



FINAL Competition Schedule

For live results and splits visit: <https://bit.ly/2025-u18-open>

Track	Ontario Indoor U18 and Open Athletics Championship			
	Saturday, February 8, 2025			
	Sections will run from SLOW to FAST			
	Morning oval and straight events may occur simultaneously			
FACILITY OPENS AT 7:30				
Time	Event	Round	Gender	Age Group (# of athletes/teams)
9:30	60m	Prelims	Women	U18 (75)
10:00	60m	Prelims	Men	U18 (70)
10:25	60m	Prelims	Women	Open (28)
10:40	60m	Prelims	Men	Open (50)
11:00	3K & 5k Walk	Timed Final	Women & Men	Open (10)
11:35	60m	Finals	Women	U18
11:50	60m	Finals	Men	U18
12:05	60m	Finals	Women	Open
12:15	60m	Finals	Men	Open
	Track Break			
1:15	1500m	Timed Final	Women	U18 (83)
2:10	1500m	Timed Final	Men	U18 (99)
3:10	1500m	Timed Final	Women	Open (22)
3:25	1500m	Timed Final	Men	Open (38)
3:50	400m	Timed Final	Women	U18 (70)
4:35	400m	Timed Final	Men	U18 (62)
5:15	400m	Timed Final	Women	Open (18)
5:25	400m	Timed Final	Men	Open (37)
5:55	*SMR (200m–200m–400m–800m)	Timed Final	Women	U18 (14)
6:15	*SMR (200m–200m–400m–800m)	Timed Final	Men	U18 (8)
6:25	*SMR (200m–200m–400m–800m)	Timed Final	Women	Open (5)
6:35	*SMR (200m–200m–400m–800m)	Timed Final	Men	Open (5)

* If clubs would like to download their own relay cards, they can be downloaded [here](#). Otherwise, there will be relay cards available to pickup at the timing/results table. Relay cards **must** be submitted no later than 90-minutes before the start of each scheduled race.

Please review rule 166.18(b) in the Athletics Ontario Championship Procedures and Technical Rules to confirm the number of finals there will be in the 60m. <https://bit.ly/ontario-championship-rules>

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Field	Ontario Indoor U18 and Open Athletics Championship Saturday, February 8, 2025					
Time	High Jump	Pole Vault	Horizontals Pit 1	Horizontals Pit 2	Throws	
8:30						
8:45						
9:00					Warmup	
9:15						
9:30						
9:45					Weight Throw U18 (4) & Women (3) 9:30	
10:00	Warmup					
10:15						
10:30	High Jump U18 Men (12) 10:30					
10:45					Warmup	
11:00			Warmup			
11:15					Shot Put U18 Women (9) & Women (4) 11:15	
11:30		Warmup	Long Jump Open Men (16) Flight 1 11:30			
11:45						
12:00						
12:15		Pole Vault U18 Men (11) 12:15				
12:30	Warmup					
12:45						
1:00	High Jump Open Women (3) 1:00					
1:15						
1:30			Warmup	Warmup		
1:45						
2:00			Long Jump U18 Men (25) Flight 1 2:00	Long Jump U18 Men (25) Flight 2 2:00		
2:15						
2:30						
2:45		Warmup				
3:00						
3:15						
3:30		Pole Vault Open Men (7) 3:30				
3:45			Warmup	Warmup		
4:00						
4:15			Triple Jump U18 Women (17) 4:15	Triple Jump Open Women (4) 4:15		
4:30						
4:45						
5:00						
5:15						

*Please note that the Open Women throws may combine with the U18 Women throws. Please revisit the AO Championship page on Monday, February 3 to confirm if the combination is made.

<https://athleticsontario.ca/events/ontario-indoor-u18-open-championships-full/>

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Revised: 3 February 2025



FINAL Competition Schedule

For live results and splits visit: <https://bit.ly/2025-u18-open>

Track				
Ontario Indoor U18 and Open Athletics Championship				
Sunday, February 9, 2024				
Sections will run from SLOW to FAST				
FACILITY OPENS AT 7:30 FOR TRACK ATHLETES				
Time	Event	Round	Gender	Age Group (# of athletes)
9:30	60m Hurdles 0.762m – 13.00 – 8.50	*Prelim	Women	U18 (31)
9:45	60m Hurdles 0.840m – 13.00 – 8.50	*Prelim	Women	Open (13)
10:00	60m Hurdles 0.914m – 13.72 – 9.14	*Prelim	Men	U18 (21)
10:15	60m Hurdles 1.067m – 13.72 – 9.14	*Final	Men	Open (4)
10:20	3000m	Timed Final	Women	U18 (39)
11:10	3000m	Timed Final	Men	U18 (33)
11:45	3000m	Timed Final	Women	Open (7)
12:00	3000m	Timed Final	Men	Open (25)
Track Break				
1:25	60m Hurdles 1.067m – 13.72 – 9.14	*Extra Run	Men	Open
1:35	60m Hurdles 0.914m – 13.72 – 9.14	*Final	Men	U18
1:45	60m Hurdles 0.840m – 13.00 – 8.50	*Final	Women	Open
1:55	60m Hurdles 0.762m – 13.00 – 8.50	*Final	Women	U18
2:00	800m	Timed Final	Women	U18 (80)
2:45	800m	Timed Final	Men	U18 (77)
3:25	800m	Timed Final	Women	Open (17)
3:35	800m	Timed Final	Men	Open (30)
4:00	200m	Timed Final	Women	U18 (98)
5:00	200m	Timed Final	Men	U18 (83)
5:55	200m	Timed Final	Women	Open (27)
6:10	200m	Timed Final	Men	Open (40)

*As per Athletics Ontario Championship Procedures and Technical Rules: (TR 217.1 In the 60m or 60mH, when there are as many, or less athletes than there are lanes on the track, two races will be conducted. The first race will be considered the championship event. The second race, originally scheduled as the final, will be a “second, non-championship” race. *

* Please review rule 166.18(b) in the Athletics Ontario Championship Procedures and Technical Rules to confirm the number of finals there will be in the 60m Hurdles. <https://bit.ly/ontario-championship-rules>*

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Field	Ontario Indoor U18 and Open Athletics Championship Sunday, February 9, 2024				
Time	High Jump	Pole Vault	Horizontal: Pit 1	Horizontal: Pit 2	Throws
8:15					
8:30					Warmup
8:45					
9:00					Weight Throw
9:15					U18 (3) & Open (0)
9:30	Warmup				Men
9:45					9:00
10:00	High Jump			Warmup	
10:15	Open Men (7)				
10:30	10:00			Triple Jump	
10:45		Warmup		U18 Men (11)	
11:00			Warmup	10:30	Warmup
11:15					
11:30		Pole Vault	Triple Jump		Shot Put
11:45		Open Women (5)	Open Men (11)		U18 (6) & Open (2)
12:00	Warmup	11:30	11:30		Men
12:15					11:30
12:30	High Jump				
12:45	U18 Women (18)				
1:00	12:30				
1:15					
1:30			Warmup		
1:45		Warmup			
2:00			Long Jump		
2:15			Open Women (9)		
2:30		Pole Vault	2:00		
2:45		U18 Women (12)			
3:00		2:30			
3:15					
3:30			Warmup	Warmup	
3:45					
4:00			Long Jump	Long Jump	
4:15			U18 Women (40)	U18 Women (40)	
4:30			Flight 1	Flight 2	
4:45			4:00	4:00	
5:00					
5:15					

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