	571,975	598,645
Events and services	725,803	605,770
	<u>1,297,778</u>	<u>1,204,415</u>
EXCESS OF INCOME OVER EXPENDITURES, for the year	\$ 78,521	\$ 22,531

See accompanying notes on pages 7 to 9.

Financial Statements

ATHLETICS ONTARIO
(A corporation without share capital)
STATEMENT OF CASH FLOWS

For the Year Ended March 31	2020	2019
CASH FLOWS FROM OPERATING ACTIVITIES		
Excess of income over expenditures, for the year	\$ 78,521	\$ 22,531
Change in other non-cash operating accounts:		
Accounts receivable	10,096	(44,018)
Deferred revenue	2,311	11,030
Inventory	(2,724)	(14,639)
Prepaid expenses	(6,052)	25,759
Accounts payable and accrued liabilities	18,573	23,191
Government sales taxes	(1,594)	10,750
	20,610	12,073
	99,131	34,604
CASH FLOWS FROM INVESTING ACTIVITIES		
Decrease in short-term investments	-	150,000
INCREASE IN CASH, for the year	99,131	184,604
CASH, beginning of year	796,306	611,702
CASH, end of year	\$ 895,437	\$ 796,306

See accompanying notes on pages 7 to 9.

Financial Statements

ATHLETICS ONTARIO

(A corporation without share capital)

NOTES TO THE FINANCIAL STATEMENTS

March 31, 2020

1. PURPOSE OF THE ORGANIZATION

Athletics Ontario (formerly known as The Ontario Track & Field Association) is an organization which promotes amateur athletics by assisting athletes to train for and compete in athletic competitions held throughout Ontario, Canada and the world in all track and field sports and to arrange courses of instruction in all aspects of track and field sports for athletes, officials and other interested persons.

For income tax purposes Athletics Ontario qualifies as a not-for-profit organization which is exempt from income tax under the Income Tax Act.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

These financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations. The significant policies are:

a) Revenue Recognition

The association follows the deferral method of accounting for grant revenue. Unrestricted grants are recognized as revenue when received or receivable. Externally restricted grants are recognized as revenue in the year in which the related expenses are incurred. Registration fees are prorated on a calendar year basis.

b) Capital Assets

Capital asset additions are charged against income at the time of acquisition.

c) Use of Estimates

The preparation of financial statements in accordance with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements, and the reported amounts of revenues and expenses during the reported period. Actual results could differ from management's best estimates as additional information becomes available in the future.

d) Financial Instruments

Unless otherwise noted, it is management's opinion that the organization is not exposed to significant interest rate or credit risks arising from its financial instruments. The organization's financial instruments consist of cash, accounts receivable, inventory and accounts payable and accrued liabilities. As at March 31, 2020, the carrying value of the organization's financial instruments approximates their fair value.

Financial Statements

ATHLETICS ONTARIO
(A corporation without share capital)
NOTES TO THE FINANCIAL STATEMENTS

March 31, 2020

3. DEFERRED REVENUE

	March 31 2019 Deferred	Registration and Subscription Receipts	Registration and Subscription Income	March 31 2020 Deferred
REGISTRATION				
Beginning of year April 1, 2019 to November 30, 2019	\$ 207,106	\$ -	\$ 207,106	\$ -
December 1, 2019 to March 31, 2020	-	112,318	112,318	-
	-	279,223	69,806	209,417
	\$ 207,106	\$ 391,541	\$ 389,230	\$ 209,417

4. CONTINGENCIES

The organization is currently defending two claims which are being handled by the organization's insurer. When the claims are settled any expenses incurred on the settlements will be charged to the appropriate expense in the statement of income and expenditures in that fiscal year.

5. SUBSEQUENT EVENT

On March 11, 2020, the World Health Organization assessed the coronavirus outbreak (COVID-19) as a pandemic. In Canada, the Government of Ontario declared a state of emergency under S 7.0.1 (1) of the Emergency Management and Civil Protection Act on March 17, 2020 with respect to COVID-19. The emergency measures enacted to combat the spread of the virus included the implementation of travel bans, self-imposed quarantine periods and social distancing, which have caused material disruption to businesses globally resulting in an economic slowdown. This has caused a business disruption to the organization through mandated closures of inside and outside events/meets during the summer months. The impact of COVID-19 is expected to negatively impact the organization's membership and operating revenues. As of the date of these financial statements, the extent to which COVID-19 impacts the organization's results will depend on future developments, which are highly uncertain and cannot be predicted and are dependent upon new information which may emerge concerning the severity of COVID-19 and actions taken to contain the virus or its impact, among others.

