## Tentative Competition Schedule

## Winter Mini Meet 3

For live results visit: https://bit.ly/2024-wmm3

| Sunday, February 4, 2024 <br> Sections will be run Slow to Fast <br> Events may run up to 15 minutes ahead of schedule on the track |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Time | Event | Round | Gender | Age Groups (\# of athletes) |
|  | Facility opens at 7:30 for track athletes |  |  |  |
| 9:00 | 60m Hurdles 0.840m 13-8.5 | Prelims | Women | U20 \& Open |
|  | 60 m Hurdles 0.762m 13-8.5 | Prelims | Women | U18 |
| 9:05 | 60 m Hurdles 0.457m 12-7.5 | Prelims | Girls \& Boys | U10 |
|  | 60m Hurdles 0.762m 12-7.5 | Prelims | Girls \& Boys | U14 |
|  | 60m Hurdles 0.762m 12-7 | Prelims | Men/Women | M70-79 \& W50-59 |
| 10:00 | *60m | Prelims | Girls/Women | U8- U10- U12- U14-Masters (18) |
|  | *60m | Prelims | Boys/Men | U8- U10- U12- U14-Masters (29) |
| 10:20 | *60m | Prelims | Girls/Women | U16-Open (30) |
|  | *60m | Prelims | Boys/Men | U16-Open (38) |
| 10:50 | Mile Steeplechase 0.762 m | Timed Finals | Women \& Men | Female All Ages \& M60+ |
| 11:00 | 60m Hurdles 0.840m 13-8.5 | Prelims | Women | U20 \& Open |
|  | 60 m Hurdles 0.762m 13-8.5 | Prelims | Women | U18 |
| 11:05 | 60m Hurdles 0.457m 12-7.5 | Prelims | Girls \& Boys | U10 |
|  | 60 m Hurdles 0.762m 12-7.5 | Prelims | Girls \& Boys | U14 |
| 11:10 | *60m | Finals | Girls/Women | U8- U10- U12-U14-Masters |
|  | *60m | Finals | Boys/Men | U8- U10- U12-U14-Masters |
| 11:30 | *60m | Finals | Girls/Women | U16-Open |
|  | *60m | Finals | Boys/Men | U16-Open |
|  | Track Break |  |  |  |
| 12:45 | 800m | Timed Finals | Girls \& Boys Women \& Men | U10 - U12 - U14 (23) <br> Masters (18) |
| 1:15 | 800m | Timed Finals | Women | Open (9) |
| 1:20 | 800m | Timed Finals | Men | Open (20) |
| 1:35 | 150m | Timed Finals | Girls \& Boys | U8- U10- U12- U14 (22) |
| 2:05 | 200m | Timed Finals | Women \& Men | Masters (18) |
| 2:20 | 200m | Timed Finals | Women | Open (26) |
| 2:35 | 200m | Timed Finals | Men | Open (24) |
| 2:50 | 1500m RW | Timed Finals | Women \& Men | All Ages (6) |
| 3:00 | 300m | Timed Finals | Girls | U10-U12-U14-U16 (10) |
| 3:10 | 300m | Timed Finals | Boys | U10- U12-U14-U16 (11) |
| 3:25 | 400 m | Timed Finals | Women \& Men | Masters (6) |
| 3:35 | 400 m | Timed Finals | Women | Open (17) |
| 3:50 | 400m | Timed Finals | Men | Open (19) |
| 4:10 | Mile | Timed Finals | Women \& Men | Masters (13) |
| 4:20 | Mile | Timed Finals | Women | Open (5) |
| 4:25 | Mile | Timed Finals | Men | Open (21) |
| TBD | 4x800m | Timed Finals | Women - Men | Masters |

*All athletes run a prelim and final in the 60m*
Premier Partner Ontario 8

Partners \& Suppliers

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|  | Sunday, February 4, 2024 |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Field | Throws | Vertical Jumps | Horizontal Jumps | Horizontal Jumps |
| 8:00 |  |  |  |  |
| 8:15 |  |  |  |  |
| 8:30 |  |  |  |  |
| 8:45 | Warmup |  |  |  |
| 9:00 |  |  |  |  |
| 9:15 | Weight Throw |  |  |  |
| 9:30 | Women \& Men | Warmup |  |  |
| 9:45 | Masters (6) |  |  |  |
| 10:00 | 9:15am | High Jump |  |  |
| 10:15 |  | All Athletes (5) |  |  |
| 10:30 | Warmup | 10:00am |  |  |
| 10:45 |  |  |  |  |
| 11:00 | Shot Put |  | Warmup |  |
| 11:15 | Women \& Men |  |  |  |
| 11:30 | Masters (6) |  | Long Jump |  |
| 11:45 | 11:00am |  | All Athletes (9) |  |
| 12:00 |  |  | 11:30pm |  |
| 12:15 |  |  |  |  |
| 12:30 |  |  |  | Warmup |
| 12:45 |  |  |  |  |
| 1:00 |  |  |  | Triple Jump |
| 1:15 |  | Warmup |  | Women \& Men Masters |
| 1:30 |  |  |  | 1:00pm |
| 1:45 |  |  |  |  |
| 2:00 |  | Pole Vault |  |  |
| 2:15 |  | All Athletes (3) |  |  |
| 2:30 |  | 2:00pm |  |  |
| 2:45 |  |  |  |  |
| 3:00 |  |  |  |  |
| 3:15 |  |  |  |  |
| 3:30 |  |  |  |  |
| 3:45 |  |  |  |  |
| 4:00 |  |  |  |  |

