

November

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 OFSAA XC
5 Pan American Games Santiago, Chile Closing Ceremonies	6	7	8	9	10	11
12 AO XC Championships	13	14	15	16	17 Para Pan American Games Santiago, Chile  Tenke Classic Guelph, ON	18 Para Pan American Games Santiago, Chile
19 Para Pan American Games Santiago, Chile	20 Para Pan American Games Santiago, Chile	21 Para Pan American Games Santiago, Chile  Purple & White London, ON	22 Para Pan American Games Santiago, Chile  Purple & White London, ON	23 Para Pan American Games Santiago, Chile	24 Para Pan American Games Santiago, Chile  Red & White Toronto, ON	25 Para Pan American Games Santiago, Chile  Canadian XC Championships  Blue & White Toronto, ON
26	27	28	29	30		

December

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<sup>1</sup>	<sup>2</sup> <div>Xmas Open Toronto, ON Western Meet London, ON</div>
<sup>3</sup>	<sup>4</sup> <div>Blue &amp; Gold Windsor, ON</div>	<sup>5</sup> <div>Blue &amp; Gold Windsor, ON</div>	<sup>6</sup>	<sup>7</sup>	<sup>8</sup>	<sup>9</sup> <div>International Youth Meet of Champions Toronto, ON</div>
<sup>10</sup> <div>International Youth Meet of Champions Toronto, ON</div>	<sup>11</sup>	<sup>12</sup>	<sup>13</sup>	<sup>14</sup>	<sup>15</sup>	<sup>16</sup> <div>Bolton PV Allcomers #1 Bolton, ON</div>
<sup>17</sup> <div>Bolton PV Allcomers #1 Bolton, ON</div>	<sup>18</sup>	<sup>19</sup>	<sup>20</sup>	<sup>21</sup>	<sup>22</sup>	<sup>23</sup>
<sup>24</sup>	<sup>25</sup>	<sup>26</sup>	<sup>27</sup>	<sup>28</sup> <div>Ontario Track &amp; Field Finale Toronto, ON</div>	<sup>29</sup>	<sup>30</sup>
<sup>31</sup>						

January

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6 Sharon Anderson Memorial Toronto, ON
7 VVAC Season Opener Scarborough, ON	8	9	10	11	12 41 <sup>st</sup> Can Am Classic Windsor, ON	13 41 <sup>st</sup> Can Am Classic Windsor, ON Relay Championships U16 Selections Meet Toronto, ON
14 Relay Championships U16 Selections Meet Winter Mini Meet 1 Toronto, ON	15 Round 1 U16 Team Selection (Auto Qualifiers)	16	17	18	19 Fred Foot Classic (U20 Club) Toronto, ON	20 Fred Foot Classic Toronto, ON
21 VVAC For the Kids Mini Meet Scarborough, ON Windsor Indoor Open Windsor, ON	22	23	24	25	26	27 Bolton PV Allcomers #2 Bolton, ON
28 Bolton PV Allcomers #2 Bolton, ON  Winter Mini Meet 2 & Rising Stars Try-it U16 Last Chance Toronto, ON	29 U16 Dual Declaration Deadline Round 2 U16 Team Selection (Top ranked declared athletes)	30	31			

# February

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					York Open Toronto, ON	York Open Toronto, ON
4	5	6	7	8	9	10
Winter Mini Meet 3 & Rising Stars Try-it Toronto, ON					Windsor Team Challenge Windsor, ON	Windsor Team Challenge Windsor, ON AO U18 & Open Championships ON vs. QC Dual Meet Toronto, ON
11	12	13	14	15	16	17
AO U18 & Open Championships Toronto, ON Variety Village Last Chance					Canadian Masters Championships Hal Brown Last Chance Toronto, ON	Canadian Masters Championship Hal Brown Last Chance Toronto, ON Bolton PV Allcomers #3 Bolton, ON
18	19	20	21	22	23	24
Canadian Masters Championship Bolton PV Allcomers #2 Bolton, ON Windsor Indoor Classic Windsor, ON VVAC Last Chance Mini Meet Scarborough, ON	Family Day	Special Event: Sneaker Soiree Toronto, ON			OUA Championships Windsor, ON	OUA Championships Windsor, ON  Rising Stars Festival (U8, U10, U12, U14) Toronto, ON
25	26	27	28	29		
Masters Championship Rising Stars Festival (U8, U10, U12, U14) Toronto, ON			Hamilton Indoor Games Hamilton, ON	Hamilton Indoor Games Hamilton, ON		