The organization has however applied to the various available government subsidy programs to try to mitigate the current effects of COVID-19.

Financial Statements

ATHLETICS ONTARIO
(A corporation without share capital)
NOTES TO THE FINANCIAL STATEMENTS
March 31, 2020

6. COMMITMENT

The association has a contractual obligation for a rental lease of their premises until June 30, 2021 for \$27,500 per year.

7. FINANCIAL INSTRUMENTS - risk management

Interest rate risk

Interest rate risk is the risk of potential financial loss caused by fluctuations in fair value of future cash flow of financial instruments due to changes in market interest rates. The association is not exposed to this risk as its cash balances are on deposit at a major financial institution.

Credit risk

Credit risk is the potential for financial loss should a counter-party in a transaction fail to meet its obligations. The corporation places its operating and reserve cash and investments with high quality institutions and believes its exposure is not significant. The association's credit risk from accounts receivable is not significant.

Liquidity risk

Liquidity risk is the risk that the association will not be able to meet its obligations as they become due. The association manages this risk by establishing budgets and funding plans and by reviewing its membership fees annually to fund its operating expenses.

LEADERSHIP

Governance
Communications
Culture

Governance

Athletics Ontario takes very seriously all situations involving discrimination, harassment, sexual harassment or breaches of its Code of Conduct or other forms of misconduct. For this reason, Athletics Ontario is committed to enacting and enforcing strong, clear, and effective policies and procedures for preventing and addressing all forms of misconduct. Athletics Ontario also has a role in providing education concerning matters relating to Safe Sport.

To foster and maintain a Safe Sport environment, the Athletics Ontario board spent hundreds of hours to completely overhaul existing policies geared around safe sport, and created a Safe Sport Manual that includes all AO policies related to safe sport in one document.

The Athletics Ontario Board introduced new membership requirements for all AO member coaches to complete the Respect in Sport for Activity Leaders on-line course as well as a yearly Police check. In addition, Club Coach and Performance Coach certified individuals are required to successfully complete the NCCP's Make Ethical Decisions course.

The AO Board also updated new Club membership requirements to include stronger governance requirements to ensure AO clubs are professional managed and operated.

Full membership requirements can be found in the AO Membership policy. Professional Board Orientation session held for the Board in December 2019. Officials registered with Athletics Ontario are now also required to submit police check annually.



Governance

<u>Board of Directors</u>	
Dean Hustwick, Chair of the Board	Petrina Dolby, Director
Jason Bunston, Vice Chair of the Board	Robin Campbell, Director
Scott Currier, Treasurer	Dayna Maaten, Director
Brian McClelland, Secretary	Sarah Boyle, Director

<u>Staff</u>	<u>Email</u>
Paul Osland, Chief Executive Officer	paul.osland@athleticsontario.ca
Anthony Biggar, Manager, Programs & Services	anthonybiggar@athleticsontario.ca
Randolph Fajardo, Technical Manager	randolphfajardo@athleticsontario.ca
Kolton Kowalchuk, High Performance Manager	kolton.kowalchuk@athleticsontario.ca
Emily Sitarz, Marketing & Communications Coordinator	emily.sitarz@athleticsontario.ca
Saheed Khan, Coaching Coordinator	coaching@athleticsontario.ca
John Stevenson, Director, Coaching Development	john.stevenson@rogers.com
Sheryl Preston, Road Running Coordinator	sherylpreston@athleticsontario.ca
Shehara Vanniasinkam, Office Manager	shehara@athleticsontario.ca

Communication

Athletics Ontario Branding

During the 2018-2019 year, Athletics Ontario introduced the new logo and branding strategy. After the first year of implementation, our brand is continuing to grow in recognition.

