

Sunday, January 14, 2024				
Sections will be run Slow to Fast				
Time	Event	Round	Gender	Age Group (# of athletes)
Facility opens at 8:00 for track athletes				
9:00	50m Hurdles 0.991m 13.72-9.14	Timed Final	Men	M30 – 49
	50m Hurdles 0.914m 13-8.5	Timed Final	Men	M50 – 59
	50m Hurdles 0.840m 13-8.5	Timed Final	Women	W30 – 39
	50m Hurdles 0.762m 12-8	Timed Final	Women	W40 – 49
	50m Hurdles 0.840m 12-8	Timed Final	Men	M60 – 69
9:10	50m Hurdles 0.762m 12-7	Timed Final	Men	M70 – 79
	50m Hurdles 0.762m 12-7	Timed Final	Women	W50 – 59
	50m Hurdles 0.686m 12-7	Timed Final	Men	M80+
	50m Hurdles 0.686m 12-7	Timed Final	Women	W60+
10:05	50m	Prelim	Women	U12 – Masters
10:25	50m	Prelim	Men	U12 – Masters
10:55	50m	Final	Women	U12 – Masters
11:10	50m	Final	Men	U12 – Masters
Track Break				
1:00	1500m RW	Timed Final	Women/Men	U16 – U18 – U20 – Masters
1:05	1500m	Timed Final	Women	Masters
1:20	1500m	Timed Final	Men	Masters
1:45	150m	Timed Final	Women	U12 – U14 – Masters
2:20	150m	Timed Final	Men	U12 – U14 – Masters
2:50	600m	Timed Final	Women	U12 – Masters
3:00	600m	Timed Final	Men	U12 – Masters
3:40	3000m	Timed Final	Women	Masters
4:00	3000m	Timed Final	Men	Masters
4:20	300m	Timed Final	Women	Masters
4:40	300m	Timed Final	Men	Masters
TBD	4x200m	Timed Final	Women/Men	Masters

* All athletes run a prelim and final in the 50m *

Relay Declaration cards due by 4:00pm. Relay cards will be available at the results table



Winter Mini Meet 1

Tentative Competition Schedule



Live Results: bit.ly/2024-wmm1

Sunday, January 14, 2024				
Sections will be run Slow to Fast				
Time	Throws	Vertical Jumps	Horizontal Jumps	Horizontal Jumps
Facility opens at 7:30am for field athletes				
8:00	Warmup	Warmup		
8:15				
8:30	Women & Men	Women & Men		
8:45	U20 & Masters	Masters		
9:00	Weight Throw	High Jump		
9:15	8:30	8:30		
9:30	Warmup			
9:45				
10:00	Women & Men			
10:15	U20 & Masters			
10:30	Shot Put		Warmup	
10:45	10:00			
11:00			Women & Men	
11:15			Open, Masters	
11:30			Long Jump	
11:45			11:00	
12:00				
12:15				
12:30		Warmup		
12:45				
1:00				Warmup
1:15		Girls & Boys		
1:30		U16, U18		Women & Men
1:45		Women & Men		U20, Open, Masters
2:00		Masters		Triple Jump
2:15		Pole Vault		1:30
2:30		1:15		
2:45				
3:00				

Partners & Suppliers

