

TRACK EVENTS – Sunday August 29, 2021				
Sections will be run Slow to Fast				
Time	Event	Round	Gender	Age Group (# of Athletes)
10:00	800 m Racewalk	Timed Final	Girls:	U14 [1]
10:10	2000 m	Timed Final	Boys:	U14 [1]
10:20	60 m	Timed Final	Girls:	U8 [1] & U10 [1]
10:25	60 m	Timed Final	Boys:	U10 [2]
10:30	80 m	Timed Final	Girls:	U12 [7]
10:35	80 m	Timed Final	Girls:	U14 [12]
10:45	80 m	Timed Final	Boys:	U12 [1] & U14 [2]
10:55	100 m	Timed Final	Boys:	Open/ All-comers [2]
11:00	1000 m	Timed Final	Girls:	U12 [3]
			Boys:	U12 [2]
11:10	1200 m	Timed Final	Girls:	U14 [3]
11:20	1200 m	Timed Final	Boys:	U14 [5]
11:30	1500 m	Timed Final	Boys:	Open/ All-comers [3]
11:50	200 m Hurdles	Timed Final	Girls:	U14 [1]
			Boys:	U14 [1]
12:00	400 m Hurdles	Timed Final	Boys:	U18 [1]
12:10	4x400 m Relay	Timed Final	Girls:	U14 [1]
12:20	400 m	Timed Final	Girls:	Open/ All-comers [2]
12:30	300 m	Timed Final	Girls:	U12 [8]
12:40	300 m	Timed Final	Girls:	U14 [6]
12:50	300 m	Timed Final	Boys:	U12 [2] & U14 [2]
TRACK BREAK/ LUNCH BREAK (Track only)				
1:30	80 m Hurdles	Timed Final	Girls:	U12 [3]
			Boys:	U12 [1]
1:40	80 m Hurdles	Timed Final	Girls:	U14 [3]
			Boys:	U14 [1]
1:50	110 m Hurdles	Timed Final	Boys:	U18 [1] & U20 [1]
2:05	600 m	Timed Final	Girls:	U10 [1] & U12 [8]
2:15	600 m	Timed Final	Boys:	U10 [3] & U12 [2]
2:25	800 m	Timed Final	Girls:	U14 [6] & Open/ All-Comers [1]
2:35	800 m	Timed Final	Boys:	U14 [8] & Open/ All-Comers [1]
2:45	150 m	Timed Final	Girls:	U8 [1] & U10 [2]
2:50	150 m	Timed Final	Girls:	U12 [6]
2:55	150 m	Timed Final	Girls:	U14 [13]
3:05	150 m	Timed Final	Boys:	U10 [3], U12 [1], & U14 [1]
3:10	200 m	Timed Final	Girls:	Open/ All-comers [1]
3:20	4x100 m Relay	Timed Final	Girls:	U12 [1] & U14 [3]

Events highlighted in yellow are Open/ All-comers and not eligible for awards.

# Tentative Competition Schedule

Ontario Rising Stars Festival – HAMILTON

FIELD EVENTS - Sunday, August 29, 2021						
Time	Long Jump	High Jump	Pole Vault	Discus / Hammer	Javelin	Shot put
10:30					U14 Girls [2]	U10 Boys [1] &
10:45					Open/ All-comers	U12 Girls [4] &
11:00		Open/ All-comers			Girls [1] & Boys	Boys [1]
11:15		Boys [3]			[1]	
11:30						
11:45	U10 [1], U12 [1]					
12:00	& U14 Boys [1] &		Open/ All-comers	U14 Boys [1] &		U14 Girls [5] &
12:15	Open/ All-Comers		Pole Vault [3]	Open/ All-comers		Open/ All-comers
12:30	Boys [2]	U14 Girls [5]		Boys [3]		Girls [1]
12:45				Discus		
1:00	U12 Girls [5]					
1:15						
1:30				U14 Girls [5] &		
1:45		Open/ All-comers		Open/ All-Comers		
2:00		Girls [3]		Girls [1]		U14 Boys [2] &
2:15	U14 Girls [5]			Discus		Open/ All-comers
2:30	Open/ All-Comers					Boys [3]
2:45	Girls [1]					
3:00				Open/All-comers		
3:15				Boys Hammer [2]		
3:30						
3:45						
4:00						
4:15						