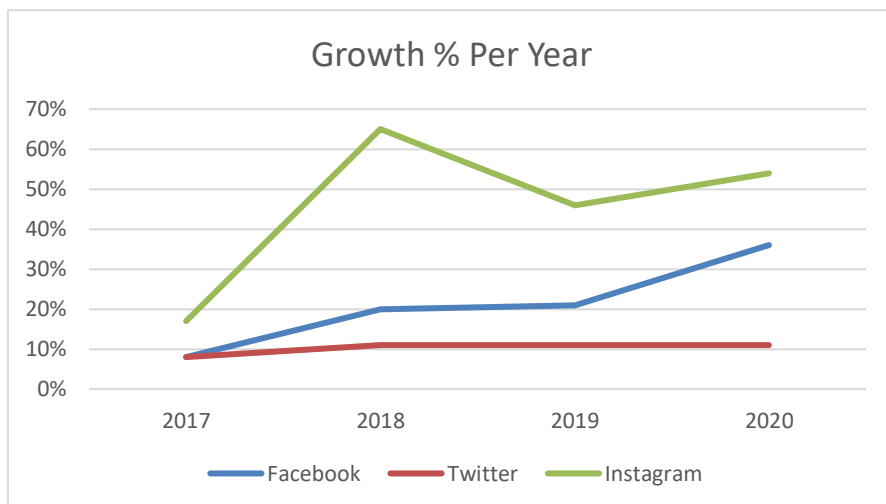
Many website updates have continually been made to enhance user navigation, aesthetics, and organization, which provides us the opportunity to regularly and easily share important information about the organization with our membership.

Social Media Growth

Athletics Ontario has a consistently growing social media presence, with regular content being published, and a number of fantastic events and opportunities to share, the brand is continuing to build a strong online community. In the 2019-2020 year, our platforms grew substantially.

Athletics Ontario has continued to leverage and improve our established communication channels including all social media platforms, mass email marketing, website news releases, and more.

	Facebook	Twitter	Instagram
Followers in 2019	2097	2939	2789
Followers in 2020	2856	3249	4308
Total Growth	759	310	1519
Growth Percentage	36%	11%	54%



Culture

2019 Athletics Ontario Awards Gala

On Saturday October 19, we gathered at the Holiday Inn Toronto International Airport to celebrate yet another successful season with nearly 250 participants. The event featured the induction of seven new members into the AO Hall of Fame, the presentation of numerous Athlete of the Year Awards, and included our new All-Ontario recognition program. We were so proud to have nearly 80 of our All-Ontarians in attendance with us. The night featured the Unstoppable Tracy Schmitt as our guest speaker.



2019 Hall of Fame Inductees

Brian Armstrong, Athlete
Nicole Forrester, Athlete
Hugh Fraser, Athlete/Builder
Beryl and Harry Kerrison, Builders
Brian Maxwell, Athlete/Builder
Jill Ross, Athlete

Culture

2019 Athletics Ontario Awards Gala

Athlete Awards - 2019 All-Ontarians

SPRINTS/HURDLES MEN	Age Group	Club
Aaron Brown	Senior	Phoenix Athletics Club
Andre De Grasse	Senior	The Speed Academy
Banujan Kulainthiran	U14	United Tamil Sports Club
Brendon Rodney	Senior	Unattached Ontario
Chris Lemassif	Master	University of Toronto T.C.
Christober Warburton	Master	Variety Village A.C.
Christopher Morales	U16	The Speed Academy
Dominic Barresi	U18	Hamilton Olympic Club
Earl Fee	Master	Unattached Ontario
Eliezer Adjibi	U20	C.A.N.I. Athletics
Gage Marshall	U18	Border City A.C.
Isaiah Luke	U16	Mississauga Olympians Track and Field Association
Jaheim Ferguson	U18	Durham Legion Athletics
Matthew MacNeill	U20	Speed River T.F.C.
Michael Roth	U18	St. Thomas Legion Track & Field Club
Myles Misener-Daley	U20	Hamilton Olympic Club
Parker Long	U14	Oakville Legion T.F.C.
Ryder King	U16	Etobicoke Track & Field Club
Shawn Henry	U14	Brampton Racers Track & Field Club

SPRINTS/HURDLES WOMEN	Age Group	Club
Brooke Overholt	U20	London Legion T.F.C.
Crystal Emmanuel	Senior	Flying Angels Academy
Emily Martin	U16	South Simcoe Dufferin T.F.C.
Gabrielle Cole	U16	Flying Angels Academy
Hailey Reid	U16	Monte Cristo Track Club
Isabella Goudros	U18	Unattached Ontario
Janae Dawes	U14	Durham Legion Athletics
Jillian Catton	U18	Brampton Track Club
Karla Del Grande	Master	Variety Village A.C.
Kiara Webb	U14	Brampton Racers Track & Field Club
Krystalann Bechard	U18	Border City Athletics Club
Kyra Constantine	Senior	Projects Athletics T.F.C.
Lauren Gale	U20	Ottawa Lions T.F.C.
Lily Mulder	U14	Border City A.C.
Makenzy Pierre-Webster	U20	The Gazelles
McKayla Francis	U16	Flying Angels Academy
Phylicia George	Senior	Flying Angels Academy
Trinity Miller	U18	The Gazelles
Tyra Boug	U20	Speed River Track and Field Club
Violeta Garfunkel	Master	University of Toronto T.C.
Wendy Alexis	Master	Ottawa Lions T.F.C.

