



FINAL Competition Schedule

For live results and splits visit: <https://bit.ly/2024-indoor-ce>

Ontario U16, U18, U20, Open, & Masters Indoor Combined Events Championships & End of Season All Comers Saturday, March 23, 2024 Sections will run Fast to Slow Track events may run up to 15 min ahead of schedule				
Time	Event	Round	Gender	Age Group (# of athletes)
9:30	60m	Heptathlon	Men	U20 & Open (7)

Field	Vertical Jumps	Horizontal Jumps	Throws
9:30			
9:45		Warmup	
10:00			
10:15		U20, Open Men (7)	
10:30		Combined Events - Long Jump	
10:45		Est. 10:15	
11:00			
11:15			
11:30			Warmup
11:45			
12:00			U20, Open Men (7)
12:15			Combined Events - Shot Put
12:30			Est. 12:00
12:45			
1:00			
1:15	Warmup		
1:30			
1:45	U20, Open Men (7)		
2:00	Combined Events - High Jump		
2:15	Est. 1:45		
2:30			
2:45			
3:00			

All Combined Events start times are estimates. Actual start times will be determined by the Combined Events Referee after the completion of each event

Premier Partner



Partners & Suppliers





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Ontario U16, U18, U20, Open, & Masters Indoor Combined Events Championships

& End of Season All Comers

Sunday, March 24, 2024

Sections will run **Fast to Slow**

Track events may run up to 30min ahead of schedule

Time	Event	Round	Gender	Age Group (# of athletes)
9:00	60m Hurdles 0.914m – 13.72 – 9.14	Pentathlon	Boys	U18 (9)
9:15	60m Hurdles 0.840m – 13.00 – 8.50	Pentathlon	Women	Open (1)
9:15	60m Hurdles 0.840m – 13.00 – 8.50	Pentathlon	Women	U20 (7)
10:00	60m Hurdles 0.762m – 12.00 – 8.00	Tetrathlon	Girls	U16 (1)
10:00	60m Hurdles 0.762m – 12.00 – 8.00	Pentathlon	Women	Masters (1)
10:05	60m Hurdles 0.840m – 13.00 – 8.50	Pentathlon	Girls	U18 (10)
10:15	60m Hurdles 0.840m – 13.00 – 8.50	Tetrathlon	Boys	U16 (4)
10:20	60m Hurdles 0.762m – 12.00 – 7.00 (INDOOR)	Prelim	Men	All Comers (1)
10:45	80m Hurdles 0.762m – 12.00 – 7.00 (INDOOR)	Prelim	Men	All Comers (1)
10:50	100m Hurdles 0.762m – 13.00 – 8.50 (INDOOR)	Prelim	Women	All Comers (1)
10:50	100m Hurdles 0.840m – 13.00 – 8.50 (INDOOR)	Prelim	Women	All Comers (1)
11:00	100m (INDOOR)	Prelims	Women – Men	All Comers (24)
11:15	60m Hurdles 0.990m – 13.72 – 9.14	Heptathlon	Men	U20
11:20	60m Hurdles 1.067m – 13.72 – 9.14	Heptathlon	Men	Open
12:00	Track Break			
1:00	60m Hurdles 0.762m – 12.00 – 7.00 (INDOOR)	Final	Men	All Comers
1:25	80m Hurdles 0.762m – 12.00 – 7.00 (INDOOR)	Final	Men	All Comers
1:30	100m Hurdles 0.762m – 13.00 – 8.50 (INDOOR)	Final	Girls	All Comers
1:40	100m (INDOOR)	Final	Women – Men	All Comers
1:55	600m	Timed Final	Women – Men	All Comers (1)
2:00	800m	Timed Final	Women – Men	All Comers (5)
Est. 2:30	1000m	Heptathlon	Men	U20 – Open
Est. 3:00	800m	Pentathlon	Women	U20/Open
3:05	200m	Timed Final	Women	All Comers (2)
3:10	200m	Timed Final	Men	All Comers (9)
Est. 3:15	200m	Tetrathlon	Boys	U16
Est. 3:15	1000m	Pentathlon	Men	U18 /Master
Est. 4:15	200m	Tetrathlon	Girls	U16
Est. 4:15	800m	Pentathlon	Women	U18/Master

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Premier Partner



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Revised: 21 March 2024



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Field	Vertical Jumps	Vertical Jumps	Horizontal Jumps	Throws
8:00				
8:15				
8:30				
8:45				
9:00				
9:15			Warmup	
9:30				
9:45	Warmup		U18, Masters Men	
10:00			CE - Long Jump	
10:15	U20/Open Women		Est. 9:45	
10:30	CE - High Jump			Warmup
10:45	Est. 10:15	Warmup		
11:00				U16, U18, Masters Men
11:15		U16/U18/Masters Women		CE - Shot Put
11:30		CE - High Jump		Est. 11:00
11:45	Warmup	Est. 11:15		
12:00				
12:15				Warmup
12:30				
12:45	U20 & Open Men			U20/Open Women
1:00	CE - Pole Vault			CE - Shot Put
1:15	Est. 12:45	Warmup		Est. 12:45
1:30			Warmup	Warmup
1:45		U16, U18, Masters Men		
2:00		CE - High Jump	U20/Open Women	U16/U18/Masters Women
2:15		Est. 1:45	CE - Long Jump	CE - Shot Put
2:30			Est. 2:00	Est. 2:00
2:45			Warmup	
3:00				
3:15			U16/U18/Masters Women	
3:30			CE - Long Jump	
3:45			Est. 3:15	
4:00				
4:15				
4:30				

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