March

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<div>1</div> <div>World Athletics Indoor Championships Glasgow, UK</div>	<div>2</div> <div>World Athletics Indoor Championships Glasgow, UK</div> <div>AO U16 &amp; U20 Championships Toronto, ON</div>
<div>3</div> <div>World Athletics Indoor Championships Glasgow, UK</div> <div>AO U16 &amp; U20 Championships Toronto, ON</div>	<div>4</div>	<div>5</div>	<div>6</div>	<div>7</div> <div>USports Winnipeg, MB</div>	<div>8</div> <div>USports Winnipeg, MB</div>	<div>9</div> <div>USports Winnipeg, MB</div>
<div>10</div> <div>VVAC All Comers Mini Meet Scarborough, ON</div>	<div>11</div> <div>March Break</div>	<div>12</div> <div>March Break</div>	<div>13</div> <div>March Break</div>	<div>14</div> <div>March Break</div>	<div>15</div> <div>March Break</div>	<div>16</div> <div>Canadian Indoor Championships Montreal, QC</div>
<div>17</div> <div>Canadian Indoor Championships Montreal, QC</div>	<div>18</div>	<div>19</div>	<div>20</div>	<div>21</div>	<div>22</div>	<div>23</div> <div>All Ages CE Championships Toronto, ON</div>
<div>24</div> <div>All Ages CE Championships Toronto, ON</div>	<div>25</div>	<div>26</div>	<div>27</div>	<div>28</div>	<div>29</div>	<div>30</div>
<div>31</div>						

April

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6 MTA Championships
7 MTA Championships	8	9	10	11	12 Good Friday	13
14	15 Easter Monday	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Track North Sudbury Twilight Series 1	4 10K Track Championships Location TBD
5 Cruiser Classic 1	6	7	8	9	10 Ottawa CE Weekend	11 Ottawa CE Weekend  10K Track Championships Location TBD
12 Ottawa CE Weekend	13	14	15	16	17	18
19	20 Victoria Day Hamilton Season Opener	21  Usual OFSAA Regional Meets	22 Ottawa Twilight #1  Usual OFSAA Regional Meets	23  Usual OFSAA Regional Meets	24  Usual OFSAA Regional Meets	25  Gotzis
26 10K Race Walk Championships Hanlan's Point, Toronto  London Bob Vigers  Gotzis	27  Usual OFSAA Regional Meets	28 UTTC Twilight #1  Usual OFSAA Regional Meets	29 Ottawa Twilight #2 Royal City Inferno  Usual OFSAA Regional Meets	30  Usual OFSAA Regional Meets	31  Usual OFSAA Regional Meets	

June

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<sup>1</sup> Ontario U20, Open, Masters CE Championships Toronto
<sup>2</sup> Ontario U20, Open, Masters CE Championships Toronto  Johnny Loaring Classic	<sup>3</sup>	<sup>4</sup> YUTC Twilight #1	<sup>5</sup> NCAA Div 1 Champs Ottawa Twilight #3	<sup>6</sup> NCAA Div 1 Champs OFSAA London	<sup>7</sup> NCAA Div 1 Champs OFSAA London	<sup>8</sup> NCAA Div 1 Champs OFSAA London
<sup>9</sup>	<sup>10</sup>	<sup>11</sup>	<sup>12</sup> Ottawa Twilight #4	<sup>13</sup> UTTC Make a Miracle Invitational	<sup>14</sup> Hamilton 100m and 1500m Night	<sup>15</sup> District B Hamilton District C Kincardine District D Toronto District E Midland District H Sudbury
<sup>16</sup>	<sup>17</sup>	<sup>18</sup> YUTC Twilight#2	<sup>19</sup> Ottawa Twilight #5	<sup>20</sup>	<sup>21</sup> District A Windsor  Canadian 10K Champs (Pacific Distance Carnival)	<sup>22</sup> District A Windsor
<sup>23</sup>	<sup>24</sup>	<sup>25</sup> UTTC Twilight #2	<sup>26</sup> Canadian Championships Montreal, QC  Ottawa Twilight #6  Track North Sudbury Twilight Series 2	<sup>27</sup> Canadian Championships Montreal, QC	<sup>28</sup> Canadian Championships Montreal, QC	<sup>29</sup> Canadian Championships Montreal, QC  Masters Championships
<sup>30</sup> Masters Championships						