Culture

2019 Athletics Ontario Awards Gala

Athlete Awards - 2019 All-Ontarians

DISTANCE MEN	Age Group	Club
Abdullahi Hassan	U18	Phoenix Athletics Club
Andrej Prekajski	U14	University of Toronto T.C.
Brandon McBride	Senior	Border City A.C.
Carter Free	U20	Quinte Frontenac Track Club
Dakota Goguen	U18	Newmarket Huskies Track Club
David Jiang	U14	University of Toronto T.C.
Earl Fee	Master	Unattached Ontario
Foster Malleck	U20	Laurel Creek Track and Field Club
Joshua Desouza	U20	Newmarket Huskies Track Club
Mason Basson	U16	St. Thomas Legion Track & Field Club
Mason Petrucci	U16	Thorold Elite Track Club
Matt Hughes	Senior	Unattached Ontario
Matthew Larkin	U18	Central Ontario Rogues
Michael Sherar	Master	University of Toronto T.C.
Mohammed Ahmed	Senior	Niagara Olympic Club
Paul Osland	Master	University of Toronto T.C.
Riley Flemington	U16	Oakville Legion T.F.C.

DISTANCE WOMEN	Age Group	Club
Abbey Yuhasz	U18	Laurel Creek T.F.C.
Amelia Dodds	U16	Monte Cristo Track Club
Aurora Rynda	U20	University of Toronto T.C.
Aysia Maurice	U16	310 Running
Brogan McDougall	U20	Physi-Kult Kingston
Caitlyn Thompson	U14	Athletiques International 2
Cassandra Williamson	U18	The Gazelles
Elizabeth Waywell	Master	Unattached Ontario
Ella Jackson	U16	Durham Dragons Athletics
Emily Cescon	U14	University of Toronto T.C.
Emma Pegg	U18	Windsor Legion T.F.C.
Gabriella Debues-Stafford	Senior	University of Toronto Track Club
Grace Koopmans	U14	South Simcoe Dufferin T.F.C.
Jenna Westaway	Senior	Speed River Track and Field Club
Jocelyn Chau	U20	University of Toronto Track Club
Kris Kozell	Master	Ontario Racewalkers Association
Liz Maguire	Master	Ottawa Lions T.F.C.
Lyndsay Tessier	Master	Physi-Kult Kingston
Melissa Bishop-Nriagu	Senior	Ottawa Lions
Sierra Rodrigues	U16	310 Running

Culture

2019 Athletics Ontario Awards Gala

Athlete Awards - 2019 All-Ontarians

JUMPS MEN	Age Group	Club
Bennett Woods	U18	Georgian Jumps
Bruce Simpson	Master	Bolton Pole Vault
Carson Gauthier	U14	Thorold Elite Track Club
Desmond Fraser	U16	Brampton Track Club INC.
Jean-Pierre Mayer	Master	Throwers Club
Justin Chase	U16	Flying Angels Academy
Kaleb Kennedy	U14	Thorold Elite Track Club
Kenneth West	U18	Flying Angels Academy
Matthew MacNeill	U20	Speed River T.F.C.
Nigel John	Master	JAMCAN Athletics
Olorunfemi Akinduro	U20	Flying Angels Academy
Paul Galas	Coach	Etobicoke T.F.C.
Pierce Lepage	Senior	Unattached Ontario
Sam Hall	U20	University of Toronto Track Club
Solomon Arase	U18	Etobicoke T.F.C.
Stephen Davis	U16	Laurel Creek T.F.C.
Tyrese Gibson	U14	Thorold Elite Track Club

JUMPS WOMEN	Age Group	Club
Alexzandra Thronson	U20	University of Toronto Track Club
Alysha Newman	Senior	Bolton Pole Vault
Ava Neumann	U14	Thorold Elite Track Club
Busola Akinduro	U18	Flying Angels Academy
Caroline Ehrhardt	Senior	London Western T.F.C.
Daniela Beckett	U16	London Western T.F.C.
Elakkiyah Krishnagopal	U14	United Tamil Sports Club
Ella Steel-Douglas	U14	Border City AC
Isabelle Hill	U18	University of Toronto Track Club
Jasmine Scott-Kilgo	U20	Border City AC
Kairy Loucks	Master	Unattached Ontario
Kalista Elliott	U16	Unattached Ontario
Kelsie Ahbe	Senior	Unattached Ontario
Lorena Reyes	Master	Ultimate Body Sprint Club
Mahalia Mitchell	U18	Speed Academy A.C.
Mikeisha Welcome	U20	Phoenix Athletics Assoc. of Ontario
Peace Omanzane	U16	Flying Angels Academy
Shana Van Elderen	U16	Unattached Ontario
Tracy Viggers	Master	Unattached Ontario

Culture

2019 Athletics Ontario Awards Gala

Athlete Awards - 2019 All-Ontarians

THROWS MEN	Age	Club
Anthony Argyropoulos	U20	York University T.F.C.
Benjamin Brewer	U16	Saugeen T.F.C.
Brock Pullen	Master	Throwers Club
Callan Saldutto	U18	York University T.F.C.
Carson Gauthier	U14	Thorold Elite Track Club
Cole Belkwell	U20	Brantford T.F.C.
Dennis Ohene-Adu	U20	SISU Throws Club
Eric Forshaw	Master	Unattached Ontario
Erik Tyler	U20	London Western T.F.C.
Evan Karakolis	Senior	Unattached Ontario
Jean-Pierre Mayer	Master	Throwers Club
Jeremy Elliott	U18	Saugeen T.F.C.
Jeremy Vandenboorn	U16	London Western T.F.C.
Joss Foot	U20	SISU Throws Club
Kaleb Kennedy	U14	Thorold Elite Track Club
Mark Bujnowski	Senior	London Western T.F.C.
Nathan Casanova	U16	Flying Angels Academy
Nathaniel Dery	U16	Thorold Elite Track Club
Nelan Thayaparan	U14	United Tamil Sports Club
Ryan Jacklin	U18	Saugeen T.F.C.
Tim Nedow	Senior	Ottawa Lions T.F.C.

THROWS WOMEN	Age Group	Club
Alexandria Webb	U18	Invictus AC
Barb Dabrowski	Master	Throwers Club
Billie Martin	U18	Saugeen T.F.C.
Brittany Crew	Senior	SISU Throws Club
Doreen Garner	Master	Throwers Club
Grace Tennant	Senior	SISU Throws Club
Hanna Van Stuyvenberg	U18	Saugeen T.F.C.
Jenna Fleming	U20	Unattached Ontario
Jessie Buck	U16	South Simcoe Dufferin T.F.C.
Julia Tunks	U14	Unattached Ontario
Kristen Dajia	Master	Throwers Club
Kristina Tchoumak	U20	Etobicoke T.F.C.
Lexi Stanat	U14	St. Thomas Legion
Michelle Van Stuyvenberg	U16	Saugeen T.F.C.
Rose Forshaw	U16	University of Windsor AC
Sarah Mitton	Senior	SISU Throws Club
Sofia Kulik	U14	University of Windsor AC
Trinity Tutti	U20	SISU Throws Club

Culture

2019 Athletics Ontario Awards Gala

Athlete Awards - 2019 All-Ontarians

COMBINED EVENTS MEN	Age Group	Club
Alex Jacobs	U14	Brantford T.F.C.
Bailey Couch	U20	Woodstock Legion A.C.
Christopher Caruso	U18	London Western T.F.C.
Cole Ciceran	U16	Thorold Elite Track Club
Damian Warner	Senior	Unattached Ontario
Donald Ritchie	Master	JAMCAN Athletics
Marcus Skeete	Master	University of Toronto T.C.
Noah Dommasch	U18	Thorold Elite Track Club
Owen McDonald	U18	London Western T.F.C.
Peter Zowkewych	Master	University of Toronto T.C.
Pierce Lepage	Senior	Unattached Ontario
Spiros Goros	U16	Laurel Creek T.F.C.
Taylor Ehrhardt	Senior	London Western T.F.C.