July

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>1</div> <div>Canada Day</div> <div>Canada Day Twilight - Hamilton</div>	<div>2</div>	<div>3</div> <div>Ottawa Twilight #7</div> <div>Track North Sudbury Twilight Series 3</div> <div>Elite Edge Distance Night 1</div>	<div>4</div>	<div>5</div> <div>Flying Angels International Classic</div>	<div>6</div> <div>Flying Angels International Classic</div>
<div>7</div> <div>Flying Angels International Classic</div>	<div>8</div>	<div>9</div> <div>TORONTO TRACK 800M NIGHT</div> <div>Sabrecats Twilight 1</div>	<div>10</div> <div>Ottawa Twilight #8</div> <div>Elite Edge Distance Night 2</div>	<div>11</div>	<div>12</div> <div>Ontario Legion Championships Toronto</div>	<div>13</div> <div>Ontario Legion Championships</div>
<div>14</div>	<div>15</div>	<div>16</div> <div>YUTC Twilight# 3</div> <div>Sabrecats Twilight 2</div>	<div>17</div> <div>Ottawa Twilight #9</div>	<div>18</div>	<div>19</div> <div>Ontario Para/Open/U20 Champs U14, U16, U18 CE Champs Toronto</div>	<div>20</div> <div>Ontario Para/Open/U20 Champs U14, U16, U18 CE Champs Toronto</div>
<div>21</div> <div>Ontario Para/Open/U20 Champs U14, U16, U18 CE Champs Toronto</div>	<div>22</div>	<div>23</div> <div>YUTC Twilight# 3</div>	<div>24</div> <div>Ottawa Twilight #10</div>	<div>25</div>	<div>26</div> <div>Ontario U14, U16, U18 Championships Location TBD</div> <div>Olympics Day 1 Paris ,France</div>	<div>27</div> <div>Ontario U14, U16, U18 Championships Location TBD</div>
<div>28</div> <div>Ontario U14, U16, U18 Championships Location TBD</div>	<div>29</div>	<div>30</div> <div>UTTC Twilight #3</div>	<div>31</div> <div>Ottawa Twilight #11</div>			

August

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<div>1</div> <div>Ontario Summer Games London</div> <div>Olympics – Athletics Day 1 Paris, France</div>	<div>2</div> <div>OSG Athletics Competition Ontario Summer Games London</div> <div>Olympics – Athletics Day 2 Paris, France</div>	<div>3</div> <div>OSG Athletics Competition Ontario Summer Games London</div> <div>Olympics – Athletics Day 3 Paris, France</div>
<div>4</div> <div>Ontario Summer Games London</div> <div>Olympics – Athletics Day 4 Paris, France</div>	<div>5</div> <div>CIVIC HOLIDAY Hamilton PB Twilight DMR Championships</div> <div>Olympics – Athletics Day 5 Paris, France</div>	<div>6</div> <div>Olympics – Athletics Day 6 Paris, France</div>	<div>7</div> <div>Ottawa Twilight #12</div> <div>Olympics – Athletics Day 7 Paris, France</div>	<div>8</div> <div>Olympics – Athletics Day 8 Paris, France</div>	<div>9</div> <div>RCL Canadian Champ Calgary, AB</div> <div>World Masters Champs Sweeden</div> <div>Olympics – Athletics Day 9 Paris, France</div>	<div>10</div> <div>RCL Canadian Champ Calgary, AB</div> <div>Rising Starts Festival Toronto</div> <div>World Masters Champs Sweeden</div> <div>Olympics – Athletics Day 10 Paris, France</div>
<div>11</div> <div>RCL Canadian Champ Calgary, AB</div> <div>Rising Starts Festival Toronto</div> <div>World Masters Champs Sweeden</div> <div>Olympics – Athletics Day 11 Paris, France</div>	<div>12</div>	<div>13</div>	<div>14</div>	<div>15</div>	<div>16</div>	<div>17</div>
<div>18</div>	<div>19</div>	<div>20</div>	<div>21</div>	<div>22</div>	<div>23</div>	<div>24</div>
<div>25</div>	<div>26</div>	<div>27</div>	<div>28</div>	<div>29</div>	<div>30</div>	<div>31</div>

September

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 Labour Day	10	11	12	13	14
15 Fall Field Fest Thorold	16	17	18	19	20	21 Cruisers Classic 2
22	23	24	25	26	27	28 Ontario 20km RW Championship Location TBD
29 Don Farquharson	30					

October

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13 AO XC Prep 1	14	15	16	17	18	19
20	21	22	23	24	25	26
27 AO XC Prep 2	28	29	30	31		

November

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 OFSAA XC
3	4	5	6	7	8	9 USports Championships
10 AO XC Championships Location TBD	11	12	13	14	15	16
17	18	19	20	21	22	23 Canadian XC Championships
24	25	26	27	28	29	30

December

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
	AO Office Closed	AO Office Closed	Christmas AO Office Closed	Boxing Day AO Office Closed	AO Office Closed	
29	30	31				