COMBINED EVENTS WOMEN	Age Group	Club
Abby Weening	U18	Peak Velocity Athletics
Avery Hastings	U16	Laurel Creek T.F.C.
Dallyssa Huggins	Senior	Unattached Ontario
Elakkiyah Krishnagopal	U14	United Tamil Sports Club
Emily Sprague	Senior	Ottawa Lions T.F.C.
Hailey Reid	U16	Monte Cristo Track Club
Hanna Blair	U20	Laurel Creek T.F.C.
Isabella Goudros	U18	Unattached Ontario
Mia Friesen	U18	Thorold Elite Track Club

PARA MEN'S TRACK	Age Group	Club
Austin Ingram	U18	Les Coureurs De Bois
Austin Smeenk	Senior	Cruisers Sports for the Physically Disabled
Joshua Cassidy	Senior	Ottawa Lions T.F.C.
Michael Johnstone	Senior	London Western T.F.C.
Zachary Gingras	U20	I Be Fast Track Club

PARA WOMEN'S TRACK	Age Group	Club
Jessica Lewis	Senior	Cruisers Sports for the Physically Disabled
Katty Abran	Master	London Western T.F.C.
Madison Wilson-Walker	Senior	London Western T.F.C.
Nandini Sharma	Senior	Cruisers Sports for the Physically Disabled

Culture

2019 Athletics Ontario Awards Gala

Athlete Awards – 2019 All-Ontarians

PARA MEN'S FIELD	Age Group	Club
Gaerrisen Freeland	Senior	I Be Fast Track Club
Josh Farrell	Senior	Saugeen T.F.C.
Michael Johnstone	Senior	London Western T.F.C.
Richard Carr	Master	Unattached Ontario

PARA WOMEN'S FIELD	Age Group	Club
Charlotte Bolton	U18	Woodstock Legion Athletic Club
Martha Sandoval Gustafson	Senior	Cruisers Sports for the Physically Disabled
Tiffany Gaudette	Senior	Cruisers Sports for the Physically Disabled

Culture

2019 Athletics Ontario Awards Gala

Athlete Awards - 2019 Athletes of the Year

- U14 Female – Julia Tunks
- U14 Male – Carson Gauthier
- U16 Female – Aysia Maurice
- U16 Male – Riley Flemington
- U18 Female – Alexandria Webb / Mahalia Mitchell
- U18 Male – Abdullahi Hassan
- U20 Female – Trinity Tutti
- U20 Male – Myles Misener-Daley
- Open Female – Gabriela DeBues-Stafford
- Open Male – Andre De Grasse / Mohammed Ahmed
- Para Track Female – Madison Wilson-Walker
- Para Track Male – Austin Smeenk
- Para Field Female – Charlotte Bolton
- Para Field Male – Josh Farrell
- Masters Female – Karla Del Grande
- Masters Male – Earl Fee



Culture

2019 Athletics Ontario Awards Gala

Official, Volunteer and Media of the Year Awards

Official of the Year

This year's official of the year was Gumar Balasubramanian.

Gumar has been a very active official over the past year, officiating many meets, being in coordination of officials for the Legion Championships, and also hosting the Officials AGM. He is an excellent official, a team player and well-liked by his peers. A kind, generous gentleman. He is more than deserving of this award.

Volunteer of the Year

This year's volunteer of the year was Mark Dwyer.

As a small, not-for profit organization, Athletics Ontario relies heavily on their dedicated volunteers. Mark was extremely dedicated to our organization's success for the past year, attending nearly every Championship we've had. We wouldn't have the hundreds and hundreds of fantastic photos of our members if it weren't for him. He gives us our memories, and we're so grateful to him for his time. As if he wasn't deserving enough, Mark even received the award WHILE volunteering at the Awards Gala and Banquet.

Fan Favourite Athlete of the Year Award

This year's fan favourite award winner was Tulolope Akinduro of Flying Angels Academy.

Voted on by her fellow members, Tulo is extremely deserving of the award.

Tulo is a fantastic athlete. She won Gold in the Midget Girls Triple Jump at OFSAA, with a best attempt of 11.59 metres. She earned a bronze medal at our U14, U16 and U18 Championships with a 5.16 metre best attempt in the U16 Girls Long Jump, and a silver in the U16 Girls Triple Jump, with a best of 11.80 metres. She was also a member of the U16 Girls Flying Angels 4x100 metre Relay team who ran a new provincial record time of 47.89 seconds

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2019 Athletics Ontario Awards Gala

Club Championship Awards

2019 Cross Country Champions

Newmarket Huskies Track Club

2019 Indoor Club Champions

U14 – United Tamil Sports Club

U16 – Flying Angels Academy

U18 – Saugeen Track and Field Club

U20 – University of Toronto Track Club

Open – London Western Track and Field Club

Overall – London Western Track and Field Club

2019 Outdoor Club Champions

U14 – Thorold Elite Track Club

U16 – Saugeen Track and Field Club

U18 – University of Toronto Track Club

U20 – University of Toronto Track Club

Open – London Western Track and Field Club

Overall – London Western Track and Field Club

Sponsors and Partners



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